



**St. Joseph College of Teacher Education for Women
Ernakulam**



CRITERION V

5.3.2 -Sports and Cultural Events Organized at the Institution

Reports of the events along with the photographs

2018 -19

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



5.3.2- Reports of the sports & cultural events along with the photographs

2018-19

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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

INDEPENDENCE DAY REPORT

- Name of the event** : Independence day
- Date** : 15 August 2018
- Venue** : St. Joseph College of Teacher Education for Women
Ernakulam
- Objectives** : 1) To commemorate the sacrifices of our freedom fighters
2) To remember the importance of our independence
- No. of participants** : 100

Description

On August 15, 2018, the St Joseph College of Teacher Education for Women in Ernakulam reverberated with patriotic fervor as it celebrated Independence Day. The venue served as a fitting backdrop for the event, and the proceedings commenced with the principal inaugurating the ceremony and hoisting the national flag, symbolizing the essence of freedom and unity.

The students showcased their enthusiasm and agility through vibrant aerobics performances, adding a dynamic and energetic touch to the festivities. As a gesture of camaraderie, sweets were distributed among all attendees, creating a shared sense of joy and celebration.

The day unfolded with various programs dedicated to honoring Independence Day, including a patriotic song competition that allowed students to express their love for the nation through music. The competition showcased the diverse talents within the student body, fostering a sense of unity and pride.

To recognize and appreciate the efforts of the participants, prizes were distributed to the winners of the various competitions held throughout the celebration. This added an element of friendly competition and rewarded the dedication and creativity displayed by the students.

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Principal in Charge
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Education for Women,
Ernakulam





In conclusion, the Independence Day celebration at St Joseph College of Teacher Education for Women in Ernakulam was a vibrant and memorable occasion, fostering a spirit of patriotism, unity, and celebration among the students and staff. The integration of various activities ensured that the day was not only a commemoration of historical significance but also a lively expression of national pride.

Evidence

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Women's Day 2019

Name of the Event	Women's Day 2019
Objectives	To celebrate women hood To get familiar with the achievements of eminent women and women power To become aware of the problems faced by women To empower women
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	08/03/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 98
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Women's Day 2019

On March 8, 2019, St. Joseph College of Teacher Education for Women in Ernakulam organized a vibrant and inspiring Women's Day celebration. The event brought together 98 enthusiastic student teacher's to commemorate and celebrate the social, economic, cultural, and political achievements of women worldwide. It was a day to recognize the invaluable contributions of women to society and to promote gender equality. The event commenced with a solemn inaugural ceremony. Distinguished guests and members of the faculty delivered inspirational speeches, highlighting the importance of Women's Day and the empowerment of women. The lighting of the ceremonial lamp symbolized the enlightenment of women. The celebration featured captivating cultural performances by the students,

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showcasing the talents and creativity of the women at St. Joseph College. Dances, songs, and skits celebrated the strength and resilience of women in the face of adversity. The Women's Day celebration at St. Joseph College of Teacher Education for Women in Ernakulam on March 8, 2019, was a resounding success. It provided an invaluable platform for women to come together, learn, share experiences, and celebrate their achievements. The event encouraged women to strive for gender equality and to pursue their dreams with unwavering determination. St. Joseph College of Teacher Education for Women continues to be a beacon of empowerment for women, and events like this Women's Day celebration reinforce its commitment to gender equality and women's empowerment.

Evidence :



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Food Fest, 2019

Name of the Event	Workshop on Theatre and Drama
Objectives	<ol style="list-style-type: none">1) To improve the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values2) To enhance the cooking skills, empathetic skills and thereby enhance the social commitment of the students3) To develop social skills.
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	26/02/2019
Time	9.00 AM- 4 PM
Duration	1 day
Beneficiaries	230 (first year & second year B Ed students; M Ed education)
Event Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Food Fest, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. The college conducts Student Enrichment Programme to promote quality and excellence in effective communication, public speaking, team spirit and personality development during the academic year. As part of enhancing the social commitment of students, St. Joseph College of Teacher Education for Women, Ernakulam organized a food fest on 26th February 2019. Student teachers from all the optionals from second year B. Ed

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programme took part in the preparation of food items for the food fest. The money collected by student teachers from the fest will be donated for the poor and needy in the community. The food fest could contribute to enhancing the cooking skills, empathetic skills and thereby enhance social commitment of the students. A total of 230 participants including first year and second year B Ed. student teachers, M. Ed teacher educators and faculty members of St. Joseph College of Teacher Education for Women, Ernakulam participated in the food fest.



