



St. Joseph College of Teacher Education for Women Ernakulam



CRITERION II

2.4.6 Students develop competence to organise academic,cultural,sports and community related events

(Building teams and helping them to participate)

Submitted to
National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment



ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM
KOCHI-682035, KERALA

2.4.6: Building teams and helping them to participate

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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Orientation Programme on How to Form a Team or Group

On 8th September, 2022, Dr. Smitha Jose and Dr. Ceby George, Assistant Professors at St. Joseph College of Teacher Education for Women, Ernakulam, conducted an informative and engaging orientation program on the topic "How to Form a Team or Group." The event was organized with the aim of providing valuable insights and guidance to students on the process of building effective teams and groups for various academic and extracurricular pursuits. The orientation program was well-received and attended by the First Year B.Ed. Student-teachers of the 2021-2023 batch.

Program Overview

The orientation program was conducted in the Multipurpose Hall on 8th September, 2022 from 9 am to 11 am. The event commenced with a warm welcome by the Principal, Dr. Sr. Alice Joseph, who emphasized the importance of teamwork and collaboration in academic and professional settings. This set the tone for an insightful and interactive session.

Key Highlights

Defining the Purpose: The program began by highlighting the significance of clearly defining the purpose or objectives when forming a team or group. Students were encouraged to consider their academic and personal goals and how forming a team could help achieve these objectives.

Role Identification: The session then delved into the identification of roles and responsibilities within a team or group. Practical examples and case studies were shared to illustrate how roles are essential for achieving success.





Recruitment and Communication: Strategies for recruiting team members and establishing effective communication channels were discussed. The importance of finding individuals with complementary skills and fostering open communication was emphasized.

Setting Ground Rules: The program stressed the importance of setting ground rules and expectations within a team or group. Students were encouraged to develop guidelines that promote collaboration, respect, and accountability.

Leadership and Conflict Resolution: A segment on leadership within teams and conflict resolution strategies was covered. The role of a leader in facilitating communication and resolving conflicts was emphasized as essential for team success.

Interactive Workshops

The orientation program included interactive workshops where participants were divided into small groups. These workshops provided practical experience in forming teams, assigning roles, and working on group projects. It allowed students to apply the principles discussed during the session.

The first activity was the **Formation of Houses**. Based on the instructions provided in the session, the student-teachers were divided into four houses titled **Nehru, Radhakrishna, Gandhi and Tagore**, honoring the great patriots and their services to the nation. The groups elected their Captains and Vice-captains respectively, followed by a discussion on various activities to be undertaken so as to become more socially aware and responsible individuals. Activities including Hospital cleaning, Mat-making, etc., were conducted on later dates in groupwise manner. Competitions held during Youth Festivals and Sports day celebrations also saw student-teachers participating individually and groupwise as per their Houses.

Based on the obtained instructions, Subject wise Associations were also formed on later dates, so as to stress the activities the student-teachers could perform by adhering to





their respective disciplines. These activities were supervised by the respective faculty of the disciplines. The groups showcased their capabilities on Talents Day Celebration, Independence Day Celebrations etc.

The 5-Day Community Living Camp was also organized by the student-teachers, following the guidelines that they had received during the orientation, by forming various committees to proper and timely conduction of the camp. The student-teachers divided themselves into five groups based on their strengths, which included **the Organization Committee, Finance Committee, Documentation Committee, Entertainment Committee and Discipline Committee**. This division into respective groups allowed students to perform very well in their assorted tasks, which helped in the smooth organization and completion of the camp, without any hiccups.

The orientation programme also gave an excellent support for group formation during various other events, including the Study Tour, Extension Activities, Field Trips etc. The students could witness and experience the importance of working as a team or group through all the aforementioned activities, thus reinforcing what they had learnt during their Orientation session and applying the same to their lives, giving outstanding results in their endeavours.

Feedback and Conclusion

The orientation program concluded with a feedback session where participants shared their thoughts and insights. The feedback received was overwhelmingly positive, with attendees expressing appreciation for the valuable knowledge gained.

In conclusion, the orientation program on "How to Form a Team or Group" conducted by Dr. Smitha Jose and Dr. Ceby George was a resounding success. It provided students with a comprehensive understanding of the intricacies involved in building and managing effective teams and groups. The event aimed to equip students with the skills and knowledge necessary for successful collaboration in both academic and professional pursuits.





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WOMEN ERNAKULAM



ORIENTATION PROGRAMME ON “HOW TO FORM A TEAM OR GROUP”

RESOURCE PERSONS



Dr. Smitha Jose and Dr. Ceby George
Assistant Professors at St. Joseph
College of Teacher Education for
Women, Ernakulam

8th September, 2022

MULTI PURPOSE HALL

