



**St. Joseph College of Teacher Education for Women
Ernakulam**



CRITERION II

**2.2.4 Student-Mentor Ratio for the Last Completed Academic Year
(Reports and Photographs of Mentoring Activities)**

Submitted to
National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment



ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Mentor-Mentee Activities

Mentoring is a critical component of student success at St. Joseph College of Teacher Education for Women, Ernakulam. Our mentor-mentee program pairs each student with a faculty or staff mentor who provides guidance and support on academic, extracurricular, and personal matters and mentor -mentee meeting is done at least twice in a semester.

1.Continual Mentoring for Developing Professional Attributes

St. Joseph College of Teacher Education for Women (SJCTEW), Ernakulam is dedicated to foment professional excellence in student teachers through continuous mentoring during **Micro Teaching, Link Practice, Demonstration Criticism classes and Induction and Internship Programme as well as in Training in Preparation of Teaching aids and Integration of ICT with Pedagogy.** The mentor-mentee meetings occur as a scheduled part of our academic timetable. Each mentor is allocated a group of at least 13 mentees, ensuring personalized attention and fostering strong mentor-mentee relationships. Individualized support is provided through private sessions with mentees. Mentees are equipped with both knowledge and essential professional attributes for success in the teaching profession.



Photo of Microteaching (Developing Professional Attributes)





Photo of Link Practice (Developing Professional Attributes)



Photo of Internship (Developing Professional Attributes)

Alice Joseph

Dr. Alice Joseph
Principal in Charge
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Education for Women,
Ernakulam





Orientation On Teaching Aids Making (Developing professional attributes)

2. Working in teams

Cultivating teamwork and cooperation in trainees is Prioritized through diverse group activities like **College Assemblies, Teaching Aid Exhibitions, Peer Teaching, Internships, Camps, Study Tour and Short Film Productions Social Projects** These engaging activities offer opportunities for developing team skills like matured interaction, effective listening, leadership, cooperation, respect for the feelings of others, tolerance and openness to the opinions of others which are essential for future teachers.

Details of College Assembly

A day in the institution typically begins with a college assembly, following the schedule of a prayer song, prayer reading, thought of the day, news reading, exercise, and the reframing of the national anthem.

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Photo of College Assembly (Developing Working in Team Skills)

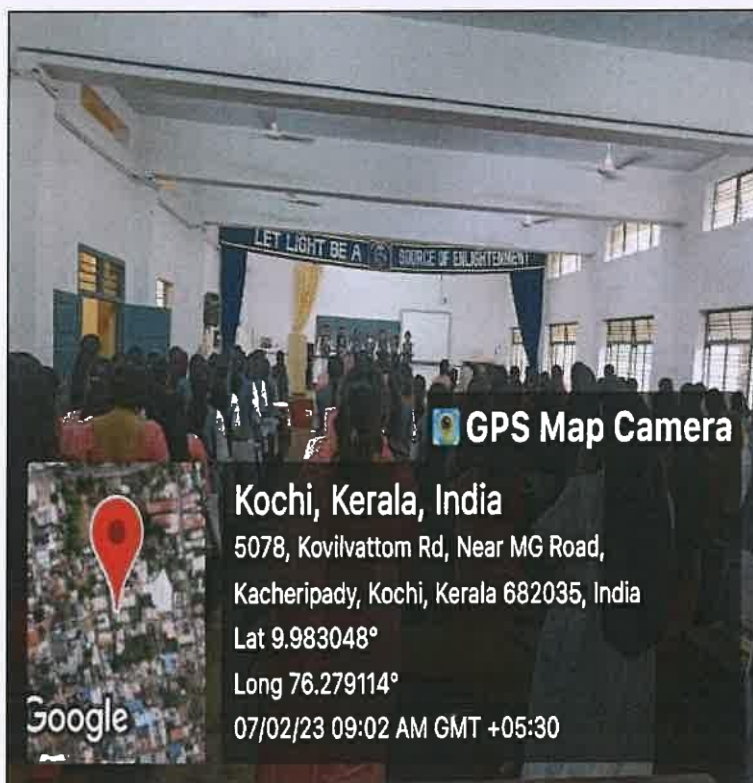


Photo of College Assembly (Developing Working in Team Skills)



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Photo of College Assembly-Prayer (Developing Working in Team Skills)



Photo of Regular Exercise during College Assembly (Developing Working in Team Skills)

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Details of Teaching Aid Exhibition

The preparation of teaching aids was meticulously guided for optimal effectiveness in the teaching-learning process. Under proper mentorship, a comprehensive exhibition of these aids took place on 28/10/2022, targeting high school students. The displayed teaching aids, ranging from visual presentations to interactive tools, aimed to enhance clarity, engagement, and understanding in the classroom. The exhibition not only showcased the importance of teaching aids but also demonstrated their practical application, fostering a dynamic and effective learning environment for all high school students. The event served as a testament to the commitment to quality education through innovative teaching methodologies.