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Appendix- Photos



Food Fest - 2019



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CHRISTMAS CELEBRATION 2018

Name of the Event	Christmas Celebration 2018
Objectives	1) To celebrate Christmas 2) To get familiar with the talents of student teachers 3) To become efficient in organizing an event
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	21/12/2018
Time	9.00 AM
Beneficiaries	Teacher Trainees, Faculty, M Ed educand 230
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Christmas Celebration 2018

The St. Joseph College of Teacher Education for Women in Ernakulam celebrated Christmas on the 21st of December, 2018, named ‘ **KALEDOS 2K18** ‘ with a grand and joyous gathering of 230 participants. The event was organized by the faculty, and it brought together students, staff, and well-wishers of the institution to celebrate the festive spirit of Christmas.

The entire campus was beautifully decorated with colourful ornaments. The festive atmosphere was evident as soon as one entered the premises. The celebration began with a cultural program that showcased the talents of the students. There were enchanting Christmas carols, dance performances, and skits that depicted the story of the birth of Jesus Christ.

The Principal, along with a guest speaker, delivered a heartwarming Christmas message, emphasizing the values of love, unity, and compassion that Christmas represents. The message resonated with the audience and served as a reminder of the true meaning of the holiday.

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A 'Secret Santa' gift exchange added a sense of surprise and joy to the celebration. Participants drew names and exchanged small, thoughtful gifts, fostering a sense of camaraderie. The Christmas celebration at St. Joseph College of Teacher Education for Women in Ernakulam on December 21, 2018, was a resounding success. It brought together the college community and created an atmosphere of joy, love, and togetherness. The event not only celebrated the religious significance of Christmas but also promoted the values of goodwill. It was a memorable occasion that left all participants with a warm and festive spirit to carry into the holiday season.

The faculty, staff, and students of the college are grateful for the enthusiastic participation of all, making this event a true reflection of the Christmas spirit. It is hoped that such celebrations will continue to serve as a reminder of the importance of love, unity, and compassion in our lives.

Evidence :



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SANJO INTERNATIONAL CULTURAL EXCHANGE PROGRAMME, 2018 – 'LEARNING ACROSS CULTURES: PEEROLOGY PAR EXCELLENCE'

Name of the Event	Sanjo International Cultural Exchange Programme, 2018 – 'Learning Across Cultures: Peerology Par Excellence'
Objectives	<ol style="list-style-type: none">1. To promote quality and excellence in effective communication, public speaking, team spirit and personality development2. To understand the culture and methodologies adopted at the international level3. To gain an opportunity to interact with students of varying cultures and ideologies
Details of Event Coordinators	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
Date	15/11/2018
Beneficiaries	Student teachers-90, Students: University of Australia-15
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Sanjo International Cultural Exchange Programme, 2018 – 'Learning Across Cultures: Peerology Par Excellence'

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. To promote quality and excellence in effective communication, public speaking, team spirit and personality development, various programmes were organized during the academic year. St. Joseph College of Teacher Education for Women, Ernakulam organized Sanjo

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International Cultural Exchange Programme, 2018 on 'Learning Across Cultures: Peerology Par Excellence' on 15th November 2018 as part of Student Enrichment Programme. The programme was organized in collaboration with University of South Australia. A total of 90 B Ed. student teachers from St. Joseph College of Teacher Education for Women, Ernakulam interacted with the 15 students from the University of Australia during the cultural exchange programme. The entire programme helped the students to understand the culture and methodologies adopted at international level and could also help students to widen their horizons.

