



# **St. Joseph College of Teacher Education for Women Ernakulam**



## **CRITERION II**

### **2.4.10 Nature of internee engagement during internship**

Submitted to  
**National Assessment and Accreditation Council (NAAC)**  
**3rd Cycle of Assessment**



**2.4.10**

**SCHOOLWISE INTERNSHIP REPORT**

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**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM**  
**KOCHI-682035, KERALA**

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## LITTLE FLOWER HIGH SCHOOL, NJARAKKAL

As part of the B.Ed curriculum, K.A Rabia (English) and Jeshma Das V. S (Natural Science) did internship at Little Flower High School, Njarakkal under the support and guidance of Ms Teresa, Faculty of English and Ms. Sheenu, Faculty of Biology respectively. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials, ICT and other strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. **Examination Duty:** Student teachers were given the examination duty during Christmas examination and during class 10<sup>th</sup> model examinations. The teacher trainees also had invigilation duty for internal assessment.
2. **Evaluation:** Student teachers were asked to evaluate answer sheets of class 8 English paper and class 8 and 9 Biology paper. They also conducted test papers to evaluate the students.
3. **Discipline:** Student teachers maintained discipline during the whole school assembly and awareness classes. Were also given discipline duty during school Kalolsavam and retreat.
4. **Question paper preparation:** Students teachers were assigned to prepare question paper of class 8 English language and class 8 and 9 Biology.
5. **Annual Day:** Student teachers were part of all the activities. Actively participated while preparing properties for the various dances. Were also in charge of the stage
6. **Remedial Teaching:** After conducting diagnostic test, a few students were selected based on mark to give remedial coaching after the class.
7. **English Coaching:** Student teacher gave coaching to the weak students
8. **School Assembly:** Student teachers helped in maintaining discipline.
9. **English Club:** Organised various activities and games to enhance language like Speech competition, poster making, quiz, reading corner.
10. **Science Club:** Organised various activities, games and competitions like quiz, poster making.
11. **Conducted awareness classes:** On screen addiction, green education, health education and value education for students.
12. **Kalolsavam-** Student teachers were in charge of English skit which won first at Vypin level.



*Ginimol T. John*  
**GINIMOL T. JOHN**  
Headmistress  
L F H S Narakal



## CCPLM ANGLO INDIAN HIGH SCHOOL, THEVARA

As part of B.Ed. curriculum, a four-month internship needs to be done to complete the syllabus. Twelve interns from St. Joseph College of Teacher Education attended the internship. The name of the interns are Pratibha S. (English), Anna Roshini (English), Liya Baby (Malayalam), Anaswara P.S. (Malayalam), Akshaya Shaju (Mathematics), Aswathi B.A. (Mathematics), Anagha T. (Social Science), Akshitha Bhaskaran (Social Science), Mariya Das (Physical Science), Neethu J.A. (Physical science), Saniya Simon (Natural Science) and Theresa Thankachan (Natural Science). During the internship period all the trainees got ample opportunities to showcase their capabilities and got a hands-on experience on teaching students. Apart from **classroom teaching** and **mentoring** the other activities that we involved were:

1. Conduction of school assembly

The teacher trainees actively involved in providing the materials for the students for conducting the assembly.

2. Conducting club activities

Various club activities were conducted indifferent subject providing great opportunities and exposure to the students.

3. Setting question paper for the exam

The teacher trainees got the opportunity to set the question papers for their subject during various internal examinations.

5. Evaluation of answer sheets

The answer sheets of allotted classes were corrected by the teacher trainees.

6. Maintaining discipline

The overall discipline of the school campus was the responsibility of the teacher trainees.

7. Conduction of sports day

The teacher trainees were given various duties during the sports day of the school. Each event was conducted under the guidance of teacher trainees.

8. Conduction of arts day

The teacher trainees actively involved in helping the students to prepare for different arts day programme.

9. Conduction of drug awareness event

The trainees helped the students to conduct a role play during drug awareness event.



Abha K. Malayalam

MARINA YVONNE J.F.  
HEADMISTRESS  
C.C.P.L.M.A.I.H. SCHOOL  
PERUMANGOR COCHIN 15

## PIUS GHS, EDAPALLY

As part of the B.Ed curriculum I Dilhana Hussain did a three month internship programme at Pius GHS, Edapally under the guidance of Ms. Cini <sup>Paul</sup> George, Faculty of Science. During this time I was able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials and strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. Supervision

Involved in science fair supervision.

2. Discipline

Maintained Discipline during the assembly, free periods and PTA meetings.

3. Christmas day celebration

Involved in Christmas day celebration in making crib.

4. Club activity

Served in evaluating science club activities such as evaluating poster making conducted as a part of world disability day.



*Jain Thomas*  
JAIN THOMAS  
PEN: 222136  
HEADMISTRESS  
PIUS GIRLS HIGH SCHOOL  
EDAPPALLY



## ST. MARY'S HIGH SCHOOL, ALUVA

As part of the B.Ed curriculum, Mary Amala and Riya Sabu (Malayalam), Rose Mary Paul (Social Science), and Santhi M.S (English) did internship at St. Mary's High School, Aluva under the guidance and support of the faculties of the school in the concerned subjects. During the three months internship programme, we were able to explore the different aspects of being a teacher in the school. Classroom teaching and mentoring were the most important activities in the school curriculum. The teacher trainees were able to transact the subject matter thoroughly with the help of learning materials and strategies. Apart from classroom teaching and mentoring, we were part of many other activities in the school.

