



# **St. Joseph College of Teacher Education for Women Ernakulam**



## **CRITERION V**

### **5.1.1-Capability Building and Skill Enhancement Initiatives Undertaken by the Institution**

**Report on Skill Enhancement in Academic, Technical, and  
Organizational aspects**

Submitted to

**National Assessment and Accreditation Council (NAAC)  
3rd Cycle of Assessment**



**5.1.1- Report on 'Skill Enhancement in academic, technical, and organizational aspects'**

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2	Training on Intense Practical School Experiences through Internship programme at primary teacher education institution and secondary and senior secondary institution for M.Ed Students	13-17
3	Seminar on NEP & school education	18-26
4	Training on Developing Teaching Skills by observing Demonstration Classes	27-29
5	Student Capacity Enhancement Programme: Orientation Talk on CBSE curriculum (online, evening session) (2021-23 Batch )	30-33
6	Orientation on internship at secondary teacher education institution-M.Ed	34-35
7	Training on legal awareness	36-44
8	Training to Portfolio Preparation 2022-2024	45-46
9	Training on Developing Micro Teaching Skills	47-53
10	Training for developing core teaching skills	54-56
11	Training on Integrating various teaching skills through Link Practice	57-58
12	Program on discrimination against women- 'The change starts at home'	59-68
13	Seminar on NEP - 2020 : Making education Equitable & Inclusive	69-83
14	Orientation on internship at primary schools-M.Ed	84-87
15	Workshop on internship in primary teacher education institution – M.Ed	88-91
16	Training on Initial Practical School Experiences through Induction Programme B.Ed. 2022-24 Batch	92-95
17	Workshop on classroom practices	96-98
18	Orientation to internship- Motivational techniques for science teaching	99-102
19	Training for project- practice for achieving good mental health and well-being among school students	103-106
20	Training on discussion, demonstration and criticism lesson plan preparation	107-113
21	Training on SWOT analysis	114-115
22	Training program for projects on socially or educationally relevant issue	116-117
24	Training to write script on street play	118-119
25	Workshop on Preparation of Self-Assessment tool	120-121
26	Workshop on Various Blogging platforms (Creation of Blog)	122-124
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29	Training on creating PDF Flip book, PPT Flip book, B.Ed. (2022-2024)	133-136
30	Workshop on developing online resources	137-147
31	Workshop on lesson plan preparation	148-149
32	Training on preparation of ICT Resource material -(B.Ed. 2022-2024)	150-165
33	Training Session on 'Conducting Interview with Folk Artist'	166-169
34	International women's day	170-178
35	Organize Study Tour @ 2021-23 B.Ed. Batch	179-181
36	World Intellectual Property Rights Day	182-189
37	Organize Environmental Day	190-206
38	Organize International Day against Drug Abuse	207- 213
39	Extension activity at Desabhandhu School, Cheppanam	214
40	Webinar on changing dimensions of modern education	215-229
41	Organize Independence Day - Azadi ka Amrut Mahotsav	230-235
42	Organized Induction Programme for B.Ed. fresher's (2022-24 Batch ) (Ankuran)	236-250
43	Organize World Heart Day	251- 261
44	Organize Swach paryavarn - community cleaning	262-263
45	Workshop on Yoga ( 2022-24 B.Ed)	264-266
46	Organized online talk on Cyber hygiene ( for students)	267-278
47	Student teacher empowerment Programme- VENDTA Seminar (2021-2023)	279-289
48	Class on First Aid (B.Ed 2022-2024) B.Ed. Batch	290- 300
49	Training Class on Art Education (2022-24 B.Ed. batch).	301 - 305
50	Programme on Discrimination against women	306 -317
51	Organize community engagement & Nature Camp	318- 323
52	Organize Energy Conservation Day commemoration @in society	324- 332
53	Organize ' Miksha' 2022 -Extension Services (visit to CCB & Govt. old age home)	333- 344
54	Organize Drug Awareness Week	345- 358
55	Organize Awareness Rally on Anti- Drug Campaign	359- 363
56	Workshop on theatre and drama	364- 367



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<b>Sl. No.</b>	<b>Items</b>	<b>Page number</b>
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59	Training in Organizing Reading week (ADOSPPOS)	387-391
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61	Organize the feast of Our Lady of Mount Carmel	403-414
62	World Nature conservation day	415-428
63	World literacy day - International Literacy Day - Aksharam	429-437
64	Organize World Ozone Day	438-450
65	Organize talent day “ Less Femmes – Be Inspired” by Natural science	451-461
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67	Organize World Aids Day	472-482
68	Human Rights Day	481-490
69	Organize Energy conservation day	491-500
70	Yoga & meditation for developing Multiple intelligence : Music Therapy & Art Therapy	501-509
71	Organize field visit to Land slide effected area at Devikulam Munnar	510-515
72	Organize Field trip (Academically and culturally important places)	516-523
73	Organize National Science Day	524-525
74	Workshop for communicative English	526-540
	<b>2020-21</b>	
75	Organize online webinar on Anti-drugs - Addiction to Life No to Drugs	542-549
76	Workshop for the preparation of the Teaching aid	550-556
77	Organize & participate World population day	557
78	World Nature conservation day	558-565
79	Interactive session on Human obsession with social networking & the pain of being violated	566-575
80	SaiSei 2020:Hiroshima Nagasaki Day	576-589
81	Webinar I on Compatible communication and Effective Interaction	590-597
82	Webinar II on Compatible communication and Effective Interaction	598-603
83	Webinar III on Compatible communication and Effective Interaction	604-609
84	Workshop on VENDEL (Vocational Education- Nai Talim- Experiential Learning) Action Plan	610-619



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85	Jaganan Webinar II Series: Healthy Use of Mobile Phones	620-626
86	Jaganan Webinar I Series: Healthy Use of Mobile Phones	627-631
87	Jaganan Webinar III Series: Healthy Use of Mobile Phones	632-637
88	Jaganan Webinar IV Series: Healthy Use of Mobile Phones	638-643
89	Organize St. Kuriakose Elias Chavara Feast	644-654
90	Organize & participate Community Camp	655-574
91	Seminar on Effective communication with parents	675-682
92	Grocery kit preparation and distribution	683-690
93	Know yourself : Seminar on women's hygiene and post-pandemic stress management	691-700
94	Training on maintenance of Electrical Appliance	701-710
95	Organize International Womens Day	711-720
96	<b>2019-2020</b>	
97	Workshop on the Preparation of the Achievement Test, Diagnostic Test, peer Evaluation tool	722-725
98	Workshop on Teaching Aids	
99	Organize & participate Carmel day celebration	726-728
100	Training in Blog creation	729-730
101	Training on Portfolio preparation ( B.Ed. 2019-2021)	731-732
102	Training for ICT	733-734
103	Training in Yoga	735-736
104	Training for developing Teaching Skills: Micro Teaching & Link Practices	737-738
105	Workshop on First Aid	739-741
106	Participated in 52 <sup>nd</sup> Rajagiri round table Conference, 2019	742-744
107	Training on Initial Practical School Experiences through Induction Programme B.Ed .2019-21 Batch	745-746
108	M .Ed internship ( unit plan Preparation)	747-748
109	Training on Intense Practical School Experiences through Internship programme B.Ed. 2018-20 batch	749-750
110	Workshop on ecofriendly products	751-752
111	Training in Disaster Management	753
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<b>Sl. No.</b>	<b>Items</b>	<b>Page number</b>
	<b>2018-2019</b>	
113	Workshop on Eco friendly products preparation	756-758
114	Organize & Participate Seminar on ecological issues Planting Ayurvedic plants	759-761
115	World Environment day-Setting Up Herbal Garden	762-764
116	Organize & Participate in 'KAITHANGU'	765-767
117	Workshop on Teaching Aids	768-770
118	Training in yoga M.Ed (2018-20 Batch)	771-773
119	Training on Drama and Theatre Arts (2018-20 Batch)	774-776
120	Organize & Participate survey in Flood affected areas	777-779
121	Promoting Inclusivity and Empathy: Josephites Interaction with Transgenders	780-782
122	Sanjo international cultural Exchange programme - Learning across the cultures: Peerology par Excellence "	783-786
123	Participate Seminar on Rights of Women with Special reference to POCSO Act	787-789
124	Organize & Participate 5 day Community living Camp-Daksha	790-795
125	Visit to Chavara Special School	
126	Visit to Mangalavanam and collection of plastic bottles from road side	796-798
127	Activity on improving the quality of future teachers - Hope	799-801
128	Student Enrichment Programme ( spiritual Renewal )	802-805
129	Organize food fest -2019	806-808
130	Teaching aid distribution in rural school	809-811
131	Organize & Participate study tour	812-816

**2022-2023**

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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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Ernakulam



# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

2022-23

Academic Eve

## WORKSHOP FOR COMMUNICATIVE ENGLISH

<b>Name of the Event</b>	Workshop for Communicative English
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To develop proficiency in Communication Skills and Expository writing.</li> <li>To develop proficiency in academic writing and research skills.</li> <li>To develop proficiency in ICT</li> </ul>
<b>Details of Course</b>	<ul style="list-style-type: none"> <li>EDU 404.5 Communicative English</li> <li>Common Core Course (Tool Course), Taught Course &amp; Practicum</li> <li>(Internal Assessment Only)</li> <li>Teaching hours per week: 5</li> <li>Credit:2</li> </ul>
<b>Details of Resource Person</b>	Dr. Marin Jose Assistant Professor St. Joseph College of Teacher Education for Women Ernakulam
<b>Date</b>	01-June 2022 to 28th August 2022
<b>Time</b>	3.00 PM to 4.00 PM
<b>Duration</b>	40 Hours
<b>Beneficiaries</b>	Teacher Trainees
<b>Venue</b>	Multi-purpose Hall, St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

As part of the M.Ed. programme, a workshop was conducted for ICT and Skill Development. The workshop was conducted at St. Joseph College of Teacher Education for Women, Ernakulam on 1 June 2021 from 9.30 am to 3:30 pm. The official section started with a prayer song. B.Ed. Second-year student Mariatta D Kappen welcomed the resource person and the gathering. The presidential address was delivered by Dr. Sr. Alice Joseph.



Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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Principal of St. Joseph college of teacher education for women. The workshop was inaugurated by Dr. Marin Jose. After the inaugural address the students from B.Ed. 2020-22 batch had 5 modules. After each presentation, an open discussion session was there and Marin Teacher gave opinions and suggestion on each title. Students asked their doubts and clarified it. The workshop came to an end on December 30<sup>th</sup> 2022 by 3:30pm with the vote of thanks by Mrs. Arya Rajendran, Second year B.Ed. student.

The B.Ed students participated in the following modules: Module 1 –Orientation to English language (8 hrs)

1.1. Understanding the spirit of English Language 4hrs(1hour Theory +3hrsPractical)

1.2. Remedial Grammar and Applied Phonetics 4hrs (4hrs Practical)

Module 2- Oral Communication ( 8hrs)

2.1. Listening Skill: Listening Comprehension of discourses like Conversation 4hrs(4hrs Practical)

2.2. Speaking Skill: Oral Training for classroom communication 4hrs(4hrs Practical)

Module 3- Written Communication (8hrs)

3.1. Reading Skill: Reading Comprehension of discourses Paragraph, Letter, Essay , Memo, Circular, Notice, Cover Letter, Resume, Summary, Précis, Speech , graph, notice. 4hrs (4hrsPractical)

3.2. Writing skill: Mechanics of writing, Copy writing , Creative Writing: Paragraph, Letter Writing, Essay writing, Memo, Circular, Notice, Cover Letter, Resume, Summary, Précis, Speech , graph writing, notice writing. 4hrs (4hrsPractical) Module 4 - Functional Writing (8 hrs)

4.1. English For Teachers: Reflective journal writing, reporting, writing reviews, logs, 2hrs (2hrsPractical)

4.2. For Placement : Preparation of resumes, job applications, Self- introduction, Facing an interview, Telephonic conversations, e-mail transactions. 2hrs(2hrsPractical)

4.3. At Work : Preparation of projects reports, thesis and research papers and presentations: text organisation, point of view, register and style, editing skills, paraphrasing, summarising, descriptive composition and argumentative composition 4hrs (4hrs Practical)



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### Module 5 - Soft Skills and Social Skills (8hrs)

- 5.1. Interpersonal skills : Exposure to Public Speaking, Event Management and Language related Computer Skills , Print Media, Advertisements , Translations, Mass Communication and Broadcasts (Radio, T.V. & Cinema,) web materials, telecasts, blogs podcasts and vodcasts. 4hrs(4hrsPractical) 11.
- 5.2. Travel English Language Skills : Communication in a variety of social situations like restaurant, at the airport, In the market etc. 2hrs (2hrsPractical) 12.
- 5.3. Public Relations: Business Communication , Office Communication for business, dealing with Clients and Customers, Public Interaction and Business reports. 2hrs (2hrs Practical)

Skill portfolio was submitted by each participant at the end of the session and Internal Assessment was conducted based on the following Criteria for Evaluation: i) Attendance 10% ii) Practicum 20% iii) Portfolio (Include a minimum of four materials from dossier: Writing Assignments, Multimedia, Contributions to forums and blogs, and any other additional material.) 20% iv) Practical Examination ( Listening , Speaking , Reading and Writing) 50% out of the Total 100% scores.

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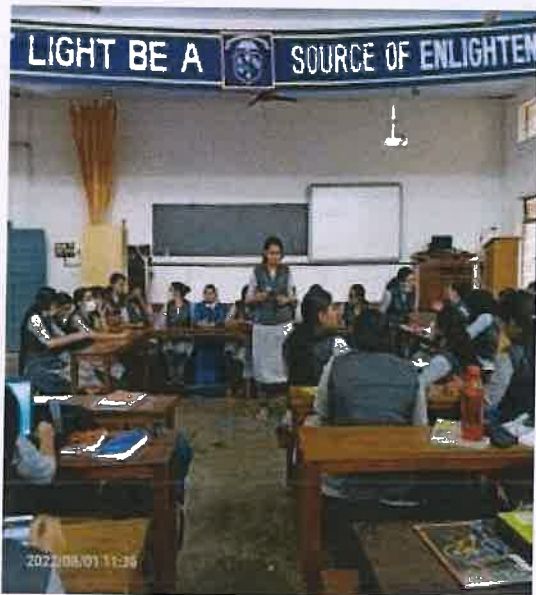
# WORKSHOP FOR COMMUNICATIVE ENGLISH

## Photo gallery



*Alice Joseph*  
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St. Joseph College of Teacher  
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## ORIENTATION REPORT ON INTERNSHIP AT SECONDARY AND SENIOR SECONDARY SCHOOLS

<b>Name of the Event</b>	Internship at Secondary and senior secondary Schools
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To assess the physical and ancillary facilities provided in the secondary school to meet the different needs of the student.</li> <li>To study the various programmes offered in the secondary school to enhance the learning process.</li> <li>To prepare a comprehensive report on the various school activities and provide constructive suggestions to the institutional development</li> </ul>
<b>Date</b>	07-06-2022
<b>Time</b>	10:30AM to 3:30 PM
<b>Duration</b>	15 days
<b>Beneficiaries</b>	Teacher educands,
<b>Resource persons</b>	Aswathy D.V & Sheeba A.S

As part of the M.Ed.4<sup>th</sup> semester internship programme the prospective teacher educands have to complete a period of 15 days internship in a secondary and senior secondary schools. The teacher educators explained the importance of internship in schools ,planning and organizing the programme, and institutional case study . A group of twelve trainees were divided as small groups and visited different schools in their native locality. It was started on 06/07/2023 and ended on 20/07/2023. The trainees were interacted with the respective school authority, teaching and nonteaching faculties and students.



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Primary data are collected from different sources like interview with school headmaster, Staff, records, photographs and school magazine etc. on the basis of the physical and ancillary facilities provided in the secondary school to meet the different needs of the student by using adapted and modified observation schedule. The trainees were observed the facilities in school and cross checked with the observation schedule and recorded the findings. Interaction with the students and teacher trainees from other institutions also facilitated the collection of necessary information's. On the basis of detailed data analysis, the trainees were prepared a comprehensive report on the various school activities and provide constructive suggestions to the institutional development.

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### Photo gallery



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**ED010403****FIELD INTERNSHIP IN SECONDARY AND SENIOR SECONDARY  
SCHOOLS, SECONDARY TEACHER EDUCATION INSTITUTION  
AND FIELD SITE RELEVANT TO CLUSTER C****SEMESTER IV***Submitted by,*

Stephy Mendez

II M. Ed Student

*Submitted to,*

Ms. Sheeba A.S

Assistant Professor

**St. Joseph College of Teacher Education for Women, Ernakulam  
Kochi-35***Sheeba*  
*8/8/2023*



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1	Field Internship in Secondary School
2	Field Internship in Senior Secondary School
3	Field Internship Programme in B.Ed
4	Field Visit I
	Appendices

*Sheeba*  
8/8/2023

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## SEMINAR ON NEP AND SCHOOL EDUCATION, 2022

<b>Name of the Event</b>	Seminar on NEP and School Education, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To educate student teachers about National Education Policy (NEP) and its ideas</li> <li>2. To raise awareness of student teachers regarding National Education Policy (NEP) and its impact on school education</li> <li>3. To enhance the knowledge base of student teachers and thereby promote professional growth</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Josephine Joseph IQAC Cell Coordinator &amp; Assistant Professor (Physical Science Education) St. Joseph College of Teacher Education for Women, Ernakulam</p> <p>Dr. Smitha Jose Assistant Professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	<p>Mr. Rajesh P.P Assistant Professor (Natural Science) College of Teacher Education (CTE), Muvattupuzha</p>
<b>Date</b>	20/06/2022
<b>Time</b>	10.30 AM – 12.30 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 96, Faculty- 15
<b>Event Venue</b>	<p>College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam</p>



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## Programme Report

The IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam organized a seminar on 'NEP and School Education' on 20<sup>th</sup> June 2022 from 10.30 AM to 12.30 PM at the college auditorium. The programme was coordinated by faculty members, Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education and Dr. Smitha Jose, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the seminar was Mr. Rajesh P.P, Assistant Professor in Natural Science Education at College of Teacher Education (CTE), Muvattupuzha. The seminar was conducted with an objective of raising student teachers awareness regarding National Education Policy and its impact on school education. The B Ed. student teachers of 2020-2022 batch were the beneficiaries of the programme. A total of 111 participants were present for the seminar.

The seminar on 'NEP and School Education' started exactly at 10.30 AM. The session started with the welcome speech for the seminar. The welcome speech for the seminar was delivered by Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. Being one among the coordinators of the seminar, Dr. Josephine Joseph officially welcomed all of the participants to the programme and reminded them to utilize the opportunity to enhance knowledge base and thereby promote professional growth. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph asked all of the student teachers to be attentive throughout the session and learn from it and also appreciated the faculty coordinators of the seminar for initiating such seminars for student teachers. After the presidential address by the Principal, the resource person for the seminar, Mr. Rajesh P.P carried out the session on 'NEP and school Education'. The resource person covered the various aspects of National Educational Policy (NEP) and how will it make changes in the current school practices. The NEP or National Education Policy is an extensive framework that guides the country's educational progress. Every few decades, a new educational policy is introduced. The first reformation of Indian education culture occurred in 1968, secondly in 1986, and the third in 2020. The National Education Policy (NEP) represents the first participatory, inclusive and holistic strategy to reforming the present educational framework. The NEP 2020 takes into consideration several fields such as empirical research, experiences, stakeholder feedback, and best practices lessons. It is a

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positive shift, and if fully implemented, this new education framework has the potential to bring India up to speed with the world's leading countries. The modifications in the system of education will affect everyone, from students to parents to teachers. This national education policy will have an impact on billions of lives. Yet, 'Students and Teachers' are the two key groups that are likely to be affected. NEP 2020 will provide students with new learning options. Its most significant impact would be a shift in the educational environment and the process of learning for pupils. The new NEP will place a greater emphasis on students' skill development and competency growth, make pupils future-ready by developing 21st-century skills, encourage students to pursue both academic and non-academic interests, provide a wide range of possibilities for learning for open, pre-primary and distance-learning students, and provide students with access to counselling and other services. The Indian government has chosen to train and equip teachers with modern teaching skills. The new NEP will give policy professional teaching standards are being implemented, roles and responsibilities that are more clearly defined, training to monitor and develop their capabilities, a greater emphasis on 21st-century teaching ability, and a straightforward hiring and selection procedure for teachers to motivate and enhance their performance. Teachers not only educate students to academic greatness, but also guide them in making sound professional choices. As a result, they should arm themselves with cutting-edge teaching strategies. The session wound up at 12.30 PM. The vote of thanks for the seminar was delivered by Ms. Sneha Joseph, student teacher from English optional.

The seminar on 'NEP and School Education' turned out to be successful in accomplishing its objectives. The student teachers could enhance their knowledge base regarding NEP and its impact on school education. The seminar could contribute to enhance the knowledge base of student teachers and thereby promote professional growth. The entire seminar was extremely fruitful and informative for the student teachers.

**Dr. Alice Joseph**  
Principal in Charge  
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## Seminar on NEP and School Education, 2022

### Photo Gallery

**NEP 2020  
SCHOOL EDUCATION**

**NEP AND  
SCHOOL  
EDUCATION**

**DATE: 20/06/2022**

**TIME: 10:30 am.**

**VENUE: College Auditorium.**

Program Coordinators  
Dr. Josephine Joseph  
IQAC Coordinator &  
Dr. Smitha Jose  
Camp Coordinator.

**RESOURCE PERSON**  
**Sri.Rajesh P.P**  
**Assistant Professor CTE**  
**Muvattupuzha.**

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In Association  
With IQAC  
Organises

### Brochure for the webinar on 'NEP and School Education, 2022' organized by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam



**Mr. Rajesh P.P, Assistant Professor in Natural Science Education at College of Teacher Education (CTE), Muvattupuzha carrying out session for the webinar on 'NEP and School Education, 2022' organized by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam**



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## Seminar on NEP and School Education, 2022

### Programme Details

<b>Name of the Event</b>	Seminar on NEP and School Education, 2022
<b>Date</b>	20/06/2022
<b>Time</b>	10.30 AM – 12.30 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 96, Faculty- 15
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Associate Professor (Natural Science Education)
8	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
9	Dr. Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)
12	Ms. Dinimol Jacob	Assistant Professor (Natural Science Education)
13	Ms. Rosy Tintu M.P	Assistant Professor (Physical Science Education)





14	Ms. Anu Cleetus	Assistant Professor (Education)
15	Dr. Ceby George	Assistant Professor (Physical Education)

## Students list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Alina Celine Lancy	2020-2022 batch (B Ed. English)
3	Anna Susan Jacob	2020-2022 batch (B Ed. English)
4	Arunima K Shaji	2020-2022 batch (B Ed. English)
5	Arya Balachandran	2020-2022 batch (B Ed. English)
6	Arya C S	2020-2022 batch (B Ed. English)
7	Athira C S	2020-2022 batch (B Ed. English)
8	Melvin Daniel	2020-2022 batch (B Ed. English)
9	Parvathy V	2020-2022 batch (B Ed. English)
10	Dona Mariya Thomas	2020-2022 batch (B Ed. English)
11	Josna Joy	2020-2022 batch (B Ed. English)
12	Kavya Joseph	2020-2022 batch (B Ed. English)
13	Mariatta D Kappan	2020-2022 batch (B Ed. English)
14	Rinju Jolly	2020-2022 batch (B Ed. English)
15	Sania Varghese	2020-2022 batch (B Ed. English)
16	Sneha Joseph	2020-2022 batch (B Ed. English)
17	Sreelekha R	2020-2022 batch (B Ed. English)
18	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
19	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
20	Amitha James	2020-2022 batch (B Ed. Malayalam)
21	Anakha K S	2020-2022 batch (B Ed. Malayalam)



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Education for Women

22	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
23	Athira Babu	2020-2022 batch (B Ed. Malayalam)
24	Athira Raju	2020-2022 batch (B Ed. Malayalam)
25	Athira Sabu	2020-2022 batch (B Ed. Malayalam)
26	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
27	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
28	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
29	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
30	Salini K B	2020-2022 batch (B Ed. Malayalam)
31	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
32	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
33	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
34	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
35	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
36	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
37	Cris Francis	2020-2022 batch (B Ed. Mathematics)
38	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)
39	Fathemath Sahadiya	2020-2022 batch (B Ed. Mathematics)
40	Jisna Mary P.J	2020-2022 batch (B Ed. Mathematics)
41	Lia Rose Tomson	2020-2022 batch (B Ed. Mathematics)
42	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
43	Meera R	2020-2022 batch (B Ed. Mathematics)
44	Megha T.M	2020-2022 batch (B Ed. Mathematics)
45	Merin Johny	2020-2022 batch (B Ed. Mathematics)
46	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
47	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)



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48	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
49	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
50	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
51	Aparna S	2020-2022 batch (B Ed. Physical Science)
52	Arya M A	2020-2022 batch (B Ed. Physical Science)
53	Athira Anil	2020-2022 batch (B Ed. Physical Science)
54	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
55	Christeena John	2020-2022 batch (B Ed. Physical Science)
56	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)
57	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
58	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
59	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
60	Neethu P D	2020-2022 batch (B Ed. Physical Science)
61	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
62	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
63	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
64	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
65	Anju A	2020-2022 batch (B Ed. Natural Science)
66	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
67	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
68	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
69	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
70	Krishna M K	2020-2022 batch (B Ed. Natural Science)
71	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
72	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
73	Nausheen N	2020-2022 batch (B Ed. Natural Science)



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74	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
75	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
76	Shereena G	2020-2022 batch (B Ed. Natural Science)
77	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
78	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
79	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
80	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
81	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
82	Ans Jose	2020-2022 batch (B Ed. Social Science)
83	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
84	Asha Joseph	2020-2022 batch (B Ed. Social Science)
85	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
86	Aswathi .P	2020-2022 batch (B Ed. Social Science)
87	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
88	Liya Thomas	2020-2022 batch (B Ed. Social Science)
89	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
90	Meera Mathew	2020-2022 batch (B Ed. Social Science)
91	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
92	Olivia Tresa A.A	2020-2022 batch (B Ed. Social Science)
93	Revathy N	2020-2022 batch (B Ed. Social Science)
94	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
95	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
96	Tency Davis	2020-2022 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## TRAINING THROUGH MODEL CLASSES BY SENIORS

Name of the Event	Training through model classes by seniors
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. Understand how to lead a normal class</li> <li>2. Understand the practical aspects of classroom teaching</li> <li>3. understand the classroom management technique</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	2022-23(21/6/2022 Batch 2021-23&17/1/2023 Batch 2022-24),2021-22 demonstartion was not conducted due to Covid pandemic
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	2 days
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

Every year during the second semester, the college organizes training sessions through model classes conducted by senior students. These sessions are held in the presence of corresponding Optional Teachers, and they involve senior students demonstrating model classes for their fellow student teachers. The support of College Alumni and Senior Students is enlisted for these demonstrations. First year students participate as the audience, and during one such session, five seniors who are now working as training teachers in prominent schools led the demonstration.

For the demonstration, eighth and ninth-grade pupils from St. Mary's H.S.S., a model school, were invited. The topics for the demonstration were selected from the 8th and 9th-grade SCERT textbooks. The demonstrations were grounded in constructivism, and all

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teachers utilized various teaching aids, including ICT, demonstrations, experiments, questioning, and group activities. These methods, particularly demonstrations and experiments, fostered curiosity among the students.

Each class was conducted with a focus on employing proper instructional methods, activities and teaching aids. The activity card was utilized to present activities in an engaging manner, ensuring active student participation. The classes were designed to be engaging and student-centered. To consolidate the content, ICT resources like PowerPoint presentations and movies were integrated into the sessions.

The first-year students keenly observed and took notes during these classes. The entire demonstration process proved to be highly productive, offering students a clear understanding of how to conduct classes based on lesson plans. It also provided insights into introducing constructivist teaching approaches in classrooms and incorporating appropriate learning activities.



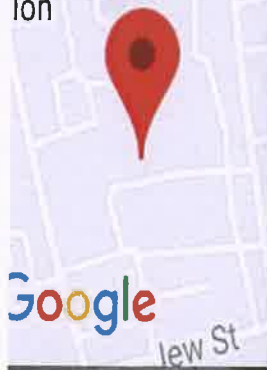
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GPS Map Camera

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**Kochi, Kerala, India**

5078, Kovilvattom Rd, Near MG Road, Kacheripady,

Kochi, Kerala 682035, India

Lat 9.983045°

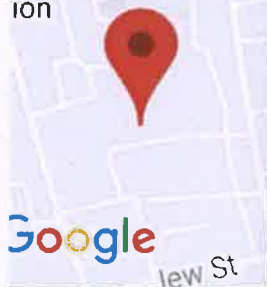
Long 76.279119°

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**Kochi, Kerala, India**

5078, Kovilvattom Rd, Near MG Road, Kacheripady,

Kochi, Kerala 682035, India

Lat 9.983045°

Long 76.279119°

17/01/23 11:40 AM GMT +05:30



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**Name of the event: Student Capacity Enhancement Programme: Orientation Talk on  
CBSE curriculum (online, evening session) (2021-23 Batch)**

## Talk on CBSE Curriculum

A talk on the CBSE curriculum was held at St Joseph College of Teacher Education for Women, Ernakulam on **07/07/2022** from 7 PM to 9 PM. The speaker was Sindhu P Kunjukunju, Coordinator of Infant Jesus Public School, North Paravoor. The talk began with an introduction to the CBSE curriculum. The speaker explained the key features of the curriculum, such as its focus on holistic development, its emphasis on critical thinking and problem-solving, and its use of interdisciplinary approaches. She also discussed the assessment methods used in the CBSE curriculum.



**Event posture on Talk on CBSE Curriculum**

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## Discussion on Changing Dimensions of Modern Education in the Context of NEP

A discussion on the changing dimensions of modern education in the context of the National Education Policy (NEP) was held on **3rd August 2022** at St Joseph College of Teacher Education for Women for all BEd students. The discussion was conducted by Mrs Gayathri Muraleedharan, Department of English, The Indian High School, Dubai.

The discussion began with a welcome address by the principal of the college. Mrs Gayathri Muraleedharan then gave a presentation on the changing dimensions of modern education. She discussed the key trends in modern education, such as the focus on 21<sup>st</sup>-century skills, the use of technology, and the importance of global citizenship.

Mrs Gayathri Muraleedharan also discussed the implications of the NEP for modern education. She argued that the NEP provides a framework for transforming education in India and making it more relevant to the needs of the 21st century.

The students participated actively in the discussion. They asked questions about the changing dimensions of modern education and its implications for the NEP. They also shared their own thoughts and ideas about the future of education.

The discussion was a valuable learning experience for the students. They learned about the key trends in modern education and the implications of the NEP for the future of education. They also gained a better understanding of the challenges and opportunities that lie ahead for education in India.




A photo from Discussion on Changing Dimensions of Modern Education on the Context of NEP

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ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM.



IQAC Organises  
Capacity Enhancement Program For  
Student Teachers

**Changing Dimensions of  
Modern Education**

Resource Person  
Mrs. Gayathri Maralidharan  
Faculty Department of English  
The Indian High School, Dubai

Venue: CEd Seminar Hall  
Date: 3/8/2022  
Time: 9.30 am

**Event poster of Discussion on Changing Dimensions of Modern Education on the  
Context of NEP**

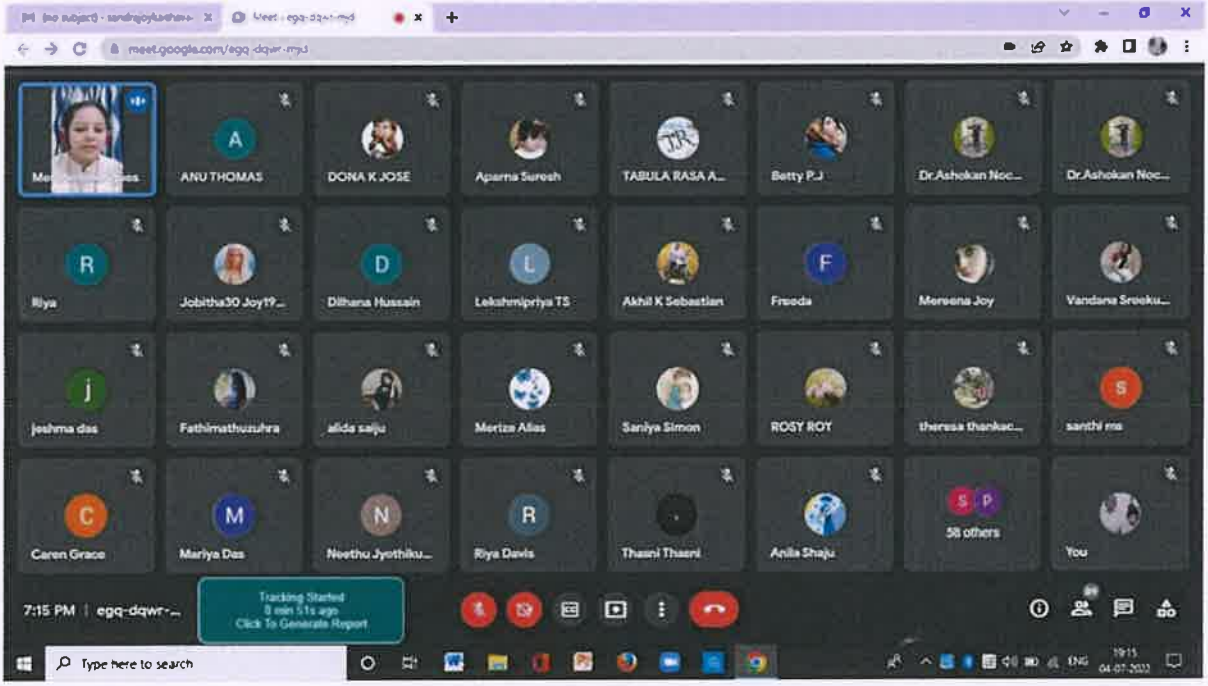
**Name of the event: Seminar on "Diversities in School Curriculum in India and Abroad"**

On 04/07/2022 from 7 PM to 9 PM, a seminar on "Diversities in School Curriculum in India and Abroad" was held. Dr. Ashok Nochad, former director of Calicut University, presented the theme. The session was attended by all BEd students. Mrs Anu Cleetus was the staff coordinator.

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## ORIENTATION ON INTERNSHIP AT SECONDARY TEACHER EDUCATION INSTITUTION- M.ED

Name of the Event	Orientation class on Internship at B.Ed
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Understand the instructional objectives and curricular objectives</li> <li>2) Enable to analyses content /units for planning the lesson</li> <li>3) Explore the ideas in groups of discussion</li> <li>4) Practice the skills and strategies of unit plan preparation</li> <li>5) Able to plan lessons systematically</li> <li>6) Report on institutional case study</li> <li>7) 7, curriculum analysis</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam (M.Ed Department)
<b>Dates</b>	16/07/2022
<b>Time</b>	9.00 AM- 3.30 PM
<b>Duration</b>	1 days
<b>Resource persons</b>	Sheeba A.S and Aswathy D.V
<b>Beneficiaries</b>	Teacher educands (Total No.11)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam. (M.Ed Seminar Hall)

### Report

An Orientation class for 30 days internship at secondary teacher education institution was organized by the college on 16/07/2022 under the following objectives: familiarize with instructional objectives and curricular objectives ,understand the steps of unit plan preparation, curriculum analysis and institutional case study .For the successful completion of the internship the teacher educators Sheeba A S and Aswathy D V provide the necessary information's and guidance to the teacher educands. After that the process of content analysis



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was explained. The teacher educators instructed the students on division of units for each lesson plan. Students need to understand how to make units for 45 minute duration classes. Students are directed to select five units for unit plan preparation. Teacher Educators supported them with directions and corrections. After preparing lesson plans students presented each step and corrected each one based on the suggestions of the educator. This class was very useful to learn more about teacher education curriculum and its analysis and also to prepare report on institutional case study.



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Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## LEGAL AWARENESS WEEK

AUGUST 16-19, 2022

<b>Name of the Event</b>	<b>Legal Awareness Week for Future Teachers, 2022</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise awareness regarding legal awareness and its importance</li> <li>2. To raise awareness regarding child rights</li> <li>3. To raise awareness regarding Women rights</li> </ol>
<b>Resource Persons</b>	<ol style="list-style-type: none"> <li>1. Justice Kurian Joseph( Former Judge of Supreme Court of India)</li> <li>2. Adv. Litto Palathingal, High Court of Kerala</li> <li>3. Dr. Bindumol VC , Associate Professor, Government Law College , Ernakulam</li> <li>4. Adv K.C Eldho, High Court of Kerala</li> </ol>
<b>Details of Event Coordinators</b>	Dr. Soya Mathew , Dr. Ceby George and Dr. Smitha Jose St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	August 16-19, 2022
<b>Duration</b>	1 Hour
<b>Beneficiaries</b>	Student teachers-96 , Faculty- 13
<b>Event Venue</b>	Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

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## Legal Awareness Week, 2022

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam, Kochi -35

### Legal Awareness for Future Teachers

2022 August 16 -19

**Inauguration**  
2022 August 16  
2.30 pm

**Mr. Justice Kurian Joseph**  
Former Judge of Supreme Court of India  
Talk on  
Education for Justice in Present Indian Scenario

**2022 August 17**  
1.30 pm

**Understanding Child Rights**  
Advocate Litto Palathingal

**2022 August 18**  
10.00 am

**Equals or Not? : Women's Rights**  
Dr. Bindumol V. C  
Associate professor  
Government Law College Ernakulam

**2022 August 19**  
9.30 am

**An In-depth look at Human Rights**  
Advocate K C Eldho

Staff Co-ordinators: Dr. Sr. Soya Mathew, Dr. Coby George & Dr. Smitha Jose

St. Joseph College of Teacher Education for Women, Ernakulam observed legal awareness week from 16<sup>th</sup> to 19<sup>th</sup> August 2022 at college auditorium. The theme for the programme was 'Legal Awareness for Future Teachers'. The observatory programme aimed at raising legal awareness – Women Rights, Child Rights and Human Rights. All the student teachers and faculty members at St. Joseph College of Teacher Education for Women, Ernakulam.

The Legal Awareness Week Observation 2022 started exactly 2.30 pm on 16<sup>th</sup> August. Legal Week Observation 2022 was inaugurated by Mr. Justice Kurian Joseph, Former Judge of Supreme Court of India at College Auditorium. Sir Addressed the future teachers about several key dimensions like Inclusive Education, Legal Literacy, Human Rights Education, Socio-Economic Justice, Cultural Sensitivity and Diversity, Ethical Leadership Education, Technological Literacy and Cyber Justice, Environmental Justice Education, Gender Justice Education and Community Engagement.

Sir concluded that integrating these elements into the education system, India can work towards creating a society that is not only educated but also just, equitable, and inclusive and actively participates in building a just and sustainable future.

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### Mr. Justice Kurian Joseph, Former Judge of Supreme Court of India Inaugurating Legal Awareness for Future Teachers on 19/8/2022

Second talk was on 17/8/2022 and the topic under discussion was Understanding Child Rights. The resource person for the same was Adv. Litto Palathingal, High Court of Kerala. Sir started the session by explaining the importance of The United Nations Convention on the Rights of the Child (CRC), which is the most comprehensive and widely ratified international treaty that outlines the fundamental rights of children. Sir concluded that understanding and promoting child rights involve a collective effort from governments, communities, families, and individuals to create an environment where every child can grow, learn, and thrive in a safe and supportive manner. It also involves advocating for the implementation of policies and programs that uphold and protect the rights of children.



### Adv. Litto Palathingal, Lecture on Understanding Child Rights on 17/8/2022

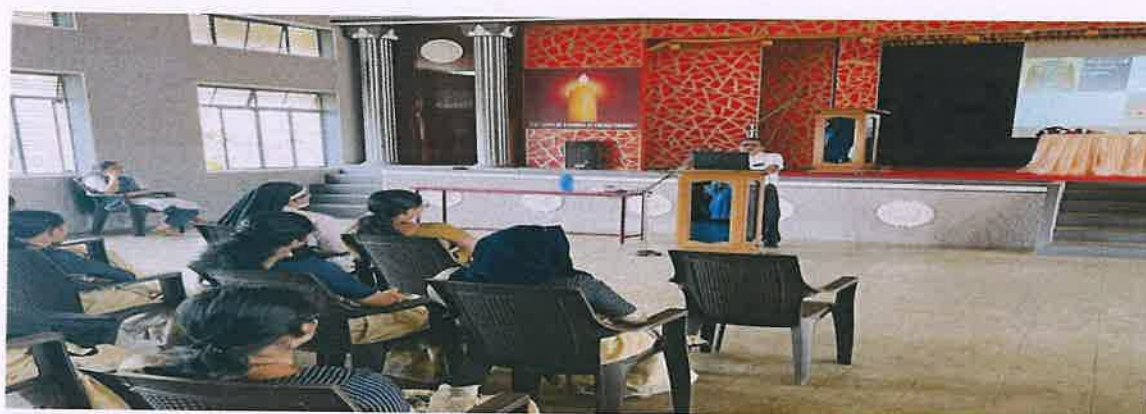
Third talk on the series was on Equals or Not? Women's Right. Resource person for the same was Dr. Bindumol VC, Associate Professor, Government Law College, Ernakulam. Madam made an inspirational talk on women rights. She highlighted the fact that Achieving women's rights requires a multifaceted approach involving legal reforms, policy changes,





awareness campaigns, and cultural shifts. It is part of a broader goal of achieving gender equality, recognizing that both men and women should have equal rights, opportunities, and responsibilities in all spheres of life.

Fourth talk on the series was on 'An in-depth look at Human Right'. Resource person was by Adv K.C Eldho, High Court of Kerala. Advocate stress the need for enhancing Human Right awareness among future teachers. They must be equipped to involve in all ongoing global effort to protect and promote these rights, acknowledging the interconnectedness of rights and the need for a comprehensive approach to address diverse challenges.



**Adv K.C Eldho, High Court of Kerala giving talk on An in-depth look at Human Right**

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**Legal Awareness Week, 2022****List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant professor (Physical Science Education)
3	Dr. Bindu Joseph	Associate Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Ceby George	Assistant professor (Physical Education)
6	Dr. Rachel George M	Associate Professor (Natural Science Education)
7	Ms. Anu Cleetus	Assistant Professor (Education)
8	Dr. Soya Mathew	Assistant Professor (Education)
9	Dr. Marin Jose	Assistant Professor (English Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
12	Dr. Smitha Jose	Assistant Professor (Education)
13	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)

Students list:

SL NO	Name of the student	Batch
1	Amala Antony	B.Ed 2021-2023
2	Anna Roshni Varghese	B.Ed 2021-2023
3	Deepa P S	B.Ed 2021-2023
4	Devika Venugopal	B.Ed 2021-2023
5	Divya Radhakrishnan	B.Ed 2021-2023







6	F.Merline Rodrigues	B.Ed 2021-2023
7	Gurumahima M V	B.Ed 2021-2023
8	Harsha Theresa Thomas	B.Ed 2021-2023
9	K A Rabia	B.Ed 2021-2023
10	Leatitia Joshy	B.Ed 2021-2023
11	Linnet John	B.Ed 2021-2023
12	Meera Joy	B.Ed 2021-2023
13	Merize Ben Alias	B.Ed 2021-2023
14	Pratibha S	B.Ed 2021-2023
15	Sandra Joy	B.Ed 2021-2023
16	Santhi M S	B.Ed 2021-2023
17	Veena C V	B.Ed 2021-2023
18	Aleena Antony	B.Ed 2021-2023
19	Anaswara. P S	B.Ed 2021-2023
20	Ance Baby	B.Ed 2021-2023
21	Divya Rajan	B.Ed 2021-2023
22	Jayalakshmi Jayakumar	B.Ed 2021-2023
23	Jobitha Joy	B.Ed 2021-2023
24	Liya Baby	B.Ed 2021-2023
25	Mary Amala R.	B.Ed 2021-2023
26	Nitha Alfred	B.Ed 2021-2023
27	Pranaya P M	B.Ed 2021-2023
28	Anisha T	B.Ed 2021-2023
29	Riya Sabu	B.Ed 2021-2023
30	Shilpa K	B.Ed 2021-2023
31	Sneha M M	B.Ed 2021-2023



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32	Sreelakshmi K A	B.Ed 2021-2023
33	Teena Vincent	B.Ed 2021-2023
34	Akshaya Shaju	B.Ed 2021-2023
35	Arya K Surendran	B.Ed 2021-2023
36	Aswathi B A	B.Ed 2021-2023
37	Freeda K F	B.Ed 2021-2023
38	Jinu Joseph	B.Ed 2021-2023
39	Jomol Babu	B.Ed 2021-2023
40	Lekshmipriya T S	B.Ed 2021-2023
41	Mariya Jessneela	B.Ed 2021-2023
42	Melissa Xavier	B.Ed 2021-2023
43	Parvathy M	B.Ed 2021-2023
44	Reshma Francis	B.Ed 2021-2023
45	Rose Maria John	B.Ed 2021-2023
46	Rosy Roy	B.Ed 2021-2023
47	Sona Paul	B.Ed 2021-2023
48	Sreeja Sreenivasan	B.Ed 2021-2023
49	Agatha Cyriac	B.Ed 2021-2023
50	Agiya Cosmos M C	B.Ed 2021-2023
51	Akshaya K S	B.Ed 2021-2023
52	Alida Saiju	B.Ed 2021-2023
53	Anila Shaju	B.Ed 2021-2023
54	Anu P. Thomas	B.Ed 2021-2023
55	Aparna S	B.Ed 2021-2023
56	Fathimathuzuhra	B.Ed 2021-2023
57	Jesna George	B.Ed 2021-2023



58	Mariya Das	B.Ed 2021-2023
59	Neethu J A	B.Ed 2021-2023
60	Raveena K Ramesh	B.Ed 2021-2023
61	Roshna Rahim	B.Ed 2021-2023
62	Vandana S	B.Ed 2021-2023
63	Vinny Pappachan	B.Ed 2021-2023
64	Akhitha Sebastian	B.Ed 2021-2023
65	Allan Francis	B.Ed 2021-2023
66	Angitha Ramachandran	B.Ed 2021-2023
67	Anita Abraham	B.Ed 2021-2023
68	Caren Grace	B.Ed 2021-2023
69	Dilhana Hussain	B.Ed 2021-2023
70	Jeshma Das V S	B.Ed 2021-2023
71	Keerthana M S	B.Ed 2021-2023
72	Meera Susan Kurian	B.Ed 2021-2023
73	Merin Shajan	B.Ed 2021-2023
74	Pooja Maria Jacob	B.Ed 2021-2023
75	Ranjima V	B.Ed 2021-2023
76	Saniya Simon	B.Ed 2021-2023
77	Shalini P S	B.Ed 2021-2023
78	Shimna K	B.Ed 2021-2023
79	Theresa Thankachan	B.Ed 2021-2023
80	Vyshnavi N Sarma	B.Ed 2021-2023
81	Akshitha Bhaskaran	B.Ed 2021-2023
82	Anagha T	B.Ed 2021-2023
83	Ancy Abraham	B.Ed 2021-2023



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84	Anjaly A C	B.Ed 2021-2023
85	Anupama Sreedhar	B.Ed 2021-2023
86	Celene Paul	B.Ed 2021-2023
87	Divyamol P D	B.Ed 2021-2023
88	Dona K Jose	B.Ed 2021-2023
89	Krishnapriya K	B.Ed 2021-2023
90	Mary Rinu K F	B.Ed 2021-2023
91	Mereena Joy	B.Ed 2021-2023
92	Minu Joy	B.Ed 2021-2023
93	Regina Teena Dcosta	B.Ed 2021-2023
94	Riya Davis	B.Ed 2021-2023
95	Rose Mary Paul	B.Ed 2021-2023
96	Varsha K V	B.Ed 2021-2023

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## TRAINING ON PORTFOLIO PREPARATION

Name of the Event	Training on portfolio Preparation
Objectives	1) To develop self-reflection and presentation skills.
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Date	10-10-2022
Time	10 am
Beneficiaries	Student Teachers (Total No.98)
Event Venue	St. Joseph College of Teacher Education for Women, Ernakulam

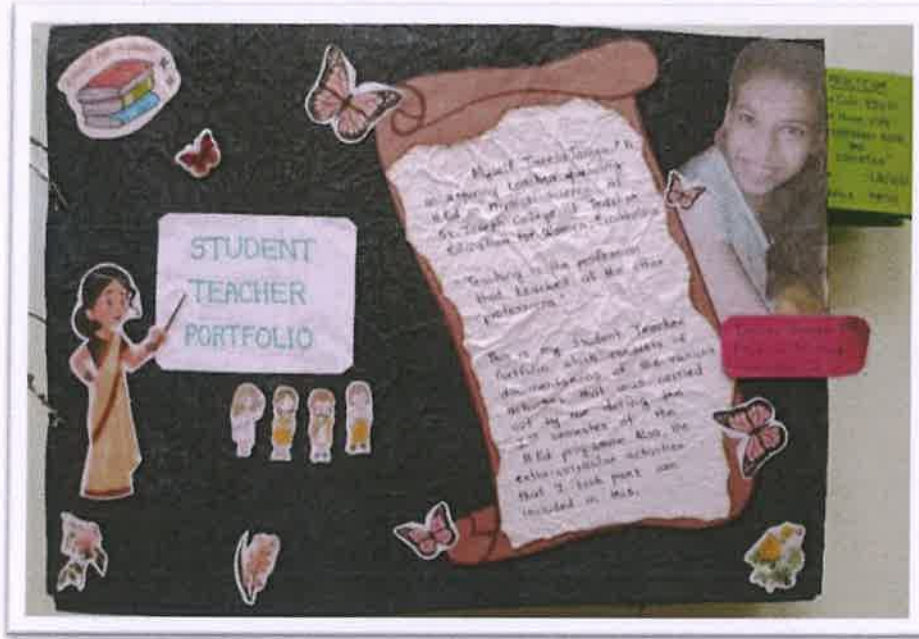
### REPORT

#### ORIENTATION ON PORTFOLIO PREPARATION

An orientation on portfolio preparation was given by teacher educators of respective departments to the student teachers. The session included format of portfolio, works which can be included, inclusion of evidence, style of portfolio etc. The format included the objective, description and reflection. The practicum along with practicals, co-curricular and extra-curricular activities taken part by the student teachers could be included. As the evidence, geotagged photographs should be included. For the style, it was our own choice to be creative. We were told to create the portfolio according to our imagination and creativity as it was like an album showcasing our works done by ourselves. The portfolio can also be considered as an evaluation tool.

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Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## MICROTEACHING

Name of the Event	Micro Teaching
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To enable trainees to acquire skills and behavior needed for being a teacher.</li> <li>To come up with innovative teaching methods to provide a satisfactory learning experience to the students.</li> <li>To gain self-confidence and increase trainees' passion for the profession.</li> <li>To develop core teaching skills in the trainees for effective teaching.</li> <li>To help trainees acquire various teaching skills and enable them to keep improving their teaching methods.</li> </ul>
<b>Details of Teacher Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	20/10/2022 (Thursday)
<b>Duration</b>	1 Day
<b>Destination</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Beneficiaries</b>	Student Teachers – 97

## MICRO TEACHING REPORT

As part of the B.Ed Curriculum, we have micro-teaching as one of our practicals, which could be considered as the first step in the domain of teaching. Micro-teaching concentrates on specific teaching behaviors and provides an opportunity for practicing teaching under controlled conditions. So through micro-teaching, the behavior of the teacher and pupil is modified and the teaching-learning process is more effective through skill training. Micro-teaching is a scale-down sample of teaching.

Micro Teaching was organized on 20<sup>TH</sup> of October 2022. It was a one-day programme, which marked the first step of our teaching. The entire class was divided into 4 groups, each consisting of 4 members. Every student teacher presented their classes in front






of their small group for a period of not more than 5 minutes. Micro Teaching was conducted in two classrooms of each option.

Half of the day was taken up for the “re-teach” part after getting immediate feedback from the “teach” class. In fact, microteaching was conducted as per the microteaching cycle. Microteaching is a significant development in the teacher education program. The basic objective of microteaching is to make teacher education programs scientific, effective, and meaningful.

Micro-teaching helps student-teachers practice their skills with a small group of students before teaching a bigger group. It focuses on sharpening and developing specific teaching skills and eliminating errors. This helped us to build confidence and to be prepared for a variety of classroom scenarios. Through the micro-teaching cycle, aspiring teachers like us can get instant feedback, which they can apply in the next round of teaching. This helps in strengthening not only our skills but also our teaching methods, and modifying and improving our classroom behavior in the desired direction. It improves our self-confidence and gives us an opportunity for self-evaluation.

  
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### PHOTO GALLERY

#### Training for microteaching



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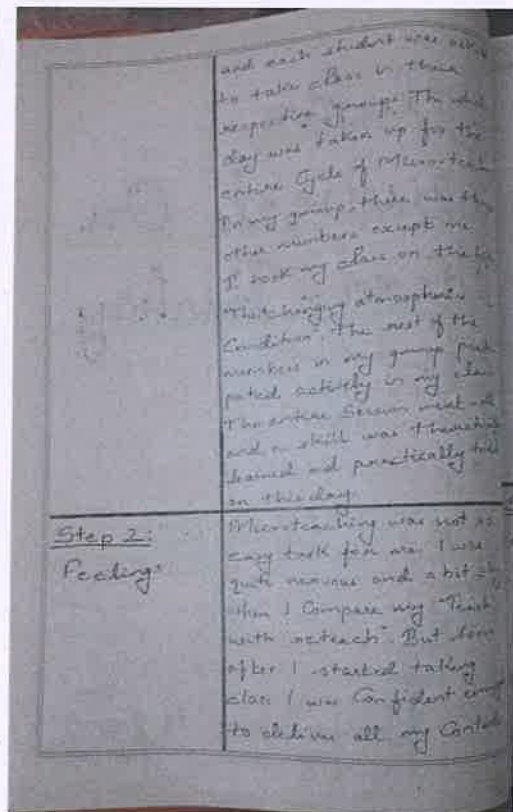
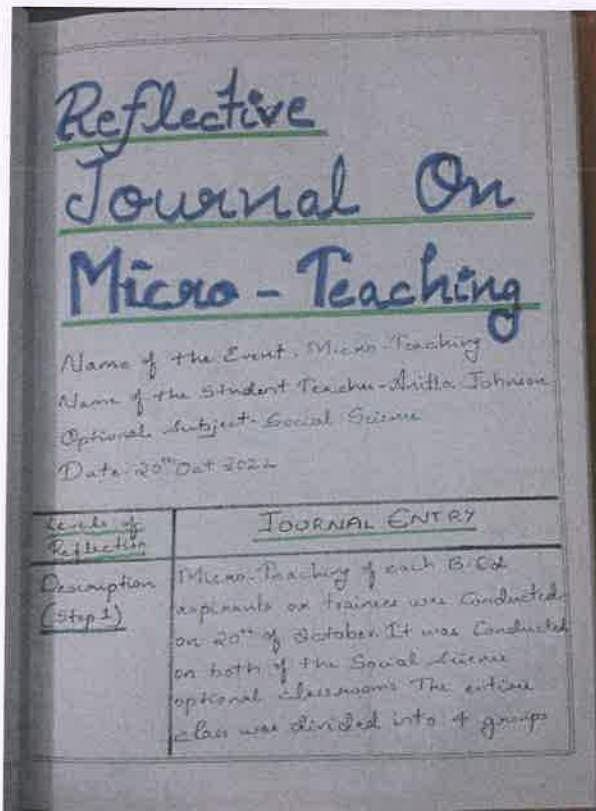




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**REFLECTIVE JOURNAL**



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After receiving honest and genuine feedback from my peers I felt great comfortable in teaching them. I am very much satisfied and have confidence in my classes. After reviewing the video and comparing with the first microteaching lesson I did certainly well as a result of being more relaxed and confident. All of my group members are extremely supportive and respond and spontaneously provide all my interaction.

