



St. Joseph College of Teacher Education for Women Ernakulam



CRITERION II

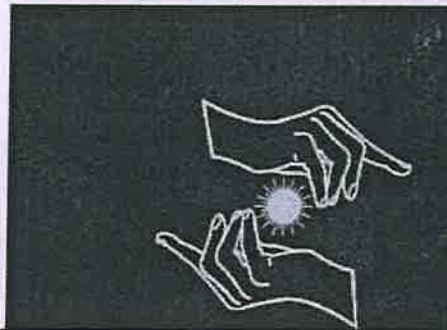
2.2.4 Student-Mentor Ratio for the Last Completed Academic Year (Mentoring Diary Highlighting Mentoring Activities)

Submitted to
National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment



St. Joseph College of Teacher Education for Women Ernakulam


UGC Approved NCTE Recognized
Affiliated to Mahatma Gandhi University, Kottayam, Kerala
0484-2351695
stjosephtrainingcollege@hotmail.com



MENTOR-MENTEE RECORD 2022-2023

Name APARNA S
Program B.ed
Admission Number 9870
Register Number 213240112324
Year of joining 2021




Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam

MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9870

Name: APARNA-S

Register No.: 213240112324

Date of Joining and period of study: 13th OCTOBER, 2021-23

Date of Birth/Age: 12/05/1998, 24 Years

Blood Group: AB+ve

Phone Number: 9446571677 Email: aparnasuu@gmail.com

Address: Kozhattaipillil Manickumangalam P.O. Kalady, PIN 683574

Differently abled: Yes/No

Category: SC/ST/OEC/OBC/EWS/General

Details of any scholarships: Nil

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 72,000

Hobbies: Dancing, listening music, Reading, Acting

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	SITA K.G	MOTHER	DEGREE	R.D Agent	20,000	9497459677



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Courses Studied

Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	SREE SARADA VIDHYALAYA	2014	87%	
Higher Secondary Or Equivalent	NSS HSS MANICKAMANGALAM	2016	95%	
Degree	SREE SANKARA COLLEGE	2019	92%	
Post Graduation	NIRMALA COLLEGE	2021	87%	
others				
SET, NET, Other Qualifying exams during the course of study	Ktel & SET	2023	KTET - 74% SET - 54.39%	
	St. JOSEPH COLLEGE OF TEACHER EDUCATION, ERNAKULAM			

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	94 93 55	39						
PEDAGOGIC COURSES	56 53	78						
ELECTIVE	55	19						

CGPA - 9.9

CGPA - 9.97

CGPA - 10




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Co- Curricular or Extra Curricular Activities


Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association	Organized and Coordinated	Quiz Competition and Photography on National Science Day
Social Science Association		
Health Club	Leadership as a health club	Volunteers in Annual Sports Meet '22
Eco Club		
Antinarcotic Club		
Women Cell		
Social Service Club		
Sports	Participated in Discus throw and 100 m Race in Annual Sport Meet '23	
Arts	Participated in Photography, and won Prizes for Monoach, fancy dress and Thiruvathira	
College Union		
Others(specify)		





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Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
2/4/23	Tensions in 1 semester about getting marks.		Breathing techniques to release tension. to be upto date with the work.
15/9/22	Induction was a good experience.		
20/2/23	Internship faced difficulty as work given was heavy in schools. class management improvement, ICT skills developed.		Prepare yourself for being hardship + learn to prioritize work.
4/7/23	10 semester enjoyed most. camp was a very joyful experience work was well distributed. vision & Mission discussion.		Clarified the vision & Mission uphold the values you received in life.

