



St. Joseph College of Teacher Education for Women Ernakulam



CRITERION II

2.4.2 Students go through a set of activities as preparatory to school-based practice teaching and internship. Pre practice teaching/internship orientation/training encompasses certain significant skills and competencies

(Documentary evidence in support of selected activities)

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



2.4.2: Content mapping/analysis

Sl.No	Documentary Evidence	Page No.
1	Orientation on content analysis and unit plan preparation	1-3
2	Attendance sheets	4-9
3	Documentary evidence on orientation on content analysis and unit plan preparation	10-22



ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Orientation session on content analysis /content mapping

Name of the Event	Orientation Session on Content Analysis/ Content Mapping
Objectives	<ol style="list-style-type: none">1. To help student teachers understand the importance of content analysis in teaching process2. To provide required knowledge to student teachers regarding writing content analysis to help them excel professionally as prospective teachers3. To help student teachers enhance their knowledge and competence which would reflect excellence in both their academic and professional performance
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Details of Resource Person	Teacher Educators St. Joseph College of Teacher Education for Women, Ernakulam
Date	2022-23(23/12/2022),2021-22(15/1/2021),2020-21(20/7/2020),2019-2020(18/6/2019),2018-19(14/8/2018)
Beneficiaries	Student teachers
Event Venue	Classrooms St. Joseph College of Teacher Education for Women, Ernakulam

Programme Report

The institution organized an orientation session on Content Analysis/Content Mapping on 23rd December 2022 from 9AM to 11AM at the college. The purpose of the orientation session was to prepare the student teachers for practice teaching or internships and to enhance certain significant skills and competencies. The orientation session was organized for the B.Ed. student teachers. The session was carried out by teacher educators





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of respective departments at St. Joseph College of Teacher Education for Women, Ernakulam. The orientation session started exactly at 10 AM by the Teacher Educators of respective departments at St. Joseph College of Teacher Education for Women, Ernakulam. The session was organized for the student teachers to help them utilize the opportunity to enhance their knowledge and competence which would reflect excellence in both their academic and professional performance. During the session, the teacher educators introduced and explained about the preparation and importance of content analysis in the teaching process. Content analysis or content mapping is a teaching and assessment strategy. It makes it possible for teachers, coaches, and teacher educators to conceptualize the sequence, scope, and relational features of the subject being taught. Teachers can plan learning activities with the aid of content analysis. By organizing and arranging the instructional tasks, content mapping emphasizes specialized topic understanding. Content maps can be used in a variety of ways to support teachers' professional development, including as a tool for teachers to define the material to be taught in a unit of instruction; a teaching tool for imparting subject-matter expertise, and an assessment tool for gauging preservice and in-service teachers' subject-matter expertise. The teacher educators gave a clear idea on the various factors to be considered while writing the content analysis to the student teachers. After the theoretical explanation, the student teachers were divided into four groups for discussion. Each group of students drafted content according to the prescribed steps of content analysis. After drafting, each group presented it in the classroom. Instant feedbacks were given by the teacher educator and peers, and necessary rectifications were made by the student teachers. The entire session winded up at 3 PM.

The orientation session was successful in instilling adequate knowledge and skills in drafting content analysis or content mapping. The entire orientation session was

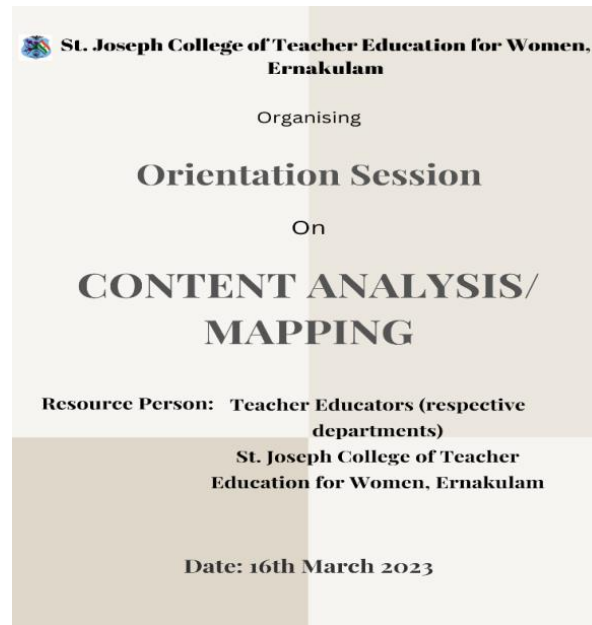




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Informative and beneficial for the student teachers. It helped the student teachers understand the importance of content analysis in teaching process.