Step 3:  
Evaluation

By god's grace, everything went well all throughout the micro-teaching but there was a low sound checker from other groups. Since two micro-teaching was carrying out at a time in a single class I must appreciate that none was heard than could imagined.

I gained vast experience in preparing lesson plan and teaching as per the guidelines from higher education. Also gained a fair amount of courage to face a big education class and deliver appropriately. Finally, am now confident I can comfortably teach my higher education class and solve adequately prepared.

Step 4  
Analysis

Overall, I think my lesson went smoothly and I liked what I chose to incorporate, but there were a few things that didn't go like I planned. After reviewing the video (I felt) I could have explained more clearly and answer more. There still are a few changes I would make when implementing the lesson into my real

classroom. I also liked that I decided to choose the magazine pictures on my own, instead of to go with their imagination.

Step 5  
Conclusion

As mentioned earlier, I would definitely make an effort to speak clearly and slowly so that everyone understood me. In a real classroom the lesson would probably take longer too. I would probably give more examples. Only who responds correctly to all my questions.

Step 6  
Action plan

I promise myself that my students would be comfortable with all my classes. I feel this experience has been incredibly useful from both the planning and the teaching side, but mainly for the feedback I received.

OBSERVATION SCHEDULE

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**TEACH AND RETEACH**

Observation Schedule Cum Rating Scale  
Skill of Stimulus Variation [Teach]

Sl. No	Components of Skill	Tally Marks	Grade				Pass
			A	B	C	D/E	
1	Body movements		✓				
2	Teacher use gestures		✓				
3	Verbal focusing was done			✓			
4	Gestures focusing was done		✓				
5	Verbal-gestures focusing was done			✓			
6	Fluctuations in Voice			✓			
7	Teacher-pupil interaction observed		✓				
8	Pupil-Pupil interaction observed			✓			
9	Teacher-class interaction observed			✓			
10	Silence - Pause was given				✓		
11	Verbal - Visual focusing				✓		

Observation Schedule Cum Rating Scale - Skill of stimulus Variation [Reteach]

Sl. No	Components of Skill	Tally Marks	Grade				Pass
			A	B	C	D/E	
1	Body Movements		✓				
2	Teacher gestures			✓			
3	Verbal focusing was done		✓				
4	Gestures focusing was done			✓			
5	Fluctuations in Voice			✓			
6	Verbal-gestures focusing was done			✓			
7	Teacher-pupil interaction observed		✓				
8	Pupil-pupil interaction observed			✓			
9	Teacher-class interaction observed			✓			
10	Silence pause was given				✓		
11	Verbal-Visual focusing				✓		

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## TRAINING FOR DEVELOPING CORE TEACHING SKILLS

Name of the Event	Training for developing core teaching skills
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Understand the core teaching skills</li> <li>2) Enable to understand subskills and its applications</li> <li>3) Prepare lesson plans on each skill</li> <li>4) Practice the skills using microteaching steps</li> <li>5) Skill acquisition</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	2022-23(20/10/2022-25/10/2022), 2021-22(12/1/2022-17/1/2022),2020-21(11/1/2021-15/1/2021),2019-20(12/8/2019-16/8/2019),2018-19(6/8/2018-10/8/2018)
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	5 days
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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### Programme report

The college conducts an annual training program aimed at developing core teaching skills for first-year students. This program places a strong emphasis on microteaching practice sessions, which are supervised by experienced teachers in optional subjects. Each student selects different topics to practice three core teaching skills, and they are introduced to the art of preparing microteaching lesson plans in advance.

The microteaching sessions involve teach and reteach sessions, where students gain confidence in their teaching abilities. These practice sessions have proven to be highly effective in deepening students' understanding of the teaching profession and helping them achieve specific teacher competencies. Once mastery is attained in these three practiced skills, a separate training program known as link practice, integrating all three skills, is conducted.

Microteaching encompasses various essential skills for aspiring teachers. These include the skill of introduction, explaining, questioning, stimulus variation, reinforcement, illustration, blackboard writing, and achieving closure. Each training session focuses on enhancing one specific teaching skill. During these sessions, the student-teacher conducts short teaching sessions with small groups of peers, consisting of three to five students, lasting around five to six minutes. These sessions are recorded and closely supervised, enabling student-teachers to receive constructive feedback on their strengths and weaknesses. This feedback is invaluable for self-evaluation, performance measurement, and skill improvement.

Micro-teaching operates in a cyclical manner, following a structured process known as the micro-teaching cycle. It begins with planning the teaching session, followed by the actual teaching to the group of students. After the session, the student-teacher receives feedback from supervisors, allowing them to re-plan and make improvements based on the feedback. This is followed by re-teaching and receiving additional feedback. This process is repeated to ensure that student-teachers continually enhance their teaching skills, building confidence in preparation for real classroom scenarios.

Microteaching not only focuses on presentation and reinforcement abilities but also contributes to the development of soft skills crucial for effective teaching, including teaching behavior, communication, and classroom management. Through this comprehensive training approach, student-teachers are better equipped to excel in the teaching profession and positively impact their future students.

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Fig. 1 & 2 - Microteaching

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## LINK PRACTICE

Name of the Event	Link practice
<b>Objectives</b>	1) To integrate the skills learned in microteaching sessions. 2) To accomplish specific teacher competencies. 3) To utilize real teaching situation for developing skills. 4) To incorporate all the component skills systematically.
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates of event of 5 years</b>	2022-23(26/10/2022-27/10/2022 ,Batch 2022-24),2021-22(15/12/2021-16/12/2021),2020-21(13/1/2021-14/1/2020),2019-20(14/8/2019-15/8/2019),2018-19(8/8/2018-9/8/2018)
<b>Time</b>	9.00 AM- 4.00PM
<b>Duration</b>	1 day
<b>Beneficiaries</b>	Student Teachers (Total No.97 )
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

## Programme Report

The college organized Link practice session for the first-year students with several key objectives. These objectives included the integration of skills acquired during microteaching, the achievement of specific teacher competencies, the utilization of real teaching scenarios for skill development and the systematic incorporation of all component skills. The teacher educators provided comprehensive instructions on how to effectively integrate the skills during the microteaching sessions.

Following these instructions, all student teachers were tasked with developing a lesson plan focused on a single concept, incorporating 3-4 relevant skills that were specifically related to the content within their respective subjects. On 8<sup>th</sup> November, the link practice sessions were conducted across all optional classes, closely supervised by teacher



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educators. During these sessions, each student teacher took a 20-minute class, with a deliberate emphasis on integrating the various components of the skills they had acquired during microteaching.

Subsequent to each teaching session, individualized feedback sessions were given for every student teacher. This feedback process aimed to provide constructive insights into their teaching performance, aiding them in fine-tuning their pedagogical abilities and further advancing the skills necessary for successful teaching careers. In essence, the link practice served as a crucial bridge between theoretical learning and the real-world teaching environment, enhancing the students' readiness and competence as future educators.



**Fig. Link practice**

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## The Change Starts at Home'- Programme on Discrimination against Women, 2022

<b>Name of the Event</b>	'The Change Starts at Home'- Programme on Discrimination against Women, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise awareness regarding various problems faced by women across the world</li> <li>2. To promote change, prevent discrimination and stimulate women empowerment</li> </ol>
<b>Details of Event Coordinators</b>	Mathematics Optional St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	29/11/2022
<b>Time</b>	9.00 AM- 10.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 100 , Faculty-11
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The Mathematics optional student teachers in association with Women Cell at St. Joseph College of Teacher Education for Women, Ernakulam organized 'The change starts at home', a talk programme on discrimination against women on 29<sup>th</sup> November 2022 from 9.00 AM to 10.00 AM at the college multipurpose hall. The programme was conducted as part of the curriculum of B Ed programme. The programme aimed at highlighting and generating awareness regarding various issues faced by women and children across the globe. The programme also has its purpose of promoting change, prevent discrimination and stimulate women empowerment.

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The programme started exactly at 9.00 AM. The programme was conducted during the morning assembly at the college multipurpose hall. The welcome speech for the programme was delivered by Ms. Aparna Shaji, student teacher from Mathematics optional. Ms. Aparna Shaji warmly welcomed all of the participants to the programme. After the welcome speech, a talk on the topic, 'discrimination against women at home' was carried out by Ms. Emilin K Thomas, student teacher from Mathematic optional. Ms. Emilin reminded all of the participants that even in the present advanced century, women are facing lots of issues and are subjected to discrimination in many fields and sometimes in their own homes. Women are often obliged to take responsibility for child rearing and managing household. Even in the present era, there are household that does not allow women to pursue their career and work. Some women often get trapped in the family responsibilities and household chores. These duties are not regarded as masculine and are stereotypically considered the traditional and sole responsibilities to manage home. Women are also not provided adequate training on mechanical skills like maintenance of vehicles and electrical appliances considering those duties to be masculine. If some women shows up such mechanical skills, they would be seen as the odd one out. And at home, from cooking food to taking decisions, women are suppressed over the male members of the family. Some working women does not even get their male counterparts to share the household chores and they must work at home and also at workplace leading to great stress and frustration. While taking big decisions, women are held back from their opinions and choices. They were considered to be the ones who have to obey or accept the decisions made by the male counterparts. Situations are changing for women now a days but still a large women population are suffering from discrimination. The talk session by Ms. Emilia K Thomas reminded all of the participants that change and women empowerment should start from homes. When women are given support and equal opportunities at their own homes, they will be empowered to tackle the challenges they face in the society. Thus, the society becomes indiscriminative against anyone who lives in it. The talk session was succeeded by the presentation of a short film namely, 'Juice'. The movie centers on the gender disparity in a middle-class environment where a striving woman goes to great lengths to maintain the status quo but still falls short. The film depicts a typical Indian household where women are seen as the one who does all the household chores while their male counterparts enjoy the food cooked by them and considers them as weak and powerless in dealing with the world outside their home. Women are often seen as kitchen

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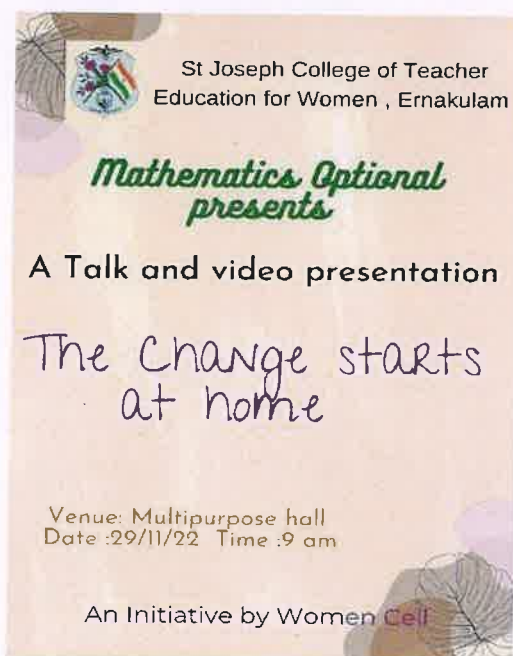


maids. Women work at their homes continuously throughout day and night for her family but her needs and wishes are neglected by the family members leading to frustration and stress in them. The female protagonist of the short film have done a remarkable portrayal of the silent rebellion and frustration that a housewife experiences at home.

The entire programme, 'The change starts at home', on discrimination against women turned out be fruitful and successful in accomplishing its objectives. The programme was very informative and beneficial for the student teachers. Some concepts are much easier to deliver to the participants via visual aids. The short film presentation carried out during the programme turned out to be efficient in conveying the concept of 'change starts at home' and discrimination against women. The student teachers could reflect on their thoughts relating to the concept of discrimination against women. The programme could enhance critical thinking in the participants. The vote of thanks for the programme was delivered by Ms. Kabani S, student teacher from Mathematics optional. The programme wined up at 10.00 AM with the message, 'the change begins at home'.

### 'The Change Starts at Home'- Programme on Discrimination against Women, 2022

#### Photo Gallery



Event poster for the programme, 'The change starts at home' on discrimination against women, 2022 organized by the Mathematics optional in association with Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam.

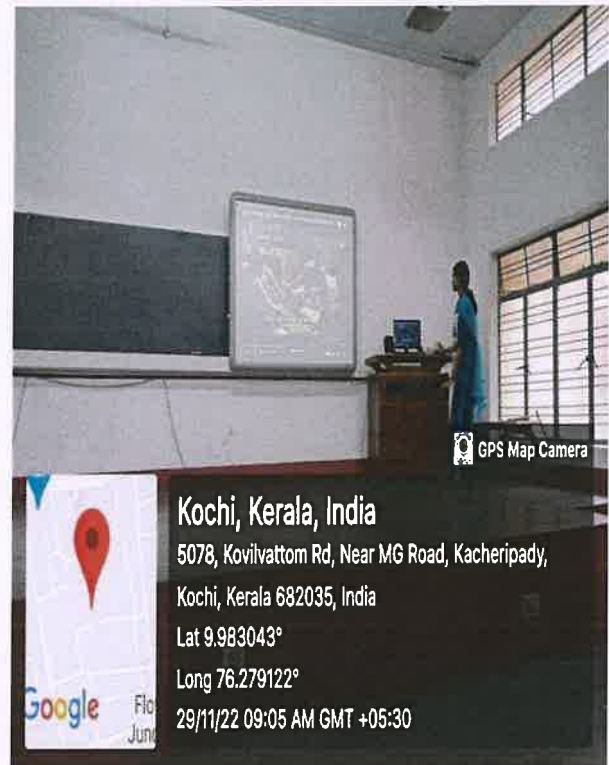


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Ms. Emilin K Thomas, student teacher from Mathematics optional carrying out a talk session on discrimination against women at home during the programme, 'The change starts at home' on discrimination against women, 2022 organized by the Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam.



Presentation of short film namely, 'Juice' based on discrimination against women at home during the programme, 'The change starts at home' on discrimination against women, 2022 organized by the Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam.

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## 'The Change Starts at Home' - Programme on Discrimination against Women, 2022

### Programme Details

<b>Name of the Event</b>	'The Change Starts at Home' - Programme on Discrimination against Women, 2022
<b>Date</b>	29/11/2022
<b>Time</b>	9.00 AM- 10.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 100 , Faculty-11
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Ceby George	Assistant professor (Physical Education)
3	Dr. Betty P.J	Associate Professor (Mathematics Education)
4	Dr. Bindu Joseph	Associate Professor (Malayalam Education)
5	Dr. Marin Jose	Assistant Professor (English Education)
6	Dr. Siji John	Assistant Professor (Social Science Education)
7	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
8	Dr. Soya Mathew	Assistant Professor (Education)
9	Dr. Smitha Jose	Assistant Professor (Education)
10	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
11	Ms. Anu Cleetus	Assistant Professor (Education)

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## Students list:

Sl. No	Name	Batch
1	Akhila M Nair	2022-2024 batch (B Ed. English)
2	Akshaya T G	2022-2024 batch (B Ed. English)
3	Amalu K	2022-2024 batch (B Ed. English)
4	Anagha R	2022-2024 batch (B Ed. English)
5	Anargha Mary	2022-2024 batch (B Ed. English)
6	Ashna Thomas	2022-2024 batch (B Ed. English)
7	Dona Maria	2022-2024 batch (B Ed. English)
8	Jeena Elsa John	2022-2024 batch (B Ed. English)
9	Jesna Joseph	2022-2024 batch (B Ed. English)
10	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
11	Margret Benitta V J	2022-2024 batch (B Ed. English)
12	Megha Madhu	2022-2024 batch (B Ed. English)
13	Minu Mary	2022-2024 batch (B Ed. English)
14	Neha Babu	2022-2024 batch (B Ed. English)
15	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
16	Rachel Berkumon	2022-2024 batch (B Ed. English)
17	Remya P . T	2022-2024 batch (B Ed. English)
18	Swathi.M	2022-2024 batch (B Ed. English)
19	Abina K	2022-2024 batch (B Ed. Malayalam)
20	Akhila M George	2022-2024 batch (B Ed. Malayalam)
21	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
22	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)

  
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23	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
24	Archana V N	2022-2024 batch (B Ed. Malayalam)
25	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
26	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
27	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
28	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
29	Pavithra V	2022-2024 batch (B Ed. Malayalam)
30	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
31	Snehakavya	2022-2024 batch (B Ed. Malayalam)
32	Swathi . M	2022-2024 batch (B Ed. Malayalam)
33	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
34	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
35	Amrutha K Omanakuttan	2022-2024 batch (B Ed. Mathematics)
36	Anju Paul P	2022-2024 batch (B Ed. Mathematics)
37	Aparna Shaji	2022-2024 batch (B Ed. Mathematics)
38	Ashitha Benny	2022-2024 batch (B Ed. Mathematics)
39	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
40	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
41	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)
42	Indhu . K	2022-2024 batch (B Ed. Mathematics)
43	Kabani S	2022-2024 batch (B Ed. Mathematics)
44	Nanditha J	2022-2024 batch (B Ed. Mathematics)
45	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
46	Sandra Antony	2022-2024 batch (B Ed. Mathematics)



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47	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
48	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
49	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
50	Vandana K P	2022-2024 batch (B Ed. Mathematics)
51	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
52	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
53	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)
54	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
55	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
56	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
57	Ashna K J	2022-2024 batch (B Ed. Physical Science)
58	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
59	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
60	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
61	Diya N C	2022-2024 batch (B Ed. Physical Science)
62	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
63	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
64	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
65	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
66	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
67	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)
68	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
69	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
70	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)




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 Education for Women,  
 Ernakulam



71	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
72	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
73	Gopika A G	2022-2024 batch (B Ed. Natural Science)
74	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
75	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
76	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
77	Merin K S	2022-2024 batch (B Ed. Natural Science)
78	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
79	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
80	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
81	Sneha P P	2022-2024 batch (B Ed. Natural Science)
82	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
83	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
84	Anagha Mary	2022-2024 batch (B Ed. Social Science)
85	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
86	Arya .T .K	2022-2024 batch (B Ed. Social Science)
87	Aswathy K S	2022-2024 batch (B Ed. Social Science)
88	Chinchu K H	2022-2024 batch (B Ed. Social Science)
89	Devika P S	2022-2024 batch (B Ed. Social Science)
90	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
91	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
92	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
93	Nandhitha C	2022-2024 batch (B Ed. Social Science)
94	Raseena Naseer	2022-2024 batch (B Ed. Social Science)



  
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95	Reshma George P G	2022-2024 batch (B Ed. Social Science)
96	Riya James	2022-2024 batch (B Ed. Social Science)
97	Sarah Maria	2022-2024 batch (B Ed. Social Science)
98	Sneha M	2022-2024 batch (B Ed. Social Science)
99	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
100	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Seminar on 'NEP 2020- Making Education Equitable and Inclusive', 2022

<b>Name of the Event</b>	Seminar on 'NEP 2020- Making Education Equitable and Inclusive', 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To enhance the knowledge base of student teachers</li> <li>2. To raise awareness of student teachers regarding the major highlight of National Education Policy 2020 in making education equitable and inclusive</li> </ol>
<b>Details of Event Coordinators</b>	Social Service Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Vijayan K Assistant Professor Department of Teacher Education National Council of Educational Research and Training(NCERT) Delhi, India
<b>Date</b>	30/11/2022
<b>Time</b>	10.00 AM – 12.30 PM
<b>Duration</b>	2 hours and 30 minutes
<b>Beneficiaries</b>	Student teachers- 198
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

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## Programme Report

The Social Service Club of St. Joseph College of Teacher Education for Women, Ernakulam organized a Seminar on ‘NEP 2020- Making Education Equitable and Inclusive’ on 30<sup>th</sup> November 2022 from 10.00 AM to 12.30 PM at the college auditorium. The seminar was organized for the B Ed. student teachers of 2021-2023 and 2022-2024 batches of St. Joseph College of Teacher Education for Women, Ernakulam. The faculty coordinator of the seminar was Dr. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the seminar was Dr. Vijayan K, Assistant professor at Department of Teacher Education at National Council of Educational Research and Training (NCERT) in Delhi, India. A total of 198 B Ed. student teachers from St. Joseph College of Teacher Education for Women, Ernakulam participated in the seminar.

The seminar on ‘NEP 2020- Making Education Equitable and Inclusive’ started exactly at 10.00 AM with a prayer song by Ms. Aleena Antony, student teacher from second year Malayalam optional. The prayer was succeeded by the welcome speech delivered by Dr. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Siji John officially welcomed all of the participants to the seminar. Dr. Siji John enunciated the relevance of the topic for the seminar, ‘NEP 2020- Making Education Equitable and Inclusive’. She reminded all of the participants about the importance of education and the reforms associating to it are essential. She added that the present topic of the seminar would contribute to enhancing the knowledge base of the student teachers and thereby promote professional growth. The welcome speech was followed by the seminar session. The resource person for the webinar, Dr. Vijayan K handled the session effectively and efficiently. The seminar began with the importance of education and how education systems affect the learners. Education is a continual process that deals with a growing man in a constantly evolving society. The educational system must prepare pupils to be lifelong learners, scholars, innovators educators and researchers. Despite significant and steady economic progress over the last few decades, India still has socioeconomic issues, and boosting education is the only future ahead to overcome these obstacles and strengthen the country's economic growth. The effective implementation of National Policy for Education 2020 has the ability to bring about significant changes through revamping the Indian educational system. The National Council for Educational Research and Training (NCERT) is the national institution that creates programs and policies, as well as curriculum







frameworks and standards that are followed by respective state SCERTs. The National Policy on Education, 1986 and the 1992 Programme of Action both envisioned compulsory and free education of adequate quality for all children under the age of 14. While the legislation secured education for all, the education system's core problems remained, impeding the advancement of the education system of India to the global scale. The New Education Policy in 2020 established numerous reforms in the education system of India. The new Ministry of Education is committed towards improving the educational system. While concentrating on many aspects of education, the policy also aims at bridging the gap between technology and education.

The National Education Policy or NEP 2020 envisions a systemic and inclusive transformation in the education systems. It focuses on 'Equitable and Inclusive Education,' which reflects the idea that no children should be denied educational opportunities regardless of their background or socio-cultural characteristics. It has considered the problems of the Socio-Economically Disadvantaged Groups (SEDGs), which include female and transgender people, Scheduled Tribes, Scheduled Castes, minorities, Other Backward Communities (OBCs) and other categories. This strategy strives to address the social category disparities in school education participation, access and learning outcomes. As part of the National Population Education Project (NPEP), the NCERT is conducting the Adolescent Education Programme (AEP). The key learning outcomes of Adolescent Education Programme is to make learners aware of adolescent problems, such as the development process during adolescence and HIV/AIDS, and to instill in them a constructive attitude towards these concerns. Furthermore, gender-inclusive comprehensive and integrated education is completely covered through age-appropriate incorporation in diverse textual materials in the school curriculum, as well as resource and training materials on wellness and health of school-going Children, particularly under the aegis of the SHP or School Health Programme under Ayushman Bharat scheme. Furthermore, the NEP 2020 recognizes transgender students as socio-economically marginalized groups and ensures equal and quality education for all such pupils. This includes provisions to help transgender children gain access to education, as well as assistance for community-based programs that tackle local situation-specific barriers to transgender children's participation and access to in education, with the goal of eliminating any remaining disparities in educational opportunities (including vocational courses) for children of any gender or other marginalized groups. Despite its challenges, National Education Policy 2020, however attempts to solve several deficiencies





in India's education system, and with this policy, India is projected to attain the SDG (Sustainable Development Goal) of 2030 by delivering equitable and inclusive quality education. The seminar winded up at 12.30 PM with the vote of thanks delivered by Ms. Akhitha Sebastian, student teacher from second year Natural Science optional.

The seminar on, 'NEP 2020- Making Education Equitable and Inclusive', 2022 conducted was extremely informative and fruitful. The student teachers could enhance their knowledge base regarding NEP 2020 and its highlight of making education inclusive and equitable. All the 198 student teachers from first year and second year B Ed programme participated in the seminar indicated positive feedback and suggested that they were interested in participating in more such fruitful and informative programmes.

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Seminar on 'NEP 2020- Making Education Equitable and Inclusive', 2022

Photo Gallery



**ST. JOSEPH COLLEGE OF TEACHER  
EDUCATION FOR WOMEN, ERNAKULAM**

**SEMINAR ON**

**NEP 2020 - MAKING EDUCATION  
EQUITABLE AND INCLUSIVE**



**Resource person :**

Dr. VIJAYAN K  
Assistant Professor  
Department of Teacher Education,  
National Council of Education Research and Training

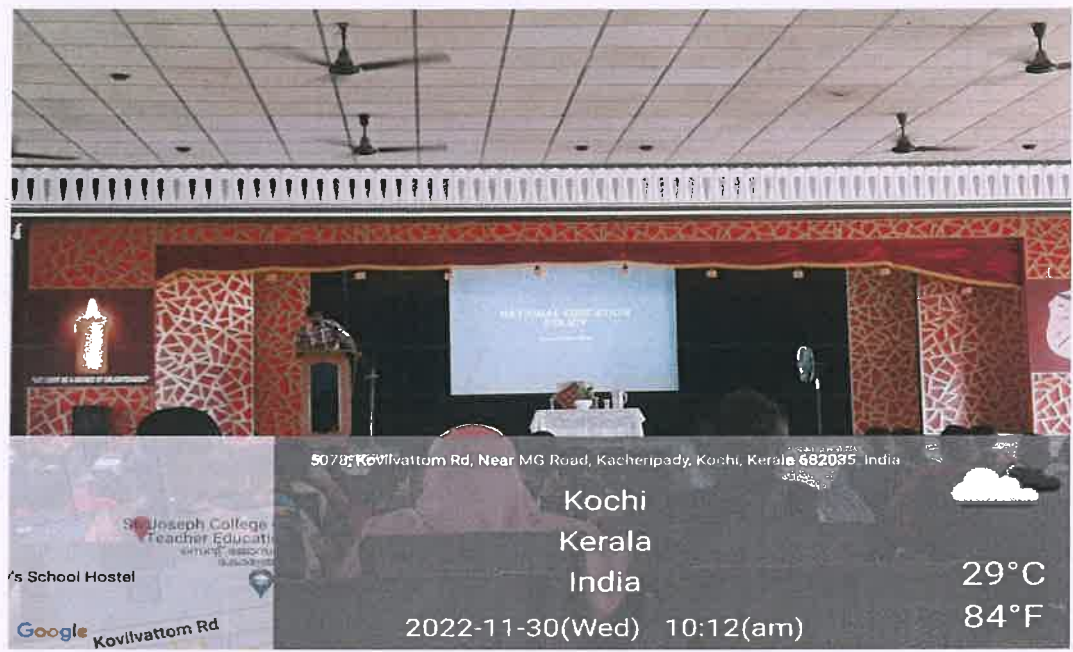
**An initiative by Social Service Club**

Event Poster for the seminar conducted on 'NEP 2020- Making Education Equitable and Inclusive', 2022 for B Ed. student teachers at St. Joseph College of Teacher Education for Women, Ernakulam

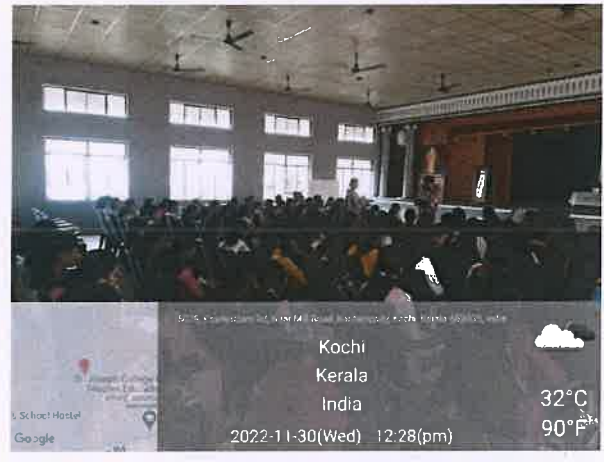
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**Dr. Vijayan K, Assistant Professor at the Department of Teacher Education at NCERT, Delhi carrying out the seminar session on ‘NEP 2020- Making Education Equitable and Inclusive’, 2022 conducted for B Ed. student teachers at St. Joseph College of Teacher Education for Women, Ernakulam**



**B Ed. student teachers of St. Joseph College of Teacher Education for Women, Ernakulam engaging in the seminar session handled by Dr. Vijayan K, Assistant Professor at the Department of Teacher Education at NCERT, Delhi on ‘NEP 2020- Making Education Equitable and Inclusive’, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam**

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## Seminar on 'NEP 2020- Making Education Equitable and Inclusive', 2022

## Programme Details

<b>Name of the Event</b>	Seminar on 'NEP 2020- Making Education Equitable and Inclusive', 2022
<b>Date</b>	30/11/2022
<b>Time</b>	10.00 AM – 12.30 PM
<b>Duration</b>	2 hours and 30 minutes
<b>Beneficiaries</b>	Student teachers- 198
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

## List of Participants

Students list:

Sl. No	Name	Batch
1	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
2	Allan Francis	2021-2023 batch (B Ed. Natural Science)
3	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
4	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
5	Caren Grace	2021-2023 batch (B Ed. Natural Science)
6	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
7	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
8	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
9	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
10	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
11	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
12	Ranjima V	2021-2023 batch (B Ed. Natural Science)
13	Saniya Simon	2021-2023 batch (B Ed. Natural Science)



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14	Shalini P S	2021-2023 batch (B Ed. Natural Science)
15	Shimna K	2021-2023 batch (B Ed. Natural Science)
16	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
17	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)
18	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
19	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
20	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
21	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
22	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
23	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
24	Aparna S	2021-2023 batch (B Ed. Physical Science)
25	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
26	Jesna George	2021-2023 batch (B Ed. Physical Science)
27	Jismin K Antony	2021-2023 batch (B Ed. Physical Science)
28	Mariya Das	2021-2023 batch (B Ed. Physical Science)
29	Neethu J A	2021-2023 batch (B Ed. Physical Science)
30	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
31	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
32	Vandana S	2021-2023 batch (B Ed. Physical Science)
33	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
34	Amala Antony	2021-2023 batch (B Ed. English)
35	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
36	Deepa P S	2021-2023 batch (B Ed. English)
37	Devika Venugopal	2021-2023 batch (B Ed. English)
38	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
39	F.Merline Rodrigues	2021-2023 batch (B Ed. English)



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40	Gurumahima M V	2021-2023 batch (B Ed. English)
41	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
42	K A Rabia	2021-2023 batch (B Ed. English)
43	Leatitia Joshy	2021-2023 batch (B Ed. English)
44	Linet John	2021-2023 batch (B Ed. English)
45	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
46	Merize Ben Alias	2021-2023 batch (B Ed. English)
47	Pratibha S	2021-2023 batch (B Ed. English)
48	Sandra Joy	2021-2023 batch (B Ed. English)
49	Santhi M S	2021-2023 batch (B Ed. English)
50	Veena C V	2021-2023 batch (B Ed. English)
51	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
52	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
53	Ance Baby	2021-2023 batch (B Ed. Malayalam)
54	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
55	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
56	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
57	Liya Baby	2021-2023 batch (B Ed. Malayalam)
58	Mary Amala R	2021-2023 batch (B Ed. Malayalam)
59	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
60	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
61	Anisha T	2021-2023 batch (B Ed. Malayalam)
62	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
63	Shilpa K	2021-2023 batch (B Ed. Malayalam)
64	Sneha M M	2021-2023 batch (B Ed. Malayalam)
65	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)



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66	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
67	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
68	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
69	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
70	Freeda K F	2021-2023 batch (B Ed. Mathematics)
71	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
72	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
73	Lekshmipriya T S	2021-2023 batch (B Ed. Mathematics)
74	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
75	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
76	Parvathy M	2021-2023 batch (B Ed. Mathematics)
77	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
78	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
79	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
80	Sona Paul	2021-2023 batch (B Ed. Mathematics)
81	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)





92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)
99	Akhila M Nair	2022-2024 batch (B Ed. English)
100	Akshaya T G	2022-2024 batch (B Ed. English)
101	Amalu K	2022-2024 batch (B Ed. English)
102	Anagha R	2022-2024 batch (B Ed. English)
103	Anargha Mary	2022-2024 batch (B Ed. English)
104	Ashna Thomas	2022-2024 batch (B Ed. English)
105	Dona Maria	2022-2024 batch (B Ed. English)
106	Jeena Elsa John	2022-2024 batch (B Ed. English)
107	Jesna Joseph	2022-2024 batch (B Ed. English)
108	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
109	Margret Benitta V J	2022-2024 batch (B Ed. English)
110	Megha Madhu	2022-2024 batch (B Ed. English)
111	Minu Mary	2022-2024 batch (B Ed. English)
112	Neha Babu	2022-2024 batch (B Ed. English)
113	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
114	Rachel Berkumon	2022-2024 batch (B Ed. English)
115	Remya P . T	2022-2024 batch (B Ed. English)
116	Swathi.M	2022-2024 batch (B Ed. English)
117	Abina K	2022-2024 batch (B Ed. Malayalam)



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118	Akhila M George	2022-2024 batch (B Ed. Malayalam)
119	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
120	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)
121	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
122	Archana V N	2022-2024 batch (B Ed. Malayalam)
123	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
124	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
125	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
126	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
127	Pavithra V	2022-2024 batch (B Ed. Malayalam)
128	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
129	Snehakavya	2022-2024 batch (B Ed. Malayalam)
130	Swathi . M	2022-2024 batch (B Ed. Malayalam)
131	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
132	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
133	Amrutha K Omanakuttan	2022-2024 batch (B Ed. Mathematics)
134	Anju Paul P	2022-2024 batch (B Ed. Mathematics)
135	Aparna Shaji	2022-2024 batch (B Ed. Mathematics)
136	Ashitha Benny	2022-2024 batch (B Ed. Mathematics)
137	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
138	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
139	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)
140	Indhu . K	2022-2024 batch (B Ed. Mathematics)
141	Kabani S	2022-2024 batch (B Ed. Mathematics)
142	Nanditha J	2022-2024 batch (B Ed. Mathematics)
143	Rosemol V T	2022-2024 batch (B Ed. Mathematics)



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144	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
145	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
146	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
147	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
148	Vandana K P	2022-2024 batch (B Ed. Mathematics)
149	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
150	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
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160	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
161	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
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163	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
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167	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
168	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
169	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)



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170	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
171	Gopika A G	2022-2024 batch (B Ed. Natural Science)
172	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
173	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
174	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
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187	Devika P S	2022-2024 batch (B Ed. Social Science)
188	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
189	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
190	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
191	Nandhitha C	2022-2024 batch (B Ed. Social Science)
192	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
193	Reshma George P G	2022-2024 batch (B Ed. Social Science)
194	Riya James	2022-2024 batch (B Ed. Social Science)
195	Sarah Maria	2022-2024 batch (B Ed. Social Science)



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Dr. Alice Joseph

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196	Sneha M	2022-2024 batch (B Ed. Social Science)
197	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
198	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Report of Orientation on Internship at Primary Schools, M.Ed.

<b>Name of the event</b>	<b>Internship in Primary Schools</b>
<b>Objectives</b>	<b>Institutional case study</b>
<b>Date</b>	<b>1/12/2022</b>
<b>Time</b>	<b>Full day</b>
<b>Resource person</b>	<b>Sheeba A.S</b>
<b>Duration</b>	<b>1 days</b>
<b>Beneficiaries</b>	<b>Teacher educands (11 M.Eds) 2021-23</b>
<b>Venue</b>	<b>M.Ed classroom</b>

### Report on Internship

The Primary School Internship Orientation conducted by Miss Sheeba AS on December 1, 2022, at the M.Ed classroom. The orientation was organized for teacher educands, and there were a total of 11 participants in attendance. The primary aim of the orientation session was to prepare teacher educands for their upcoming primary school internship. The following objectives are, Educands were introduced to the responsibilities and roles of a primary school teacher, including curriculum delivery, classroom management, and student engagement. Educands were provided with guidance on effective classroom observation techniques. They learned how to observe and document teaching methods, student behavior, and teacher-student interactions. Educands were given an overview of the primary school curriculum, emphasizing the importance of aligning lesson plans with educational standards and objectives. The session included discussions and practical tips on maintaining discipline in the classroom, creating a positive learning environment, and handling challenging situations. Miss Sheeba AS shared insights into innovative teaching methods, instructional strategies, and resources that can enhance the quality of teaching in a primary school setting. Miss Sheeba AS conducted the orientation with great enthusiasm and expertise. Her deep understanding of primary education and her commitment to preparing future educators were evident throughout the session.



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**ED010301**

**FIELD INTERNSHIP IN PRIMARY SCHOOL, PRIMARY  
TEACHER EDUCATION INSTITUTIONS, AND FIELD  
VISIT RELEVANT TO CLUSTER A & CLUSTER B**

**SEMESTER III**

*Submitted by,*  
**STEPHY MENDEZ**  
M.Ed. Student

*Submitted to,*  
**Mrs. SHEEBA A.S**  
Assistant Professor



**St. Joseph College of Teacher Education for Women, Ernakulam**

**2021-2023**

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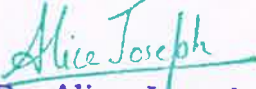
## 5 DAY - WORKSHOP ON INTERNSHIP IN PRIMARY TEACHER EDUCATION INSTITUTION M.ED. 2021-23 BATCH

Name of the Event	Orientation class on unit plan preparation
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Understand the instructional objectives and curricular objectives</li> <li>2) Enable to analyses content /units for planning the lesson</li> <li>3) Explore the ideas in groups of discussion</li> <li>4) Practice the skills and strategies of unit plan preparation</li> <li>5) Able to plan lessons systematically</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	13&14/12/2022, 20/12/22 ,31/12/22
<b>Time</b>	9.00 AM- 3.30 PM
<b>Duration</b>	5 days
<b>Resource persons</b>	Lincy A.P ,Mrs.Regha and Mrs. Jancy and Mrs Aswahy D.V
<b>Beneficiaries</b>	Teacher educand (Total No.11)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Orientation Report

#### Day 1,16/12/22

An Orientation on unit plan was organized by the college on 19/12 /22under the following objectives: familiarize with instructional objectives and curricular objectives ,understand the steps of unit plan preparation .The theoretical background on year plan and unit plan were explained by teacher educator Mrs Aswathy D. V in the first day.After that the process of content analysis was explained in each subject.

  
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The second day teacher educators instructed the students on division of units for each lesson plan. Students need to understand how to make units for 45 minute duration classes. Students are directed to select five units for unit plan preparation. Teacher Educators supported them with directions and corrections. After preparing lesson plans students presented each step and corrected each one based on the suggestions of the educator. Cleared doubts and helped them to complete one unit plan.

### Day 2 -20/12 /2022

Demonstration classes on General paper and optional subjects were explained and demonstrated by D.El.Ed staff members as a team. The same skills were practiced by the teacher educands in small groups under the effective supervision and guidance of our teacher educators. Listening and Observing the classes by the M.Eds

### Day 3 -20/12/22

Orientation about the Internship classes in D. El.Ed instructed by Mrs .Lincy A.P , the Principal of St. Joseph Teacher Training Institute, Ernakulam. The objective was that to prepare the Teacher educands to be more efficient and committed in their teaching. This classes was also helpful to familiarize the D. El. Ed curriculum and syllabus .

### Day 4, 31 /12 /2022

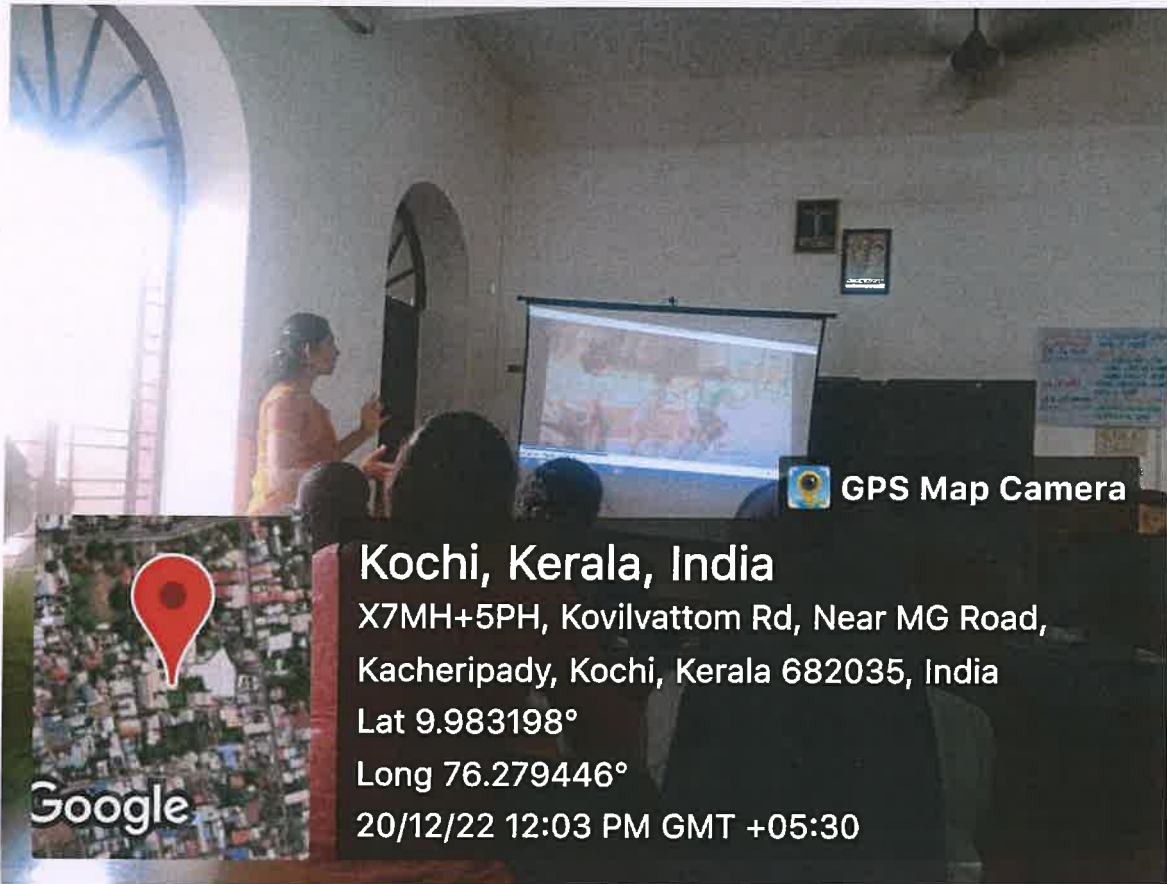
Teacher educators giving directions for preparing unit plans and making appropriate corrections in unit plans after that making arrangements for taking criticism classes among peers. Teacher educands Prepared unit plans, Taking criticism classes, listening corrections from teacher educators and peers and ready for their internship

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## PHOTO GALLERY



## ORIENTATION CLASS

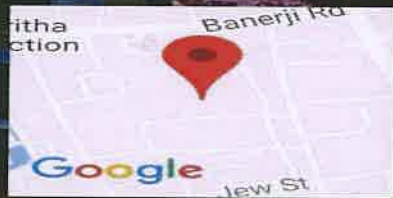
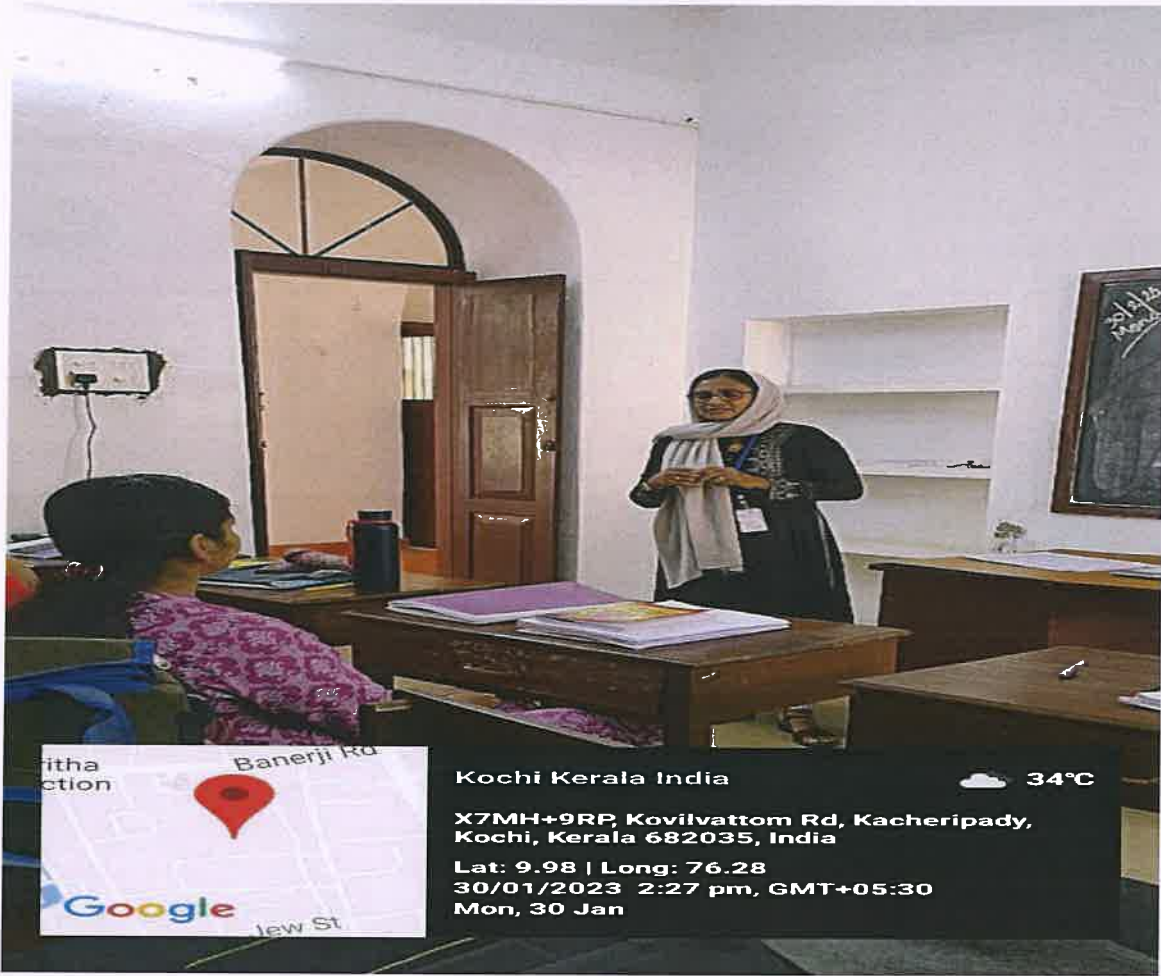


## DEMONSTRATION CLASS

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 X7MH+9RP, Kovilvattom Rd, Kacheripady,  
 Kochi, Kerala 682035, India  
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 30/01/2023 2:27 pm, GMT+05:30  
 Mon, 30 Jan

### CRITICISM CLASS

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## TRAINING FOR INITIAL PRACTICAL SCHOOL EXPERIENCES THROUGH INDUCTION PROGRAMME B.Ed. 2022-24 BATCH

<b>Name of the Event</b>	Training for Initial Practical School Experiences through Induction Programme
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To understand the techniques of teaching practices</li> <li>2) To instill intellectual and aesthetic development among student teachers.</li> <li>3) To develop teaching skills and social skills.</li> <li>4) To enable students to practice various skills like discussion, criticism, and communication.</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	22/12/2022; 16/1/2023
<b>Time</b>	9.00 AM- 4 PM
<b>Beneficiaries</b>	Student Teachers (Total No.98)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

Students go through a set of Activities as preparatory to school-based practice and internship. The institution organized the following activities for preparing students for practice teaching /induction period for enhancing certain significant skills and competencies such as

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## FORMULATING LEARNING OBJECTIVE

Fig Shows the Students are framing Learning Objectives

### Orientation class on Learning Objectives

Teacher Educators of respective departments delivered an orientation class on setting learning objectives on 22 December 2022. Through the session, a clear cut idea about the factors to be included in each domains under learning objectives were explained along with suitable examples. After the theoretical explanations, student teachers were divided into four groups for discussion. Each group selected a small topic of their concerned subject and prepared its learning objectives, under the guidance of teacher educator. Corrections were provided and errors were rectified.



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## CONTENT MAPPING/ANALYSIS.

Fig Shows the Students are doing Content Analysis

### Orientation class on Content Analysis

As a part of orientation on content Analysis, teacher educators of respective departments introduced and explained about the preparation and importance of Content Analysis in teaching process on

• she gave us a clear idea of the various factors taken into account when writing the Content Analysis. After the theoretical session, the class was divided into four groups. Student teachers drafted the content according to the prescribed steps of Content Analysis. Each group presented it in front of the class. Instant feedbacks were given and necessary changes were made by the student teacher and peers.



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### 3. LESSON PLANNING.

Fig Shows the Students are participating in the workshop of Lesson Plan Preparation

#### Workshop on Lesson Plan preparation.

The college organised a workshop on lesson plan preparation on 9 January 2023. The teacher educators of respective departments gave us an explicit idea along with step by step explanation about the preparation of lesson plan. After the theoretical session, the class was divided into groups of three members. Each group was supposed to prepare a lesson plan on their selected topic. One week time was allotted for the preparation. On 16 January 2023, Each group presented their lesson plan in front of the whole class. Corrections were given and errors were rectified. Later the groups were shuffled and four more lesson plans were prepared.



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 Kovilvattom Road, Kacheripady, Kochi,  
 682018, KL, India  
 Lat 9.983434, Long 76.278900  
 01/16/2023 11:34 AM GMT+05:30  
 Note : Captured by GPS Map Camera

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## WORKSHOP ON CLASSROOM PRACTICES

<b>Name of the Event</b>	<b>Workshop On Classroom Practices</b>
<b>Objectives</b>	1)To practice class in simulated condition 2)To find out the mistakes in taking the classes 3)To analyse the teacher behaviour
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	2022-23(6/3/2023-7/3/2023Batch 2022-24) & (22/6/2022 Batch 2021-23), 2021-22(8/7/2021Batch 2020-22), 2020-21-No criticism class during this period due to Covid Pandemic 2019-20(7/1/2020 Batch 2019-21) 2018-19(11/1/2019 Batch 2018-19)
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	2 days
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

Every year during the second semester, The College organizes a workshop on Classroom practices for the student teachers. This workshop involves bringing in 8th and 9th-grade students from St. Mary's C.G.H.S.S. to participate in the sessions. The Teacher Coordinator for the program is the respective teacher educators.

The primary purpose of this workshop is to provide prospective teachers with a practical opportunity to teach based on pre-developed lesson plans in front of real students. This experience allows them to gain insights into the strengths and weaknesses of their



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teaching skills and learn effective classroom management. It also serves as a platform for them to boost their confidence in teaching.

During the workshop, trainee teachers are required to observe their peers' classes (peer observation), particularly assessing the performance of others using an observation schedule and then writing a report on the observed classes. The primary objective is to enhance the teaching skills of student teachers by providing constructive criticism through class observations.

The classes are conducted in two separate groups, with each student getting 35 minutes to teach according to their prepared lesson plans. Peers evaluate and record their opinions on each student's class using predefined criteria. The criticism session proves to be a valuable and enlightening experience for all participants, offering several key takeaways:

- It fosters self-awareness regarding one's teaching skills.
- It encourages the practice of teaching in alignment with lesson plans.
- It provides an opportunity to use teaching aids effectively.
- It helps in developing observation skills and learning from peers.
- It emphasizes the importance of time management in teaching.

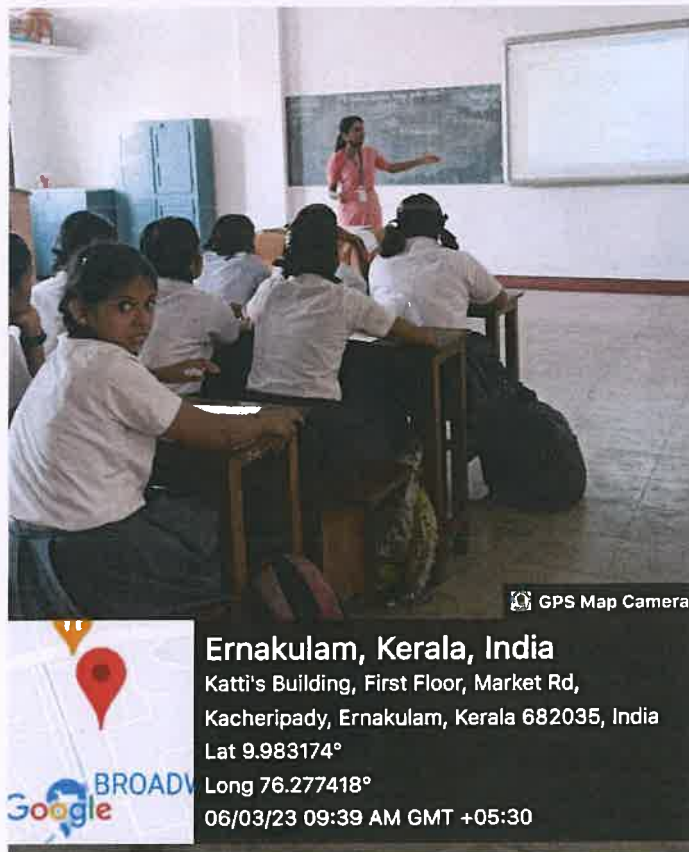
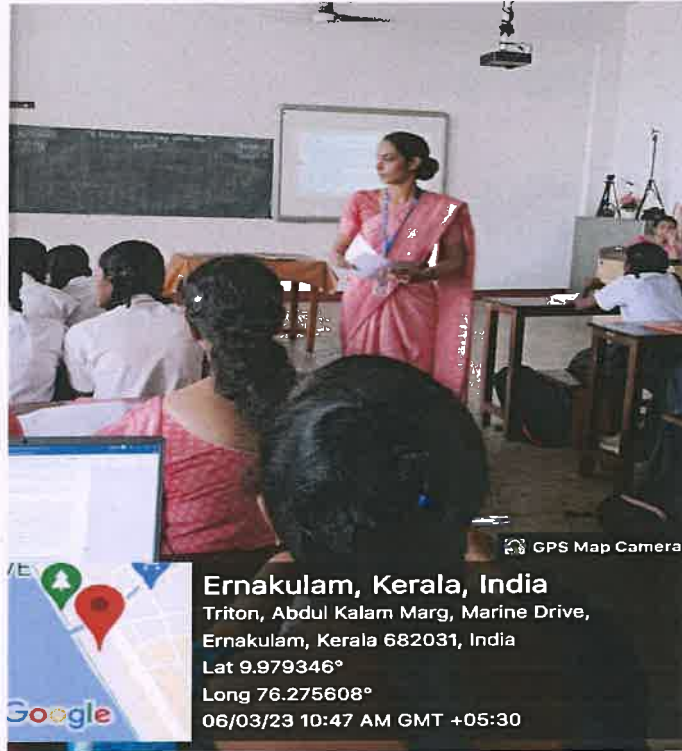
Additionally, all participants conduct a criticism class based on a predetermined criticism lesson plan, incorporating teaching aids. The student coordinators safely escort the students from St. Mary's C.G.H.S.S. back to their school, concluding the session with a general discussion and feedback session on each participant's class.

