



**St. Joseph College of Teacher Education for Women
Ernakulam**



CRITERION V

5.3.2 -Sports and Cultural Events Organized at the Institution

Reports of the events along with the photographs

2019 -20

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM
KOCHI-682035, KERALA**

5.3.2- Reports of the sports & cultural events with the photographs

2019-20

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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

REPUBLIC DAY CELEBRATION 2020

Name of the Event	Republic Day Celebration 2020
Objectives	1) To honour the Indian Constitution 2) To Promoting Patriotism 3) To Reflect National Progress and inspiring Youth 4) To Encourage Civic Participation
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	26/01/2020
Time	9.00 AM
Beneficiaries	Teacher Trainees 97
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Republic Day Celebration 2020

The event was not just a celebration but also an educational experience that reminded everyone of the sacrifices made by the nation's freedom fighters and the responsibility we bear as citizens of a democratic republic. On January 26, 2020, the Faculty of St. Joseph College of Teacher Education for Women in Ernakulam organized a grand celebration to commemorate India's 71st Republic Day. The event aimed to instill a sense of patriotism and civic responsibility in the students while honouring the historical significance of this day. The Republic Day celebration was a momentous occasion at the college, with an active and enthusiastic participation from both the students and faculty members. The event was organized to provide an opportunity for the college community to come together and reflect on the values enshrined in the Indian Constitution. The celebration was conducted online because of the pandemic.

The event commenced with the hoisting of the national flag by the college principal, Dr. Sr. Alice Joseph. The flag, fluttering proudly, symbolized the unity, diversity, and sovereignty of India.

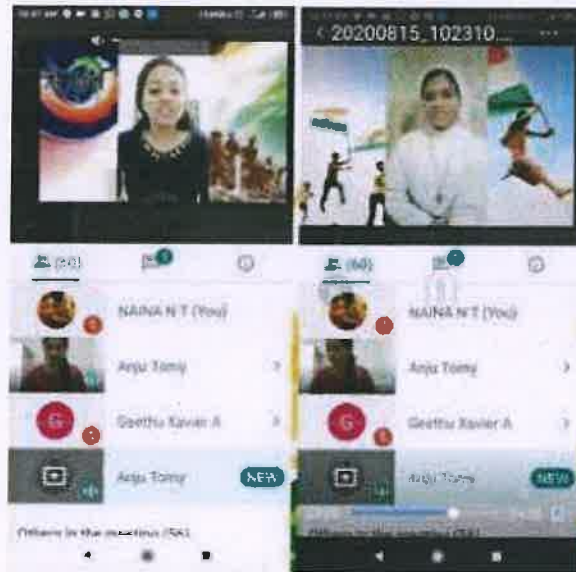


Alice Joseph
Dr. Alice Joseph
Principal in Charge
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Students from various departments of the college put up a series of cultural performances that celebrated the rich and diverse cultural heritage of India. The event concluded with all participants taking a pledge to uphold the ideals and values enshrined in the Indian Constitution and to contribute positively to the nation's progress. The Republic Day celebration at St. Joseph College of Teacher Education for Women in Ernakulam was a proud and patriotic event. It successfully brought the college community together to celebrate the democratic spirit of the nation. The celebration reinforced the importance of the Indian Constitution and the role of education in nurturing responsible citizens. It was a moment of reflection and inspiration for all those who attended.

Evidence :



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WORLD HEART CELEBRATION 2019

Name of the Event	World Heart Celebration 2019
Objectives	<ol style="list-style-type: none">1. To share Joy and Happiness2. To promote Cultural Unity and Cultural Revival:3. To develop social bonding among students.
Details of Event Coordinators	Health Club
Date	27/09/2019
Duration	1 Hour
Beneficiaries	Student teachers-97
Event Venue	Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

St. Joseph College of Teacher Education for Women, with a view of promoting health of student teachers observed world heart day on 27/09/2019. Venue of program was College Auditorium. Program was organized by Health Club of the institution. In order to promote physical fitness Zumba raining was provided to the student teachers. Christeena John of Physical Science optional was the Zumba trainer. Health club choose Zumba as the part of World Heart Day for emphasizing the significance of physical activity in maintaining a healthy heart and preventing cardiovascular diseases. Dr Alice Joseph, Principal, St. Joseph College of Teacher Education for Women felicitated the gathering. First year students participated in the training programme.