**Event poster for the orientation session conducted on
Content Analysis for B.Ed student teachers**





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Recognised by NCTE

Class on Content Analysis

Date: 23/12/2022

Sl.No	Name of the student	SUBJECT	Signature
1	AMALA ANTONY	EN	
2	ANNA ROSHNI VARGHESE	EN	
3	DEEPA P S	EN	
4	DEVIKA VENUGOPAL	EN	
5	DIVYA RADHAKRISHNAN	EN	
6	F.MERLINE RODRIGUES	EN	
7	GURUMAHIMA M V	EN	
8	HARSHA THERESA THOMAS	EN	
9	K A RABIA	EN	
10	LEATITIA JOSHY	EN	
11	LINET JOHN	EN	
12	MEERA JOY	EN	
13	MERIZE BEN ALIAS	EN	
14	PRATIBHA S	EN	
15	SANDRA JOY	EN	
16	SANTHI M S	EN	
17	VEENA C V	EN	



Alice Joseph
Dr. Alice Joseph
Principal in Charge
St. Joseph College of T
Education for Women
Ernakulam



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Class on Content Analysis

Date: 23/12/2022

Sl.No	Name of the student	SUBJECT	Signature
1	ALEENA ANTONY	ML	
2	ANASWARA. P S	ML	
3	ANCE BABY	ML	
4	ANISHA T	ML	
5	DIVYA RAJAN	ML	
6	JAYALAKSHIMI JAYAKUMAR	ML	
7	JOBITHA JOY	ML	
8	LIYA BABY	ML	
9	MARY AMALA R.	ML	
10	NITHA ALFRED	ML	
11	PRANAYA P M	ML	
12	RIYA SABU	ML	
13	SHILPA K	ML	
14	SNEHA M M	ML	
15	SREELAKSHMI K A	ML	
16	TEENA VINCENT	ML	



Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
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Date: 23/12/2022

Sl.No	Name of the student	SUBJECT	Signature
1	AKSHAYA SHAJU	MT	
2	ARYA K SURENDRAN	MT	
3	ASWATHI B A	MT	
4	FREEDA K F	MT	
5	JINU JOSEPH	MT	
6	JOMOL BABU	MT	Absent
7	LEKSHMIPRIYA T S	MT	
8	MARIYA JESSNEELA	MT	
9	MELISSA XAVIER	MT	
10	PARVATHY M	MT	
11	AGATHA CYRIAC	PS	Absent
12	RESHMA FRANCIS	MT	
13	ROSE MARIA JOHN	MT	
14	ROSY ROY	MT	
15	SONA PAUL	MT	
16	SREEJA SREENIVASAN	MT	



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Sl.No	Name of the student	SUBJECT	Signature
1	AKHITHA SEBASTIAN	NS	
2	ALLAN FRANCIS	NS	
3	ANGITHA RAMACHANDRAN	NS	Absent
4	ANITA ABRAHAM	NS	
5	CAREN GRACE	NS	
6	DILHANA HUSSAIN	NS	
7	JESHMA DAS V S	NS	
8	KEERTHANA M S	NS	
9	MEERA SUSAN KURIAN	NS	
10	MERIN SHAJAN	NS	
11	POOJA MARIA JACOB	NS	
12	RANJIMA V	NS	
13	SANIYA SIMON	NS	
14	SHALINI P S	NS	
15	SHIMNA K	NS	
16	THERESA THANKACHAN	NS	Absent
17	VYSHNAVI N SARMA	NS	



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Date: 23/12/2022

SLNo	Name of the student	SUBJECT	Signature
1	AGIYA COSMOS M C	PS	
2	AKSHAYA K S	PS	
3	ALIDA SAIJU	PS	
4	ANILA SHAJU	PS	
5	ANU P. THOMAS	PS	
6	APARNA S	PS	
7	FATHIMATHUZUHRA	PS	
8	JESNA GEORGE	PS	
9	MARIYA DAS	PS	
10	NEETHU J A	PS	
11	RAVEENA K RAMESH	PS	
12	ROSHINA RAHIM	PS	
13	VANDANA S	PS	
14	VINNY PAPPACHAN	PS	