This annual workshop serves as a valuable platform for aspiring teachers to improve their teaching skills, gain valuable insights from peer observations, and foster self-improvement in the art of teaching. It not only benefits the student teachers but also provides an enriching learning experience for the students from St. Mary's C.G.H.S.S. who participated in the sessions.



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## ORIENTATION TO INTERNSHIP PROGRAMME – MOTIVATIONAL TECHNIQUES FOR SCIENCE TEACHING

Name of the Event	Motivational Techniques for Science Teaching
Objectives	<ul style="list-style-type: none"> <li>To explore different ways to make teaching fun and fruitful.</li> <li>To learn how to develop an emotional connection with students.</li> <li>To learn about the extend to which standard of teaching and problem solving should be improvised.</li> </ul>
Details of resource person	Mr Harikumar K S M.S.c (Chemistry) , B Ed , PGDip(Sfty Egg) Dy Manager (Fire and Safety ) FACT (Retd)
Date	17/10/2022
Time	2.00 PM
Duration	1 hour
Beneficiaries	Student Teacher Educators – 2 Student Teachers – 30 Faculty - 1
Platform	Offline

### Programme Report

The orientation class on ‘ Motivational Techniques for Science Teaching’ for students of physical science optional organized by St Joseph College of Teacher Education was conducted on 17<sup>th</sup> October 2022 from 2.00 PM to 3.00 PM .The programme was coordinated by Mrs Reshmi Sreejith. The class began with a prayer song by Ms. Ann Sara Physical Science optional Assisstant Professor Sr.Rosy Tintu welcomed the resource person and participants . The resource person of the day Mr Harikumar K S led the session in Physical Science optional class.



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The session was an interactive one , with participants being asked to share their views and opinions . The orientation class helped the students to have following as take away points:

- Methods by which teachers can keep their students attentive .
- Importance of experimental methods in teaching .
- How a teacher should prepare before taking a class .
- How to improve problem solving skills to support students both academically and emotionally

The session ended at 3.05 pm with Vote of thanks by Mrs Reshmi Sreejith, Assistant Professor, Physical Science optional. Mrs Arunima C H and Ms Treesa Taniya, student teachers of Physical Science optional gave feedback of the class. Sr Rosy Tintu and Mrs Reshmi Sreejith presented a gift to Harikumar sir as a token of gratitude.

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## PHOTO GALLERY

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**ORIENTATION TO INTERNSHIP PROGRAMME**

**- Motivational Techniques for Science Teaching**

**Mr. Harikumar K.S**

*M. Sc. (Chem), B. Ed  
@Gdp (sfty)Ektl  
Dy Manager (Fire & Safety)  
FACT (Retd.)*

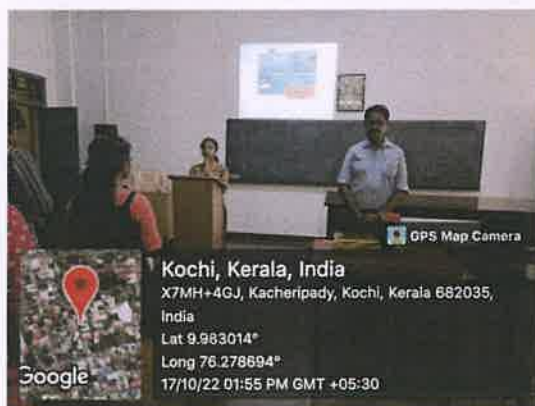
*Safety Trainer, Safety Auditor &  
Environmentalist*

*Member - State Executive Committee  
Breakthrough Science Society*

**DATE** 17 October 2022  
**TIME** 2:00PM-3:00PM  
**VENUE** Physical Science  
Class room

**PROGRAMME SCHEDULE**

**Welcome Speech:** Sr. Rosy Tintu M. P  
**Resource Person:** Mr. Harikumar K. S  
**Vote of Thanks:** Mrs. Reshmi Sreejith  
**Programme Coordinator:** Mrs. Reshmi Sreejith



PRAYER BY Ms. ANN SARA



WELCOME SPEECH BY Sr. ROSY TINTU

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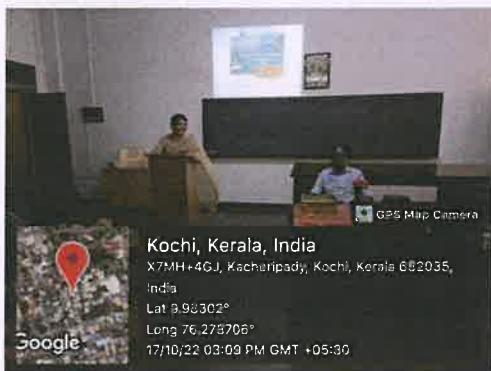


INTERACTIVE SESSION



COMPERING BY Ms ASHNA

FEEDBACK SESSION



VOTE OF THANKS BY Mrs. RESHMI SREEJITH

TOKEN OF GRATITUDE GIFTING

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## ORIENTATION TO PROJECT: PRACTICES FOR ACHIEVING GOOD MENTAL HEALTH AND WELL-BEING AMONG SCHOOL STUDENTS

<b>Name of the event</b>	Practices for achieving good mental health and well-being among school students
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To analyze the mental health of student teachers.</li> <li>To learn how to develop an emotional connection with students</li> <li>Things that can be practiced to engage students in various activities and to maintain their mental health</li> </ul>
<b>Details of resource person</b>	Sr. Florence CMC Counselling psychologist
<b>Date</b>	17/10/2022
<b>Time</b>	6.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teacher educator -2 Student teachers -30 Faculty -1
<b>Platform</b>	Online – Google meet

### Programme Report

The orientation class on the project “Practices for achieving good mental health and well-being among school students” organized by the physical science optional of St Joseph College of teacher education for women was conducted on 17<sup>th</sup> October 2022 from 6.00 pm to 7 pm. The programme was coordinated by guest lecturer Mrs. Reshmi Sreejith. Both first-year and second year students of physical science optional participated in this online session. It began with a prayer song by Ms Rose Mary. Mrs Reshmi Sreejith welcomed the resource person and the participants.

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The session was indeed very interactive and began with a self-analysis of our mental health. She started by asking the participants to write their bad experiences and all the positive feelings they had after successfully resolving them. They discussed mental well-being and as a teacher how a teacher can influence the emotional, social, and mental well-being of students. She pointed out that according to WHO mental well-being is a state where the individuals realize the situations and cope with the normal stress of life. Mental well-being is generally the state of thriving in various areas of life such as in relationships, at work, at play, despite our ups and downs. It is the knowledge that we are separate from our problems and the belief that we can handle those problems. It includes how a person thinks and acts. Mental well-being is not the absence of mental illness, challenges, and adversity. It's about how we respond to those. she explained about Hedonia and Eudaimonia. Hedonia is feeling happy about one's life and engaging in activities that cause happiness as Eudomonia is living a meaningful life and striving to reach ones full potential.

- Intakes of this session include
- Believing that our life has meaning
- Continuous self-development and growth
- Having a sense of purpose
- Believing and making our students believe that we can overcome hurdles
- Activities should be followed with students
- The session was very fruitful and ended by 7.10 pm with a vote of thanks and feedback from second-year physical science optional student Akshaya.

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## PHOTO GALLERY



*Make your mental health a priority.*

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MENTAL

**Orentation to Project  
Topic: Practices for achieving good mental  
health and well being among school students**

**Date: 17 October 2022**

**Time: 6.00 pm - 7pm**

**Mode: online**

HEALTH

**Resource person**



**Sr. Florence CMC  
Counselling Psychologist**

**P.G in counselling psychology  
Conducting motivational  
classes  
Doing counselling**

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 Thrikkakara North, 29V6+6G7, Kochi, Kerala  
 682021, India  
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 Long 76.361671°  
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 Thrikkakara North, 29V6+6G7, Kochi, Kerala  
 682021, India  
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 Long 76.361662°  
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**Kochi, Kerala, India**  
 Thrikkakara North, 29V6+6G7, Kochi, Kerala  
 682021, India  
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 Long 76.361655°  
 17/10/22 06:29 PM GMT +05:30



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## REPORT ON DISCUSSION, DEMONSTRATION AND CRITICISM OF LESSON PLAN

<b>Name of the Event</b>	Report On Discussion, Demonstration and criticism Of Lesson Plan
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To create an idea about how to develop a lesson plan.</li> <li>2) To develop the ability to include constructivism in lesson plan.</li> <li>3) To develop idea about how to conduct class based on lesson plan.</li> <li>4) To enable teacher trainees to get a practice on real classroom teaching</li> <li>5) To build the confidence of teacher trainees in teaching</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Resource person(s)</b>	Dr. Josephine Joseph, Sr. Rosy Tintu M P, Mrs. Reshmi Sreejith
<b>Dates</b>	14/01/2023 & 16/01/2023 17/01/2023 & 06/03/2023 and 23/03/2023
<b>Time</b>	9.00 AM- 4 PM
<b>Beneficiaries</b>	Student Teachers (Total No.16)
<b>Event Venue</b>	Physical Science Optional St. Joseph College of Teacher Education for Women, Ernakulam

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## REPORT ON DISCUSSION OF LESSON PLAN

**Name of the event:** Discussion of lesson plan

**Optional subject:** Physical Science

**Date:** 14/01/2023&16/01/2023

**Number of students:** 16

**Teacher educators:** Dr. Josephine Joseph, Sr. Rosy Tintu M P, Mrs. Reshmi Sreejith

**Venue:** St. Joseph College of Teacher Education for Women, Ernakulam

### OBJECTIVES

1. To create an idea about how to develop a lesson plan.
2. To develop the ability to include constructivism in lesson plan.
3. To increase understanding of the topic under discussion.

### DESCRIPTION

A lesson plan is a teacher's detailed description of the course of instruction or "learning trajectory" for a lesson. A daily lesson plan is developed by a teacher to guide class learning. Details will vary depending on the preference of the teacher, subject being covered, and the needs of the students.

The teacher educators explained about how to develop a lesson plan in detail prior to the day of discussion. As per the instruction discussion of lesson plan was conducted in two days. The class was divided into five groups of three members and last group consisting of four members. The discussion was held on 14/01/2023. The lesson plan was written on the basis of constructivist approach and the learning objectives were classified according to McCormack and Yager's Taxonomy of educational objectives. Everyone contributed their ideas in building up the lesson plan. With lots of discussions and corrections the lesson plan was prepared.

Lesson plan developed by each group was presented on 16/01/2023 in front of teacher educators and peers. Many suggestions and recommendations made during the presentation by them. Based on the suggestions modified lesson plan was prepared. . The discussion of lesson plans helped us more in bringing a topic based on the constructivist method.

### EVIDENCES

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## REPORT ON DEMONSTRATION OF LESSON PLAN

Name of the event: Demonstration of lesson plan

Optional subject: Physical Science

Date: 17/01/2023

Number of students: 16

Teacher educators: Dr. Josephine Joseph, Sr. Rosy Tintu M P, Mrs. Reshmi Sreejith

Venue: St. Joseph College of Teacher Education for Women, Ernakulam

### OBJECTIVES

1. To develop idea about how to conduct class based on lesson plan.
2. To develop the ability to include constructivism in the classrooms.
3. To provide a model class for teacher trainees.

### DESCRIPTION

The demonstration of the lesson plan for the students of Physical Science optional of St. Joseph College of Teacher Education for Women, Ernakulam was conducted on 17<sup>th</sup> of January 2023 (Tuesday). The teachers in charge of the discussion were Sr. Rosy Tintu M P and Mrs. Reshmi Sreejith.

Demonstration was conducted by our super seniors and a second year student of Physical science. First year Physical science students were participated as audience. Four super seniors participated in the demonstration session. Currently they work as teachers in



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leading schools. One of the second year student was also participated in the session. Eighth standard pupils from the model school, St. Mary's H.S.S, arrived for that session.

The topics for demonstration were, diffusion, sound, adhesive and cohesive force, frictional force and surface tension of water. The demonstration topic has been chosen by the teachers Deniya Stanly, Anu P Thomas, Arya M A, Keerthana Tomy and Aneeta Joy respectively. The demonstration class based on constructivism was done by all of them. All the teachers uses varieties of learning aids, which includes ICT, demonstrations, experiments, questioning and group activities. Demonstrations and experiments develops curiosity among students. Each class was conducted by employing the proper instructional methods activities and teaching aids. The activity card offered activities in an interesting way. The teachers made sure that all of the activities had student participation. The classes were engaging and student centered. For content consolidation, ICT resources such as Power Point presentations and movies were used. The firstyear Physical science students all paid close attention to and took note of what was happening in the classes. The teacher in charge, Sr. Rosy Tintu M P and Mrs. Reshmi Sreejith gave the required instructions.

The whole process of demonstration was a fruitful session. It gave the students a clear idea about how to take class based on lesson plan and also how to introduce constructivism in classrooms and also provide the apt learning activities.

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EVIDENCES



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## REPORT ON CRITICISM CLASS

**Name of the event:** Criticism

**Optional subject:** Physical Science

**Date:** 06/03/2023 and 23/03/2023

**Number of students:** 16

**Teacher Educators:** Dr. Josephine Joseph, Sr. Rosy Tintu M.P, Mrs. Reshmi Sreejith

**Venue:** St. Joseph College of Teacher Education for Women, Ernakulam

### OBJECTIVES

- To enable teacher trainees to get a practice on real classroom teaching
- To build the confidence of teacher trainees in teaching
- To enable the teacher trainees to have an experience of taking class among the school students before the induction period.
- To enable the teacher trainees to polish their skills and method of teaching

### DESCRIPTION

Criticism classes helps the teacher trainees to get a real effect of classroom teaching. The criticism classes are taken in the presence of school students. The criticism class is taken for 35-40 minutes based on a topic. Criticism class is an example that helps the teacher trainees to get an idea about the real classroom situations.

Criticism classes was conducted on 06<sup>th</sup> and 23<sup>rd</sup> of March 2023. The students of St. Mary's C.G.H.S.S were the audience. The teacher trainees were divided into 2 groups. 8 student teachers took their criticism class in Physical Science-1 classroom under the guidance of Sr. Rosy Tintu M.P and remaining teacher trainees took their criticism class in Physical Science-2 classroom under the guidance of Mrs. Reshmi Sreejith. There were 10 students from the school in each class as the audience. The teacher trainees took the topics based on 8<sup>th</sup> SCERT Physics and Chemistry textbooks. Each criticism class was of 35-40 minutes duration. 13 student teachers take their classes on 6<sup>th</sup> March and remaining 3 took their classes on 23<sup>rd</sup> March.

Criticism class gave us a real experience of the classroom. It gave us a first-hand experience on teaching in front of the real school students. It helps to boost our confidence

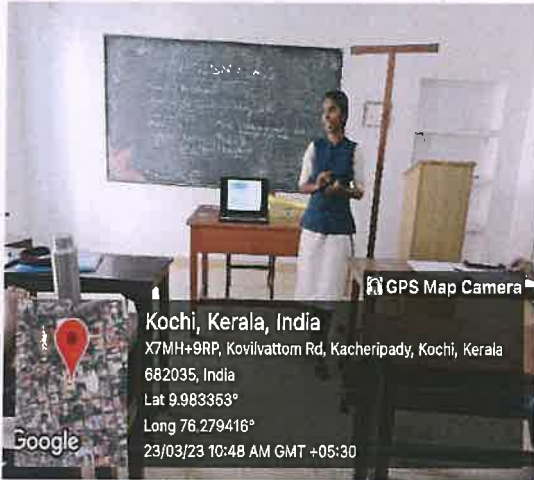






level before the induction period. This real classroom experience helped in many ways. It gave an idea about how to initiate a class, present and teach the topic, communicate with students etc. It was a good experience.

EVIDENCES



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## SWOT Analysis

Name of the Event	SWOT Analysis
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To emphasize the importance of SWOT analysis in education</li> <li>2) To provide opportunities for faculty development and self-reflection</li> <li>3) To develop creativity and a sense of their abilities and weakness</li> </ol>
<b>Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Date</b>	20/02/2023 to 24/08/2023
<b>Time</b>	9.00 AM to 4.00 PM
<b>Beneficiaries</b>	Teacher Trainees 98
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

The "Developing Vision and Mission as a Teacher - SWOT Analysis Training "was held at St. Joseph College of Teacher Education for Women in Ernakulam from February 20th, 2023 to August 24th, 2023. The training program, attended by 96 faculty members, aimed to equip educators with the tools to develop a robust vision and mission as teachers. This report provides an overview of the training, its objectives, methodologies, and an analysis of the strengths, weaknesses, opportunities, and threats (SWOT) identified during the training.

The "Developing Vision and Mission as a Teacher - SWOT Analysis Training" took place over a six-month period and was attended by 96 student teachers of St. Joseph College of Teacher Education for Women in Ernakulam. The primary objective of the training was to empower teachers with the skills to create personal visions and missions that align with the institution's educational goals.



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The training had the following key objectives:

- Equip teachers with the knowledge and skills required to develop a clear and meaningful vision and mission statement as educators.
- Foster a culture of continuous self-improvement and self-awareness among the teaching faculty.
- Encourage faculty members to align their personal educational goals with the institution's mission and vision.
- Enhance the quality of education and the overall learning experience for students.

The training program employed a variety of methodologies to achieve its objectives, including:

- Interactive workshops and seminars to facilitate discussions and brainstorming.
- Guest lectures by renowned educators and experts in the field of education.
- Group activities and case studies to encourage practical application.
- Individual and group reflection sessions to aid in the development of personal visions and missions.

A SWOT analysis was conducted during the training to assess the internal strengths and weaknesses of faculty members and external opportunities and threats that may impact their roles as teachers. The "Developing Vision and Mission as a Teacher - SWOT Analysis Training" at St. Joseph College of Teacher Education for Women was successful in equipping student teachers with the tools and mindset needed to develop meaningful visions and missions as educators. By conducting a SWOT analysis, the faculty has gained valuable insights into their individual and collective strengths, weaknesses, opportunities, and threats. This analysis will enable them to make informed decisions and adjustments to align their personal goals with the institution's mission and vision. The training has set the stage for a more empowered, self-aware, and collaborative teaching faculty, poised to provide an enriched educational experience to the students of the institution.

This concludes the report on the "Developing Vision and Mission as a Teacher - SWOT Analysis Training." It is recommended that the insights gained from the SWOT analysis be used to inform future strategies for faculty development and continuous improvement in teaching practices.



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## TRAINING PROGRAMS FOR PROJECTS ON SOCIALLY/EDUCATIONALLY RELEVANT ISSUES AND ADOLESCENT PROBLEMS

<b>Name of the Event</b>	Training Programs for Projects on Socially/Educationally Relevant Issues and Adolescent Problems
<b>Objectives</b>	To Empowered Educators on the issues faced by the students To equip student teachers with the skills to create educational materials that can serve as valuable resources To enhance teaching methods To raise awareness about important social and educational concerns
<b>Event coordinator</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Dr. Smitha Jose & Dr. Soya Mathew Assistant Professor St. Joseph College of Teacher Education for Women Ernakulam
<b>Date</b>	31/08/2022 to 19/01/2023
<b>Time</b>	10.00 AM to 4.00 PM
<b>Beneficiaries</b>	Teacher Trainees:98
<b>Venue</b>	Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

St. Joseph College of Teacher Education for Women in Ernakulam conducted two important training programs aimed at addressing socially and educationally relevant issues and developing materials related to adolescent problems. The two programmes were conducted by the faculty of St. Joseph College of Teacher Education for Women in Ernakulam from 31/08/2022 to 19/01/2023. The program Project on Socially/Educationally Relevant Issues aimed to equip educators with the skills to identify and address socially and



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educationally relevant issues. Participants learned how to develop projects that engage students in actively addressing and finding solutions to these issues. The second program focused on preparing educational materials that help teachers and students understand and address adolescent problems effectively. It aimed to create resources that provide guidance and support in dealing with the unique challenges that adolescents face. The training programs had several notable outcomes, Participants gained a deeper understanding of socially and educationally relevant issues and adolescent problems, enabling them to address these concerns more effectively in an educational setting.

The educators were equipped with the skills to create educational materials that can serve as valuable resources for teachers, parents, and students, aiding in the understanding and management of adolescent issues. These training programs contributed to raising awareness about important social and educational concerns and provided educators with tools to engage students in meaningful projects and discussions. Faculty members are now better prepared to integrate these issues and materials into their teaching methods, promoting a more comprehensive and empathetic approach to education.

The training programs for projects on socially/educationally relevant issues and the preparation of materials related to adolescent problems conducted by the faculty at St. Joseph College of Teacher Education for Women have been instrumental in enhancing the skills and capabilities of educators. These programs have equipped faculty members with the knowledge and expertise needed to address critical social and educational issues and to create valuable materials to support teaching and learning.

The positive impact of these training sessions is expected to contribute to more effective teaching and awareness of socially and educationally relevant issues in the educational institution. It is likely to result in a more empathetic and comprehensive approach to education, promoting the well-being of students.

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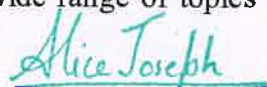
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## TRAINING TO WRITE SCRIPT ON STREET PLAY

Name of the Event	Training to write Script on Street Play
<b>Objectives</b>	1) To Enhance Scriptwriting Skills 2) To Increase Social Awareness 3) To increase the level of creativity and their capacity to collaborate effectively with peers in the creation of scripts.
<b>Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Anu Cleetus Assistant professor St. Joseph College of Teacher Education for Women Ernakulam
<b>Date</b>	20/02/2023 to 24/08/2023
<b>Time</b>	9.00 AM to 4.00 PM
<b>Beneficiaries</b>	Teacher Trainees: 96
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

St. Joseph College of Teacher Education for Women, Ernakulam organized a training workshop on script writing for B Ed student teachers conducted on "Training to Write Scripts for Street Plays," which took place from February 20, 2023, to August 24, 2023. This workshop was facilitated by [Faculty Name], a distinguished faculty member at St. Joseph College of Teacher Education for Women, Ernakulam. The workshop aimed to equip participants with the knowledge, skills, and practical experience needed to write scripts for street plays. It encouraged creativity, social awareness, and effective communication through the medium of street theatre. The workshop was structured to cover a wide range of topics and practical exercises to foster scriptwriting skills for street plays.

  
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The key components included:

1. **Introduction to Street Theatre:** An overview of the history, significance, and purpose of street theatre in raising social awareness and fostering community engagement.
2. **Fundamentals of Scriptwriting:** The basics of scriptwriting, including character development, plot construction, dialogue writing, and story structure.
3. **Social Themes and Messages:** Exploring the importance of addressing social issues and conveying meaningful messages through street theatre.
4. **Practical Script Writing Exercises** Hands-on exercises where participants worked on script development, collaborating with peers to generate ideas and refine their scripts.
5. **Feedback and Critique:** Constructive feedback and critique sessions to improve scriptwriting skills and encourage peer learning.

Feedback from the participants was overwhelmingly positive. They noted significant improvements in their script-writing abilities, creativity, and their understanding of the role of street theatre in community development. Many participants praised the workshop for its hands-on approach and practical exercises, which allowed them to apply what they learned.

The "Training to Write Scripts for Street Plays" workshop, led by the faculty, was a resounding success. It empowered participants with scriptwriting skills, increased their social awareness, and fostered community engagement. Street theatre, as an art form, has the potential to be a powerful tool for positive change, and this workshop has taken us a step closer to realizing that potential.

### Training to write Script on Street Play



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**Kochi, Kerala, India**

X7MH+5PH, Kovilvattom Rd, Near MG Road, Kacheripady, Kochi,

Kerala 682035, India

Lat 9.983247°

Long 76.279122°

*Alice Joseph*





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## WORKSHOP ON PREPARATION OF EDUCATIONAL ASSESSMENT TOOLS

Name of the Event	Workshop On Preparation of Educational Assessment Tools
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To develop essential skills for creating educational assessment tools that align with teaching objectives and goals.</li> <li>2) To empower educators to tailor assessments to the specific needs and progress of their students, ensuring more effective teaching and learning.</li> <li>3) To become aware of the use of effective self-assessment, diagnostic, and achievement tools in education</li> </ol>
<b>Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Faculty St. Joseph College of Teacher Education for Women Ernakulam
<b>Date</b>	17/10/2022 to 15/02/2023
<b>Time</b>	9.00 AM to 4.00 PM
<b>Beneficiaries</b>	Teacher Trainees: 96
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

This report presents an overview of three significant training workshops aimed at preparing educational assessment tools for teaching and evaluating students. These workshops were conducted by the faculty at St. Joseph College of Teacher Education for Women in Ernakulam. The focus of these workshops was on developing self-assessment tools, diagnostic tests, and achievement tests. The workshops on the preparation of educational assessment tools, conducted by the faculty at St. Joseph College of Teacher Education for Women, have been instrumental in enhancing the skills and capabilities of educators. These workshops have equipped faculty members with the knowledge and expertise needed to create effective self-assessment tools, diagnostic tests, and achievement tests. The positive impact of these training sessions is expected to translate into improved teaching and learning outcomes within the educational institution.



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This workshop aimed to enable educators to create self-assessment tools that can help students gauge their own progress and identify areas where improvement is needed.

The workshop on diagnostic tests focused on developing assessments that allow educators to diagnose students' strengths and weaknesses, providing valuable insights for tailored instruction.

The achievement test workshop aimed to equip educators with the skills to design assessments that accurately measure students' attainment of learning objectives and standards.

The workshops empowered educators to tailor assessments to the specific needs and progress of their students, ensuring more effective teaching and learning. The use of effective self-assessment, diagnostic, and achievement tools is expected to lead to improved educational outcomes and enhanced student performance.

### Workshop On Preparation of Educational Assessment Tools



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## WORKSHOP ON BLOG CREATION

<b>Name of the Event</b>	<b>Workshop on creation of blog</b>
<b>Objectives</b>	1) To acquaint student teachers with creation of blogs. 2) To understand the relevance of blogs and various online tools in teaching and learning.
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	06/10/2022, 20/10/2022, 31/10/2022
<b>Time</b>	8.00 PM to 9.30 PM, 11.30 AM to 12.30 PM
<b>Duration</b>	2 Days
<b>Beneficiaries</b>	Student Teachers (Total No.97 )
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

#### Day 1

A workshop on blog creation was organised by the college on 6<sup>th</sup> October 2022 from 8.00 PM to 9.30 PM. The workshop was conducted via Google meet. All the student teachers attended the meeting. The resource person for the workshop was Mrs Anu Cleetus, Assistant Professor, St. Joseph College of teacher education for Women, Ernakulam.

The objective of the meeting was to familiarize the student teachers with creation of blog and uploading study material in the blog. The student teachers were also made aware of various online tools and their relevance in teaching and learning.

Mrs Anu Cleetus explained about blogs and how they can be used in education. During the meeting, the presenter emphasised on various ways blogs can be utilized in teaching and learning. The detailed explanation about creation of programmed learning material and its uploading steps to a blog was helpful for the beginners. The discussion on various tools available to create a blog and quick demonstration of blog creation made the



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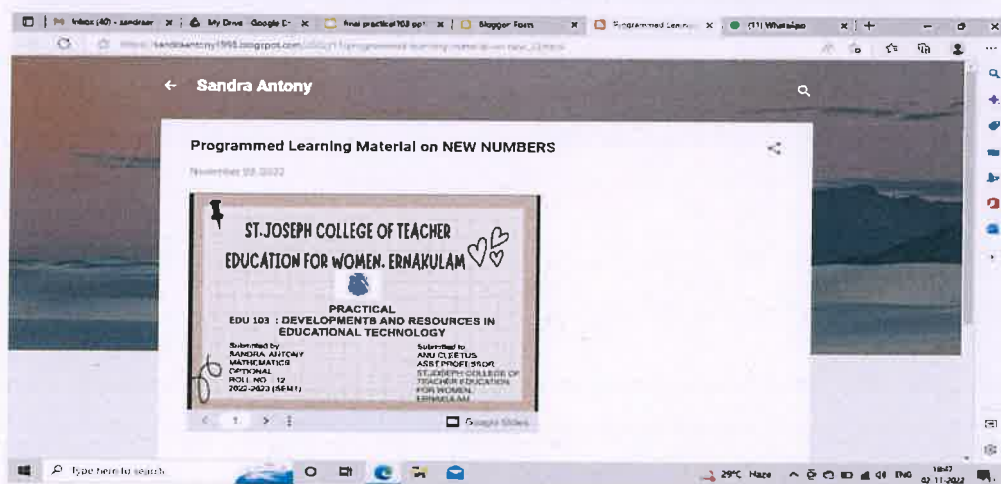
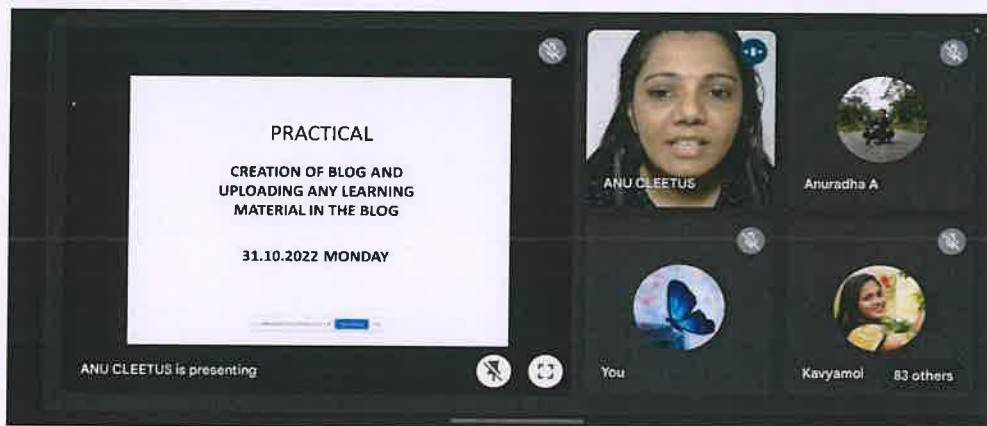
session fruitful. The student teachers made the session interactive by their relevant queries and of feedback.

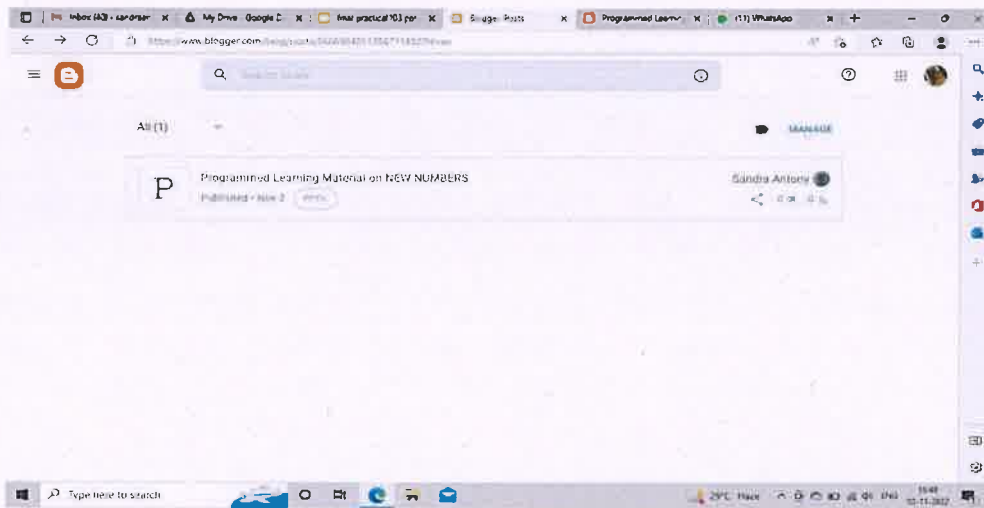
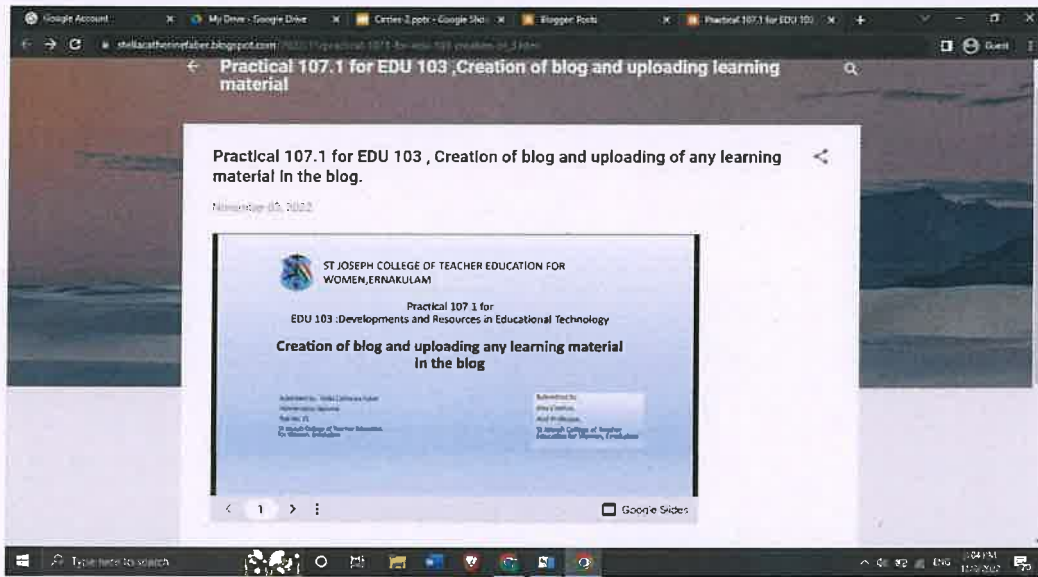
### Day 2

On 20 October 2022, the resource person Mrs Anu Cleetus gave a step by step demonstration on creation of blog to all the student teachers in the Multi-purpose hall of the college. All the students noted down the steps in their note book. Students put forward all the doubts they had regarding blog creation and uploading of materials. The resource person clarified all their doubts. Further assistance were given to every student teachers who had doubts via WhatsApp after class hours.

### Day 3

All the student teachers created and uploaded a programmed learning material in the blog they have created. A hard copy of the learning material, picture of the uploaded materials on the blog and link to the blog was submitted by all the student teachers on 31<sup>st</sup> October 2022.





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<b>Name of the Event</b>	<b>Workshop on Teaching Aid Preparation</b>
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To develop self-reflection and presentation skills.</li> </ul>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	10-12-2022
<b>Time</b>	10 am – 4pm
<b>Beneficiaries</b>	Student Teachers (Total No.98)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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## Report on Teaching Aid Preparation

As a part of our B.Ed curriculum, we attended a workshop on preparation of teaching aids, innovative charts and models. Innovative charts and models are important for teaching learning process that enable us to explain a concept very well. Also knowledge of preparing teaching aids enable the teachers to prepare students for various competitions like working model making, still model making etc.

Our college organised a workshop on 'Preparation of improvised teaching aids - charts and models' on 10th December, 2022. The class was taken by Br. Sr. Josephine Joseph, assistant professor, St. Joseph college of teacher education for women, Ernakulam. The workshop started at 10.00 am. Sister gave proper and detailed description about teaching aids, improvised aids, its importance, uses and advantages. She also emphasised the important points to be taken care of while preparing the charts and models. Sister also told us to make and maintain the teaching aids neat and perfect, the writings on the chart should be legible and big enough to be read from a distance.

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Sister also mentioned the things to be taken care while labelling on the drawings. She also asked to avoid the use of thermocol and other materials which are not eco friendly.

On the basis of knowledge required from the workshop, I prepared two charts and among that one is an innovative chart and also one still model and a working model.

A still model of 'water cycle' was prepared using cardboard, hand made paper, colour paper, cello tape, gum and thread. I prepared this still model of water cycle in order to give the conceptual clarity among the students. It may help to give a good concrete experiences to students.

I prepared a 'Hydraulic brake' as working model which works on the basis of 'Pascal's law'. It was prepared using multwood, battery, wire, switch, motor, and syringe. Hydraulic brake systems are used as the main breaking system in almost all passenger vehicle and light trucks. It uses brake fluid to transmit force when the breaks are applied.

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The first chart was prepared on the topic 'fractional distillation'. I draw the apparatus set up of fractional distillation on the chart paper in a portrait mode. The heading was written in bold letters with marker pen and the different labellings was done with colour pen.

The innovative chart was prepared on the topic ionic bonding. The chart follows a story board format in which a conversation between two characters (Sodium and chlorine) is shown leading to the formation of an ionic bond (sodium chloride). ~~Similarly~~ another conversation between two ~~others~~ is very informal. The chart is drawn in a landscape mode. I gave the heading with marker pen and wrote the dialogues with colour pens.

The workshop of improvised teaching aids was really an asset for me as a future teacher. This work helped me to know about the importance of teaching aids in teaching-learning process. It was very challenging and exciting for me to prepare these aids. The knowledge that I received from the workshop helped me to prepare teaching aids effectively.

Appendix



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## ORIENTATION SESSION ON 'BLOG CREATION', 2022

<b>Name of the Event</b>	Orientation Session on 'Blog Creation', 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers learn about Blogs and its creation and thereby enhance their competence in ICT based skills</li> <li>2. To improve creativity and critical thinking among student teachers by facilitating students to communicate their ideas and thoughts via Blogs</li> <li>3. To enhance the knowledge and competence of student teachers to help them excel academically and professionally</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	<p>Ms. Anu Cleetus Assistant Professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	02/11/2022
<b>Time</b>	9.00 AM - 11.00 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers
<b>Event Venue</b>	<p>Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam</p>

### Orientation Session on 'Blog Creation', 2022

#### Programme Report

Student teachers at St. Joseph College of Teacher Education for Women, Ernakulam go through a set of activities as preparatory to school-based practice and to enhance their certain significant skills and competencies. St. Joseph College of Teacher Education for Women, Ernakulam organized an orientation session on 'Blog Creation' on 2<sup>nd</sup> November 2022 from 9 AM to 11 PM at the college multipurpose hall. The purpose of the orientation

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session was to help student teachers learn about Blogs and its creation and thereby enhance their competence in ICT based skills and to improve creativity and critical thinking among student teachers by facilitating students to communicate their ideas and thoughts via Blogs. It was also aimed at helping student teachers to enhance their knowledge and competence to excel academically and professionally. The orientation session was organized for the B.Ed. student teachers at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the orientation session was Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.

The orientation session started exactly at 9 AM by the resource person, Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Anu Cleetus welcomed all the student participants to the online session. The resource person gave a clear idea on Blogs, their creation and working methods. Blogs are informal articles created with the intention of demonstrating thought leadership and subject matter expertise. They are an excellent means to create new material for websites, act as a catalyst for email marketing, and promote websites on social media. People now frequently use blogging as a means of self-expression, knowledge sharing, and community building. People are increasingly using blogs, particularly teachers who do so to share their knowledge, network with other experts, and enhance the educational opportunities for their pupils. The resource person explained that being prospective teachers, it is important for student teachers to learn about Blogging. Teachers can reflect on their pedagogical practices, keep up with current educational trends, and participate in continuous professional development via blogging. By engaging in virtual debates and exchanging perspectives with other educators, blogging offers chances for continual professional growth. Teachers can effectively communicate their knowledge through blogging, which also benefits their career and professional reputation. By enabling students to share their ideas and thoughts through online discussions and comments, blogs can improve critical thinking and creativity. A high school English teacher, for instance, may post weekly writing prompts on their blog and invite their students to answer in the comments. Students can use this to share their reports, get criticism from their teachers and classmates, and improve their writing and critical thinking abilities. The resource person also discussed popular websites and applications which can be used for creating Blogs such as Blogger, WordPress etc. The resource person also explained each and every step in creating Blogs and uploading materials on it. Through the instructions of the resource person via the entire orientation session, the student teachers

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created their own Blogs using Blogger application and uploaded learning materials in their Blog. The entire session winded up at 11 AM.

The orientation session on 'Blog Creation' was successful in helping student participants in gaining valuable knowledge in Blogging and its advantages. The session helped the student teachers to enhance their ICT based skills. Overall, it was an informative and beneficial session for the student teachers.

### Orientation Session on 'Blog Creation', 2022

#### Photo Gallery



Event poster for the orientation session on 'Blog Creation' conducted for B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam on 2<sup>nd</sup> November 2022 from 9 AM to 11 AM at the college multipurpose hall

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**Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam carrying out the orientation session on 'Blog Creation' conducted for B.Ed. student teachers on 2<sup>nd</sup> November 2022 at the college multipurpose hall**

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## REPORT: TRAINING ON PDF FLIPBOOK

<b>Name of the Event</b>	Training on PDF Flipbook
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. Introduce PDF Flipbooks</li> <li>2. Highlight Interactivity</li> <li>3. Familiarize with Tools</li> <li>4. Explain Key Elements</li> <li>5. Provide Step-by-Step Guidance</li> <li>6. Discuss Design Considerations</li> </ol>
<b>Resource Person</b>	Mrs. Reshmi R.K, Science Educator St. Joseph TTI Ernakulam
<b>Date</b>	November 16, 2022
<b>Time</b>	3.00-4.30 pm
<b>Venue</b>	Multi Purpose Hall

### Key Concepts Covered:

During the orientation class, participants were introduced to several key concepts related to PDF flipbook creation:

1. **PDF Flipbooks:** The session highlighted the significance of PDF flipbooks as interactive and visually engaging documents for presenting information and content.
2. **Software Tools:** Mrs. Reshmi introduced the software Publuu, emphasizing its role in creating PDF flipbooks with ease. Additionally, HTML 5 was discussed as a valuable tool for web-based flipbook creation.
3. **Creation Process:** Participants received training on how to create PDF flipbooks, including layout design, interactive elements, and customization options.

### Highlights of the Session:

1. **Introduction to Publuu and HTML 5:** Mrs. Reshmi provided an overview of Publuu and HTML 5, explaining their functionalities and benefits in PDF flipbook creation.
2. **Practical Demonstration:** The resource person conducted a practical demonstration, guiding participants through the step-by-step process of creating a PDF flipbook using

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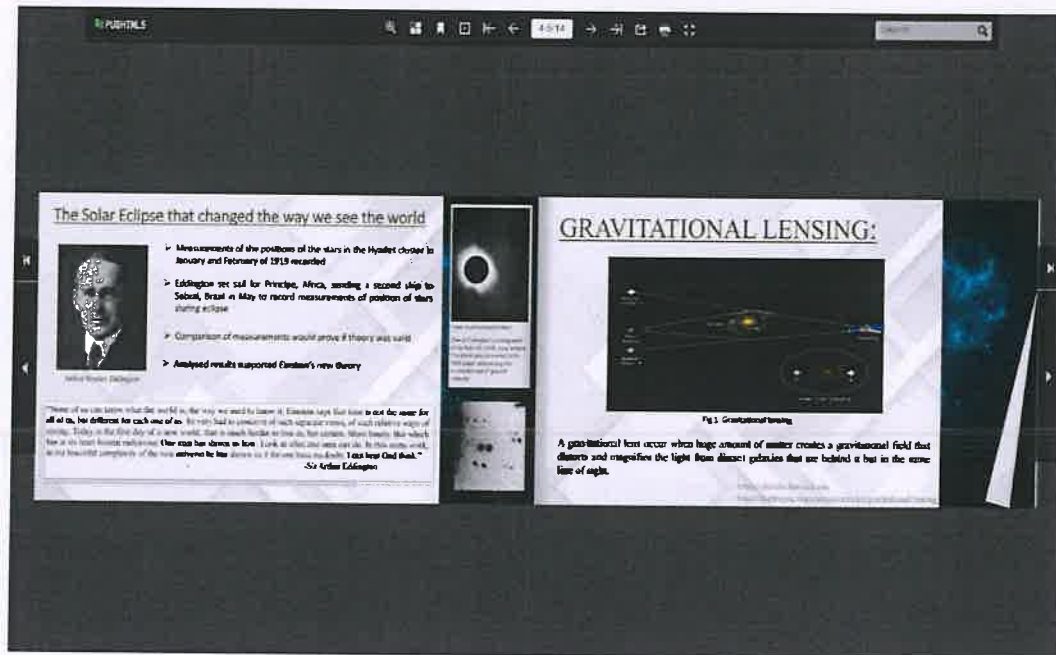


Publuu. This hands-on experience allowed participants to understand the software's features and capabilities.

3. **Interactive Training:** The session included interactive training where participants had the opportunity to explore and experiment with Publuu and HTML 5, asking questions and seeking guidance as needed.

### Conclusion:

The orientation class on creating PDF flipbooks conducted by Mrs. Reshmi R.K on November 16, 2022, was a valuable and informative session. Participants gained insights into the significance of PDF flipbooks and received practical training on using software tools like Publuu and HTML 5 for flipbook creation. This knowledge can be instrumental in creating interactive and engaging educational materials.



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## REPORT: TRAINING ON PDF FLIPBOOK PPT FLIPBOOKS

<b>Name of the Event</b>	Training on PDF Flipbook PPT Flipbooks
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. Introduce Flipbooks</li> <li>2. Highlight Engagement</li> <li>3. Demonstrate Tools</li> <li>4. Explain Key Elements</li> <li>5. Showcase Examples</li> <li>6. Discuss Use Cases</li> </ol>
<b>Resource Person</b>	Mrs. Reshmi R.K, Science Educator St. Joseph TTI Ernakulam
<b>Date</b>	December 1, 2022
<b>Time</b>	3.00-4.30 pm
<b>Venue</b>	Multi Purpose Hall

### Key Concepts Covered:

During the session, participants were introduced to several key concepts related to creating PPT flipbooks:

1. **PPT Flipbooks as Learning Materials:** The session highlighted the role of PPT flipbooks as effective and interactive learning materials that can be utilized in educational settings.
2. **Benefits of Flipbooks:** Mrs. Reshmi R.K explained the advantages of using flipbooks, including the ability to integrate multimedia content, making learning engaging and dynamic.
3. **Step-by-Step Creation:** The resource person provided a comprehensive, step-by-step guide on how to create PPT flipbooks from scratch. Participants learned about layout design, inserting multimedia elements, and incorporating interactive features.
4. **Multimedia Integration:** The session emphasized the importance of multimedia integration, showcasing how to embed videos, audio clips, images, and animations within the flipbooks to make learning more interactive and informative.



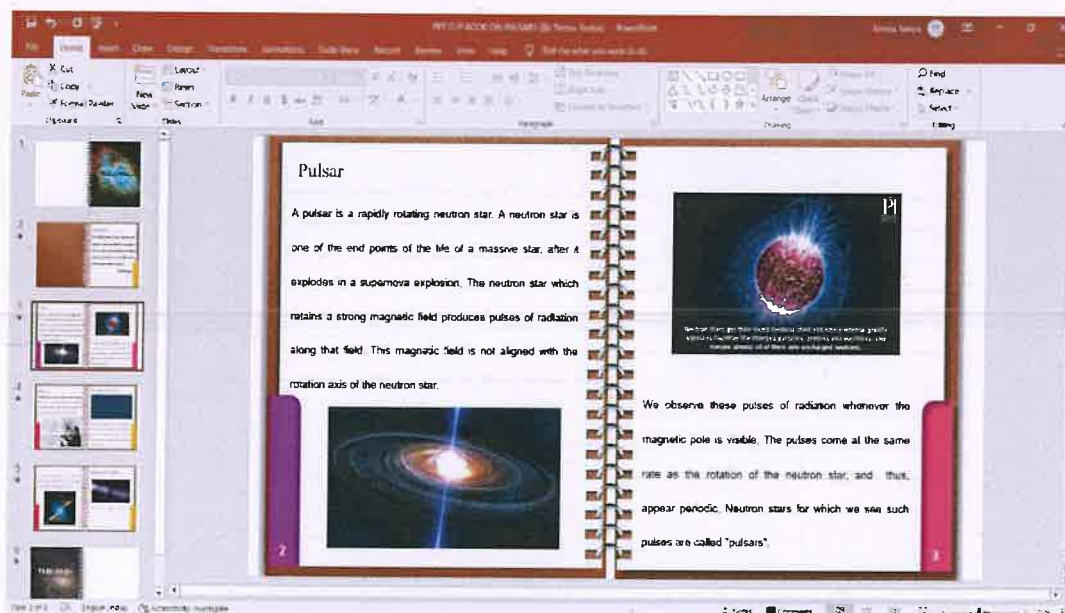


### Highlights of the Session:

1. Hands-on Demonstration: Mrs. Reshmi R.K conducted a hands-on demonstration, guiding participants through the process of creating a PPT flipbook. This practical experience allowed participants to follow along and understand the steps involved.
2. Interactive Q&A: The session featured an interactive question-and-answer session where participants could seek clarifications and share their thoughts on the use of flipbooks as learning materials.

### Conclusion:

The digital orientation session on creating PPT flipbooks led by Mrs. Reshmi R.K on December 1, 2022, was a valuable learning experience. Participants gained insights into the creation of dynamic and engaging learning materials that can incorporate multimedia elements to facilitate classroom interactions. This innovative approach to teaching and learning can enhance the overall educational experience.



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## REPORT: WORKSHOP ON DEVELOPING ONLINE LEARNING RESOURCES

<b>Name of the Event</b>	Orientation on Digital Mind Map Preparation
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. Introduce the Concept</li> <li>2. Highlight the Benefits</li> <li>3. Demonstrate Tools</li> <li>4. Explain Key Elements</li> <li>5. Promote Collaboration</li> <li>6. Encourage Creativity</li> </ol>
<b>Resource Person</b>	Mrs. Reshmi R.K, Science Educator St.Joseph TTI Ernakulam
<b>Date</b>	Date: January 1- 5, 2023
<b>Time</b>	3.30 -4.30 pm
<b>Venue</b>	Multi-Purpose Hall

### List of Learning Resource Materials:

1. Digital Science Album: A comprehensive digital resource that provides access to science-related content, including images, text, and interactive elements.
2. Digital Dictionary: An online dictionary designed to assist students in quickly looking up and understanding key terms and concepts related to the subject matter.
3. Digital Lab Manual: An interactive online lab manual that guides students through laboratory exercises and experiments, offering step-by-step instructions and explanations.
4. Digital Project Book: An online platform for students to create and present their projects, with multimedia elements such as text, images, and videos.
5. E-Workbook: A digital version of workbooks that allows students to complete exercises, quizzes, and assignments online.

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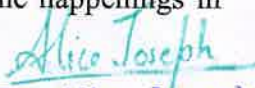
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6. E-Content: Digital content resources, including text, multimedia, and interactive materials, designed to support the learning process.
7. Digital Programmed Instruction: Interactive online modules that guide students through a structured learning path, offering feedback and assessment.
8. E-Question Bank: An online repository of questions and assessments to help students practice and test their knowledge.
9. Audio Textbook: Audio recordings of textbooks or relevant content to support auditory learners.
10. Science In Daily Life: Online resources and examples demonstrating how scientific concepts are applied in everyday life.
11. Digital Formula Book: A digital resource containing formulas, equations, and mathematical content related to the subject.
12. Student's e-Guide: Online guides designed to help students navigate the learning materials effectively.
13. Science Quiz Book: Interactive quizzes and assessments related to science topics to test and reinforce learning.
14. Self-Assessment e-Tool Book: Online tools and resources for self-assessment and self-paced learning.
15. Digital Puzzle Book: Interactive puzzles and games designed to engage students and reinforce learning through fun activities.
16. Digital Unit Book: Online resources organized by units or topics to facilitate structured learning.

It was made in the form of a flipbook consisting of experimental videos and knowledge about the respective topics. The tools used were Power Point presentation (2019), for introductory video, Animaker for animation videos and Clipchamp-video editor (Microsoft 2019), to edit all videos. Experimental videos were made using materials present at my home and all videos were given my own voice over. Clock needle animation effect was made using the features of Microsoft PowerPoint 2019 in the resource material to convey the summary of the respective topics.

The e-content material will help the students to develop scientific temper and scientific attitude. They will understand the science behind various things happening around them. Thereby, students will be able to relate the theory they learnt with the happenings in

  
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their daily life, making the knowledge sustain in their mind for a long time. It should be kept in mind that content is anything that adds value to the reader's life

## LEARNING RESOURCE MATERIALS

### 1. Digital Science Album

It explains the life journey of various scientists and also their milestone inventions. Tool used for the practical work was PowerPoint presentation (Microsoft Power Point 2016).



### 2. Digital Dictionary

An E dictionary is an Electronic reference resource that contains a science words and their meanings, spellings. Sometimes electronic dictionaries serve a similar function to regular dictionaries; They are searchable they allow one to find specific bits of information about words.



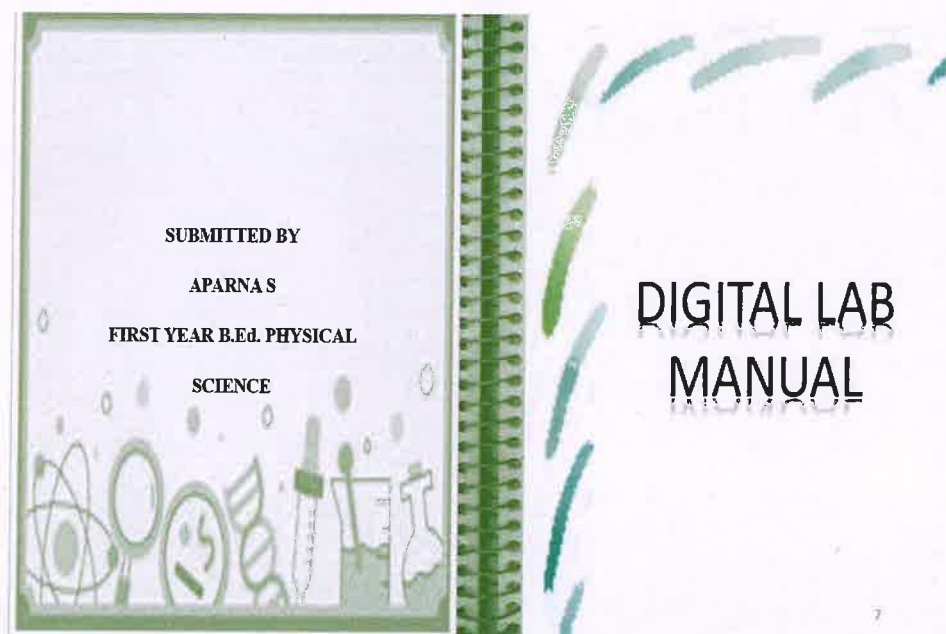
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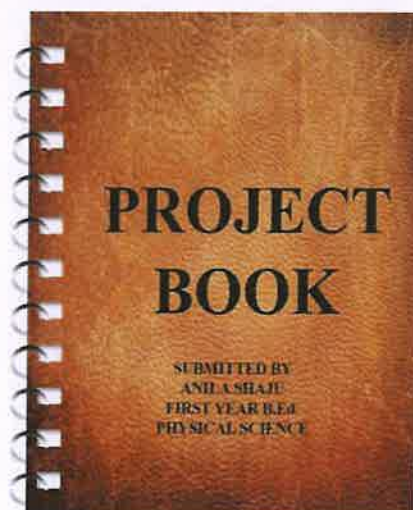
### 3. Digital Lab Manual

Digital lab manual along with providing all other data provided by a digital manual, provides experimentation videos, which further enhances the student's interest and motivates them to perform well in the laboratory.