1. Anti-narcotic Campaign  
We made our contribution in the campaign which was on Nov 31, 2022.
2. School Election  
We helped in the school election process
3. Co-operate sports meet  
Student teachers put their service in the co-operate sports meet, which was conducted in the school on 10<sup>th</sup> Dec, 2022.
4. Sub-district level Kalolsavam  
We accompanied and assisted the students to the venue in Alva for various competitions and also were in charge of various competitions in the sub-district level for 2-3 days.
5. Annual day  
Student teachers were in charge of several programmes and in its conduction.
6. Christmas Examination  
We were served as invigilators and also corrected the answer sheets.
7. School Assembly  
Student teachers helped in maintaining discipline
8. Preparation of question paper
9. Club activities  
Conducted club activities that include quiz competition, poster making and so on.
11. conducted awareness classes and helped in maintaining discipline on various programmes conducted by police department
12. We actively took part in mid-day meal scheme.



*[Handwritten Signature]*  
Headmaster  
St. Mary's High School  
Aluva - 683 101

## ST. GEORGE'S HIGH SCHOOL, EDAPPALLY

As part of the B.Ed curriculum, Lekshmipriya T S (Mathematics) and Pranaya P M (Malayalam) did internship programme at St. George's High School, Edappally under the support and guidance of Mrs. Rosh Binu, Faculty of Mathematics and Mrs. Sheeba Elizabeth, Faculty of Malayalam. This four month internship programme was so helpful and useful for both the student teachers. It helped the student teachers to develop various skills that needed for teachers. The student teachers were able to participate in many activities among which most important were classroom teaching and mentoring. Also they were able to transact the content successfully with the use of appropriate teaching aids and teaching strategies. Apart from **classroom teaching and mentoring**, the various duties performed by the student teachers during the internship programme are:

1. Provided remedial coaching for the students
2. Maintained the discipline among the students during various programmes.
3. **Preparing question papers for students of standard 8 and 9.**
4. Helped in distributing midday meals for students.
5. Arranged library books.
6. Conducted classes for NMMS Examination.
7. Conducted awareness classes for students.
8. Conducted various club activities that include quiz competition, poster making competition, drawing competition and so on.
9. Served as invigilators of model examination of 10<sup>th</sup> standard students.
10. Actively participated in various activities as part of annual day celebration.
11. Evaluated answer scripts of Christmas examination.
12. **Maintained discipline during school assembly.**
13. Assigned various duties as part of sports day.



  
BENNY P. J.  
Headmaster  
St. George's H. S., Edappally



## SACRED HEART HIGH SCHOOL, THEVARA

The internship programme as per the B.Ed curriculum started from 19<sup>th</sup> October 2022 and lasted till 3<sup>rd</sup> January 2023. A team of five student teachers were sent to Sacred Heart High School, Thevara which consisted of Anita Abraham (Natural Science), Alida Saiju (Physical Science), Divya Rajan (Malayalam), Krishnapriya P (Social Science) and Rosy Roy (Mathematics). The various duties performed by students teachers are listed below:

1. Classroom teaching  
Each student teacher was given classes to teach according to their subjects.
2. Beneficial coaching  
A special coaching was given to the students of class 8 and 9 who secured low marks during exams. This coaching was given after the school hours.
3. Discipline Duty  
Student teachers controlled and maintained the school discipline during interval time.
4. Sports Day  
Student teachers were given different duties during sports meet.
5. Examination Duty  
Served as invigilators during the exams
6. PTA meeting  
Maintained school discipline during PTA meetings.
7. Assessment of school learning  
Notebooks were corrected frequently and class tests were evaluated as per the direction.
8. Kerala School Sasthrolsavam 2022  
Our school was one of the venues. Student teachers supported and helped the teachers for the same.
9. Christmas celebration  
Student teachers were given the charge of stage decoration.
10. Annual Day  
Student teachers were given different duties like stage in -charge, discipline duty and make-up.
11. Conducted Awareness classes.
12. Conducted and evaluated various competitions like quiz, poster making, pencil drawing, story wring and poem writing.