Mentor Signature: 
DR. JOSEPHINE JOSEPH

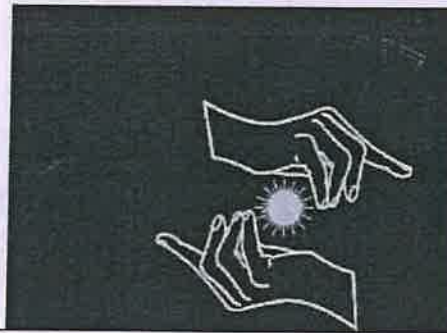



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MENTOR-MENTEE RECORD 2022-2023

Name ANILA SHAJU
Program B.Ed
Admission Number 9848
Register Number 213240112322
Year of joining 2021



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9848

Name: Anila Shaju

Register No.: 213240112322

Date of Joining and period of study :

Date of Birth/Age: 31-01-1998 / 25

Blood Group: A0+

Phone Number: 9496426772

Email: anilashaju1998@gmail.com

Address: Madathumkudy (H)
Nozerath Nagar
Angamaly South P.O

Differently abled: Yes/No

Category : SC/ST/OEC/OBC/EWS /General ✓

Details of any scholarships: No

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian: Paul Shaju, 956249811.

Annual Income of the family: 300000

Hobbies: Reading

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
	Shaju M.P	Father	ITA	Retired	27000	9497026272
	Mary Shaju	Mother	12	house Wife	—	9400452713
	Paul Shaju	brother	M.A B.Ed	Teacher	10000	9562498114



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Courses Studied

Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Holy Family High School Angamaly	2014	90%	
Higher Secondary Or Equivalent	Govt. HSS Chengamanchal	2016	75%	
Degree	Morning Star Home Science College	2019	75%	Participated All India and Nation Powerlifting champion
Post Graduation				
others				
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	68 74 75	38	72 82 52	75	52	76		
PEDAGOGIC COURSES	33 43	78	44 52	97		336		
ELECTIVE	49	18		20 20		19		




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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association	Organised Photography & Quiz Competition on National Science day.	
Social Science Association		
Health Club		
Eco Club		
Antinarcotic Club	Participation.	
Women Cell		
Social Service Club		
Sports	Organisation and Participation	
Arts	organisation and Participation.	
College Union	Sports club Captain	
Others(specify)		




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Mentee- Mentor Meeting Report

Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
22/11/21	Family Matters	<i>Ashika</i>	Accept the illness of father.
26/2/22	2 nd semester was able to adjust to the curriculum. No issues during induction.	<i>Ashika</i>	work with zeal and will accomplish. Be thankful for the children.
17/2/23	Internship work load was heavy lesson planning was a bit stressful.	<i>Ashika</i>	Learn to manage time. Set priorities of goals.
26/6/23	Discussion on future life.	<i>Ashika</i>	Grab all opportunities, Apply for jobs, don't sit idle remain engaged do the little good one can always.

Mentor Signature:

Josephine Joseph
DR. JOSEPHINE JOSEPH



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MENTOR-MENTEE RECORD 2022-2023

NAME OF MENTOR: ANU CLEETUS

DESIGNATION: ASST. PROFESSOR



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9975

Name: Tresa Taniya . P.A.

Register No.: 223240112331

Date of Joining and period of study : 12/8/2022 & 2022-2024

Date of Birth/Age: 10-2-2000

Blood Group: A⁺

Phone Number: 8547028759 Email: treesataniya789@gmail.com

Address: Pulikkal (H),
Narakkal .P.O.,
Near manattuparambu church , Pin-682505

Differently abled: Yes/No

Category : SC/ST/OEC/OBC/EWS /General

Details of any scholarships: Nil

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: ₹ 258900/-

Hobbies: Drawing & Painting, Sports & Yoga, Reading, hearing music

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	Ambrose . P.A.	Father	Graduate (Indian Army)	Ex-service man	₹21,575/-	9961476221
2.	Lissy Ambrose	Mother	B.COM	Homemaker	-	859396890
3.	San Mariya	Sister	B.Sc. Physics (1 st year)	Student	-	9995138221



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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Kendriya Vidyalaya, Kadavanthra	2015	100%	MLA Award-2015
Higher Secondary Or Equivalent	Kendriya Vidyalaya Kadavanthra	2017	85%	
Degree	St. Albert's (Autonomous) college, Ekm	2020	98.9%	Holder of NCC certificate (Army) &
Post Graduation	CUSAT, Kalamassery	2022	81.2%	NSS certificate holder
others				
SET, NET, Other Qualifying exams during the course of study				

recipier of 21(K Battalion scholars 2018 (Given 2 student in a battalion ↓ 10 colleg.

