



# **St. Joseph College of Teacher Education for Women Ernakulam**



## **CRITERION II**

**2.4.1 Institution provides opportunities for developing competencies and skills in different functional areas through specially designed activities / experiences**

**(Reports of activities )**

Submitted to

**National Assessment and Accreditation Council (NAAC)  
3rd Cycle of Assessment**



## ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM KOCHI-682035, KERALA

### 2.4.1

#### Reports of specially designed activities /experiences for developing competencies and skills

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|        |   | Orientation on secondary and senior secondary school observation (M.Ed)                            | 3-4      |
|        |   | Workshop on dissertation title finalisation(M.Ed)  | 5-6      |
|        |   | Orientation on internship in secondary teacher education institution (M.Ed)                        | 7-8      |
|        |   | Orientation on primary school observation(M.Ed)  | 9-10     |
|        |   | Workshop on internship at primary teacher education institution by the principal of D.El.Ed (M.Ed) | 11-13    |
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| 2      | <b>Developing Teaching Competencies</b> | Training on core teaching skills (B.Ed)  | 15-16    |
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|        |   | Workshop on classroom practices  | 22-24    |
|        |   | Workshop on theatre and drama (B.Ed)   | 25-28    |



## ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM KOCHI-682035, KERALA

|    |                                       |   |        |
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## ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM

### KOCHI-682035, KERALA

|   |   |  |         |
|---|---|--|---------|
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| 7 | <b>Community Engagement</b>                             | Orientation programme on conduction project- social survey project on socially /educationally relevant issue (B.Ed)                    | 98-99   |
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| 8 | <b>Facilitating Inclusive Education</b>                 | Orientation on inclusive education   | 111-113 |
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|   |   | Visit to Snehasadan special school, Mattom (M.Ed)  | 117-122 |
| 9 | <b>Preparing Individualized Educational Plan</b>        | Orientation on the preparation of individualised learning material(B.Ed)   | 123-124 |



# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Workshop on lesson plan preparation

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop on lesson plan preparation</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. Understand the instructional objectives and curricular objectives</li><li>2. Enable to analyse content /units for planning the lesson</li><li>3. Explore the ideas in groups of discussion</li><li>4. Practice the skills and strategies of lesson plan preparation</li><li>5. Able to plan lessons systematically</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates (5YEARS)</b>                | 2022-23(16/1/2023,18/1/2023,19/1/2023,20/1/2023),<br>2021-22(15/6/2022 18/6/2022 Batch 2021-23),<br>2020-21(5/7/2021-6/7/2021Batch 20-22),<br>2019-20(3/1/2020-4/1/2020),<br>2018-19(8/1/2019-9/1/2019)   |
| <b>Time</b>                          | 9.00 AM- 4 PM   |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

### Day 1

The college organized a week-long workshop on lesson plan preparation, with subject teacher educators serving as the resource persons. The primary objectives of the workshop were to acquaint participants with instructional and curricular objectives and to impart a comprehensive understanding of the process involved in crafting effective lesson plans. On the first day, teacher educators provided a detailed explanation of the theoretical foundations related to year plans, unit plans, and lesson plans. Subsequently, the content analysis process was elucidated for each subject, ensuring that attendees gained a thorough grasp of instructional planning. In essence, the workshop aimed to equip participants with the knowledge and skills necessary for proficient lesson plan development.





## Day 2

During the second day of the workshop, teacher educators provided guidance to the students on how to divide their lesson plans into individual units, specifically for 45-minute class durations. Students were given detailed instructions on the process of structuring these units effectively. They were tasked with the assignment of selecting and creating a total of five units as part of their lesson plan preparation, ensuring that they grasped the concept of breaking down their instructional content for a 45-minute class format.

## Day 3

On the third day of the workshop, the teacher educator organized the student teachers into small groups, consisting of 4 to 5 trainees. Each of these groups was assigned identical units for their lesson plan development. The teacher educator then revisited the step-by-step process of creating lesson plans, providing detailed guidance throughout. During the group activity session, the teacher educator actively assisted the students, addressing their questions and concerns, and offering support to ensure they successfully completed their lesson plans.

## Day 4 & Day 5

During the fourth and fifth days of the workshop, student teachers actively immersed themselves in the creation of lesson plans, drawing upon the designated units. Throughout this process, teacher educators played a pivotal role, providing guidance and making necessary corrections to enhance the quality of the plans. Following the completion of their individual lesson plans, the students engaged in presentations where they meticulously detailed each step of their instructional designs. They integrated the constructive feedback and suggestions provided by the educator, demonstrating a collaborative approach to refine their lesson plans to ensure they met the highest standards of effectiveness and educational impact.



Fig.1 Workshop on Lesson plan preparation





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Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Orientation on internship at secondary and senior secondary schools

|                   |  |
|-------------------|--|
| Name of the Event | <b>Orientation for internship at secondary and senior secondary schools</b>  |
| Objectives        | <ul style="list-style-type: none"><li>• To assess the physical and ancillary facilities provided in the secondary school to meet the different needs of the student.</li><li>• To study the various programmes offered in the secondary school to enhance the learning process.</li><li>• To prepare a comprehensive report on the various school activities and provide constructive suggestions to the institutional development</li></ul> |
| Date              | 07/06/2022   |
| Time              | 10:30AM to 3:30 PM   |
| Beneficiaries     | Teacher educands   |
| Resource persons  | Aswathy D.V & Sheeba A.S   |

### Programme Report

The institution organized a comprehensive workshop, placing significant emphasis on orienting teacher educands regarding the Internship at Secondary and Senior Secondary School Observation, an integral component of the M.Ed. curriculum. As part of this program, teacher educands were required to complete a 15 day internship in both secondary and senior secondary schools. The immersive workshop was designed to equip candidates with the requisite knowledge and skills for their subsequent internship in secondary and senior secondary schools. The teacher educators meticulously expounded upon the paramount importance of the internship experience in schools. They provided in-depth insights into the intricacies of planning and organizing the program, emphasizing the significance of conducting an institutional case study. This foundation, laid during the orientation, served as the guiding framework for the subsequent internship.

Subsequently, 12 teacher educands were grouped into smaller units and dispatched to various schools in their localities as part of the internship, which commenced on 7/6/2022 and concluded on 22/06/2022. Teacher educands engaged with school authorities, teaching and



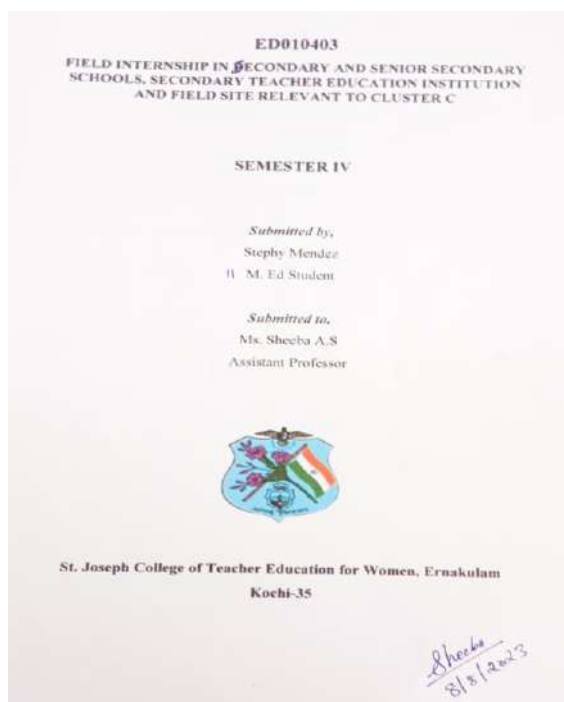


non-teaching staff, and students during their visits. Primary data was gathered through interviews with school headmasters, staff, examination of records, photography and the perusal of school magazines. A comprehensive assessment of the physical and additional facilities in secondary schools was conducted to meet diverse student needs, utilizing an adapted and modified observation schedule.

Teacher educands meticulously observed and cross-checked facilities in schools, recording their findings. Interactions with students and teacher trainees from other institutions facilitated the collection of necessary information. Following a detailed data analysis, the trainees compiled a comprehensive report on various school activities, providing constructive suggestions for institutional development. This internship not only offered practical experience but also contributed valuable insights to the improvement of educational institutions.



Orientation for Internship



| SL.NO | TITLE                                       |
|-------|---|
| 1     | Field Internship in Secondary School        |
| 2     | Field Internship in Senior Secondary School |
| 3     | Field Internship Programme in B.Ed          |
| 4     | Field Visit I                               |
|       | Appendices                                  |







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Report on finalization of research titles of M.Ed dissertation

|                                   |  |
|-----------------------------------|--|
| <b>Name of the Event</b>          | <b>Workshop for finalizing research title</b>  |
| <b>Objectives</b>                 | <ul style="list-style-type: none"><li>• To obtain the expert opinion on research problem.</li><li>• To finalize the title for M.Ed dissertation.</li></ul> |
| <b>Details of Resource Person</b> | Dr. M.A Sudhir<br>UGC Emeritus Professor Dept. Of Education<br>Gandhigram rural institute Tamilnadu  |
| <b>Date</b>                       | 24-06-2022   |
| <b>Time</b>                       | 9.00AM to 12.30 PM   |
| <b>Beneficiaries</b>              | Teacher Educands   |
| <b>Venue</b>                      | Seminar hall, St. Joseph College of Teacher Education for women, Ernakulam   |

## Programme Report

The college organized a workshop for teacher educands to finalize their research titles, held at the seminar hall of the college on June 24, 2022, from 9:00 am to 12:30 pm. The official proceedings commenced with a prayer song, followed by a warm welcome from Stephy Mendez. Dr. Sr. Alice Joseph, the Principal of the college, delivered the presidential address. UGC emeritus professor Dr. M.A. Sudhir inaugurated the workshop, and subsequent to his inaugural address, teacher educands from the M.Ed. 2021-23 batch presented their research titles.

Each presentation was followed by an open discussion session, during which Dr. Sudhir provided valuable opinions and suggestions on each title. The teacher educands actively participated, seeking clarification on their doubts related to research and titles, which Dr. Sudhir addressed. The workshop concluded at 12:30 pm, marked by a vote of thanks delivered by Mrs. Bivya Sukumar.





Beyond the immediate objective of finalizing research titles, the workshop emerged as a multifaceted learning experience. It not only provided a platform for practical application and refinement of research ideas but also fostered a sense of academic collaboration and mentorship. The engaging dialogue between students and the seasoned expert, Dr. Sudhir, added significant value to the event, creating a memorable and intellectually stimulating occasion for all participants. Top of Form



Student's Presentation



Session Chairing by Dr. M.A. Sudhir



Finalised Title





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Orientation on internship in secondary teacher education institution (M.Ed)

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Orientation on internship in secondary teacher education institution (M.Ed)</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Understand the instructional objectives and curricular objectives</li><li>2) Enable to analyses content /units for planning the lesson</li><li>3) Explore the ideas in groups of discussion</li><li>4) Practice the skills and strategies of unit plan preparation</li><li>5) Able to plan lessons systematically</li><li>6) Report on institutional case study</li><li>7) Curriculum analysis</li></ol> |
| <b>Details of Event Coordinators</b> | St.Joseph College of Teacher Education for Women, Ernakulam (M.Ed Department)   |
| <b>Dates</b>                         | 16/7/22   |
| <b>Time</b>                          | 9.00 AM- 3.30 PM  |
| <b>Duration</b>                      | 1 days  |
| <b>Resource persons</b>              | Sheeba A.S and Aswathy D.V  |
| <b>Beneficiaries</b>                 | Teacher educands (Total No.12)  |
| <b>Event Venue</b>                   | St.Joseph College of Teacher Education for Women, Ernakulam (M.Ed. Seminar Hall)  |

## Programme Report

The college organized an orientation session for M.Ed. teacher educands on 16/7/2022, in preparation for their upcoming 30-day internship at a secondary teacher education institution. The objectives of the orientation were to acquaint the teacher educands with instructional and curricular objectives, guide them in the steps of unit plan preparation, and facilitate understanding of curriculum analysis and institutional case study. To ensure the successful completion of the internship, teacher educators Sheeba A S and Aswathy D V provided essential information and guidance to the teacher educands.





Following this, the process of content analysis was thoroughly explained, with the teacher educators instructing teacher educands on the division of units for each lesson plan. A crucial aspect emphasized during this orientation was the need for students to comprehend the art of crafting units suitable for 45-minute duration classes. The teacher educands were tasked with selecting five units for their unit plan preparation, receiving support from the educators in terms of directions and corrections.

After the preparation of lesson plans, students presented each step, and the educators offered corrections and suggestions. This repetitive process allowed for practical learning, ensuring that the teacher educands not only understood the theoretical aspects but could also apply them effectively. The orientation proved invaluable, offering a deep dive into teacher education curriculum and its analysis, preparing the candidates to compile comprehensive reports on institutional case studies.

This orientation served as a pivotal foundation for the internship, providing a holistic understanding of the complexity involved in teacher education. Through a combination of theoretical knowledge and practical application, the teacher educands were well-equipped to embark on their 30-day internship, armed with the skills and insights gained during this comprehensive orientation session.



Orientation by Sheeba A S





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Orientation on internship at primary schools M.Ed.

|                          |                               |
|--------------------------|-------------------------------|
| <b>Name of the event</b> | Internship in Primary Schools |
| <b>Objectives</b>        | Institutional case study      |
| <b>Date</b>              | 1/12/2022                     |
| <b>Time</b>              | Full day                      |
| <b>Resource person</b>   | Sheeba A.S                    |
| <b>Duration</b>          | 1 days                        |
| <b>Beneficiaries</b>     | Teacher educands (11) 2021-23 |
| <b>Venue</b>             | M.Ed. classroom               |

## Programme Report

The college organized a workshop led by Ms. Sheeba AS, a faculty member in the M.Ed. program, on 1<sup>st</sup> December 2022, held in the M.Ed. classroom. The workshop aimed to orient 11 teacher educands for their impending Primary School Internship. The primary objective was to equip them with the necessary knowledge and skills for this upcoming experience.

During the orientation, teacher educands were familiarized with the diverse responsibilities and roles of a primary school teacher, encompassing curriculum delivery, effective classroom management, and methods to engage students actively. Practical guidance on proficient classroom observation techniques was imparted, emphasizing the significance of documenting teaching methods, student behaviour, and teacher-student interactions.

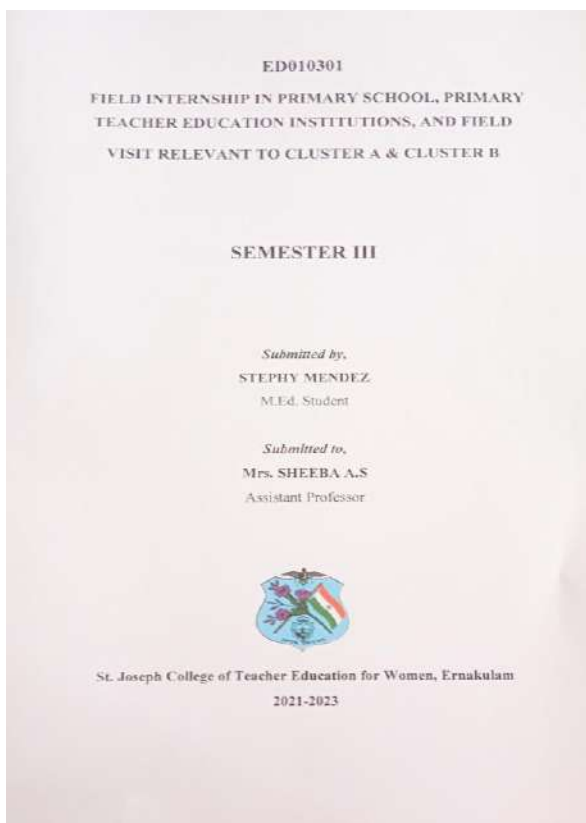
Teacher educands received an insightful overview of the primary school curriculum, with a focus on aligning lesson plans meticulously with educational standards and objectives. The session extended beyond theoretical discussions, incorporating practical tips on maintaining discipline within the classroom, fostering a positive learning environment, and effectively managing challenging situations that may arise.





Ms. Sheeba AS shared valuable insights into innovative teaching methods, instructional strategies, and resources designed to enhance the overall quality of teaching in a primary school setting. Her enthusiasm and expertise were evident throughout the orientation, reflecting a deep understanding of primary education and a commitment to preparing future educators.

The workshop not only equipped teacher educands with practical skills but also inspired a sense of dedication to the transformative role of educators in primary education. Overall, the workshop laid a solid foundation for the upcoming primary school internships, fostering the development of well-prepared and conscientious educators.



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on internship in primary teacher education institution

M.Ed. 2021-23 batch

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Workshop on Internship in primary teacher education institution</b>   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Understand the instructional objectives and curricular objectives</li><li>2) Enable to analyses content /units for planning the lesson</li><li>3) Explore the ideas in groups of discussion</li><li>4) Practice the skills and strategies of unit plan preparation</li><li>5) Able to plan lessons systematically</li></ol> |
| <b>Details of Event Coordinators</b> | St.Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 13/12/2022,14/12/2022,16/12/2023   |
| <b>Time</b>                          | 9.00 AM- 3.30 PM   |
| <b>Duration</b>                      | 3days  |
| <b>Resource persons</b>              | Lincy A.P, Mrs. Regha and Mrs. Jancy and Mrs Aswathy D.V   |
| <b>Beneficiaries</b>                 | Teacher educands (Total No.11)   |
| <b>Event Venue</b>                   | St.Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

### Day 1 - 13/12/22

The college organized a four day workshop on unit plan preparation, with the aim of achieving the following objectives: familiarizing students with instructional and curricular objectives and helping them understand the steps involved in unit plan preparation. Teacher





educator Mrs. Aswathy D. V provided a theoretical background on year plans and unit plans on the first day, followed by an explanation of the content analysis process for each subject.

Teacher educators guided teacher educands on dividing units for each lesson plan, emphasizing the importance of crafting units suitable for 45 minute duration classes. Teacher educands were tasked with selecting five units for their unit plan preparation, and teacher educators provided support through directions and corrections. Following the preparation of lesson plans, teacher educands presented each step, and educators offered corrections based on their suggestions. The educators addressed doubts and assisted teacher educands in completing one unit plan.

Throughout the orientation, the focus was on equipping teacher educands with the skills and understanding needed for effective unit planning. The teacher educators played a crucial role in providing guidance and ensuring that the teacher educands not only comprehended the theoretical aspects but also gained practical experience in preparing and presenting unit plans.