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1	AKSHITHA BHASKARAN	SS	
2	ANAGHA T	SS	
3	ANCY ABRAHAM	SS	
4	ANJALY A C	SS	
5	ANUPAMA SREEDHAR	SS	
6	CELENE PAUL	SS	
7	DIVYAMOL P D	SS	
8	DONA K JOSE	SS	Absent
9	KRISHNAPRIYA K	SS	Doff.
10	MARY RINU K F	SS	Absent
11	MEREENA JOY	SS	
12	MINU JOY	SS	Absent
13	REGINA TEENA DCOSTA	SS	
14	RIYA DAVIS	SS	
15	ROSE MARY PAUL	SS	
16	VARSHA K V	SS	



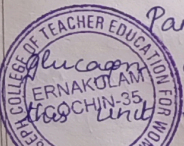
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Education for Women,
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UNIT PLAN

CHEMICAL MESSAGE FOR HOMEOSTASIS

The whole unit is about endocrine glands, hormones and its functions. The chapter begins by saying about the endocrine system, along with nervous system which control and coordinates life activities. The activities controlled by the nervous system are very quick and short lived. But the activities which take place gradually such as growth, reproduction etc, are controlled by the endocrine system. For this, glands located at various parts of the body releases chemical substances called hormones. They act as chemical messages to make necessary changes in the activity of cells. Then each endocrine glands are introduced pancreas, thyroid gland, parathyroid gland, thymus, adrenal glands, pineal gland, pituitary gland, hypothalamus are the endocrine glands and each of these endocrine glands, their hormones and functions are explained in detail in this chapter. Also the unit explains about the chemical messages in other organisms and plant hormones.

Pancreas is the endocrine gland, produces the hormones insulin and glucagon and are involved in glucose metabolism are explained in detail in this unit. Also explained the deficiency of insulin or the inability of cells to use



insulin affect the body. The reason, causes and medication of Type 1 diabetes are also mentioned in this unit.

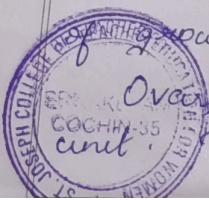
Thyroid gland is the main endocrine gland that controls the metabolic activities. The hormones secreted by thyroid gland are thyroxine, calcitonin and parathormone and its functions are discussed in this unit. Also explained the disease and disorder caused by the variation in the production of hormones secreted by thyroid gland.

Thymus is another endocrine gland produces thymosin. Also explained why this hormone is considered as youth hormones and its functions.

The hormones secreted by the adrenal gland are explained in detail in this unit. Also explained the position and parts of the adrenal gland, hormonal actions that overcome emergency situations and hormones produced by the cortex and medulla and their functions. Then discussed about pineal gland and its hormone melatonin.

Pituitary gland is an endocrine gland produces hormones responsible for growth are explained and also the structure and position of the pituitary gland. Also described about the peculiarities of each hormones secreted by pituitary gland in detail. The variation in the production of growth hormone affects growth also mentioned.

Ovary and testis secrete sex hormones and are explained in this unit. Testosterone, estrogen and progesterone are the sex hormones. The



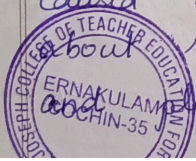
Centre of production and function of these hormones are explained in detail.

Hypothalamus, a part of the brain is an endocrine gland too. It controls the pituitary gland and other endocrine glands by producing a variety of releasing and inhibitory hormones are explained in detail. Also mention the relation between hypothalamus and pituitary gland.

The chemical substances secreted by certain animals to the surroundings to facilitate communication are explained in detail. Also mentioned the examples for these chemical substances like muscone, civetone and bombykol.

Plants too have hormones for control and coordinate their life activities. auxin, gibberellin, cytokinin, abscisic acid and ethylene are growth hormones and its functions are explained. Also described about the hormones makes the fruits seedless.

After completing the whole unit students can understand about the various endocrine glands, their hormones, functions and disorders caused by the variation in the production of each hormones. Also about the chemical messages for communication in other organisms and plant hormones.