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES	EDU 101 EDU 102 EDU 103	EDU 107.1	EDU 201 EDU 202 EDU 203	EDU 206.1				
PEDAGOGIC COURSES	EDU 104.17 EDU 105.17	EDU 107.2	EDU 204 EDU 205	EDU 206.2				
ELECTIVE	EDU 106.14	EDU 107.1						

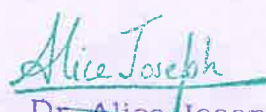


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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club	Leadership: Guided Zumba Dance on World Heart Day	
Eco Club	Participated in Energy conservation campaign	
Antinarcotic Club	Participated in Human chain and human rally	
Women Cell	Part of observation of discrimination against women Pakhwada -skit, video, painting competition	
Social Service Club		
Sports	Conducted 100m race on sports day - Get Set Go 2k23	
Arts	Judge for english elocution & recitation for B.A.Mo-2k23	
College Union		
Others(specify)	<ul style="list-style-type: none"> • Member of college editorial board • Represented college team of 5 members in 'Meet the Leaders -Debate' • Judge for Margamkali in ^{COHS, Ekm,} St. Mary's Youth Festival 2022. 	




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Mentee- Mentor Meeting Report


Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
4/11/2022	was worried about the submissions of practicum as the printing facility was not easily accessible. Informed Mentor		Made comfortable by taking ample time to take point out
20/3/2023	Had a heavy load feeling on mind by a non-favourable experience during last PG course.		was allowed to open up mind and guided to find a solution by herself
3/3/2023	was worried on appropriate career selection		Correct Career growth pathway was oriented. Suggested self study courses especially coursera and e-ratsala online courses

Mentor Signature



DNV CLEETUS




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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 10007

Name: VANDANA KP

Register No.: 223240112315

Date of Joining and period of study : 19/8/2022 , 2022-2024 Batch

Date of Birth/Age: 18/07/1998

Blood Group: A+ve

Phone Number: 7510619464

Email: vandanaapradeep1998@gmail.com

Address: KAMPURATH (H), JAWAHAR ROAD

POONITHURA P.O

ERNAKULAM, Pin: 682038

Differently abled: Yes/No

Category : SC/ST/OE/OBC/EWS/General

Details of any scholarships:

Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 60000/-

Hobbies: Drawing, Dancing

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1.	PRADEEP KUMAR KJ	Father	10 th	Painting	5000/-	9847111818
2.	JEENA PRADEEP	Mother	Plus Two			9544660989
3.	VRINDHA KP	Sister	B.Com, HDC			8706097332



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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	Christ King LGHSS Ponnacurunny	2014	9-A+ 1-A	
Higher Secondary Or Equivalent	LGHSS Tripunithura	2016	93.75	
Degree	St. Alberts College, Ernakulam	2019	91.1	
Post Graduation	Sacred Heart College, The Vasa	2021	85.9	
others				
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES								
PEDAGOGIC COURSES								
ELECTIVE								




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Co- Curricular or Extra Curricular Activities

Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association	Conducted exhibition, participated in origami class, food fest	
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club	Zumba dance performance	
Eco Club		
Antinarcotic Club	Participated in Jagan rally, short-story writing competition, flash mob, human chain.	
Women Cell	Conducted role play competition on famous Indian women personalities.	
Social Service Club		
Sports	Participation & conduction of sports day.	
Arts		
College Union		
Others(specify)	free tuition in st Mary's CBHS, Ernakulam	




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2/11/2022	Lack of awareness on blog creation worried the candidate Confused on self study courses		Blog creation steps were illustrated. Model notes were shown. Helped to prepare own blog. Self study courses like online certificate courses were advised
3/12/2022	Worried on job selections and PSC placement.		Gave guidance on self coaching methods and self study courses.
5/12/23	Wanted to pursue PhD		Gave details of the same.