### **Day 2 - 14/12 /2022**

On the second day, D.El.Ed staff members collaborated as a team to explain and demonstrate demonstration classes on General Paper and optional subjects. Subsequently, teacher educands in the M.Ed. program practiced the same skills in small groups under the effective supervision and guidance of our teacher educators. During this session, M.Ed. teacher educands engaged in active listening and observation of the classes. The practical application of teaching techniques in small groups allowed for hands-on experience and skill development, ensuring that the teacher educands could implement the demonstrated methods in their future teaching endeavors. This collaborative and practical approach enhanced the learning experience, providing teacher educands with valuable insights and real-world applications of effective teaching strategies.

### **Day 3 - 16/12/22**

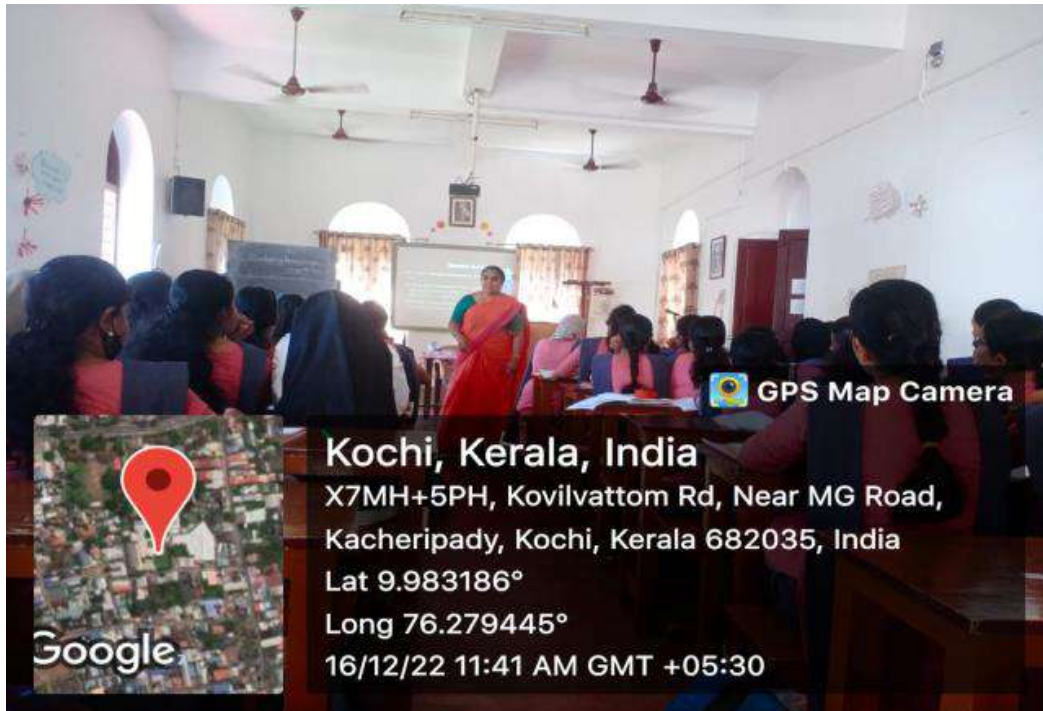
On the third day, Mrs. Lincy A.P, the Principal of St. Joseph Teacher Training Institute, Ernakulam, provided an orientation on Internship classes in D.El.Ed. The primary goal was to enhance the efficiency and commitment of teacher educands in their teaching endeavors. Additionally, this session proved beneficial in acquainting the teacher educands with the D.El.Ed curriculum and syllabus. The objective was to better prepare them for their teaching responsibilities and to familiarize them with the comprehensive aspects of the







D.El.Ed program. Principal's guidance aimed at not only optimizing the teaching skills of the educands but also ensuring a thorough understanding of the curriculum and syllabus, contributing to their overall preparedness for the upcoming internship.



**Demonstration Class By D.El.Ed Faculty**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on writing unit plan M.Ed 2021-23 batch

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Workshop on writing unit plan</b>   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Understand the instructional objectives and curricular objectives</li><li>2) Enable to analyses content /units for planning the lesson</li><li>3) Explore the ideas in groups of discussion</li><li>4) Practice the skills and strategies of unit plan preparation</li><li>5) Able to plan lessons systematically</li></ol> |
| <b>Details of Event Coordinators</b> | St.Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 19/12/2022   |
| <b>Resource persons</b>              | Mrs Aswathy D.V  |
| <b>Beneficiaries</b>                 | Teacher Educand (Total No.11)  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

An Orientation on unit plan was organized by the college on 19/12 /22 under the following objectives: familiarize with instructional objectives and curricular objectives ,understand the steps of unit plan preparation .The theoretical background on year plan and unit plan were explained by teacher educator Mrs Aswathy D. V in the first day.After that the process of content analysis was explained in each subject.

The second day teacher educators instructed the students on division of units for each lesson plan. Students needs to understand how to make units for 45 minute duration classes. Students are directed to select five units for unit plan preparation Teacher Educators supported them with directions and corrections. After preparing lesson plans students presented each step and corrected each one based on the suggestions of the educator. Cleared doubts and helped them to complete one unit plan.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Training for developing core teaching skills

| Name of the Event             | Training for developing core teaching skills  |
|-------------------------------|---|
| Objectives                    | <ol style="list-style-type: none"><li>1) Understand the core teaching skills</li><li>2) Enable to understand subskills and its applications</li><li>3) Prepare lesson plans on each skill</li><li>4) Practice the skills using microteaching steps</li><li>5) Skill acquisition</li></ol> |
| Details of Event Coordinators | St. Joseph College of Teacher Education for Women, Ernakulam  |
| Dates                         | 2022-23(20/10/2022-25/10/2022),<br>2021-22(12/1/2022-17/1/2022),2020-21(11/1/2021-15/1/2021), 2019-20(12/8/2019-16/8/2019),2018-19(6/8/2018-10/8/2018)  |
| Time                          | 9.00 AM- 4 PM   |
| Duration                      | 5 days  |
| Beneficiaries                 | Student Teachers  |
| Event Venue                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

The college conducts an annual training program aimed at developing core teaching skills for first-year students. This program places a strong emphasis on microteaching practice sessions, which are supervised by experienced teachers in optional subjects. Each student selects different topics to practice three core teaching skills, and they are introduced to the art of preparing microteaching lesson plans in advance.

The microteaching sessions involve teach and reteach sessions, where students gain confidence in their teaching abilities. These practice sessions have proven to be highly effective in deepening students' understanding of the teaching profession and helping them achieve specific teacher competencies. Once mastery is attained in these three practiced





skills, a separate training program known as link practice, integrating all three skills, is conducted.

Microteaching encompasses various essential skills for aspiring teachers. These include the skill of introduction, explaining, questioning, stimulus variation, reinforcement, illustration, blackboard writing, and achieving closure. Each training session focuses on enhancing one specific teaching skill. During these sessions, the student-teacher conducts short teaching sessions with small groups of peers, consisting of three to five students, lasting around five to six minutes. These sessions are recorded and closely supervised, enabling student-teachers to receive constructive feedback on their strengths and weaknesses. This feedback is invaluable for self-evaluation, performance measurement, and skill improvement.

Micro-teaching operates in a cyclical manner, following a structured process known as the micro-teaching cycle. It begins with planning the teaching session, followed by the actual teaching to the group of students. After the session, the student-teacher receives feedback from supervisors, allowing them to re-plan and make improvements based on the feedback. This is followed by re-teaching and receiving additional feedback. This process is repeated to ensure that student-teachers continually enhance their teaching skills, building confidence in preparation for real classroom scenarios.

Microteaching not only focuses on presentation and reinforcement abilities but also contributes to the development of soft skills crucial for effective teaching, including teaching behavior, communication, and classroom management. Through this comprehensive training approach, student-teachers are better equipped to excel in the teaching profession and positively impact their future students.



Fig. 1 & 2 - Microteaching





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Link practice

| Name of the Event                    | Link practice  |
|--------------------------------------|--|
| <b>Objectives</b>                    | 1) To integrate the skills learned in microteaching sessions.<br>2) To accomplish specific teacher competencies.<br>3) To utilize real teaching situation for developing skills.<br>4) To incorporate all the component skills systematically. |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates of event of 5 years</b>     | 2022-23(26/10/2022-27/10/2022 ,Batch 2022-24),2021-22(15/12/2021-16/12/2021),2020-21(13/1/2021-14/1/2020),2019-20(14/8/2019-15/8/2019),2018-19(8/8/2018-9/8/2018)  |
| <b>Time</b>                          | 9.00 AM- 4.00PM  |
| <b>Duration</b>                      | 1 day  |
| <b>Beneficiaries</b>                 | Student Teachers (Total No.97 )  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

## Programme Report

The college organized Link practice session for the first-year students with several key objectives. These objectives included the integration of skills acquired during microteaching, the achievement of specific teacher competencies, the utilization of real teaching scenarios for skill development and the systematic incorporation of all component skills. The teacher educators provided comprehensive instructions on how to effectively integrate the skills during the microteaching sessions.





Following these instructions, all student teachers were tasked with developing a lesson plan focused on a single concept, incorporating 3-4 relevant skills that were specifically related to the content within their respective subjects. On 8<sup>th</sup> November, the link practice sessions were conducted across all optional classes, closely supervised by teacher educators. During these sessions, each student teacher took a 20-minute class, with a deliberate emphasis on integrating the various components of the skills they had acquired during microteaching.

Subsequent to each teaching session, individualized feedback sessions were given for every student teacher. This feedback process aimed to provide constructive insights into their teaching performance, aiding them in fine-tuning their pedagogical abilities and further advancing the skills necessary for successful teaching careers. In essence, the link practice served as a crucial bridge between theoretical learning and the real-world teaching environment, enhancing the students' readiness and competence as future educators.



**Link Practice**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Training through model classes by seniors

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Training through model classes by seniors</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. Understand how to lead a normal class</li><li>2. Understand the practical aspects of classroom teaching</li><li>3. understand the classroom management technique</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(21/6/2022 Batch 2021-23&17/1/2023 Batch 2022-24),2021-22 demonstration was not conducted due to Covid pandemic  |
| <b>Time</b>                          | 9.00 AM- 4 PM   |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

Every year during the second semester, the college organizes training sessions through model classes conducted by senior students. These sessions are held in the presence of corresponding Optional Teachers, and they involve senior students demonstrating model classes for their fellow student teachers. The support of College Alumni and Senior Students is enlisted for these demonstrations. First year students participate as the audience, and during one such session, five seniors who are now working as training teachers in prominent schools led the demonstration.

For the demonstration, eighth and ninth-grade pupils from St. Mary's H.S.S., a model school, were invited. The topics for the demonstration were selected from the 8th and 9th-grade SCERT textbooks. The demonstrations were grounded in constructivism, and all teachers utilized various teaching aids, including ICT, demonstrations, experiments,





questioning, and group activities. These methods, particularly demonstrations and experiments, fostered curiosity among the students.

Each class was conducted with a focus on employing proper instructional methods, activities and teaching aids. The activity card was utilized to present activities in an engaging manner, ensuring active student participation. The classes were designed to be engaging and student-centered. To consolidate the content, ICT resources like PowerPoint presentations and movies were integrated into the sessions.

The first-year students keenly observed and took notes during these classes. The entire demonstration process proved to be highly productive, offering students a clear understanding of how to conduct classes based on lesson plans. It also provided insights into introducing constructivist teaching approaches in classrooms and incorporating appropriate learning activities.



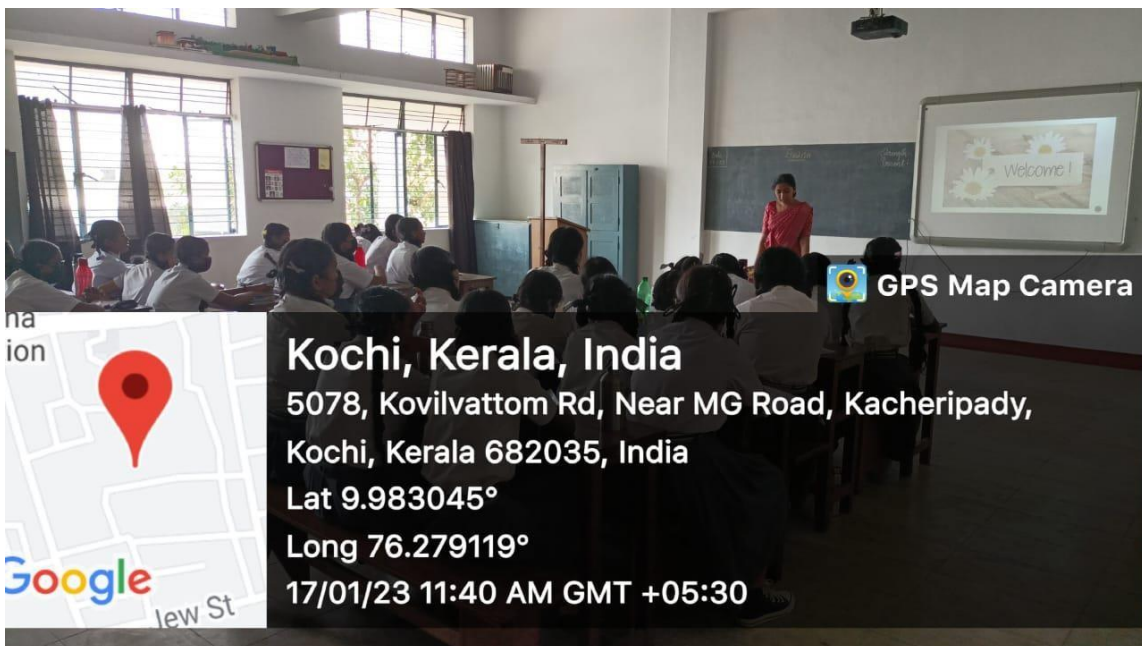
**Demonstration Class by Senior**







Demonstration Class by Senior



Demonstration Class by Senior





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on classroom practices

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | Workshop on classroom practices  |
| <b>Objectives</b>                    | 1) To practice class in simulated condition<br>2) To find out the mistakes in taking the classes<br>3) To analyse the teacher behaviour  |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates</b>                         | 2022-23(6/3/2023-7/3/2023Batch 2022-24)&(22/6/2022 Batch 2021-23),<br>2021-22(8/7/2021Batch 2020-22), 2020-21-No criticism class during<br>this period due to Covid Pandemic 2019-20(7/1/2020Batch 2019-21)<br>2018-19(11/1/2019Batch 2018-19) |
| <b>Time</b>                          | 9.00 AM- 4 PM  |
| <b>Duration</b>                      | 2 days   |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

## Programme Report

Every year during the second semester, The College organizes a workshop on Classroom practices for the student teachers. This workshop involves bringing in 8th and 9th-grade students from St. Mary's C.G.H.S.S. to participate in the sessions. The Teacher Coordinator for the program is the respective teacher educators.

The primary purpose of this workshop is to provide prospective teachers with a practical opportunity to teach based on pre-developed lesson plans in front of real students. This experience allows them to gain insights into the strengths and weaknesses of their teaching skills and learn effective classroom management. It also serves as a platform for them to boost their confidence in teaching.





During the workshop, trainee teachers are required to observe their peers' classes (peer observation), particularly assessing the performance of others using an observation schedule and then writing a report on the observed classes. The primary objective is to enhance the teaching skills of student teachers by providing constructive criticism through class observations.

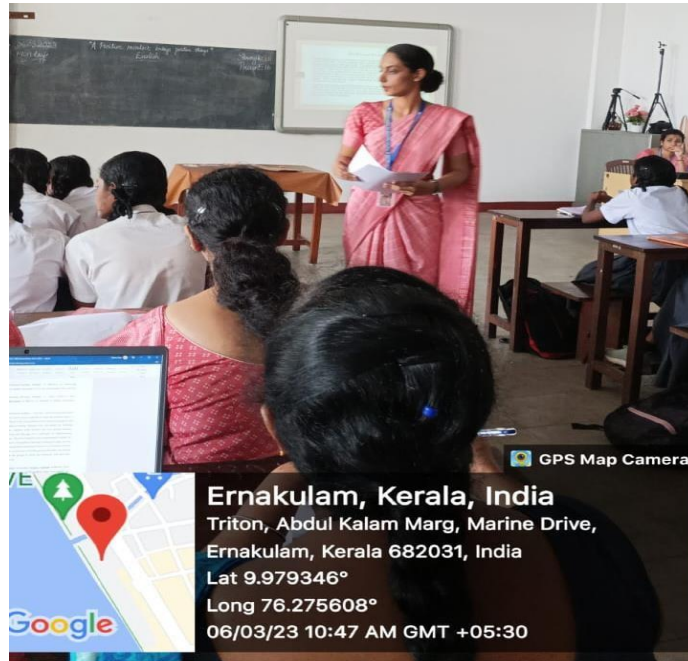
The classes are conducted in two separate groups, with each student getting 35 minutes to teach according to their prepared lesson plans. Peers evaluate and record their opinions on each student's class using predefined criteria. The criticism session proves to be a valuable and enlightening experience for all participants, offering several key takeaways:

- It fosters self-awareness regarding one's teaching skills.
- It encourages the practice of teaching in alignment with lesson plans.
- It provides an opportunity to use teaching aids effectively.
- It helps in developing observation skills and learning from peers.
- It emphasizes the importance of time management in teaching.

Additionally, all participants conduct a criticism class based on a predetermined criticism lesson plan, incorporating teaching aids. The student coordinators safely escort the students from St. Mary's C.G.H.S.S. back to their school, concluding the session with a general discussion and feedback session on each participant's class.

This annual workshop serves as a valuable platform for aspiring teachers to improve their teaching skills, gain valuable insights from peer observations, and foster self-improvement in the art of teaching. It not only benefits the student teachers but also provides an enriching learning experience for the students from St. Mary's C.G.H.S.S. who participated in the sessions.





Class room practice by student teacher



Class room practice by student teacher





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on Theatre and Drama

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop on Theatre and Drama</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) To understand the techniques of theatre arts and dramatic performances.</li><li>2) To instill the intellectual and aesthetic development among student teachers.</li><li>3) To develop social skills.</li><li>4) To enable students to practice various skills like discussion, script writing and enacting.</li></ol>         |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(13/10/2023-14/10/2023 Batch A<br>17/10/2023&18/10/2023 Batch B)<br>2021-22(23/11/2021-24/11/2021Batch A&25/11/2021-<br>26/11/2021Batch B)<br>2020-21(19/2/2021-20/2/2021 Batch A&22/2/2021-<br>23/3/2021Batch B)<br>2019-20(16/8/2019-17/8/2019 Batch A&18/8/2019-<br>19/8/2019Batch B)<br>2018-19(18/9/2018-19/9/2018 Batch A &24/9/2018-<br>25/9/2018Batch B) |
| <b>Time</b>                          | 9.00 AM- 4 PM   |
| <b>Duration</b>                      | 2 days  |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

### Programme Report (2022-23)

The college organized an annual Workshop on Theater and Drama for the first year student teachers. This educational endeavor was guided by Mr. Arun Kumar S, a seasoned and skilled theater artist.