Dr. Alice Joseph
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REPORT OF CHAVARA EUPHRASIA EDU FEST - 2019

Event	Chavara Euphrasia Edu Fest 2019 - An Inter School and Inter College Competitions under Vimala Cooperative Agency.
Objectives	<ul style="list-style-type: none">• To provide a platform for students to showcase their talents and skills in various cultural competitions.• To create a positive and inclusive atmosphere that promotes the holistic development of students academically, socially, and artistically.• Strengthen the bond between the college and the wider community by inviting participation and engagement from external schools and institutions.• Develop leadership and organizational skills through student involvement in event planning and management.• Cultivate and showcase artistic and creative talents among students, fostering personal growth and self-expression.• To develop students' teamwork, cooperation, and communication skills through participation in the event.
Date	21/09/2019
Time	9 AM - 4 PM
Venue	St. Joseph College of Teacher Education for Women, Ernakulam
Beneficiaries	Students from various colleges and schools under the CMC congregation
Programmes List	<ol style="list-style-type: none">1. Registration2. Inauguration3. Competitions4. Valedictory
Competitions	<ol style="list-style-type: none">1. Action Song (KG & LP)2. Skit (UP, HS, HSS & College)3. Speech (LP, UP, HS, HSS & College)

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REPORT

Chavara Euphrasia Edu Fest - 2019, an Inter-school and Inter-college competition, was organized by St. Joseph College Teacher Education for Women, Ernakulam. The event, held on 21/09/2019 from 9 AM to 4 PM, was conducted under the auspices of Vimala Cooperative Agency. The fest witnessed enthusiastic participation from various colleges and schools affiliated with the CMC congregations. It served as a platform for students to exhibit their talents and compete in various cultural competitions.

Event Timeline:

The Chavara Euphrasia Edu Fest - 2019 followed the following timeline:

9:00 AM: Registration began, allowing participants to enroll for their respective competitions.

9:30 AM: The event commenced with an inaugural session, marking the official start of the cultural fest.

10:00 AM: The various competitions began simultaneously at different venues within the college campus.

4:00 PM: The event concluded with a prize distribution ceremony to recognize and reward outstanding performances.

Competitions:

The Chavara Euphrasia Edu Fest - 2019 featured a wide range of programs and competitions that allowed participants to showcase their talents and skills. The following were the main events:

1. Action Song: The Action Song competition was held at different levels, including KG and LP Sessions. Participants from various schools showcased their talents through energetic and synchronized performances.
2. Skit: The Skit competition was divided into sections based on the educational levels, namely UP, HS, HSS, and College. Students from different institutions presented thought-provoking and entertaining skits, displaying their acting skills and creativity.
3. Speech: Similar to the Skit competition, the Speech competition was categorised into UP, HS, HSS, and College levels. Participants delivered insightful and captivating speeches on the given topics, demonstrating their oratory skills and knowledge.



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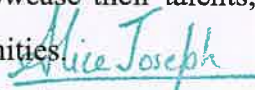


Volunteers and Student Participation:

The first-year students of St. Joseph College Teacher Education played a crucial role in organizing and managing the event. They acted as dedicated volunteers, ensuring the smooth execution of the Chavara Euphrasia Edu Fest - 2019. Their efforts contributed to the overall success of the event. Furthermore, the students actively participated in the competitions, allowing them to display their talents and abilities. Their performances added vibrancy and energy to the cultural fest, making it a truly enriching experience for everyone involved. The Chavara, Euphrasia Edu Fest - 2019 held at St. Joseph College Teacher Education for Women served as a significant platform for students to exhibit their skills and talents. Such events hold immense importance for several reasons:

- ❖ **Talent Showcase:** The festival provided a stage for participants to display their singing, acting, and public speaking abilities. It allowed students to explore and exhibit their creative potential.
- ❖ **Healthy Competition:** Competitions promote healthy rivalry among participants, encouraging them to strive for excellence and improve their skills. The event fostered a spirit of healthy competition among students, motivating them to excel in their chosen fields.
- ❖ **Personal Growth:** Participation in cultural events nurtures personal growth and development. It boosts self-confidence, enhances communication skills, and instils a sense of discipline and teamwork.
- ❖ **Networking and Collaboration:** Inter-school and inter-college events bring together students from various institutions, facilitating networking and collaboration. It provides an opportunity for students to interact with peers from different backgrounds, fostering cultural exchange and friendship.
- ❖ **Appreciation and Recognition:** Festivals like Chavara Euphrasia Edu Fest - 2019 recognize and appreciate the talents and efforts of students. It boosts their morale and encourages them to continue pursuing their passions.