 **St. Joseph College of Teacher Education for Women,
Ernakulam**

In Collaboration With

University of South Australia

organising

**SANJO INTERNATIONAL
CULTURAL EXCHANGE
PROGRAMME, 2018**

"PEEROLOGY PAR EXCELLENCE"

ON

15TH NOVEMBER 2018



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Appendix- Photos



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FEAST DAY CELEBRATION 2018

Name of the Event	Feast Day Celebration 2018
Objectives	<ol style="list-style-type: none">1) To celebrate the feast day2) To pay tribute to the life and work of Rev. Mother Subha Maria3) To foster a sense of unity and community spirit among the faculty and participants
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	14/08/2018
Time	9.00 AM
Beneficiaries	Teacher Trainees - 98
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Feast Day Celebration 2018

St. Joseph College of Teacher Education for Women in Ernakulam, organized the Feast Day Celebration of Rev. Mother Subha Maria, which took place on the 14th of August 2018. This event was a significant occasion that brought together 98 participants to commemorate and celebrate the life and contributions of Rev. Mother Subha Maria.

The Feast Day Celebration of Rev. Mother Subha Maria was an event of great importance within the educational agency of St. Joseph College of Teacher Education for Women. Rev. Mother Subha Maria was a revered figure known for her dedication to the cause of education and her commitment to empowering women through learning.

The celebration commenced with a solemn prayer and a floral tribute to Rev. Mother Subha Maria's portrait, symbolizing our reverence for her work. This was followed by a series of activities to add a festive touch to the event, a cultural program was organized. The program featured songs, and performances, all highlighting the theme of feast day celebrations, wishes and empowerment through education.

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A total of 98 participants, including faculty members, students, attended the event. The diverse audience included educators, students, and individuals with a shared interest in the field of education.

The event fostered a sense of unity and camaraderie among the participants, further strengthening the educational agency's community spirit.: Attendees left the celebration inspired and motivated to carry forward Rev. Mother Subha Maria's legacy by actively contributing to the field of education. The Feast Day Celebration of Rev. Mother Subha Maria was a resounding success, accomplishing its objectives of paying homage, inspiring, and raising awareness. It reinforced the institution's commitment to the values of empowerment and education.

Evidence :



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GODHA - Sports Day, 2019

Name of the Event	GODHA - Sports Day, 2019
Objectives	<ol style="list-style-type: none">1) To participate in various sports activities, showcase their talents and exhibit teamwork and spirit2) To instill sportsmanship among student teachers.3) To develop knowledge of sports and organizing the event.4) To enable students to practice various sports and games and gain an idea of them
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	08/03/2019
Time	9.00 AM- 4 PM
Duration	1 day
Beneficiaries	Student Teachers (Total No.98)
Event Venue	St. Joseph College of Teacher Education for Women, Ernakulam

GODHA - Sports Day, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college conducts student enrichment programmes to boost the student's confidence and motivation and to polish their talents. The college conducts Student Enrichment Programmes to promote quality and excellence in effective communication, public speaking, team spirit, and personality development during the academic year. St. Joseph College of Teacher Education for Women, Ernakulam organized 'GODHA', a sports day event on 8th March 2019 for the B. Ed student teachers of the 2018-2020 batch. The sports day was conducted to provide an opportunity for

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students to enhance life skills including communication, teamwork, leadership, patience, self-confidence, etc. The students participated in various sports activities showcased their talents and exhibited teamwork and spirit. The sports day event imbibed values of sportsman spirit and physical well-being among students. A total of 98 B Ed. student teachers from St. Joseph College of Teacher Education for Women, Ernakulam took part in the sports day event.



Appendix- Photos



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TALENTS DAY REPORT

- Name of the event** : Talents day
- Date** : 16 November 2018
- Venue** : St. Joseph College of Teacher Education for Women
Ernakulam
- Organizer** : Optional wise
- Objectives** : 1) To foster a sense of belonging and unity among students,
faculty, and staff.
2) To provide a platform for students to display their skills
and talents.
- No. of participants** : 100

Description

On the vibrant day of November 16, 2018, St Joseph College of Teacher Education for Women in Ernakulam came alive with the spirited celebration of Talents Day. The event, organized by optional classes, added a touch of diversity and creativity to the college atmosphere.

Each optional class took charge of the proceedings, turning the venue into a kaleidoscope of talents. The organizers, representing various classes, infused unique themes into the event, giving each program a distinct flavor.

The stage, adorned in a multitude of ways, became a canvas for the students' creativity. The optional classes showcased their flair for decoration, transforming the space into a visual feast that complemented the upcoming performances.