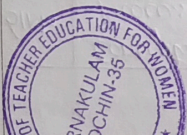
LEARNING OBJECTIVES

- Process domain** : The pupil develops process skills in :
- * observes the structure and position of pituitary gland.
 - * classifies various hormones secreted by pituitary gland.
 - * infers the role of vasopressin in maintenance of water level in blood.
 - * communicates the functions of hormones produced by anterior lobe of pituitary.
 - * infers the role of calcitonin in regulation of calcium level in blood.
 - * observes the position and peculiarities of adrenal gland.
 - * communicates the significance of hypothalamus in controlling other endocrine glands.

- Application domain** : The pupil applies the knowledge in :
- * understands the functions of growth hormones.
 - * gives reason for the cause of cretinism.
 - * critically thinks about the relevance of endocrine system in controlling and coordinating all activities in the body.
 - * analyses the significance of artificial auxin in production of seedless fruits.
 - * applies the knowledge of hormones in studying the maintenance of homeostasis of body activities.
 - * understands the functions of melatonin.

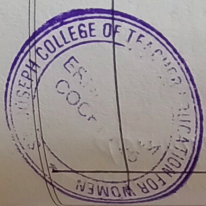
- Attitudinal domain** : The pupil develops positive attitude towards :
- * Shares ideas on hormones secreted by adrenal gland and their functions.
 - * develops positive attitude towards healthy lifestyle
 - * justifies the role of glucagon and insulin in maintaining the blood glucose level.
 - * develops curiosity to know more about plant hormones.
 - * develops positive attitude towards people suffering from goitre.
 - * takes decision to promote healthy living.
 - * Shows readiness to care and protect adults suffering from myxoedema.

- Creativity domain** : The pupil creates ideas about :
- * prepares chart on the position and structure of pituitary gland.
 - * designs poster about the importance of exercise to control diabetes.
 - * prepares a table showing the endocrine glands and their secretions.
 - * prepares an album showing the endocrine systems of our body.
 - * makes a 3-D model on pancreas.
 - * creates a placard on the benefits of exercise.



BODY OF UNIT PLAN

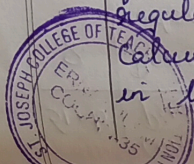
Sl.No.	Concepts / ideas / Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
1.	<p>Endocrine glands are ductless glands which is included in the human endocrine system it produces hormones that controls and coordinates all activities of the body.</p>	<p><u>Activity No : 1</u> Teacher starts the class by showing pictures to students about two people with height difference.</p> <p><u>Activity No : 2</u> After observing powerpoint slides on endocrine system students understand about endocrine system and endocrine glands.</p> <p><u>Activity No : 3</u> After observing a video about the action of hormones to target cells, students understands about hormones and its reaction with target cells.</p>	40 minutes	Ability to understand that endocrine system is an organ system that controls and coordinates all activities in the body.



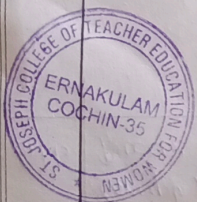
Sl No.	Concepts / ideas / Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
2.	Pancreas is the endocrine gland, produces the hormones insulin and glucagon and are involved in glucose metabolism	<p><u>Activity No: 1</u></p> <p>Teacher initiates the class by discussing about digestion, energy production and how pancreas plays a major role in this activity</p> <p><u>Activity No: 2</u></p> <p>After observing the chart on structure of pancreas, students understand about the cells in the pancreas and hormones produced by these cells.</p> <p><u>Activity No: 3</u></p> <p>After observing video clippings showing blood glucose level, students understands about the method of regulation of blood glucose level and the action</p>	40 minutes	Ability to understand about the endocrine gland pancreas and the hormones secreted by this gland.



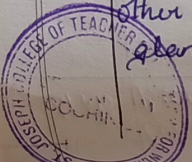
Sl. No.	Concepts / ideas / Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
		<p><u>Activity No : 4</u></p> <p>After observing powerpoint slides on diabetes students learn about the causes, symptoms and medication of diabetes.</p>		
3.	<p>Thyroid gland is the endocrine gland that produces the hormone calcitonin, thyroxine and parathormone which is involved in metabolism of body and regulation of calcium level in blood.</p>	<p><u>Activity No : 1</u></p> <p>Teacher starts the class by discussing about metabolism, metabolic activities and role of thyroid gland in controlling metabolic activities.</p> <p><u>Activity No : 2</u></p> <p>After observing video clipping on thyroid gland, students understand about the hormones secreted by thyroid gland and role of these hormones, calcitonin and parathormone</p>	40 minutes	Ability to understand about the gland thyroid and its secretions.