The Chavara Euphrasia Edu Fest - 2019, organized by St. Joseph College Teacher Education for Women in collaboration with the Vimala Cooperative Agency, was a resounding success. The event provided a platform for students to showcase their talents, fostering healthy competition, personal growth, and networking opportunities.


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CHRISTMAS CELEBRATION 2019

Name of the Event	Christmas celebration 2019
Objectives	1) To celebrate Christmas 2) To get familiar with the talents of student teachers 3) To become efficient in organizing an event 4) To get familiar with the minor community and their hardships 5) To cultivate a sense of unity
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	20/12/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 97
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Christmas celebration 2019

On December 20, 2019, the Faculty of St. Joseph College of Teacher Education for Women in Ernakulam organized a unique Christmas Celebration with interactive sessions involving the transgender community. The event was designed to foster inclusivity, promote awareness, and celebrate the holiday season with a focus on community engagement.

The Christmas Celebration with interactive sessions with transgenders was an innovative initiative aimed at promoting acceptance, understanding, and solidarity among students and faculty members. This event sought to break down social barriers and encourage conversations about transgender issues while embracing the spirit of the holiday season.

The event saw an enthusiastic response, with a total of 97 participants, including students, faculty members, and representatives from the transgender community. The diverse participant group reflected the college's commitment to inclusivity and the acceptance of all individuals. The heart of the event was the interactive sessions with transgender individuals





who shared their life experiences, challenges, and achievements. These sessions were enlightening and educational, fostering empathy and understanding among the participants.

The celebration featured a range of cultural performances by transgender artists, including dance, music, and drama. In the spirit of Christmas, there was a gift exchange segment where participants exchanged small gifts. This simple act of sharing further emphasized the value of acceptance and unity. The event aimed to engage the transgender community in a dialogue about their experiences and challenges, emphasizing the importance of supporting and empowering this marginalized group.

The college campus was beautifully decorated with Christmas ornaments, lights, and a festive ambiance. Participants enjoyed a range of refreshments, including traditional Christmas treats, which added to the festive atmosphere. The Christmas Celebration with interactive sessions was a resounding success, leaving a significant impact on both participants and the transgender community. The event achieved the following: Participants gained a deeper understanding of transgender issues, breaking down stereotypes and fostering a more inclusive environment. The transgender community members who participated felt empowered and appreciated as they shared their stories and talents. The event strengthened the sense of unity and togetherness among the college community, emphasizing the importance of acceptance and support for marginalized communities. The interactive sessions provided invaluable insights into the challenges faced by transgender individuals, encouraging participants to be more compassionate and informed.

The Christmas Celebration with interactive sessions involving the transgender community organized by the Faculty of St. Joseph College of Teacher Education for Women was a remarkable and inclusive event. It showcased the college's commitment to promoting acceptance, understanding, and unity, and served as a heartwarming celebration of both the holiday season and the spirit of community engagement. This event highlighted the importance of breaking down social barriers, embracing diversity, and fostering empathy. It also reinforced the college's dedication to social responsibility and inclusivity. The success of this event paves the way for more such initiatives in the future, fostering a more tolerant and compassionate society.