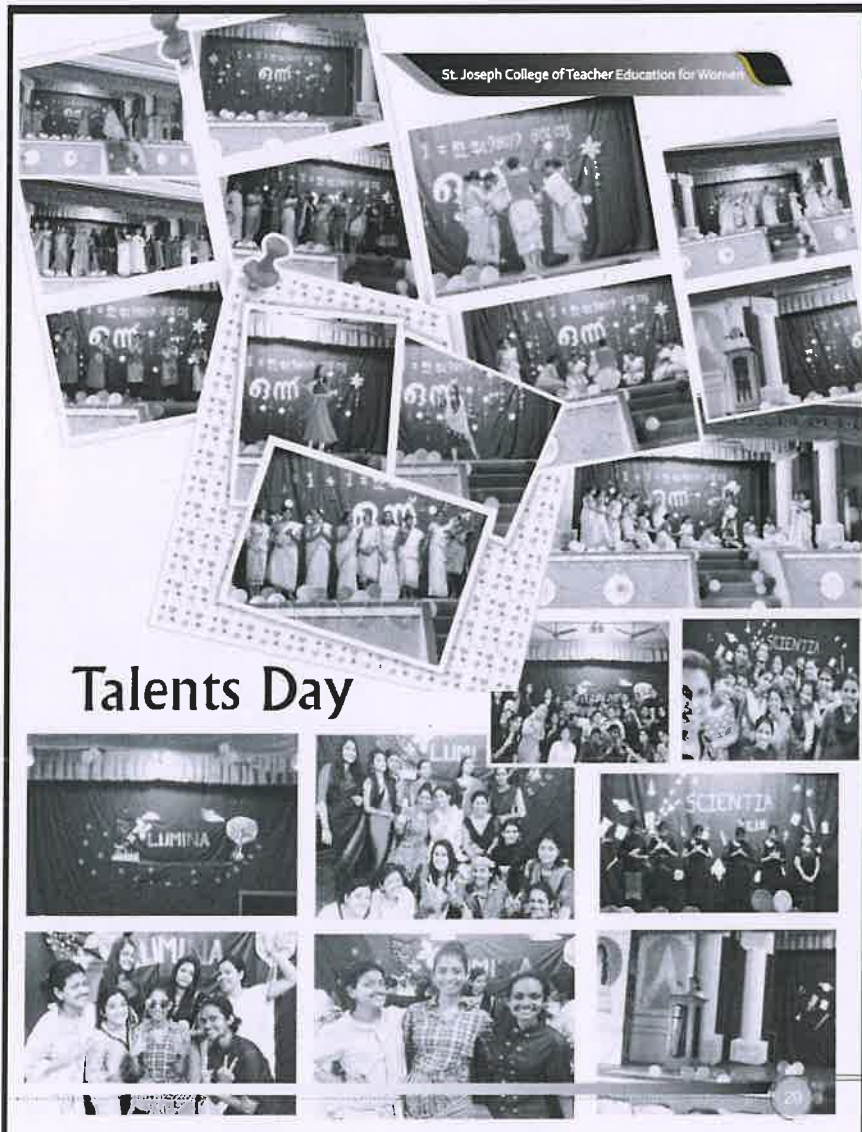
Cultural diversity was on full display as each optional class presented a variety of programs. From lively skits to captivating dance performances, melodious group songs to enlightening exhibitions, the talents of the students shone through in a myriad of forms. The audience was treated to a rich tapestry of cultural expressions, highlighting the depth of skills and interests among the student body.





Talents Day not only provided a platform for showcasing artistic prowess but also fostered a sense of camaraderie and collaboration among the students. Through their performances, the participants not only entertained but also celebrated the diversity that makes St Joseph College of Teacher Education for Women a unique academic community.

Evidence



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CHAMAYAM

2017-19



Arts Day Report

"Art is a lie
That makes us
Realize the truth"

Pablo Picasso

St. Joseph college of Teacher Education for women set aside a day, where the students were given an opportunity to display their talents in various fields like dance, drama, music and the like.

'Chamayam 2019' was conducted on January 28, 2019. The official Inaugural programme was started at 9:15 am. The function was formally inaugurated by the chief guest, Principal Dr. Sr. Mary Joseph by lighting the lamp.