*[Handwritten Signature]*  
FR. JOSHY M.F.  
HEADMASTER  
SACRED HEART HIGHER SECONDARY SCHOOL  
THEVARA, ERNAKULAM-882013

## DARUL ULOOM HSS, PULLEPADY

The B.Ed curriculum stipulates an internship program for student teachers in the third semester of the course. The internship program began from 19/10/2022 to 03/02/2023. Roshna Rahim (Physical Science) and Celene Paul (Social Science) did internship at Darul Uloom HSS, Pullepady under the guidance of the teachers – Ms. Farheen Hassan, Mr. Ajeesh Jeevan and Ms. Cibi John. The internship programme was helpful to the student teachers as they were able to explore many aspects of being a teacher in the school. The teacher trainees were engaged in classroom teaching and mentoring and were also part of many other activities in the school as enlisted below:

1. **Classroom teaching:** Classes were taken for 8<sup>th</sup> and 9<sup>th</sup> standard students, in respective subjects.
2. **Mentoring:** Teacher trainees were also engaged in mentoring of the students.
3. **Assessment of student learning:** Teacher trainees corrected the notebooks of students frequently and evaluated class tests and assignments to assess student progress.
4. **Club activities and conduction of other academic events:** Teacher trainees conducted club activities, day celebrations, exhibitions, quizzes etc. in the school.
5. **Setting question papers, answer keys:** Teacher trainees set question papers and prepared answer keys for various internal exams and class tests.
6. **Exam invigilation and valuation of answer sheets:** Student teachers served as invigilators and evaluated the answer scripts of students.
7. **Conduction of awareness classes:** Various awareness classes were taken by teacher trainees during the internship period.
8. **State Social Science Fair:** Teacher trainees were volunteers during the conduction of State level Social Science Fair held at the school from 10/11/2022 to 12/11/2022.
9. **Sports day and Annual day:** Teacher trainees helped in the conduct of sports day and school annual day.
10. **Discipline:** Student teachers helped in maintaining discipline and also took up substitution periods.



  
**LAJID S**  
Headmaster  
Darul Uloom V.H.S. School  
Ernakulam, Cochin - 18

## VHSS PANANGAD

As a part of the B.Ed curriculum, an internship programme of four months was carried out from 19-10-2022 till 3-02-2023. Five internees were allotted to VHSS Panangad. They were Amala Antony (English), Jinu Joseph (Mathematics), Ranjima V (Natural Science), Raveena K Ramesh (Physical Science), Ancy Abraham (Social Science). The various duties in which the internees engaged in are as follows:

1. Volunteered Sub-District Youth Festival for which the school was the venue.
2. Arranged remedial classes for the academically weak students.
3. Conducted monthly tests for the students.
4. Distributed Mid-Day meals.
5. Maintained discipline in the classes during the free hours.
6. Made judgments for various competitions conducted in the school.
7. Attended PTA meetings along with the teachers.
8. Engaged in four months of classroom teaching using constructivism.
9. Conducted various club activities and quiz competitions as a part of important days.
10. Took extra classes to improve student learning.
11. Conducted awareness classes for students.

*Prasanna Kumari*

**PRASANNA KUMARI C.R.**  
**HEADMISTRESS**  
**PANANGAD VHSS**  
**KOCHI - 682 506**



## OUR LADY'S CONVENT GIRLS' HIGH SCHOOL, THOPPUMPADY

As a part of B.Ed curriculum, Sandra Joy (English) and Freeda K F (Mathematics) did our internship at Our Lady's Convent Girls' High School, Thoppumpady from 19<sup>th</sup> October, 2022 to 3<sup>rd</sup> February, 2023. This period of training was a fruitful one. We had the real experience of teaching under the guidance of Ms. Sreeji Margret (English) and Ms. Jessy Vincent (Mathematics). Not only them Sr. Moly V D, the Headmistress, Jessy Joseph, Staff Secretary and other teaching- non teaching staffs of the school were very caring and co-operative. This internship period helped us to gain experience of classroom teaching and to interact with students from different background. The guidance and training that we got from the institution helped us a lot during our internship. Other than classroom teaching we also got the chance to become the part of various activities arranged in the school. Following are the list of activities were we, the trainees participated.

1. Maintain discipline: We were assigned the duty of maintaining discipline during assembly, PTA meetings, annual day and other programmes arranged in the school.
2. Scholarship Exam preparations: To prepare the students for scholarship exams by providing classes on different topics and also to workout previous year question papers.
3. Cultural programmes: To assist the teachers for preparing the students to perform programmes during various celebrations conducted in the school.
4. Annual day: To help the students for dressing and makeup and also to help the teachers during prize distribution of various events.
5. Supervision: We got the chance to supervise the class during exams.
6. Club activities: Conducted various activities like quiz competition, card making competition etc.
7. Awareness class: Classes on topics like respect, discipline, nutrition, lifestyle diseases etc. were given to the students.
8. Assessment of school learning: Students were assessed frequently by correcting their notebooks and conducting class tests.
9. Mid-term and term exam preparation: Prepared the students for the exams by working out previous year question papers.