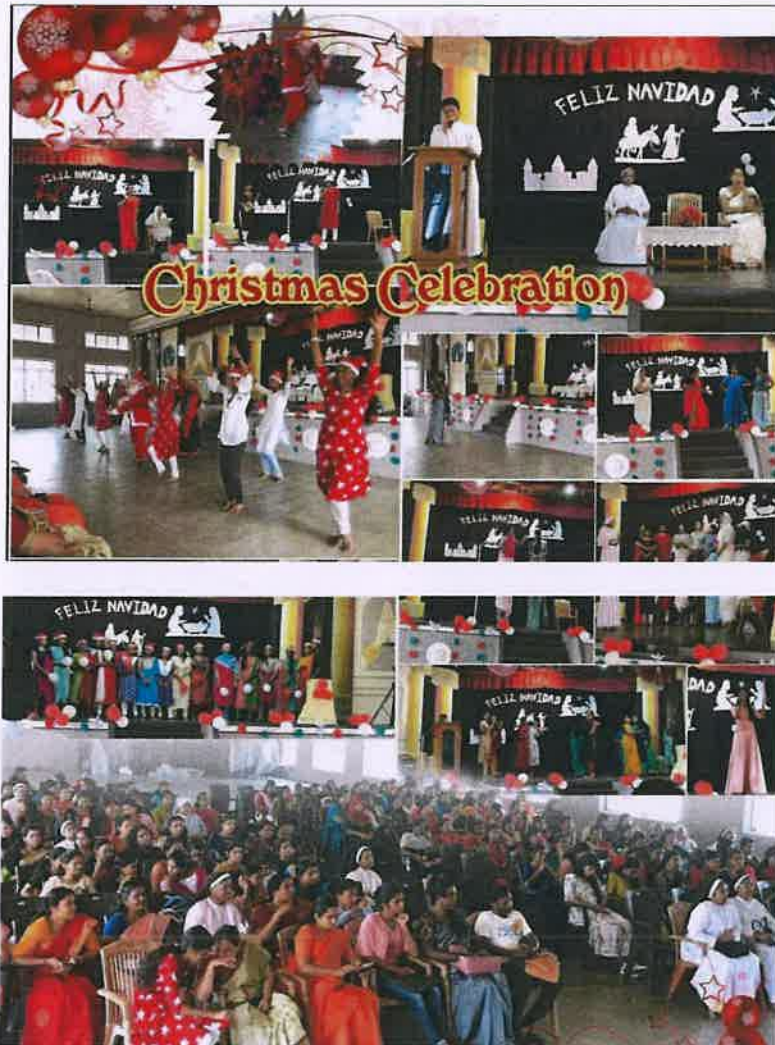
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Evidence :



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SPORTS DAY 2019

Name of the Event	Sports Day 2019
Objectives	<ol style="list-style-type: none">1) To understand the importance of arts and coordination, organization in education2) To boost the students' confidence and motivation and to polish their talents.3) To get more understanding on different art forms and their impact in education
Coordinators	Physical Education Department St. Joseph College of Teacher Education for Women Ernakulam
Date	18/12/2019 & 19/12/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 95
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Sports Day 2019

The Faculty of St. Joseph College of Teacher Education for Women in Ernakulam celebrated its annual Sports Day with great enthusiasm on December 18th and 19th, 2019. The event aimed to promote physical fitness, teamwork, and a healthy spirit of competition among the students and staff. The Sports Day was a two-day extravaganza, which brought together a total of 95 participants, including students and faculty members. The event featured a wide range of sports and games, encouraging participants to showcase their athletic prowess and sportsmanship.

The event witnessed a remarkable turnout, with 95 student's teachers actively participating in various sports and games. The Sports Day featured a diverse range of events, including track and field events like sprints, long jump, and shot put, as well as team sports like relay races, standing board jump etc. Each competition was organized and monitored by the student teacher's who were grouped into four major groups irrespective of their optional.





The event was inaugurated by the college's principal, who emphasized the importance of sports in the overall development of students and faculty members and the chairperson of college union delivered the oath, After the march past came to an end. This set the tone for the event, encouraging all to give their best in the spirit of healthy competition.

The Sports Day witnessed exceptional talent and sportsmanship from all participants. The St. Joseph College of Teacher Education for Women's Sports Day was a grand success, promoting physical fitness, teamwork, and a competitive spirit among students and faculty. It served as a reminder of the importance of sports and extracurricular activities in the holistic development of individuals. Winner's and runners-up in various events were awarded medals and trophies, which served as tokens of recognition for their sporting achievements.