15

Sr. Principal, vice Principal - Dr. Sr. Alice Joseph, chairperson - Minu Basil arts club secretary and Ranjana Thampi from Radhakrishna house representing all 4 houses - Mahatma, Nehru, Tagore and Radhakrishna also shared the lamp. Various competitions were organised. All the major houses participated actively.

Inauguration Schedule

✦ Prayer

✦ Welcome Speech : Minu Basil [Chairperson]

✦ Residential Address : Dr. Sr. Mary Joseph [Principal]

✦ Inauguration : Dr. Sr. Mary Joseph [Principal]

✦ Note of Thanks : Meenu R.S. [Vice chairperson]

The competitions began immediately after the inaugural ceremony. As we have four houses and each item was judged by the students itself. Each house has a student judge representative of their respective groups.

As an initial step for the arts day the literary events were conducted earlier. The results were declared by the Principal.

The list of prize winners are also enlisted below:-

Light Music

Rincy K.A [Nehru]

Akhila Baby [Nehru]

Sherin Samuel [Tagore]

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* Folk Dance

Greetu Elias

[Radhakrishna]

Della c.s.

[Tagore]

Minu Basil

[Mahatma]

* Fancy Dress

Mariganjali Joseph

[Nehru]

Najeena

[Radhakrishna]

Jomol Jose

[Radhakrishna]

* Group Dance

Radhakrishna

Mahatma

Nehru

* Group Song

Nehru

Mahatma

Radhakrishna

* Folk Song

Mahatma

Nehru

Tagore

* Skit

Mahatma

Nehru

Radhakrishna

* Tableau

Nehru

Mahatma

Tagore

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Literary Events

★ Poetry writing

English :

Arya S.P [Tagore]
Arantha K.M [Nehru]
Meenu Henry [Tagore]

Malayalam :

Dilshana [Mahatma]
Asba Maria [Tagore]
Reetha Jesma [Mahatma]

★ Essay writing

English :

Rose Mary Mathew [Radhakrishna]
Arya S.P [Tagore]
Meenu Henry [Tagore]

Malayalam :

Najeena [Radha Krishna]
Sivapriya I.M [Mahatma]
Anju Sasidharan [Radhakrishna]

★ Short Story writing

English

Ema Maria Manaly [Tagore]
Aadreena [Nehru]
Sona Sain [Mahatma]

Malayalam

Anju Sebastian [Tagore]
Jincy George [Nehru]
Riby Baby [Mahatma]

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★ Recitation

English

Neethu Elias [Radhakrishna]

Bini Maria [Tagore]

Mina Basil [Mahatma]

Malayalam

Dilshana M. Ismail [Mahatma]

Ancy [Tagore]

Nasti.s [Nehru]

★ Extempore

English

Mina Basil [Mahatma]

Meenu R.s [Nehru]

Anja John [Tagore]

Malayalam

Anjali Lis George [Mahatma]

Princy k.p [Radhakrishna]

Neethu Babu [Tagore]

★ Poster

Princy k.p, Jinu Rose E.v. [Radhakrishna]

Chris Monica, Aadreene [Nehru]

Neethu Babu, Sherin Samuel [Tagore]

★ Collage

Deepthi Suresh, Thedies [Mahatma]

Mariyanjaly, zaneeta [Nehru]

Arya Tyagarajan, Maria Theresa [Radhakrishna]

Alice Joseph



Photography Competition

Anju John

Princy K.P

Rosemary Mathew

Champion House :

I - Mahatma

II - Nehru

III - Radhakrishna

The co-ordination and co-operation of all the houses glamourised the occasion. All together it was really a memorable one in the academic year. It was a memorable day in our academic career of each and every student.

St. Joseph college of Teacher Education, our college made this event a fruitful one to show and present our talents and abilities.

Before concluding this report I must thank our Principal and staff and non-teaching staff once again for giving us inspiration and best guidance to make everything flawless and grand.