### 4. Digital Project Book

This presentation on 'e-Project Book' for high school students. It explains the format of a science project report. The tool used for the practical work was PowerPoint presentation and Graphics (Microsoft PowerPoint 2010). For this work, it is created an e- project book including 2 projects each from physics and chemistry designed work as a flipbook consisting of Pictures, Videos and Audio.



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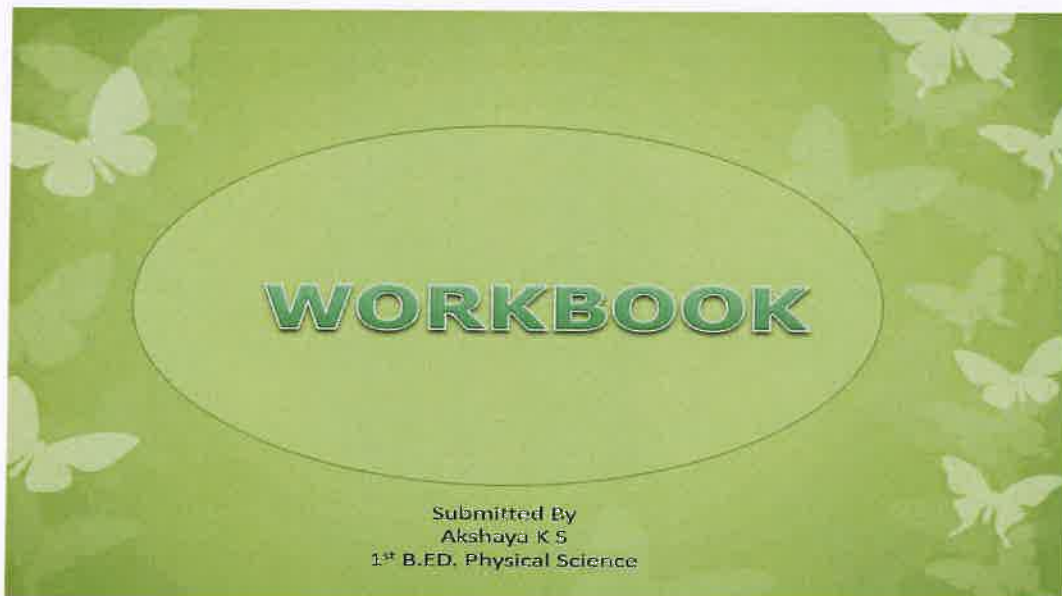
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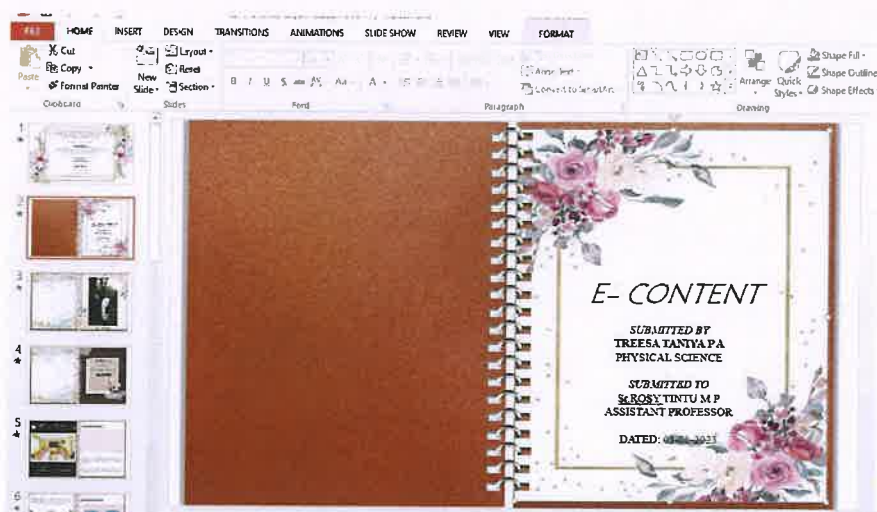
## 5. E-Workbook

This digital workbook for class VIII chemistry and physics exposes the various patterns of questions possible from each and every section. The questions are arranged in such a way that the child alone could move across the material with ease of work without external assistance.



## 6. E-Content

E-content is the innovation of technology to design, deliver, select, administer and extend learning. E-content in education is a powerful tool that can be used effectively and proficiently within the classroom to make more exciting learning environment and deliver a higher level of educational expertise to students.



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## 7. Digital Programmed Instruction

The learning resource material (presentation on programmed learning material) will help the students to develop a scientific temper and scientific attitude. Programmed instruction method of teaching is an autocratic and individualized strategy. Its main focus is to bring desirable change in the cognitive domain of the learner's behaviour. Students are left for learning at their own pace



## 8. E-Question Bank

ICT resource material were prepared a digital Question in the form of a ppt. two chapters of 8th std of chemistry of Kerala state syllabus –solutions, properties of matter. Divided into sub-topics 7 collected 5 fill in the blanks, 5 MCQs, 5 match the following, 5 true or false, 5 short answers, 5 Essays. Total 150 questions from these 2 chapters which selected.

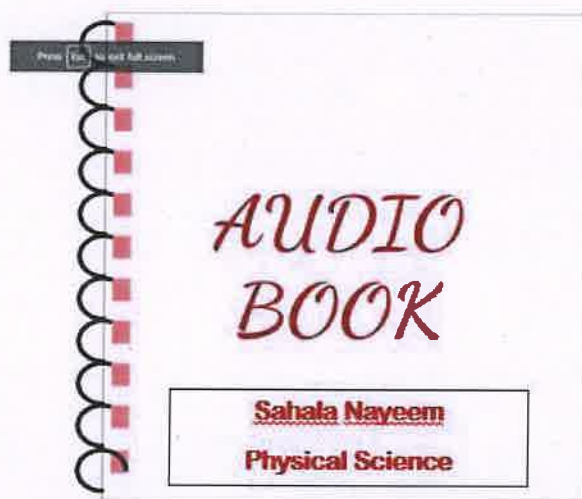


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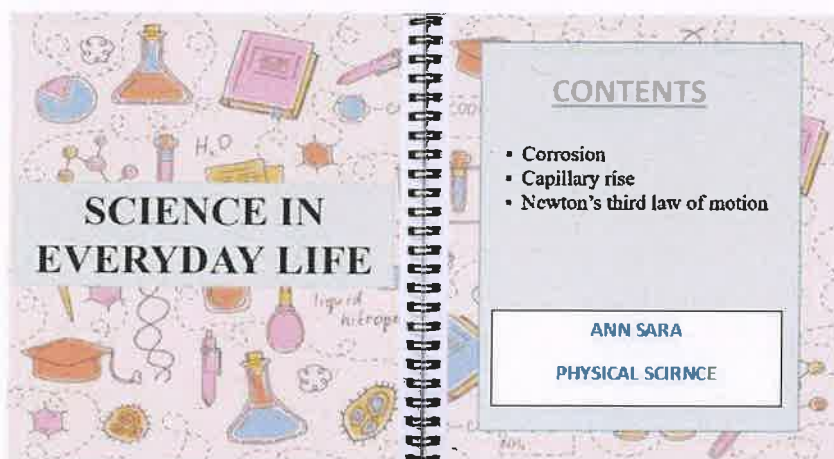
## 9. Audio Textbook

Audiobooks are the digital version of books on CD or books on tape. It can be downloaded also. Audiobooks allow students to hear explicit sounds of letters and letter patterns that forms words. It also helps students to engage in text and gain exposure to more words, ultimately improving vocabulary, comprehension and critical thinking skills. Audiobooks are the perfect accommodation for struggling readers.



## 10. Science In Daily Life

Presentation on 'Science in everyday life for high school students. It explains the science behind different situations we come across in everyday life. The tool used for the practical work was PowerPoint presentation Animaker etc.

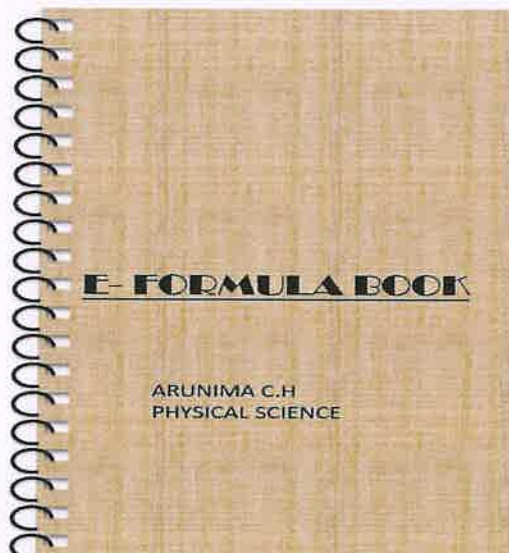


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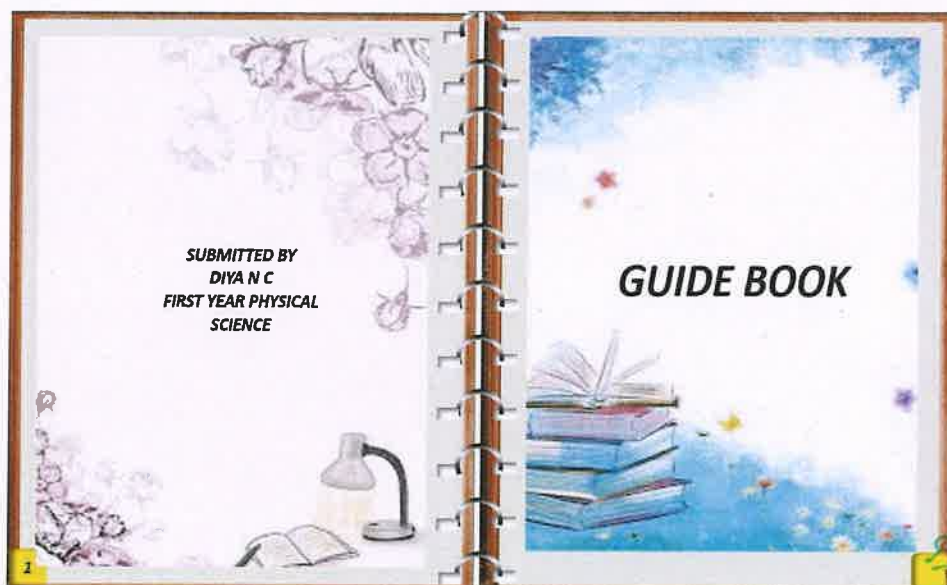
## 11. Digital Formula Book

This learning material provides support in learning and remembering formulas, which is actually a hectic thing for kids. Learning material includes audio file, video file, animations etc. This learning material is designed by keeping the academic needs of students. Each formula is presented in an attractive way using colors, highlights. This work will surely help students in retaining formulas for a long time in their brains.



## 12. Student's e-Guide

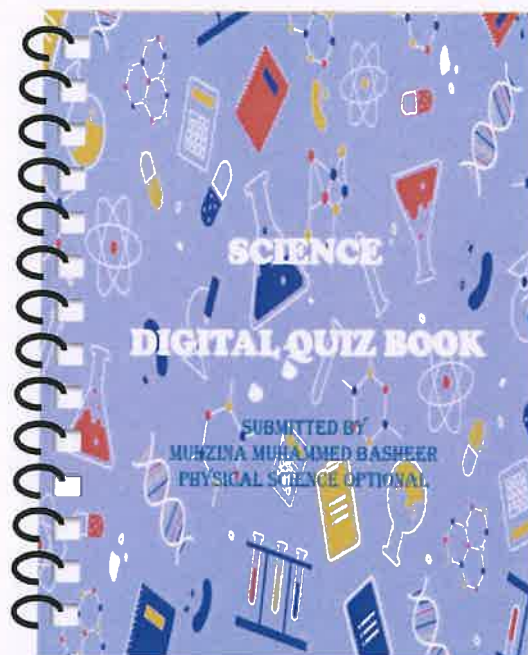
e-Guide book gives useful information about a particular subject. The e-Guide book ensures all students to read, understand and express their understanding of the complex grade-level text. A guide might be a leaflet or a handbook giving instruction on a topic and assisting students with their learning.



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### 13. Science Quiz Book

Science digital quiz book is an easy method for assisting students in their studies, it also helps in individualized learning and self-evaluation by students. It makes them familiar with science through technology.



### 14. Self Assessment e -tool Book

It is a presentation on ' Self assessment e- tool book" for the high school students. It promotes the skills of reflective practice and self-monitoring. It promotes academic integrity through student self-reporting of learning progress. And develops self-directed learning. Tool used is PowerPoint presentation (Microsoft PowerPoint 2010) and Animaker.



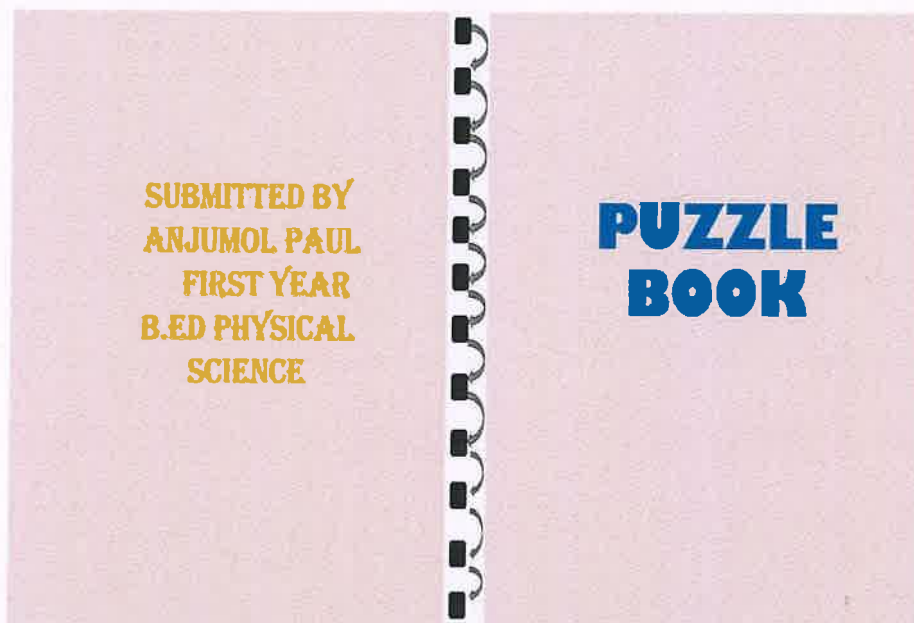
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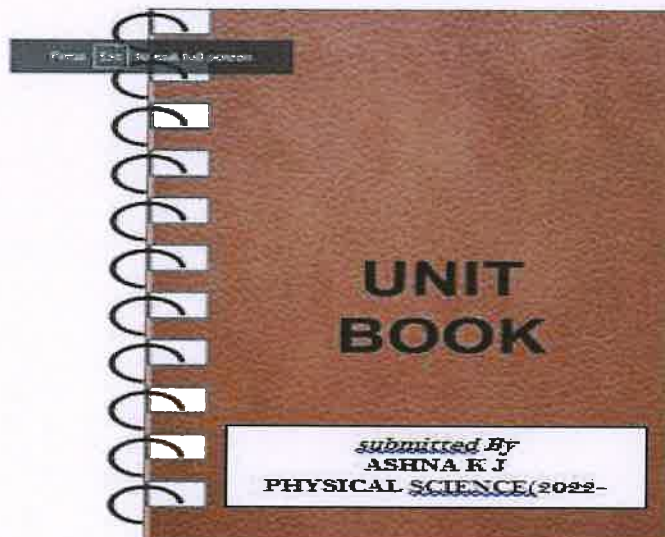
### 15. Digital Puzzle Book

Based on the training for learning resource material digital puzzle book has developed and presented in class. It contains 20 crosswords, 10 picture game and 10 word game, covering science topics of 9th standard.



### 16. Digital Unit Book

Gave training for develop and present a learning resource material for school pupils- ICT supported material, (school-based topic) –a presentation on ‘Unit book’ for high school students. This resource book provide units and of Physical quantities in Alphabetical order



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### Conclusion:

The workshop on developing online learning resources conducted by Mrs. Reshmi R.K on May 5, 2023, provided an extensive range of digital learning materials to enhance the educational experience. These materials, spanning from digital textbooks to interactive quizzes and multimedia content, offer diverse avenues for students to engage with subject matter and promote effective online learning.

### Acknowledgment:

We extend our appreciation to Mrs. Reshmi R.K for her expertise and dedication in conducting this workshop and creating these valuable online learning resources.\

### Conclusion:

The workshop on developing online learning resources conducted by Mrs. Reshmi R.K on May 5, 2023, provided an extensive range of digital learning materials to enhance the educational experience. These materials, spanning from digital textbooks to interactive quizzes and multimedia content, offer diverse avenues for students to engage with subject matter and promote effective online learning.

ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR  
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WORKSHOP ON DEVELOPING  
ONLINE LEARNING  
RESOURCES

RESOURCE PERSON



RESHMI R.K  
SCIENCE EDUCATOR  
ST. JOSEPH TTI  
ERNAKULAM

**January 1- 5, 2023**  
MULTI PURPOSE HALL  
3.30-4.30 PM  
NB:BRING YOUR LAPTOP OR ANDROID PHONE

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## WORKSHOP ON LESSON PLAN PREPARATION

Name of the Event	Workshop on lesson plan preparation
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Understand the instructional objectives and curricular objectives</li> <li>2) Enable to analyze content /units for planning the lesson</li> <li>3) Explore the ideas in groups of discussion</li> <li>4) Practice the skills and strategies of lesson plan preparation</li> <li>5) Able to plan lessons systematically</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	16/01/2023- 20/01/2023
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	5 days
<b>Beneficiaries</b>	Student Teachers (Total No.97)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

#### Day 1 -16/01/2023

A workshop on lesson plan training was organized by the college on 16-21st January 2023 under the following objectives: familiarize with instructional objectives and curricular objectives, understand the steps of lesson plan preparation. The theoretical background on year plan, unit plan and lesson plan were explained by teacher educators in the first day. After that the process of content analysis was explained in each subject.

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### Day 2 -17/01/2023

The second day teacher educators instructed the students on division of units for each lesson plan. Students needs to understand how to make units for 45 minute duration classes. Students are directed to select five units for lesson plan preparation

### Day 3-18/01/2023

In the third day, the teacher educator divided student teachers into small groups of 4 or 5 . Each group was given the same units for lesson plan preparation. Teacher educator once again explained the steps and how to plan lessons step by step. Scaffolded the students during their group activity. Cleared doubts and helped them to complete one plan.

### Day 4-19/01/2023 & Day 5-20/01/2023

In the fourth & fifth day student teachers engaged in the preparation of lesson plans based on the units. Teacher Educators supported them with directions and corrections. After preparing lesson plans students presented each step and corrected each one based on the suggestions of the educator.

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## ICT FOR TEACHING-LEARNING PROCESSES

<b>Name of the Event</b>	ICT For Teaching-Learning Processes
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To understand the techniques of ICT in learning</li> <li>2) To instil the intellectual and aesthetic development among student teachers.</li> <li>3) To develop technologic and creative skills among teachers</li> <li>4) To enable students to be a technopedagoge</li> </ol>
<b>Details of Event Coordinators</b>	Reshmi Sreejith Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	09/05/2023
<b>Beneficiaries</b>	Student Teachers (Total No.98)
<b>Platform</b>	Google Meet

The college organizes a set of innovative teaching and learning strategies based on ICT resources for Students. They are given below. Adequate skills are developed to inculcate the effective use of ICT for teaching-learning processes in respect of

### 1. PREPARATION OF LESSON PLAN USING CANVA AND PPT TEMPLATE

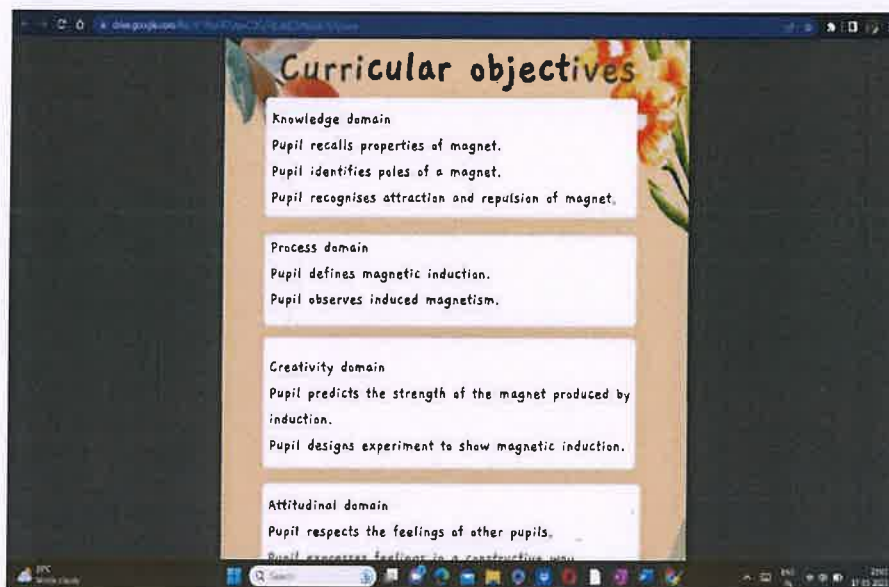
#### (a) Digital Lesson Plan Preparation

College arrange an online workshop on the preparation of a digital lesson plan was conducted on May 9, 2023, at 8:30 pm through Google Meet. Mrs. Reshmi Sreejith, a faculty in the Science education of St. Joseph Teacher Training Institute for Women, Ernakulam was the resource person for the session. Around 20 students participated in the workshop. The aim of this workshop was to equip educators with the necessary skills and knowledge to create effective and engaging lesson plans. Through the session she explained and demonstrated how to prepare a lesson plan in digital form. She detailed on the various tools that are available for us to develop a lesson plan digitally and demonstrated each and every step in the construction of the same. A digital lesson plan can be developed with the help of different tools available online. Here, we developed our lesson plan using Canva and Google





slides. In canva, different templates for lesson plan, weekly or monthly lesson plan are available.



### Report

## DEVELOPING ASSESSMENT TOOLS FOR BOTH ONLINE AND OFFLINE LEARNING

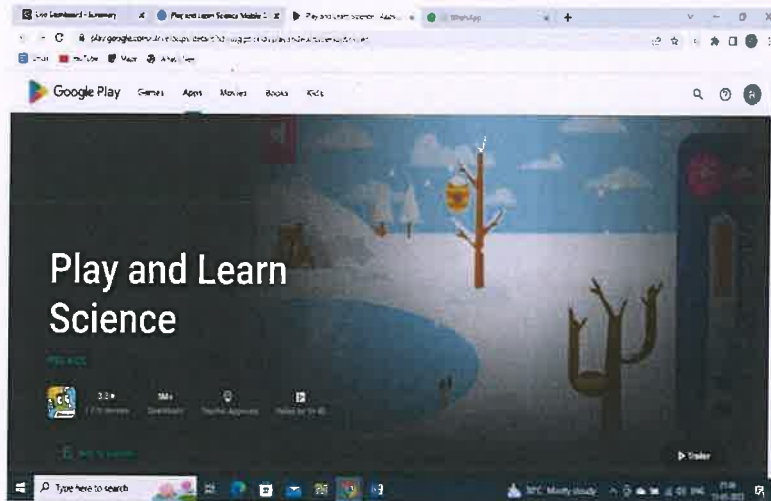
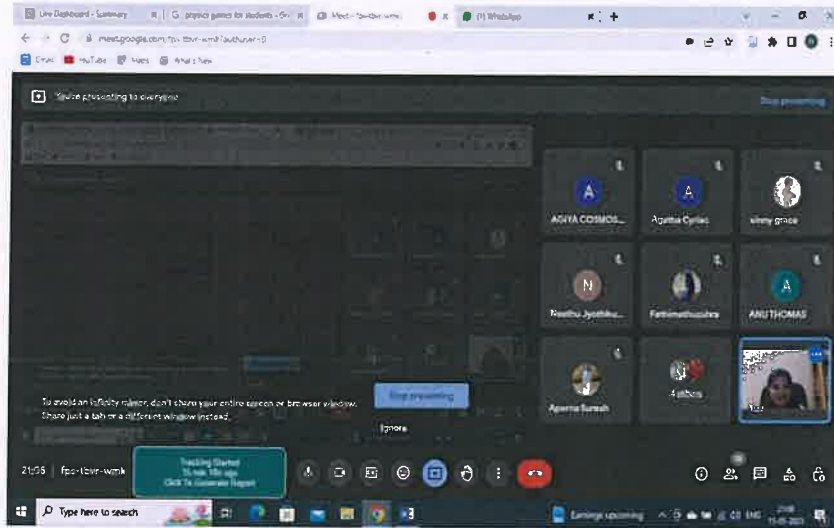
### (a) Online Quiz platform.

For Enhancing Online assessment College arranges a session for an Online quiz platform which give a live tracking of the student's performance and an enthusiastic environment for the teaching and Learning process. Ms. Reshmi Sreejith, a faculty in the Science education of St. Joseph Teacher Training Institute for Women, Ernakulam was the resource person for the session Quizizz is the Name of this Online platform. Basic Science, Earth Science and all major subjects are covered by this platform according to age. The event was conducted on Dated 15-5-2023.

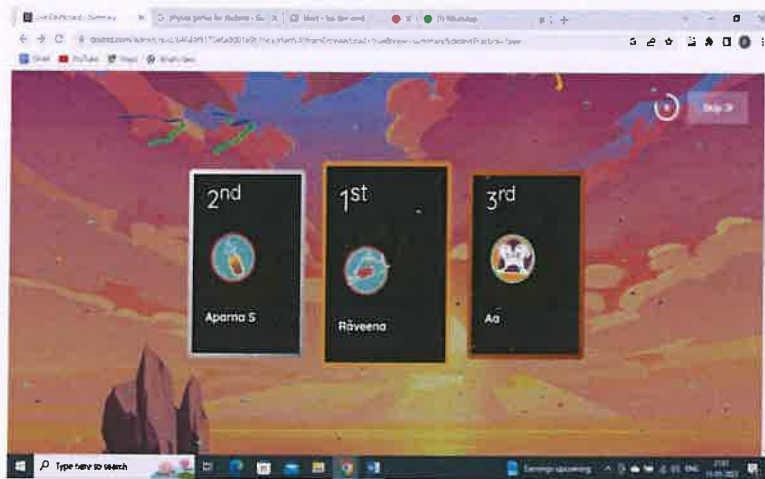
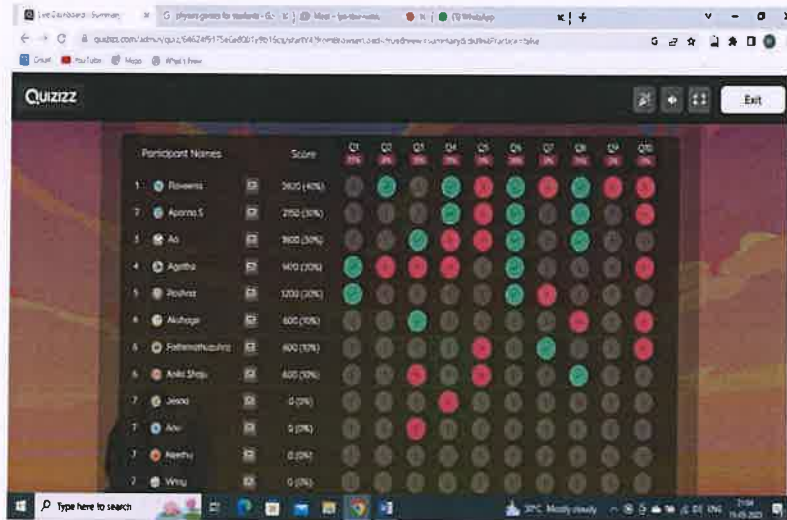


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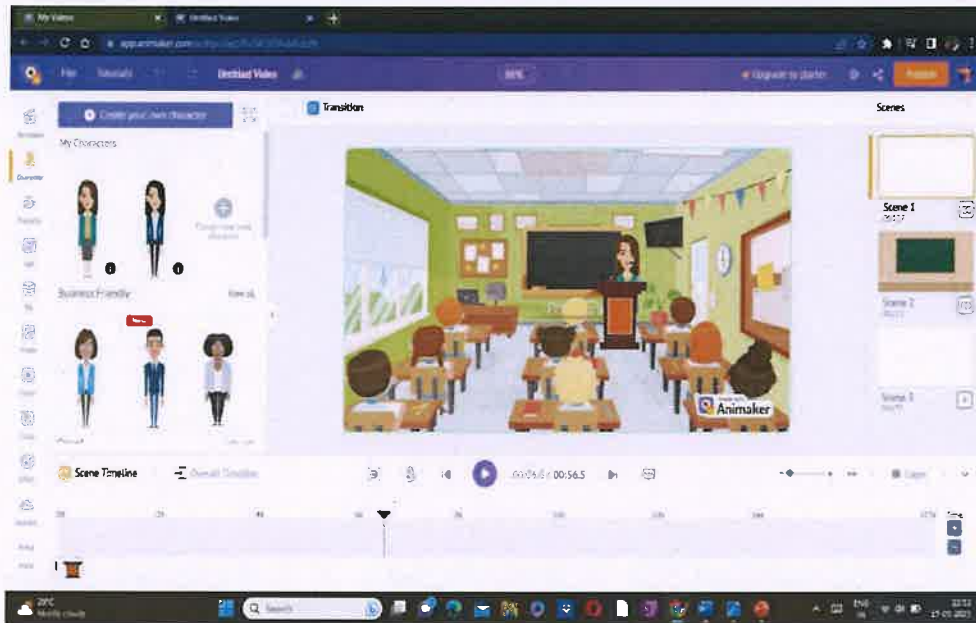
## EFFECTIVE USE OF SOCIAL MEDIA /LEARNING APPS/ADAPTIVE DEVICES FOR LEARNING

### (A) Simulated Classroom Environment Creation

A simulated classroom environment is one where students can learn through exploration and hands-on practice, be encouraged to think critically and be provided with a variety of experiences. Mrs Reshmi Sreejith took a session on a simulated classroom environment on 15<sup>th</sup> November 2022. She explained the various methods and also about the software, by which we can create them. She gave a brief description of the Animaker app by which can create a simulated classroom environment.

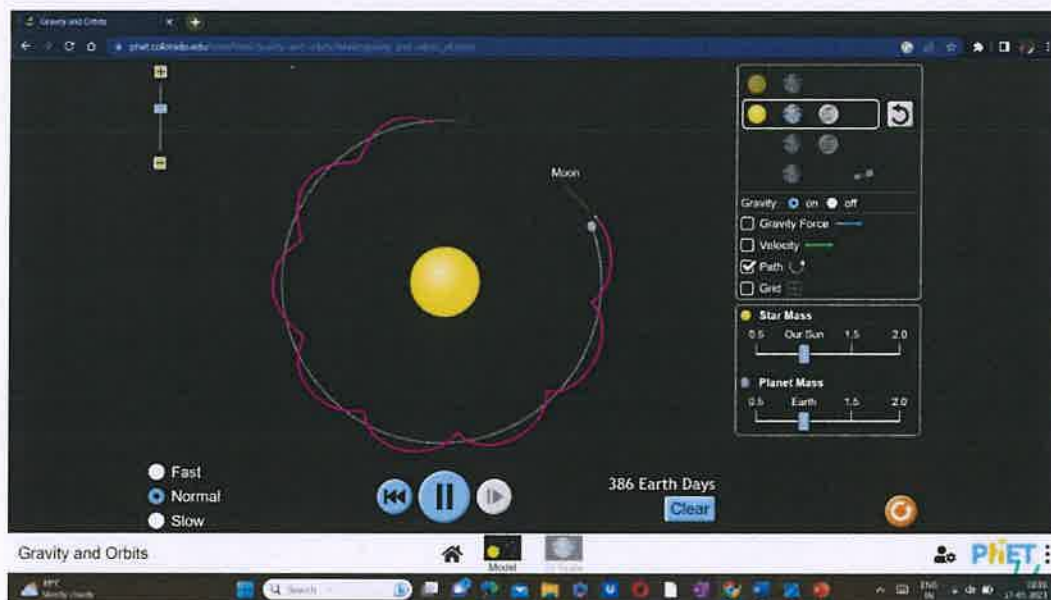
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## (B) Interactive Simulated Experiments

Simulations provide a space for critical and evaluative thinking. Students had a class on 'Stimulated experiments on May 4, 2023. Mrs. Reshmi Sreejith, a faculty in the Science Education of St. Joseph Teacher Training Institute for Women, Ernakulam was the resource person for the session. Students are familiar with created simulated experiments using PhET interactive simulations. PhET provides fun, free interactive, research-based science and math Simulations. We can create simulations using the 'EXPLORE OUR SIMS' option. Then we had over 1.1 billion simulations in subjects including physics, math, chemistry, earth science and biology.







## PROGRAMMES ON VARIOUS TYPES OF E-CONTENT DEVELOPMENT

E-content means content in electronic form. It is a combination of text, audio, video, images, animation with visual effects., Ms. Reshmi Sreejith, a faculty in the Science education of St. Joseph Teacher Training Institute for Women, Ernakulam was the resource person. Duration of the event was 2/11/2022- 12 /11/2022. She explained the various methods and also about the softwares, by which we can create them. She also gave personal orientations to each of the student teachers, who were assigned with different materials. For the work, I created an e-content on the chemistry topic 'Plastics' (of unit 17- Fibres and Plastics of class VIII) and physics topic 'Universal law of Gravitation (of unit 4 - Gravitation of class IX) of SCERT Kerala syllabus. It was made in the form of a flipbook consisting of experimental videos and knowledge about the respective topics. The tools used were Power Point presentation (2019), REDMI 8 A-MIUI VERSION: MIUI GLOBAL 12.5 2 STABLE for introductory video, Animaker for animation videos and Clipchamp-video editor (Microsoft 2019), to edit all videos. Experimental videos were made using materials present at my home and all videos were given my own voice over. Clock needle animation effect was made using the features of Microsoft PowerPoint 2019 in the resource material to convey the summary of the respective topics.

The e-content material will help the students to develop scientific temper and scientific attitude. They will understand the science behind various things happening around them. Thereby, students will be able to relate the theory they learnt with the happenings in their daily life, making the knowledge sustain in their mind for a long time. It should be kept in mind that content is anything that adds value to the reader's life.

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## LIST OF LEARNING RESOURCE MATERIALS

### 1. Science Album

It explains the life journey of various scientists and also their milestone inventions. Tool used for the practical work was PowerPoint presentation (Microsoft PowerPoint 2016).



### 2. e-Dictionary

An E dictionary is an Electronic reference resource that contains a science words and their meanings, spellings . Sometimes electronic dictionaries serve a similar function to regular dictionaries ;They are searchable they allow one to find specific bits of information about words.



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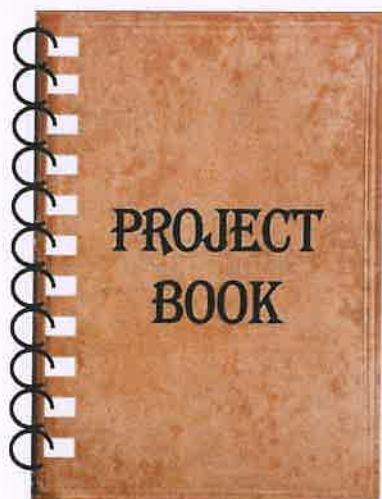
### 3. Digital Lab Manual

Digital lab manual along with providing all other data provided by a digital manual, provides experimentation videos, which further enhances the student's interest and motivates them to perform well in the laboratory.



### 4. Digital Project Book

This presentation on 'e-Project Book' for high school students. It explains the format of a science project report. The tool used for the practical work was PowerPoint presentation and Graphics (Microsoft PowerPoint 2010). For this work, it is created an e- project book including 2 projects each from physics and chemistry designed work as a flipbook consisting of Pictures, Videos and Audio.



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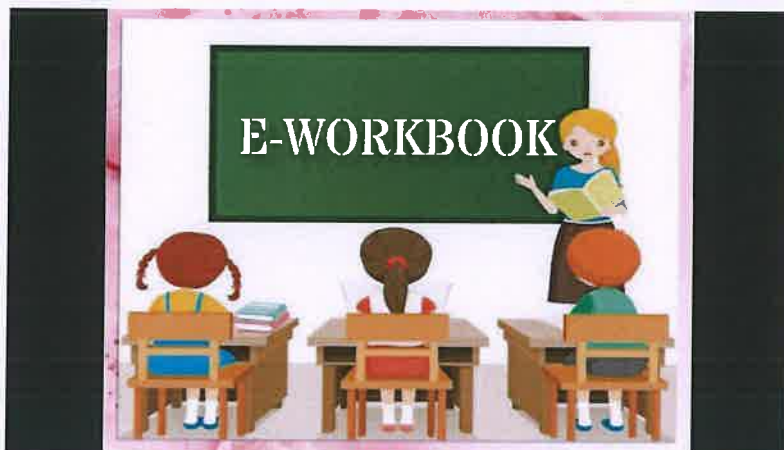






## 5. E-Workbook

This digital workbook for class VIII chemistry and physics exposes the various patterns of questions possible from each and every section. The questions are arranged in such a way that the child alone could move across the material with ease of work without external assistance.



## 6. E-Content

E-content is the innovation of technology to design, deliver, select, administer and extend learning. E-content in education is a powerful tool that can be used effectively and proficiently within the classroom to make more exciting learning environment and deliver a higher level of educational expertise to students.



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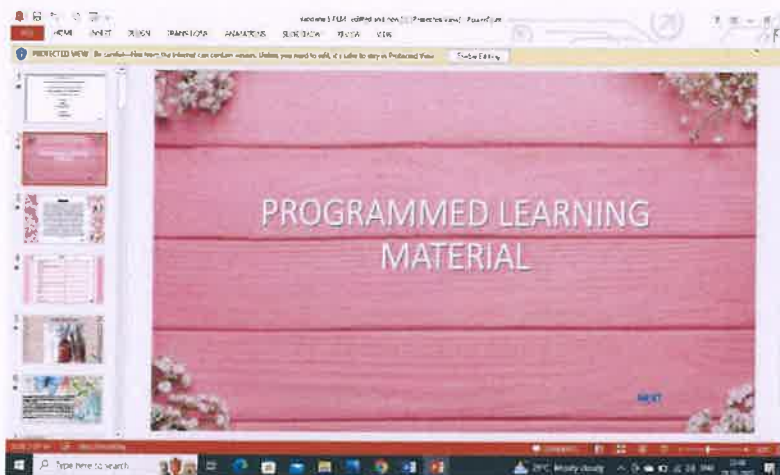
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## 7. Digital Programmed Instruction

The learning resource material (presentation on programmed learning material) will help the students to develop a scientific temper and scientific attitude. Programmed instruction method of teaching is an autocratic and individualized strategy. Its main focus is to bring desirable change in the cognitive domain of the learner's behaviour. Students are left for learning at their own pace



## 8. e-Question Bank

ICT resource material were prepared a digital Question in the form of a ppt. two chapters of 8<sup>th</sup> std of chemistry of Kerala state syllabus –solutions, properties of matter. Divided into sub-topics 7 collected 5 fill in the blanks, 5 MCQs, 5 match the following, 5 true or false, 5 short answers, 5 Essays. Total 150 questions from these 2 chapters which selected.



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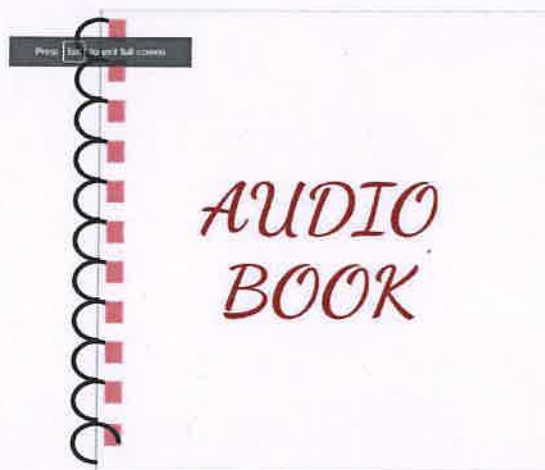
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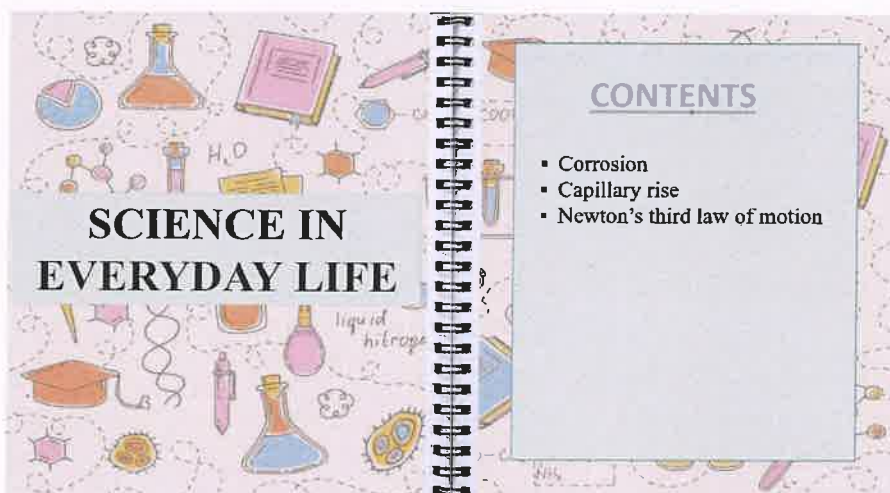
## 9. Audio Textbook

Audiobooks are the digital version of books on CD or books on tape. It can be downloaded also. Audiobooks allow students to hear explicit sounds of letters and letter patterns that forms words. It also helps students to engage in text and gain exposure to more words, ultimately improving vocabulary, comprehension and critical thinking skills. Audiobooks are the perfect accommodation for struggling readers.



## 10. Science In Daily Life

Presentation on 'Science in everyday life for high school students. It explains the science behind different situations we come across in everyday life. The tool used for the practical work was PowerPoint presentation Animaker etc.



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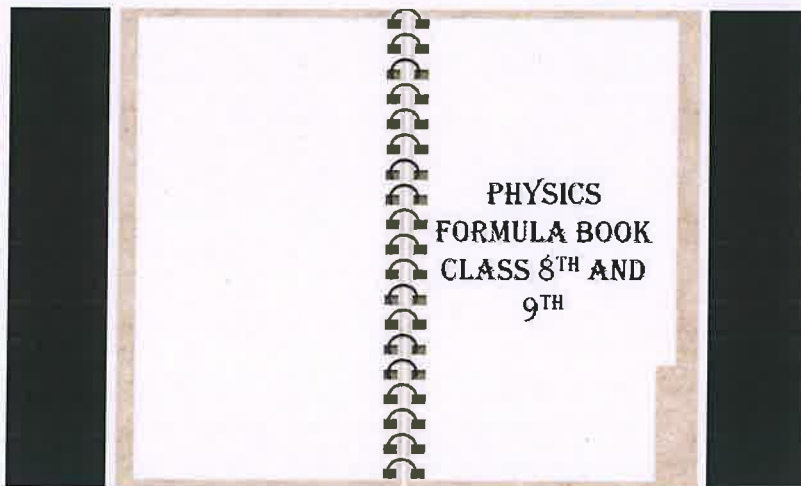






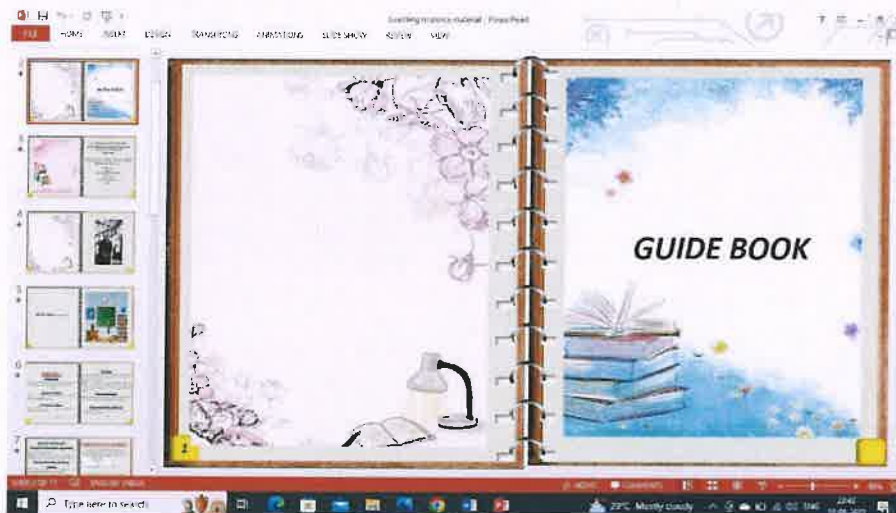
## 11. Digital Formula Book

This learning material provides support in learning and remembering formulas, which is actually a hectic thing for kids. Learning material includes audio file, video file, animations etc. This learning material is designed by keeping the academic needs of students. Each formula is presented in an attractive way using colors, highlights. This work will surely help students in retaining formulas for a long time in their brains.



## 12. Student's e-Guide

e-Guide book gives useful information about a particular subject. The e-Guide book ensures all students to read understand and express their understanding of the complex grade-level text. A guide might be a leaflet or a handbook giving instruction on a topic and assisting students with their learning.

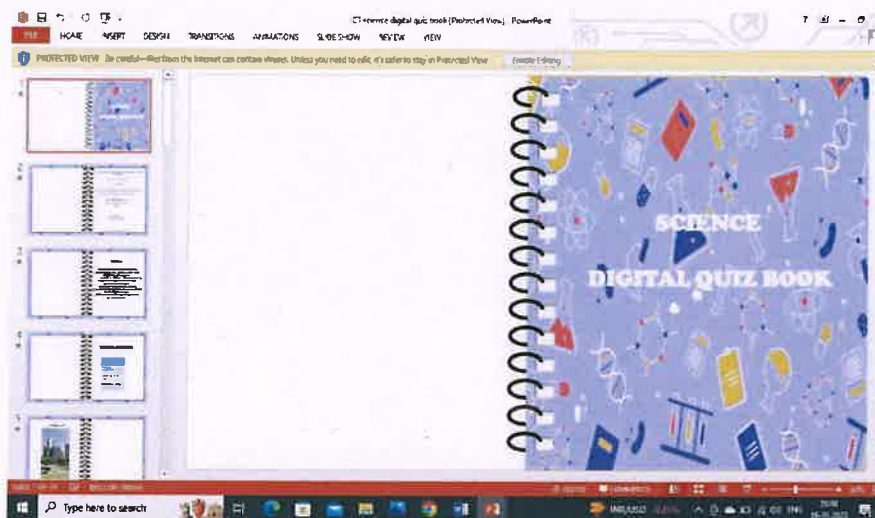


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### 13. Science Quiz Book

Science digital quiz book is an easy method for assisting students in their studies, it also helps in individualized learning and self-evaluation by students. It makes them familiar with science through technology.



### 14. Self Assessment e-tool Book

It is a presentation on 'Self assessment e- tool book' for the high school students. It promotes the skills of reflective practice and self-monitoring. It promotes academic integrity through student self-reporting of learning progress. And develops self-directed learning. Tool used is PowerPoint presentation (Microsoft PowerPoint 2010) and Animaker.



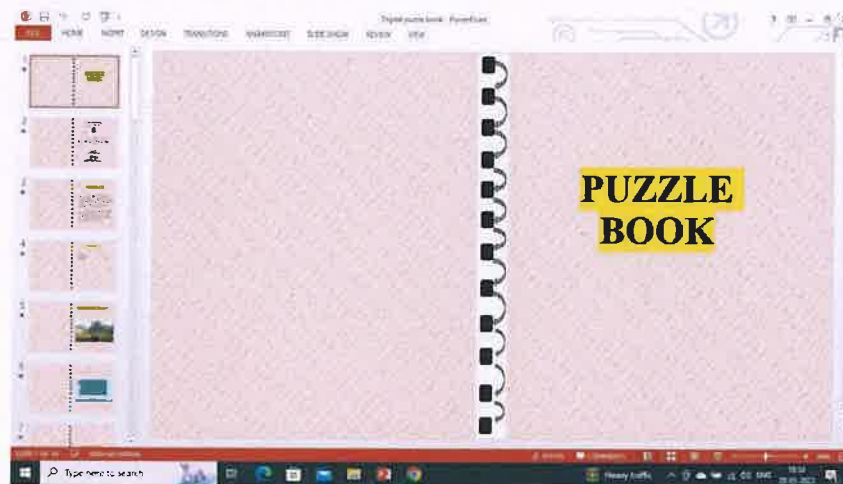
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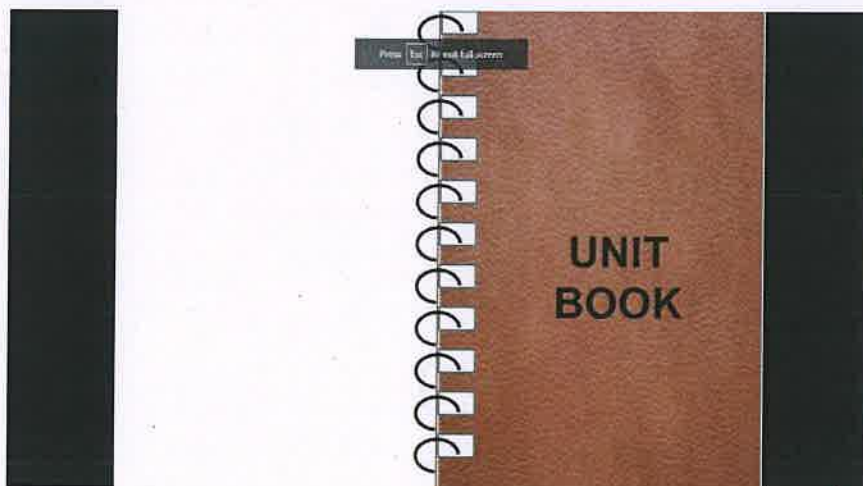
### 15. Digital Puzzle Book

Based on the training for learning resource material digital puzzle book has developed and presented in class. It contains 20 crosswords, 10 picture game and 10 word game, covering science topics of 9th standard.



### 16. Digital Unit Book

Gave training for develop and present a learning resource material for school pupils- ICT supported material, (school-based topic) –a presentation on ‘Unit book’ for high school students. This resource book provide units and of Physical quantities in Alphabetical order



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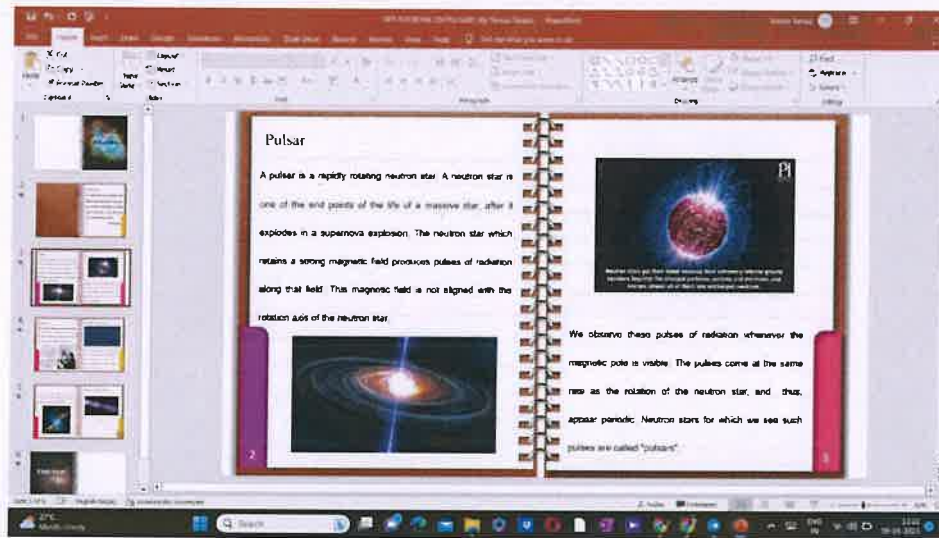




## TECHNICAL SKILL ENHANCEMENT PROGRAMMES

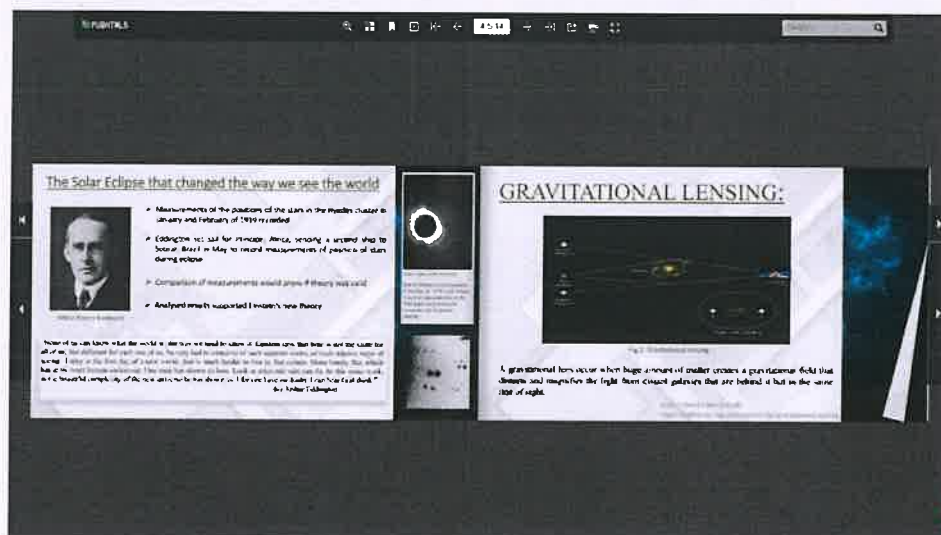
### (A) PPT FLIPBOOK

As a part of digital orientation, a class was led by the resource person Mrs Reshmi Sreejith on December 1<sup>st</sup>, 2022. It was about the making of a PPT flipbook as a learning material. She explained the detailed steps to make the flipbook. Using this method it is possible to upload video audio and other graphics for further classroom interaction.



### (b) PDF FLIPBOOK

St. Joseph College of teacher education for Women, Ernakulam arrange an orientation class on PDF flipbook on 16/11/2022. For this, The resource person Reshmi RK introduced software called Publuu and HTML 5. Gave necessary training for the creation of preparing PDF flipbook.