The event was a perfect blend of competition and celebration, fostering a sense of unity and camaraderie among the college community. We look forward to more such events in the future, encouraging the continuation of a healthy and active lifestyle among the college's members.

Evidence :



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TEACHER'S DAY CELEBRATION 2019

Name of the Event	Teacher's Day celebration 2019
Objectives	1) To celebrate teacher's day 2) To honor the efforts and dedication of teacher's 3) To cultivate a sense of unity
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	05/09/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 97
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Teacher's Day celebration 2019

St. Joseph College of Teacher Education for Women in Ernakulam, being a prestigious teacher training institution always honours the value and dignity of teacher's as well as cherishes and nourishes them. On September 5, 2019, the Faculty of St. Joseph College of Teacher Education for Women in Ernakulam celebrated Teacher's Day with great enthusiasm and reverence. The event was organized to honor the dedication and hard work of educators, and to bring together the entire college community in a spirit of gratitude and celebration.

The Teacher's Day celebration attracted an impressive turnout, with a total of 97 participants, including students, faculty members, and administrative staff. This high level of participation reflected the respect and admiration that the college community holds for its teaching staff.

The event commenced with a formal inauguration, presided over by the college principal. The chief guest, an eminent educator from the local community, was invited to deliver an inspiring speech. This set a positive tone for the day's activities.

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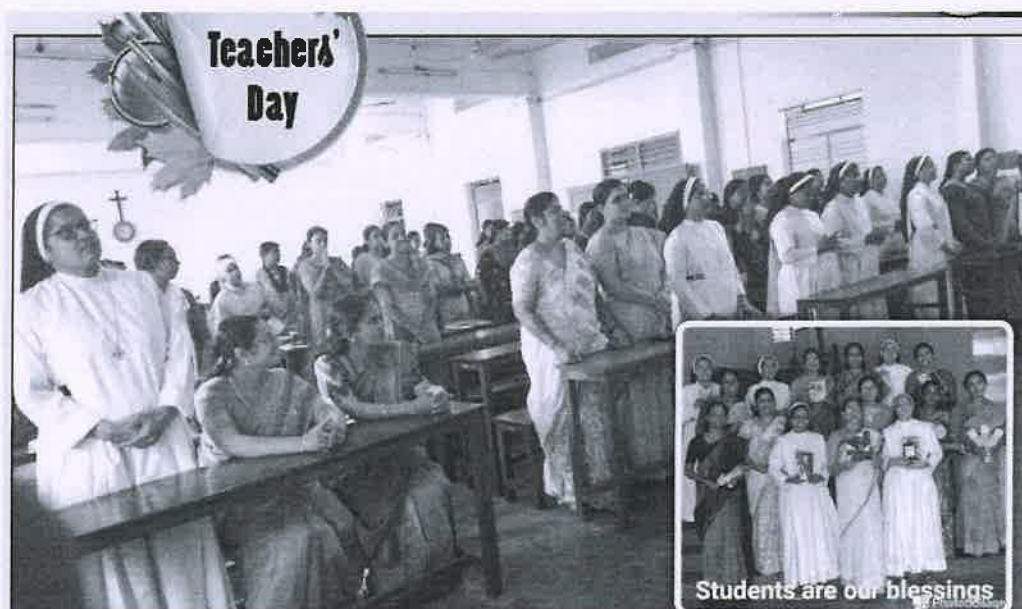
To express their gratitude, students organized a variety of cultural performances, including dances, songs, and skits, all dedicated to their teachers. These heartfelt performances left a profound impact on the audience and created an emotional atmosphere.

The college faculty arranged interactive sessions where students had the opportunity to express their appreciation for their teachers. Some students shared personal anecdotes, highlighting the positive influence of their educators on their lives.

Students, in a display of appreciation, presented handmade cards, flowers, and small tokens of gratitude to their teachers. These thoughtful gestures were received with warmth and appreciation.

The Teacher's Day celebration organized by the Faculty of St. Joseph College of Teacher Education for Women in Ernakulam was a memorable and heartwarming event. It served as a powerful reminder of the profound impact teachers have on their students' lives and the importance of acknowledging their hard work and dedication. This event not only brought the college community together but also reinforced the bond between students and educators. It highlighted the role of teachers in shaping the future of the nation and encouraged students to express their gratitude and appreciation for the invaluable guidance they receive. As an institution, we remain committed to nurturing the teacher-student relationship and will continue to organize events like these in the future to honor and celebrate the educators who play a pivotal role in our students' lives.