Arts club Secretary



Mary Joseph
Dr. MARY JOSEPH
PRINCIPAL
ST. JOSEPH COLLEGE OF
TEACHER EDUCATION FOR
WOMEN, ERNAKULAM



Alice Joseph

Della C.S

Alice Joseph

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COLLEGE ANNUAL DAY REPORT

Name of the event	: College day
Date	: 21 March 2019
Venue	: St. Joseph College of Teacher Education for Women Ernakulam
Organizer	: College Union
Objectives	: 1) To foster a sense of belonging and unity among students, faculty, and staff. 2) To provide a platform for students to display their skills and talents.
No. of participants	: 100

Description

On March 21, 2019, St. Joseph College of Teacher Education for Women in Ernakulam experienced a vibrant College day celebration organized by the college union. The function was marked as –The Alumnae Awards Day as well as cultural programmes of students .The function was taken place at the college auditorium, started from 3.30pm.

The function begin with a prayer song and the college anthem. The welcome speech was done by vice principal, St Joseph College Of Teacher Education For Women , Ernakulam. The presidential address was given by Rev. Mother Little Flower CMC – Provincial Superior, Vimala Province, Ernaklam. Annual report of the previous academic year was reported by Dr. Sr. Alice Joseph ,the respected principal of the institution and the report was signed by the chief guest.

Later on the distribution of various awards during the academic year was given by the dignitaries including the college topper , department topper etc. The main awards were given by the honourable chief guest and the class topper and subject topper were given by Principal and Vice principal.



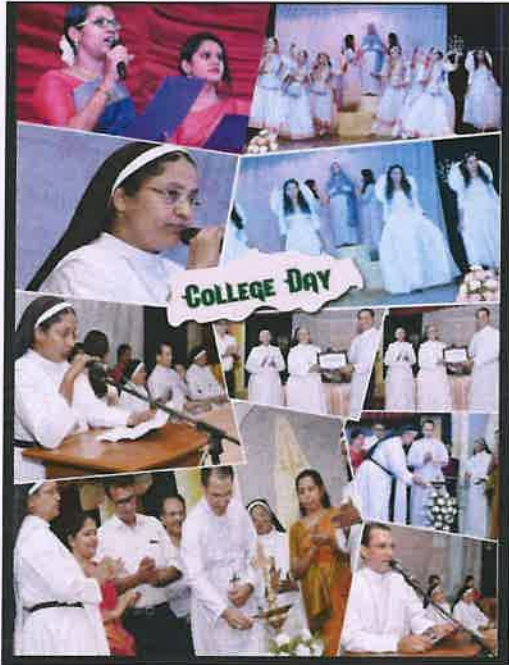
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Later on the cultural programmes began .There were a few dance performances from the senior year students depicting different cultures, a song, a martial art performance were given. The programmes came to an end with the National Anthem.

Evidence.



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COLLEGE UNION INAUGURATION AND ALUMNAE AWARD DAY 2018

Name of the Event	College Union Inauguration And Alumnae Award Day 2018
Objectives	1) To celebrate the achievements of alumnae 2) To get familiar with the procedures of parliamentary election 3) To become more organized and become a dignified citizen as well as a truthful teacher
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	13/09/2018
Time	9.00 AM
Beneficiaries	Teacher Trainees, Faculty, M Ed educand 234
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

College Union Inauguration And Alumnae Award Day 2018

The College Union Inauguration and Alumnae award day at St. Joseph College of Teacher Education for Women, Ernakulam, marked a momentous occasion in the academic calendar, fostering a spirit of camaraderie and cooperation among the students. The event, organized by the faculty, saw a significant turnout, with 234 participants from various departments and disciplines.

The inauguration ceremony commenced at the designated time, with an air of anticipation and enthusiasm among the students. The event was graced by esteemed guests from academia and prominent figures. Dignitaries addressed the gathering, emphasizing the importance of active student participation in college activities and the significance of responsible leadership.



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The ceremony featured Alumnae award day and union inauguration with an array of captivating performances and engaging activities. The event provided a platform for students to display their creativity and foster a sense of unity and mutual understanding within the student community.

The College Union Inauguration served as a catalyst for nurturing leadership qualities and promoting a sense of responsibility among the student body. It set the tone for a dynamic academic year, fostering an environment conducive to learning, collaboration, and personal development. The event's success has paved the way for an array of upcoming activities and initiatives that aim to enrich the academic and extracurricular experiences of the students.