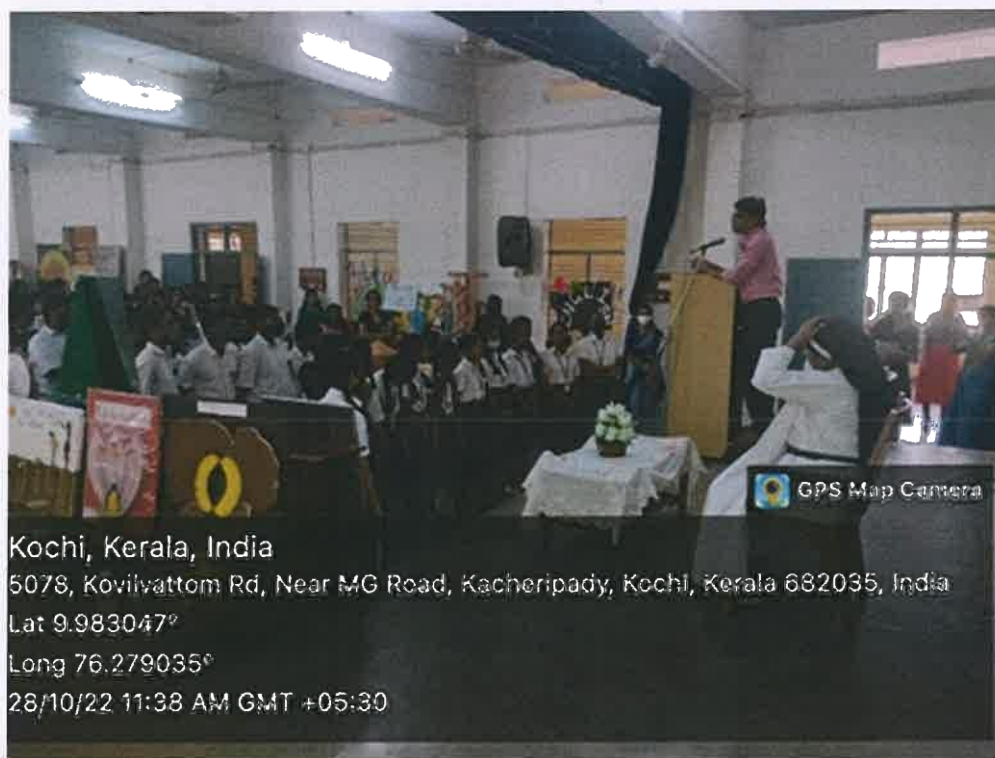


Photo of Teaching Aid Exhibition (Developing Working in Team Skills)

Details of Peer Tutoring (Developing Working in Team Skills)

Peer Tutoring is regular teaching learning strategy adopted and is mentored and monitored in the institution.



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Photo of Peer Tutoring

Details of Study Tours

Study Tours are organised and implemented by the student teachers under mentorship each year for 5 days. Whole tour schedule is thoroughly planned and conducted by students and each and every minute phase the students are properly oriented

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Photo of Study Tour

Details of Social Projects (Developing Working in team skills)

1. Details of Grocery Kit Distribution - Social Project

Grocery kit making and distribution for the needy was on **Day 2, 21-06-2022** at 11.45 a.m. The timing allotted was till 2.30 p.m. The different grocery items were distributed equally to all the group and each groups had 10 kits making a total of 50 kits. After the distribution of kits each group were sent to different directions to give away the groceries to the people in need. Each member of the group participated in this activity effectively and made this session a wonderful experience. By 3.00 p.m. the students were back at college and they prepared for the cultural programme



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Kochi, Kerala, India

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Long 76.279157°

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Grocery Kit Distribution -Oriented by Dr Smitha Jose,Asst Prof

2.Details of Planting Tree Saplings In Chunangamveli - Social Project

On 5/6/23, a social project unfolded in Chunangamveli as a collaborative effort to cultivate teamwork skills. The initiative centered around planting tree saplings, symbolizing a commitment to environmental sustainability. This endeavour exemplifies the power of collective action in addressing societal and environmental challenges, leaving a lasting impact on both the community and the individuals involved.

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Photo of Planting Tree Saplings In Chunangamveli-Social Project

Mangrove Plantation in Mangalavanam, Ernakulam

On 22/6/22, a significant environmental initiative unfolded with the Mangrove Plantation project in Mangalavanam, Ernakulam. Aimed at enhancing the local ecosystem, the event brought together volunteers, environmentalists, and community members. The plantation not only bolstered the mangrove cover but also highlighted the importance of preserving coastal biodiversity.



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Photo of Mangrove Plantation in Mangalavanam, Ernakulam-Social Project

Details of Subject Association Activities (Developing Working in team skills)

Over the past year, the Subject Associations of English, Malayalam, Mathematics, Social Science, Physical Science, and Natural Science have undertaken a series of activities, guided at every step by effective mentoring. The central objective of these initiatives has been to cultivate team skills, each undertaking is guided and supported throughout its course by the mentor.