Evidence :



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AKANNONAM - ONAM CELEBRATION 2019

Name of the Event	AKANNONAM - Onam Celebration 2019
Objectives	<ol style="list-style-type: none">1) To celebrate the festival of Onam2) To boost the students' confidence and motivation and to polish their talents.3) To get more understanding on different art forms and culture of our state
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	30/08/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 97
Venue	Google Meet

AKANNONAM - Onam Celebration 2019

On August 30, 2019, St. Joseph College of Teacher Education for Women in Ernakulam organized a unique and memorable online Onam celebration named "Akannonam." This special event was held in response to the devastating floods that had affected Kerala, making it impossible to conduct traditional Onam festivities. "Akannonam" aimed to bring a sense of unity and cheerfulness during these challenging times while maintaining social distancing.

The "Akannonam" online Onam celebration was a testament to the college's commitment to preserving cultural traditions and fostering a sense of community, even in the face of adversity. The event was accessible to students, faculty, and staff, providing a platform for 95 participants to come together virtually and celebrate the spirit of Onam.

Virtual Malayali Manka Competition was one of the key highlights of "Akannonam" each optional has 2 student teachers compete for the competition. Along with it a virtual poster making competition was also conducted.



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The celebration also featured a series of online cultural performances. The main attraction of the event was a performance by the Comedy Ulsavam fame Abhijith Kannur, a flutist.

Participants were encouraged to dress in traditional Kerala attire, which added a vibrant and festive feel to the virtual gathering. Additionally, many decorated their virtual backgrounds with Onam-themed decorations. Despite the challenges posed by the Kerala floods, "Akannonam" showcased the resilience and determination of the St. Joseph College of Teacher Education for Women's community to keep the spirit of Onam alive. The online celebration successfully united participants in celebrating the rich culture and traditions of Kerala.

The event served as a reminder that even in difficult times, the essence of cultural celebrations and togetherness can be maintained through technology and a strong sense of community. "Akannonam" not only brought smiles and joy to the participants but also reinforced the importance of unity and support during testing times.

This unique online Onam celebration will be remembered as a symbol of hope, resilience, and the enduring spirit of Kerala's cultural heritage. It is a testament to the adaptability and creativity of the institution and its commitment to fostering a sense of belonging among its members, regardless of the circumstances.

Evidence :



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INDEPENDENCE DAY COMMEMORATION 19/8/2019

Name of the Event	Independence Day Commemoration 2019
Objectives	<ol style="list-style-type: none">1. To develop a sense of patriotism among the future teachers2. To educate students about the history and significance of Independence Day.3. To develop civic bonding among students.
Details of Event Coordinators	Social Science Department
Date	19/8/2019
Duration	2 Hour
Beneficiaries	Student teachers-96 , Faculty- 13
Event Venue	Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

St. Joseph College of Teacher Education commemorated Independence Day with great importance to foster and strengthen the sense of patriotism among the future teachers. Program was organized at College auditorium. Dr. Alice Joseph, Principal, St. Joseph College of Teacher Education for Women addressed the student and delivered Independence Day message.

Cultural events such as skit, dance and fashion show exhibiting traditional dresses of various states was organized in order to promote national integration.

The Independence Day Commemoration serves as a reminder of the sacrifices made by freedom fighters and leaders who struggled for independence. Independence Day commemoration serve multiple purposes, including historical remembrance, fostering patriotism, promoting national unity, and showcasing cultural diversity.

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TALENT'S DAY 2019

Name of the Event	Talent's Day 2019
Objectives	1) To understand the importance of arts and coordination, organization in education 2) To boost the students' confidence and motivation and to polish their talents. 3) To develop social skills.
Coordinators	Faculty St. Joseph College of Teacher Education for Women Ernakulam
Date	23/07/2019 to 25/07/2019
Time	9.00 AM
Beneficiaries	Teacher Trainees 97
Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Talent's Day 2019

Talent's day is platform for the fresher student teacher's to showcase their talents in front of the college and the fellow mates. It gives the educand's a sense of happiness and accomplishment. The students of each faculty showcase their talents in front of the crowd.