To ensure smooth facilitation of the workshop, the six optional student teachers were divided into two groups, conveniently labeled as Batch A and Batch B. Each of these groups consisted of three students from the optional subjects. The workshop took place over two distinct timeframes: from 13<sup>th</sup> – 14<sup>th</sup> October 2023 for Batch B and from 17<sup>th</sup> – 18<sup>th</sup> October 2023 for Batch A. Within each of these batches, students were further divided into smaller groups, comprising 10 or 11 participants. This arrangement was put in place to ensure a more focused and interactive learning experience.

The workshop proved to be a highly enriching experience for all student teachers involved, offering them profound insights into both the intellectual and aesthetic dimensions of teaching and learning. The workshop thoughtfully covered both practical and theoretical aspects of the theater arts.

The first day of the theater workshop was dedicated to exploring various facets of script writing and stage setting. As part of their assignment, every student was tasked with preparing and submitting a drama script for the subsequent day. The resource person, Mr. Arun Kumar S, commended the active and enthusiastic participation of all the attendees, acknowledging their commitment to the workshop.

The workshop provided numerous opportunities for students to showcase their talents by performing on stage, both in groups and individually. This platform also proved to be particularly empowering for student teachers who had initial reservations about performing on stage. Their hesitations were effectively addressed, leading to heightened motivation, thereby infusing the workshop with vibrant energy.

The practical sessions were thoughtfully designed to ensure that each and every student had the opportunity to perform and enact various scenarios. Alongside their performances, the resource person provided invaluable feedback and suggestions for improvement, further enriching the learning experience. The practical sessions also encouraged students to engage in constructive discussions, take on leadership roles and foster effective teamwork.

The workshop proved to be exceptionally beneficial for the student teachers. It not only deepened their understanding of teaching and learning from intellectual and aesthetic perspectives but also bolstered their confidence, performance abilities and collaborative skills.





### Workshop on Theatre and Drama Images



Theatre Practice



class on Theatre education





Theatre Practice







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on Yoga

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Workshop on Yoga</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) To understand the basics of yoga.</li><li>2) To enable the student teachers to know the benefits of yoga in schools.</li><li>3) To help student teachers to keep themselves calm from stress and anxiety.</li></ol>   |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates</b>                         | 2022-23(13/10/2023-14/10/2023 Batch B 17/10/2023&18/10/2023 Batch A)<br>2021-22(23/11/2021-24/11/2021Batch B&25/11/2021-26/11/2021Batch A)<br>2020-21(19/2/2021-20/2/2021 Batch B&22/2/2021-23/3/2021Batch A)<br>2019-20(16/8/2019-17/8/2019 Batch B&18/8/2019-19/8/2019Batch A)<br>2018-19(18/9/2018-19/9/2018 Batch B &24/9/2018-25/9/2018Batch A) |
| <b>Time</b>                          | 9.00 AM- 12.00 PM  |
| <b>Duration</b>                      | 2 days (Batch A), 2 days (Batch B)   |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

## Programme Report

The college organized an annual Yoga workshop from 13<sup>th</sup> – 14<sup>th</sup> October and 17<sup>th</sup> – 18<sup>th</sup> October, 2022. The workshop aimed to promote the art of healthy living and establish a sense of harmony between the mind and body through Yoga. The workshop, a half-day program, ran from 9:00 am to 12.00 pm and was facilitated by Fr. Peter Thiruthanathil during the 2022-23 academic year.





To facilitate the workshop efficiently, the student teachers were divided into two groups, referred to as Batch A and Batch B. Both groups had the privilege of participating in two days of Yoga workshops. Batch A attended the sessions on 13<sup>th</sup> – 14<sup>th</sup> October 2022, while Batch B took part on 17<sup>th</sup> – 18<sup>th</sup> October 2022.

The Yoga Workshop encompassed more than just the physical practice of Yoga poses and exercises. It delved into the profound philosophy of Yoga, its myriad benefits, and all the theoretical underpinnings. The resource person for the workshop elaborated on various "asanas" or postures, elucidating their respective benefits. This comprehensive session proved highly informative and aided student teachers in grasping the fundamental concepts of Yoga.

The student teachers had the opportunity to practice various Yoga postures individually, guided by the resource person. The resource person provided valuable guidance and corrections, focusing on accuracy, precision, and the proper techniques for performing different Yoga postures, including shalabhasana, sooryanamasakara, kukudasana, dhanurasana, padmasana, and trikonasana.

Participating in Yoga is known to offer numerous physical and mental health benefits. The workshop provided an enjoyable and invigorating experience for all participants, with the student teachers displaying enthusiasm and active participation throughout the program. They were delighted to be part of this valuable and energizing initiative.



Yoga Training by Fr. Peter



Yoga session



Class by Fr. Peter





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Workshop on Teaching Aid Preparation

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop on Teaching Aid Preparation</b>   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Understand the instructional objectives and curricular objectives</li><li>2) Enable to analyze content /units for preparing the teaching aids</li><li>3) Explore the ideas in groups of discussion</li><li>4) Practice the skills and strategies of teaching aid preparation</li><li>5) Able to prepare teaching aids systematically</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(10/12/2022)<br>2021-22(5/11/2021-6/11/2021)<br>2020-21(26/6/2020-27/6/2020)<br>2019-2020(12/6/2019-13/6/2019)<br>2018-19(6/8/2018-7/8/2018)   |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

The college organized a Training on teaching aids preparation that spanned from 10/12/2022. During this workshop, students received in-depth guidance on crafting teaching aids customized to the high school syllabus, with subject teacher educators taking the lead in facilitating the sessions. The college emphasized the significance of developing teaching aids that closely align with the high school curriculum. Furthermore, students were furnished with comprehensive guidance and instructions to nurture the creation of innovative teaching aids. In order to enhance the overall learning experience, the college provided a platform for





showcasing and demonstrating teaching aids that had been previously crafted by students in prior years.

On 10<sup>th</sup> December 2022, students actively immersed themselves in the practical aspect of creating teaching aids. With the invaluable guidance and support of their teacher educators, they wholeheartedly delved into the process of crafting these aids. Collaboration formed the cornerstone of this endeavor, as students not only cooperated seamlessly but also extended a helping hand to their peers, making a substantial and positive contribution to the overall success of this undertaking.

The workshop culminated in the form of an exhibition held on 28<sup>th</sup> October, 2022. This exhibition served as a vibrant platform for presenting the teaching aids meticulously crafted during the workshop. The inauguration ceremony was presided over by Mr. Antony V R, the distinguished Headmaster of St. Albert's HSS Ernakulam.

The college's workshop on teaching aids preparation proved to be an immersive and enlightening experience for the students. It not only enhanced their practical skills in creating teaching aids but also instilled a sense of collaboration and teamwork. Moreover, the subsequent exhibition showcased their creativity and commitment to education.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Report on Yoga

The college organized a three-day yoga workshop for first-year M.Ed. teacher educands as part of the EDU010105 - ICT and Skill Development paper. The workshop, held on 16/1/2023, 17/1/2023 & 20/1/2023, took place at the college auditorium and focused on promoting knowledge and cultivating a passion for yoga and overall health among the teacher educates. The daily schedule, from 9:00 am to 1:00 pm, included a variety of yoga sessions guided by Fr. Baiju Varghese, the Health Director of Naivedya Ayurveda Hospital and Research Centre.

Vismaya Mohan, a first-year M.Ed. student, initiated the program with a prayer, and Sr. Aiswarya Jolly extended greetings. The workshop, attended by approximately 14 M.Ed. students, covered a range of yoga practices, starting with meditation and progressing to various yoga asanas, including Padmasana, Salabhasana, Ardhasalabhasana, Bhujagasana, Vipareethalasalabhasana, Ardhamalsyendrasana, Trikonasana, Vrikshasana, Dhanurasana, and Suryanamaskar. Fr. Baiju Varghese also delved into the benefits of yoga, emphasizing its positive impact on physical and mental well-being, fostering optimistic thinking.

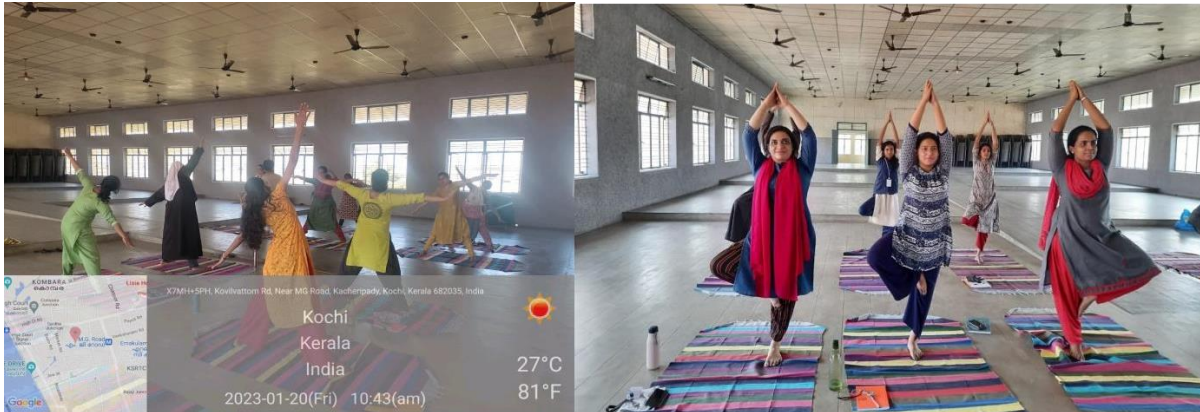
Throughout the workshop, Fr. Baiju Varghese provided valuable insights into Pancha Kosha Meditation, Pranayama, Mudras, and the holistic benefits of yoga. The sessions, conducted under his guidance, proved to be fruitful as all teacher educands actively participated and successfully completed both simple and challenging yoga steps.

The benefits of the workshop extended beyond physical exercise, promoting holistic well-being, and fostering a positive mindset among the teacher educands. The orientation contributed to enhancing their knowledge of yoga and its positive effects on mental and physical health.





### Practice Sessions





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Orientation programme on Portfolio preparation

|                          |  |
|--------------------------|--|
| <b>Name of the event</b> | <b>Orientation programme for Portfolio preparation</b>   |
| <b>Objective</b>         | To create portfolio of practicum and practical works of B.Ed syllabus  |
| <b>Date</b>              | 2022-23(10/10/2022),<br>2021-22(25/11/2021),<br>2020-21(12/1/2021),<br>2019-20(22/7/2019),<br>2018-19(17/7/2018) |
| <b>Venue</b>             | St. Joseph College of Teacher Education for Women,<br>Ernakulam  |

### Programme Report

The college organized an orientation program for the preparation of portfolios on 10th October; 2022, covering all subjects. This initiative was conducted under the guidance of dedicated teacher educators of the College. The primary objective of this program was to acquaint the students with the concept of portfolios and how to create them effectively. The teacher educators provided an in-depth understanding of the theoretical foundation of portfolios and outlined the essential components that should be included within them. It was emphasized that portfolios serve as a crucial assessment tool for evaluating the practicum and practical work undertaken by students during each semester, as stipulated in the B.Ed syllabus. Consequently, marks were assigned for portfolio preparation.

Students were informed that a well-constructed portfolio consists of two main sections: "Description of the Event" and "Reflection." The former section, "Description of the Event," should encompass details such as the event's title, date, day, venue and all relevant aspects pertaining to the practicum and practical work. On the other hand, the "Reflection" section should delve into the emotions, thoughts, and outcomes experienced by the students as a direct result of their engagement in the respective tasks. Furthermore, it was encouraged for each portfolio sheet to incorporate photographs related to their work. Student teachers





were encouraged to utilize their own creativity to make their portfolio sheets visually appealing and aesthetically pleasing. As a helpful reference, portfolios from previous years were presented as models during the workshop.

The orientation program helped to equip students with the knowledge and skills necessary for the effective preparation of portfolios. It underscored the importance of portfolios as a valuable tool for assessing the practical aspects of their coursework and provided them with clear guidelines on how to structure and present their portfolios for evaluation.







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Workshop on Achievement test preparation

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop On Achievement test preparation</b>   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. To identify and explain reasons for performing tests</li><li>2. To understand testing terminology to communicate with students and colleagues</li><li>3. To evaluate a tests reliability and validity</li><li>4. To select appropriate tests</li><li>5. To administer test protocols properly and safely</li></ol> |
| <b>Details of Event coordinators</b> | St. Joseph College of Teacher Education For Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(29/10/2022 ),2021-22(12/11/2021-13/11/2021),2020-21(29/6/2020-30/6/2020),2019-20(24/6/2019-25/6/2019),2018-19(9/8/2018-10/8/2018)   |
| <b>Time</b>                          | 10.00 am to 12.00 pm  |
| <b>Duration</b>                      | 2 hours   |
| <b>Beneficiaries</b>                 | Student teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education For Women, Ernakulam  |

### Programme Report

The college organized a workshop on the preparation of Achievement tests on 17<sup>th</sup> and 18<sup>th</sup> October 2022, with the following objectives: to acquaint students with the process of creating and administering Achievement tests, to assess the reliability and validity of tests, and to assist in the selection of appropriate tests. The workshop began with teacher educators providing a comprehensive understanding of Achievement tests, including the theoretical background, objectives and significance. Furthermore, on the first day of the workshop, teacher educators elucidated the steps involved in creating a blueprint for Achievement test. Following the theoretical explanation by the teacher educators, students collaborated with their teachers to draft a test. Subsequently, corrections were made and the test was finalized.





On the following day, teacher educators provided guidance to student teachers on the analytical aspect of the Achievement test. As part of their internship experience, the student teachers were tasked with creating Achievement tests for the assigned topics and subsequently administering them in the relevant classrooms. They meticulously documented all the pertinent details in their records. Additionally, the student teachers were required to conduct statistical analyses and create graphical representations of the collected data, which were then incorporated into their reports. This process aimed to provide student teachers with practical experience in designing and implementing Achievement tests, as well as the crucial skill of analyzing and presenting the test results in a meaningful manner.

The workshop aimed to equip students with the knowledge and skills required to effectively prepare and administer Achievement tests, ensuring their reliability and validity while selecting suitable tests for assessment purposes.





**Session by Sr. Thejus Paul**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Training on preparation of Diagnostic test

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Training on preparation of Diagnostic test</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) To identify areas where students may need additional support or intervention.</li><li>2) To provide a baseline measure of student understanding before instruction begins.</li><li>3) To identify individual student needs and tailoring instruction accordingly.</li><li>4) To evaluate the effectiveness of instructional programs and interventions.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates</b>                         | 2022-23(12/11/2023),2021-22(16/11/2021),2020-21(27/6/2020).2019-20(10/6/2019),2018-19(4/8/2018)  |
| <b>Time</b>                          | 2-4 PM   |
| <b>Duration</b>                      | 2hrs   |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | Respective schools   |

### Programme Report

The college organized a workshop on the preparation of diagnostic tests, under the guidance of Mrs. Anu Cleetus. This diagnostic test was designed to precede an achievement test. The student-teachers were initially briefed about the achievement test, its purpose, scope, and objectives. Subsequently, they were instructed to administer the achievement test in their respective schools and identify students who scored below the average level.

The students who scored below the average marks were selected as the sample group for the diagnostic test. The teacher educator provided comprehensive insights to the student teachers regarding educational diagnosis, its theory, scope, steps and purpose. Following this,





the student teachers were tasked with choosing a topic that most students found challenging in the achievement test.

Subsequent to topic selection, the student teachers were responsible for creating a diagnostic test that would assess various difficulties students might encounter while answering questions related to the chosen topic. The diagnostic test underwent multiple rounds of revisions and corrections, guided by the teacher educator.

After evaluating the diagnostic test, the student-teachers, with guidance from the teacher educator, prepared a diagnostic chart. The teacher educator provided detailed instructions on how to analyze the diagnostic chart to identify the specific difficulties faced by each student. Based on this analysis, the teacher educator conducted an orientation on how to provide remedial lessons to the students, emphasizing the importance of post-test assessments following these remedial sessions.

The report on the diagnostic test was subsequently submitted on 23<sup>rd</sup> January 2023. This training program aimed to equip student teachers with the skills and knowledge necessary for educational diagnosis, ensuring that they can identify and address the unique learning needs of their students effectively.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Workshop on Peer evaluation tool preparation

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Workshop on Peer evaluation tool preparation</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Understand the various components of peer evaluation</li><li>2) Enable to analyse the pros and cons of a class room teaching.</li><li>3) Explore the strategies which can be used to make classroom teaching more effective.</li><li>4) Understand the use of different teaching learning materials.</li><li>5) Critically analyse a classroom teaching through direct observation.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates</b>                         | 2022-23(22/10/2022),2021-22(6/11/2021),2020-21(26/7/2020),2019-20(22/7/2019),2018-19(13/8/2018)2019-20(22/7/2019) 2018-19(10/11/2018)  |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

The college organized an annual workshop on the development of a peer evaluation tool for the 3<sup>rd</sup> semester B.Ed. students during their internship period, which took place from 19<sup>th</sup> October 2022 – 2<sup>nd</sup> February 2023, at their assigned schools. Peer evaluation of teaching involves the assessment of teaching performance by colleagues, typically in the same or similar discipline, with the aim of evaluating and enhancing teaching quality. Peer collaboration and review provide instructors with an active means to enhance the quality of their teaching within their classrooms and departments. It also offers a valuable opportunity for colleagues to observe and learn from each other's teaching strategies.

The teacher educators at the college presented a model for a peer evaluation tool, based on which the students created their own tools. The teacher educators emphasized key





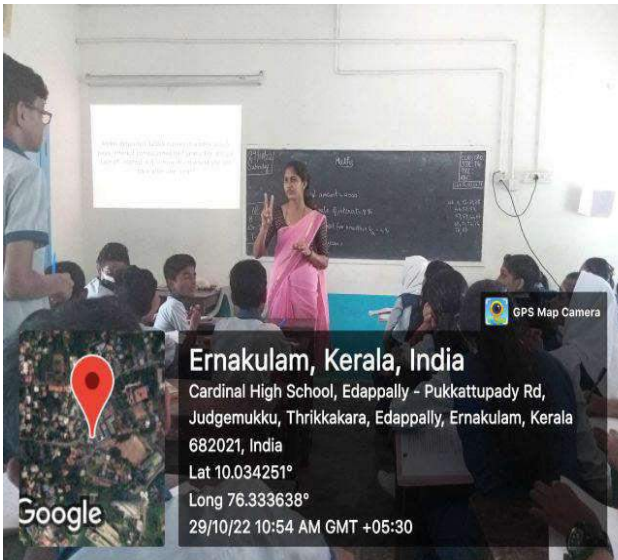
components to consider when developing a peer evaluation tool, encompassing ten main aspects: introduction of the topic, subject competency, communication, instructional strategies, learning materials, classroom climate, learning activities, closure and ICT skills. Additionally, there were several sub-components, such as resourcefulness, relevance to real-life situations, logical and sequential arrangement, fluency of language, lesson progress, skillful handling, innovation, student-centeredness, technology integration, presentation, language use, mode of interaction, individual assistance, technology utilization, comprehensiveness, time management, evaluation, extension activities, critical reflection, digital literacy and presentation skills.