Moli.vb  
MOLI V.D.  
HEADMISTRESS  
O.L.C.G.H.S. PALLURUTHY  
THOPPUMPADY, KOCHI-682009

Nanditha J (Maths)

## ST. AUGUSTINE'S HIGH SCHOOL, KALOOR

As part of the B.Ed curriculum, Vyshnavi N Sharma (Natural Science), Anjali A C (Social Science) and Melissa Xavier (Mathematics) did internship at St. Augustine's High School, Kaloor under the support and guidance of Ms Shini Thomas, Faculty of Science, Ms. Alfi George, Faculty of Social Science and Ms. Beena Thomas, Faculty of Mathematics respectively. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials, ICT and other strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. Examination Duty: Student teachers were given the examination duty during Second mid-term examination.
2. Discipline: Student teachers maintained discipline during the whole school assembly and awareness classes.
3. Assessing cultural events: Evaluated long jump event for junior boys
4. Remedial Teaching: Gave remedial coaching after the class.
5. Greening the school campus: Afforestation and cleaning activities
6. School Assembly: Student teachers helped in coordinating assembly.
7. Club Activities: Organised poster making competition and afforestation activity
8. Laboratory Arrangement: helped in organizing lab equipment's.
9. Awareness classes: On kidney disorders and menstrual hygiene for adolescent girls



  
ANSAMMA THOMAS  
Headmistress  
St. Augustine's H.S. Kaloor  
Kochi - 682017



Riya James (Social Science)

## ST TERESA'S CGHSS, ERNAKULAM

As part of Bed curriculum, we, the students of St Joseph College of Teacher Education for Women, Ernakulam were supposed to do an internship programme to ensure the professional preparation of prospective teachers. The student teachers were allotted different schools for the internship and six students got the chance to undergo internship at St Teresa's CGHSS, Ernakulam. The student list includes Akhitha Sebastian (Natural science), Mariya Jesneela (Mathematics), Nitha Alfred (Malayalam), Fathimathuzhra (Physical Science), Anupama Sreedhar (Social Science) and Merize Ben Alias (English). The duration of the internship programme was three months (from 19<sup>th</sup> of October, 2022 to 3<sup>rd</sup> of February, 2023). It has enabled the student teachers to utilize the various teaching methods in actual classroom conditions under the constant supervision of competent and experienced teachers. The programme also helped the student teachers to effectively plan and prepare lessons and was an opportunity to put theories into practice and to develop deeper understanding of educational principles. The student teachers also took part in the following activities apart from teaching:

1. Christmas Examination: Student teachers served as invigilators and evaluated the answer scripts
2. School Assembly: Maintained discipline during school assembly
3. Annual Day: Student teachers were assigned to coordinate different dance programmes and to maintain discipline during the function
4. Mission Sunday: Student teachers got involved in packaging and serving of food packages as a part of mission Sunday
5. Flash mob: Accompanied students for a flash mob programme
6. Club activities: Student teachers organized different club activities on various subjects
7. PTA meetings: Helped to maintain discipline during PTA meetings
8. Coaching: Special coaching was provided to weak students
9. Supervision: Got chance to supervise the class during exams and in the absence of teachers
10. Mid-day meal: Student teachers helped in distributing mid-day meals to the students
11. Teresian fest: Student teachers coordinated different events and judged performances.

  
Headmistress  
St. Teresa's CGHSS  
Ernakulam, Kochin-682 011



Reshma George p.c (Social Science)

## H.I.H.S. PONNARIMANGALAM

As part of the B.Ed curriculum, an internship programme of four months was carried out from 19-10-2022 to 03-02-2023. I Diyamol P.D. from Social Science optional was the only internee allotted to H.I.H.S. Ponnarimangalam. The following are the various duties that I engaged during the internship programme:

1. Conducted monthly tests.
2. Provided remedial classes.
3. Maintained discipline during school assembly.
4. Conducted awareness programmes.
5. Supervised students during various practices.
6. Maintained discipline in the class during free hours.
7. Organised school Parliament Election.
8. Conducted quiz competition associated with day celebrations.
9. Distributed Mid-Day meals.
10. Organised and arranged the students for the presentation of Mime.
11. Volunteered school Youth Festival.
12. Conducted Yoga classes and practices.
13. Supervised students during PT hours.
14. Organised Sargavela.



*Resmy*  
19/8/23  
RESMY M. D.  
HEADMISTRESS  
HIHS, Ponnarimangalam  
Mulavukad P.O. PIN-682 504

*Resmy M. D.*

## CARDINAL HIGH SCHOOL, THRIKKAKARA

As part of the B.Ed curriculum, Jobitha Joy (Malayalam), Aparna S (Physical Science), Reshma Francis (Mathematics) did internship at Cardinal High School, Thrikkakara under the support and guidance of Ms Jiji, Faculty of Malayalam and Ms. Jany, Faculty of Physics, Ms Soumya, Faculty of Chemistry and Ms Ashieu T G, Faculty of Mathematics respectively. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials, ICT and other strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. **Evaluation:** Student teachers were asked to evaluate answer sheets of class 8 Chemistry paper and class 8 and 9 Physics paper. They also conducted test papers to evaluate the students.
2. **Discipline:** Student teachers maintained discipline during the whole school assembly and awareness classes. They were also given discipline duty during school Kalolsavam and retreat.
3. **Annual Day:** Student teachers were part of all the activities. Actively participated while preparing properties for the various dances. The student teachers were in charge of the stage and helped set the stage and decorate it.
4. **Remedial Teaching:** After conducting diagnostic test, a few students were selected based on mark to give remedial coaching after the class.
5. **School Assembly:** Student teachers helped in maintaining discipline.
6. **Sahitya Club:** Organised various activities and games to enhance language like Speech competition, poster making, quiz, reading corner.
7. **Science Club:** Organised various activities, games and competitions like quiz, poster making.
8. **Conducted awareness classes:** On screen addiction, green education, health education and value education for students.
9. **Kalolsavam:** Student teachers were in charge of English skit which won first at Vypin level.