From July 23 to July 25, 2019, the Faculty of St. Joseph College of Teacher Education for Women, Ernakulam, organized a grand and diverse "Talents Day." This event celebrated the unique abilities and skills of the college's students, providing a platform for them to showcase their talents and creativity. The Talents Day was a reflection of the college's commitment to holistic education and fostering an environment that encourages students to develop their non-academic skills. This three-day event was an opportunity for students to participate in various competitions and activities that encompassed a wide range of talents, from the performing arts to academic excellence.



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The event attracted an overwhelming response, with a total of 97 students participating across multiple categories. Students from all academic years and departments enthusiastically joined in, contributing to the success of the event. The Talents Day featured an extensive list of categories, allowing students to participate in areas that they were passionate about.

The event concluded with a vibrant cultural evening, featuring the best performances and talents showcased during the three days. It provided a platform for students to celebrate their accomplishments and share their talents with the entire college community. The Talents Day organized by the Faculty of St. Joseph College of Teacher Education for Women in Ernakulam was a remarkable success. It not only allowed students to showcase their unique talents and skills but also encouraged an atmosphere of camaraderie and creativity on campus. This event highlights the importance of recognizing and nurturing talents beyond academic pursuits. It serves as a testament to the commitment of the college in promoting holistic development and fostering a well-rounded educational experience. The Talents Day is an annual tradition that inspires students to explore their passions and express their creativity. We look forward to future iterations of this event, continuing to celebrate the diverse talents of our students and enriching the college community.

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CARMEL DAY CELEBRATION- 16TH JULY 2019

Name of the Event	Carmel Day Celebration- 16th July 2019
Objectives	1) To commemorate the Apostolic Carmel Congregation's foundation day 2) To honor and express gratitude to Mother Mary for her patronage
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	16/07/2019
Time	9.00 AM- 4 PM
Duration	1 day
Beneficiaries	Student Teachers (Total No.98)
Event Venue	St. Joseph College of Teacher Education for Women, Ernakulam

Carmel Day Celebration- 16th July 2019

Every year, Carmelites across the world celebrate Our Lady of Mount Carmel Feast Day on the 16th of July keeping up the spirit of the Carmelite tradition. Mount Carmel Feast Day is celebrated to commemorate the Apostolic Carmel Congregation's foundation day and honor and express gratitude to Mother Mary for her patronage, loving care, guidance, and protection. St. Joseph College of Teacher Education for Women, Ernakulam celebrated Our Lady of Mount Carmel Feast Day, 2019 on 16th July 2019 from 9 AM to 10 AM at the college auditorium. The whole celebration has been coordinated and organized by the college's Mathematics optional (2019-2020 batch). Marking the symbol of the day, blue ribbons were distributed among student teachers and faculty members. As part of the Carmel Day celebration, all the sisters in the college were distributed with flowers and greeting cards made by the student teachers. Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam delivered the festal message. After the festal message by the Principal, the student teachers from Mathematics optional sang a feast song making the





celebration more memorable. A total of 100 participants including faculty members and student teachers participated in the event.

Appendix- Photos

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Badminton Tournament Report

All Kerala Inter-training badminton championship was organized by Farook College in their campus on 30 and 31st October 2019. As a part of this championship, four members from St Joseph College of Teacher Education for Women, Ernakulam represented the college. The four members were Sara Stephen Devika K, Liya and Abhilasha K.P. We departed from the college on 29th October 2019 and reached Farook College at 7:00 pm. Our stay was organized at college hostel.

The event began earlier, the next day. 23 teams from different colleges participated in the indoor stadium. All the participated teams were divided into four pools and matches were conducted among them. Winner team of each pool represented the pool for semi-final and our team won, and competed in the semi final against KMCP, Kozhikkode. We defeated KMCP and reached finale.

The final match among Women's category was between Farook training college, Kozhikkode and our college. The match was on 31st October 2019 at 10:00 am. We did our best in finale and bagged the second position.

The tournament ended and prize distribution followed.

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