Using the guidance provided by the teacher educators, the teacher trainees developed a tool that incorporated a 5 grade rating scale. The sheet containing the peer evaluation tool included specific sections to document the name of the tutor, subject, class, and school. It also provided space to note the name of the observer (teacher trainee).

During the internship period, teacher trainees observed the classes taught by their fellow peers and some even had the opportunity to evaluate classes within their own subject area. The teacher trainees diligently and sincerely assessed their peers' teaching. This practical experience offered the teacher trainees a valuable opportunity to explore diverse teaching strategies and techniques and gain insights into creating and maintaining a positive classroom environment.

### Images of Peer Evaluation during internship programme









# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Training on analysis of prevailing assessment practices in schools

| Name of the Event                    | Analysis of prevailing assessment practices in schools  |
|--------------------------------------|---|
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) To understand the prevailing assessment practices in schools.</li><li>2) To analyse the prevailing assessment practices in schools.</li><li>3) To familiarize with the latest evaluation patterns followed in schools.</li><li>4) To understand the quality and importance of assessment practices in school.</li><li>5) To be able to develop appropriate assessment tools.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(8/6/2022),2021-22(7/9/2021),2020-21(15/6/2020),2019-20(6/1/2020),2018-19(5/2/2019)  |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

### Programme Report

The college organized a training on Analysis of prevailing assessment practices in schools for the first year student teachers as they had a course titled 'Assessment for Learning' in the second semester. As soon as the college reopened Mrs. Anu Cleetus, faculty of the college, began briefing the students on the practical tasks they would need to undertake during their induction period at the school. The primary focus of this practical work was to analyze the existing assessment practices in schools.

The teacher educator initiated the process by instructing the student teachers to create an interview schedule. She encouraged them to reach out to her personally or through WhatsApp if they encountered any doubts or needed corrections while preparing it. Following her guidance, the student teachers diligently prepared interview schedules to conduct interviews with the teachers at the schools where they were assigned. This induction period spanned from 11<sup>th</sup> July 2022 – 11<sup>th</sup> August 2022.





To assist the student teachers in their practical work and report, a checklist was provided. The final submission of their work was scheduled for 9<sup>th</sup> August 2022, and it was followed by personalized feedback and suggestions provided by their guide. This process allowed the student teachers to gain valuable insights into real-world assessment practices and enriched their understanding of the subject matter.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Report on Peer evaluation during internship

Miss Sheeba A.S commenced the orientation on 2<sup>nd</sup> February 2023 by emphasizing the importance of peer evaluation during the internship period for the M.Eds. She underlined that peer evaluation is a valuable tool for personal and professional growth. It not only helps in identifying strengths and weaknesses but also encourages constructive feedback and collaboration among peers. Miss Sheeba explained the evaluation proforma, which would serve as the guiding document for assessing the performance of peers. The proforma was structured to cover various aspects of the internship, including technical skills, communication, teamwork, and professionalism. Clear instructions were provided on how to fill out the proforma accurately. She elaborated on the criteria that should be considered when evaluating a peer's performance. These criteria included punctuality, task completion, problem-solving abilities, adaptability, and interpersonal skills. Miss Sheeba stressed the importance of providing feedback in a constructive and respectful manner. She encouraged open communication among peers and suggested regular meetings to discuss progress and address any issues that may arise during the internship. During the orientation, Miss Sheeba recommended that interns set clear and achievable goals for themselves and their peers. These goals would serve as benchmarks for evaluation and professional development. She also addressed the possibility of conflicts arising during the evaluation process and provided strategies for resolving them amicably, ensuring that the evaluation process remains fair and unbiased.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Training on ICT resource material preparation

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | <b>Workshop on ICT resource material</b>   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) To understand the instructional objectives and curricular objectives</li><li>2) To enable student teachers to analyze content /units for preparing resource material</li><li>3) To explore the ideas in groups of discussion</li><li>4) To practice the skills and strategies of resource material preparation</li><li>5) To help student teachers in the preparation of resource material systematically</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates</b>                         | 2022-23(6/12/2022),2021-22(17/11/2021),2020-21(12/1/2021),2019-20(25/7/2019),2018-19(6/8/2018)   |
| <b>Time</b>                          | 2.00 PM- 4 PM  |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | St.Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

The college organized a workshop on the creation of ICT resource materials during the first semester of the academic year. Information and Communication Technology (ICT) plays a vital role in fostering motivation, enhancing student achievement and expanding learning opportunities. As part of the B.Ed. curriculum, specifically Edu107.2, the college tasked student teachers with developing and presenting learning resource materials for learners, with an emphasis on ICT-supported materials related to school-based topics. This initiative aimed to extend the scope of students' learning.

To facilitate this practical task, teacher educators provided comprehensive instructions on how to prepare ICT resource materials aligned with the high school syllabus. Additionally, a value-added course led by Mrs.Reshmi RK, titled 'An Introduction to Technology-Enhanced Instructional





Platforms,' played a significant role in helping student teachers prepare these resource materials. The course covered various aspects, including creating Google Forms for conducting quizzes in schools, using the Canva app to create engaging and diverse presentation styles, developing online flipbooks, and designing realistic book layouts using PowerPoint. Moreover, the course explored the creation of animated videos using video animation software, a valuable tool for conveying complex concepts and enhancing student understanding.

With the knowledge and guidance provided by the faculty, student teachers embarked on the task of creating their ICT resource materials. They selected topics from the 8th, 9th, or 10th standard SCERT textbooks and further broke down these topics into subtopics. Using a variety of ICT resources, they developed comprehensive materials, with a primary focus on PowerPoint presentations enriched with audio files, video clips, animations and other multimedia elements. These materials were thoughtfully designed to cater to the academic needs of students.

To ensure the authenticity and verification of their work, student teachers submitted their ICT resource materials along with CD proofs, adhering to the specified guidelines and requirements. This workshop provided student teachers with practical experience in ICT to create effective educational resources for their future teaching endeavors.

### Presentation of ICT learning material





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Workshop on Blog creation

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop on Blog creation</b>  |
| <b>Objectives</b>                    | 1) To acquaint student teachers with creation of blogs.<br>2) To understand the relevance of blogs and various online tools in teaching and learning. |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2022-23(18/11/2022 ,28/11/2022),2021-22(9/11/2021),2020-21(5/1/2021),2019-20(22/7/2019),2018-19(23/7/2018)  |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam  |

## Programme Report

The resource person delved into the concept of blogs and their potential applications in education. Throughout the workshop, she highlighted the diverse ways in which blogs could be effectively utilized as educational tools. Her detailed guidance on crafting programmed learning materials and the step-by-step process of uploading them to a blog was particularly beneficial for those new to the concept. Furthermore, discussed various tools available for creating blogs and provided a quick demonstration of the blog creation process, rendering the session highly informative and productive. The engagement of student teachers during the workshop was notable as they actively contributed through queries and feedback, making the session interactive and enriching for all participants.





On 18<sup>th</sup> November 2022, Mrs. Anu Cleetus, the designated resource person, conducted a comprehensive step-by-step demonstration on blog creation for the student teachers. This informative session took place in the college's Multi-purpose hall, where all students diligently noted the procedural steps in their notebooks. During the session, students actively engaged by raising questions and concerns regarding blog creation and material uploading. The resource person patiently addressed and resolved all their queries. Moreover, she extended her support beyond the classroom hours, offering additional assistance to any student teacher who required clarification via WhatsApp.

Every student teacher accomplished the task of creating and uploading programmed learning materials onto their self-established blogs. As part of the assignment's requirements, each student teacher diligently submitted a physical copy of the learning material, an image capturing the materials as displayed on their respective blogs, and a direct web link leading to their individual blogs. This comprehensive submission, which occurred on 28<sup>th</sup> November 2022, showcased their successful execution of the project, emphasizing the integration of both digital and tangible elements in their educational initiatives. It underscored their ability to effectively navigate the digital landscape while recognizing the importance of preserving a physical record of their work, ensuring a well-rounded approach to their learning experience.

### Orientation by Mrs. Anu Cleetus





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Workshop On Preparation Of Documentary And Short Film

|                                     |   |
|-------------------------------------|---|
| <b>Name of the Event</b>            | <b>Workshop On Preparation Of Documentary And Short Film</b>  |
| <b>Objectives</b>                   | 1) To introduce participants to the art and craft of short film and documentary making.<br>2) To explore the significance of visual storytelling in education and communication.<br>3) To equip attendees with practical tools and techniques for creating compelling short films and documentaries |
| <b>Details of Event Coordinator</b> | Dr. Soja Mathew, Assistant Professor<br>St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                        | 2022-23(6/3/2023),2021-22(12/7/2022),2020-21(10/2/2021),2019-20(22/12/2019).2018-19(14/2/2019)  |
| <b>Time</b>                         | 10.00 AM- 4 PM  |
| <b>Duration</b>                     | 1 day   |
| <b>Resource Persons</b>             | Fr.Sajo Padayattil(2022-23)<br>Fr.Sajo Padayattil(2021-22)<br>Dr.Soya Mathew (2020-21)<br>Dr.Soya Mathew (2019-20)<br>Dr.Soya Mathew (2018-19)  |
| <b>Beneficiaries</b>                | Student Teachers  |
| <b>Event Venue</b>                  | Multipurpose Hall, St .Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

The college organized a workshop on Short Film and Documentary Making. Fr. Sajo Padayattil hosted the workshop on 6<sup>th</sup> March 2023, held at the Multipurpose Hall. The primary objective of this workshop was to equip budding filmmakers and educators with the essential knowledge and abilities needed to excel in the art of storytelling through short films







and documentaries. The workshop aspired to empower participants by providing them with the expertise and skills necessary for impactful storytelling in the realm of visual media. The workshop consisted of following phases:

1. Welcome and Introduction :The workshop commenced with a warm welcome and an introduction to the importance of visual storytelling in contemporary education and communication.
2. Understanding Storytelling :Fr .Sajo Padayattil emphasized the fundamental principles of storytelling, including plot development, character building, and the art of engaging an audience.
3. Technical Aspects :Participants received hands-on training in the technical aspects of filmmaking, including camera operation, lighting, sound recording, and editing.
4. Scriptwriting: The workshop included a session on scriptwriting, where attendees learned how to develop a compelling narrative for their short films and documentaries.
5. Practical Demonstrations : Fr.Sajo Padayattil conducted practical demonstrations, illustrating various filmmaking techniques and sharing real-world examples of successful short films and documentaries.
6. Interactive Sessions :Throughout the workshop, interactive sessions allowed participants to ask questions, share their ideas, and engage in discussions about their filmmaking projects.

The program emerged as a profoundly enriching and life altering experience for every individual who participated. It went beyond merely imparting invaluable insights into the intricate art of visual storytelling. It was a holistic learning experience that left an indelible mark on those who engaged in it, fostering a deeper appreciation for the power of visual narrative and enhancing their capacity to convey meaningful stories across diverse settings and scenarios.

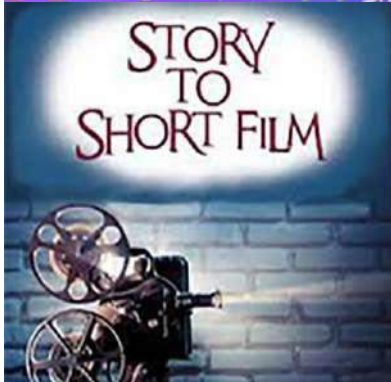




Session by Fr. Sajo Padayattil



Brochure of Previous Years



ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM KOCHI-682035  
Workshop on Short Film and Documentary making  
Date: February 14, 2019  
Time: 10.00 a.m.  
Venue: College Multipurpose Hall  
Resource Person: Dr. Soya Mathew (Faculty)



Rev. Fr. Sajo Padayattil (Resource Person)  
Date: July 12, 2022  
Time: 10.00 am -12.00pm  
Venue: St. Joseph College of Teacher Education for Women, Ernakulam



ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM KOCHI-682035  
Workshop on Short Film and Documentary making  
Date: February 10, 2021  
Time: 10.00 a.m.  
Venue: College Multipurpose Hall  
Resource Person: Dr. Soya Mathew (Faculty)





## Workshop on e-content awareness

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | <b>Workshop on e-content Awareness</b>  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. To raise awareness regarding e-content</li><li>2. To enhance the knowledge and expertise of the members</li><li>3. To help members acquire specific knowledge and skills</li></ol> |
| <b>Details of Event Coordinators</b> | IQAC Cell<br>St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Details of Resource Person</b>    | Mrs. Jeena Jayan<br>UGC Librarian<br>The Cochin College<br>Kochi  |
| <b>Date</b>                          | 09/08/2022  |
| <b>Time</b>                          | 6.00 PM – 7.00 PM   |
| <b>Duration</b>                      | 1 hour  |
| <b>Beneficiaries</b>                 | ,Teacher educand - 11   |
| <b>Platform</b>                      | Google Meet   |
| <b>Meet Link</b>                     | <a href="https://meet.google.com/iav-hzkr-igj">https://meet.google.com/iav-hzkr-igj</a>   |

### Programme Report

The IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam organized a workshop on ‘E-Content Awareness’ as part of student Development Programme on 9<sup>th</sup> August 2022 from 6.00 PM to 7.00 PM via Google Meet. The workshop was organized for teacher educands of St. Joseph College of Teacher Education for Women, Ernakulam. The faculty coordinators of the programme were Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education and Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the workshop was Mrs. Jeena Jayan, UGC Librarian at The Cochin





College in Kochi. A total of 11 educands from St. Joseph College of Teacher Education for Women, Ernakulam participated in the workshop.

The workshop on 'E-Content Awareness' started exactly at 6.00 PM via Google Meet. Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam hosted the entire workshop meeting. The workshop began with a prayer session lead by Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The prayer was succeeded by the welcome speech delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph officially welcomed the resource person and all the participants to the workshop. She reminded all of the members to utilize the opportunity to enhance their knowledge and competence which would reflect their excellence in their functioning area of the profession. After the welcome address by the Principal, the workshop was initiated by the resource person, Mrs. Jeena Jayan. The resource person enunciated the importance of members being aware of e-content especially in the present era of rapid change and advancements in technology. The workshop covered the basics, relevance, advantages and various forms of e-content. There is a growing pressure on educational systems across the world to use new Information and Communication Technology (ICT) to provide students with the required information and knowledge. In modern knowledge-explosion society, technologies play an important role in the successful transmission of information, the development of creative content, and the inclusion of innovative communication and information. E-content is an extremely effective educational tool. It is the most recent style of teaching that has piqued the interest of students and teachers across all educational systems. It is a valuable resource for the development of a knowledge rich society in which everyone, regardless of gender, religion, cast, creed or region has the opportunity to create, receive, share, and use knowledge and information for their economic, cultural, social, personal and political development and upliftment. E-content, in its different forms, such as virtual classrooms, web-based learning, mobile-based learning, computer-based learning and digital collaboration successfully serves the virtual learning environment. It is comprised of texts, videos, audio, graphics with visual impressions distributed over the satellite broadcast, internet as well as mobile technologies. E-content enhances the learning experiences by using diverse mediums to visualize and explain abstract concepts. Especially after the covid-19 pandemic stroke the world, the new online learning platforms have emerged and became an essential part of the educational system across the world. E-content





would help teachers in coordinating virtual learning effectively and efficiently and for the same, proper awareness regarding e-content and its uses are essential.

The workshop on 'E-Content Awareness' turned out to be successful in achieving its objectives. The workshop was effective in raising the awareness of teacher educators regarding e-content. It also helped the faculty members to enhance their knowledge and expertise which would contribute to their excellence in their functioning in the profession. The workshop provided students with necessary knowledge and skills for them to cater to their pupils and their styles of learning. It was extremely fruitful and beneficial for the students who participated in the workshop. The entire workshop wound up at 7.00 PM with the vote of thanks for the programme delivered by Ms. Anu Cleetus, programme coordinator for the workshop and Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.

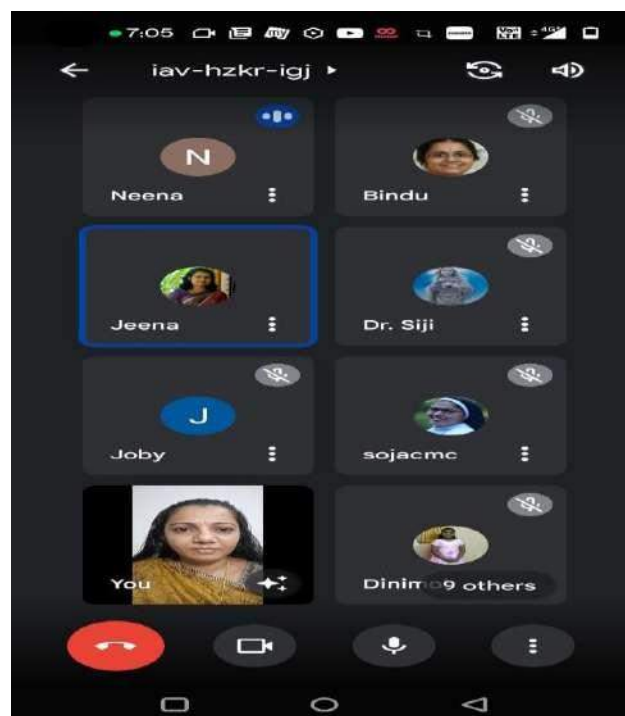
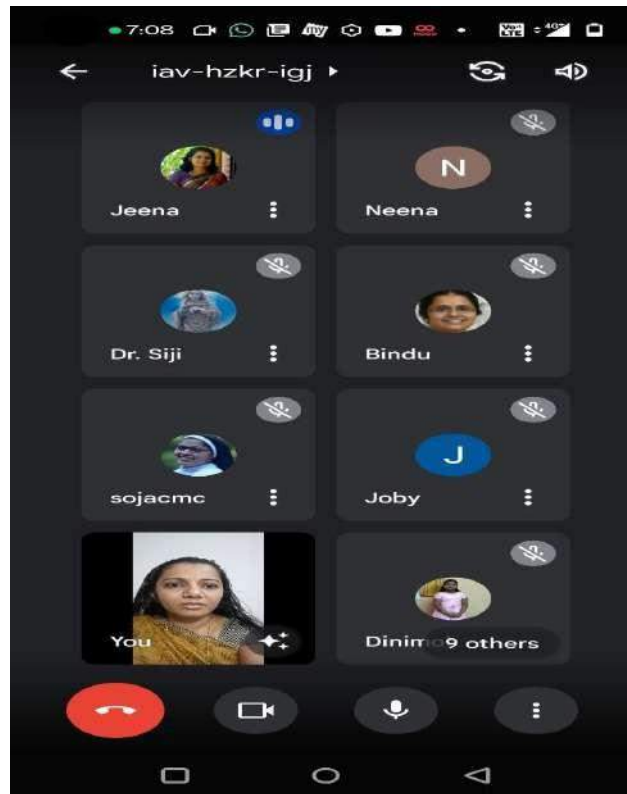


**Event poster for the workshop on 'E-Content Awareness' conducted as part of the Faculty Development Programme (FSDP) by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam on 9<sup>th</sup> August 2022 via Google Meet**





## Photo Gallery



Snippets from the workshop on 'E-Content Awareness' conducted via Google Meet as part of the Faculty Development Programme (FSDP) by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam on 9<sup>th</sup> August 2022





## Orientation on preparation of digital album

The college initiated an orientation program for M.Ed. teacher educands, focusing on the creation of a digital album centered on endangered species. The practicum was designed to be a crucial component of the M.Ed. educands' third-semester specialized paper in Environmental Education. The session was led by faculty member Ms. Sheeba A. S, aimed to provide support and guidance to enhance the teacher educands digital skills and ICT knowledge.