*Reshma Francis*

HEADMASTER  
Cardinal HSS  
Thrikkakara, Kochi-21



## RANIMATHA PUBLIC SCHOOL, ERNAKULAM

As part of the B.Ed curriculum, F Merline Rodrigues (English) and Harsha Theresa Thomas (English) did internship at Ranimatha Public School, Ernakulam under the support and guidance of Ms. Neethima and Ms. Anjali, Faculty of English respectively. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials, ICT and other strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. **Examination Duty:** Student teachers were given the examination duty during their Term II examination.
2. **Evaluation:** Student teachers were asked to evaluate answer sheets of class 7 and 8 English paper.
3. **Discipline:** Student teachers maintained discipline during the whole school assembly and awareness class
4. **Question paper preparation:** Students teachers were assigned to prepare question papers of class 7 and 8 English language
5. **Annual Day:** Student teachers were part of all the activities. actively participated while preparing properties for the various dances.
6. **Remedial Teaching:** After conducting diagnostic test , a few students were selected based on mark to give remedial coaching after the class.
7. **English Coaching:** Student teachers gave coaching to the weak students
8. **School Assembly :** Student teachers helped in maintaining discipline
9. **English Club:** Organized various activities and games to enhance language.
10. **Awareness Class:** Conducted awareness classes for students.



Sr. Jerlin Abraham,  
Zelie Abraham,  
PRINCIPAL  
RANI MATHA PUBLIC SCHOOL  
FLOWER JN., JEWS STREET  
ERNAKULAM - 682 035

## ST. ALBERT'S H.S.S ERNAKULAM

The internship programme as part of B.Ed curriculum under M.G University, Kottayam began from 19<sup>th</sup> October 2022 and lasted till 3<sup>rd</sup> February 2023. Our college has sent us to different schools for the completion of the internship and we were a team of four, sent to St. Albert's H.S.S Ernakulam. The team consisted of Anila Shaju (Physical Science), Anisha T (Malayalam), Leatitia Joshy (English) and Shimna K (Natural Science). We were able to undergo a very fruitful training at the school. The school made us involved in most of the events happening in the campus. The following are the list of certain events we involved in various roles:

1. **Classroom Teaching:** All of us were given a number of classes in the high school section as per to our subjects. We were having teacher in charges who constantly monitored our performances inside and outside the classroom.
2. **Mentoring:** Each of us got chances for giving mentoring to students beyond our actual periods. Anisha T of Malayalam optional even stayed back after the school hours for the same.
3. **Timetable Preparation:** We were asked to prepare special timetable for the class 10 as they were given intensive coaching during the month of January.
4. **PTA Meetings:** Our role during the PTA meetings was to take in charge of registration as well as maintaining discipline.
5. **Assessment of Student Learning:** The notebooks of the students were corrected frequents. Their class tests and assignments were evaluated as directed.
6. **Organizing Academic and Cultural Events:** Daily G.K Quiz was conducted for the schools. Also according to special days small competitions were also held. The main cultural programmes happened during the internship were St. Albert's Day and Annual Day. Our main duties were to coordinate practice sessions, maintain discipline, decoration and registration.
7. **Maintaining Documents:** We completed the documentation of PTA Funds from the year 2020-2022.
8. **Kerala School Sasthrolsavam 2022:** Our school was main venue for The Kerala School Sasthrolsavam 2022. We were in the roles of coordinators and volunteers.
9. **School Assembly:** During the assembly we delivered teacher talks, conducted daily quiz and maintained discipline.
10. **Mother PTA:** We helped the Mother PTA for preparing noon meals for UP School students.
11. **Examinations:** For the model examinations and Christmas examination we had the duties of examination controllers, invigilators and distributing answer sheets to the respective teachers.
12. **Discipline:** During the internship period were in charge of the overall discipline duty of the school. Every day we made sure that all the students are in full uniform.



*Annicday*  
ANNIE JAYA. E.F  
HM IN CHARGE  
ST. ALBERT'S HSS  
ERNAKULAM

*Mariya (English)*

## ST. PHILOMINA'S HSS, KOONAMAAVU

As part of the B.Ed curriculum Minu Joy (Social Science) and Pooja Maria Jacob (Natural Science) did a three month internship programme at St Philomina's HSS, Koonammavu under the guidance of Ms. Sunitha Jacob and Ms. Rakhi S, Faculty of Science and Social Science respectively. During this time we were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials and strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

1. Supervision

Involved in supervising second terminal exams

2. Discipline

Maintained Discipline during the assembly, free periods and PTA meetings.

3. Christmas day celebration

Involved in Christmas day celebration in making Christmas tree and decorating school.

4. Club activity

Served in evaluating science club activities such as evaluating poster making conducted as a part of World Aids Day.