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Subject Activities Mentored and Conducted

Dealing with student's diversity

Mentees actively participate in initiatives aimed at improving their understanding, attitude, and behavior towards diverse student communities. Orientation talks on **inclusive education, visits to special schools, rehabilitation centres for the differently abled** help our students to develop empathy and understand the ways of dealing with diverse groups. The student teachers also engage in preparing a material for a theme on any one adolescent programme, awareness class on adolescent problem, critical analysis of the status of exceptional children in the school and Case study based on learning problems of school pupils. Mentoring sessions are held to evaluate the progress of these work as well as in helping the student teachers in dealing with issues related to these matters.

Aliee Joseph
Dr. Aliee Joseph
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Orientation by Mrs. Sudheeshna K S, former HOD and social psychologist at the Dept. of counselling and special education on inclusive education

Balancing Home and Work Stress

The mentoring addresses student teacher well-being with sessions on stress management and soft skills. Mentees are recommended to practise time management and to be on time in matters of submission of work. They are provided sessions on family life education, media hygiene and social media adaptation and on healthy family relationships. Yoga training and practises as well as encouraging them to participate in recreational activities, help them to deal with home and work stress.

A seminar on family relationships was held at St Joseph College of Teacher Education for Women on 21st June 2022. The seminar was conducted by Dr.Sr.Jeeva CHF and was attended by all BEd students.

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Kochi, Kerala, India

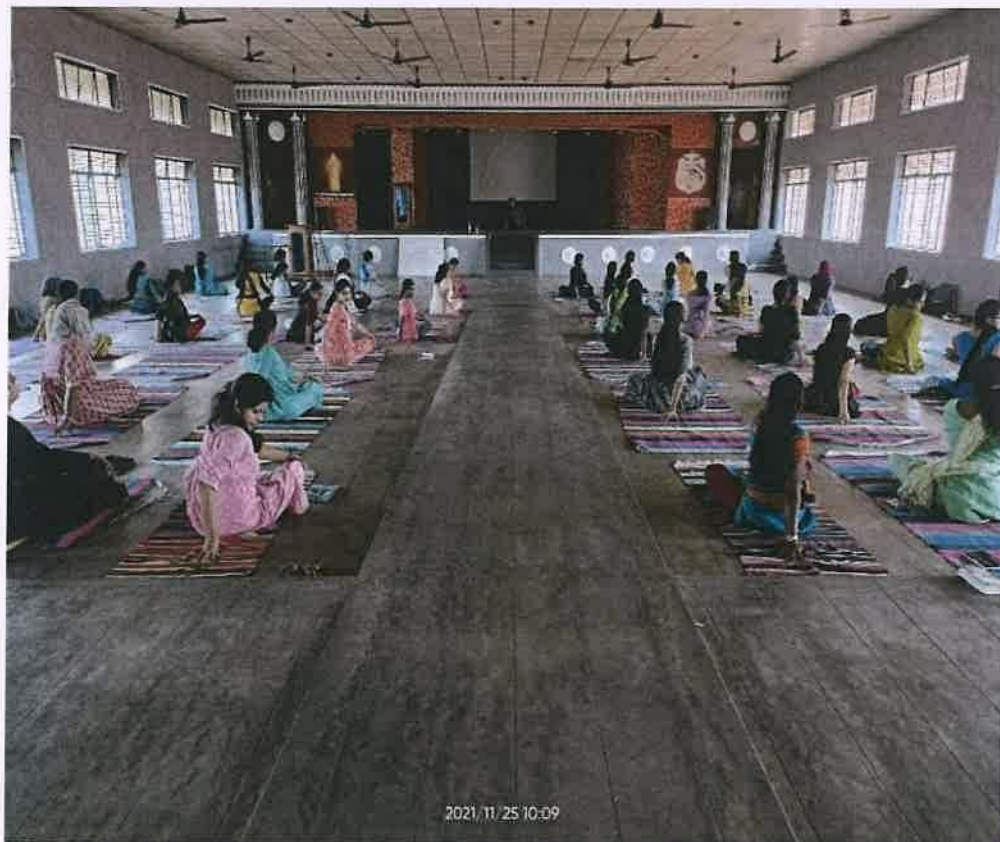
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Orientation on Family relationship



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Orientation On Yoga And Mental Wellbeing





Conduct of Self with Colleagues and Authorities

Mentoring includes sessions on the importance of self-discipline, institutional discipline, and adherence to the code of conduct. The principal, student coordinator as well as the Optional teachers provides pre-school induction and internship orientations, outlining expected behaviour of student teachers in schools. Annual orientation on code of conduct details on the conduct of self with colleagues



Dr Soya Mathew, Asst Professor, SJCTEW, EKM conscientizing Student teachers on Code of Conduct

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Keeping oneself abreast with the recent development in education and life

Continuous mentoring is done to make mentee updated with recent developments in education and life via Club activities, Quizzes, Personality development programme, Seminar, Webinar, Self-study course



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Group Mentoring



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Giving Orientations As Part Of Mentoring

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