The teacher educator commenced the orientation by offering a comprehensive overview of endangered species. She delved into the significance of conserving these species, elucidating the various factors contributing to their endangerment, including habitat loss, climate change, pollution, and illegal wildlife trade. The session underscored the importance of raising awareness about endangered species, emphasizing the role that digital albums can play in disseminating educational information.

During the orientation, teacher educands were encouraged to explore and select endangered species based on their interests or passions. The teacher educator stressed the significance of featuring a diverse array of species from different regions or ecosystems to highlight biodiversity effectively. To facilitate the research process, the educator provided resources such as reputable websites, scientific journals, and conservation organizations.

Teacher educands were instructed to compile relevant information about their chosen species, covering aspects like scientific names, habitats, diets, threats faced, conservation statuses, and ongoing conservation efforts. Emphasis was placed on utilizing reliable sources and citing references to ensure the accuracy of the information presented. The format and structure of the digital album were explained. The teacher educands were given the flexibility to use various software or online tools such as Microsoft PowerPoint, Google Slides, or Adobe Spark.

The links of the digital album created by the teacher educands are provided below:

The orientation aimed to empower M.Ed. educands with the skills and knowledge necessary to undertake a meaningful educational practicum in the realm of Environmental Education. By integrating digital tools and emphasizing the importance of biodiversity, the college fostered a dynamic and engaging learning experience for the students.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Subject wise Field Visits to educationally and culturally important places (B.Ed)

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | Subject wise Field Visits to educationally and culturally important places (B.Ed)  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. To provide exposure for student teachers in community engagement</li><li>2. To help student teachers to connect with classroom concepts and what they are learning</li><li>3. To foster essential skills in student teachers and develop a sense of community</li></ol>   |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Date</b>                          | 2022-23(10/11/2022,7/11/2022,25/2/2023),2021-22(25/2/2022)   |
| <b>Beneficiaries</b>                 | B. Ed Student teachers, Faculty Members  |
| <b>Event Venue</b>                   | <ul style="list-style-type: none"><li>❖ Malayalam optional:<ul style="list-style-type: none"><li>○ Kerala Kalamandalam, Thrissur &amp; Zoo, Thrissur</li></ul></li><li>❖ Mathematics optional:<ul style="list-style-type: none"><li>○ Kerala Kalamandalam, Thrissur Zoo, Thrissur &amp; St. Mary's Convent, Ollur</li></ul></li><li>❖ English:<ul style="list-style-type: none"><li>○ Chavara Special School for Mentally Retarded &amp; St. Chavara Kuriakose Elias Museum, Koonammavu, Ernakulam</li></ul></li><li>❖ Physical Science optional:<ul style="list-style-type: none"><li>○ Chimmony Dam, Thrissur</li></ul></li><li>❖ Natural Science optional:<ul style="list-style-type: none"><li>○ Ezhattumugham- Thumboormozhi, Chalakudy</li></ul></li><li>❖ Social Science optional:<ul style="list-style-type: none"><li>○ Hill Palace, Tripunithura</li></ul></li></ul> |

### Programme Report

The college organized one day field trip for the student teachers, which prove to be an essential component of the learning process. The field trips offer students the opportunity to bridge the gap between theoretical knowledge and practical experience. They go beyond the







confines of traditional classroom learning and provide students with a tangible, real-world perspective on their studies.

The primary goal of these community field trips, organized by the college is to allow students to explore and engage with the subjects they are studying outside the classroom environment. The experiences are designed to deepen their understanding and broaden their horizons. Field trips offer a hands-on approach to education, enabling student teachers to see, touch and interact with the concepts they have learned about in theory. Additionally, the field trips aimed to instill essential skills such as empathy among student teachers and foster a sense of community.

The community field trips were organized for students pursuing various optional subjects, including English, Malayalam, Social Science, Mathematics, Physical Science and Natural Science, on different dates. The college aimed to create a holistic learning experience that would benefit the students both academically and personally.

The community field trips commenced on various dates for different optional subjects. For Malayalam and Mathematics optional, the field trip took place on 8<sup>th</sup> November 2022. Students in the Malayalam optional visited Kerala Kalamandalam in Thrissur and the Thrissur Zoo. Simultaneously, students in the Mathematics optional explored Kerala Kalamandalam, Thrissur Zoo and St. Mary's Convent in Ollur. For English, Physical Science and Social Science optionals, the community field trip occurred on 10<sup>th</sup> November 2022. English optional students visited Chavara Special School for Mentally Retarded and St. Chavara Kuriakose Elias Museum in Koonammavu in Ernakulam. Meanwhile, the Physical Science optional students embarked on a journey to Chimmony Dam in Thrissur and Social Science optional students explored Hill Palace in Tripunithura. The community field trip for the Natural Science optional took place on 25<sup>th</sup> February 2023. Students visited Ezhattumugham-Thumboormozhi in Chalakudy. Faculty coordinators and student coordinators were instrumental in organizing and guiding this field trip.

The community field trips proved to be highly successful in enriching the knowledge and skills of student teachers. These experiences allowed students to contextualize their classroom learning in real-world settings and gain hands-on experience.





**Snippets from the community field trip conducted in various destinations for B. Ed student teachers of all the optionals in the year 2022**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Field visit to Malsyafed, Njarackal (M.Ed)

|                              |   |
|------------------------------|---|
| <b>Name of the programme</b> | <b>Field visit to Malsyafed, Njarackal (M.Ed)</b>   |
| <b>Objectives</b>            | <ul style="list-style-type: none"><li>• To provide awareness on the environmental issues</li><li>• To understand different measures undertaken by the people to prevent the natural calamities like floods and heavy rain</li><li>• To give knowledge about the importance of students interaction in a group</li><li>• To develop the skills like planning, organizing an event and implement a programme.</li></ul> |
| <b>Features of Malsyafed</b> | It is a tourist center, many people visited the area because it is a beautiful area for visit. The main occupation is fishing and small business.   |
| <b>Date</b>                  | 20/12/22  |
| <b>Time</b>                  | 10 am   |
| <b>Duration</b>              | Half day  |
| <b>Beneficiaries</b>         | 11 M.Eds  |
| <b>Venue</b>                 | M.Ed seminar hall   |
| <b>Resource person</b>       | Aswathy D.V   |

The field visit is an educational procedure by which each student gains or learns information by observing objects, places, natural events and other real- experiential and contextual learning. On 20<sup>th</sup> December 2022, Teacher educators provided the necessary guide lines and orientation to the field visit. The team planed to visit Matsya fed . A team of M.Ed (2021-23) students, and two teachers Ms. Sheeba AS and Ms. Aswathy DV visited the mangroves information park and Fish Farm-Aqua Tourism Centre, at Malippuram and

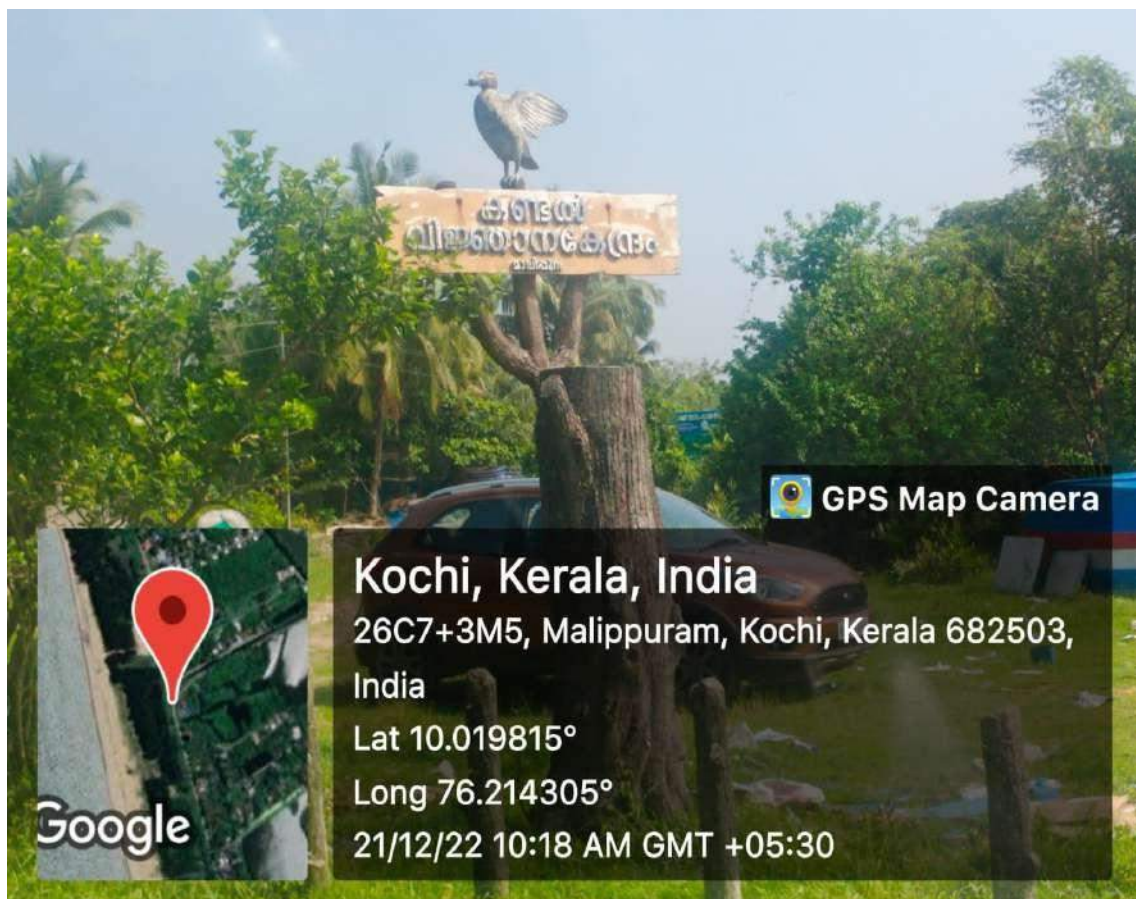




# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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Njarakkal in Ernakulam District, A Govt. of Kerala Under Taking Project. We started our field trip from Highcourt junction by 9:30 am. and reached our first destination Malippuram at 10.30 am. We spent there, and have the experience of Mangrove park and after visiting and collecting details from the first destination, we reached the second destination Matsyafed Njarakkal Fish Farm -Aqua Tourism Centre. There also spent time enjoying the spirit of backwater tourism. It's a place where there are environmental issues of freshwater scarcity. The farm is very close to Chappa beach in Elankunnappuzha panchayat. The farm is famous for the culture of Indian Grey Mullet ( Mugil cephalus ) which is popularly called “ Thirutha”. The fish ponds and canals around the farm including a mangrove island add magnificent beauty to aqua tourism.







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Field Visit-Different Art Centre (DAC) at Thiruvananthapuram

|                               |  |
|-------------------------------|--|
| <b>Name of the Event</b>      | <b>Field Visit-Different Art Centre (DAC) at Thiruvananthapuram</b>  |
| <b>Objectives</b>             | <ul style="list-style-type: none"><li>• To know the intellectual development of differently abled students at Different Art Centre, thereby ensuring their smooth passage into the mainstream of society</li><li>• To understand the basic functionalities of learning such as Reading, Writing, Simple Mathematics, Language Development, Simple Matching Exercises, Puzzle Exercises, Simple Sequences and Attention through sound as well as behavioural coaching</li><li>• To observe how to enhance abilities to engage with peers and society.</li></ul> |
| <b>Details of Institution</b> | Different Art Centre (DAC) is a division of academy of magical sciences founded by the famous magician gopinath muthukad jointly supported by magic academy and kerala social security mission, government of kerala, was established on 2019 at kazhakuttom, thiruvananthapuram. The centre was formally inaugurated by chief minister Pinarayi Vijayan on  |
|                               | Thursday, 07 november 2019.  |
| <b>Date</b>                   | 14/9/22  |
| <b>Time</b>                   | 10 a.m   |
| <b>Duration</b>               | Full Day   |
| <b>Resource person</b>        | Aswathy D.V and Sheeba A.S   |
| <b>Beneficiaries</b>          | Teacher Educands,  |
| <b>Venue</b>                  | Classroom  |





Teacher educators of college of education provided needful guidance and awareness on visiting different arts center in Thiruvananthapuram .This was a practice for educands to interact with differently abled children in that center and entertain them .This visit was helpful to understand the importance of inclusive education in the society .On 14<sup>th</sup> September 2022, we visited the Different Art Centre (DAC) at Kazhakkuttom, Thiruvananthapuram for differently abled children to explore their artistic talents and to analyse the overall development of differently abled community. The centre aims to empower and educate specially abled children with various disabilities -not just intellectual-and expand the focus of training from concentrating on magic to art forms such as music, dance, drama, cinema making, painting and skills in various musical instruments, all blended with a magical touch. We, the students, reached the centre by 10.00 am with our two teaching faculties. The centre majorly aims to empower these children by recognizing and sharpening their raw talents through special and appropriate methods.

We had a very heart whelming welcome from the staff of DAC. Initially one of their staff gave us an introductory session by explaining the formation of the centre and the journey which they had together over the past few years. The introductory session itself made all of us very much curious and excited to know more about the special talents of the particular centre. There was an interesting element throughout the trip which made us all wonder and overjoyed. From the beginning till the end, everyone including staff, students and parents of the students only had to talk about the most inspiring personality, none other than Gopinath Muthukad, the Founder of DAC. It was really great to get to know about such an eminent personality much closer from their own staff. She explained all about the programmes and courses which they offer to the students in a detailed way. She introduced us to their 7 Art stages for their Specially Abled Children and the functioning of each one. Later she requested all of us to appreciate their talents after each performance because the appreciation from the audience, reaching the centre from different parts of the world, increases a sense of confidence and better self-awareness of all participants.





Introductory session room



Beethoven Bungalow









# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Field visit STUDIUM, Kalamassery

|                            |  |
|----------------------------|--|
| <b>Name of the event</b>   | <b>Field Visit STUDIUM, Kalamassery</b>  |
| <b>Objectives</b>          | <ul style="list-style-type: none"><li>• To know the learning and behavioral disorders among differently abled students</li><li>• To understand different Teaching methodologies for disability students</li><li>• To improve employability skills</li><li>• To know different career opportunities</li></ul> |
| <b>Features of STUDIUM</b> | Centre for educational solutions and learning innovations. To spread awareness among family ,schools and society regarding the importance of proper intervention for SLD/ADHD at the right time. Centre for Career Guidance  |
| <b>Date</b>                | 14 <sup>th</sup> February 2022   |
| <b>Time</b>                | Reached 2 PM   |
| <b>Duration</b>            | Half day   |
| <b>Beneficiaries</b>       | Teacher Educands   |
| <b>Venue</b>               | STUDIUM ,Kalamassery   |
| <b>Resource person</b>     | Mr.Jaleel M.S & Naseeha Nazeer   |

On 14<sup>th</sup> February 2022 a team of M.Ed (2020-22) teacher educands & educators from St.Joseph College of Teacher Education for Women Ernakulam visited STUDIUM for understanding the different educational assessments and evaluations carried out in the institution. Before visiting the STUDIUM, the teacher educator Miss .Aswathy had provided the necessary orientation on that visit .This visit was the part of Psychology paper and connecting inclusive education to understand the problems of the students of learning disability. They reached there by 2 pm. They had an introductory session by Nzeeha Nazeer, Managing Director of the Institution, about the STUDIUM and Career Guru. This institution helps a child in building a new career. She also Explained about the different evaluations and assessments carried out in the institution. Mr.Jaleel M. S explained to them the career





opportunities in front of them. He explained the different short term courses provided by the foreign universities, its scope and opportunities.



**Orientation STUDIUM**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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**Swachha Pariyavaran community cleaning programme in Marinedrive, kochi, kerala**

## REPORT

**Date: 2022-23(11/10/2022) Location: Marine Drive, Kochi, Kerala**

**Inaugurated by: Hibi Eden, Member of Parliament (MP)**

The college provided an opportunity for the student teachers to take part in The Swachh Bharat Abhiyan (Clean India Campaign), a community cleaning initiative took place at Vanchisquare Marine Drive in Kochi on 11<sup>th</sup> October 2022. The event was inaugurated by Sri. Hibi Eden, Member of Parliament. The event had a clear objective to encourage cleanliness, raise environmental consciousness, and foster community engagement. The major objectives of the programme were:

1. To raise awareness about the importance of cleanliness and sanitation among the local community.
2. To mobilize residents and volunteers to actively participate in cleaning and maintaining public spaces.
3. To promote a sense of responsibility for the environment and civic duty among citizens.
4. To showcase the significance of community engagement in achieving the goals of the Swachh Bharat Abhiyan.

The program unfolded through several key phases:

- Inauguration by Hibi Eden: The event began with a warm welcome extended to Hibi Eden, Member of Parliament, who officially inaugurated the program. He underscored the significance of cleanliness in nurturing a more robust and healthier community.





- **Community Engagement:** Enthusiastic participation was witnessed from a diverse array of individuals, including residents, students, volunteers, and local organizations, all actively joined the cleanup efforts. Collaboratively, they tackled tasks such as litter collection, the cleaning of public spaces and the promotion of hygiene.
- **Awareness Drive:** Informational sessions and awareness campaigns played a pivotal role in enlightening both participants and passersby. These initiatives aimed to educate people on responsible waste disposal, the detrimental consequences of littering and the vital importance of upholding cleanliness in public areas.
- **Swachha Bharat Pledge:** Every participant was administered the Swachha Bharat pledge, reinforcing their unwavering dedication to maintaining clean surroundings and advocating for a cleaner India.
- **Cleanup Operations:** Cleaning activities encompassed a wide range of tasks, from street sweeping to the collection and proper disposal of garbage. Moreover, efforts were directed towards enhancing the area's visual appeal through tree planting and artistic endeavors like painting projects.
- **Community Cohesion:** Beyond the tangible cleaning tasks, the event provided an invaluable platform for community members to come together, forge stronger bonds, and collectively strive towards the shared aspiration of a Marine Drive that is not only cleaner but also greener.

The Cleaning Program proved to be a remarkable triumph. This endeavor not only played a pivotal role in improving the cleanliness of a prominent public area but also nurtured a collective spirit of community responsibility and heightened environmental consciousness among all those who took part. Initiatives like these are of paramount importance in actualizing the broader mission of achieving a cleaner and healthier India, aligning perfectly with the ideals of the Swachha Bharat Abhiyan.

The success of this program goes beyond just the physical aspect of cleaning; it symbolizes a shared commitment towards a cleaner and more sustainable future. By coming together and actively participating in this initiative, the participants not only improved the immediate surroundings but also set an example for others to follow. Such endeavors are vital in driving nationwide change, one community at a time, as they contribute to the realization of the Swachha Bharat Abhiyan's vision of a cleaner, healthier, and more responsible India.





### Images of Swacha Pariyavaran Programme





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Out of classroom activities - Flash Mob at Marine Drive and Seematti Premises

| Name of the Event             | Flash Mob at Marine Drive and Seematti Premises  |
|-------------------------------|--|
| Objectives                    | <ol style="list-style-type: none"><li>1) To give awareness on use of Drugs</li><li>2) To encourage students to express themselves creatively through dance and music.</li><li>3) Team Building :To foster a sense of unity and teamwork among the participants.</li><li>4) Provide a Break from Routine :To offer students a break from traditional classroom activities and engage them in an enjoyable and memorable experience.</li></ol> |
| Details of Event Coordinators | St. Joseph College of Teacher Education for Women, Ernakulam   |
| Date                          | 202223(26/10/2023(Seemattipremise&Marine Drive),30/10/2022(Lulumall)),13/11/2022(stadium)  |
| Performers                    | Student Teachers ,St. Joseph College of Teacher Education for Women, Ernakulam   |
| Beneficiaries                 | community members  |
| Event Venue                   | Marine Drive and Seematti Premises   |

### Programme Report

In collaboration with the "Out of Classroom Activities" initiative, the college extended an opportunity to the student teachers by organizing a vibrant and dynamic flash mob event on 26<sup>th</sup> October 2022. This exciting event unfolded at two separate locations: Marine Drive and Seematti Premises. The central objective was to provide the student teachers with an engaging and entertaining experience that not only brought them together but also fostered qualities such as creativity, teamwork, and the expression of individuality.





The college through this event, aimed to encourage its students to break away from traditional classroom settings and explore innovative avenues for self-expression and collaboration. The event served as a platform for students to unleash their creativity and engage with their peers, facilitating a comprehensive educational experience that transcended conventional textbooks and lectures. The planning phase of the event encompassed:

1. **Venue Selection:** The event was strategically planned at two venues, Marine Drive and Seematti Premises, to maximize participation and audience engagement.
2. **Rehearsals:** Leading up to the event, students participated in rigorous dance rehearsals to perfect their flash mob performance.
3. **Performance:** At 03:00 PM, the first flash mob performance kicked off at Marine Drive, capturing the attention of passersby and creating an electric atmosphere.
4. **Second Performance:** Following the successful Marine Drive performance, the second flash mob took place at Seematti Premises at 4:00 PM, spreading the joy of dance to another location.
5. **Audience Engagement:** Spectators at both locations were encouraged to join in, creating a sense of community participation.
6. **Social Media Coverage:** The event was captured on camera and shared on social media platforms, allowing students to relive the moment and share their experiences with a wider audience.

The experience of participating in the flash mob event was both thrilling and meaningful for the student teachers. It allowed them to step outside their usual academic routines and express themselves creatively while working together as a team. This experience held significant value as it promoted qualities like teamwork, self-expression, and confidence. The significance of the event lies in its contribution to the holistic development of the trainees. It provided them with a unique opportunity to engage in an out-of-classroom activity that emphasized collaboration, creativity and communication skills. Such experiences are vital in shaping well-rounded individuals who can thrive not only academically but also in various aspects of life where teamwork and self-expression are key.

### **Flash Mob at Seematti Premise**









# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Community Engagement Programme - Mat Making using Waste Cloth

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | Community Engagement Programme-Mat Making using Waste Cloth  |
| <b>Objectives</b>                    | <p>The primary objectives of the Community Engagement Programme for Mat Making using Waste Cloth were as follows:</p> <ol style="list-style-type: none"><li>1. Skill Development :To teach the beneficiaries the craft of mat making using discarded cloth materials, providing them with a valuable skill for personal and economic development.</li><li>2. Waste Reduction :To promote environmental consciousness by reusing waste cloth materials, thus contributing to the reduction of textile waste.</li><li>3. Women's Empowerment:To empower women within the Kairos group by enabling them to generate income through the production of mats and other handicrafts</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Date</b>                          | 2021-22(5/3/2022,12/3/2022)  |
| <b>Time</b>                          | 2.00 PM- 4 PM  |
| <b>Resource Persons</b>              | Student teachers, St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Beneficiaries</b>                 | Kairos (Group of Women Needs Help -Management Initiative   |
| <b>Event Venue</b>                   | Rani Matha Public School, Ernakulam  |

### Programme report

The college organized an outreach program centered on teaching the art of crafting mats from discarded cloth material on 5<sup>th</sup> March 2022&12/3/2022. It was executed for the beneficiaries of Kairos, a group of underprivileged women supported by Management Initiatives. The primary aim of this endeavour was to empower these women by imparting





new skills, promoting sustainability, and offering a pathway to economic independence through creative recycling. Key Highlights:

- **Training Session:** The initiative commenced with a training session led by experienced artisans and skilled instructors. These experts demonstrated the intricate techniques and artistic processes involved in mat making using waste cloth.
- **Materials and Tools:** To facilitate the learning process, the beneficiaries were provided with all the essential materials, including discarded fabric, sewing needles, threads, and various other tools indispensable for the art of mat making.
- **Hands-On Learning:** The women actively engaged in hands-on learning, immersing themselves in the step-by-step process of mastering the skills required to craft mats of diverse sizes and intricate designs.
- **Creativity and Innovation:** Throughout the program, participants were actively encouraged to infuse their unique creativity and innovative ideas into their mat designs. This freedom allowed them to produce distinct, marketable, and environmentally sustainable products.
- **Economic Opportunities:** As part of the initiative, comprehensive discussions were held regarding potential avenues for selling the mats, both within local markets and through online platforms. These conversations were aimed at providing the beneficiaries with economic opportunities and the prospect of financial independence.
- **Community Bonding:** Beyond the skill-building aspect, the program played a pivotal role in facilitating social interaction and community bonding among the members of the Kairos group. It fostered a sense of unity and a shared purpose among the participants.

The Community Engagement Programme emerged as a deeply meaningful and empowering endeavour. It equipped the women of Kairos with a valuable skill set, promoted sustainability through the creative repurposing of discarded materials, and created economic opportunities while addressing textile waste issues. Initiatives of this nature are vital in promoting self-sufficiency and advancing the development of the community.





Student Teacher Demonstrating Mat Making Process





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Community cleaning programme at district Ayurveda Hospital, Ernakulam

|                                      |   |
|--------------------------------------|---|
| <b>Name of the Event</b>             | Community Cleaning Programme at District Ayurveda Hospital, Ernakulam   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. Promote Cleanliness :To foster a sense of responsibility among the community members to keep the hospital and its surroundings clean</li><li>2. Raise Awareness :To educate the community about the importance of cleanliness, sanitation, and hygiene in healthcare settings.</li><li>3. Community Engagement :To encourage active participation of local residents and volunteers in cleaning and maintaining the hospital premises.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Dates</b>                         | 2021-22(12/3/2022)  |
| <b>Time</b>                          | 2.00 PM- 4 .00PM  |
| <b>Beneficiaries</b>                 | Student Teachers  |
| <b>Event Venue</b>                   | Govt. Ayurveda Hospital ,Kacheripady, Ernakulam   |

### Programme Report

The college organized a community cleaning program at the District Ayurveda Hospital in Ernakulam on 12<sup>th</sup> March, 2022. The primary objective of this endeavor was to champion the cause of cleanliness, increase awareness surrounding sanitation and actively involve the community in the maintenance of a clean and hygienic environment in the vicinity of the hospital. The key components of the program were:

- Community Participation: The cleaning drive witnessed enthusiastic involvement from the local residents, dedicated volunteers and committed hospital staff. This collective effort saw community members collaborating to eliminate litter, clear debris and undertake a thorough cleaning of the areas surrounding the hospital.





- **Cleaning Activities:** The cleaning activities encompassed a range of tasks, including sweeping, the responsible collection and disposal of trash, and the removal of overgrown vegetation from the hospital's surroundings.
- **Awareness Campaign:** To instill the importance of cleanliness within healthcare institutions, informative sessions were conducted as part of an awareness campaign. These sessions aimed to educate the community about proper waste disposal practices and the significance of adhering to hygiene norms in healthcare settings.
- **Swachh Bharat Pledge:** As a symbol of their commitment to maintaining a clean and healthy environment, a Swachh Bharat pledge was administered to all participants. This pledge served as a solemn vow to uphold the principles of cleanliness and hygiene.
- **Plantation Drive:** To enhance the aesthetics of the hospital premises and promote greenery, a small-scale plantation drive was incorporated into the program. This initiative not only contributed to the beautification of the hospital surroundings but also aligned with environmental sustainability goals.
- **Community Bonding:** Beyond the primary objective of cleanliness, the event fostered a sense of community bonding and camaraderie. It provided community members with a platform to come together, strengthen their connections and collectively strive toward the shared goal of achieving a cleaner and healthier hospital environment.

The Community Cleaning Programme emerged as a resounding success in its mission to champion cleanliness and engage the community proactively. Not only did it result in a cleaner hospital environment, but it also succeeded in raising awareness about the critical role of hygiene in healthcare settings. This initiative exemplified the power of community collaboration in effecting positive change and serving as a model for the broader community to emulate in its efforts to maintain a clean and hygienic environment.





## Cleaning Programme at District Ayurveda Hospital, Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Outreach programme at children's home, Kakkanad

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | Outreach Programme at Children's Home, Kakkanad  |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Emotional Support :To offer emotional support and care to the children residing in the Children's Home.</li><li>2) Skill Enhancement :To engage the children in various activities that promotes skill development and creativity.</li><li>3) Building Relationships :To establish positive and meaningful relationships between volunteers and the children.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Date</b>                          | 2021-22(23/3/2022)   |
| <b>Participants</b>                  | Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Beneficiaries</b>                 | Inmates of children's home   |
| <b>Event Venue</b>                   | Govt. Children's Home Kakkanad   |

### Programme Report

The college organized a community outreach initiative at the Children's Home in Kakkanad on 23<sup>rd</sup> March 2022, with the overarching goal of extending support to the children residing there, building a sense of togetherness, and spreading positivity within the community. The key components of the program were:

- **Engaging Conversations:** The outreach program kicked off with interactive sessions, during which volunteers actively engaged the children in dialogues, games and storytelling sessions. These interactions were designed to cultivate a warm and inclusive environment, making the children feel comfortable and valued.
- **Skill Enhancement Workshops:** A variety of skill enhancement workshops were thoughtfully arranged, encompassing art and craft, music and sports activities. These workshops served as platforms for the children to explore their interests and unearth their hidden talents, fostering personal growth and development.







- **Educational Support:** Committed volunteers provided valuable educational support by assisting the children with their studies, assignments and homework. This ensured that the children's academic needs were not overlooked and that they received the guidance required to excel in their studies.
- **Promoting Nutritious Eating Habits:** Recognizing the importance of a well-balanced diet, the outreach program included the provision of a nutritious meal to the children. This not only satisfied their immediate hunger but also imparted valuable lessons about the significance of healthy eating habits and their long-term benefits.
- **Distribution of Essential Items:** Essential items, such as clothing, school supplies and toiletries, were thoughtfully distributed to the children. This not only addressed their immediate needs but also alleviated some of the burdens they might have been facing.
- **Entertainment Extravaganza:** To add an extra dose of joy to the occasion, various entertainment performances were organized. These included music, dance and skits, all of which brought smiles, laughter, and a sense of celebration to the event.

The outreach program was a heartwarming and tremendously successful endeavor. Its impact extended far beyond the immediate assistance provided. It left lasting impressions on the children, creating cherished memories and fostering a deeper connection between the volunteers and the children they were supporting. The outreach program exemplified the power of community engagement and collective efforts to make a positive difference in the lives of those in need. It not only addressed the practical requirements of the children but also nourished their spirits, instilled hope and reinforced the value of community support and compassion.

### Programme at Children's Home, Kakkanad





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Study Tour

| Name of the Event             | Study Tour   |
|-------------------------------|--|
| Objectives                    | <ol style="list-style-type: none"><li>1) To provide an opportunity for participants to observe and experience new environments ,cultures ,and knowledge</li><li>2) To develop new skills and critical thinking.</li><li>3) To provide an opportunity for participants to connect with peers , professionals and experts</li><li>4) To reinforce experiential and contextual learning</li></ol> |
| Details of Event Coordinators | St. Joseph College of Teacher Education for Women, Ernakulam   |
| Dates                         | 2022-23(11/3/2023-15/3/2023),2021-22(27/6/2021-30/6/2021),2020-21(Cancelled as per the Govt .order due to Covid Pandemic),2019-20(9/1/2020-13/1/2020),2018-2019(15/1/2019-19/1/2020)   |
| Beneficiaries                 | Student Teachers   |

## Tour Programme Report

### Planning

The college organized 5 day study tour for the student teachers. On 6<sup>th</sup> February 2023, Dr. Sr. Soya Mathew, who served as the faculty coordinator for the tour, briefed the student teachers about the practical aspects of organizing a study tour. Theresa Thankachan, representing the Natural Science optional, was chosen as the tour leader, while Mariya Jesneela and Reshma Francis, from the Mathematics optional, assumed the roles of secretary and treasurer, respectively. Additionally, coordinators were selected from each class: Merize Ben Alias for English optional, Varsha for Social Science optional, Pranaya for Malayalam optional, Sona Paul for Mathematics optional, Meera Susan for Natural Science optional, and Aparna S for Physical Science optional.

The teacher educator shared her expertise, drawing from past experiences, to guide the effective planning and execution of the trip. The class coordinators collaborated with their peers to collect input regarding destination preferences, budget considerations, travel dates,





and the trip's duration. Subsequently, on 10<sup>th</sup> February 2023, the tour committee convened a meeting to discuss the diverse suggestions from students across different optional subjects. Following thorough deliberation, the committee ultimately chose a tour package offered by Vamos Amigos agency, which encompassed visits to Udupi, Murudeshwar, Dandeli, and Gokarna. This comprehensive excursion spanned five days and required a budget of 4900 rupees per student. The tour was fittingly named 'Akkare Akkare Akkare,' and the dates for the trip were officially set as 11<sup>th</sup> March 2023 to 15<sup>th</sup> March 2023.

On 3<sup>rd</sup> March 2023, another pivotal meeting was convened, presided over by Dr. Sr. Soya Mathew. During this gathering, various committee members were selected to undertake specific responsibilities in preparation for the trip. Different committees were established, and these included:

- 1) Purchasing committee
- 2) Entertainment committee
- 3) First-aid committee
- 4) Time table coordination committee
- 5) Photography
- 6) Attendance ensuring committee
- 7) Checking whether everyone got food
- 8) Snack distribution committee

The teacher educator ensured that every student teacher was assigned to one of the committees mentioned above. Leaders for each committee were chosen, and provided clear instructions regarding their respective roles and responsibilities.

## **Execution**

### **Day 1 -11/03/2023**

All student teachers were instructed to gather at South Railway Station, Ernakulam, by 10.30 p.m. Some students arrived directly at the station, while others came to the college first. Prior to departure, a prayer session, led by Dr. Sr. Betty P.J., was held at the college. The trip was accompanied by four teacher educators: Dr. Sr. Soya Mathew, Dr. Smitha Jose, Sr. Sicily A.A. and Dr. Rachel George M. These educators ensured that all students arrived at the station by 10.30 p.m. The train arrived at midnight, and the teacher educators confirmed





that students were in their assigned seats, with four of them stationed in different compartments to ensure student safety.

### **Day 2 -12/03/2023**

On 12<sup>th</sup> March, the team arrived at Mangalore railway station at 8 a.m. From there, they proceeded to the Dine and Divine restaurant in Udupi for refreshment and breakfast in two tourist buses. Each bus accommodated student teachers from three optional subjects and two teacher educators. Following breakfast, the team visited St. Mary's Island, a cluster of four small islands in the Arabian Sea. Sr. Soya provided insights into the significance of this island. After lunch, the team visited the Murudeshwar temple. By nightfall, they reached Dandeli and stayed at the State Lodge.

### **Day 3-13/03/2023**

On 13<sup>th</sup> March, the team headed to the River Edge Resort for breakfast. Following the meal, the student teachers participated in water activities, with the teacher educators closely supervising and offering safety instructions. Afterward, the group returned to the River Edge Resort for lunch. They also enjoyed time at the swimming pool and spent the evening engaged in activities such as a forest walk, rain dance and a campfire.

### **Day 4-14/03/2023**

On March 14th, the team explored Mirjan Fort in Gokarna and ventured into the Mangrove Forest. They concluded their day's activities and made it to Mangalore railway station by 6:15 p.m.

### **Day 5-15/03/2023**

The train pulled into the North Railway Station in Ernakulam at 7 a.m. The teacher educators meticulously documented the departure of each student teacher from the station, ensuring that all individuals were accounted for and safely on their way.

The trip was a memorable experience for the student teachers, as it offered a unique blend of learning, exploration and camaraderie. It allowed them to step out of their usual classroom settings and gain practical insights into various destinations and cultural aspects. Additionally, the trip fostered bonding among the students and teacher educators, creating a sense of community and shared experiences.





The significance of the trip lies in its ability to complement traditional classroom learning with hands-on experiences. It provided a platform for the student teachers to apply their knowledge in real-world situations, enhancing their understanding and skills. Moreover, exposure to diverse locations and cultures broadened their perspectives and increased their cultural sensitivity, an essential attribute for future educators. Overall, the trip was an enriching and holistic educational journey with lasting personal and professional benefits.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Participation in National seminar held at MG University Kottayam

The M.Ed students of St. Joseph College of Teacher Education exhibited remarkable enthusiasm and intellectual prowess as they actively engaged in the National Seminar on Youth@75: Way Forward, held on March 12, 2023, at MG University Kottayam. This event served as a pivotal moment for these budding educators, who seized the opportunity to present their research papers, bolstered by unwavering support and guidance from their dedicated teachers. The journey towards the seminar began on February 23, 2023, when the teacher educators Miss sheeba A.S extended invaluable assistance to the students in preparing their papers and honing their presentation skills. This collaborative effort not only cultivated the students' confidence but also helped them overcome stage fright and sharpen essential skills like effective communication, creativity, and problem-solving. The seminar itself, with its theme centered on the role of teachers in shaping the future of the youth in the context of India's vision of Youth@75, provided an enriching platform for knowledge exchange and dialogue. Over the course of two days, the event featured a diverse array of sessions, including keynote speeches, panel discussions, and workshops. These sessions delved into various facets of education and the vital role teachers play in nurturing holistic development, critical thinking, and responsible citizenship among young minds.



## Participation in national seminar





Paper presentation by teacher educands

|  |  |   |
|--|--|---|
| <p><b>Call for Papers</b><br/>(Online (limited) &amp; Online facility for presentation)<br/>We invite Original, Unpublished Research Articles based on the Subthemes</p> <ul style="list-style-type: none"> <li>● Youth@75 - Role of Teachers in Nation Building</li> <li>● Role of Youth in Nation Building: Then and Now</li> <li>● NEP 2020: Empowering the teacher</li> <li>● Indian values &amp; ethics, classroom conduct &amp; Discipline</li> <li>● Freedom@75</li> <li>● Youth and Gender Equality</li> <li>● Thriving @ 75 and youth</li> <li>● Vishva Guru Bharat-Intellectual traditions</li> <li>● Youth and Life skills</li> <li>● Outcome Based Evaluation (OBE) and quality education for youth</li> <li>● Youth and Innovations in Research</li> <li>● Role conflict-Teachers from Ancient to Modern Technology era</li> </ul> <p><b>Abstract Submission</b><br/>Abstract and full length paper can be written in English and it to be submitted within the specified date mentioned below. Abstract must be within 300 words with maximum five keywords and the following order is requested to be followed. Title of the Paper, Name of the Author/Co-author, Designation, Institution, Email ID and Contact Number.</p> <p>The abstract is to be submitted to <a href="mailto:sps@seminar2023@gmail.com">sps@seminar2023@gmail.com</a></p> <p><b>Full Paper Submission</b><br/>The full paper should contain Introduction, Review of Literature, Objectives, Methodology, Analysis, Results/Findings, Discussion and Conclusion. Reference should be given at the end of the paper. Length of the full paper should be within 2500-3000 words.</p> <p>Authors are requested to send the soft copies of the full paper in the mail <a href="mailto:sps@seminar2023@gmail.com">sps@seminar2023@gmail.com</a></p> <p><b>Publishing of Papers</b><br/>The accepted papers of the National Seminar will be published in the Seminar Special Volume of Pedagogies, a year, a multi-peer-reviewed research journal published by the School of Pedagogical Sciences, ISSN: 22297618. The fee for publication will be charged from the Authors.</p> <p><b>No Registration Fee</b></p> | <p><b>Important Dates</b><br/>Last date for Submission of Abstract : 17/02/2023<br/>Intimation of Acceptance : 19/02/2023<br/>Last date for Submission of Full Paper : 24/02/2023<br/>Accommodation, if needed, should be informed before 20-02-2023</p> <p><b>Our Patrons</b></p> <p>Prof. (Dr.) Sabu Thomas, The Vice Chancellor<br/>Prof. (Dr.) C.T. Aravindkumar, Pro Vice Chancellor<br/>Prof. (Dr.) Prakash Kumar B., Registrar</p> <p><b>Organizing Team</b></p> <p>Prof. (Dr.) Asha J.V., Head of the Department<br/>Prof. (Dr.) Miniikutty A., Dean, Faculty of Education<br/>Prof. (Dr.) Jaya Jaise, Professor, Formerly Head &amp; Dean, Faculty of Education<br/>Prof. (Dr.) Sajina Jaleel, Professor<br/>Dr. Ismail Thamarasseri, Assistant Professor<br/>Dr. Muhammed K. V., Assistant Professor<br/>Dr. Sibin G. Netto, Assistant Professor<br/>Dr. Smitha S., Assistant Professor (Convener of the Seminar)</p> <p><b>Contact</b><br/>Prof. (Dr.) Asha J.V., Head of the Department. Ph: 9447043489<br/>Dr. Smitha S., Assistant Professor (Convener of the Seminar), Ph: 9995283585</p> | <p><b>MAHATMA GANDHI UNIVERSITY</b><br/>(Re-accredited by NAAC with A Grade)</p> <p><b>SCHOOL OF PEDAGOGICAL SCIENCES</b><br/>PD Hills PO, Kottayam, Kerala, India, Pin: 686560<br/>Ph: 0484-2731342, www.sps.mgu.ac.in, sps@mgu.ac.in</p> <p><b>AZADI KA AMRIT MAHOTSAV</b></p> <p><b>National Seminar On</b><br/><i>Youth@75: Way Forward- Role of Teachers</i></p> <p><b>1<sup>st</sup> &amp; 2<sup>nd</sup> March, 2023</b></p> <p>Sponsored by<br/>Govt. of India<br/>Indian Council of Social Science Research (ICSSR)<br/>Ministry of Education, New Delhi-110067</p> <p>Organized by<br/>SCHOOL OF PEDAGOGICAL SCIENCES<br/>MAHATMA GANDHI UNIVERSITY</p> |
|--|--|---|

Brochure of national seminar





Certificate of presentation







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Report On Quiz Competition Conducted On Kerala Piravi Day

Kerala Day, also known as Kerala Piravi, is a celebration commemorating Kerala's formation as an independent State in the Indian Republic on November 1, 1956. On November 1, 2022, as part of the Kerala Piravi celebrations, M.Ed. students from St. Joseph College of Teacher Education for Women held a quiz competition for B.Ed. students based on the history of Kerala. Ms. Krishna T.D of the M.Ed Section served as the quiz master.

Ms. Bilbi Thomas marked the score sheet. Ms. Akhisha Antony and Ms. Saniya Kurian additionally participated in facilitating the quiz. The entire class extended them tremendous backing. The teachers provided the guidelines for conducting the quiz competition and explained everything in detail. Four sessions have been employed for administering the quiz. Ms. Ann Sara and Ms. Alka Thomas from Physical Science department were the winners. There were representatives from all the six optional subjects. The students had an overwhelming feeling of competitiveness throughout the quiz competition. The quiz contest was a grand success. Sr. Soya Mathew from General Education distributed the prizes to the winners.

The M.Ed. students' awareness of how to effectively coordinate a quiz competition has been strengthened by this competition. Conducting such a tournament has helped the students' presentation abilities.





### Quiz Competition Session





Prize distribution of Quiz Competition





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Malayalimanga competition

|                          |                                  |
|--------------------------|----------------------------------|
| <b>Name of the Event</b> | <b>Malayalimanga Competition</b> |
| <b>Date</b>              | <b>01-11-2022</b>                |
| <b>Time</b>              | <b>11 am</b>                     |
| <b>Venue</b>             | <b>TTC Hall</b>                  |
| <b>Resource person</b>   | <b>Lincy A.P</b>                 |

## Programme Report

The malayali manga competition of TTC batch of St. Joseph College of Teacher Education for Women, Ernakulam was held on 1<sup>st</sup> November 2022 at 11 am at TTC hall. Principal and Teachers of TTC invited M.Ed students to take up the role to be part of the judging panel and be part of their malayali manga competitions. With their warmly welcome Saniya Kurian, Bilby Thomas and Krishna T.D from M.Ed went for the competition. Before the competition teachers gave the judging panel instructions and criterias to look up while judging the programme. It was a great opportunity as well as a better platform to learn something different. The speciality that was found in this competition was the participation of TTC students. All students from first and second years participated and gave their best for this competition. The competition was held by providing three rounds. After each round filtration was done based on the instructions and criterias provided and finally the final 3 were selected and the prize was distributed by the principal. As a teacher educant the judging panel got an idea how to conduct, set and analyse a competition with the determined set of criterias. The support and guidance from teachers were irreplaceable. Lastly, the function ended with programmes of students and vote of thanks by the principal.





### Images of Malayalimanga Competition





## Orientation programme on conducting project

|                                    |   |
|------------------------------------|---|
| <b>Name of the event</b>           | <b>Orientation programme on conducting project on socially/educationally relevant issue</b>   |
| <b>Objectives</b>                  | <ul style="list-style-type: none"><li>• To make the student teachers understand various social/ educational problems</li><li>• To make student teachers able to analyse and solve social/ educational problems</li><li>• To inculcate or improve social commitment within student teachers.</li></ul> |
| <b>Detail of event coordinator</b> | Dr. Smitha Jose, Assistant Professor  |
| <b>Date</b>                        | 2022-23(6/12/2022),2021-22(21/2/2022),2020-21(4/1/2021),2019-20(12/8/2019),2018-19(25/7/2018)   |
| <b>Time</b>                        | 09:00am- 10 am  |
| <b>Beneficiaries</b>               | <ul style="list-style-type: none"><li>• Student Teachers</li><li>• Society</li></ul>  |
| <b>Event Venue</b>                 | Selected schools, colleges, category and community  |

## Programme Report

As a part of the first-semester B.Ed curriculum, student teachers had to conduct a social survey under the course EDU 101, "Contemporary India and Education." This project involved a survey and subsequent analysis of socially or educationally relevant issues currently affecting society. The college organized an orientation class for the survey. Dr. Smitha Jose, the subject in-charge, provided necessary guidelines and a framework for the project to each student teacher. The primary objectives were to understand the root causes of such problems, equip student teachers with the skills to analyze these issues, and empower them to propose solutions, particularly those related to education and children.





The project required student teachers to work in groups of three to identify a common social or educational issue. Each group was tasked with identifying three different aspects of the chosen problem, from which individual student teachers could select one aspect to initiate the project. The faculty in charge individually guided each student teacher in setting the study's objectives and developing appropriate research tools.

The survey, conducted throughout the month of November 2022, covered a wide range of topics, with a strong focus on educational aspects, such as social media addiction, substance abuse, and health issues among school and college students. Additionally, some surveys explored women's issues, including workplace challenges, menstrual hygiene, and literacy. Surveys were conducted either online through Google Forms or offline through face-to-face interactions using printed questionnaires. The sample size for data collection varied based on the chosen topic and survey category, with each student teacher conducting a minimum of 30 and a maximum of 60 random surveys within the stipulated time frame.

Following data collection, the student teachers sorted, analyzed and compiled the data to critically evaluate the chosen social or educational issue. Under the timely guidance of the faculty and utilizing various statistical tools, each student teacher was able to draw generalized conclusions from their research.

The orientation class on surveying socially or educationally relevant issues provides student teachers with a range of valuable skills and experiences that enhance their teaching capabilities and contribute to their personal and professional growth. It also aligns with the institution's mission to prepare educators who are not only knowledgeable but also socially conscious and engaged in addressing real-world challenges. Through such projects, student teachers became more connected to the issues prevalent in society, fostering a sense of responsibility for its betterment. This initiative not only encouraged critical thinking but also enabled student teachers to analyze the problems affecting our society, ultimately cultivating socially committed and responsible citizens.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Orientation session on conducting interview with Folk Artist

| Name of the Event                       | Orientation session on conducting interview with Folk Artist  |
|---|---|
| <b>Objectives</b>                       | <ol style="list-style-type: none"><li>1. To provide exposure for student teachers in community engagement</li><li>2. To instill the importance and the value of traditional art forms and culture among student teachers</li><li>3. To enhance the knowledge of student teachers regarding different folk art forms</li></ol> |
| <b>Details of Event Coordinators</b>    | St. Joseph College of Teacher Education for Women, Ernakulam  |
| <b>Details of Resource Person</b>       | Mrs. Anu Cleetus<br>Assistant Professor (Education)<br>St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Date of event of last five years</b> | 2022-23(7/9/2022), 2021-22(18/3/2022), 2020-21(25/8/2020), 2019-20(7/8/ 2019), 2018-9(10/10/2018)   |
| <b>Beneficiaries</b>                    | Student teachers  |
| <b>Event Venue</b>                      | Multipurpose Hall<br>St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

At St. Joseph College of Teacher Education for Women, student teachers undergo a series of preparatory activities in anticipation of their school-based practice and internships. Annually, the college organizes an orientation session on 'Conducting Interviews with Folk Artists' for first-year student teachers. The primary objective of this orientation is to equip student teachers with essential skills and competencies required for their upcoming practice teaching and internships. The session was led by Ms. Anu Cleetus, an Assistant Professor in General Education for the academic year 2022-23, aimed to prepare student teachers for their fieldwork. It was specifically designed to enhance their proficiency and capabilities in this context.







The resource person encouraged the trainees to seize this opportunity to augment their knowledge and competencies, recognizing that doing so would contribute to excellence in both their academic and professional endeavors. As part of their preparation for school-based practices and internships, the student teachers were tasked with conducting interviews with folk artists and subsequently creating reports on local community art forms, with the deadline set for 16<sup>th</sup> March 2023. The orientation was structured to provide guidance on conducting these interviews professionally.

During the session, the resource person offered invaluable guidance to the student teachers on the art of conducting interviews with folk artists. She provided a brief overview of various folk arts, including Theyyam, Kathakali, Kodyattu, Mohiniyattam, Kalarippayattu, Padayani, Pulikali, Thullal, Chakyarkoothu, Thiruvathirakali, and more. The student teachers were given clear instructions on how to create interview schedules based on the guidance and directives provided by the resource person.

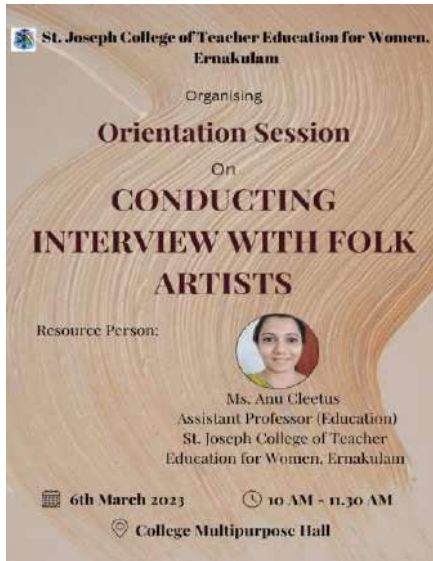
The orientation session successfully underscored the importance and value of traditional art forms and culture among the student teachers. It furnished them with knowledge and exposure to community engagement, enhancing their understanding of the significance of preserving and promoting local art forms. Overall, the session proved to be both informative and beneficial for the student teachers, preparing them for their upcoming fieldwork and fostering an appreciation for the rich cultural heritage within their communities.

### Photo Gallery



Event poster for the orientation session on 'Conducting Interview with Folk Artist' conducted for B.Ed student teachers of St. Joseph College of Teacher Education for Women, Ernakulam on 6<sup>th</sup> March 2023 from 10AM to 11.30AM at the college multipurpose hall.





Snippet from the interview conducted with folk artists by B.Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Orientation on preparation report on of local community Art Forms

| Name of the Event                    | Orientation on preparation report on of local community art forms  |
|--------------------------------------|--|
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1) Familiarize Participants with Local Art Forms: To introduce participants to the diverse and culturally rich art forms present within their local communities.</li><li>2) Enhance Research Skills: To equip participants with the necessary research skills and methodologies for thorough documentation of local art forms.</li><li>3) Guide Report Preparation: To provide participants with a structured approach to preparing well-organized and informative reports on local community art forms.</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Dates &amp; Resource persons</b>  | 2022-23 (13/9/2022) - Mrs.Anu Cleetus<br>2021-22 (17/3/2022) - Teacher Educators in concerned Subjects<br>2020-21 (23/3/2021) - Dr.Hemalatha P.K<br>2019-20 (12/5/2020) - Dr.Hemalatha P.K<br>2018-19 (5/3/2019) - Dr.Hemalatha P.K  |
| <b>Beneficiaries</b>                 | Student Teachers   |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report (2022-23)

The college organized an orientation session on "Preparation of Reports on Art Forms within Local Communities" on 13<sup>th</sup> September 2022. The session was expertly led by Anu Cletus, an esteemed Assistant Professor in General Education. The primary objective of this orientation was to furnish participants with invaluable insights and guidance regarding the research and documentation of art forms indigenous to local communities. The key components of the program were:





- **Introduction to Local Art Forms:** The orientation commenced with an introduction to the multifarious art forms flourishing within local communities. These encompassed traditional dance, music, handicrafts, and various genres of visual arts.
- **Research Methodologies:** the resource person comprehensively elucidated a range of research methodologies, encompassing fieldwork, interviews, surveys, and archival research. This provided participants with a holistic toolkit for effective data collection.
- **Data Gathering:** The session offered practical guidance on the acquisition of both primary and secondary data, underscoring the significance of firsthand experiences and the incorporation of local perspectives into the research process.
- **Report Structure:** Participants were introduced to a recommended framework for structuring a report centered on local community art forms. This framework included elements such as historical context, cultural significance, profiles of artists, preservation efforts and prospects for the future.
- **Ethical Considerations:** The orientation placed a strong emphasis on the vital importance of maintaining cultural sensitivity and ethical standards when engaging with local communities and documenting their unique art forms.
- **Interactive Discussions:** Interactive discussions and group activities were seamlessly integrated into the session, providing participants with a platform to exchange their thoughts, discuss challenges, and share their experiences related to the research and documentation of local art forms.