The College Union Inauguration at St. Joseph College of Teacher Education for Women, Ernakulam, was a resounding success, epitomizing the institution's commitment to fostering a holistic and well-rounded educational experience. The event emphasized the importance of student engagement, leadership, and community building, laying the groundwork for a thriving and dynamic academic environment for all.

This event stands as a testament to the college's dedication to nurturing not only academic excellence but also holistic growth and development among its student body.

Evidence:



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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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(Affiliated to Mahatma Gandhi University, Kottayam)




SAM Fest was conducted on March 2019 in Sahodaran Ayyappan Memorial College, Poothotta. It was an 'Intercollegiate Fest'. For group dance 9th years from our college participated. For group song five second years participated. For the item Semiclassical Deepthi Suresh of natural science participated and she won the 1st Position in Semiclassical dance.


Dr. Sr. Alice Joseph and Dr. Hemakatha accompanied the students for SAM Fest.

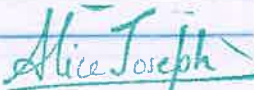
Before concluding this report I must thank Dr. Sr. Alice Joseph for her encouragement and support for participating in SAM Fest. Last but not the least, let me thank the participants who took their time out of their busy schedule for the practice of the various events in SAM Fest.

Arts club Secretary


Dr. MARY JOSEPH
PRINCIPAL
ST. JOSEPH COLLEGE OF
TEACHER EDUCATION FOR
WOMEN, ERNAKULAM




Deua C.S.


Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam

Report on Inter-Collegiate Badminton Tournament 2019

HELD AT SAHODARAN AYYAPPAN MEMORIAL COLLEGE
ON 3RD MARCH 2019

On the 3rd of March 2019, four students from St. Joseph College participated in the Annual Inter Collegiate Badminton Tournament held at SA Memorial College of Teacher Education. They participated as two teams in Women's Doubles Badminton matches and received participatory certificates.

The event was inaugurated by a previous Physical Education Professor of the college. The event had a Zumba dance performance by the students of the college. The event was conducted with efficiency and ease. The events of the day included Men's Doubles, Women's Doubles and Mixed Doubles, and the students participated in Women's Doubles

Alice Joseph

Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam

Student Representative: Rose Mary Jose
Rose Mary Jose



Report On the 11th Inter-Training Collegiate Athletic Meet

HELD AT MANNANAM, KOTTAYAM

ON 9th MARCH 2019

The 11th Inter-Training Collegiate Athletic Meet was held at Nehru Stadium Mannanam, Kottayam on 9th March 2019. The meet was organized by St. Joseph Training College Mannanam in collaboration with School of Physical Education and Sports Sciences MGR University, Kottayam at Nehru Stadium Kottayam.

Six teacher trainees from St. Joseph College of Teacher Education for Women, Ernakulam made their representation and participated in the various events held over there.

Sixteen Colleges showed up at the Nehru Stadium Ground to fight for the Overall Trophy. The participants were informed to report at the registration. The official function began by 10:00 AM with the beautiful March Past competition. Ms. Eesha Pariya IAS, Sub Collector, Kottayam Inaugurated the sports meet by hoisting the flag.

Alice Joseph

Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam



Rev. Fr. Scania Ethinett CMT, Manager, St. Joseph's Training College, Mannanam and Mr. Binu George Varghese, Director, School of Physical Education, Men University delivered the presidential addresses respectively.

Soon after the Inaugural function the events began. The students from our college participated for various events.

Name of the Participants	Event
Rosmin Joseph	100 mts, 200 mts, 4 x 100 mts relay
Anjitha Peter	100 mts, Long Jump 4 x 100 mts relay
Anu Joseph	800 mts, Long Jump 4 x 100 mts Relay.
Christene A.J	4 x 100 mts Relay
Kavya K.M	Shot Put, Javelin Discus
Bigamol Augustine	Shot Put, Javelin Discus <i>Alice Joseph</i>

The meet ended by 6:00 pm and prizes were distributed by Rev. Fr. James Mullaseery CMI and Chair PJ Varghese. Though we did not enter the finals, we performed really well and hope that with better practice we'll be able to perform next time.

Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam



The meet gave us a sportsman spirit and team spirit. We hope that we'll do better next time.

Sports Secretary
CHRISTEENA. AJ
CAJ

Alice Joseph

Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam