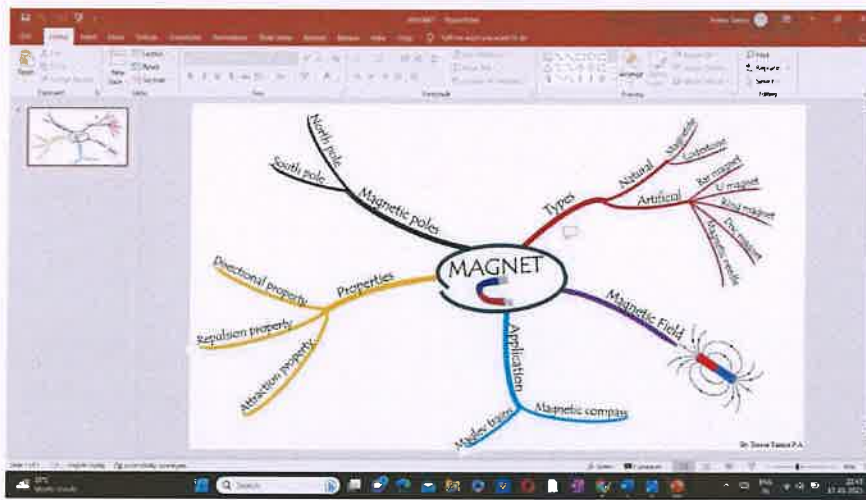
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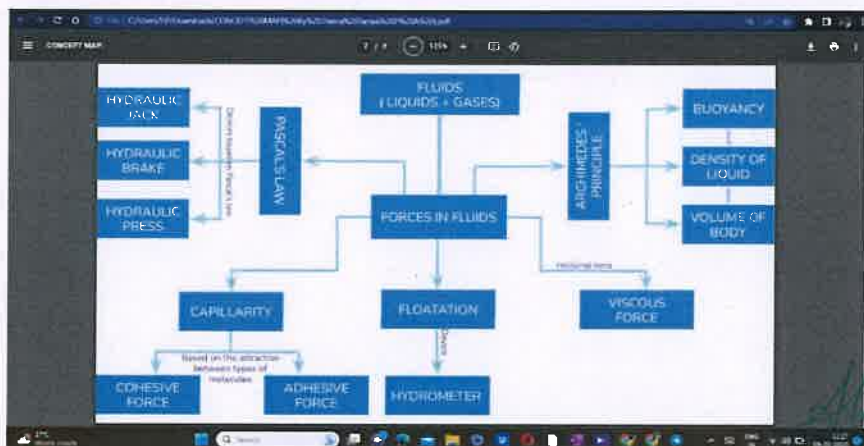
**(c) E-MIND MAP**

The College organizes a workshop for Mindmap creation From the class students understood a mind map involves writing down a central theme and thinking of new and related ideas which radiate out from the center. By focusing on key ideas written down in their own words with child-friendly fonts having curved lines with a single colour for each branch. Mind map knowledge in a way that will help you to better understand and retain information. Students created a mind map using various Applications. Various platforms are provided for different kinds of templates. Students could add pictures, animations, different styles, designs etc and finally, can download the created mind map



**(d) E-CONCEPT MAP**

St Joseph College of Teacher Education for Women Ernakulam conducted an orientation class on how to prepare a concept map online. The class was conducted on October 3, 2022 by resource person Mrs Reshmi Sreejith she gave us clear cut idea about what all softwares can be used for preparation like MS Word, Powerpoint etc. Website Canva provide readily made templates for Concept map.



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## TRAINING SESSION ON 'CONDUCTING INTERVIEW WITH FOLK ARTIST', 2023

<b>Name of the Event</b>	Training Session on 'Conducting Interview with Folk Artist', 2023
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To provide exposure for student teachers in community engagement</li> <li>2. To instill the importance and the value of traditional art forms and culture among student teachers</li> <li>3. To enhance the knowledge of student teachers regarding different folk art forms</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	<p>Ms. Anu Cleetus Assistant Professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	06/03/2023
<b>Time</b>	10.00 AM - 11.30 AM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers
<b>Event Venue</b>	<p>Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam</p>

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## Orientation Session on 'Conducting Interview with Folk Artist', 2023

### Programme Report

Student teachers at St. Joseph College of Teacher Education for Women, Ernakulam go through a set of activities as preparatory to school-based practice and internship. St. Joseph College of Teacher Education for Women, Ernakulam organized an orientation session on 'Conducting Interview with Folk Artist' on 6<sup>th</sup> March 2023 from 10 AM to 11.30 AM at the college multipurpose hall. The purpose of the orientation session was to prepare the student teachers for practice teaching or internships and to enhance certain significant skills and competencies. The orientation session was organized for the B.Ed. student teachers of St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the orientation session was Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.

The orientation session started exactly at 10 AM by the resource person, Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Anu Cleetus welcomed all the student participants to the session. She reminded all the student teachers to utilize the opportunity to enhance their knowledge and competence which would reflect excellence in both their academic and professional performance. As part of preparing students to handle school-based practices and internships, the student teachers were assigned to conduct an interview with a folk artist and prepare a report on the local community art forms on 16<sup>th</sup> March 2023. The orientation session was organized to help students conduct the interview professionally. The resource person guided the student teachers on conducting interviews with folk artists. The resource person gave a brief idea about different folk arts including Theyyam, Kathakali, Kodyattu, Mohiniyattam, Kalaripayattu, Padayani, Pulikali, Thullal, Chakyarkoothu, Thiruvathirakali etc. All student teachers were instructed to prepare an interview schedule as per the instructions and guidance provided by the resource person. The entire session winded up at 11.30 AM.

The orientation session on 'Conducting Interview with Folk Artist' was successful in instilling in the importance and value of traditional art forms and culture among students. The orientation provided the student teachers enough knowledge and exposure to community engagement. Overall, it was an informative and beneficial session for the student teachers.

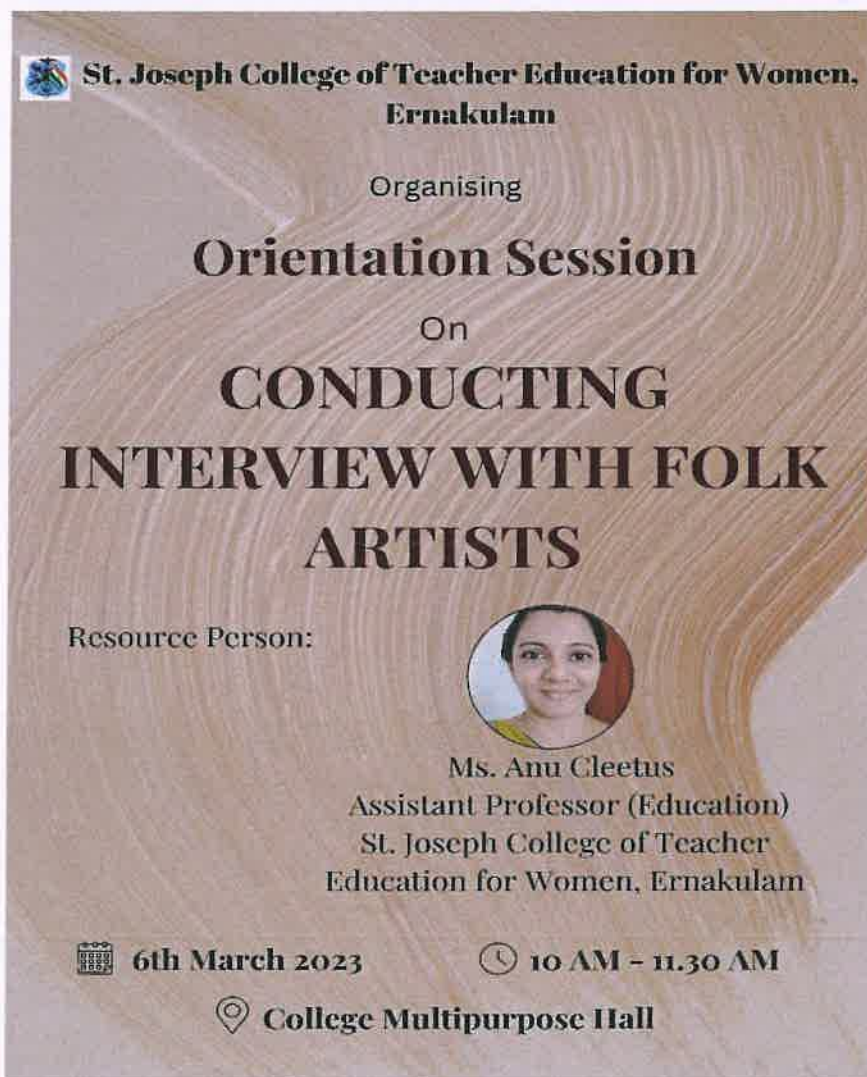
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## Orientation Session on 'Conducting Interview with Folk Artist', 2023

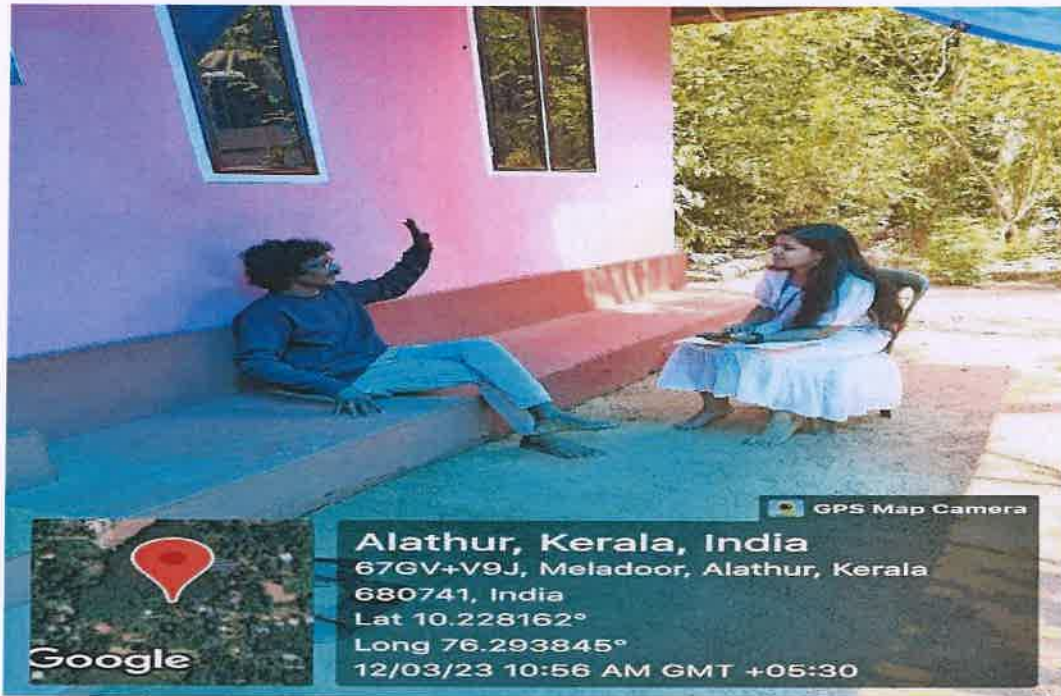
### Photo Gallery



Event poster for the orientation session on 'Conducting Interview with Folk Artist' conducted for B. Ed student teachers of St. Joseph College of Teacher Education for Women, Ernakulam on 6<sup>th</sup> March 2023 from 10 AM to 11.30 AM at the college multipurpose hall.

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Snippet from the interview conducted with folk artists by B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## INTERNATIONAL WOMEN'S DAY, 2022

<b>Name of the Event</b>	International Women's Day, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To cherish the value of women's day</li> <li>2. To commemorate the development of gender equality and empowerment of women</li> <li>3. To promote the empowerment of women across the globe</li> <li>4. To strive for global strengthening of gender equality</li> </ol>
<b>Details of Event Coordinators</b>	Women Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	08/03/2022
<b>Time</b>	9.00 AM – 10.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 12
<b>Event venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

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## International Women's Day, 2022

### Programme Report

Every year, International Women's Day is celebrated on 8<sup>th</sup> of March across the world with its major aim being to commemorate the development of women empowerment and gender equality. The day is observed to promote gender equality and honour women's achievements and to strive hard to strengthen gender equality globally. St. Joseph College of Teacher Education for Women, Ernakulam celebrated International Women's Day on 8<sup>th</sup> March 2022 from 9.00 AM to 10.00 AM at the college multipurpose hall. . The entire programme was coordinated by the Women Cell of the college. The Faculty Coordinators for the programme were Dr. Bindu Joseph, Assistant Professor in Malayalam Education and Ms. Dinimol Jacob, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam.

The International Women's Day celebration, 2022 held by St. Joseph College of Teacher Education for Women, Ernakulam started exactly at 9.00 AM at the college multipurpose hall. The event started with a prayer song. The welcome speech for the event was delivered by Ms. Anu P Thomas, student teacher from Physical Science optional. Ms. Anu P Thomas officially welcomed all of the participants to the observatory programme. The welcome speech was succeeded by the introductory presentation by Ms. Krishnapriya K and Ms. Mereena Joy, student teachers from Social Science optional on the importance and relevance of observing women's day. The presentation was really informative and also focused on the problems faced by women and the measures to overcome them in the present scenario. The presentation carried out was based on the facts which are very much necessary to be informed to the present generation. Even though, drastic changes have been witnessed in the recent years regarding women in society, still a large group of women are subjected to sexual harassment and abuse, violence and gender discrimination. Violence is becoming the major issue faced by women especially in a country like India. Women are being tortured, molested or killed somewhere in the country which boasts about its development milestones. Women are killed for rejecting love, choosing their own style of life and work and many more. Some parts of the country still forbid women from deciding their life and its course. In various modes, women are still facing a number of problems of which some are reported whereas some aren't even receiving any attention. Raising women's awareness regarding their rights can contribute to the reduction issues faced by them or at least help them in seeking support or act accordingly for their well-being. The student teachers also presented a

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documentary on great women figures in India. The presentation was followed by a speech by Ms. Amala Antony, student teacher from English optional. The speech conveyed the message that there is a long way to go for a country like India to achieve complete women empowerment and freedom. The speech also enunciated that women must be aware of their rights in order to act effectively in critical situations and improve their lives and live it with utmost dignity and worth. After the speech, a quiz competition regarding women's day was conducted. Ms. Fathimathuzhra, student teacher from Physical Science optional and Ms. Pratibha S, student teacher from English optional were the winners for the quiz competition. The competition was succeeded by the vote of thanks for the programme delivered by Ms. Anu P Thomas, student teacher from Physical Science optional. The entire programme winded up at 10.00 AM.

The event turned out to be successful and fruitful in accomplishing its objectives. The event could impart knowledge and generate awareness among student teachers regarding the importance of women's day and women empowerment. The students could learn about the major issues faced by women in the preset scenario and the measures to overcome those issues. The students had an informative experience throughout the event.

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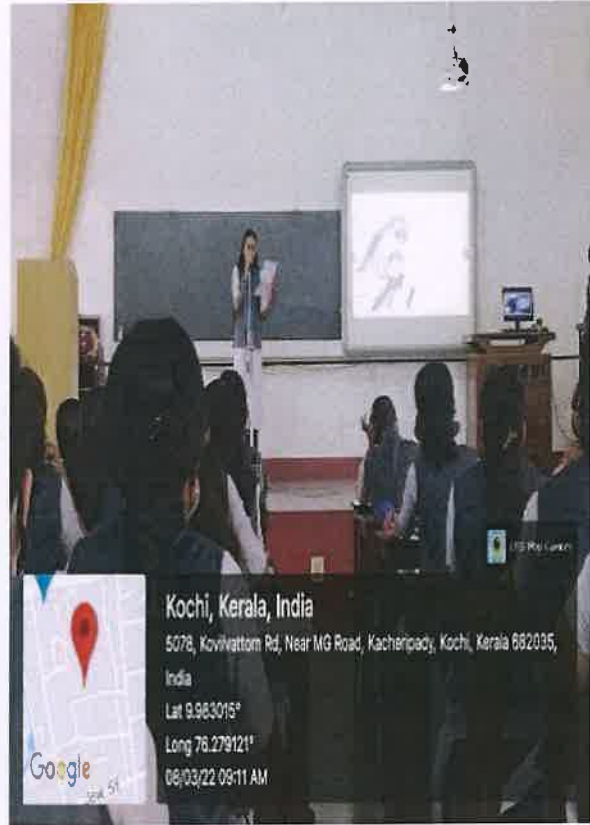


## International Women's Day, 2022

### Photo Gallery



**Event Poster for the International Women's Day celebration, 2022 conducted by the Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam**



**Student teachers carrying out PowerPoint presentation during the International Women's Day celebration, 2022 conducted by the Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam**

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**International Women's Day, 2022****Programme Details**

<b>Name of the Event</b>	International Women's Day, 2022
<b>Date</b>	08/03/2022
<b>Time</b>	9.00 AM – 10.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 12
<b>Platform</b> <b>Meet Link</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
3	Ms. Dinimol Jacob	Assistant Professor (Natural Science Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Mrs. Smitha Jose	Assistant Professor (Education)
6	Dr. Betty P.J	Assistant Professor (Mathematics Education)
7	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
8	Dr. Rachel George M	Assistant Professor (Natural Science Education)
9	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
10	Dr. Soya Mathew	Assistant Professor (Education)
11	Dr. Marin Jose	Assistant Professor (English Education)
12	Dr. Siji John	Assistant Professor (Social Science Education)

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## Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 Batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 Batch (B Ed. English)
3	Deepa P S	2021-2023 Batch (B Ed. English)
4	Devika Venugopal	2021-2023 Batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 Batch (B Ed. English)
6	F. Merline Rodrigues	2021-2023 Batch (B Ed. English)
7	Gurumahima M V	2021-2023 Batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 Batch (B Ed. English)
9	K A Rabia	2021-2023 Batch (B Ed. English)
10	Leatitia Joshy	2021-2023 Batch (B Ed. English)
11	Linnet John	2021-2023 Batch (B Ed. English)
12	Meera Joy	2021-2023 Batch (B Ed. English)
13	Merize Ben Alias	2021-2023 Batch (B Ed. English)
14	Pratibha S	2021-2023 Batch (B Ed. English)
15	Sandra Joy	2021-2023 Batch (B Ed. English)
16	Santhi M S	2021-2023 Batch (B Ed. English)
17	Veena C V	2021-2023 Batch (B Ed. English)
18	Aleena Antony	2021-2023 Batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 Batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 Batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 Batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 Batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 Batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 Batch (B Ed. Malayalam)



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25	Mary Amala R.	2021-2023 Batch (B Ed. Malayalam)
26	Nitha Alfred	2021-2023 Batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 Batch (B Ed. Malayalam)
28	Anisha T	2021-2023 Batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 Batch (B Ed. Malayalam)
30	Shilpa K	2021-2023 Batch (B Ed. Malayalam)
31	Sneha M M	2021-2023 Batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 Batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 Batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 Batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 Batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 Batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 Batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 Batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 Batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 Batch (B Ed. Mathematics)
41	Lekshmi Priya T S	2021-2023 Batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 Batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 Batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 Batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 Batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 Batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 Batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 Batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 Batch (B Ed. Mathematics)
50	Agatha Cyriac	2021-2023 Batch (B Ed. Physical Science)



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51	Agiya Cosmos M C	2021-2023 Batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 Batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 Batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 Batch (B Ed. Physical Science)
55	Anu P Thomas	2021-2023 Batch (B Ed. Physical Science)
56	Aparna S	2021-2023 Batch (B Ed. Physical Science)
57	Fathimathuzuhra	2021-2023 Batch (B Ed. Physical Science)
58	Jesna George	2021-2023 Batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 Batch (B Ed. Physical Science)
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61	Raveena K Ramesh	2021-2023 Batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 Batch (B Ed. Physical Science)
63	Vandana S	2021-2023 Batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 Batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 Batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 Batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 Batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 Batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 Batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 Batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 Batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 Batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 Batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 Batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 Batch (B Ed. Natural Science)
76	Ranjima V	2021-2023 Batch (B Ed. Natural Science)

*Aliee Joseph*

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[www.stjosephcte.in](http://www.stjosephcte.in)



77	Saniya Simon	2021-2023 Batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 Batch (B Ed. Natural Science)
79	Shimna K	2021-2023 Batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 Batch (B Ed. Natural Science)
81	Vyshnavi N Sharma	2021-2023 Batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 Batch (B Ed. Social Science)
83	Anagha T	2021-2023 Batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 Batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 Batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 Batch (B Ed. Social Science)
87	Celene Paul	2021-2023 Batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 Batch (B Ed. Social Science)
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92	Mereena Joy	2021-2023 Batch (B Ed. Social Science)
93	Minu Joy	2021-2023 Batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 Batch (B Ed. Social Science)
95	Riya Davis	2021-2023 Batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 Batch (B Ed. Social Science)
97	Thasni M B	2021-2023 Batch (B Ed. Social Science)
98	Varsha K V	2021-2023 Batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

### ERNAKULAM

### AKARE AKARE AKARE

### STUDY TOUR

<b>Name of the Event</b>	<b>AKARE AKARE AKARE - STUDY TOUR</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To gain hands-on experience</li> <li>2) To develop social skills.</li> <li>3) To emphasize experiential learning and offer both groups self-directed activities that enable learners to explore new cultures and peoples.</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Sr. Soya Mathew Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Dates</b>	11.03.2023 – 15.03.2023
<b>Duration</b>	5 days
<b>Beneficiaries</b>	Student Teachers (Total No.98)
<b>Event Venue</b>	Uduppi , Gokarna , Dandeli

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**AKARE AKARE AKARE****STUDY TOUR****BATCH 2021-23****ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM****11.03.2023 – 15.03.2023**

A study tour is a travel experience with specific learning goals. Study tour emphasize experiential learning and offer both groups self-directed activities that enable learners to explore new cultures and peoples.

In order to organise a study-trip a group of coordinators where selected which included six class coordinators from each optional, a head coordinator, secretary and treasurer. The head coordinator was Ms. Theresa Thankachan of Natural Science, Secretary was Ms. Jesneela Maria of Mathematics and treasurer was Ms. Reshma of Mathematics. The class coordinators were Pranaya, Merize Ben Alias, Sona Paul, Meera Susan, Aparna S. and Varsha K.V. of Malayalam, English, Mathematics, Natural Science, Physical Science and Social Science respectively.

The trip was planned under the guidance of Dr. Sr. Soja Mathew CMC, Assistant professor, St. Joseph College of teacher education for women, Ernakulam. At first, we conducted a meeting along with all coordinators and then created a whatsapp group for further discussion on 6 February 2023. By 13<sup>th</sup> February 2023 we were able to fix the place which was Udupi-Dandeli- Gokarna and the travel agency selected was Vamos Amigos travel agency. A total of Rs. 4900 was collected from the students for the trip. The name of the trip was fixed as 'Akare Akare Akare'. For the smooth functioning of the trip various committees was created. The committees were purchasing committee, entertainment committee, snack distribution committee, first aid, time table committee, photography, food distribution committee and attendance committee. By god's grace we were able to find a sponsorship of Rs.25000 from Coir board, head office, Ernakulam. The teachers who accompanied were Dr. Smitha Jose, Dr. Rachel George, Dr. Sr. Cicily C.A. CMC and Dr.Sr. Soya Mathew CMC.

The trip was from 11 March 2023 to 15 March 2023. All the students were asked to reach the Ernakulam south railway station by 9:30 pm. There was a total of 90 students and four teachers. We reached Mangalore central station by 8:45 am on 12.03. 2023. From there we moved to uduppi for freshup and break fast. We reached Malpe beach by 11 am and went





for boating to St. Mary's Island. The island provided a deeper understanding about the vegetation of ocean. We finished the visit by 2 pm. By 3:35pm we moved to Murudeshwar temple and reached there by 5:25 pm. In the temple we saw awesome stone carvings. We spend some time for shopping and moved back from there by 7 pm. We reached the hotel by 1:30 am for our night stay.

On the second day, 13 March 2023 we spend time for water activities in Ganrshgudi, Mahan adventure, Dandeli. Various activities like Kayaking, raft boating and water zorbing was enjoyed in this region. We moved back to River edge resort by 2:25 pm. After having lunch we enjoyed swimming pool and harnessed the beauty of nature through a forest walk. By 6:15 pm a rain dance along with DJ was organised. By 9:30pm a camp fire was conducted which was enjoyed by everyone.

On 13<sup>th</sup> March 2023, we checked out from the resort by 6:30 am and headed to Mirjan fort which was used as a post to trade pepper during ancient times. From there we moved to Sharavathi mangrove forest and gave ourselves to the beauty of nature. We reached Mangalore railway station by 6:00 pm and reached Ernakulam North station on 15 March 2023 by 7:15 am. From there each student went home by their own.



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## WORLD INTELLECTUAL PROPERTY RIGHTS DAY, 2022

<b>Name of the Event</b>	World Intellectual Property Rights Day, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness regarding Intellectual Property Rights</li> <li>2. To bring in attention to how intellectual property rights help encourage creativity and innovation</li> </ol>
<b>Details of Event Coordinators</b>	Social Science Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Aneesh V Pillai Assistant Professor School of Legal Studies Cochin University of Science and Technology (CUSAT) Kerala
<b>Date</b>	23/04/2022
<b>Time</b>	12.30 P.M – 1.30 P.M
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 92, Faculty- 7
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/dcv-gtrc-ita">https://meet.google.com/dcv-gtrc-ita</a>

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam observed World Intellectual Property Rights Day on 23<sup>rd</sup> April 2022 from 12.30 PM to 1.30 PM via Google Meet. The entire programme has been organized by the Social Science Club of the college and was coordinated under the guidance and supervision of the faculty coordinators of the club, Dr. Siji John, Assistant professor in Social Science Education and Dr. Joby Joy Kurian, Assistant Professor in Mathematics Education at St. Joseph College of Teacher Education for Women, Ernakulam. The programme aimed at raising awareness regarding Intellectual Property Rights and how intellectual property rights help encourage creativity and

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innovation. The resource person for the programme was Dr. Aneesh V Pillai, Assistant Professor at School of Legal Studies at Cochin University of Science and Technology (CUSAT), Kerala. Dr. Aneesh V Pillai is the recipient of prestigious 'Prof.(Dr.)A T Marcose Memorial' Gold Medal from Cochin University of science and Technology (CUSAT) for securing first rank in LLM. All the student teachers from first year B Ed. Programme at St. Joseph College of Teacher Education for Women, Ernakulam participated in the programme.

The World Intellectual Property Rights Day programme, 2022 started exactly at 12.30 PM with a prayer song by Ms. Jinu Joseph, student teacher from Mathematics optional. The emcee for the programme was performed by Ms. Agatha Cyriac, student teacher from Physical Science optional. The welcome speech for the programme was delivered by Ms. Jomol Babu, student teacher from Mathematics optional. Ms. Jomol Babu officially welcomed all of the participants to the programme. The welcome speech was followed by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated the importance of raising awareness regarding Intellectual Property Rights. She added that these rights are essential for protecting the creation and unique ideas of people. After the presidential address, a webinar on 'Intellectual property Rights' was carried out by the resource person for the programme, Dr. Aneesh V Pillai. Dr. Aneesh discussed about the Intellectual Property Rights and its significance. Ideas, creative endeavors and inventions on the basis of which there is a public desire to grant the status of property are referred to as Intellectual Property Rights (IPR). In order for the inventors or developers of that property to profit commercially from their creative endeavors or reputation, Intellectual Property Rights (IPR) grant them specific exclusive rights. There are various forms of intellectual property protection, including trademark, copyright, and patent. An innovation that satisfies the requirements of universal novelty, non-ambiguousness and industrial use is given a patent. Intellectual Property Rights (IPR) is a crucial instrument in the modern day. There is an extremely strong probability that an innovation will be replicated without the creator's knowledge. Due to the growing importance of intellectual property, incidents of Intellectual Property crime are now a common occurrence in the digital age and can occasionally even cause organizations to collapse. Customers utilize Intellectual Property Rights to confirm that they buy safe, reliable items, while businesses rely on adequate safeguards of its patents, copyrights, and trademarks. Intellectual Property Rights (IPR) is one among the means of securing intangible assets that are still accessible to the general public and easily replicable by anyone. Dr.

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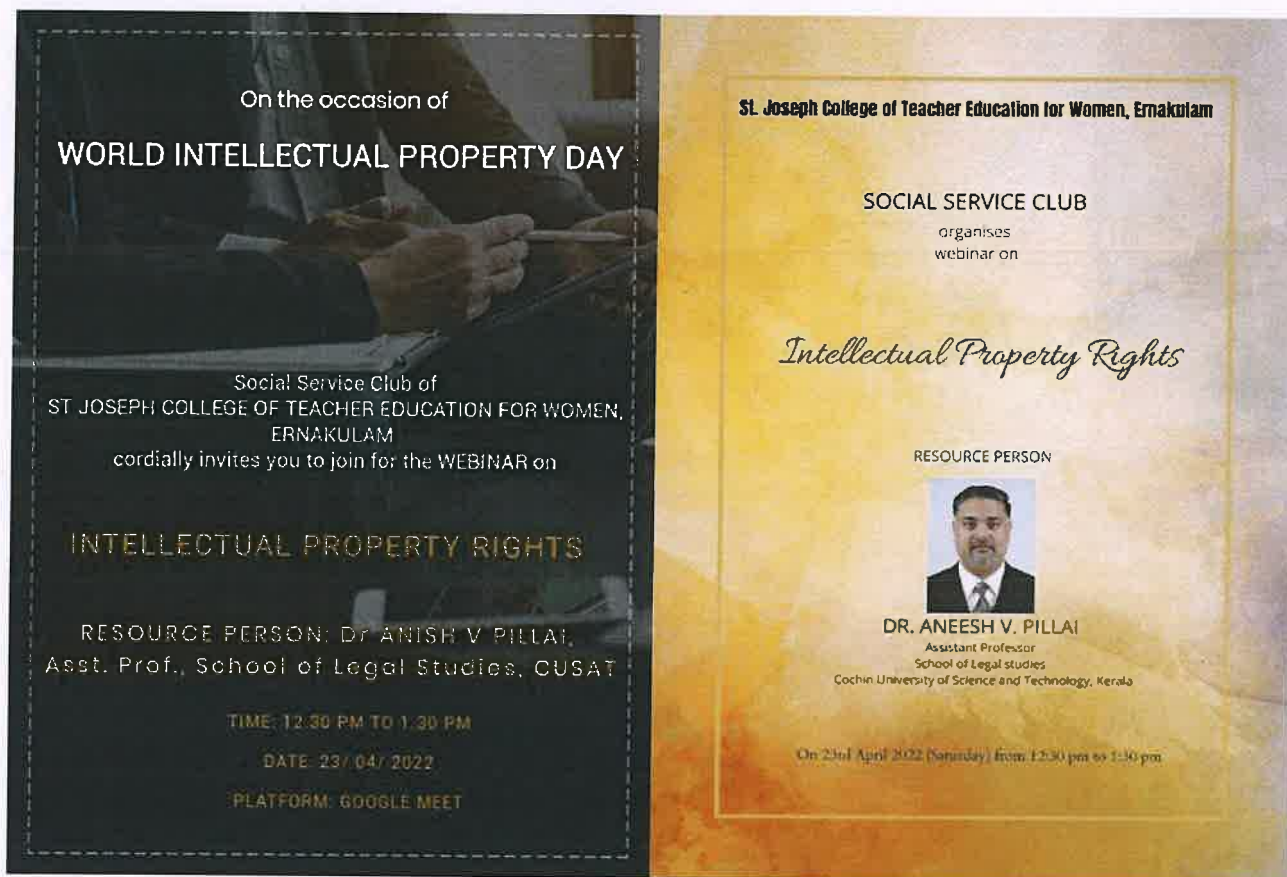


Aneesh V Pillai reminded the participants that it is crucial to remember that the ultimate responsibility of protecting one's intellectual property against infringement rests solely with the owner himself as no other person will make an effort to alert him to someone else violating his Intellectual Property Rights.

The World Intellectual Property Rights Day programme, 2022 turned out to be successful in accomplishing its objectives. The webinar conducted as part of World Intellectual Property Rights Day could raise awareness regarding Intellectual Property Rights and how intellectual property rights help encourage creativity and innovation among student teachers. The webinar could contribute to the enhancement of the knowledge base of student teachers. The programme came to an end by 1.30 PM with the vote of thanks for the programme delivered by Ms. Ankitha Ramachandran, student teacher from Natural Science optional at St. Joseph College of Teacher Education for Women, Ernakulam.

## World Intellectual Property Rights Day, 2022

### Photo Gallery



Event posters for the World Intellectual Property Rights Day programme, 2022 conducted by St. Joseph College of Teacher Education for Women, Ernakulam

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Ernakulam





## World Intellectual Property Rights Day, 2022

### Programme Details

<b>Name of the Event</b>	World Intellectual Property Rights Day, 2022
<b>Date</b>	23/04/2022
<b>Time</b>	12.30 P.M – 1.30 P.M
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 92, Faculty- 7
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/dcv-gtrc-ita">https://meet.google.com/dcv-gtrc-ita</a>

### List of Participants

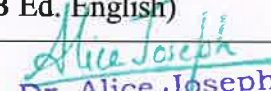
Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Siji John	Assistant Professor (Social Science Education)
3	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
6	Dr. Rachel George M	Assistant Professor (Natural Science Education)
7	Dr. Marin Jose	Assistant Professor (English Education)

Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
3	Deepa P S	2021-2023 batch (B Ed. English)



  
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4	Devika Venugopal	2021-2023 batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
6	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
7	Gurumahima M V	2021-2023 batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
9	K A Rabia	2021-2023 batch (B Ed. English)
10	Leatitia Joshy	2021-2023 batch (B Ed. English)
11	Linet John	2021-2023 batch (B Ed. English)
12	Meera Joy	2021-2023 batch (B Ed. English)
13	Merize Ben Alias	2021-2023 batch (B Ed. English)
14	Pratibha S	2021-2023 batch (B Ed. English)
15	Sandra Joy	2021-2023 batch (B Ed. English)
16	Santhi M S	2021-2023 batch (B Ed. English)
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56	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
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## WORLD ENVIRONMENT DAY CELEBRATION, 2022

<b>Name of the Event</b>	World Environment Day Celebration, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate and raise awareness regarding environmental problems and conservation of environment</li> <li>2. To promote environment friendly practices among people and thereby promote environment protection</li> <li>3. To promote sustainable development practices</li> </ol>
<b>Details of Event Coordinators</b>	Nature Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	06/06/2022
<b>Time</b>	9.10 AM – 1.10 PM
<b>Duration</b>	4 hours
<b>Beneficiaries</b>	Student teachers- 190, Faculty- 17
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

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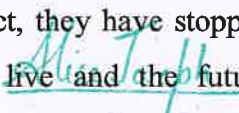




## WORLD ENVIRONMENT DAY CELEBRATION, 2022 PROGRAMME REPORT

The Nature club of St. Joseph College of Teacher Education for Women, Ernakulam organized world Environment day celebration, 2022 on 6<sup>th</sup> June 2022 from 9.10 AM to 1.10 PM at the college auditorium. The entire celebratory event was organized by the members of the Nature Club under the guidance of faculty coordinators, Dr. Soya Mathew, Assistant professor in Education and Dr. Rachel George, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The event was organized aiming at raising awareness regarding environmental problems and conservation of environment and to promote environment friendly and sustainable development practices among people and thereby promote environment protection. All the faculty members, first year and second year student teachers of B Ed programme participated in the celebration.

The world Environment day celebration, 2022 started exactly at 9.10 AM after the general assembly on the day. After the prayer, Ms. Divyamol P.D, first year student teacher from Social Science optional delivered the welcome address for the event. She warmly welcomed all of the participants to the event. The welcome address was succeeded by a presentation by Ms. Raveena K Ramesh, First year B Ed student teacher from Physical Science optional. The presentation was based on the importance of environment day and the increasing need for protecting the environment. The presentation aimed at raising awareness regarding the environmental problems and to promote environment friendly practices thereby protecting the environment. The presentation highlighted the impact of human activities on nature disrupting its stability and sustainability. The presentation denoted that human being are the primary cause many environmental problems including air, water and soil pollution, soil erosion and climate change. As a result of many manmade activities like excess vehicle exhausts, chemical gas releases, release of solid wastes and industrial wastes to rivers, lakes etc., deforestation, and combustion of plastic wastes, the environment is being polluted in different ways. The food produced nowadays are filled with chemicals than nutrition. Crops and vegetables are becoming dangerous to a healthy life since they are being produced with the use of highly dangerous chemicals and pesticides leading to many serious diseases among people. In reality, human beings are endangering their own lives by destroying the ecosystem. The video also pointed out that people are losing human values, in fact, they have stopped caring about their fellow beings, the environment in which they live and the future

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





generations to come. The human beings, in the name of development, is destroying mother earth in such a way that restoration of the natural stability of the environment becomes extremely difficult. The presentation was really informative for the participants. The presentation was succeeded by a quiz competition based on environment day via Google forms. The Google form questionnaire link was shared among the student teachers and a duration of 10 minutes were given for completing the quiz. All the student teachers participated actively in the competition. The quiz competition was succeeded by another competition namely 'Best out of Waste' in which the student teachers should prepare something creative and useful using waste materials. The competition was held optional wise. Every optional participated in the competition.

After the 'Best out of Waste' competition, Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam delivered the presidential address for the programme. Dr. Alice Joseph enunciated the importance of preserving the environment in which we live. She reminded all of her student teachers to be aware and careful of how their actions impact the environment and encouraged them to be responsible individuals and protect their own environment. After the presidential address, Dr. Alice Joseph distributed saplings of different fruits like mango, guava, rambutan, custard apple etc. to each optional leaders for planting the sapling and protecting it as their class plant. After that, Dr. Alice Joseph along with the student representatives of different optionals planted saplings in the ground and watered them. All of the student representatives pledged to look after the trees they have planted. With that, the environment day celebration for the year 2022 winded up at 1.10 PM.

On the next day of the environment day celebration, i.e., on 7<sup>th</sup> June 2022, the results of the competitions were announced and prizes were distributed for the winners by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. For the Quiz competition, the first prize was secured by Ms. Aparna Raveendran, second year student teacher from Social Science optional. The second prize for the competition was shared between Ms. Vismaya Mohanan, second year student teacher from Malayalam optional and Ms. Mary Rinu K.F, first year student teacher from Social Science optional. For the 'Best out of Waste' competition in which all of the different optionals participated, the Natural Science optional won the competition.

*Alice Joseph*

**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



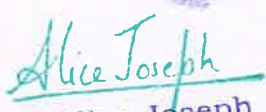


The entire environment day celebratory event was productive and informative for the participants. The event turned out to be successful in achieving its objectives. It could help student teachers understand and raise their awareness regarding environmental problems and could promote environment friendly practices like planting trees and thereby encourage student teachers to protect the environment in which they live.

## WORLD ENVIRONMENT DAY CELEBRATION, 2022 PHOTO GALLERY



Event posters for the World Environment Day 2022 and the quiz competition conducted as part of it on 6<sup>th</sup> June 2022 at St. Joseph College of Teacher Education for Women, Ernakulam

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
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 Ernakulam







**Ms. Raveena K Ramesh, First year B Ed student teacher from Physical Science optional presenting on the significance of environment day during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**B Ed student teachers participating in the quiz competition conducted via Google Forms during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**

*Aliee Joseph*  
Dr. Aliee Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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The creative and useful works done by student teachers representing their optional for the 'Best out of Waste' competition conducted optional wise during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
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**Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam distributing saplings to the student representatives of each optional for planting and protecting the sapling as a class plant during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam planting and watering sapling in the college ground as a gesture of protecting the environment during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**

*Alice Joseph*

**Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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**Student representatives of each optional planting the sapling and promising to look after the plant as a gesture of protecting the environment during the world environment day celebration, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**

*Alice Joseph*

**Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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## WORLD ENVIRONMENT DAY CELEBRATION, 2022

### PROGRAMME DETAILS

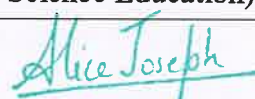
<b>Name of the Event</b>	World Environment Day Celebration, 2022
<b>Date</b>	06/06/2022
<b>Time</b>	9.10 AM – 1.10 PM
<b>Duration</b>	4 hours
<b>Beneficiaries</b>	Student teachers- 190, Faculty- 17
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

### LIST OF PARTICIPANTS

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Ms. Anu Cleetus	Assistant Professor (Education)
3	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
4	Ms. Aswathy D.V	Assistant Professor (M Ed Faculty)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
7	Dr. Ceby George	Assistant Professor (Physical Education)
8	Ms. Dinimol Jacob	Assistant Professor (Natural Science Education)
9	Dr. Rachel George M	Associate Professor (Natural Science Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
12	Dr. Marin Jose	Assistant Professor (English Education)
13	Ms. Sheeba A.S	Assistant Professor (M Ed Faculty)
14	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
15	Dr. Smitha Jose	Assistant Professor (Education)
16	Dr. Soya Mathew	Assistant Professor (Education)
17	Ms. Rosy Tintu M P	Assistant Professor (Physical Science Education)

Students list:

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





SL No	Name	Batch
1	Amala Antony	2021-2023 Batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 Batch (B Ed. English)
3	Deepa P S	2021-2023 Batch (B Ed. English)
4	Devika Venugopal	2021-2023 Batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 Batch (B Ed. English)
6	F.Merline Rodrigues	2021-2023 Batch (B Ed. English)
7	Gurumahima M V	2021-2023 Batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 Batch (B Ed. English)
9	K A Rabia	2021-2023 Batch (B Ed. English)
10	Leatitia Joshy	2021-2023 Batch (B Ed. English)
11	Linnet John	2021-2023 Batch (B Ed. English)
12	Meera Joy (Blind)	2021-2023 Batch (B Ed. English)
13	Merize Ben Alias	2021-2023 Batch (B Ed. English)
14	Pratibha S	2021-2023 Batch (B Ed. English)
15	Sandra Joy	2021-2023 Batch (B Ed. English)
16	Santhi M S	2021-2023 Batch (B Ed. English)
17	Veena C V	2021-2023 Batch (B Ed. English)
18	Aleena Antony	2021-2023 Batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 Batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 Batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 Batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 Batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 Batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 Batch (B Ed. Malayalam)
25	Mary Amala R.	2021-2023 Batch (B Ed. Malayalam)



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Education for Women





Sl. No	Name	Batch
26	Nitha Alfred	2021-2023 Batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 Batch (B Ed. Malayalam)
28	Anisha T	2021-2023 Batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 Batch (B Ed. Malayalam)
30	Shilpa K	2021-2023 Batch (B Ed. Malayalam)
31	Sneha M M	2021-2023 Batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 Batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 Batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 Batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 Batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 Batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 Batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 Batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 Batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 Batch (B Ed. Mathematics)
41	Lekshmipriya T S	2021-2023 Batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 Batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 Batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 Batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 Batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 Batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 Batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 Batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 Batch (B Ed. Mathematics)
50	Agatha Cyriac	2021-2023 Batch (B Ed. Physical Science)



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Sl. No	Name	Batch
51	Agiya Cosmos M C	2021-2023 Batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 Batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 Batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 Batch (B Ed. Physical Science)
55	Anu P.Thomas	2021-2023 Batch (B Ed. Physical Science)
56	Aparna S	2021-2023 Batch (B Ed. Physical Science)
57	Fathimathuzuhra	2021-2023 Batch (B Ed. Physical Science)
58	Jesna George	2021-2023 Batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 Batch (B Ed. Physical Science)
60	Neethu J A	2021-2023 Batch (B Ed. Physical Science)
61	Raveena K Ramesh	2021-2023 Batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 Batch (B Ed. Physical Science)
63	Vandana S	2021-2023 Batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 Batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 Batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 Batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 Batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 Batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 Batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 Batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 Batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 Batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 Batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 Batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 Batch (B Ed. Natural Science)



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Sl. No	Name	Batch
76	Ranjima V	2021-2023 Batch (B Ed. Natural Science)
77	Saniya Simon	2021-2023 Batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 Batch (B Ed. Natural Science)
79	Shimna K	2021-2023 Batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 Batch (B Ed. Natural Science)
81	Vyshnavi N Sharma	2021-2023 Batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 Batch (B Ed. Social Science)
83	Anagha T	2021-2023 Batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 Batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 Batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 Batch (B Ed. Social Science)
87	Celene Paul	2021-2023 Batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 Batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 Batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 Batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 Batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 Batch (B Ed. Social Science)
93	Minu Joy	2021-2023 Batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 Batch (B Ed. Social Science)
95	Riya Davis	2021-2023 Batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 Batch (B Ed. Social Science)
97	Thasni M B	2021-2023 Batch (B Ed. Social Science)
98	Varsha K V	2021-2023 Batch (B Ed. Social Science)
99	Aagi Tom	2020-2022 batch (B Ed. English)
100	Alina Celine Lancy	2020-2022 batch (B Ed. English)



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SL. No	Name	Batch
101	Anna Susan Jacob	2020-2022 batch (B Ed. English)
102	Arunima K Shaji	2020-2022 batch (B Ed. English)
103	Arya Balachandran	2020-2022 batch (B Ed. English)
104	Arya C S	2020-2022 batch (B Ed. English)
105	Athira C S	2020-2022 batch (B Ed. English)
106	Dona Mariya Thomas	2020-2022 batch (B Ed. English)
107	Josna Joy	2020-2022 batch (B Ed. English)
108	Kavya Joseph	2020-2022 batch (B Ed. English)
109	Mariatta D Kappan	2020-2022 batch (B Ed. English)
110	Melvin Daniel	2020-2022 batch (B Ed. English)
111	Parvathy V	2020-2022 batch (B Ed. English)
112	Rinju Jolly	2020-2022 batch (B Ed. English)
113	Sania Varghese	2020-2022 batch (B Ed. English)
114	Sneha Joseph	2020-2022 batch (B Ed. English)
115	Sreelekha R	2020-2022 batch (B Ed. English)
116	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
117	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
118	Amitha James	2020-2022 batch (B Ed. Malayalam)
119	Anakha K S	2020-2022 batch (B Ed. Malayalam)
120	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
121	Athira Babu	2020-2022 batch (B Ed. Malayalam)
122	Athira Raju	2020-2022 batch (B Ed. Malayalam)
123	Athira Sabu	2020-2022 batch (B Ed. Malayalam)
124	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
125	Bobina Antony	2020-2022 batch (B Ed. Malayalam)



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Sl. No	Name	Batch
126	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
127	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
128	Salini K B	2020-2022 batch (B Ed. Malayalam)
129	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
130	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
131	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
132	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
133	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
134	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
135	Cris Francis	2020-2022 batch (B Ed. Mathematics)
136	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)
137	Fathemath Sahadiya	2020-2022 batch (B Ed. Mathematics)
138	Jisna Mary P.J	2020-2022 batch (B Ed. Mathematics)
139	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
140	Meera R	2020-2022 batch (B Ed. Mathematics)
141	Megha T.M	2020-2022 batch (B Ed. Mathematics)
142	Merin Johny	2020-2022 batch (B Ed. Mathematics)
143	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
144	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
145	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
146	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
147	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
148	Aparna S	2020-2022 batch (B Ed. Physical Science)
149	Arya M A	2020-2022 batch (B Ed. Physical Science)
150	Athira Anil	2020-2022 batch (B Ed. Physical Science)



*Alice Joseph*  
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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam 212



SL. No	Name	Batch
151	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
152	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
153	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
154	Neethu P D	2020-2022 batch (B Ed. Physical Science)
155	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
156	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
157	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
158	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
159	Anju A	2020-2022 batch (B Ed. Natural Science)
160	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
161	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
162	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
163	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
164	Krishna M K	2020-2022 batch (B Ed. Natural Science)
165	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
166	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
167	Nausheen N	2020-2022 batch (B Ed. Natural Science)
168	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
169	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
170	Shereena G	2020-2022 batch (B Ed. Natural Science)
171	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
172	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
173	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
174	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
175	Aneeta Anson	2020-2022 batch (B Ed. Social Science)



*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
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 Education for Women,  
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Sl. No	Name	Batch
176	Ans Jose	2020-2022 batch (B Ed. Social Science)
177	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
178	Asha Joseph	2020-2022 batch (B Ed. Social Science)
179	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
180	Aswathi .P	2020-2022 batch (B Ed. Social Science)
181	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
182	Liya Thomas	2020-2022 batch (B Ed. Social Science)
183	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
184	Meera Mathew	2020-2022 batch (B Ed. Social Science)
185	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
186	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
187	Revathy N	2020-2022 batch (B Ed. Social Science)
188	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
189	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
190	Tency Davis	2020-2022 batch (B Ed. Social Science)



*Alice Joseph*  
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 Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Jagaran- International Day against Drug Abuse, 2022

<b>Name of the Event</b>	Jagaran- International Day Against Drug Abuse, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To spread awareness regarding drug abuse and its consequences</li> <li>2. To intensify efforts and cooperation in creating a drug-free society</li> </ol>
<b>Details of Event</b>	Anti- Narcotic Club & IQAC Cell
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	24/06/2022
<b>Time</b>	11.30 AM – 12.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 16, Faculty- 4
<b>Event Venue</b>	Rani Matha Public School, Ernakulam

### Programme Report

The IQAC Cell and Anti Narcotic Club of St. Joseph College of Teacher Education for Women, Ernakulam observed International Day Against Drug Abuse on 24th June 2022 from 11.30 AM to 12.30 PM at Rani Matha Public School, Ernakulam. The programme was coordinated by the Anti- Narcotic club members under the guidance of faculty coordinators, Dr. Betty P.J, Assistant Professor in Mathematics Education, Dr. Smitha Jose, Assistant Professor in Education and Dr. Sicily A.A, Assistant Professor in Malayalam Education at St. Joseph College of Teacher Education for Women, Ernakulam. Students at Rani Matha Public School, Ernakulam were the beneficiaries of the programme. The programme was organized





with an aim to spread awareness regarding drug abuse and its consequences and also to intensify efforts and cooperation in creating a drug free society.

St. Joseph College of Teacher Education for Women, Ernakulam along with the active leadership of the IQAC Cell and the Anti-Narcotic Club of the college always strives hard to conduct valuable programs for the wellness of students and the society. Every year, on 26<sup>th</sup> of June, International Day against Drug Abuse is observed across the globe to intensify efforts and cooperation in creating a drug-free society. As part of observing the International Day against Drug Abuse of the year 2022, St. Joseph College of Teacher Education for Women, Ernakulam conducted an awareness programme on drug abuse at Rani Matha Public School in Ernakulam on 24<sup>th</sup> June 2022. It has been planned to provide awareness on drug abuse because substance abuse and addiction can have negative effects on people and pose a threat to the entire community, if the problem is not controlled. The figures on drug and substance abuse worldwide paint a horrifying picture because it has overtaken the arms trade and petroleum as the third-largest, fastest-growing industries worldwide, and because 190 million people worldwide abuse one or more substances. According to the vast body of literature currently available, it is evident that almost every region of the world is currently dealing with issues like poverty, corruption, underdevelopment, unemployment, etc. All of these issues combine to form a new, rapidly expanding issue, i.e., substance abuse and trafficking. The World Health Organization (WHO) predicts that by 2020, mental and drug use disorders will outnumber all physical illnesses as the leading causes of disability globally (WHO, 2008). In the present scenario where drugs are easily available at the hands of even the little ones at school, it is essential to educate the school students about the evilness of drugs. The awareness programme organized by St. Joseph College of Teacher Education for Women, Ernakulam started exactly at 11.30 AM. The awareness programme conducted by the college this year was very different from that of the previous years. Instead of focusing on providing a lecture series or sessions, it was an action programme. The 16 student teachers who are anti-narcotic club members of St. Joseph College of Teacher Education for Women, Ernakulam along with their faculty coordinators marched towards the Rani Matha Public School in Ernakulam holding the banner of the programme and placards with awareness generating quotes and slogans against drug abuse. After reaching the school, the student teachers performed a musical drama on the theme of the day which stroke the young minds at the school. After the musical drama, the student teachers exhibited some posters reflecting the negative effects of drug abuse as part of generating awareness among school students.



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Principal in Charge

St. Joseph College of Teacher  
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The entire programme wound up at 12.30 PM with the expression of gratitude shared through vote of thanks by the school representative.

The entire observatory programme, 'Jagaran' conducted as part of International Day against Drug Abuse was extremely productive and fruitful. The programme seemed to be successful in achieving its objectives. The student teachers could enhance their own knowledge and awareness regarding drug abuse and its consequences and also enhance the awareness of the school students thereby attempting to create a drug free community. The entire programme was really informative for the school students. Overall, the programme could contribute to the healthy development of individuals and society as a whole.

### Jagaran- International Day against Drug Abuse, 2022

#### Photo Gallery

**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN  
ERNAKULAM**




**ANTI NARCOTICS CLUB  
PRESENTS**

# **JAGRAN**

## **International Day Against Drug Abuse**

**Theme- Addressing drug challenges in  
health and humanitarian crises**

**Date : 24th June  
Time : 11:30am  
Venue : Rani Matha Public School,  
Ernakulam**

Event poster for the observatory programme conducted by the IQAC Cell and Anti-Narcotic Club of St. Joseph College of Teacher Education for Women, Ernakulam at Rani Matha Public School, Ernakulam as part of International Day Against Drug Abuse, 2022





Anti-Narcotic Club members along with faculty coordinators from St. Joseph College of Teacher Education for Women, Ernakulam starting the awareness march holding the banner from the college to Rani Matha Public School, Ernakulam

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St. Joseph College of Teacher  
Education for Women,  
Ernakulam







Anti-Narcotic Club members along with faculty coordinators from St. Joseph College of Teacher Education for Women, Ernakulam at Rani Matha Public School, Ernakulam as part of the awareness programme conducted as part of International Day Against Drug Abuse, 2022



Anti-Narcotic Club members from St. Joseph College of Teacher Education for Women, Ernakulam presenting musical drama and exhibiting posters on drug abuse generating awareness among school students at Rani Matha Public School, Ernakulam as part of International Day Against Drug Abuse, 2022



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## Jagaran- International Day against Drug Abuse, 2022

### Programme Details

<b>Name of the Event</b>	Jagaran- International Day Against Drug Abuse, 2022
<b>Date</b>	24/06/2022
<b>Time</b>	11.30 AM – 12.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 16, Faculty- 4
<b>Event Venue</b>	Rani Matha Public School, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
2	Dr. Betty P. J	Assistant Professor (Mathematics Education)
3	Dr. Smitha Jose	Assistant Professor (Education)
4	Dr. Sicily A. A	Assistant Professor (Malayalam Education)

Students list:

Sl. No	Name	Batch
1	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
2	Freedra K.F	2021-2023 batch (B Ed. Mathematics)



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3	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
4	Dona K Jose	2021-2023 batch (B Ed. Social Science)
5	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
6	Liya Baby	2021-2023 batch (B Ed. Malayalam)
7	Santhi M. S	2021-2023 batch (B Ed. English)
8	Riya Davis	2021-2023 batch (B Ed. Social Science)
9	Anjaly A.C	2021-2023 batch (B Ed. Social Science)
10	Vandana S	2021-2023 batch (B Ed. Physical Science)
11	Vyshnavi N Sharma	2021-2023 batch (B Ed. Natural Science)
12	Pranaya P.M	2021-2023 batch (B Ed. Malayalam)
13	Deepa P. S	2021-2023 batch (B Ed. English)
14	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
15	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
16	Shilpa	2021-2023 batch (B Ed. Malayalam)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Extension Activity - ഓഗസ്റ്റ് - സിദ്ദിഖ് സ്മാരകം

Date : 15/7/2022. (Friday)

Venue : Deshabhandhu School, Cheppanam

Teacher - Coordinator - Dr. Sr. Soya Mathew

Student - Coordinator - Milu Hasan K.H, Ans Jose

### Programme List

1. Prayer - Sr Rose Tomo
2. Welcome Speech - Blessy Babu
3. Felicitation
  - a) Dr. Sr. Alice Joseph, Principal (St. Joseph College of Teacher Education for Women, Ernakulam)
  - b) Sr Karand George, H.M. (Deshabhandhu School, Cheppanam)
4. Action Song - Sr Christeena Tency & Team
5. Library book distribution
6. Vote of Thanks - Aneesha
7. Student Activities :
  - > Good habits and Bad Habits : Maths and Malayalam
  - > Aerobics class : Natural Science
  - > Skit & Gnomes : Social Science
  - > Eco-friendly classroom : Physical Science & English

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## CAPACITY ENHANCEMENT PROGRAMME FOR STUDENT TEACHERS: WEBINAR ON CHANGING DIMENSIONS OF MODERN EDUCATION

<b>Name of the Event</b>	Capacity Enhancement Programme for Student Teachers: Webinar on Changing Dimensions of Modern Education
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers and teacher educators analyze the changes happening in the education scenario</li> <li>2. To help students explore the modern trends in teaching methodology</li> <li>3. To critically analyze the thrust of NEP 2020 in the light of modern education trends</li> </ol>
<b>Details of Event Coordinators</b>	IQAC Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Mrs. Gayathri Muralidharan Faculty of Department of English, The Indian High School, Dubai Mobile: 7356077087
<b>Date</b>	03/08/2022
<b>Time</b>	9.30 AM – 11.30 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Teacher educators- 17 ,Student teachers-85 , Faculty- 6
<b>Platform</b>	Zoom
<b>Meet Link</b>	<a href="https://us02web.zoom.us/j/8953833915?pwd=Q3ZSb3U5YXBECXBBEUszOUlZRUNsZz09">https://us02web.zoom.us/j/8953833915?pwd=Q3ZSb3U5YXBECXBBEUszOUlZRUNsZz09</a>



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**Capacity Enhancement Programme for Student Teachers:  
Webinar on Changing Dimensions of Modern Education  
Programme Report**

The IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam organized a webinar on 'Changing Dimensions of Modern Education' as part of Capacity Enhancement Programme for student teachers on 3<sup>rd</sup> August 2022 via zoom. The webinar was organized for the B Ed. student teachers of 2020-2022 batch of St. Joseph College of Teacher Education for Women, Ernakulam. The purpose of the programme was to help teacher educators and student teachers analyze the changes happening in the education scenario and to help them explore the modern trends in teaching methodology. The programme also aimed at equipping student teachers with required knowledge and competence to cater to their pupils in future as prospective teacher educators. The faculty coordinator of the programme was Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the seminar was Mrs. Gayathri Muralidharan, Faculty of Department of English at The Indian High School, Dubai. A total of 93 student teachers from St. Joseph College of Teacher Education for Women, Ernakulam participated in the webinar.

The webinar on 'Changing Dimensions of Modern Education', started exactly at 9.30 AM via Zoom. The webinar started with a prayer song by Ms. Athira Anil, student teacher from Physical Science optional (2020-2022 batch). The prayer song was succeeded by the welcome speech delivered by Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Josephine Joseph officially welcomed all of the student teachers to the webinar and reminded them to be attentive and utilize the opportunity to the maximum so that they could enhance their knowledge and competence which would contribute to their academic performance and professional growth. After the welcome speech, the resource person for the webinar, Mrs. Gayathri Muralidharan carried out the webinar session. The content of the webinar included:

- Comparing the Traditional Education and Modern Education
- Convergent Approach of Teaching
- Divergent Approach of Teaching

  
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- The main thrust of NEP 2020

The resource person explained well about the changing dimensions of modern education. The resource person also incorporated in various barriers of teaching and also about plan based instruction. The most recent and up-to-date form of education offered in 21st-century classrooms and educational institutions is known as modern education. Along with emphasizing top-notch courses in commerce, arts and science, it also strives to help students develop their analytical, decision-making, and life skills. Online education also makes use of advanced technology including, audio and video forums like YouTube, mobile apps, Podcasts, movies, E-books, etc. to teach students and make the learning experience interesting and engaging. Online education can benefit from and be effective with modern teaching techniques. The advancement of knowledge and education depends greatly on modern teaching techniques. Contemporary education uses a range of methods for teaching and learning, such as the spatial learning method, which pushes students to switch between activities quickly. The use of technology and science in teaching methods makes learning more enjoyable for students. With a stronger focus on science and technology, modern education has been widely used in schools and differs greatly from conventional approaches. Modern education makes lessons more engaging and participatory for students by utilizing a variety of computer technology, the Internet, and projector presentations. Modern education lowers the constraints of the traditional system to learning by trial and experience, as compared to conventional textbooks and theoretical learning. In traditional education, students were given the information and knowledge they already knew, but at the same time in modern education, problem solving and critical thinking techniques were offered so that they could carry out research and advance in online learning.

The resource person also discussed about convergent and divergent approaches of teaching. Convergent teaching approach stands firmly on logic and less on creativity whereas the divergent teaching approach is the opposite, i.e., it is mostly based on creativity. The resource person also enunciated about the trends in modern education. The structure of knowledge is changing rapidly on a global scale. Many unskilled jobs could be replaced by machines due to dramatic technological and scientific advancements like the machine learning, rise of big data and artificial intelligence. As a result, there will be a growing demand for skilled workers with expertise in Computer Science, Mathematics and data science as well as cross-disciplinary skills in the natural and social sciences as well as the humanities. As India grows closer to being a developed nation and one of the three greatest







economies in the world, there will be a rising demand for arts and humanities. Children must not only study, but more crucially, learn how to learn, given the rapidly changing nature of the labor market and the global environment. Hence, education needs to shift away from teaching knowledge and towards teaching students how to think critically, solve issues, be multidisciplinary and creative, as well as how to adapt, innovate and acquire new information in domains that are evolving. To make education more immersive, comprehensive, integrated, learner-centered, inquiry-driven, discovery-oriented, discussion-based, adaptable, and, of course, fun, pedagogy must change. In addition to mathematics and science, the curriculum must also cover the fundamentals of humanities, games, sports and health, languages, culture, literature and values in order to help students grow in all facets of their learning and to broaden their understanding of the world. Education must help students develop their moral character and help them become ethical, logical, empathetic, and caring people while also preparing them for rewarding careers.

The resource person also discussed about the teaching barriers in the modern education era. Lack of resources in the educational institutions is one among the barriers. Lack of technological resources including projectors, well equipped computer lab etc. at the educational institutions will only be able to teach its pupils in a method which will be more or less similar to that of the traditional method of teaching. Another barrier to teaching is scarcity of the curricula. Instead of fully adopting the use of technology in education, many schools use technology to only support the instruction provided. And because many schools or colleges only use technology to augment instruction rather than fully embracing it, only fewer curriculums are available for this type of modern education rather than there is for traditional instruction. The majority of curriculum are prepared using traditional teaching techniques rather than ones that are based on technology. The resource person also emphasized on the importance of providing training sessions and workshops for the educators so that they are well equipped with skills and competence to use technology and adapt as it is advancing. The resource person also pointed out that the new National Educational Policy also emphasize the importance of equipping teachers with skills via training and skill development programmes. The session winded up with discussing on plan based instruction. A Plan based instruction will include specific objectives for the learners, the measures that the teachers would take to support their pupils, Assessment and monitoring of individual students, materials needed and short term and long term goals of learning. Plan based instruction is an essential tool for teachers to use when deciding how to best support their

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students in achieving their academic objectives. The webinar was interactive and opinions and viewpoints of the students were shared and discussed by the resource person. The webinar winded up at 11.30 AM with the vote of thanks delivered by Ms. Lida Mathew, student teacher of Physical Science Optional (2020-2022 batch) at St. Joseph College of Teacher Education for Women, Ernakulam.

The entire webinar, 'Changing Dimensions of Modern Education' conducted for the student teachers as part of student capacity enhancement programme turned out to be extremely beneficial fruitful for the student teachers. The webinar turned out to be successful in achieving its objectives. The student teachers could enhance their knowledge base regarding the changing dimensions of the modern education. The students had the following takeaways from the webinar:

- Blended learning style is to be encouraged
- Inclusiveness is to be promoted
- Life skills to be integrated in education
- Focus on interdisciplinary approach
- Experiential learning to be designed
- New student tailored strategies involving all to be practiced

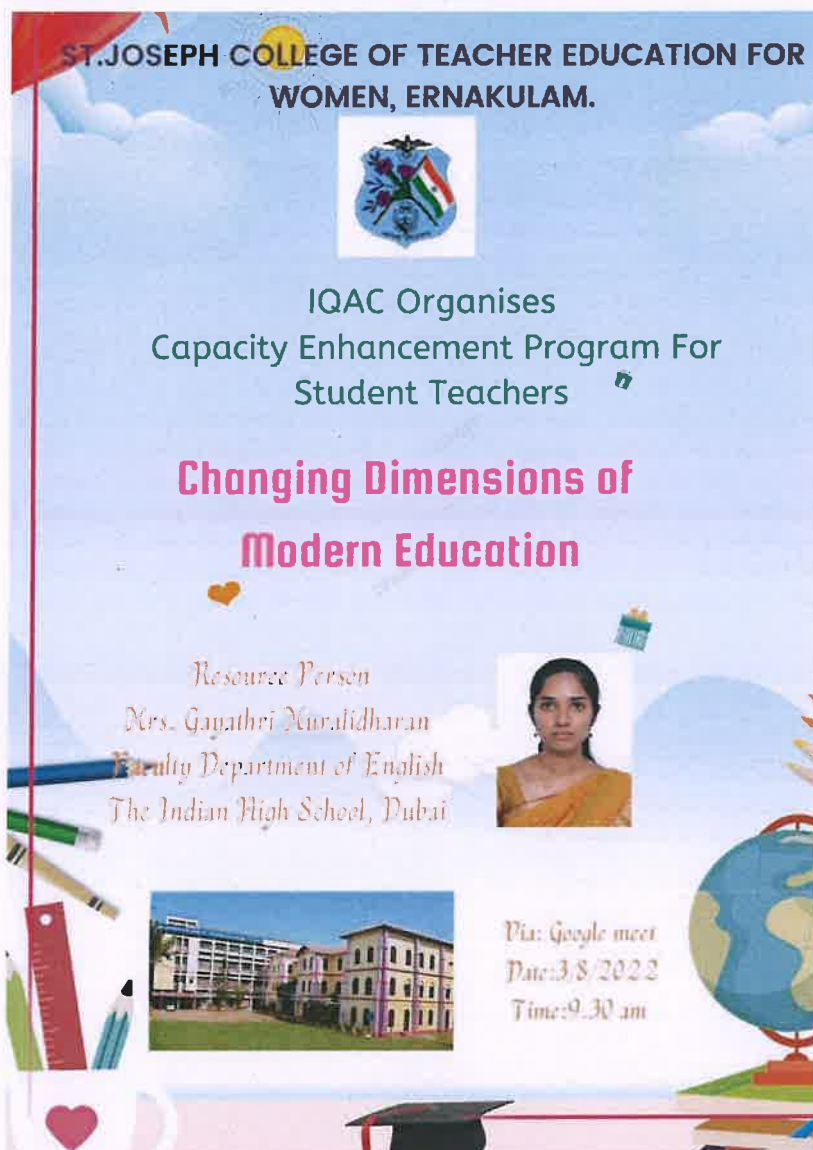
Overall, the entire webinar was informative and a great experience for the student teachers.

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St. Joseph College of Teacher  
Education for Women,  
Ernakulam





**Capacity Enhancement Programme for Student Teachers:  
Webinar on Changing Dimensions of Modern Education  
Photo Gallery**



**Event Poster for the webinar conducted on 'Changing Dimensions of Modern Education', 2022 as part of Student Capacity Enhancement Programme by St. Joseph College of Teacher Education for Women, Ernakulam via Zoom**

*Alice Joseph*

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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**Ms. Athira Anil, second year B.Ed. student teacher from Physical Science optional performing prayer song during the webinar conducted on 'Changing Dimensions of Modern Education', 2022 as part of Student Capacity Enhancement Programme by St. Joseph College of Teacher Education for Women, Ernakulam via Zoom**

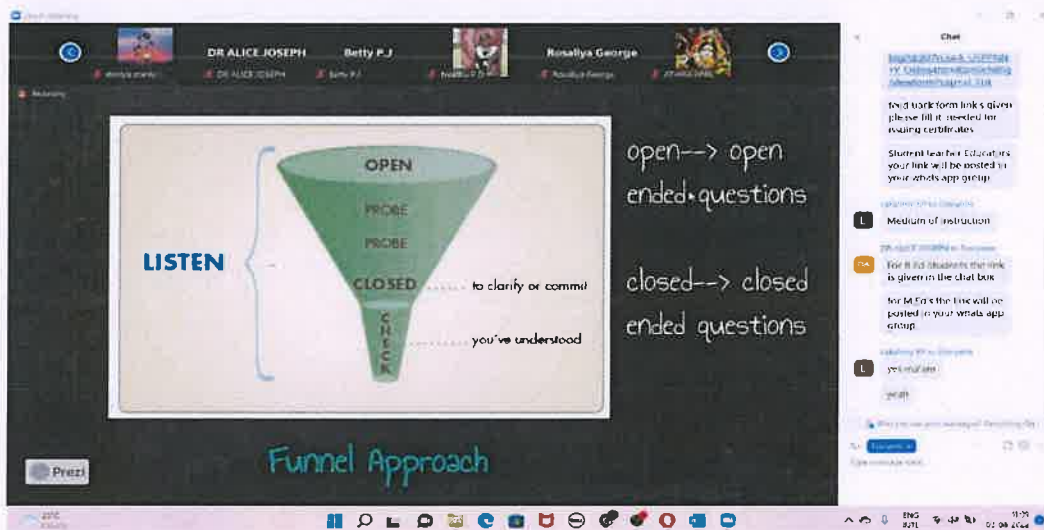
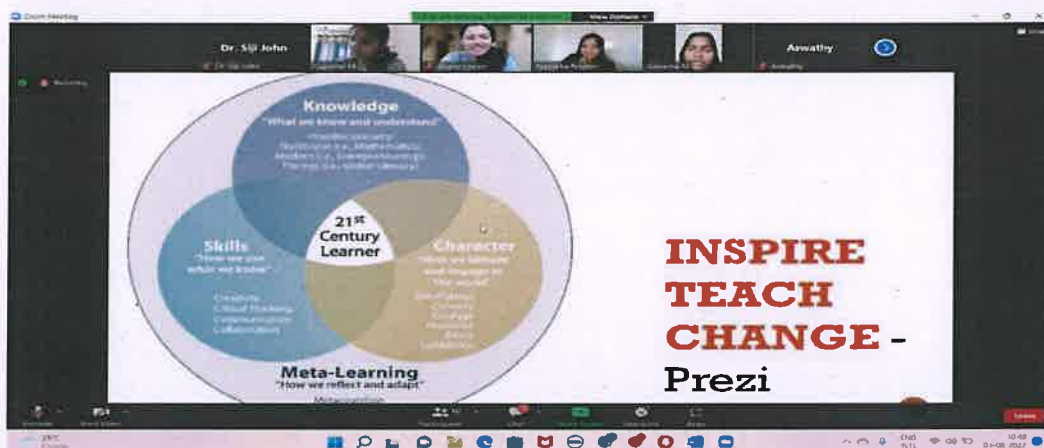
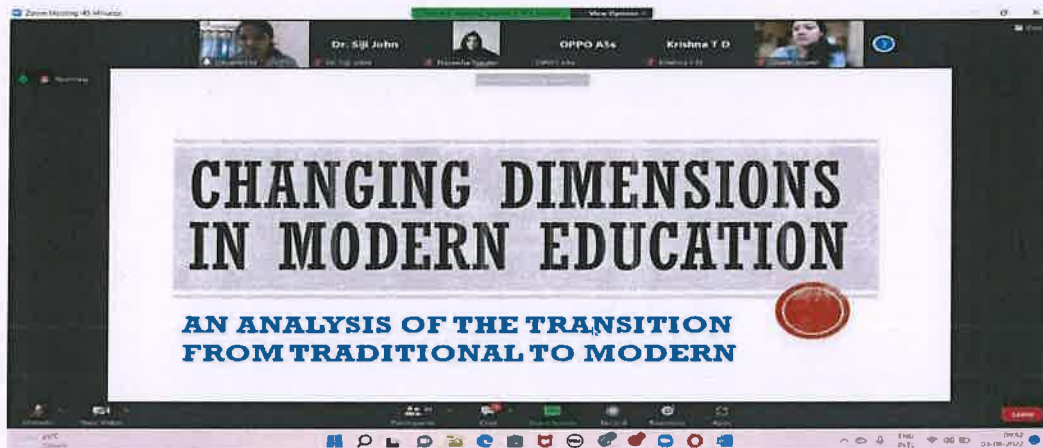


**Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women delivering welcome speech during the webinar conducted on 'Changing Dimensions of Modern Education', 2022 as part of Student Capacity Enhancement Programme**

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Snippets from the presentation carried out by the resource person for the webinar conducted on ‘Changing Dimensions of Modern Education’, 2022 as part of Student Capacity Enhancement Programme by St. Joseph College of Teacher Education for Women, Ernakulam



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**Ms. Lida Mathew, second year B.Ed. student teacher from Physical Science optional delivering vote of thanks during the webinar conducted on 'Changing Dimensions of Modern Education', 2022 as part of Student Capacity Enhancement Programme by St. Joseph College of Teacher Education for Women, Ernakulam via Zoom**

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**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
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**Capacity Enhancement Programme for Student Teachers:  
Seminar on Changing Dimensions of Modern Education.**

**Programme Details**

<b>Name of the Event</b>	Capacity Enhancement Programme for Student Teachers: Webinar on Changing Dimensions of Modern Education
<b>Date</b>	03/08/2022
<b>Time</b>	9.30 AM – 11.30 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Teacher educators- 17 ,Student teachers-85 , Faculty- 6
<b>Platform</b>	Zoom
<b>Meet Link</b>	<a href="https://us02web.zoom.us/j/8953833915?pwd=Q3ZSb3U5YXBECXBBEUszOUZRUNsZz09">https://us02web.zoom.us/j/8953833915?pwd=Q3ZSb3U5YXBECXBBEUszOUZRUNsZz09</a>

**List of Participants**

Faculty members List:

Sl. No	NAME	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Siji John	Assistant Professor (Social Science Education)
4	Dr. Betty P.J	Assistant Professor ( Mathematics Education)
5	Ms. Anu Cleetus	Assistant Professor (Education)

Students list:

Sl. No	NAME	BATCH
1	Dona Mariya Thomas	2020-2022 batch (B Ed. English)
2	Lida Mathew	2020-2022 batch (B Ed. Physical Science)





3	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
4	Merin Johny	2020-2022 batch (B Ed. Mathematics)
5	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
6	Nausheen N	2020-2022 batch (B Ed. Natural Science)
7	Krishna M K	2020-2022 batch (B Ed. Natural Science)
8	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
9	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
10	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
11	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
12	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
13	Meera Mathew	2020-2022 batch (B Ed. Social Science)
14	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
15	Alina Celine Lancy	2020-2022 batch (B Ed. English)
16	Shereena G	2020-2022 batch (B Ed. Natural Science)
17	Amitha James	2020-2022 batch (B Ed. Malayalam)
18	Anna Susan Jacob	2020-2022 batch (B Ed. English)
19	Aagi Tom	2020-2022 batch (B Ed. English)
20	Athira Sabu	2020-2022 batch (B Ed. Malayalam)
21	Mariatta D Kappan	2020-2022 batch (B Ed. English)
22	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)



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23	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
24	Christeena John	2020-2022 batch (B Ed. Physical Science)
25	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
26	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
27	Sneha Joseph	2020-2022 batch (B Ed. English)
28	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
29	Arunima K Shaji	2020-2022 batch (B Ed. English)
30	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
31	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
32	Athira Anil	2020-2022 batch (B Ed. Physical Science)
33	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
34	Athira Babu	2020-2022 batch (B Ed. Malayalam)
35	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
36	Rinju Jolly	2020-2022 batch (B Ed. English)
37	Athira C S	2020-2022 batch (B Ed. English)
38	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
39	Anakha K S	2020-2022 batch (B Ed. Malayalam)
40	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
41	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
42	Anju A	2020-2022 batch (B Ed. Natural Science)



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43	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
44	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
45	Megha T.M	2020-2022 batch (B Ed. Mathematics)
46	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
47	Liya Rose Tomson	2020-2022 batch (B Ed. Mathematics)
48	Jisna Mary P.J	2020-2022 batch (B Ed. Mathematics)
49	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
50	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
51	Kavya Joseph	2020-2022 batch (B Ed. English)
52	Melvin Daniel	2020-2022 batch (B Ed. English)
53	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
54	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
55	Asha Joseph	2020-2022 batch (B Ed. Social Science)
56	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
57	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
58	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
59	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
60	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
61	Ans Jose	2020-2022 batch (B Ed. Social Science)
62	Olivia Tresa A.A	2020-2022 batch (B Ed. Social Science)



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63	Liya Thomas	2020-2022 batch (B Ed. Social Science)
64	Revathy N	2020-2022 batch (B Ed. Social Science)
65	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
66	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
67	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
68	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
69	Arya Balachandran	2020-2022 batch (B Ed. English)
70	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
71	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
72	Salini K B	2020-2022 batch (B Ed. Malayalam)
73	Parvathy V	2020-2022 batch (B Ed. English)
74	Tency Davis	2020-2022 batch (B Ed. Social Science)
75	Arya M A	2020-2022 batch (B Ed. Physical Science)
76	Athira Raju	2020-2022 batch (B Ed. Malayalam)
77	Cris Francis	2020-2022 batch (B Ed. Mathematics)
78	Josna Joy	2020-2022 batch (B Ed. English)
79	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
80	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
81	Neethu P D	2020-2022 batch (B Ed. Physical Science)
82	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)



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83	Aparna S	2020-2022 batch (B Ed. Physical Science)
84	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
85	Aswathi .P	2020-2022 batch (B Ed. Social Science)
86	Lini John	2020-2022 batch (M.Ed.)
87	Naseeha Nazeer	2020-2022 batch (M.Ed.)
88	Sini Varghese	2020-2022 batch (M.Ed.)
89	Anju Babu	2020-2022 batch (M.Ed.)
90	Shinu Sabu	2020-2022 batch (M.Ed.)
91	Saleema M	2020-2022 batch (M.Ed.)
92	Greeshma T	2020-2022 batch (M.Ed.)
93	Rosemol Jose	2020-2022 batch (M.Ed.)
94	Sajidha Meerasa B.M	2021-2023 batch (M.Ed.)
95	Deepa Dinesan	2021-2023 batch (M.Ed.)
96	Elsa Susan Kurian	2021-2023 batch (M.Ed.)
97	Stephy Mendez	2021-2023 batch (M.Ed.)
98	Bivya Sukumar	2021-2023 batch (M.Ed.)
99	Merin J Kaniyarakam	2021-2023 batch (M.Ed.)
100	Krishna T.D	2021-2023 batch (M.Ed.)
101	Rinta V.S	2021-2023 batch (M.Ed.)
102	Akhisha Antony	2021-2023 batch (M.Ed.)



*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph's College of Teacher  
 Education for Women,





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## CELEBRATION OF AZADI KA AMRIT MAHOTSAV, 2022

<b>Name of the Event</b>	Celebration of Azadi ka Amrit Mahotsav, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To honor India's independence struggle and freedom fighters</li> <li>2. To commemorate and celebrate India's 75 years of Independence and its remarkable history</li> <li>3. To boost people's movements by concentrating on critical areas of social and cultural development</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Siji John Assistant Professor (Social Science Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	16/08/2022
<b>Time</b>	9.00 AM – 1.00 PM
<b>Duration</b>	4 hours
<b>Beneficiaries</b>	Student teachers- 23, Faculty- 1
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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Principal in Charge  
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## Celebration of Azadi ka Amrit Mahotsav, 2022

### Programme Report

The Independence is celebrated nationwide every year in order to make the citizens to commemorate the struggles, courage and the bravery exhibited by the tenacious patriots and freedom fighters of India. The day serves to remind people of all the values, colorful history, pride, diversity, cultural richness and landscapes of which citizens of India should all be very proud to call mother country. Independence Day is also the day on which people remember and honor the selfless sacrifices made by our freedom fighters who fought vigilantly and with a high sense of patriotism to free the nation from the British rule. The Azadi Ka Amrit Mahotsav is a sequence of events organized by the Government of India to honor India's 75th year of independence and its legendary history. This grand celebration is dedicated to those people who have contributed significantly for the evolutionary progress of India. The phrase "Azadi ka Amrit Mahotsav" alludes to the pinnacle of India's political, economic and sociocultural progress. The Azadi Ka Amrit Mahotsav was launched in the year 2021 and it will end post a year on 15<sup>th</sup> August 2023.

St. Joseph College of Teacher Education for Women, Ernakulam organized celebration of Azadi ka Amrit Mahotsav on 16<sup>th</sup> August 2022 from 9.00 AM to 1.00 PM in the college. The event was celebrated with the aim of commemorating India's 75 years of independence and to honor the nation's independence struggle and freedom fighters. The celebratory event was coordinated by Dr. Siji John, Assistant professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The beneficiaries of the celebration were B. Ed and M. Ed student teachers from 2021-2023 batch and 2020-2022 batch respectively.

The celebration of Azadi ka Amrit Mahotsav, 2022 started exactly at 9.00 AM at St. Joseph College of Teacher Education for Women, Ernakulam. The celebration was planned and organized as per the instructions received by the college from the Higher Education Department. The college has received a letter from the Higher Education Department with reference to the celebration of Azadi ka Amrit Mahotsav for which the college was requested to conduct events or programmes by focusing on the themes as per the schedule. As per the instructions, St. Joseph College of Teacher Education for Women, Ernakulam organized and carried out wall painting based on the theme of independence. Student teachers and student educators from various optionals participated in the wall painting event and made it vibrant



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and fruitful. A tribute to the freedom struggle and freedom fighters were the theme focused by the college for the wall painting. The painting was completed by 1.00 PM with the mesmerizing depiction of fighting soldiers and the rich culture of India.

The entire celebration of Azadi ka Amrit Mahotsav, 2022 was indeed a fruitful and productive celebration for the student teachers. It could enhance their creative and artistic skills and also helped develop a sense of patriotism in them. It could enhance the knowledge of student teachers regarding the legendary history of their nation.

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## Celebration of Azadi ka Amrit Mahotsav, 2022

### Photo Gallery



Student teachers from St. Joseph College of Teacher Education for Women, Ernakulam engaged in wall painting as part of celebrating Azadi ka Amrit Mahotsav, 2022

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## Celebration of Azadi ka Amrit Mahotsav, 2022

### Programme Details

<b>Name of the Event</b>	Celebration of Azadi ka Amrit Mahotsav, 2022
<b>Date</b>	16/08/2022
<b>Time</b>	9.00 AM – 1.00 PM
<b>Duration</b>	4 hours
<b>Beneficiaries</b>	Student teachers- 23, Faculty- 1
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Siji John	Assistant Professor (Social Science Education)

Students list:

Sl. No	Name	Batch
1	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
2	Teena Vincent	2021-2023 batch (B Ed. Malayalam)
3	Liya Baby	2021-2023 batch (B Ed. Malayalam)
4	Pranaya P.M	2021-2023 batch (B Ed. Malayalam)
5	Sneha M.M	2021-2023 batch (B Ed. Malayalam)
6	Gurumahima M V	2021-2023 batch (B Ed. English)
7	Sandra Joy	2021-2023 batch (B Ed. English)
8	Pratibha S	2021-2023 batch (B Ed. English)
9	Parvathy M	2021-2023 batch (B Ed. Mathematics)





10	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
11	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
12	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
13	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
14	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
15	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
16	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
17	Shalini P S	2021-2023 batch (B Ed. Natural Science)
18	Mary Rinu K.F	2021-2023 batch (B Ed. Social Science)
19	Minu Joy	2021-2023 batch (B Ed. Social Science)
20	Josephine Sharel Lopez	2020-2022 batch (M Ed. Social Science)
21	Naseeha Nazeer	2020-2022 batch (M Ed. Mathematics)
22	Lini John	2020-2022 batch (M Ed. Science)
23	Sharel Jazrael Alwin	2020-2022 batch (M Ed.)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## ANKURAN, 2022- INAUGURAL CEREMONY OF B. ED 2022-2024 BATCH

<b>Name of the Event</b>	ANKURAN, 2022- Inaugural Ceremony of B. Ed 2022-2024 Batch
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help the incoming students to familiarize about the college and the programmes and its outcomes</li> <li>2. To introduce the new students to the perception of a greater purpose and self-exploration</li> <li>3. To help student teachers adopt the culture and values of the college to improve their learning experiences</li> </ol>
<b>Details of Event Coordinators</b>	IQAC Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Chief Guest</b>	Rev. Sr. Pavana CMC, Councillor of Department of Education & Manager (St. Joseph College of Teacher Education for Women, Ernakulam), CMC Vimala Province, Ernakulam
<b>Date</b>	12/09/2022
<b>Time</b>	9.30 AM – 12.30 PM
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Student teachers- 115 , Faculty- 17, Non-teaching staff- 8
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

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## ANKURAN, 2022- Inaugural Ceremony of B. Ed 2022-2024 Batch

### Programme Report

The IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam organized 'ANKURAN 2022', the inaugural function of the B. Ed 2022-2024 batch on 12<sup>th</sup> August 2022 from 9.30 AM to 12.30 PM at the college auditorium. The faculty coordinator of the programme was Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The chief guests for the programme were Rev. Sr. Pavana CMC, Councillor of Department of Education at CMC Vimala Province, Ernakulam. Rev. Sr. Pavana CMC is the Manager of St. Joseph College of Teacher Education for Women, Ernakulam. A total of 140 participants including students, faculty members and non-teaching staffs from St. Joseph College of Teacher Education for Women, Ernakulam took part in the programme.

The inauguration ceremony of the B. Ed 2022-2024 batch conducted by the St. Joseph College of Teacher Education for Women, Ernakulam started exactly at 9.30 AM at the college auditorium. The programme started with a prayer. The prayer for the ceremony was performed by Dr. Dinimol Jacob, Assistant Professor in Natural Science optional and Dr. Smitha Jose, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The prayer was succeeded by the welcome speech for the programme. The welcome speech was delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph officially welcomed the chief guest and all of the student teachers and faculty members to the programme. Dr. Alice Joseph reminded the new students that St. Joseph College for teacher Education for Women has been striving hard to inculcate strong values, to be more humane, integrate academics and extra-curricular activities, thereby converting every individual into self-reliant and independent citizens. She reminded all the students to dream and then strive hard to achieve their dreams. The welcome speech for the programme was succeeded by the inaugural ceremony. The inauguration of the programme was done by the manager of the college, Rev. Sr. Pavana CMC who is the Councillor of Department of Education, CMC Vimala Province, Ernakulam. After inaugurating the programme, Rev. Sr. Pavana CMC delivered the inaugural speech. Rev. Sr. Pavana CMC reminded the students that education is the key to physical, mental, social and spiritual development of individuals. Sr. Pavana reminded the students to utilize the two years to achieve their academic endeavors. After the inaugural ceremony, Ms. Vyshnavi N. Sharma, student teacher from Natural Science optional performed a light music.

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The light music performance was succeeded by an introductory activity namely 'know your college' carried out by B. Ed student teachers of 2021-2023 batch. The history and landmarks of the college were introduced by Ms. Vyshnavi N. Sharma, student teacher from Natural Science optional. The vision and mission statements of the college was introduced by Ms. Jeshma Das, student teacher from Natural Science optional. Ms. Angitha Ramachandran, student teacher from Natural Science optional did introduced the emblem, motto and goal of the institution to the freshers. The staff members of the college were introduced by the student teachers from Physical Science optional. Ms. Agatha Cyriac and Ms. Alida Saiju introduced Rev. Sr. Pavana CMC, the Manager of the college, Dr. Alice Joseph, Principal of the college and Dr. Betty P.J, Vice Principal of the college. Student teachers, Ms. Agiya Cosmos M.C and Ms. Anila Shaju introduced the faculty members in general education, Dr. Soya Mathew, Dr. Smitha Jose, Dr. Rosy Tintu M.P and Ms. Anu Cleetus. Ms. Neethu J.A and Ms. Aparna S introduced Dr. Marin Jose (faculty member in English education) and Dr. Bindu Joseph and Dr. Sicily A.A (faculty members in Malayalam education). Student teachers, Ms. Akshaya K.S and Ms. Raveena K. Ramesh introduced Dr. Betty P.J and Dr. Joby Joy Kurian (faculty members in Mathematics education) and Dr. Dinimol Jacob and Dr. Rachel George (faculty members in Natural Science education). Student teachers, Ms. Vandana S and Ms. Roshna Rahim introduced Dr. Josephine Joseph and Ms. Rosy Tintu M.P (faculty members in Physical Science education) and Dr. Siji John (faculty member in Social Science education). Student teachers, Ms. Mariya Das and Ms. Vinny Pappachan introduced M. Ed faculty members (Ms. Sheeba A.S and Ms. Aswathy D.V) and they also introduced the library of the college. Student teachers, Ms. Fathimathuzuhra and Ms. Anu P. Thomas introduced the office staffs to the new batch of students. Student teacher, Ms. Jesna George introduced the non-teaching staff members to the students. After the introductory session by the B. Ed students, an induction to the PLO'S (Programme Learning Outcomes) and CLO'S (Course Learning Outcomes) was delivered by Dr. Betty P.J, Vice Principal and Assistant Professor in Mathematics Education at St. Joseph College of Teacher Education for Women, Ernakulam. The induction programme was succeeded by the vote of thanks delivered by Dr. Siji John, Assistant Professor in Social Science education. The entire programme winded up at 12.30 P.M with the National Anthem.

The entire inaugural programme, 'ANKURAN 2022', turned out to be successful in achieving its objectives. The programme was helpful in introducing the new students to get familiarize with the college and the educational programmes and its outcomes.

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## ANKURAN, 2022- Inaugural Ceremony of B. Ed 2022-2024 Batch

### Photo Gallery

ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN  
ERNAKULAM

**ANKURAN 2022**  
UNLEASHING THE TEACHING WITHIN



**We Cordially Welcome**  
2022-2024 Batch




**अंकुरण २०२२**

**COLLEGE AUDITORIUM**  
12-9-2022  
9.30 AM

ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN  
ERNAKULAM



**Programme Schedule**

**Prayer:** Dr. Dinimol Jacob (Asst. Professor in Natural Science Education) & Dr. Smitha Jose (Asst. Professor in Education)

**Welcome Speech:** Rev. Dr. Alice Joseph (Principal)

**INAUGURATION & INAUGURAL SPEECH:** REV. SR PAVANA CMC (Manager)

**Light Music:** Vyshnavi N. Sharma, Natural Science.

**Know your College:** B.Ed Students (2021-2023)

**Induction to PLOs & CLOs:** Dr. Betty P.J (Vice Principal)

**Vote of thanks:** Dr. Siji John (Asst. Professor in Social Science Education)

National Anthem



Event poster for 'ANKURAN 2022', the inaugural function of the B. Ed 2022-2024 batch conducted by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam on 12<sup>th</sup> September 2022

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**Student teachers (2021-2023) introducing the college and staff members of the college to the incoming students during 'ANKURAN 2022', the inaugural function of the B. Ed 2022-2024 batch conducted by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam on 12<sup>th</sup> September 2022**



**Snippet from 'ANKURAN 2022', the inaugural function of the B. Ed 2022-2024 batch conducted by the IQAC Cell of St. Joseph College of Teacher Education for Women, Ernakulam on 12<sup>th</sup> September 2022**

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**ANKURAN, 2022- Inaugural Ceremony of B. Ed 2022-2024 Batch****Programme Details**

<b>Name of the Event</b>	ANKURAN, 2022- Inaugural Ceremony of B. Ed 2022-2024 Batch
<b>Date</b>	12/09/2022
<b>Time</b>	9.30 AM – 12.30 PM
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Student teachers- 115 , Faculty- 17, Non-teaching staff- 8
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Smitha Jose	Assistant Professor (Education)
3	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
6	Dr. Rachel George M	Assistant Professor (Natural Science Education)
7	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
8	Dr. Soya Mathew	Assistant Professor (Education)
9	Dr. Marin Jose	Assistant Professor (English Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Ms. Anu Cleetus	Assistant Professor (Education)



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12	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
13	Dr. Ceby George	Assistant Professor (Physical education)
14	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
15	Ms. Rosy Tintu M.P	Assistant Professor (Physical Science Education)
16	Ms. Aswathy D.V	Assistant Professor (M Ed. Faculty)
17	Ms. Sheeba A.S	Assistant Professor (M Ed. Faculty)

Non-teaching staff member's list:

SL.NO.	NAME OF THE STAFF	DESIGNATION
1	Jincy Joseph	UGC Librarian
2	Jessy M A	Junior Superintendent
3	Siji Antony V	Head Accountant
4	Ranimol O V	UD Storekeeper
5	Liji Thomas A	LD Clerk
6	Limi Joseph	LD Clerk
7	Rincy V D	LD Computer Assistant (Typist)
8	Mary Christina T J	LD Clerk

Students list:

Sl. No	Name	Batch
1	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
2	Allan Francis	2021-2023 batch (B Ed. Natural Science)
3	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
4	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
5	Caren Grace	2021-2023 batch (B Ed. Natural Science)



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6	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
7	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
8	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
9	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
10	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
11	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
12	Ranjima V	2021-2023 batch (B Ed. Natural Science)
13	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
14	Shalini P S	2021-2023 batch (B Ed. Natural Science)
15	Shimna K	2021-2023 batch (B Ed. Natural Science)
16	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
17	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)
18	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
19	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
20	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
21	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
22	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
23	Anu P. Thomas	2021-2023 batch (B Ed. Physical Science)
24	Aparna S	2021-2023 batch (B Ed. Physical Science)
25	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
26	Jesna George	2021-2023 batch (B Ed. Physical Science)
27	Jismin K Antony	2021-2023 batch (B Ed. Physical Science)
28	Mariya Das	2021-2023 batch (B Ed. Physical Science)
29	Neethu J A	2021-2023 batch (B Ed. Physical Science)
30	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
31	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)

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32	Vandana S	2021-2023 batch (B Ed. Physical Science)
33	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
34	Amala Antony	2021-2023 batch (B Ed. English)
35	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
36	Deepa P S	2021-2023 batch (B Ed. English)
37	Devika Venugopal	2021-2023 batch (B Ed. English)
38	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
39	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
40	Gurumahima M V	2021-2023 batch (B Ed. English)
41	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
42	K A Rabia	2021-2023 batch (B Ed. English)
43	Leatitia Joshy	2021-2023 batch (B Ed. English)
44	Linet John	2021-2023 batch (B Ed. English)
45	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
46	Merize Ben Alias	2021-2023 batch (B Ed. English)
47	Pratibha S	2021-2023 batch (B Ed. English)
48	Sandra Joy	2021-2023 batch (B Ed. English)
49	Santhi M S	2021-2023 batch (B Ed. English)
50	Veena C V	2021-2023 batch (B Ed. English)
51	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
52	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
53	Ance Baby	2021-2023 batch (B Ed. Malayalam)
54	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
55	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
56	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
57	Liya Baby	2021-2023 batch (B Ed. Malayalam)

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58	Mary Amala R	2021-2023 batch (B Ed. Malayalam)
59	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
60	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
61	Anisha T	2021-2023 batch (B Ed. Malayalam)
62	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
63	Shilpa K	2021-2023 batch (B Ed. Malayalam)
64	Sneha M M	2021-2023 batch (B Ed. Malayalam)
65	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)
66	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
67	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
68	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
69	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
70	Freeda K F	2021-2023 batch (B Ed. Mathematics)
71	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
72	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
73	Lekshmipriya T S	2021-2023 batch (B Ed. Mathematics)
74	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
75	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
76	Parvathy M	2021-2023 batch (B Ed. Mathematics)
77	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
78	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
79	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
80	Sona Paul	2021-2023 batch (B Ed. Mathematics)
81	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)





84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)
99	Akhila M Nair	2022-2024 batch (B Ed. English)
100	Akshaya T G	2022-2024 batch (B Ed. English)
101	Amalu K	2022-2024 batch (B Ed. English)
102	Anagha R	2022-2024 batch (B Ed. English)
103	Anargha Mary	2022-2024 batch (B Ed. English)
104	Ashna Thomas	2022-2024 batch (B Ed. English)
105	Dona Maria	2022-2024 batch (B Ed. English)
106	Jeena Elsa John	2022-2024 batch (B Ed. English)
107	Jesna Joseph	2022-2024 batch (B Ed. English)
108	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
109	Margret Benitta V J	2022-2024 batch (B Ed. English)

Dr. Alice Joseph  
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Ernakulam



110	Megha Madhu	2022-2024 batch (B Ed. English)
111	Minu Mary	2022-2024 batch (B Ed. English)
112	Neha Babu	2022-2024 batch (B Ed. English)
113	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
114	Rachel Berkumon	2022-2024 batch (B Ed. English)
115	Remya P . T	2022-2024 batch (B Ed. English)
116	Swathi.M	2022-2024 batch (B Ed. English)
117	Abina K	2022-2024 batch (B Ed. Malayalam)
118	Akhila M George	2022-2024 batch (B Ed. Malayalam)
119	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
120	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)
121	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
122	Archana V N	2022-2024 batch (B Ed. Malayalam)
123	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
124	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
125	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
126	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
127	Pavithra V	2022-2024 batch (B Ed. Malayalam)
128	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
129	Snehakavya	2022-2024 batch (B Ed. Malayalam)
130	Swathi . M	2022-2024 batch (B Ed. Malayalam)
131	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
132	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
133	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
134	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
135	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)





136	Indhu . K	2022-2024 batch (B Ed. Mathematics)
137	Kabani S	2022-2024 batch (B Ed. Mathematics)
138	Nanditha J	2022-2024 batch (B Ed. Mathematics)
139	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
140	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
141	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
142	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
143	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
144	Vandana K P	2022-2024 batch (B Ed. Mathematics)
145	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
146	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
147	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)
148	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
149	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
150	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
151	Ashna K J	2022-2024 batch (B Ed. Physical Science)
152	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
153	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
154	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
155	Diya N C	2022-2024 batch (B Ed. Physical Science)
156	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
157	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
158	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
159	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
160	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
161	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)



162	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
163	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
164	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
165	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
166	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
167	Gopika A G	2022-2024 batch (B Ed. Natural Science)
168	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
169	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
170	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
171	Merin K S	2022-2024 batch (B Ed. Natural Science)
172	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
173	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
174	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
175	Sneha P P	2022-2024 batch (B Ed. Natural Science)
176	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
177	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
178	Anagha Mary	2022-2024 batch (B Ed. Social Science)
179	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
180	Arya .T .K	2022-2024 batch (B Ed. Social Science)
181	Aswathy K S	2022-2024 batch (B Ed. Social Science)
182	Chinchu K H	2022-2024 batch (B Ed. Social Science)
183	Devika P S	2022-2024 batch (B Ed. Social Science)
184	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
185	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
186	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
187	Nandhitha C	2022-2024 batch (B Ed. Social Science)

Dr. Alice Joseph  
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188	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
189	Reshma George P G	2022-2024 batch (B Ed. Social Science)
190	Riya James	2022-2024 batch (B Ed. Social Science)
191	Sarah Maria	2022-2024 batch (B Ed. Social Science)
192	Sneha M	2022-2024 batch (B Ed. Social Science)
193	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
194	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORLD HEART DAY, 2022

<b>Name of the Event</b>	World Heart Day, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise awareness regarding heart health and its importance</li> <li>2. To raise awareness regarding cardiovascular diseases</li> <li>3. To promote healthy lifestyle and prevention of cardiovascular diseases</li> </ol>
<b>Details of Event Coordinators</b>	Health Club & IQAC Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	29/09/2022
<b>Time</b>	10.10 AM- 11.00 AM
<b>Duration</b>	50 minutes
<b>Beneficiaries</b>	Student teachers-96 , Faculty- 13
<b>Event Venue</b>	Entrance Hall St. Joseph College of Teacher Education for Women, Ernakulam

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## WORLD HEART DAY, 2022

### PROGRAMME REPORT

St. Joseph College of Teacher Education for Women, Ernakulam observed World Heart Day on 29<sup>th</sup> September 2022 from 10.10 AM to 11.00 PM at the entrance hall of the college. The theme for the programme was 'Use Heart for Every Heart'. The entire observatory programme has been jointly organized by the Health Club and the IQAC Cell of the college. The programme was coordinated under the guidance and supervision of the faculty members, Dr. Josephine Joseph, Assistant professor in Physical Science Education (IQAC Coordinator) and Dr. Ceby George, Assistant Professor in Physical Education at St. Joseph College of Teacher Education for Women, Ernakulam. The observatory programme aimed at raising awareness regarding heart health and its importance and to raise awareness regarding cardiovascular disease and to promote healthy lifestyle and prevent cardiovascular diseases. All the student teachers and faculty members at St. Joseph College of Teacher Education for Women, Ernakulam.

The world heart day programme, 2022 started exactly at 10.10 AM at the entrance hall. All the student teachers wore red t-shirts and a white badge of heart symbolizing the heart day and heart disease awareness. The student teacher members of Health Club distributed red apples and red badges symbolizing heart among the participants of the event. Cardio-machines like treadmill and exercise bike were displayed in order to inform participant about its benefits in improving heart health. The programme started with prayer by Ms. Alkha Thomas, student teacher from Physical Science optional. The prayer was followed by the welcome address delivered by Ms. Ashna K.J, student teacher from Physical Science optional. Ms. Ashna K.J, warmly welcomed all of the participants to the observatory event. The welcome speech was succeeded by an introductory speech by Ms. Adeline Joseph, student teacher from Physical Science optional, on the importance of heart health and the significance of observing world heart day. Every year, world heart day is observed across the globe on 29<sup>th</sup> September to raise public awareness regarding heart health and cardiovascular diseases and also promotion of preventing diseases. Globally, the leading cause of death are cardiovascular diseases. There are several causal factors for cardiovascular diseases. Lifestyle problems are one among the major causes. Smoking, lack of exercise and poor diet are some of the factors that can compromise heart health and modifying these habits in one's life can prevent health problems to a great extent. Heart is



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one of the major organs in human body which pumps blood to the entire body. If heart health is at risk, the healthy body functioning is at risk and it leads to diseases. Cardiovascular diseases have a negative impact on the overall wellbeing of the society. Cardiovascular diseases cause people to spend high cost for treatments thus leading to financial stress, leads to less productivity and absenteeism from work due to physical disability and thereby affecting the economy and the overall health system of the society. Raising awareness and thus fostering prevention of cardiovascular diseases can contribute positively to the overall wellbeing and development of the society.

The introductory speech was followed by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated that heart is one among the vital organs of human species and its malfunctioning could be fatal and therefore it is crucial for every individual to keep their heart healthy. Dr. Alice Joseph added that it is very significant to observe world heart day since it aims at educating the public regarding the symptoms and signs of cardiovascular diseases to prevent any further issues and to motivate people to adopt healthy lifestyles in order to prevent and manage any heart-related illnesses. She enunciated that the theme for world heart day for this year, 'Use heart for every heart' focuses on bringing individuals together from all over the world to help one another in the fighting against heart disorders. Dr. Alice Joseph reminded all of her students to switch to a healthy lifestyle and to support each other and she added that healthy lifestyle initiations should not be taken only during such observatory events but it should become a part of everyone's life routine. The presidential address for the programme was succeeded by the Yoga and Zumba Performance by the student teachers. The Yoga was performed by Ms. Arya T.K and Ms. Sukritha Shenoy, student teachers from Social Science optional and Ms. Anuradha A Pai, student teacher from Natural Science optional. The Zumba was performed a total of 16 student teachers. Ms. Akhila M Nair, Ms. Leenu Merin Thomas, Ms. Nimmy Elizabeth George (student teachers from English optional), Ms. Arya T.K, Ms. Sukritha Shenoy and Ms. Aswathi K.S (student teachers from Social Science optional), Ms. Kabani S, Ms. Nandhitha J and Ms. Vandana K.P (student teachers from Mathematics optional), Ms. Diya N.C, Ms. Muhzina Muhammed Basheer, Ms. Sahala Nayeem A.A and Ms. Treesa Taniya P.A (student teachers from Physical Science optional) and Ms. Adeline Joseph, Ms. Anna Ananya K.P, Ms. Anuradha A Pai and Ms. Gopika A.G (student teachers from Natural Science optional)



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performed the Zumba dance performance. The performances were aimed at informing the public that practicing exercises or activities like Yoga and Zumba on a daily basis can keep individuals healthy, promote heart health and prevent cardiovascular diseases to a great extent. After the performance, the participants were served with apples and refreshments.

The world heart day, 2022 observatory programme has been successful in achieving its objectives. The programme turned out to be informative and beneficial for the participants. It could enhance their knowledge base regarding heart health and cardiovascular disease and their prevention. The active participation of student teachers and the great support of faculty members made the programme more successful and productive. The entire programme winded up at 11.00 AM with the vote of thanks delivered by Ms. Dilna Biju, student teacher from Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam.

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## WORLD HEART DAY, 2022

### PHOTO GALLERY



Event poster for the observatory programme of World Heart Day, 2022 conducted at St. Joseph of College of Teacher Education for Women, Ernakulam



Student teachers distributing red apples and red badges symbolizing world heart day to the participants during the observatory programme of World Heart Day, 2022 conducted at St. Joseph of College of Teacher Education for Women, Ernakulam



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**Student teachers engaged in Yoga and Zumba performances as part of raising awareness during the observatory programme of World Heart Day, 2022 conducted at St. Joseph of College of Teacher Education for Women, Ernakulam**



**Student teachers wearing red T-shirts symbolizing world heart day during the observatory programme of World Heart Day, 2022 conducted at St. Joseph of College of Teacher Education for Women, Ernakulam**

**Josephite family observing World Heart Day, 2022 at St. Joseph of College of Teacher Education for Women, Ernakulam**

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St. Joseph College of Teacher  
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**WORLD HEART DAY, 2022  
PROGRAMME DETAILS**


<b>Name of the Event</b>	World Heart Day, 2022
<b>Date</b>	29/09/2022
<b>Time</b>	10.10 AM- 11.00 AM
<b>Duration</b>	50 minutes
<b>Beneficiaries</b>	Student teachers-96 , Faculty- 13
<b>Event Venue</b>	Entrance Hall St. Joseph College of Teacher Education for Women, Ernakulam

**LIST OF PARTICIPANTS**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant professor (Physical Science Education)
3	Dr. Bindu Joseph	Associate Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Ceby George	Assistant professor (Physical Education)
6	Dr. Rachel George M	Associate Professor (Natural Science Education)
7	Ms. Anu Cleetus	Assistant Professor (Education)
8	Dr. Soya Mathew	Assistant Professor (Education)
9	Dr. Marin Jose	Assistant Professor (English Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
12	Dr. Smitha Jose	Assistant Professor (Education)
13	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)



  
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Students list:

Sl. No	Name	Batch
1	Akhila M Nair	2022-2024 batch (B Ed. English)
2	Akshaya T G	2022-2024 batch (B Ed. English)
3	Amalu K	2022-2024 batch (B Ed. English)
4	Anagha R	2022-2024 batch (B Ed. English)
5	Anargha Mary	2022-2024 batch (B Ed. English)
6	Ashna Thomas	2022-2024 batch (B Ed. English)
7	Dona Maria	2022-2024 batch (B Ed. English)
8	Jeena Elsa John	2022-2024 batch (B Ed. English)
9	Jesna Joseph	2022-2024 batch (B Ed. English)
10	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
11	Margret Benitta V J	2022-2024 batch (B Ed. English)
12	Megha Madhu	2022-2024 batch (B Ed. English)
13	Minu Mary	2022-2024 batch (B Ed. English)
14	Neha Babu	2022-2024 batch (B Ed. English)
15	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
16	Rachel Berkumon	2022-2024 batch (B Ed. English)
17	Remya P . T	2022-2024 batch (B Ed. English)
18	Swathi.M	2022-2024 batch (B Ed. English)
19	Abina K	2022-2024 batch (B Ed. Malayalam)
20	Akhila M George	2022-2024 batch (B Ed. Malayalam)
21	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
22	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)
23	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
24	Archana V N	2022-2024 batch (B Ed. Malayalam)

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Sl. No	Name	Batch
25	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
26	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
27	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
28	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
29	Pavithra V	2022-2024 batch (B Ed. Malayalam)
30	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
31	Snehakavya	2022-2024 batch (B Ed. Malayalam)
32	Swathi . M	2022-2024 batch (B Ed. Malayalam)
33	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
34	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
35	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
36	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
37	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)
38	Indhu . K	2022-2024 batch (B Ed. Mathematics)
39	Kabani S	2022-2024 batch (B Ed. Mathematics)
40	Nanditha J	2022-2024 batch (B Ed. Mathematics)
41	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
42	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
43	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
44	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
45	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
46	Vandana K P	2022-2024 batch (B Ed. Mathematics)
47	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
48	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
49	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)

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SL. No	Name	Batch
50	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
51	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
52	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
53	Ashna K J	2022-2024 batch (B Ed. Physical Science)
54	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
55	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
56	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
57	Diya N C	2022-2024 batch (B Ed. Physical Science)
58	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
59	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
60	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
61	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
62	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
63	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)
64	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
65	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
66	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
67	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
68	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
69	Gopika A G	2022-2024 batch (B Ed. Natural Science)
70	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
71	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
72	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
73	Merin K S	2022-2024 batch (B Ed. Natural Science)
74	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)

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Sl. No	Name	Batch
75	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
76	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
77	Sneha P P	2022-2024 batch (B Ed. Natural Science)
78	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
79	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
80	Anagha Mary	2022-2024 batch (B Ed. Social Science)
81	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
82	Arya .T .K	2022-2024 batch (B Ed. Social Science)
83	Aswathy K S	2022-2024 batch (B Ed. Social Science)
84	Chinchu K H	2022-2024 batch (B Ed. Social Science)
85	Devika P S	2022-2024 batch (B Ed. Social Science)
86	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
87	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
88	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
89	Nandhitha C	2022-2024 batch (B Ed. Social Science)
90	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
91	Reshma George P G	2022-2024 batch (B Ed. Social Science)
92	Riya James	2022-2024 batch (B Ed. Social Science)
93	Sarah Maria	2022-2024 batch (B Ed. Social Science)
94	Sneha M	2022-2024 batch (B Ed. Social Science)
95	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
96	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## SUPW Service

Name of the Event	SUPW Service
<b>Objectives</b>	1) Understand the instructional objectives and curricular objectives 2) Understand the concept of SUPW 3) Understand the social services at college 4) Develop awareness of socio-economic problems of the society
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	10/10/22
<b>Time</b>	9.00 AM- 1 PM
<b>Duration</b>	1 day
<b>Beneficiaries</b>	Student Teachers (Total No.97)
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

## PROGRAMME REPORT

As part of B.Ed curriculum, St. Joseph College of Teacher Education for Women, Ernakulam organized a community cleaning programme named as 'Swachh Pariyavaran' on October 10, 2022 in accordance with Gandhi Jayanthi celebrations. Students arrived at the college with the essential materials such as mask, gloves, cap, sanitizer following the instructions provided the day before. For the programme's inauguration at 9 am all the teachers and students gathered at Vanchi square, High Court, Ernakulam. The welcome speech was given by Dr. Sr Betty P J while Rila Jose, CMC Vimala Province, Ernakulam gave the key note talk. The programme was inaugurated by honorable member of the parliament, Sri Hibi Eden of Ernakulam constituency. Felicitation was given by Mr. Manu, the counsellor of 67<sup>th</sup> ward in Kochi corporation. Vote of thanks given by assistant professor of M.Ed. department.