Mentor Signature:



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MENTOR-MENTEE RECORD 2022-2023

Name of Mentor: **Dr. ALICE JOSEPH**

Designation: **PRINCIPAL**



Alice Joseph

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MENTOR-MENTEE RECORD

Personal Profile of Mentee

Admission No.:

Name:

Register No.:

Date of Joining and period of study:

Date of Birth/Age:

Blood Group:

Phone Number:

Email:

Address:

Differently abled: Yes/No

Category: SC/ST/OEC/OBC/EWS /General

Details of any scholarships:

Hobbies:

Annual Income of the family

Day scholar/ Hostler:

If hostler, Name and phone number of Local Guardian:

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly Income	Contact Number



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MENTOR-MENTEE RECORD

Personal Profile

Admission No.: 9929

Name: Amala Antony

Register No.: 213240112268

Date of Joining and period of study: 15/10/2021 & 2021-2023

Date of Birth/Age: 13/10/1993/29

Blood Group: O+

Phone Number: 9500894155 Email: amalaantony13@gmail.com

Address: Kannattukalathil (H), Thanneermukkom PO
Cherthala - 688527

Differently abled: Yes/No No

Category: SC/ST/OEC/OBC/EWS/General General

Details of any scholarships: CH Muhammed Koya Scholarship

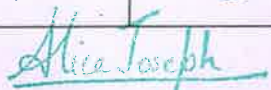
Day scholar/ Hostler: If hostler, Name and phone number of Local Guardian:

Annual Income of the family: 3,00,000

Hobbies: Reading, gardening, listening to music, cooking

Sl.No	Name of Family Member	Relationship	Educational Qualification	Occupation	Monthly income	Contact Number
1	Chako Thomas	Father in law	10 th	-	-	-
2	Annama	Mother in law	10 th	-	-	-
3	Fu. Bijo	Brother in law	MA BED	CMIP Artist	-	9947062680
4	Sijo	Husband	B-Pharm	Pharmacist	25000	9037705099
5	Acustin Sijo	SON	-	-	-	-




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Courses	Institution	Year of Completion	Percentage of Marks	Special achievements
SSLC/CBSE/ICSE	101 HSS Pondicherry	2009	68%	
Higher Secondary Or Equivalent	101 HSS Pondicherry	2011	65%	
Degree	St. Joseph's Cuddalore	2014	68	
Post Graduation	Pondicherry University	2016	70	
others	ADJP	2011	A	
SET, NET, Other Qualifying exams during the course of study				

ACADEMIC PROFILE:

COURSES	I SEMESTER		II SEMESTER		III SEMESTER		IV SEMESTER	
	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL	THEORY	PRACTICAL
CORE COURSES								
PEDAGOGIC COURSES								
ELECTIVE								

Co- Curricular or Extra Curricular Activities



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Activities	Participation/Leadership/Achievement	Remarks
English Association		
Malayalam Association		
Mathematics Association		
Natural Science Association		
Physical Science Association		
Social Science Association		
Health Club		
Eco Club		
Antinarcotic Club		
Women Cell	<i>Participated in women cell program</i>	
Social Service Club		
Sports	<i>participated in sports meet</i>	
Arts	<i>participated in talent day</i>	
College Union		
Others(specify)		



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Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
7/2/22	Tensions in 1st semester about getting marks	<i>Alice</i>	yoga practice
15/9/22	Family issues	<i>Alice</i>	Counselling




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Date	Topic/ Context Description (Academic Matters, Behavioral and discipline matters, Health and physical well being, Achievements, talents and co-curricular activities, Stress related issues, any other)	Signature of the mentee	Suggestions/ Actions
8/6/22	Discussed about time management in writing exams.		Give advice to how to manage time during exams.
24/8/22	Discussed about the behavioural problems of girls in classroom.		Proper directions given to her. Solved the problem internally.
25/3/23	Shared her stress free situations during her research work.		Motivated her. Advised to join for self study courses.


Mentor Signature:

PSWATHY DV




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