*Gloria Doris*  
GLORIA DORIS P.I.  
Headmistress  
St. Philomina's H.S.S.  
stphilomenas@gmail.com  
Phone: 0484 2512364  
Koonammavu - 683 51

## GOVT. VHS, EDAPPALLY

As part of the B.Ed curriculum, Regeena D'costa (Social Science), Veena C V (English) and Ance Baby (Malayalam) did internship at Govt. VHS, Edappally from 19/10/2022 – 03/02/2023 under the support and guidance of Ms Jiji, Faculty of Malayalam and Ms. Annie T G, Faculty of Social Science, Mr. Naveen, Faculty of Malayalam and Mr Jean Ganapathi, Faculty of English respectively. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The following are the various duties that we were engaged during the internship programme:

1. Conducted monthly tests.
2. Provided remedial classes.
3. Maintained discipline during school assembly.
4. Conducted awareness programmes.
5. Supervised students during various practices.
6. Maintained discipline in the class during free hours.
7. Conducted quiz competition associated with day celebrations.
8. Volunteered school Youth Festival.
9. Conducted Yoga classes and practices.
10. Supervised students during PT hours.



  
BINDU. K  
PEN 342378  
HEADMISTRESS  
GVHSS NORTH EDAPPALLY



Lakshmi T S (Malayalam)

## ST. GEORGE'S HIGH SCHOOL, POONITHURA

The internship programme as part of B.Ed curriculum under M.G University, Kottayam began from 19<sup>th</sup> October 2022 and lasted till 3<sup>rd</sup> February 2023. Our college has sent us to different schools for the completion of the internship and we were a team of three, sent to St. George's High School Poonithura. The team consisted of Sneha M. M (Malayalam), Angitha Ramachandran (Natural science), and Rose Maria John (Mathematics). We were able to undergo a very fruitful training at the school. The school made us involved in most of the events happening in the campus. The following are the list of certain events we involved in various roles:

1. **Classroom Teaching:** All of us were given a number of classes in the high school section as per to our subjects. We were having a teacher in charge who constantly monitored our performances inside and outside the classroom.
2. **Mentoring:** Each of us got chances for giving mentoring to students beyond our actual periods. Some days we were stayed back after the school hours for the same.
3. **Setting Question Paper:** Sneha M. M of Malayalam optional prepared question papers for internal examination.
4. **PTA Meetings:** Our role during the PTA meetings was to take in charge of registration as well as maintaining discipline.
5. **Assessment of Student Learning:** The notebooks of the students were corrected frequently. Their class tests and assignments were evaluated as directed.
6. **Organizing Academic and Cultural Events:** G. K. Quiz was conducted for the schools. Also according to special days small competitions were also held.
7. **Annual Day:** We helped for arranging annual day programs & stage. Sneha M. M of Malayalam guided the students for their cultural programmes.
8. **Kerala School Kalolsavam 2022:** We guided the participants.
9. **School Assembly:** During the assembly we delivered teacher talks, conducted daily quiz and maintained discipline.
10. **Examinations:** For the model examinations and Christmas examination we had the duties of examination controllers, invigilators and distributing answer sheets to the respective teachers.
11. **Discipline:** During the internship period were in charge of the overall discipline duty of the school. Every day we made sure that all the students are fully uniformed.



*Ase George*

HEADMISTRESS  
ST. GEORGE'S HIGH SCHOOL  
POONITHURA, PIN - 682 038

## ST. THOMAS GHS, PERUMANOOR

As part of the B.Ed curriculum, Agiya Cosmos M C (Physical Science), Sreelakshmi K A (Malayalam) did internship at St. Thomas GHS, Perumanoor. During the three months internship programme, the student teachers were part of many activities mainly classroom teaching. Both the student teachers transacted their subject content properly through various teaching aids. Apart from the classroom teaching both of us were engaged in various other activities in the school as follows:

1. Malayalam coaching

Student teachers gave Malayalam coaching to weak students of LP and UP section

2. School assembly

Helped in maintaining discipline

3. Children's day

Served as judges for different cultural competitions

4. School annual day

Student teachers were given in charge of events like prayer dance and drama

5. Noon feeding program

Student teachers served food for different class students in the absence of their respective class teachers

6. Mid-term examination

Served as invigilators during the exam

7. Sub district and district level arts fest

Sreelakshmi K A trained 3 students for poem writing, essay writing and elocution competition



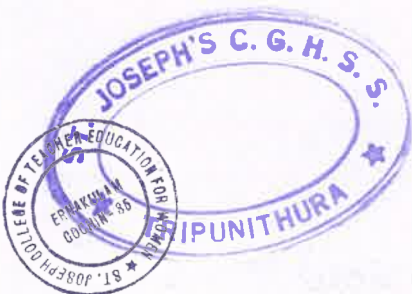
*Sreelakshmi*  
SREELAKSHMI THOMAS  
HEADMISTRESS  
ST. THOMAS. G.H.S.  
PERUMANOOR, KOCHI

Anagha Mary (Social Science)