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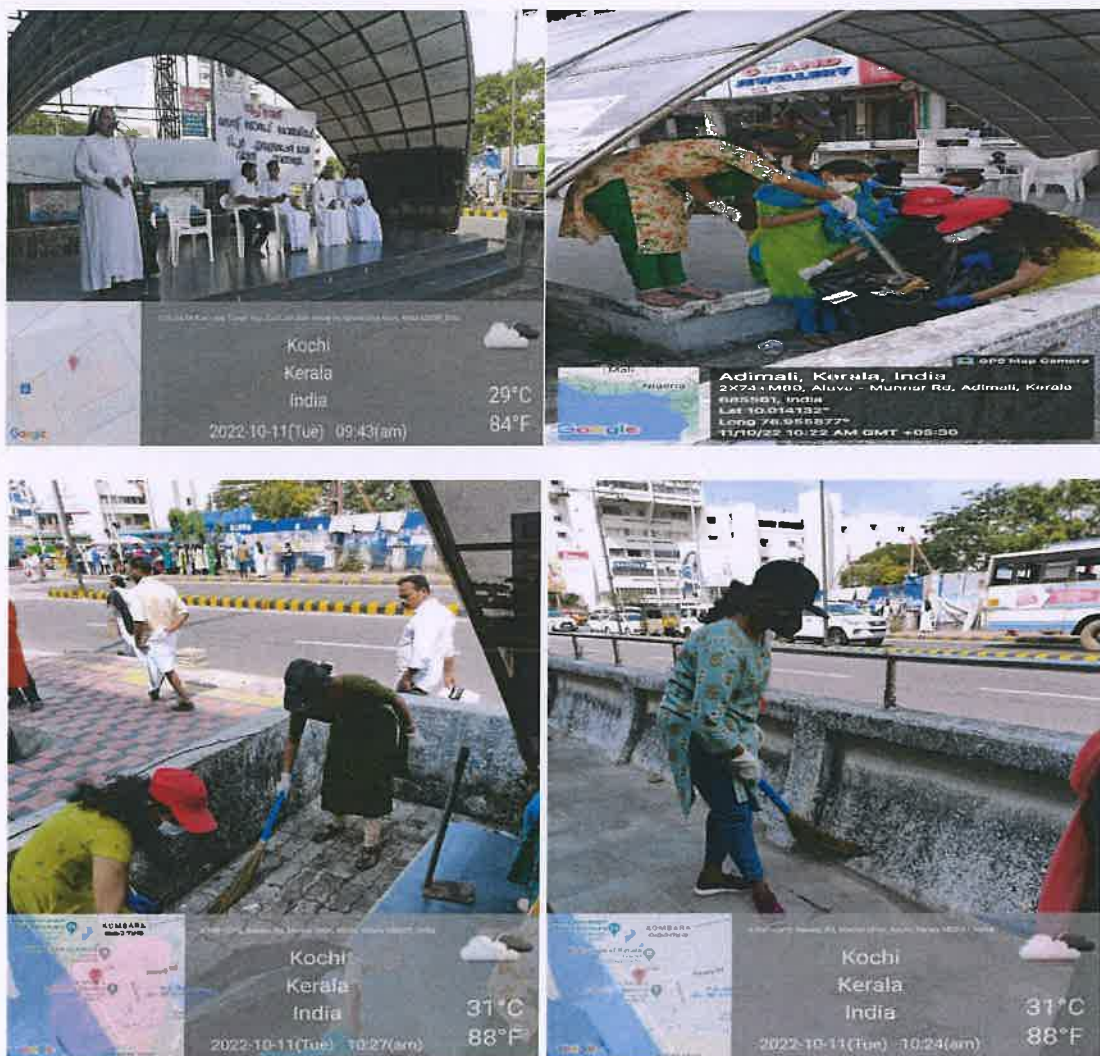






All of the students were split up into seven groups after the inauguration ceremony and the teachers provided the students with the instructions they needed. The clean-up of Vanchi Square and the surrounding streets and marketplaces was carried out. The students put a lot of effort into finishing their tasks. The garbage was gathered and was handed to the municipal cleaning department. It took 2-3 hours to complete the cleaning. After the cleaning, students returned to the college by afternoon, and the college provided food for them.

### Evidence



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORKSHOP ON YOGA

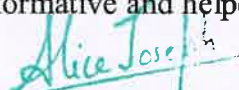
Name of the Event	Workshop on Yoga
<b>Objectives</b>	1) To understand the basics of yoga. 2) To enable the student teachers to know the benefits of yoga in schools. 3) To help student teachers to keep themselves calm from stress and anxiety.
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	13/10/2022 – 14/10/2022; 17/10/2022-18/10/2022
<b>Time</b>	9.00 AM- 12.00 PM
<b>Duration</b>	2 days (Batch A), 2 days (Batch B)
<b>Beneficiaries</b>	Student Teachers (Total No.98 )
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

## PROGRAMME REPORT

Yoga - the art of healthy living brings harmony between mind and body. On the 13<sup>th</sup>, 14<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> of October 2022, St. Joseph College of Teacher Education for Women, Ernakulam conducted a yoga workshop. Fr. Peter Thiruthanathil was the resource person. The workshop was a half-day programme from 9.00 AM to 12 noon.

The six optional subject student teachers were divided into batches A and B. Both batches had two days of yoga workshops. For batch A, the workshop was scheduled from 13/10/2022-14/10/2022 and, for B batch, it was from 17/10/2022-18/10/2022.

Yoga Workshop was not just the training of yoga poses and practices but a deep knowledge about the philosophy of yoga, its benefits and all the theoretical aspects were explained by the resource person. The resource person of the workshop explained various 'asanas' or postures with their benefits. The session was very informative and helped the student teachers to understand the concept of yoga.

  
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The student teachers practised various postures individually under the guidance of the resource person. Corrections on accuracy, precision and methods of various yoga postures like *shalabhasana*, *sooryanamasakara*, *kukudasana*, *dhanurasana*, *padmasana*, and *trikonasana* were given by the resource person.

People practicing yoga are likely to enjoy various physical and mental health benefits. It was a relishing and energising experience for all the participants. The student teachers were active and happy to take part in the programme.



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**Kochi, Kerala, India**

5078, Kovilvattom Rd, Near MG Road,  
Kacheripady, Kochi, Kerala 682035, India

Lat 9.983193°

Long 76.279092°

14/10/22 10:27 AM GMT +05:30

GPS Map Camera

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WEBINAR ON 'CYBER HYGIENE', 2022

<b>Name of the Event</b>	Webinar on 'Cyber Hygiene', 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness among student teachers and help them familiarize with the concept of cyber hygiene</li> <li>2. To educate student teachers about the need and importance of cyber hygiene</li> <li>3. To help student teachers to practice cyber hygiene</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Betty P.J Associate Professor (Mathematics Education) St. Joseph College of Teacher Education for Women, Ernakulam</p> <p>Dr. Smitha Jose Assistant Professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	<p>Mr. Christopher Avelino Mendes Director, L4, DLP and Technical Architect UBS</p>
<b>Date</b>	22/10/2022
<b>Time</b>	10.00 AM – 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 92 , Faculty- 2
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/oqb-hkqc-oup">https://meet.google.com/oqb-hkqc-oup</a>
<b>Google Forms Feedback Link</b>	<a href="https://docs.google.com/forms/d/e/1FAIpQLSdj0kzjd05QnCeFHxZvec7DyC0KVQWZNNTvj7rh_crN9RKznQ/viewform?usp=sf_link">https://docs.google.com/forms/d/e/1FAIpQLSdj0kzjd05QnCeFHxZvec7DyC0KVQWZNNTvj7rh_crN9RKznQ/viewform?usp=sf_link</a>

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## Webinar on 'Cyber Hygiene', 2022

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam conducted a webinar on 'Cyber Hygiene' on 22<sup>nd</sup> October 2022 from 10 AM to 12 PM via Google Meet. The webinar was organized and coordinated by faculty members, Dr. Betty P.J, Associate professor in Mathematics Education and Dr. Smitha Jose, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the webinar was Mr. Christopher Avelino Mendes, Director, L4, DLP and Technical Architect at UBS. The B Ed student teachers of 2022-2024 batch were the beneficiaries of the webinar programme. The webinar was conducted with a major objective to make aware the users of computers and other devices about the steps that they can take to improve their online security and maintain system health. A total of 92 student teachers participated in the webinar.

The webinar on 'Cyber Hygiene' started exactly at 10 AM via Google Meet. The webinar began with a prayer song by Ms. Emiliya Merin, student teacher from Mathematics optional. The prayer was succeeded by the welcome speech for the programme. The welcome speech was delivered by Ms. Emilin K Thomas, student teacher from Mathematics optional. Ms. Emilin K Thomas officially welcomed all of the participants to the webinar. After the welcome speech, the session was started by Mr. Christopher Avelino Mendez, the resource person for the day. Mr. Christopher Avelino Mendez enunciated the importance of practicing cyber hygiene and being aware of it. The resource person discussed about the human obsession with social networking and the pain of being violated. Throughout the webinar, the resource person covered definition of cyber hygiene, different types of cyber-attacks, its causes and careful measures to be taken while setting password etc. The steps and practices that computer and other device users take to preserve system health and increase online security are referred to as cyber hygiene. These procedures are classified as part of a regimen to protect identification and other data that could be exploited or compromised. The purpose of cyber hygienic practices is always to protect sensitive data and secure against theft or attack. Personal hygiene is analogous to this notion. People preserve their health by adopting preventative steps, such as brushing to prevent cavities and washing hands to prevent disease spread. By implementing preventive cyber hygiene practices, individuals and organizations may preserve their health and avoid security breaches and other potential vulnerabilities. Cyber hygiene strives to keep hardware and software in good health and secure, protecting

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them from risks such as malware. Cyber hygiene, when practiced on a regular basis, helps to keep information private and confidential.

The webinar also covered the variety of cyber-attacks happening in the world includes identity theft, malware, hacking, scams, phishing attacks etc. Malware is a type of cyber-attack that is quite prevalent. Malware is a term that refers to malicious software viruses such as spyware, worms, adware, ransom ware and Trojans. The Trojan malware masquerades as legal software. Spyware is a software that exploits all of one's personal data without your awareness whereas Ransom ware prevents accessibility to the network's vital components. Adware is malware that shows advertising content on a user's screen, such as banners. Malware breaches networks by exploiting a vulnerability. When a user opens a harmful link, an email attachment is downloaded, or when an infected pen drive has been used. Phishing attacks represent one of the most common types of cyber-attacks. It is a version of a social engineering attack in which the attacker poses as a reputable source and sends the victim fraudulent emails. Without realizing it, the target opens the email and clicks the malicious mail attachment or link. As a result, attackers obtain access to sensitive information and login details. It is a type of attack in which a hacker cracks one's password using numerous password cracking programmes and tools such as Cain, John the Ripper, Aircrack, Abel, Hashcat, and many more. Password attacks can be in different forms including dictionary attacks, brute force attacks and key logger attacks. In case of a Denial-of-Service attack, attackers target servers, systems or networks and overflow them with traffic in order to deplete their bandwidth and resources. After discussing different kinds of cyber attacks, the resource person discussed about the careful measures to be taken as part of practicing cyber hygiene. Regularly changing password, using firewalls to prevent hacking, regularly updating applications and operating system, open mails from unknown and suspicious sources with caution, using a VPN, regularly backing up data, safeguarding mobiles and being aware of cyber security principles were some of the major measures to be taken while using system and other devices, discussed during the webinar. After the session, an interactive session with students were conducted and feedbacks were collected from them. After that, Ms. Sharon Achu Anish, student teacher from Mathematics optional delivered the vote of thanks for the webinar. The entire webinar winded up at 12 PM.

The webinar on 'Cyber Hygiene' turned out be fruitful and informative for the student teachers. The webinar was successful in achieving its objectives. The student teachers could sensitize them with the concept, need and importance of cyber hygiene and the webinar could



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motivate the student teachers to practice cyber hygiene. The student teachers could apply the learned information in their field of profession.

## Webinar on 'Cyber Hygiene', 2022

### Photo Gallery



**St. Joseph College of Teacher  
Education for Women, Ernakulam**

**Organises**

**Webinar  
On**



**Resource Person: Christopher Avelino Mendes**  
Director, L4, DLP  
Technical Architect at UBS

**Date: 22/10/2022**

**Time: 10.00A.M. | Platform: Google Meet**

**Coordinators:**

**Dr. Betty P. J.**

**Dr. Smitha Jose**

Event poster for the webinar on 'Cyber Hygiene' conducted by St. Joseph College of Teacher Education for Women, Ernakulam for B Ed. student teachers via Google Meet

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**Prayer song by Ms. Emiliya Merin, student teacher from Mathematics optional during the webinar on 'Cyber Hygiene' conducted by St. Joseph College of Teacher Education for Women, Ernakulam for B Ed. student teachers via Google Meet**



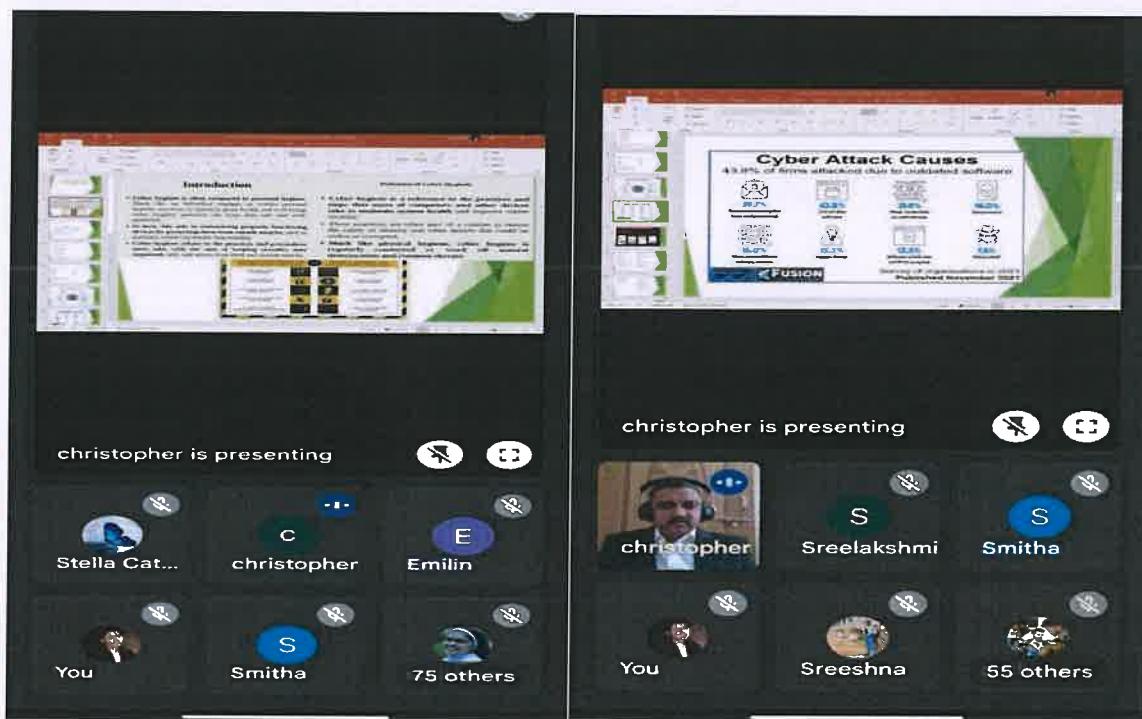
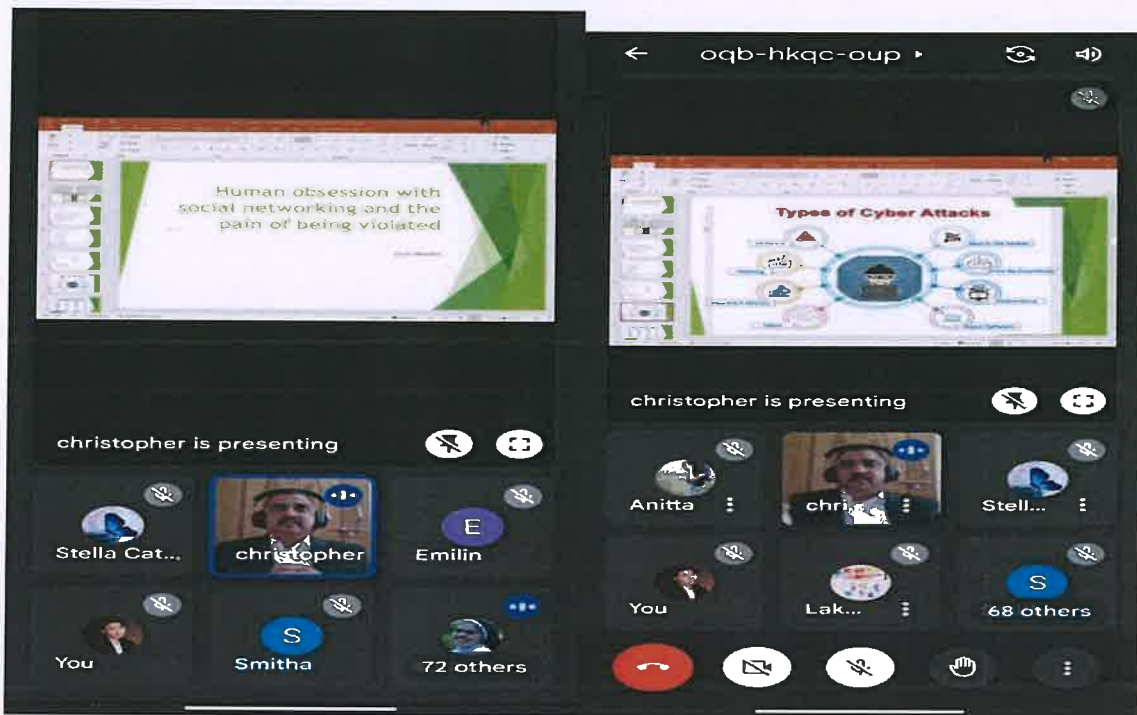
**Ms. Emilin K Thomas, student teacher from Mathematics optional delivering welcome speech during the webinar on 'Cyber Hygiene' conducted by St. Joseph College of Teacher Education for Women, Ernakulam for B Ed. student teachers via Google Meet**

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Snippets from the webinar on 'Cyber Hygiene' conducted by St. Joseph College of Teacher Education for Women, Ernakulam for B Ed. student teachers via Google Meet

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**Ms. Sharon Achu Anish, student teacher from Mathematics optional delivering vote of thanks during the webinar on 'Cyber Hygiene' conducted by St. Joseph College of Teacher Education for Women, Ernakulam for B Ed. student teachers via Google Meet**

**Mr. Christopher Avelino Mendez, resource person for the webinar on 'Cyber Hygiene' carrying out the session via Google Meet**

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## Webinar on 'Cyber Hygiene', 2022

### Programme Details

<b>Name of the Event</b>	Webinar on 'Cyber Hygiene', 2022
<b>Date</b>	22/10/2022
<b>Time</b>	10.00 AM – 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 92 , Faculty- 2
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/oqb-hkqc-oup">https://meet.google.com/oqb-hkqc-oup</a>
<b>Google Forms Feedback Link</b>	<a href="https://docs.google.com/forms/d/e/1FAIpQLSdj0kzjd05QnCeFHxZvec7DyC0KVQWZNNTvj7rh_crN9RKznQ/viewform?usp=sf_link">https://docs.google.com/forms/d/e/1FAIpQLSdj0kzjd05QnCeFHxZvec7DyC0KVQWZNNTvj7rh_crN9RKznQ/viewform?usp=sf_link</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Smitha Jose	Assistant Professor (Education)
2	Dr. Betty P.J	Associate Professor (Mathematics Education)

Students list:

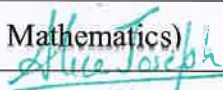
Sl. No	Name	Batch
1	Akhila M Nair	2022-2024 batch (B Ed. English)
2	Anagha R	2022-2024 batch (B Ed. English)
3	Anargha Mary	2022-2024 batch (B Ed. English)
4	Ashna Thomas	2022-2024 batch (B Ed. English)
5	Dona Maria	2022-2024 batch (B Ed. English)
6	Jeena Elsa John	2022-2024 batch (B Ed. English)
7	Jesna Joseph	2022-2024 batch (B Ed. English)

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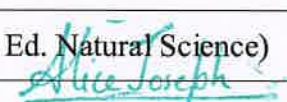


8	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
9	Margret Benitta V J	2022-2024 batch (B Ed. English)
10	Megha Madhu	2022-2024 batch (B Ed. English)
11	Minu Mary	2022-2024 batch (B Ed. English)
12	Neha Babu	2022-2024 batch (B Ed. English)
13	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
14	Rachel Berkumon	2022-2024 batch (B Ed. English)
15	Remya P . T	2022-2024 batch (B Ed. English)
16	Swathi.M	2022-2024 batch (B Ed. English)
17	Abina K	2022-2024 batch (B Ed. Malayalam)
18	Akhila M George	2022-2024 batch (B Ed. Malayalam)
19	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
20	Archana V N	2022-2024 batch (B Ed. Malayalam)
21	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
22	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
23	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
24	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
25	Pavithra V	2022-2024 batch (B Ed. Malayalam)
26	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
27	Snehakavya	2022-2024 batch (B Ed. Malayalam)
28	Swathi . M	2022-2024 batch (B Ed. Malayalam)
29	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
30	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
31	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
32	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
33	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)

  
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34	Indhu . K	2022-2024 batch (B Ed. Mathematics)
35	Kabani S	2022-2024 batch (B Ed. Mathematics)
36	Nanditha J	2022-2024 batch (B Ed. Mathematics)
37	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
38	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
39	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
40	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
41	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
42	Vandana K P	2022-2024 batch (B Ed. Mathematics)
43	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
44	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
45	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)
46	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
47	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
48	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
49	Ashna K J	2022-2024 batch (B Ed. Physical Science)
50	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
51	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
52	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
53	Diya N C	2022-2024 batch (B Ed. Physical Science)
54	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
55	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
56	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
57	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
58	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
59	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)

  
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60	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
61	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
62	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
63	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
64	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
65	Gopika A G	2022-2024 batch (B Ed. Natural Science)
66	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
67	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
68	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
69	Merin K S	2022-2024 batch (B Ed. Natural Science)
70	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
71	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
72	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
73	Sneha P P	2022-2024 batch (B Ed. Natural Science)
74	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
75	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
76	Anagha Mary	2022-2024 batch (B Ed. Social Science)
77	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
78	Arya .T .K	2022-2024 batch (B Ed. Social Science)
79	Aswathy K S	2022-2024 batch (B Ed. Social Science)
80	Chinchu K H	2022-2024 batch (B Ed. Social Science)
81	Devika P S	2022-2024 batch (B Ed. Social Science)
82	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
83	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
84	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
85	Nandhitha C	2022-2024 batch (B Ed. Social Science)



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86	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
87	Reshma George P G	2022-2024 batch (B Ed. Social Science)
88	Riya James	2022-2024 batch (B Ed. Social Science)
89	Sarah Maria	2022-2024 batch (B Ed. Social Science)
90	Sneha M	2022-2024 batch (B Ed. Social Science)
91	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
92	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## STUDENT TEACHER EMPOWERMENT PROGRAMME (STEP):

### ‘PROJECT VENDA’- SEMINAR ON

### ‘ADDICTION AMONG SCHOOL CHILDREN’, 2022

<b>Name of the Event</b>	Student Teacher Empowerment Programme (STEP): ‘Project Venda’- Seminar on ‘Addiction among School Children’, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To introduce student teachers with organizations working in the community to tackle problems regarding substance abuse</li> <li>2. To generate awareness among students teachers on substance abuse and its consequences</li> <li>3. To enhance the knowledge base of student teachers regarding substance abuse and thereby prevent them from engaging in drug use and risky behavior</li> </ol>
<b>Details of Event Coordinators</b>	Anti-Narcotic Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	The Venda catalysts, Project Venda- A Fourth Wave Foundation Initiative (NGO) Ernakulam, Kerala
<b>Date</b>	05/11/2022
<b>Time</b>	9.30 AM- 3.30 PM
<b>Duration</b>	6 hours
<b>Beneficiaries</b>	Student teachers -98, Faculty- 4
<b>Event Venue</b>	College Auditorium, St. Joseph college of Teacher Education for Women, Ernakulam

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**Student Teacher Empowerment Programme (STEP):**  
**‘Project Venda’- Seminar on ‘Addiction among School Children’, 2022**  
**Programme Report**

‘Project Venda’ is an initiative of the Fourth Wave Foundation, an NGO (Non-Governmental Organisation) based in Ernakulam district in Kerala which works for empowering children (11-19 years) to vehemently reject or say ‘NO’ to substance abuse. The NGO works to identify, counsel, and rehabilitate the victims of various forms of abuse through methodical counselling, psychotherapy, and medical treatment, as necessary, in collaboration with the police, the juvenile justice board, narcotics control bureau, hospitals, doctors, psychiatrists, counsellors, heads of institutions, teachers, and parents. The NGO carries out various skill development programmes, sports camps, workshops, and vocational education programmes to aid in the participants' successful employment and reintegration into the society.

St. Joseph College of Teacher Education for Women, Ernakulam in association with ‘Project Venda’ initiative under the Fourth Wave Foundation, Ernakulam organized a seminar on ‘Addiction among School Children’ for second year B Ed. Student teachers of 2021-2023 batch on 5<sup>th</sup> November 2022 from 9.30 AM to 3.30 PM. The event was conducted as part of Student Teacher Empowerment Programme (STEP). The event was coordinated by the Anti-Narcotic club of St. Joseph College of Teacher Education for Women, Ernakulam under the leadership of Dr. Smitha Jose, Assistant Professor in Education and Dr. Betty P.J, Associate Professor in Mathematics Education who are also the faculty members in Anti-Narcotic club. Dr. Sicily A.A, Assistant Professor in Malayalam Education at St. Joseph College of Teacher Education for Women, Ernakulam was also the faculty coordinator for the event. The main aim of the programme was to generate awareness and enhance knowledge base among student teachers on substance abuse and its consequences and thereby prevent them from engaging in drug use and risky behavior. The Venda catalysts of ‘Project Venda’ from the Fourth Wave Foundation, Ernakulam were the spokespersons for the event who gave valuable insights to the student teachers on the ongoing battle against drugs and other addictions among adolescents in Kochi City.

The seminar commenced by 9.30 a.m. at the college auditorium. After a prayer, the gathering was welcomed by Ms. Mariya Jessneela, one among the members of the Anti-Narcotic club and student teacher from Mathematics optional of St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Mariya Jessneela was the student

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**Principal in Charge**  
**St. Joseph College of Teacher**  
**Educational Institutions**







coordinator for the event. The event was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. The whole seminar has been divided into three talk sessions and some ice breaking sessions by the Venda catalysts who were the spokespersons for the event. The student teachers were divided into five groups for the first ice-breaking session, they were made to play Reverse Pictionary as a team and trust building exercise. After the ice-breaking session, the first lecture on the topic “Lasting Happiness” was held. The session was handled by a Venda Catalyst who gave several introspective exercises, anecdotes and the cause that is being supported by the organization Project Venda which is to curb the use and abuse of addictive substances and habits among the children of Kochi city. The significance of their logo, as well as the details of their works and outreach programmes along with their helpline details were explained in detail. By resolving pertinent social issues that concern children (aged 6 to 18), the Fourth Wave Foundation (an NGO) aims to be the catalyst that sheds light on the collective virtue in every community they deals with. Through unwavering education, love, counselling, and rehabilitation, every child, teacher, parent and the community as a whole are given the power to make choices that will contribute to build an inclusive society that seamlessly integrates the wealthy and the poor, the strong and the weak, the abled as well as the differently abled, the healthy and the ill, the educated as well as the illiterate, the competent and the unskilled, the political and the nonpolitical, the theist and the agnostic, thereby encouraging peace and balance both within oneself and in society. The first session came to an end by 11.00 AM.

After a short tea-break, the second session started at 11.15 AM. The session started with a small ice-breaking session so that the student teachers are all active and engage in the event actively. The second session was handled by one among the Venda Catalysts, who enunciated various kinds of addictions present among teenagers and the means to help those with addictive behavior. The session was aimed at equipping the student-teacher community with adequate knowledge base, so that they can help their future-students in likely scenarios. Addictive behavior including abuse of drug and alcohol, pornography and Social-media addiction were discussed during the session, all which have adverse effects on the physical, psychological and social aspects of an individual. The session also covered the remedial and preventive measures to stop the prevalence and existence of addictive behavior among children and adults. The session came to an end by 1 PM.

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The third session of the seminar started by 2 PM after the lunch break. The third session was also handled by a Vanda Catalyst, who gave an insight on various types of drugs and their impacts on children and adults. The spokesperson for the session enunciated the cyclic nature of addiction and also the signs and symptoms expressed by individuals who have addiction— physical, psychological and social cues. The Vanda catalyst highlighted the risk and dangers posed by the synthetic drugs and explained various forms in which they are available in the society, so that as prospective teachers, the participants could identify and help prevent the disastrous outcomes of drug use and abuse among their prospective students. The third session ended by 3.30 p.m.

The seminar on 'Addiction among School Children' conducted in association with Project Vanda was successful in accomplishing its objectives. The session was highly informative and insightful for the student-teachers. The knowledge base the student teachers who are the prospective teachers of tomorrow had developed via the seminar would definitely help them contribute to their profession in the future. The vote of thanks for the event was delivered by Ms. Vandana S, one among the student members of the Anti-Narcotic club and student teacher from Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam. The whole session was concluded with a National Anthem.

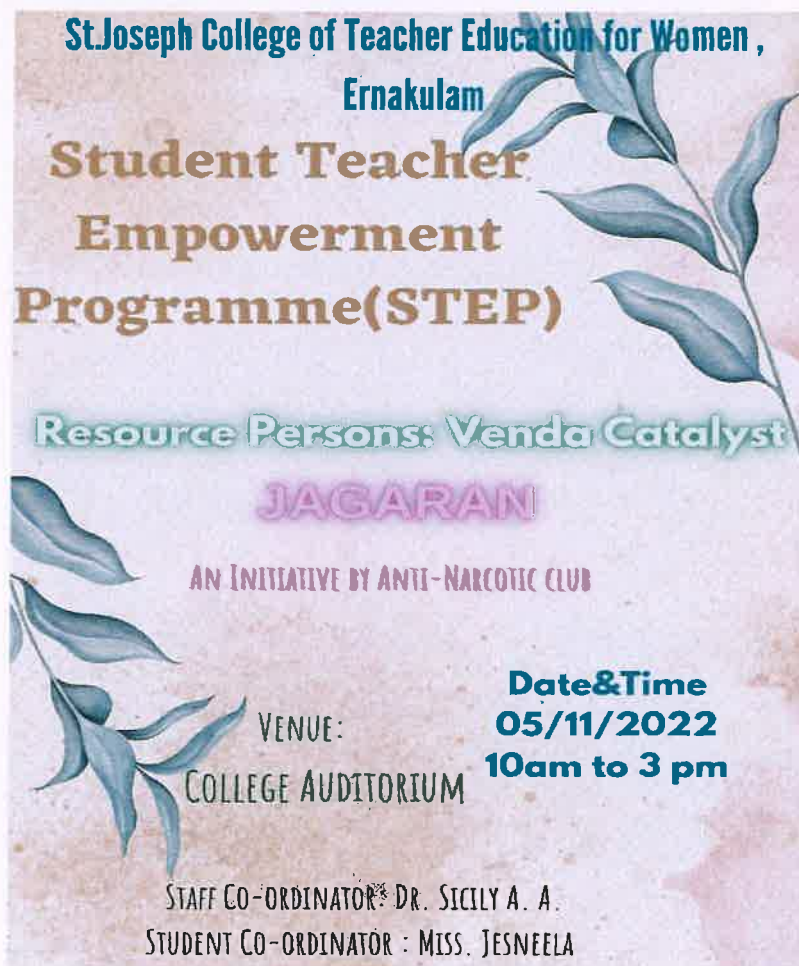
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 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women.  
 Ernakulam





**Student Teacher Empowerment Programme (STEP):  
‘Project Venda’- Seminar on ‘Addiction among School Children’, 2022**

**Photo Gallery**



**Event poster for the seminar on ‘Addiction among School Children’ 2022 conducted as part Student Teacher Empowerment Programme (STEP) by St. Joseph College of Teacher Education for Women, Ernakulam in association with ‘Project Venda’ initiative under the Fourth Wave Foundation, Ernakulam.**

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**Dr. Alice Joseph**  
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**Snippets from the seminar on 'Addiction among School Children' 2022 conducted as part Student Teacher Empowerment Programme (STEP) by St. Joseph College of Teacher Education for Women, Ernakulam in association with 'Project Venda' initiative under the Fourth Wave Foundation, Ernakulam.**

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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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**Student Teacher Empowerment Programme (STEP):  
'Project Venda'- Seminar on 'Addiction among School Children', 2022**

**Programme Details**

<b>Name of the Event</b>	Student Teacher Empowerment Programme (STEP): 'Project Venda'- Seminar on 'Addiction among School Children', 2022
<b>Date</b>	05/11/2022
<b>Time</b>	9.30 AM- 3.30 PM
<b>Duration</b>	6 hours
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 4
<b>Event Venue</b>	College Auditorium, St. Joseph college of Teacher Education for Women, Ernakulam

**List of Participants**

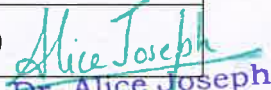
Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Smitha Jose	Assistant professor (Education)
3	Dr. Betty P.J	Associate Professor (Mathematics Education)
4	Dr. Sicily A.A	Assistant professor (Malayalam Education)

Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 Batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 Batch (B Ed. English)
3	Deepa P S	2021-2023 Batch (B Ed. English)
4	Devika Venugopal	2021-2023 Batch (B Ed. English)



  
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 2022

5	Divya Radhakrishnan	2021-2023 Batch (B Ed. English)
6	F.Merline Rodrigues	2021-2023 Batch (B Ed. English)
7	Gurumahima M V	2021-2023 Batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 Batch (B Ed. English)
9	K A Rabia	2021-2023 Batch (B Ed. English)
10	Leatitia Joshy	2021-2023 Batch (B Ed. English)
11	Linnet John	2021-2023 Batch (B Ed. English)
12	Meera Joy (Blind)	2021-2023 Batch (B Ed. English)
13	Merize Ben Alias	2021-2023 Batch (B Ed. English)
14	Pratibha S	2021-2023 Batch (B Ed. English)
15	Sandra Joy	2021-2023 Batch (B Ed. English)
16	Santhi M S	2021-2023 Batch (B Ed. English)
17	Veena C V	2021-2023 Batch (B Ed. English)
18	Aleena Antony	2021-2023 Batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 Batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 Batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 Batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 Batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 Batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 Batch (B Ed. Malayalam)
25	Mary Amala R.	2021-2023 Batch (B Ed. Malayalam)
26	Nitha Alfred	2021-2023 Batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 Batch (B Ed. Malayalam)
28	Anisha T	2021-2023 Batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 Batch (B Ed. Malayalam)
30	Shilpa K	2021-2023 Batch (B Ed. Malayalam)







31	Sneha M M	2021-2023 Batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 Batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 Batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 Batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 Batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 Batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 Batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 Batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 Batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 Batch (B Ed. Mathematics)
41	Lekshmipriya T S	2021-2023 Batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 Batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 Batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 Batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 Batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 Batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 Batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 Batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 Batch (B Ed. Mathematics)
50	Agatha Cyriac	2021-2023 Batch (B Ed. Physical Science)
51	Agiya Cosmos M C	2021-2023 Batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 Batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 Batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 Batch (B Ed. Physical Science)
55	Anu P. Thomas	2021-2023 Batch (B Ed. Physical Science)
56	Aparna S	2021-2023 Batch (B Ed. Physical Science)



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57	Fathimathuzuhra	2021-2023 Batch (B Ed. Physical Science)
58	Jesna George	2021-2023 Batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 Batch (B Ed. Physical Science)
60	Neethu J A	2021-2023 Batch (B Ed. Physical Science)
61	Raveena K Ramesh	2021-2023 Batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 Batch (B Ed. Physical Science)
63	Vandana S	2021-2023 Batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 Batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 Batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 Batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 Batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 Batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 Batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 Batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 Batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 Batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 Batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 Batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 Batch (B Ed. Natural Science)
76	Ranjima V	2021-2023 Batch (B Ed. Natural Science)
77	Saniya Simon	2021-2023 Batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 Batch (B Ed. Natural Science)
79	Shimna K	2021-2023 Batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 Batch (B Ed. Natural Science)
81	Vyshnavi N Sharma	2021-2023 Batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 Batch (B Ed. Social Science)



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83	Anagha T	2021-2023 Batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 Batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 Batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 Batch (B Ed. Social Science)
87	Celene Paul	2021-2023 Batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 Batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 Batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 Batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 Batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 Batch (B Ed. Social Science)
93	Minu Joy	2021-2023 Batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 Batch (B Ed. Social Science)
95	Riya Davis	2021-2023 Batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 Batch (B Ed. Social Science)
97	Thasni M B	2021-2023 Batch (B Ed. Social Science)
98	Varsha K V	2021-2023 Batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## STUDENTS 'CAPACITY ENHANCEMENT PROGRAMME ON FIRST AID, 2022

<b>Name of the Event</b>	Students' Capacity Enhancement Programme on First Aid, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To teach student teachers about first aid and the application of various techniques of first aid</li> <li>2. To enhance student teachers' first aid skills so that it helps them in evaluating risk</li> <li>3. To equip student teachers with skills to help themselves or others in medical emergency situations</li> <li>4. To promote a sense of safety and well-being among student teachers</li> </ol>
<b>Details of Event Coordinators</b>	IQAC Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Harikrishnan L Emergency Medicine Specialist Aster Medcity Ernakulam
<b>Date</b>	05/11/2022
<b>Time</b>	9.00 AM- 12.30 PM
<b>Duration</b>	3 hours and 30 minutes
<b>Beneficiaries</b>	Student teachers- 96, Faculty- 3
<b>Event Venue</b>	Multipurpose Hall, St. Joseph college of Teacher Education for Women, Ernakulam

### Programme Report

The IQAC cell of St. Joseph College of Teacher Education for Women, Ernakulam in association with Aster Medcity, Ernakulam organized a student capacity enhancement programme for first aid on 5<sup>th</sup> November 2022 from 9.00 AM to 12.30 PM. The event was organized with an aim to generate awareness regarding the importance of first aid and to uplift their first aid skills thereby equipping them to help themselves or others when

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experienced with medical emergency situations. Faculty members, Dr. Ceby George and Ms. Rosy Tintu, Assistant Professors in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam were the coordinators for the event. The resource person for the event was Dr. Harikrishnan L, emergency medicine specialist at Aster Medcity, Ernakulam. Faculty members, B Ed. student teachers (2022-2024 batch) and St. Joseph TTI (Teacher Training Institute) student teachers participated in the event.

The capacity enhancement programme on first aid started exactly at 9.00 AM with the prayer song by Ms. Sharon Anish, Ms. Dhanya Joy, and Ms. Emiliya Merin, student teachers from Mathematics optional. The official welcome speech for the event was delivered by Ms. Rosemol V T, student teacher from Mathematics optional. The welcome speech was succeeded by the introductory speech on the importance and need of enhancing knowledge base regarding first aid which was delivered by Ms. Aparna Shaji, student teacher from Mathematics optional. The introductory speech was followed by the presidential address by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph elucidated the significance of students being provided with capacity enhancement programme on first aid. Such programmes not only helps in enhancing student teachers' capacity but also encourages safe and healthy living for themselves and others. It also enhances their confidence and empathy as the knowledge base developed through such programmes could be used to save the lives of other people.

After the presidential address by the Principal, the resource person for the event, Dr. Harikrishnan L, medical emergency specialist from Aster Medcity, Ernakulam carried out the session on first aid. Dr. Harikrishnan L carried out an informative session enunciating the importance of learning first aid skills. Understanding first aid is beneficial for an individual personally and for the community in which he lives. It enables the individual to help injured people until help arrives in the case of accidents or other emergencies. Since first aid knowledge can be used in public places, at home or at work, the community gets safer where the people living in it are knowledgeable about first aid. The initial aid provided to an injury or illness sufferer is the concept of first aid in its essential form. Basic first aid knowledge consists of relatively easy-to-perform procedures and techniques that can usually be done with minimal equipment and are often employed until emergency medical help arrives. Being a helpless spectator to an emergency scenario might potentially make things worse if an accident occurs in a public location, at work or at home. It is therefore crucial that as many individuals as possible possess at least a fundamental understanding of first aid. Through

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interactive demonstrations, the resource person explained several emergency scenarios and approaches to recognize each and take action accordingly. Dr. Harikrishnan L discussed about the chain of survival and Cardiopulmonary Resuscitation (CPR). Sudden cardiac arrest is a pulseless state that occurs suddenly and unexpectedly and is brought on by an issue with the electrical activity of the heart. The sequence of actions that must occur quickly after one another in order to boost the probability of surviving a sudden cardiac arrest is known as chain of survival. The links of chain of survival includes, immediate or early recognition of sudden cardiac arrest and emergency response system activation, Preliminary Cardiopulmonary Resuscitation (CPR) focusing on chest compressions, rapid defibrillation which involves administering electrical current through a defibrillator device to a person who had cardiac arrest in order to restart and reset his or her heart to a healthy and normal rhythm. Another links includes effective and advanced life support and post- cardiac arrest integrated care. The resource person also discussed in detail about the first aid procedures and techniques to be applied during the scenarios of severe choking, dog bite, snake bite, drowning, burns etc. After the session, a question and answer session was held by the resource person for clarifying students' doubts. Student teachers raised many questions and clarified their doubts regarding various situations such as epilepsy, nose bleeding, choking etc. After the question and answer session, the resource carried out a demonstration session of CPR both in adults and in babies.

The capacity enhancement programme on first aid, 2022 turned out to be successful in accomplishing its objectives. The programme could enhance the knowledge base of student teachers regarding first aid and could equip them with essential first aid skills thereby promoting sense of safety and well-being among them. The student teachers were equipped with confidence and practical skills to help themselves and others in medical emergency situations. The entire programme winded up at 12.30 PM with a vote of thanks delivered by Ms. Kabani S, student teacher from Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam.

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## Students 'Capacity Enhancement Programme on First Aid, 2022

### Photo Gallery



**Event Poster for the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**

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St. Joseph College of Teacher Education for Women,  
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**Ms. Sharon Anish, Ms. Dhanya Joy, and Ms. Emiliya Merin, student teachers from Mathematics optional performing prayer song during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**



**Ms. Rosemol V T, student teacher from Mathematics optional delivering welcome speech during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**



**Ms. Aparna Shaji, student teacher from Mathematics optional delivering introductory speech during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**



**Dr. Harikrishnan L, emergency medicine specialist at Aster Medcity, Ernakulam carrying out the session on first aid during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**

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**Snippets from the demonstration sessions carried out by Dr. Harikrishnan L, emergency medicine specialist at Aster Medcity, Ernakulam during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**



**Ms. Kabani S, student teacher from Mathematics optional delivering vote of thanks during the student capacity enhancement programme on first aid, 2022 conducted at St. Joseph College of Teacher Education for Women, Ernakulam.**

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**Dr. Alice Joseph**  
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 St. Joseph College of Teacher  
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## Students 'Capacity Enhancement Programme on First Aid, 2022

### Programme Details

<b>Name of the Event</b>	Students' Capacity Enhancement Programme on First Aid, 2022
<b>Date</b>	05/11/2022
<b>Time</b>	9.00 AM- 12.30 PM
<b>Duration</b>	3 hours and 30 minutes
<b>Beneficiaries</b>	Student teachers- 96, Faculty- 3
<b>Event Venue</b>	Multipurpose Hall St. Joseph college of Teacher Education for Women, Ernakulam

### List of Participants

#### Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Ceby George	Assistant professor (Physical Science Education)
3	Ms. Rosy Tintu M P	Assistant Professor (Physical Science Education)

#### Students list:

Sl. No	Name	Batch
1	Akhila M Nair	2022-2024 batch (B Ed. English)
2	Akshaya T G	2022-2024 batch (B Ed. English)
3	Amalu K	2022-2024 batch (B Ed. English)
4	Anagha R	2022-2024 batch (B Ed. English)
5	Anargha Mary	2022-2024 batch (B Ed. English)
6	Ashna Thomas	2022-2024 batch (B Ed. English)
7	Dona Maria	2022-2024 batch (B Ed. English)



8	Jeena Elsa John	2022-2024 batch (B Ed. English)
9	Jesna Joseph	2022-2024 batch (B Ed. English)
10	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
11	Margret Benitta V J	2022-2024 batch (B Ed. English)
12	Megha Madhu	2022-2024 batch (B Ed. English)
13	Minu Mary	2022-2024 batch (B Ed. English)
14	Neha Babu	2022-2024 batch (B Ed. English)
15	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
16	Rachel Berkumon	2022-2024 batch (B Ed. English)
17	Remya P . T	2022-2024 batch (B Ed. English)
18	Swathi.M	2022-2024 batch (B Ed. English)
19	Abina K	2022-2024 batch (B Ed. Malayalam)
20	Akhila M George	2022-2024 batch (B Ed. Malayalam)
21	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
22	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)
23	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
24	Archana V N	2022-2024 batch (B Ed. Malayalam)
25	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
26	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
27	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
28	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
29	Pavithra V	2022-2024 batch (B Ed. Malayalam)
30	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
31	Snehakavya	2022-2024 batch (B Ed. Malayalam)
32	Swathi . M	2022-2024 batch (B Ed. Malayalam)
33	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)



34	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
35	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
36	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
37	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)
38	Indhu . K	2022-2024 batch (B Ed. Mathematics)
39	Kabani S	2022-2024 batch (B Ed. Mathematics)
40	Nanditha J	2022-2024 batch (B Ed. Mathematics)
41	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
42	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
43	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
44	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
45	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
46	Vandana K P	2022-2024 batch (B Ed. Mathematics)
47	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
48	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
49	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)
50	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
51	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
52	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
53	Ashna K J	2022-2024 batch (B Ed. Physical Science)
54	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
55	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
56	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
57	Diya N C	2022-2024 batch (B Ed. Physical Science)
58	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
59	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)



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60	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
61	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)
62	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
63	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)
64	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
65	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
66	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
67	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
68	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
69	Gopika A G	2022-2024 batch (B Ed. Natural Science)
70	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
71	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
72	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
73	Merin K S	2022-2024 batch (B Ed. Natural Science)
74	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
75	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
76	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
77	Sneha P P	2022-2024 batch (B Ed. Natural Science)
78	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
79	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
80	Anagha Mary	2022-2024 batch (B Ed. Social Science)
81	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
82	Arya .T .K	2022-2024 batch (B Ed. Social Science)
83	Aswathy K S	2022-2024 batch (B Ed. Social Science)
84	Chinchu K H	2022-2024 batch (B Ed. Social Science)
85	Devika P S	2022-2024 batch (B Ed. Social Science)





86	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
87	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
88	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
89	Nandhitha C	2022-2024 batch (B Ed. Social Science)
90	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
91	Reshma George P G	2022-2024 batch (B Ed. Social Science)
92	Riya James	2022-2024 batch (B Ed. Social Science)
93	Sarah Maria	2022-2024 batch (B Ed. Social Science)
94	Sneha M	2022-2024 batch (B Ed. Social Science)
95	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
96	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ORIENTATION CLASS ON 'ART EDUCATION', 2022

<b>Name of the Event</b>	Orientation Class on 'Art Education', 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers acquire knowledge in art and various art forms</li> <li>2. To instill the importance and the value of traditional art forms and culture among student teachers</li> <li>3. To enhance the knowledge and competence of student teachers to help them excel academically and professionally</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	<p>Ms. Anu Cleetus Assistant Professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	18/11/2022
<b>Time</b>	9.00 AM - 11.00 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers
<b>Event Venue</b>	<p>Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam</p>

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## Orientation Class on 'Art Education', 2022

### Programme Report

Student teachers at St. Joseph College of Teacher Education for Women, Ernakulam go through a set of activities as preparatory to school-based practice and internship. St. Joseph College of Teacher Education for Women, Ernakulam organized an orientation class on 'Art Education' on 18<sup>th</sup> November 2022 from 9 AM to 11 AM at the college multipurpose hall. The purpose of the orientation class was to prepare the student teachers for practice teaching or internships and to enhance certain significant skills and competencies. The orientation class was organized for the B.Ed. student teachers at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the orientation class was Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.

The orientation class started exactly at 9 AM by the resource person, Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Anu Cleetus welcomed all the student participants to the class. She reminded all the student teachers to utilize the opportunity to enhance their knowledge and competence which would reflect excellence in both their academic and professional performance. The resource person explained about the concept of folk arts and traditional art forms. Every form of art utilizes an artistic medium to portray the creator's inner creative thoughts and personality. There are innumerable varieties of art, and each one is unique. Folk art is one of among the most fascinating and historically significant genres of art. Folk art is characterized as the traditional ornamental, musical, or utilitarian expression of various cultures or regions. Folk art is typically exclusive to a particular community and used to express society. Folk art, to put it simply, is the visual representation of the diverse customs and civilizations found throughout the world. Many traditions and rituals that come from historically ancient and significant nations are embedded with traditional folk art. Different art forms were discussed specifically Theyyam, Kathakali, Kodyattu, Mohiniyattam, Kalarippayattu, Padayani, Pulikali, Thullal, Chakyarkoothu, Thiruvathirakali etc. during the session, the resource person assigned the student teachers to prepare criteria for evaluating any two art forms. The resource person also gave a detailed explanation on the factors to be included in judgement criteria for evaluating art forms. As per the instructions given by the resource person through the orientation class, the student teachers prepared criteria for

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evaluating different art forms. The entire session was carried out in an interactive way and it wound up at 11 AM.

The orientation class on 'Art Education' was successful in instilling in the importance and value of traditional art forms and culture among students. The interactive orientation class turned out to be successful in helping student teachers acquire knowledge in art and various art forms. Overall, it was an informative and beneficial session for the student teachers.

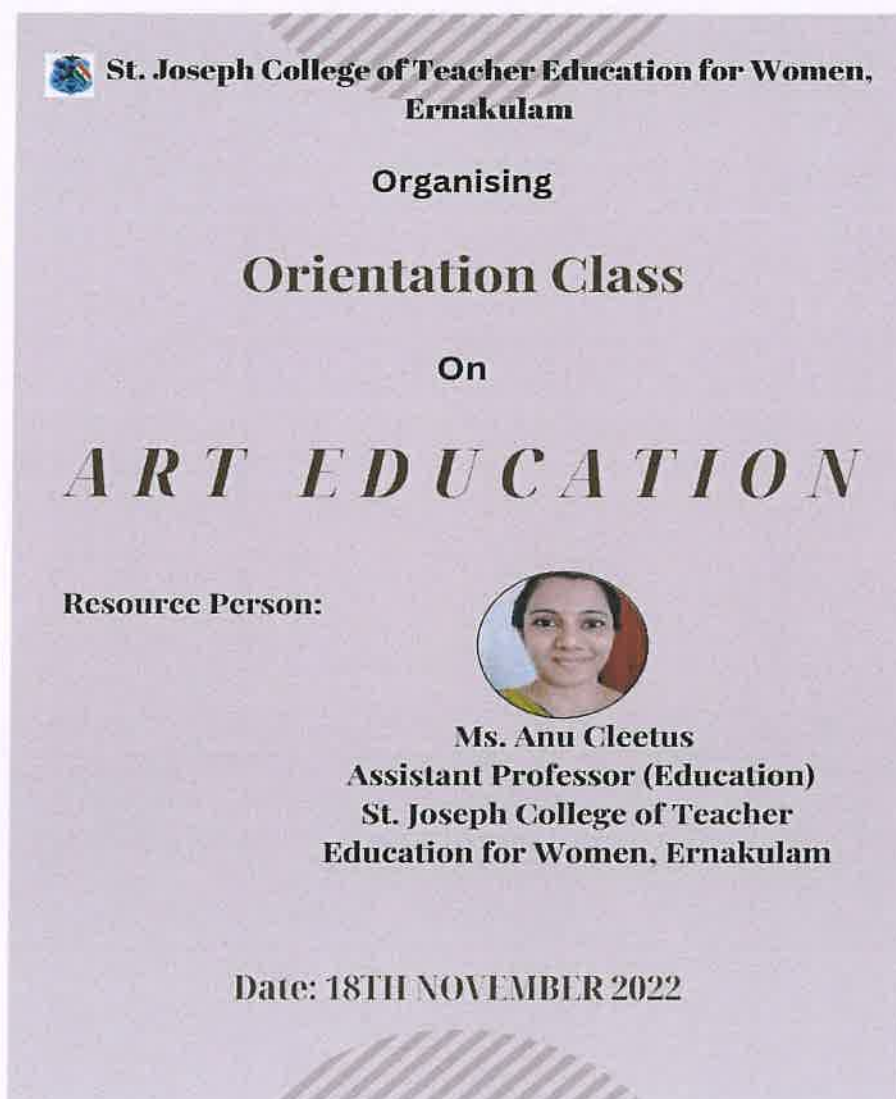
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## Orientation Class on 'Art Education', 2022

### Photo Gallery




**St. Joseph College of Teacher Education for Women,  
Ernakulam**


Organising

**Orientation Class**

On

**ART EDUCATION**


Resource Person:



**Ms. Anu Cleetus**  
**Assistant Professor (Education)**  
**St. Joseph College of Teacher  
Education for Women, Ernakulam**

Date: 18TH NOVEMBER 2022

**Event poster for the orientation class on 'Art Education' conducted for B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam on 18<sup>th</sup> November 2022 from 9 AM to 11 AM at the college multipurpose hall.**

  
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**Principal in Charge**  
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Kochi, Kerala, India

X7MH+4GJ, Kacheripady, Kochi, Kerala 682035, India

Lat 9.983033°

Long 76.278729°

18/11/22 09:35 AM GMT +05:30

**Ms. Anu Cleetus, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam carrying out the orientation class on 'Art Education' conducted by the college for B.Ed. student teachers on 18<sup>th</sup> November 2022**

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## 'IT'S TIME FOR CHANGE' - PROGRAMME ON DISCRIMINATION AGAINST WOMEN, 2022

<b>Name of the Event</b>	'It's Time for Change'- Programme on Discrimination against Women, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness regarding various issues faced by women across the globe</li> <li>2. To promote change, prevent discrimination and stimulate women empowerment</li> </ol>
<b>Details of Event Coordinators</b>	Physical Science optional student members Women Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	28/11/2022
<b>Time</b>	3.20 PM – 4.20 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 96 , Faculty- 8
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam conducted 'It's Time for Change'- a programme on discrimination against women on 28<sup>th</sup> November 2022 from 3.20 PM to 4.20 PM at the college multipurpose hall. The Women Cell student members from Physical Science optional organized the entire programme. The programme was conducted as part of the curriculum of B Ed programme. The programme aimed at highlighting and generating awareness regarding various issues faced by women and children across the globe. The programme also has its purpose of promoting change, prevent discrimination and stimulate women empowerment.