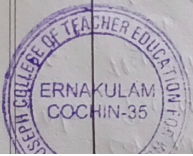
Sl No:	Concepts/Ideas/ Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
		<p>in regulating blood calcium level.</p> <p><u>Activity No: 3</u></p> <p>After observing powerpoint slides on disorders, students understand about the disorders caused by the deficiency of thyroxine.</p>		
4.	Adrenal gland is an endocrine gland that produces hormones	<p><u>Activity No: 1</u></p> <p>Teacher starts the class by showing a video clipings for students about the child in an emergency situation and discussion about how our body copeup with emergency situation.</p> <p><u>Activity No: 2</u></p> <p>After observing powerpoint slides on adrenal gland students understand about hormones secreted by adrenal gland and its peculiarities.</p>	40 minutes	Ability to understand about adrenal gland its secretion and peculiarities.



Sr.No	Concepts / ideas / Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
		<p><u>Activity No: 3.</u> After observing powerpoint slides on biological clock, students understand about the biological clock and the role of melatonin in maintaining the rhythm of body activities.</p>		
5.	<p>Pituitary gland is an endocrine gland produces growth hormone that is responsible for growth and also regulate the functions of other endocrine glands.</p>	<p><u>Activity No: 1</u> Teacher starts the class by discussing about the growth of our body and what happens behind growth.</p> <p><u>Activity No: 2</u> After observing the chart on pituitary gland students understand about the structure and position of the pituitary gland.</p>	40 minutes	Ability to realize that pituitary gland produces the hormone responsible for growth.



Sl. No.	Concepts/ideas/ Process skills	Learning activities and techniques	Duration	Evaluation and Achievement
		<p><u>Activity No: 3</u> After observing the powerpoint slides on anterior lobe of pituitary gland students understand about the hormones secreted by the anterior lobe of pituitary gland and its functions.</p>		
		<p><u>Activity No: 4</u> After observing the video clipings showing posterior lobe of pituitary gland students learn about the hormones secreted by the posterior lobe of pituitary gland and its role in maintaining the water level in blood.</p>		
		<p><u>Activity No: 5</u> After observing the chart on deficiency of growth hormones students understand about the variation in the production of growth hormone affects growth.</p>		



FOLLOW UP ACTIVITIES

- 1) Prepare a table showing the endocrine glands and their secretions.
- 2) Prepare a short note on endocrine system and hormone.
- 3) Draw a neat diagram of hormone receptor complex.
- 4) Prepare a short note on action of insulin and glucagon.
- 5) Prepare a pamphlet on causes of diabetes.
- 6) How does the deficiency of insulin or the inability of cells to use insulin affects the body?
- 7) How does the rise or fall of the thyroxine level affect the body?
- 8) Prepare a pamphlet on hypothyroidism and hyperthyroidism.
- 9) Prepare a chart on thyroid gland position.
- 10) Write short note on regulation of level of calcium in blood.
- 11) Prepare a chart on the position and peculiarities of adrenal gland.
- 12) How does the presence of melatonin influence sleep and waking up?
- 13) Prepare a chart on the structure and position of pituitary gland.
- 14) Tabulate the hormones produced by anterior lobe of pituitary gland.
- 15) Prepare a chart on how the variation in the production of growth hormone affects growth.
- 16) Prepare a table showing hormones secreted by posterior lobe of pituitary gland and its functions.

- 17) Find out the reason for the change in quantity of urine expelled during the summer and rainy season.
- 18) How does decrease in the secretion of vasopressin affect the body?
- 19) Prepare a pamphlet on diabetes insipidus.
- 20) Prepare a table by including sex hormones, its centre of production and function.
- 21) Write a short note on relation between hypothalamus and pituitary gland.
- 22) Give an account of action of hypothalamus as prime controller.
- 23) Prepare a table showing chemical messages for communication in other organisms.
- 24) Prepare a table showing plant hormones and their functions.
- 25) Write a short note on seedless fruits.

ENRICHMENT ACTIVITIES

- 1) Conduct a seminar on the topic - 'The Role of the Endocrine System in Maintaining Homeostasis'.
- 2) Conduct a debate on 'Use of artificial plant hormones - problems and possibilities'.
Collect information about modern laboratory tests related to diagnosis of diabetes and conduct an exhibition on World Diabetes Day.