## ST. JOSEPH'S CGHSS, TRIPUNITHURA

As part of the B Ed curriculum, a four month internship programme was done from 19-10-2022 to 3-02-2023. The five internees assigned to St. Joseph's CGHSS, Tripunithura were Jayalakshmi Jayakumar (Malayalam), Devika Venugopal (English), Jesna George (Physical Science), Varsha K V (Social Science) and Meera Susan Kurian (Natural Science). The various duties performed by the trainees during the internship programme are described below:

1. Conducted various club activities that include quiz competition, poster designing competition, caption writing competition and so on.
2. Conducted different types of cultural programmes
3. Led classes on different values for life
4. Took classes on topics related to health education
5. Provided remedial coaching
6. Volunteered Science fair
7. Conducted awareness classes
8. Supervised different exams
9. Maintained discipline in classes during free hours
10. Took classes for Red Cross students
11. Helped students in preparing for Kalolsavam
12. Arranged classroom for examination
13. Corrected the answer sheets of Christmas examination
14. Evaluated different cultural programmes



*Thero*  
PRINCIPAL  
ST. JOSEPH'S C.G.H.S.S  
TRIPUNITHURA

## ST. MARY'S CGHSS, ERNAKULAM

As part of the B.Ed curriculum, Linet John (English) and Divya Radhakrishnan (English) did internship at St. Mary's CGHSS, EKM under the support and guidance of Sr. Mary Abraham, faculty of English. During the three months internship programme, the student teachers were able to explore many aspects of being a teacher in the school. They were part of many activities among which the most important were classroom teaching and mentoring. The teacher trainees were able to transact the subject matter thoroughly with the help of engaging learning materials and strategies. Apart from classroom teaching and mentoring, they were part of many other activities in the school.

### 1. Valuation Camp

Student teachers were given the charge of tabulation of the Plus One Improvement Examination

### 2. Sub District Work Experience Fest

Student teachers accompanied and assisted students to the venue in Edapally

### 3. Anti-narcotic Campaign

Student teachers maintained discipline during the whole school assembly and awareness class

### 4. Christmas Examination

Student teachers served as invigilators and evaluated the answer scripts

### 5. Annual Day

Student teachers were part of all the activities

### 6. District and State Level Arts Fest

Student teachers assisted students and their respective trainers

### 7. Meetings of HSS Principals, Retirement and Practical Invigilators Meet

Student teachers participated in all the meetings

### 8. English Coaching

Student teachers gave coaching to the weak students

### 9. School Assembly

Student teachers helped in maintaining discipline



*Lincy Joseph*  
LINCY JOSEPH  
209778  
Principal in charge  
St. Mary's CGHSS  
Ernakulam

*Megha Madhu (English)*



## ST. ANTONY'S HSS, KACHERIPADY

As a part of the third semester curriculum of the B.Ed program, the students of St. Joseph College of Teacher Education for Women, Ernakulam completed a four month internship program from 19/10/2022 to 03/02/2023 at various schools in Ernakulam. The students, Vandana S. (Physical Science), Caren Grace (Natural Science), Deepa P.S (English), Riya Davis (Social science) and Teena Vincent (Malayalam) were assigned to the school St. Antony's HSS, Kacheripady to complete their internship. Under the guidance of their respective faculty in charges the student teachers were able to perform their duties towards the school efficiently. Outside classroom teaching, the student teachers were actively involved in various school activities which helped them to better understand the working of a school. The activities performed include:

1. Maintained Discipline during the assembly, free periods and PTA meetings.
2. Provided remedial coaching for absentees and weak students
3. Prepared question papers and evaluated the midterm examination of the students of class VIII and IX
4. Served as invigilators during midterm exams, Christmas exams and model board exams. 5. Evaluated the answers sheets of Christmas exam
5. English coaching classes were given for weak students
6. Conducted various club activities like Flag making, Poster designing, caption writing etc.
7. Helped the students of opening chorus program for annual day.
8. Helped the students to prepare for science fest and accompanied them to the venue.
9. Served as officials in the 3-day Math fest
10. Served as volunteers for the anti-drug human chain formation and vaccination drive.



*Sherin*  
SHERIN M.M.  
Pen. No. 219061  
HEAD MISTRESS  
ST. ANTONY'S H.S.S.  
KACHERIPADY, ERNAKULAM  
Educational Department

**SREE NARAYANA HIGHER SECONDARY SCHOOL  
THRIKKANARVATTOM, AYYAPPANKKAVU**

As part of the B.Ed. curriculum, Agatha Cyriac (Physical Science) and Parvathy M (Mathematics) did internship at Sree Narayana Higher Secondary School Thrikkannarvattom, Ayyappankavu under the support and guidance of Mrs. Rajalakshmi, faculty of Science and Mrs. Salida faculty of mathematics. The three months internship programme was a great opportunity for the student teachers to explore many aspects of being a teacher in the school. We were part of many activities among which the most important were classroom teaching and mentoring. As teacher trainees we were able to transact the subject matter thoroughly with the help of suitable learning materials and appropriate strategies. Apart from classroom teaching and mentoring, we were also a part of the following activities in the school.

1. Question paper

Student teachers were given the charge of preparing question paper for classes 8 and 9.

2. Christmas Examination

Student teachers served as invigilators and evaluated the answer scripts.