The Orientation proved to be an invaluable and enlightening endeavor. It effectively equipped participants with the requisite knowledge, skills, and ethical foundations needed not only to preserve but also to promote the rich cultural heritage embedded within their local communities through the documentation of diverse art forms.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Orientation on preparation of report on Interview with Eminent Teacher

| Name of the Event                | Interview with Eminent Teacher  |
|----------------------------------|---|
| Objectives                       | <ol style="list-style-type: none"><li>1. Familiarize Participants with Interview Techniques :To introduce participants to effective interview techniques for engaging with eminent teachers.</li><li>2. Enhance Interview Documentation Skills:To equip participants with the skills necessary for recording and summarizing interviews effectively.</li><li>3. Promote Learning from Eminent Educators:To encourage participants to learn from the experiences and insights of distinguished teachers.</li></ol> |
| Details of Event<br>Coordinators | St. Joseph College of Teacher Education for Women, Ernakulam  |
| Dates                            | 2022-23(10/8/2022)<br>2021-22(7/3/2022)<br>2020-21(29/3/2021)<br>2019-20(10/2/2020)<br>2018-19(12/2/2019)   |
| Beneficiaries                    | Student Teachers  |
| Event Venue                      | Multipurpose Hall, St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

The college organized an annual workshop on "Creation of Reports from Interviews with Distinguished Educators" held at the Multipurpose Hall of the college. The sessions were led by Anu Cletus, an Assistant Professor in General Education, with the goal of guiding participants through the process of conducting and documenting interviews with seasoned and accomplished educators. Key Components of the workshop:





- **Fundamentals of Interviewing:** The orientation sessions commenced with an introduction to the fundamental principles of conducting interviews. This encompassed preparation, the formulation of relevant questions and the importance of active listening during the interview process.
- **The Role of Interviewers:** Anu Cletus delved into the pivotal role played by interviewers in creating a conducive and respectful environment that allows eminent educators to freely share their wealth of knowledge and experiences.
- **Documenting Interviews:** Practical guidance was generously provided on the various methods of documenting interviews, which included effective note-taking techniques, audio recording and video recording.
- **Data Analysis:** Participants were initiated into the art of systematically analyzing interview data. This process involved extracting valuable insights and lessons from the collected information.
- **Report Preparation:** Invaluable guidelines were shared on how to structure and present interview reports effectively. Emphasis was placed on clarity, organization and the inclusion of key takeaways to ensure the report's comprehensibility and impact.
- **Interactive Workshops:** To reinforce their understanding and hone their skills, participants actively engaged in hands-on workshops. These workshops provided them with practical experience in interview techniques and documentation under the expert guidance of the resource persons.

The orientation served as a valuable resource for all participants. The sessions were thoughtfully designed to not only impart knowledge but also to cultivate practical skills. The overarching goal was to promote a deeper understanding of teaching practices and pedagogical approaches through the insightful interviews with accomplished educators.





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Report on interaction with the recipient of best teacher award

|                          |  |
|--------------------------|--|
| <b>Name of the event</b> | Interaction with the recipient of best teacher award of Kerala state Sr.Rani Maria, 2007-2008                  |
| <b>Objectives</b>        | To familiarize eminent personalities in the society,<br>To know about quality teachers and quality of teaching |
| <b>Date</b>              | 11 August 2022   |
| <b>Time</b>              | 10 am  |
| <b>Duration</b>          | Half day   |
| <b>Beneficiaries</b>     | Teachers, teacher educands   |
| <b>Venue</b>             | Mount Carmel Generalate CMC  |
| <b>Resource person</b>   | Rev.Sr.Rani Maria  |

## Report

On 8<sup>th</sup> August 2022 teacher educands Ms. Lini John, Ms. Josephine Sharel Lopez and Ms. Bivya Sukumar from St. Joseph College of Teacher Education for Women Ernakulam interacted with Rev. Sr. Rani Maria on the occasion of Teachers day 2022. Teacher educands reached in the Mount Carmel Generalate CMC, Aluva at 10 am. Studio was arranged for the interview with professional director and camera man. On prior to the interview there was trials to check the video, audio and lightings. Director of the show was stringent for keeping a pleasant and informal conversation during the entire interaction.

Teacher educands were well prepared about the interaction. The main interaction was based on the teaching experiences of Rev. Sr. Rani Maria. Her beautiful memories about teaching life were asked also the struggle some period of her teaching career. Rev. Sr. Rani Maria's words were like words of wisdom, highly motivating and heart touching. She was such a down to earth person so it was easy for the teacher educands to interact with her pleasantly and enthusiastically. She highlighted that Teachers are arguably the most important members of our society. They give children purpose, set them up for success as





citizens of our world, and inspire in them a drive to do well and succeed in life. The children of today are the leaders of tomorrow, and teachers are that critical point that makes a child ready for their future. The interaction was recorded and telecasted in the YouTube channel of CMC vision on September 5 2022.

വെറുതെയല്ല മികച്ച അധ്യാപികയ്ക്കുള്ള സംസ്ഥാനഅവാർഡ് റാണി സിസ്റ്റർ തേടിയെത്തിയത്!

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Teacher educands with Sr. Rani Maria







## Images of Interview with Sr. Rani Maria







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Orientation on Inclusive Education

|                                      |  |
|--------------------------------------|--|
| <b>Name of the Event</b>             | Orientation Session on Inclusive Education   |
| <b>Objectives</b>                    | <ol style="list-style-type: none"><li>1. To educate student teachers on the concept of inclusive education</li><li>2. To equip student teachers with adequate knowledge and competencies regarding inclusive education so as to help them excel professionally as prospective teachers</li><li>3. To help student teachers learn about the role of teachers in inclusive education</li><li>4. To provide an opportunity for student teachers to establish a healthy relationship with each other</li></ol> |
| <b>Details of Event Coordinators</b> | St. Joseph College of Teacher Education for Women, Ernakulam   |
| <b>Details of Resource Person</b>    | Mrs. Sudheesha K S, Former HoD and Social Psychologist,<br>Department of Counseling and Special Education, International Indian School UAE   |
| <b>Date</b>                          | 2022-23(23/6/2022),2021-22(15/2/2022),2020-21(27/8/2021),<br>2019-20(10/3/2020),2018-19(1/2/2019)  |
| <b>Beneficiaries</b>                 | Student teachers   |
| <b>Event Venue</b>                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

## Programme Report

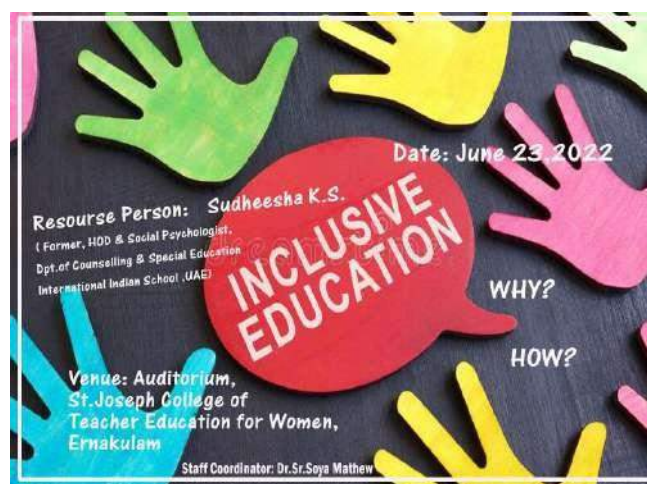
The college organized an orientation class on Inclusive Education for the first-year student teachers on 23<sup>rd</sup> June 2022. Dr. Sudheesha K S served as the resource person for the session. The session commenced with a thorough exploration of the concept of 'Inclusion.' Inclusive teaching was described as an approach that honors the diversity among students, enabling them to actively engage in learning and realize their full potential. It also emphasizes the importance of meeting the distinct learning needs and preferences of students, regardless of their backgrounds, learning styles, or abilities, while eliminating any obstacles hindering their learning process. The resource person clarified terms such as





adaptation modification, and accommodation, shedding light on their relevance in an inclusive classroom. She went on to elaborate on the various ways adjustments or modifications can be implemented, with a particular focus on the teaching and learning environment. The resource person emphasized the essential role of teacher confidence in effectively executing planned lessons. Understanding the number of students with special needs (CWSN), their diverse types, and proficiency levels was highlighted as a fundamental step. Teachers were encouraged to take note of common adaptations that apply to all categories of CWSN. These adaptations encompassed creating an accommodating classroom environment, optimizing seating arrangements to minimize distractions, providing regular breaks, allowing extra time for completing assignments and utilizing modern technology as an aid. Furthermore, the importance of delivering clear and specific instructions was stressed and teachers were encouraged to include CWSN students in group activities or provide them with necessary peer support, buddy systems, or scribes when needed.

The class proved to be highly informative, equipping aspiring teachers with the knowledge and skills required to effectively support and educate children with special needs. It not only raised awareness about the principles of inclusive education but also instilled a sense of preparedness among student teachers to create an inclusive and supportive learning environment that caters to the diverse needs of all students. Dr. Sudheesha K S's expertise and guidance undoubtedly enriched the students' understanding of inclusive education and their ability to implement inclusive teaching practices.



**Brochure of Class on Inclusive Education**





### Images on Sessions by Mrs. Sudheesha K S





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## Special tuition program for facilitating Inclusive education

### Report

**Beneficiaries** : Weak Students of St. Mary's HSS Secondary Section

**Participants** : Student Teachers of the 22-23 Academic Year Batch

**Venue** : St. Mary's CGHSS Ernakulam

The college devised the Special Tuition Program for Enhancing Inclusive Education with the primary aim of catering to the educational requirements of underperforming students in the Secondary Section of St. Mary's Higher Secondary School. This initiative engaged student teachers from the academic year batch of 2022-2023, enlisting their support and guidance to bolster the academic progress of these students.

- **Academic Enhancement:** The program sought to facilitate academic improvement among weaker students across various subjects, ensuring that they could bridge the gap and keep pace with their peers.
- **Promoting Inclusive Education:** By offering tailored assistance to students with diverse learning needs and abilities, the program aimed to champion the cause of inclusive education.
- **Skill Development:** The program also served the dual purpose of enhancing the teaching skills and practical experience of student teachers by providing them with hands-on exposure to the roles of tutors and mentors.

Key Components of the Special Tuition Program:

- **Identification of Struggling Students:** Students in need of supplementary academic support were identified based on their performance in assessments and teacher recommendations.
- **Personalized Learning Plans:** Individualized learning plans were meticulously crafted for each struggling student, taking into account their specific areas of difficulty and the pace at which they learned.





- **Weekly Tutoring Sessions:** The heart of the program lay in its weekly tutoring sessions, where student teachers provided either one-on-one or small group instruction to the identified students who were facing academic challenges.
- **Comprehensive Subject Coverage:** The tuition program encompassed a wide array of subjects, ranging from mathematics and science to language arts and social studies, all tailored to meet the specific needs of the students.
- **Ongoing Monitoring and Assessment:** The progress of students was closely monitored and regular assessments were conducted to gauge improvements and adjust teaching strategies as needed.
- **Mentoring and Guidance:** Going beyond academics, the student teachers assumed the role of mentors, offering guidance and emotional support to the struggling students, thus fostering a nurturing and encouraging learning environment.

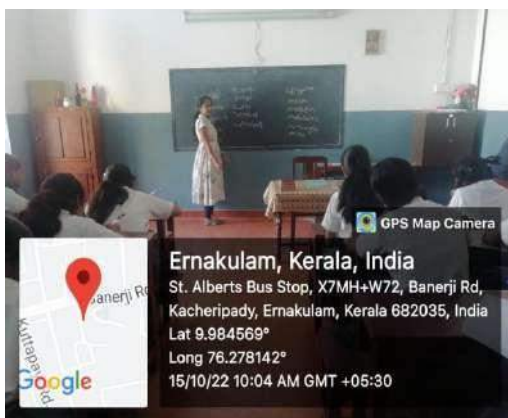
The program emerged as a resounding success, effectively catering to the educational needs of underperforming students. This program not only yielded improvements in their academic performance but also actively championed the principles of inclusive education. Furthermore, it provided invaluable teaching experience to the participating student teachers, equipping them with the practical skills and insights needed to excel in their future roles as educators.

The dedication and hard work exhibited by the student teachers in their efforts to facilitate inclusive education and support academically challenged students are indeed praiseworthy. Their commitment to the cause of education has made a significant and positive impact on the school community, highlighting the importance of collaborative efforts in advancing the quality of education for all students.





### Images of special tuition







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## Snehasadan special school visit

|                          |  |
|--------------------------|--|
| <b>Name of the Event</b> | <b>Snehasadan Special School Visit</b>   |
| <b>Objectives</b>        | <ol style="list-style-type: none"><li>1. Skills to interact with differently abled children</li><li>2. Ability to identify functioning system of the educational programs for mentally challenged children in the institution.</li><li>3. To know how to entertain these children and their problems</li></ol> |
| <b>Date</b>              | 12- 8-2022   |
| <b>Time</b>              | 10: 30 am  |
| <b>Duration</b>          | One day  |
| <b>Resource Person</b>   | Sr. Celine   |
| <b>Beneficiaries</b>     | M.Ed students  |
| <b>Venue</b>             | Sneha Sadan Special School, Pothiyakkara.  |





## Report

On August 11<sup>th</sup>, 2022, an orientation session was conducted for M.Ed. students by Miss Aswathy D.V. The purpose of this orientation was to prepare the M.Ed. students for their visit to Sneha Sadan Special School in Kalady, scheduled for the following day, August 12<sup>th</sup>, 2022, at 10 AM. During the orientation, Miss Aswathy D.V. provided comprehensive guidance on various aspects of planning and organizing the visit. Key topics covered included: Purpose of the Visit: Clarifying the educational objectives and goals for the visit to Sneha Sadan Special School. Addressing the logistical aspects, such as transportation arrangements and the meeting point for departure. Outlining the itinerary for the visit, including the starting and ending times, as well as any planned activities or sessions. Emphasizing the importance of respectful and considerate behavior during the visit, especially when interacting with students and staff at Sneha Sadan.

Advising students to be adequately prepared, which may include reviewing relevant information about the special school and any specific guidelines or expectations. Highlighting safety considerations and ensuring that students are aware of safety protocols while traveling and during the visit. By providing this orientation, Miss Aswathy D.V. ensured that the M.Ed. students were well-prepared for their visit to Sneha Sadan Special School. This preparation contributed to a more meaningful and organized educational experience for both the M.Ed. students and the students at Sneha Sadan.





### Images of Snehasadan Special School visit



### Sneha Saden School Staff



### Play Ground





### Shop



### Classroom

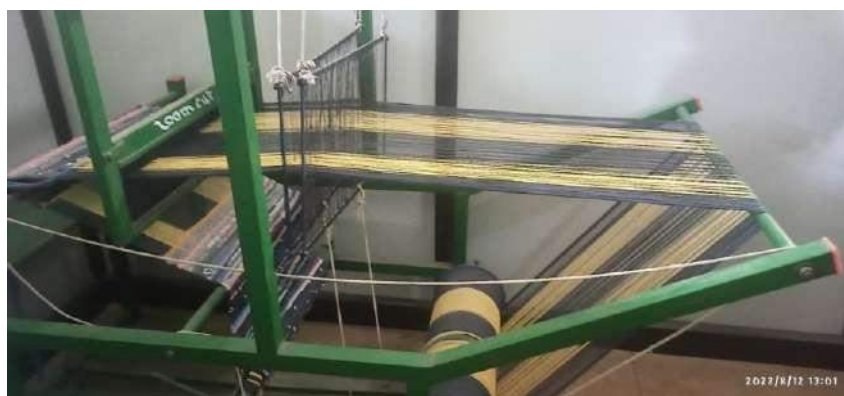




### Physiotherapy



### Mat Waving



### Book Binding





### Computer Lab



### Candle Making



### Special Class for disabled students





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## Orientation on preparation of Individualized Learning Material

| Name of the Event             | Orientation on preparation of Individualized Learning Material   |
|-------------------------------|--|
| Objectives                    | <ol style="list-style-type: none"><li>1. Understanding Individualized Learning :To introduce participants to the concept of individualized learning and its importance in education.</li><li>2. Developing Tailored Materials :To equip participants with the skills to create personalized learning materials that cater to the unique learning styles and abilities of students.</li><li>3. Enhancing Teaching Effectiveness :To promote effective teaching practices by incorporating individualized learning materials into lesson planning.</li></ol> |
| Details of Event Coordinators | St. Joseph College of Teacher Education for Women, Ernakulam   |
| Dates and Resource persons    | 2022-23 (15/09/2022) Mrs. Anu Cletus, Assistant Professor<br>2021-22 (06/12/2021) Dr. Joby Joy Kurian, Assistant Professor<br>2020-21 (18/02/2021) Dr. Joby Joy Kurian, Assistant Professor<br>2019-20 (22/10/2018) Dr. Joby Joy Kurian, Assistant Professor<br>2018-19 (24/09/2018) Dr. Joby Joy Kurian, Assistant Professor  |
| Beneficiaries                 | Student Teachers   |
| Event Venue                   | St. Joseph College of Teacher Education for Women, Ernakulam   |

### Programme Report

The college organized an annual workshop on the "Creation of Customized Learning Resources". It was conducted at the Multipurpose Hall of the college. The informative sessions were skillfully led by Anu Cletus (2022-23) and Dr. Joby Joy Kurian, both esteemed Assistant Professors in the field of Education. The primary objective was to empower participants with the knowledge and tools needed to craft personalized learning materials tailored to the diverse and unique needs of their students.





- **Introduction to Personalized Learning:** The orientation sessions commenced with an in-depth exploration of personalized learning, underscoring its pivotal role in effectively addressing the wide-ranging and individualized learning requirements of students.
- **Identifying Student Needs:** Anu Cletus and Dr. Joby Joy Kurian delved into various strategies for identifying and assessing the specific needs of students. This encompassed understanding their distinct learning styles, recognizing their strengths, and addressing areas where they may encounter challenges.
- **Material Design Techniques:** The sessions provided hands-on guidance on how to design and develop personalized learning materials. Participants received practical insights into creating a diverse array of resources, including worksheets, visual aids, and interactive materials.
- **Incorporating Technology:** The effective integration of technology in crafting personalized digital learning materials was a key focus. The discussions covered relevant tools and software, enabling participants to harness technology for enriched learning experiences.
- **Case Studies and Best Practices:** Attendees were immersed in real-world examples through case studies and exemplary practices in personalized learning. These case studies highlighted successful implementations in various educational settings, offering valuable lessons and inspiration.
- **Interactive Workshops:** To reinforce their understanding and skills, participants actively engaged in hands-on workshops. These workshops provided them with the opportunity to translate theory into practice by creating personalized learning materials. Moreover, they received constructive feedback from the experienced facilitators.

The sessions were thoughtfully designed not only to impart knowledge but also to nurture practical skills. The ultimate aim was to elevate teaching effectiveness and enhance student outcomes by tailoring learning materials to cater to the distinct learning needs of each student.