3. Children's Day Celebration

Student teachers were a part of the activities on children's day.

4. Maintaining Discipline

Teacher trainees ensured students discipline during the break times, PT hours and during school functions.

5. Coaching

Student teachers gave coaching to the weak students.

6. School Assembly

Student teachers helped in maintaining discipline.



  
**BINDU J**  
HEADMISTRESS  
SNHSS THRIKKANARVATTOM  
AYYAPPANKAVU, KOCHI-18

## ST MARY'S CGHS, ERNAKULAM

As a part of the B.Ed curriculum, Anu P Thomas (Physical Science), Sr.Vinny Pappachan (Physical Science), Meera Joy (English), Merin Shajan (Natural Science), Allan Francis (Natural Science), Arya K Surendran (Mathematics), Sreeja Sreenivasan (Mathematics), Shilpa K (Malayalam), Dona K Jose (Social Science) has did their internship at St Mary's C G H S Ernakulam. The internship program was from October 19<sup>th</sup> to February 2<sup>nd</sup>. It was a great opportunity for all the student teachers to get a real experience of teaching and it has helped them a lot in their development. The internship programme has provided them with a lot of experiences. The most important among them was classroom teaching which provides them with a real experience of interaction with students. The teacher trainees were successful in transacting the content with the use of appropriate teaching aids and strategies. The experience also helped them to gain awareness regarding classroom interaction and mentoring the students. Along with the classroom experiences many other activities were also there.

1. **PTA Meetings:** Student teachers were given the charge of maintaining discipline among the students during PTA meetings.
2. **Assessment of student learning:** Student teachers were so vigilant in giving home assignments and their corrections. They have also conducted class tests in appropriate time intervals.
3. **Organizing academic and cultural events:** Student teachers has assigned with the duties of organizing and conducting various programmes as a part of annual day celebrations.
4. **Library arrangement:** Student teachers have arranged the library.
5. **Maintaining documents:** Student teacher has helped in the maintenance of documents.
6. **Competitions:** Student teachers have helped in all activities in the school related to "Harithavidhyalayam competition"
7. **Exam Supervision:** Student teachers have supervised various examinations of students.
8. **Midday meal:** Student teachers have helped in distributing midday meals for the students.
9. **Remedial coaching:** Student teachers have provided remedial coaching for the students.
10. **Maintaining discipline:** Student teachers have maintained the discipline among the students during various programmes.
11. **School assembly:** Student teachers helped in maintaining discipline.
12. **Science Fest:** Student teachers have helped in the preparation of science fest and accompanied the students during the programme.



  
**Headmistress**  
**Sr. Lovely P.K.**  
**St. Mary's C.G.H.S.S.**  
**Ernakulam**

## GOVT GHSS, TRIPUNITHURA

As part of B.Ed curriculum 4 months internship programme was done during 19-10-2022 to 03-02-2023. Five internees assigned to Govt. GHSS Tripunithura were Sona Paul (Mathematics), Akshaya K S (Physical Science), Gurumahima M V (English), Keerthana M.S (Natural Science) and Mereena Joy (Social Science). The various duties performed by the trainees during the internship programme are described below:

1. Conducted various club activities that include quiz competition, poster designing competition, caption writing competition and so on.
2. Arranged Science Laboratory
3. Conducted morning and evening classes for NMMS Examination
4. Arranged library books
5. Greened the school campus by planting in grow bags
6. Provided remedial coaching
7. Volunteered Science fair
8. Conducted awareness classes
9. Distributed breakfast and mid-day meal
10. Supervised school election
11. Maintained discipline in classes during free hours
12. Took classes for Red Cross students
13. Helped students in preparing for Kalolsavam
14. Arranged staffroom while shifting the rooms
15. Corrected answer sheets of Christmas examination
16. Uniform distribution



  
SINIMOL. S. S.  
PEN: 288779  
HEADMISTRESS  
GOVT. GIRLS HSS  
TRIPUNITHURA  
PIN - 682 301

## ST. JOSEPH'S HIGHER SECONDARY SCHOOL, KOONAMMAVU

As part of B Ed curriculum 4 months internship programme was done during 19-10-2022 to 03-02-2023. Four student teachers are assigned to St. Joseph's HSS, Koonammavu. They are Aleena Antony (Malayalam), Mary Rinu K.F (Social Science), Jomol Babu (Mathematics) and Shalini P.S (Natural Science). The various duties performed by the trainees during the internship programme are:

1. Conducted various club activities include quiz competition, poster designing competition, geometric pattern drawing competition and so on.
2. Served as invigilators in examinations.
3. Conducted prayer service daily.
4. Student teachers helped in maintaining discipline.
5. Assisted teachers in science fair.
6. Provided remedial coaching.
7. Conducted awareness classes.
8. Maintained discipline in classes during free hours.
9. Helped students in preparing for Kalolsavam
10. Helped in Uniform distribution.

Evaluated different cultural programmes



SR. LEENA MANUEL  
Principal  
School Code: 25052  
UDISE Code: 32081000709  
St. Joseph's H.S.S.  
Koonammavu - 683 518