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The programme 'It's Time for Change' on discrimination against women, 2022 started exactly at 3.20 PM. The programme started with the welcome speech. Welcome speech for the programme was delivered by Ms. Arunima C H, student teacher from Physical Science optional. Ms. Arunima C H warmly welcomed all of the participants to the event. The welcome speech for the programme was succeeded by the introductory speech delivered by Ms. Ashna K J, student teacher from Physical Science optional. The introductory speech was on the subject of discrimination of women and children at homes. Ms. Ashna K J enunciated that women and children faces various issues. Gender discrimination is one among the issues faced by women across the globe. The gender inequality can be seen at one's home itself. Ms. Ashna K J articulated that the lack of awareness of women regarding their rights and capacity to access their rights and achieve equality is one among the major causal factors to gender inequality. The prevalent cultural and social conventions, which state that women ought to be submissive to men, are frequently accountable for this lack of awareness, especially in a country like India which is culture bound. The introductory speech was succeeded by various activities for the day. The key activities for the programme included:

- Skit performance
- Video presentation
- Discussion session

A skit performance was enacted by the Women Cell student members from Physical Science optional based on the theme of gender discrimination faced by Women at home. The moral of the skit was that changes should begin from homes and then only visible changes could be seen in the society. The skit performance was succeeded by a video presentation on discrimination against women. The video provided an overall idea about women discrimination then and now. Discrimination in gender especially against women has been evident from earlier decades. Even certain religions restrict women from being dominant or have authority over men. In a cultural bound country India, gender inequality can be seen at homes. For instance, in Indian households, women used to eat food after their counterparts have had first. Women consumed less nutritious food or whatever leftover they had after the male members of the family had consumed. This has been one among the causal factors of increased malnutrition cases in India. In the present scenario, the concept of gender inequality and discrimination against women are receiving great attention and the situations are changing for women in the society. Now a days, women are having equality with men in the

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society. However, discrimination in the society is still prevalent and a complete empowerment of the women is still a long way to go. The video presentation was succeeded by an open discussion regarding the concept of discrimination against women. The discussion was mediated by Ms. Arunima C H, student teacher from Physical Science optional. Ms. Arunima shared experiences of her friend being discriminated and other issues they face at their own homes. From the participants, many student teachers came forward with their own experiences and ideologies regarding the concept. Ms. Sneha P.P, student teacher from Natural Science optional shared that according to her viewpoint, no gender discrimination or discrimination specifically against women are not happening in this era. She shared her experience at home where household chores are equally shared between her and her brother at home. She added that her brother cooks food for her and she never experienced discrimination in anything at her home. She also expressed her positive outlook to the progression of the society today. Finally, Ms. Anargha Mary, student teacher from English optional shared her ideology on the concept. According to her, still there are more changes to be facilitated in the society and the changes should start from ones' own home itself. From home, changes should come in the society as a whole. The discussion session was the final activity of the programme.

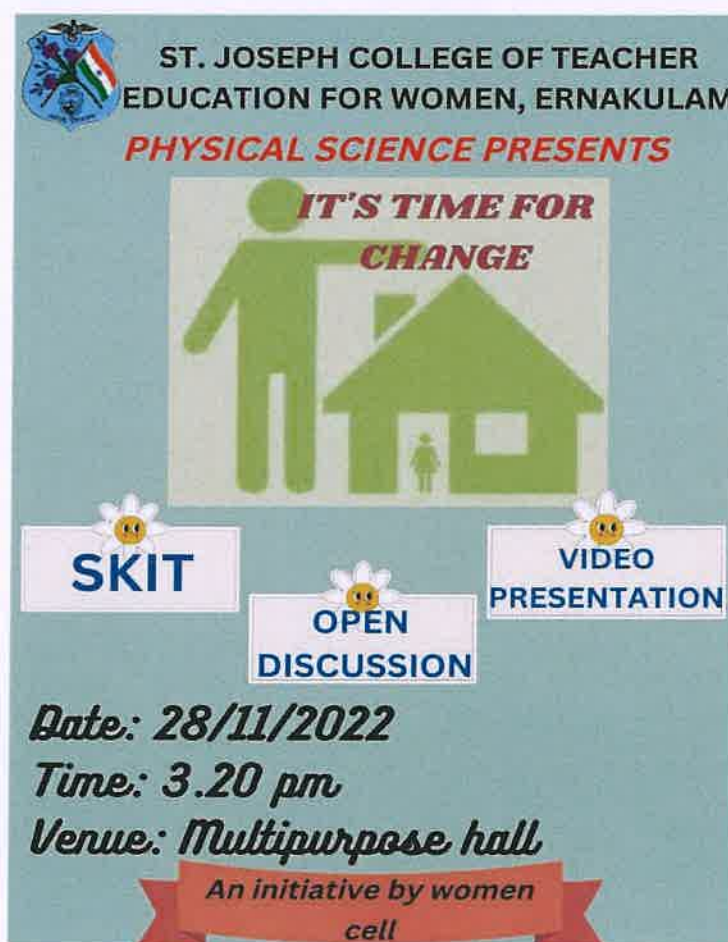
The programme, 'It's Time for Change' on discrimination against women turned out be successful in accomplishing its objectives. The programme was very informative and beneficial for the student teachers. The active participation of student teachers made the programme more effective and fruitful. The student teachers could reflect on their thoughts relating to the concept of discrimination against women. The programme could enhance critical thinking in the participants. The programme winded up at 4.20 PM with the vote of thanks delivered by Ms. Dinsha M Saji, student teacher from Physical Science optional.

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## It's Time for Change'-Programme on Discrimination against Women, 2022

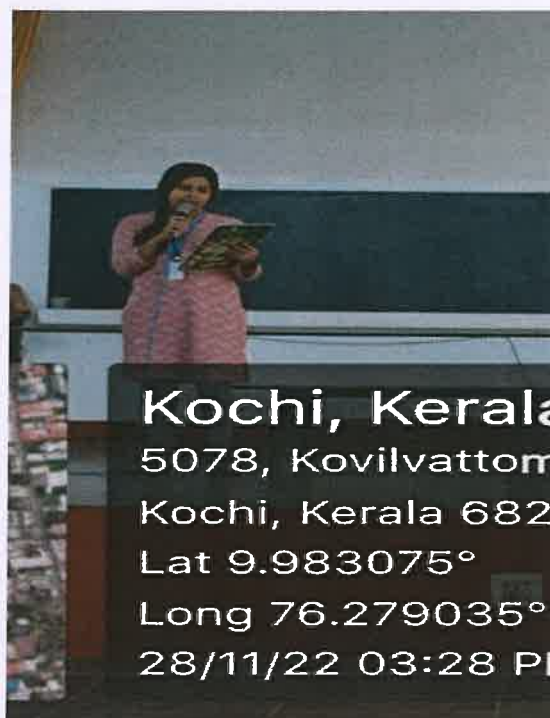
### Photo Gallery



Event poster for the programme, 'It's Time for Change' on discrimination against women, 2022 organized by the Physical Science optional student members in Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam.

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**Ms. Arunima C.H and Ms. Ashna K.J, student teachers from Physical Science optional delivering welcome speech and introductory speech respectively during the programme, 'It's Time for Change' on discrimination against women, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam.**



**Snippets from skit performance by Students teacher from Physical Science optional during the programme, 'It's Time for Change' on discrimination against women, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam.**

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**Ms. Sneha P.P, student teacher from Natural Science optional and Ms. Anargha Mary, student teacher from English optional sharing their viewpoints during the open discussion session conducted during the programme, 'It's Time for Change' on discrimination against women, 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam.**

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**It's Time for Change'-Programme on Discrimination against Women, 2022****Programme Details**

<b>Name of the Event</b>	'It's Time for Change'- Programme on Discrimination against Women, 2022
<b>Date</b>	28/11/2022
<b>Time</b>	3.20 PM – 4.20 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 96 , Faculty- 8
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Ceby George	Assistant professor (Physical Education)
4	Dr. Rachel George M	Associate Professor (Natural Science Education)
5	Dr. Bindu Joseph	Associate Professor (Malayalam Education)
6	Dr. Marin Jose	Assistant Professor (English Education)
7	Dr. Siji John	Assistant Professor (Social Science Education)
8	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)

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## Students list:

Sl. No	Name	Batch
1	Akhila M Nair	2022-2024 batch (B Ed. English)
2	Akshaya T G	2022-2024 batch (B Ed. English)
3	Amalu K	2022-2024 batch (B Ed. English)
4	Anagha R	2022-2024 batch (B Ed. English)
5	Anargha Mary	2022-2024 batch (B Ed. English)
6	Ashna Thomas	2022-2024 batch (B Ed. English)
7	Dona Maria	2022-2024 batch (B Ed. English)
8	Jeena Elsa John	2022-2024 batch (B Ed. English)
9	Jesna Joseph	2022-2024 batch (B Ed. English)
10	Leenu Merin Thomas	2022-2024 batch (B Ed. English)
11	Margret Benitta V J	2022-2024 batch (B Ed. English)
12	Megha Madhu	2022-2024 batch (B Ed. English)
13	Minu Mary	2022-2024 batch (B Ed. English)
14	Neha Babu	2022-2024 batch (B Ed. English)
15	Nimmy Elizabeth George	2022-2024 batch (B Ed. English)
16	Rachel Berkumon	2022-2024 batch (B Ed. English)
17	Remya P . T	2022-2024 batch (B Ed. English)
18	Swathi.M	2022-2024 batch (B Ed. English)
19	Abina K	2022-2024 batch (B Ed. Malayalam)







20	Akhila M George	2022-2024 batch (B Ed. Malayalam)
21	Aleena Steephen	2022-2024 batch (B Ed. Malayalam)
22	Anju Prathap. P	2022-2024 batch (B Ed. Malayalam)
23	Aparna Jais	2022-2024 batch (B Ed. Malayalam)
24	Archana V N	2022-2024 batch (B Ed. Malayalam)
25	Jisa Martin	2022-2024 batch (B Ed. Malayalam)
26	Kavyamol A B	2022-2024 batch (B Ed. Malayalam)
27	Lakshmi T S	2022-2024 batch (B Ed. Malayalam)
28	Nidhiya Joseph	2022-2024 batch (B Ed. Malayalam)
29	Pavithra V	2022-2024 batch (B Ed. Malayalam)
30	Shiji.T.T.	2022-2024 batch (B Ed. Malayalam)
31	Snehakavya	2022-2024 batch (B Ed. Malayalam)
32	Swathi . M	2022-2024 batch (B Ed. Malayalam)
33	Treesa Jojan	2022-2024 batch (B Ed. Malayalam)
34	Vrinda Suresh	2022-2024 batch (B Ed. Malayalam)
35	Dhanya Joy	2022-2024 batch (B Ed. Mathematics)
36	Emilin K Thomas	2022-2024 batch (B Ed. Mathematics)
37	Emiliya Merin	2022-2024 batch (B Ed. Mathematics)
38	Indhu . K	2022-2024 batch (B Ed. Mathematics)
39	Kabani S	2022-2024 batch (B Ed. Mathematics)
40	Nanditha J	2022-2024 batch (B Ed. Mathematics)

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41	Rosemol V T	2022-2024 batch (B Ed. Mathematics)
42	Sandra Antony	2022-2024 batch (B Ed. Mathematics)
43	Sharon Achu Anish	2022-2024 batch (B Ed. Mathematics)
44	Sneha Prince	2022-2024 batch (B Ed. Mathematics)
45	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics)
46	Vandana K P	2022-2024 batch (B Ed. Mathematics)
47	Aiswarya . A .K.	2022-2024 batch (B Ed. Physical Science)
48	Aiswarya Lakshmi S	2022-2024 batch (B Ed. Physical Science)
49	Alkha Thomas	2022-2024 batch (B Ed. Physical Science)
50	Anjumol Paul	2022-2024 batch (B Ed. Physical Science)
51	Ann Sara V Alias	2022-2024 batch (B Ed. Physical Science)
52	Arunima C . H	2022-2024 batch (B Ed. Physical Science)
53	Ashna K J	2022-2024 batch (B Ed. Physical Science)
54	Aswathy Aji P	2022-2024 batch (B Ed. Physical Science)
55	Dilna Biju	2022-2024 batch (B Ed. Physical Science)
56	Dinsha M Saji	2022-2024 batch (B Ed. Physical Science)
57	Diya N C	2022-2024 batch (B Ed. Physical Science)
58	Karthika Raveendran	2022-2024 batch (B Ed. Physical Science)
59	Muhzina Muhammed Basheer	2022-2024 batch (B Ed. Physical Science)
60	Rose Mary Jose	2022-2024 batch (B Ed. Physical Science)
61	Sahala Nayeem A A	2022-2024 batch (B Ed. Physical Science)



62	Treesa Taniya P A	2022-2024 batch (B Ed. Physical Science)
63	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)
64	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
65	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
66	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
67	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
68	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
69	Gopika A G	2022-2024 batch (B Ed. Natural Science)
70	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
71	Maneeha S M	2022-2024 batch (B Ed. Natural Science)
72	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
73	Merin K S	2022-2024 batch (B Ed. Natural Science)
74	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
75	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
76	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
77	Sneha P P	2022-2024 batch (B Ed. Natural Science)
78	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
79	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
80	Anagha Mary	2022-2024 batch (B Ed. Social Science)
81	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
82	Arya .T .K	2022-2024 batch (B Ed. Social Science)





83	Aswathy K S	2022-2024 batch (B Ed. Social Science)
84	Chinchu K H	2022-2024 batch (B Ed. Social Science)
85	Devika P S	2022-2024 batch (B Ed. Social Science)
86	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
87	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
88	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
89	Nandhitha C	2022-2024 batch (B Ed. Social Science)
90	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
91	Reshma George P G	2022-2024 batch (B Ed. Social Science)
92	Riya James	2022-2024 batch (B Ed. Social Science)
93	Sarah Maria	2022-2024 batch (B Ed. Social Science)
94	Sneha M	2022-2024 batch (B Ed. Social Science)
95	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
96	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)

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## REPORT ON COMMUNITY ENGAGEMENT CAMP

<b>Name of the Event</b>	REPORT ON COMMUNITY ENGAGEMENT CAMP
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To create a sense of community among students.</li> <li>2) To provide a platform for people to learn about each other, build relationships, and create a sense of unity.</li> <li>3) To develop social skills.</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam.
<b>Resource person(s)</b>	Mr. Tony & Mrs. Jeena Tony
<b>Dates</b>	16/12/22 to 19/12/22
<b>Duration</b>	4 days
<b>Beneficiaries</b>	Student Teachers (Total No.26) ; Teachers – 2.
<b>Event Venue</b>	Vandiperiyar, Idukki St. Joseph College of Teacher Education for Women, Ernakulam

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## REPORT ON COMMUNITY ENGAGEMENT CAMP

Community engagement camps are a significant means of bringing people together and creating a sense of community among them. It provides a chance for a group of people to collaborate on initiatives that enhance the quality of a particular community. These camps in a way provide a platform for people to learn about each other, build relationships, and create a sense of unity. Furthermore, by providing a forum for discussion about the community problems and working on their solutions, it creates a sense of understanding and empathy among different groups.

Place: Vandiperiyar, Idukki

Date: 16/12/22 to 19/12/22

No. of Participants: 26 B. Ed Students & 2 Teachers

Organized by: St. Joseph College of Teacher Education for Women, Ernakulam.

Facilitators: Mr. Tony & Mrs. Jeena Tony

St. Joseph College of Teacher Education for Women, Ernakulam organized a four-day camp at vandiperiyar in the Idukki district from December 16 to December 19 as a part of its community engagement programme. The camp included twenty participants and two teachers. The camp members attended several meetings where the guidelines for the camps were discussed. To improve communication among the members, Dr. Sr. Betty P J started a Whatsapp group on November 11th, 2022. As part of the safety measure, participants and their parents were requested to submit a consent letter.

On the sixth day of December 2022, a camp orientation was scheduled at 2 PM. Mr. Tony, an assistant professor at Bharath Matha College, served as the camp's instructor and provided all pertinent details and instructions. He broke the ice with the attendees at the beginning of the session using a variety of exercises. Then he discussed the significance of holding a camp within the tribal area and all the considerations we should make before visiting. He continued by highlighting the necessity of many committees and groups, along with the leader. Immediately following that meeting, various committees were formed, the leader was chosen, and the participants were divided into groups. The leader was chosen to be Sneha Kavya of the Malayalam optional. There were about nine committees and four groups constituted. It was also decided who would lead each of the four groups. There were a number of committees, including the programme committee, the food and travel committee,

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the finance committee, the purchase committee, the medicine committee, the cultural committee, the discipline committee, the tools committee, and the documentation committee. The meeting adjourned at 4:15 p.m. Later that day, there were numerous camp-related discussions. On the foundation of the idea of community engagement, we were requested to propose a title for the camp. Names like Karma, Urvi, Unarv, Aaranyayanam, Kadakam, Jeevanam, etc. were among the many names that were suggested. Finally, Urvi was decided upon as the camp's name. The four groups were given the names Kuruji, Marutham, Neythal, and Paalai, respectively.

During the lunch hour on December 7th, a meeting of the programme committee members took place. The student coordinator and five other members of the programme committee gathered to discuss and arrange the events that must take place over the camp days. On December 8, 2022, the programme committee and student coordinator assembled once more. To get everyone's input on the events and to hold meetings to discuss ideas, meetings were also held with all the participants. Everyone took part fully and enthusiastically contributed their ideas and opinions. For the four days of camp, different responsibilities were assigned to each group. Programs on the first day included an inaugural address, a discussion forum, a cultural event, and a news reading. Day two was scheduled with group one cleaning, group two assisting with construction of Vaalyamapura (a place where girls and women stay during their menstrual period, somewhat away from the house they are staying in), group three being tasked with engaging with children, and group four being tasked with instructing. On the third day, group one will complete the construction of Vaalyamapura, group two will interact with the children, group three will carry out the teaching duties, and group four will complete the cleaning. On day four, the last day, a school visit was scheduled, along with an interaction session and a craft-making activity. According to their responsibilities, each group was obliged to plan engaging activities for the relevant days and to consider the necessary supplies needed to carry out activities at the campsite. To plan the activities and cultural programmes that will take place at the campsite, several meetings were organized.

On November 11th, 2022, Kavyamol A. B. from Malayalam Optional created a banner for the camp. It was the outcome of persistence, perseverance, patience, and time. Again, on December 12 at 2:00 PM, a meeting was held with the teachers and participants to discuss what has to be purchased, what materials are needed for first aid, what teaching aids are required, what activities we should undertake, and what supplies we ought to have on

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hand. The goods that needed to be bought were listed out. Teachers also gave us a list of everything we needed to bring on a camping trip and reminded us to take protective measures when we were travelling on long journeys or in forest areas. Thereafter the meeting ended. The Rotary Club would fund some of the necessary goods for the indigenous children, Sr. Betty announced the following day, on December 13, 2022.

On Thursday, December 14 at 12:55 PM, a meeting was yet again conducted in the auditorium to consider the subjects we would be teaching the children there. It was determined that we may educate the children about personal hygiene, little poetry, paper crafts, and the alphabets. The leader jotted down a list of who will handle the various tasks. Additionally, a list of the cultural programmes put on by each group for each day was taken down. Following that, members' parents' names and contact information was gathered out of concern.

Since pupils were not permitted to bring their phones to class, parents were also given the phone number of the concerned teachers. By compiling a list of items that needed to be purchased for the camp from the various committees' needs and making all of the purchases on December 14, 2022, the Purchase Committee and Finance Committee began their work.

A final list of items to take for the camp and a schedule of the daily cultural activities were posted in the WhatsApp group by the leader on December 15th, 2022. After that, at 1:15 PM, the campers were instructed to gather in the multipurpose hall. It was time to prepare the educational resources for the children.

The members created charts for the English and Malayalam alphabets, numerals, colour cards, and flashcards for different sensory organs, among other things. The next day's preparations were completed, including packing. The campers did not forget to seek the principal, teachers, and office staff for their blessings in order for the camp to be a success. Later that day, Sr. Betty reminded us of other preparations we needed to make before departing, such as hanging the banner and packing and organizing things in the bus. All of these were part of the camp's preparation and planning. Everyone was delighted and eager for an exciting and unique experience.

In accordance with Tony Sir's directions, the groups cleared the ground before beginning to build "Valyamapura" by drawing out a rectangular plot and laying bricks for a sturdy foundation. With the assistance of Tony sir and others, we created a platform and levelled it before inserting four sturdy woods into each of the four corners to completely

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cover the bricks. Later, the sides and roof were covered with a sheet. Two of the construction works were still unfinished when one was finished that day. At 2:30 PM we went back to have lunch and rested for half an hour and returned to the settlement for an interaction session with the people living there, especially the children.

At first, they were very reluctant to interact with us but we were able to attract the attention of them. Slowly one by one they merged with us to play games. We created a rapport and then the bonding was easy thereafter. They joined us in playing the game of ball passing and took pleasure in it. As two of the players sang in the centre of the game, we moved around in a circle while alternatingly putting the kids in between us as we stood in the circle. To the beat of the music, we danced and passed the ball forward and paused whenever the music stopped. Each time the ball randomly reached a member, the music would stop. However, we made sure it wasn't them because they could have fun and become involved with us. The game was made more enjoyable by our sister's participation. Finally, they finished as the winners. Next, we requested some of them to sing a song. They sang Malayalam nursery songs for us after initially being hesitant to do so. For the winners, the rewards were prepared. To do that, we requested Betty Sr. to give them their gifts. Sister encouraged each youngster who took part in the game to mention their name. It absolutely astounded everyone how loudly and boldly they all called out their names. Sister then displayed the prize—a pouch—to them and inquired about its function. She urged the pupils to attend class by advising them to bring these pouches with them to school the very next day. They stated they will take the pouch to school the following day as promised. Later, Mrs. Jeena stated that she had never heard or seen them speak in such a way, which was truly astonishing to her. After our cordial approaches, we realised that they had significantly changed. We were delighted by that personal cleanliness to the children as they were giving them a bath. The group members returned around 11:00 AM and began instructing the school children.

The members first intended to do a skit about drug abuse in Anganwadi. Then, however, the plan was altered so that it would be performed in front of the villagers and youngsters. We saw the elephant footprints that arrived yesterday night in that particular area as we headed to the villagers. A total of six or seven families attended to watch the performance. The performance was warmly welcomed. Following the show, as a prelude to the forthcoming Christmas celebration, the members cut a cake with the families. Then the members returned to the Anganwadi, where some of the students stopped by to meet us. The

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members interacted with the students and played the game of passing the ball. Prizes were given to the winners. Later the members distributed sweets among the students and their parents who came along with them. They asked the members to visit them again as they can show a playground, they have in which they organize their programmes and games. The members engaged in conversation and ball-passing games with the students. The winners received rewards. Later, the members gave out treats to the students and their accompanying parents. They urged the members to come back so they could show them the playground where they arrange their activities and programmes

Since everyone may access the books, use them as references, and learn information from them, we made the decision to donate the books to the campus library. After that, we were requested to give our impressions of the dorm and any criticisms of the accommodation and staff during a review session. A few pupils voiced their opinions about the visit and the camp. From the teacher's part, Rachel Ma'am shared her experience and Mr. Tony also made a comment about his experience. Manikuttan Sir finally shared his thoughts on the members and our camp in general. After that, we began our cultural programmes. It featured the Chain group song, two members performing cinematic dances individually, two members performing solo cinematic songs, a semi-classical dance performance, and campers singing the Naadan Pattu group song. Additionally, Mr. Tony and Mrs. Jeena, Tony sang for us. Our Sr. Betty's song was the program's standout moment. Everyone was in awe of our Sister's sense of humor while she was singing the song. The performance was enjoyable for all of us, and we all contributed to its lasting memory.

Photos link:

[https://drive.google.com/drive/folders/1aYydoVvND69qjSDtb71DRgGbL4TscOUC?usp=share\\_link](https://drive.google.com/drive/folders/1aYydoVvND69qjSDtb71DRgGbL4TscOUC?usp=share_link)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## ENERGY CONSERVATION CAMPAIGN, 2022

<b>Name of the Event</b>	Energy Conservation Campaign, 2022
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To spread awareness among people in the community on the importance of energy conservation</li> <li>2. To provide student teachers with an opportunity to engage with the community</li> </ol>
<b>Details of Event</b>	Social Science Optional & Natural Science optional
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	16/12/2022
<b>Time</b>	10.30 AM – 11.30 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 34, Faculty- 2, households in community- 30
<b>Event Venue</b>	Households in Kacheripady, Ernakulam

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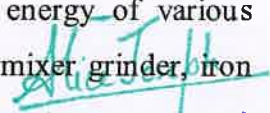


## ENERGY CONSERVATION CAMPAIGN, 2022 PROGRAMME REPORT

Energy conservation can be generally described as the efficient use of energy. Energy conservation is the reduction or elimination of unnecessary or unwanted energy use. It can be achieved by using less energy to complete a given quantity of work or by using no energy at all. Energy conservation has enormous potential to boost economic development while lowering greenhouse gas emissions globally. India started implementing energy conservation measures more than two decades ago and has since created a clear policy architecture for promoting energy conservation. It can be achieved through efficient energy use, which reduces energy consumption while getting the same outcome, or through reduced consumption of energy services. It is one of the simplest methods of helping the ecosystem by reducing pollution and utilizing natural energy.

St. Joseph College of Teacher Education for Women, Ernakulam organized an energy conservation campaign on 16<sup>th</sup> December 2022 from 10.30 AM to 11.30 AM at the households in Kacheripady, Ernakulam near to the college premises. The entire campaign was coordinated and organized by the student teachers from Natural Science optional and Social Science optional of St. Joseph College of Teacher Education for Women, Ernakulam under the guidance of faculty members, Dr. Dinimol Jacob, Assistant Professor in Natural Science Education and Ms. Rosy Tintu M.P, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The purpose of the campaign was to spread awareness among people in the community on the importance of energy conservation. A total of 34 student teachers and 2 faculty members were part of the programme and a total 30 households have been covered by the student teachers as part of the campaign.

A day prior to the programme, i.e., on 15<sup>th</sup> December 2022, a meeting was conducted as part of planning the entire campaign and how to create awareness among people about energy conservation in households in their everyday lives. All of the student teachers and the guiding faculty members participated in the meeting. Leaflets with information regarding energy conservation were prepared by the student teachers to distribute among different households as part of the campaign. The leaflet had an introductory note on the importance and benefits of energy conservation and also the measures to save energy of various household equipments like lighting system, fan, refrigerator, television, mixer grinder, iron

  
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box, oven, induction cooker, washing machine, water pump, air conditioner etc. The material was prepared with the reference from the book 'Urjakiran' published by Energy Management Centre Kerala and Centre for Environment and Development. On 16<sup>th</sup> December 2022, the student teachers from Natural Science and Social Science optionals assembled at the college at 10.30 AM and were divided into two groups. Each group moved onto different lanes in Kacheripady, Ernakulam including St. Alberts College Lane, Kacheripady, Ernakulam near to the St. Joseph College of Teacher Education for Women, Ernakulam and visited the households in the lane. The student teachers distributed the leaflets in the households they have prepared as part of the campaign and gave a short description on how to save energy while using different household equipments were delivered. Majority of the household members were welcoming and patiently listened to the knowledge shared by the student teachers. The student teachers spent an hour for the campaign in various households. The entire energy conservation campaign winded up at 11.30 AM and the student teachers returned back to college.

The energy conservation campaign, 2022 was really productive and fruitful. The campaign was successful in accomplishing its objectives. The campaign could spread awareness regarding energy conservation in the community. The entire campaign was beneficial and informative for the people in the community. The student teachers enthusiastically coordinated the programme. The household visit provided the student teachers with an opportunity to interact with the community and they had a really great experience. The entire campaign was a socially relevant and productive one.

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## ENERGY CONSERVATION CAMPAIGN, 2022

## PHOTO GALLERY



Student teachers from St. Joseph College of Teacher Education for Women, Ernakulam visiting various household in Kacheripady Ernakulam as part of energy conservation campaign, 2022

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1. Sheryl Augustine		1. Sheryl Augustine	
2. Mohan Kumar		2. Mohan Kumar	
3. Mary Anila Rodriguez		3. Mary Anila Rodriguez	
4. Anushka		4. Anushka	
5. Dharmini		5. Dharmini	
6. Lishama Pambal		6. Lishama Pambal	
7. Anil Sitaba		7. Anil Sitaba	
8. Annu Velli		8. Annu Velli	
9. Gayathri		9. Gayathri	
10. Vijayakumari		10. Vijayakumari	
11. Fajisa P.J		11. Fajisa P.J	
12. Latha		12. Latha	
13. Sindhu		13. Sindhu	
14. Prabavathi		14. Prabavathi	

Name	Signature
1) Krishnaventri	
2) Shiny Kuvakose	
3) Madhu K.S	
4) Anousha Anand	
5) Anushka Sreedhar	

Signatures of household members in Kacheripady, Ernakulam who were the beneficiaries of the energy conservation campaign, 2022 organised by St. Joseph College of Teacher Education for Women, Ernakulam

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**ENERGY CONSERVATION CAMPAIGN, 2022**  
**PROGRAMME DETAILS**

<b>Name of the Event</b>	Energy Conservation Campaign, 2022
<b>Date</b>	16/12/2022
<b>Time</b>	10.30 AM – 11.30 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 34, Faculty- 2, households in community- 30
<b>Event Venue</b>	Households in Kacheripady, Ernakulam

**LIST OF PARTICIPANTS**

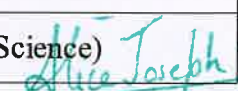
Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
2	Ms. Rosy Tintu M.P	Assistant Professor (Physical Science Education)

Students list:

SL No	Name	Batch
1	Adeline Joseph	2022-2024 batch (B Ed. Natural Science)
2	Anna Anannya K P	2022-2024 batch (B Ed. Natural Science)
3	Anuradha A Pai	2022-2024 batch (B Ed. Natural Science)
4	Ashna Joseph	2022-2024 batch (B Ed. Natural Science)
5	Aysha Beevi C I	2022-2024 batch (B Ed. Natural Science)
6	Femy Mariya Jose	2022-2024 batch (B Ed. Natural Science)
7	Gopika A G	2022-2024 batch (B Ed. Natural Science)
8	Jismi Mohan	2022-2024 batch (B Ed. Natural Science)
9	Maneeha S M	2022-2024 batch (B Ed. Natural Science)

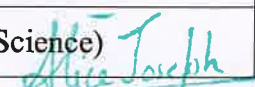


  
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Sl. No	Name	Batch
10	Meera Sankar A	2022-2024 batch (B Ed. Natural Science)
11	Merin K S	2022-2024 batch (B Ed. Natural Science)
12	Mrudula Girish	2022-2024 batch (B Ed. Natural Science)
13	Rajalakshmi R	2022-2024 batch (B Ed. Natural Science)
14	Sandra Soosan Aby	2022-2024 batch (B Ed. Natural Science)
15	Sneha P P	2022-2024 batch (B Ed. Natural Science)
16	Sreelakshmi N	2022-2024 batch (B Ed. Natural Science)
17	Sreeshna . M	2022-2024 batch (B Ed. Natural Science)
18	Anagha Mary	2022-2024 batch (B Ed. Social Science)
19	Anitta Johnson	2022-2024 batch (B Ed. Social Science)
20	Arya .T .K	2022-2024 batch (B Ed. Social Science)
21	Aswathy K S	2022-2024 batch (B Ed. Social Science)
22	Chinchu K H	2022-2024 batch (B Ed. Social Science)
23	Devika P S	2022-2024 batch (B Ed. Social Science)
24	Geethu Sivan	2022-2024 batch (B Ed. Social Science)
25	Liyanta Izabel	2022-2024 batch (B Ed. Social Science)
26	Nair K M Sumalakshmi	2022-2024 batch (B Ed. Social Science)
27	Nandhitha C	2022-2024 batch (B Ed. Social Science)
28	Raseena Naseer	2022-2024 batch (B Ed. Social Science)
29	Reshma George P G	2022-2024 batch (B Ed. Social Science)
30	Riya James	2022-2024 batch (B Ed. Social Science)
31	Sarah Maria	2022-2024 batch (B Ed. Social Science)
32	Sneha M	2022-2024 batch (B Ed. Social Science)
33	Sreelakshmi Sudhakaran	2022-2024 batch (B Ed. Social Science)
34	Sukritha S Shenoy	2022-2024 batch (B Ed. Social Science)



  
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## Beneficiary household member's list:

Sl. No	Name
1	Sherley Augustine
2	Mohan Kumar
3	Mary Anfen Rodriguez
4	Sunandha
5	Dharmini
6	Sushama Premlal
7	Sulaba
8	Ammu Lidhi
9	Gayathri
10	Vijayakumari
11	Jyothi P. J
12	Latha
13	Sindhu
14	Prabavathi
15	Thankamma Joseph
16	Vimala Devi
17	Regeena Michael
18	Narayani
19	Liz Tresa J.J
20	Alley Rajappan
21	Lonappan
22	Elsy
23	Kochuthresia M.U
24	Mini Thomas

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Sl. No	Name
25	Rajmohan B
26	Krishnavenni
27	Shiny Kuriakose
28	Madhu K.S
29	Reetha Manuel
30	Sabitha Samad

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## VISIT TO CATHOLIC CONGREGATION OF BLINDS, NALAM MILE, PERUMBAVOOR

Name of the Event	Field Visit
<b>Objective</b>	<ul style="list-style-type: none"> <li>To visit CCB and to know about the different abilities of blind people</li> <li>To understand the necessity of accepting differently-abled people</li> <li>To help the people in CCB as a part of the Christmas celebration</li> </ul>
<b>Details of: Teacher Coordinators</b>	Dr. Alice Joseph Rosy Tintu M P
<b>Student Coordinators</b>	Sahala Nayeem A A Femy Maria Jose
<b>Date</b>	19-12-2022
<b>Time</b>	10.00 AM – 12.00 PM
<b>Duration</b>	2 hours
<b>Destination</b>	Catholic Congregation of Blinds, Nalam Mile, Perumbavoor
<b>Beneficiaries</b>	Student Teacher Educators – 2 Student Teachers - 24

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**MIKSHA (Extension Programme) -Visit to Catholic Congregation of Blinds, Nalam  
Mile, Perumbavoor**

**Programme Report**

The programme as a part of communicating with persons of different disabilities was conducted on 19<sup>th</sup> of December 2022 in three organizations. Around 24 student teachers of St. Joseph College of teacher Education for Women, Ernakulam visited Catholic Congregation of Blinds (CCB), Nalam mile, Perumbavoor. The Teacher Coordinators of the programme were Dr. Sr. Alice Joseph and Sr. Rosy Tintu M P. The Student Coordinators of the programme were Sahala Nayeem A A of Physical Science and Femy Maria Jose of Natural Science.

We reached the organization around 9.45 AM and the programme commenced at 10.00 AM. There were 13 student teachers from Physical Science, 2 student teachers each from English, Maths, Malayalam and Natural Science optional and 4 student teachers from Social Science optional. Catholic Congregation of Blinds is an organization that helps the blind and visually challenged people. The organization provides education, food, shelter and all the necessities they require. The blind people of CCB are the winners of various competitions held in state level. There were total of 15 blind females along with 2 Sisters to help them. They welcomed us with a beautiful song and we played the game called "Anthakshari". Winners were gifted with pencil boxes. We had a beautiful interaction session where we share our experiences, memories etc. They showed us how to write and read braille script. We were really blessed to witness their talents. Fruits and some of the necessities were provided to them from the college. Refreshments were provided by them. We had a photo session and we dispersed around 12 PM.

The extension programme was a beautiful experience for all of us. It taught us the big lesson about how to excel in midst of the disabilities. Their will power and enthusiasm taught and inspired us a lot.

  
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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







**BROCHURE OF THE EVENT**

**ST. Joseph College of Teacher  
Education for Women,  
Ernakulam**



**MIKSHA**

**(Extension Programme)**

**Visit to Catholic  
Congregation of Blinds,  
Nalam Mile, Perumbavoor**

**Date : 19-12-2022**

**Time: 10 AM**

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## PHOTOS OF THE EVENT



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 Principal in Charge  
 St. Joseph College of Teacher  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Miksha 2022- Visit to Government Old Age Home, Thevara

<b>Name of the Event</b>	Miksha 2022- Visit to Government Old Age Home, Thevara
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To educate and generate awareness in student teachers regarding the problems faced by elderly</li> <li>2. To provide student teachers with an opportunity to learn to care for, respect and listen to the experiences and suggestions of the elderly</li> <li>3. To enhance moral values in students and to foster critical and reflective thinking in them</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	19/12/2022
<b>Time</b>	10.30 AM – 12.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers- 17, Faculty- 3
<b>Event Venue</b>	Government Old Age Home Thevara, Ernakulam

## Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized a visit to an old age home as part 'Miksha', an extension programme for student teachers of B Ed. programme on 19<sup>th</sup> December 2022 from 10.30 AM to 12.00 PM at Government Old Age Home at Thevara in Ernakulam. The faculty coordinators of the extension programme who accompanied the student teachers to old age home were Dr. Siji John, Assistant Professor in Social Science Education, Dr. Dinimol Jacob, Assistant Professor in Natural Science Education and Dr. Smitha Jose, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. A total of 17 student teachers from various optionals including Mathematics, Social Science, Natural Science and English participated in the programme.





The student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam reached the old age home in Thevara at 10.00 AM and all of them were warmly welcomed by Ms. Savitha, the instructor in charge of the old age home. The extension programme started exactly at 10.30 AM. The programme started with a prayer song by the student teachers from Mathematics optional from St. Joseph College of Teacher Education for Women, Ernakulam. The student teachers sang the prayer song, 'Our God is an Awesome God' with the accompaniment of rhythmic steps. The prayer was succeeded by a short Christmas message delivered by Ms. Emiliya Merin, student teacher from Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Emiliya Merin concluded the message by wishing all of the elderly inmates at the old age home a warm Christmas greetings. The Christmas message was succeeded by a Christmas carol in Malayalam language by all the student teachers. The inmates of the old age home sang the carol along with the student teachers and immersed them in Christmas spirit. The Christmas carol was followed by a game session. All of the elderly members at the old age home participated in the game session. The game conducted was ball passing. A music will be played throughout the game. When the music starts, the players must start passing the balls one by one and at a particular point of time, the music will be stopped by the one who is handling the game session. The player with the ball in hand when the music stops will be winner for the game. And it goes on like a cycle unless no player is left. About 10-12 elderly actively participated in the game and were seated in a semi-circle pattern on chairs facing the audience. The winners for the game were given opportunities to sing their favorite songs or perform dances. Many of the elderly members sung their favorite songs while one member danced happily. At the end of the game, all of the elderly members were given small gifts. After the game session, a cutting session was conducted for the elderly members at the old age home. The cakes were evenly distributed to the inmates by the student teachers. The cake cutting was succeeded by another Christmas carol in English language by the student teachers. After the carol, student teachers interacted with the inmates at the old age home. The elderly members also shared their experiences with the students. They shared their life before they came to the old age home and also shared about their life in the old age home. They also shared that they are very happy to see students visiting them and engaging with them. The programme came to an end by 12.00 PM with a warm farewell from the inmates at old age home and exchanged Christmas greetings with each other.



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The extension programme, 'Miksha, 2022' was extremely fruitful for the student teachers. The programme turned out to be successful in accomplishing its objectives. The student teachers were sensitized about the problems faced by the elderly people. The visit to the old age home provided student teachers with opportunity to learn to care for, respect and listen to the experiences of the elderly. The programme could contribute to enhance moral values in students and to foster critical and reflective thinking in them. The entire programme was a great experience for the student teachers.

### Miksha 2022- Visit to Government Old Age Home, Thevara

#### Photo Gallery

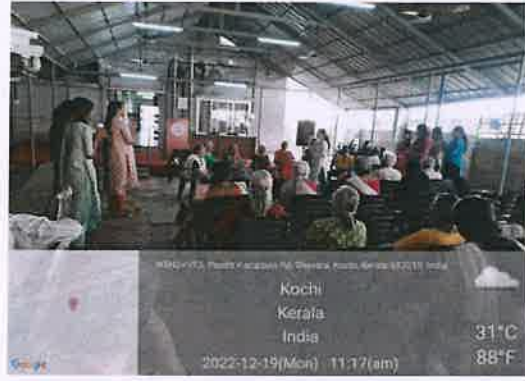


Event poster for the extension programme, 'Miksha, 2022'- Visit to Government Old Age Home in Thevara, Ernakulam organized by St. Joseph College of Teacher Education for Women, Ernakulam

*M. Joseph*  
 Dr. Alice Joseph  
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**Student teachers from St. Joseph College of Teacher Education for Women, Ernakulam at Government Old Age Home in Thevara as part of the extension programme, 'Miksha, 2022'**



**Student teachers from St. Joseph College of Teacher Education for Women, Ernakulam singing the prayer song, 'Our God is an Awesome God' at Government Old Age Home in Thevara as part of the extension programme, 'Miksha,**



**Snippets from the game session conducted for the inmates of Govt. Old Age Home, Thevara during the extension programme, 'Miksha, 2022'**



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**Christmas Carol performance  
by student teachers from St.  
Joseph College of Teacher  
Education for Women,**



**Cake cutting session conducted for  
the inmates of Govt. Old Age Home,  
Thevara during the extension  
programme, 'Miksha, 2022'**

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## Miksha 2022- Visit to Government Old Age Home, Thevara

### Programme Details

<b>Name of the Event</b>	Miksha 2022- Visit to Government Old Age Home, Thevara
<b>Date</b>	19/12/2022
<b>Time</b>	10.30 AM – 12.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers- 17, Faculty- 3
<b>Event Venue</b>	Government Old Age Home Thevara, Ernakulam

### List of Participants

#### Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Dinimol Jacob	Assistant Professor (Natural Science Education)
2	Dr. Smitha Jose	Assistant Professor (Education)
3	Dr. Siji John	Assistant Professor (Social Science Education)

#### Students list:

Sl. No	Name	Batch
1	Anna Anannya K.P	2022-2024 batch (B Ed. Natural Science optional)
2	Adeline Joseph	2022-2024 batch (B Ed. Natural Science optional)
3	Meera Sankar A	2022-2024 batch (B Ed. Natural Science optional)
4	Vandana K.P	2022-2024 batch (B Ed. Mathematics optional)
5	Anitta Johnson	2022-2024 batch (B Ed. Social Science optional)
6	Sumalakshmi K.M Nair	2022-2024 batch (B Ed. Social Science optional)
7	Sarah Maria	2022-2024 batch (B Ed. Social Science optional)
8	Rachel Berkumon	2022-2024 batch (B Ed. English optional)

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9	Nanditha J	2022-2024 batch (B Ed. Mathematics optional)
10	Rosemol V.T	2022-2024 batch (B Ed. Mathematics optional)
11	Stella Catherine Faber	2022-2024 batch (B Ed. Mathematics optional)
12	Sneha M	2022-2024 batch (B Ed. Social Science optional)
13	Emiliya Merin	2022-2024 batch (B Ed. Mathematics optional)
14	Amrutha A Omanakuttan	2022-2024 batch (B Ed. Mathematics optional)
15	Indhu K	2022-2024 batch (B Ed. Mathematics optional)
16	Liyanta Izabel	2022-2024 batch (B Ed. Social Science optional)
17	Dhanya Joy	2022-2024 batch (B Ed. Mathematics optional)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ANTI- NARCOTIC CLUB IN ASSOCIATION WITH IQAC AND EXCISE DEPARTMENT, ERNAKULAM ANTI- NARCOTIC ACTIVITIES- JAAGARAN

<b>NAME OF EVENT</b>	JAAGARAN
<b>OBJECTIVES</b>	<ul style="list-style-type: none"> <li>To develop awareness against usage of drugs and other narcotic products.</li> <li>To make society, especially youth aware about the after effects of drug abuse.</li> <li>To motivate parents and peers to raise voice against drug abuse</li> </ul>
<b>COORDINATORS</b>	IQAC, Anti- Narcotic club and Excise Department, Ernakulam
<b>TIME PERIOD</b>	October and November
<b>BENEFICIARIES</b>	Students and Society
<b>PLATFORM</b>	Online and offline

### Programme Report

The consumption rate of various narcotic substances in the country has seen a 70% increase in the past eight years and the number continue to rise. As per the National Survey on Extent and Pattern of Substance Use in India (2019), 16 crore people (14.6%) between the age of 10 to 75 years are current users of alcohol, about 3.1 crore individuals (2.8%) are cannabis users, Overall opioid users 2.06% and 0.55% require treatment services. 1.18 crore are current users of sedatives and it is estimated that about 8.5 lakh people are injecting drugs. Thus drug is becoming a menace to our country and for the whole world. Prevention is the only way forward to protect the upcoming generation from the threat of narcotic abuse. So a strong awareness should be created among community so that the spread of narcotics could be prevented.



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St Joseph College of Teacher Education for Women, Ernakulam in coordination with Excise Department, Ernakulam organised various events named “Jaagan” to create awareness on narcotic abuse in the month of October and November, 2022. The Anti-Narcotic club in association with IQAC hosted the events. Whole programme was led by College Anti- Narcotic club staff Co-ordinators Dr Sicily AA, Dr Betty P J and Dr Smitha Jose. The Ernakulam Excise department also provided immense support for the activities. Various optional got responsibility of organising various events under Jaagan. Totally five events were conducted throughout the month of October and November, which included:

- Anti- Narcotic rally
- Painting and Speech competitions
- Awareness Talk for Parents
- Flash mob
- Formation of Human Chain

First event organised under Jaagan was an Anti-narcotic Rally. It was conducted on 1st October 2022 with an aim to create awareness among public about drug abuse. Event was also a part of Gandhi Jayanti celebration. The rally was flagged off by St Joseph College of Teacher Education for Women, Ernakulam Principal Dr Sr. Alice Joseph. An oath on “Say no to drugs” was also taken by student teachers before the rally. Chief Guest of the rally was Sub Inspector of central police station P M Harris. A total of 60 student teachers and college staff participated in the rally with placards and slogans against drug usage. The rally made a circle through Ernakulam market road and reached back to college via Kovilavattom road. Principal inspector of police, Mr Akhil K P, Civil police officers Mr Saleesh K S and Mr Jose Praveen accompanied the participants throughout the rally. As the rally focused the market area where all age groups and strata of people are found, it reached out more to public thus becoming a successful event.

As a continuation for the Anti- narcotic rally, an awareness talk for parents on “Drug abuse among college students” was organised on 22nd October 2022 through online platform Google meet. Dr Smitha Jose was the staff coordinator of awareness talk and student teachers of first year Social Science optional hosted the online session. A total of 56 parents participated in the session. Ms Sreelakshmi Sudhakaran was the presenter of the event. The session was started with a prayer song by Ms Sukritha S Shenoy. Welcome address was

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delivered by Mrs Arya T K. In the absence of college Principal, Dr Sr. Alice Joseph, Vice-Principal Dr Sr. Betty P J addressed the gathering. Resource person of the event was Sub-inspector of Police and Coordinator of District children and Police Mr Babu John P. The session was started by 08:15 pm and lasted for a duration of one hour. Resource person Mr Babu John highlighted various threats of drug usage and the ways in which students get attracted towards it. He also made parents aware on difficulty of bringing back the drug addicted children to normal life. The session was much fruitful and a wide insight on current scenario of drug abuse was availed for the parents. The session was concluded with Voted of Thanks delivered by Ms Sarah Maria from Social Science optional. Post-session feedback forms were circulated and feedback was collected from parents who attended the online session.

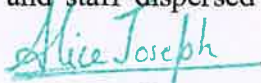
Another event conducted in the college under Jaagaran was a painting and speech competition in order to evaluate the current understanding of drug abuse among student teachers. Competitions were conducted on 25th October 2022 at two venues between 03:00pm and 04:30pm. Topic for both the competitions was "Say no to drugs". Venue of Painting competition was college multipurpose hall. Two participants participated in the painting competition in which Lakshmi T S of Malayalam optional won first prize and Chinchu K H of Social Science optional won second prize. Judges of the competition were Sneha M of Social Science optional, Aishwarya Lakshmi and Aiswarya A K of Physical science optional. The speech competition on same topic "Say no to Drugs" was conducted in the Malayalam optional classroom in which two participants were present. First prize was won by Emilin K Thomas of Mathematics optional and second prize by Sreelakshmi Sudhakaran of Social Science optional. Akhila M Nair of English optional, Archana V N of Malayalam optional and Raseena Naseer of Social Science optional were judges of speech competition. Both the competitions gave self-awareness for the participants on how much they know about the current scenario of drug abuse and provide motivation for other student teachers to do more to prevent narcotic usage.

In order to reach more into public and to remind them of the threats caused by narcotic substances in our society, a well-choreographed flash mob based on narcotic abuse was presented in two public areas within Ernakulam city. Around 35 student teachers participated in the flash mob and others along with staff provided all necessary support for the smooth conduction of flash mob. The event was conducted on 26th of October 2022 by 03:00pm and 04:00pm. First venue was Kacheripady Seematti car parking area, where the

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programme catch the attention of public in a great manner. Emilin K Thomas of Mathematics optional compered the programme. Ernakulam Excise Inspector Mr Rishikesh addressed the gathering and gave an idea on ongoing issues regarding narcotic abuse within the Ernakulam city. By 03:30pm the crowd was dispersed from seematti parking area and participants along with other student teachers moved to the next destination. Second venue of flash mob was Rainbow Bridge which is situated at the Marine Drive. It is a most tourist attractive and public gathering area in the heart of Ernakulam. Majority visitors of the Marine Drive include youngsters who were the focus group of awareness programme Jaagan. Flash mob was started by 04:00pm. A huge crowd gathered around to watch the programme. After the flash mob presentation, a pledge was taken against narcotic abuse which was led by Sub Inspector of Police and District Coordinator of Children and Police Mr Babu John. Central Circle Inspector of Police Mr Akhil KP addressed the gathering and highlighted how youth is being trapped by the network of drug dealers and also mentioned how difficult it is to bring out people from drug addiction. He also provided Anti- Narcotic helpline number in which we can call anytime and mention complaints regarding the same. Civil Police Officers Mr Saleesh K S and Mr Jose Praveen were also present with wholehearted support throughout the flash-mob. By 04:30pm the programme was concluded with National Anthem. As a credit for our flash mob programme our students got an opportunity to perform flash mob at LuLu mall, Edapally and three active participants named Ms Kavyamol AB of Malayalam optional, Ms Sukritha S Shenoy of Social Science optional and Anagha R of English optional were privileged to perform at the Indian Super League football match at Kochi International Stadium, Kaloor.

The last event organised as a part of Jaagan was a Human Chain formation against Narcotic usage. College Anti- Narcotic club organised Human Chain formation as a part of Kerala level Human Chain formation initiated by Kerala Excise department in which all Educational institutions of Kerala became a part. It was conducted on 1st November 2022 at Kacheripady. By 02:30pm student teachers from St Joseph College of Teacher Education for Women lined up in a disciplined manner and reached Kacheripady junction, Ernakulam. There a long human chain was formed by holding each other's hand. The human chain formation denoted the togetherness to fight against Narcotic substances and Drug dealers. At Ernakulam, the whole Human Chain formation was addressed by Kerala Excise Minister T P Ramakrishnan. By 03:30pm the event was concluded. Student teachers and staff dispersed from Kacheripady junction.

  
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 Education for Women,  
 Ernakulam





# JAAGARAN

## Photo Gallery



**Say NO to Drug formation as a part of Anti- Narcotic Rally**



**Staff and students with placards - preparing for rally**



**Sub Inspector of Central Police station Mr. P M Harris addressing the gathering**



**Student teachers conducting the rally through Ernakulam market region**

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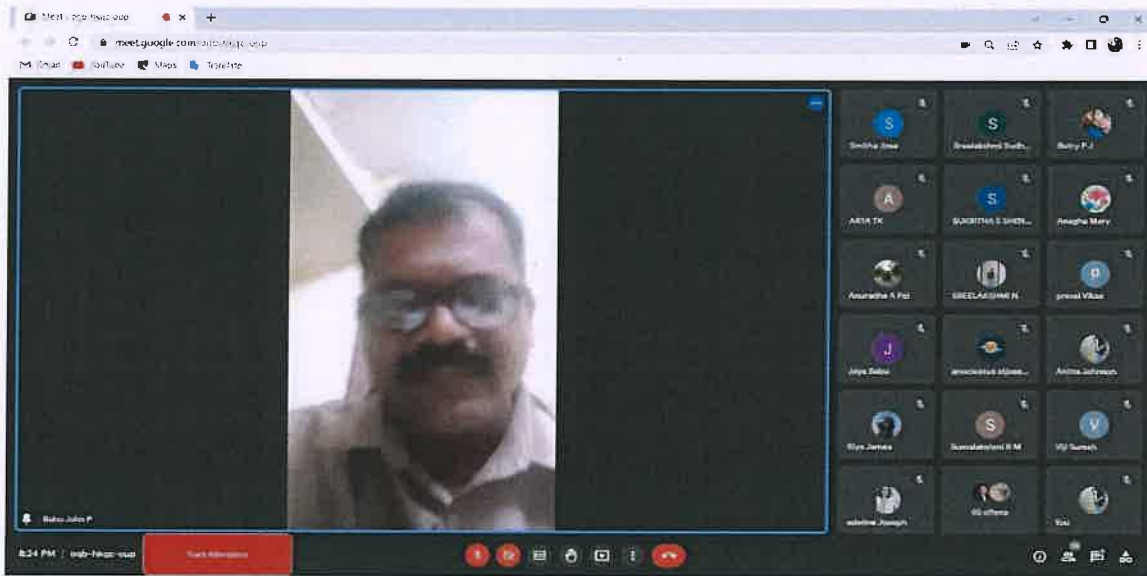




Students participating in speech competition organised as a part of Jaagaran



Entries submitted for drawing competition



Sub Inspector of Police Mr Babu John conducting awareness talk for Parents on topic "Drug abuse among College students"



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**College staff and Parents of students attending awareness talk on “Drug abuse among College students “**



**Students participating in anti- narcotic flash mob at Kacheripady Seematti Parking area**

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**Students taking Anti- narcotic pledge at Marine Drive after flash mob presentation**



**College flash mob team at Lulu Mall along with staff and excise officers**



**Sukritha S Shenoy,  
Anagha R and Kavyamol  
A B from St Joseph  
College of Teacher  
Education for Women at  
ISL venue, Jawaharlal  
Nehru International  
Stadium, Kaloor,  
Ernakulam**

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### മെട്രോ വാർത്ത



ലഹരിമുക്ത കേരളത്തിനായ്..

കേരളത്തിനായി നടന്നുവന്ന ഇന്നത്തെ സംസ്ഥാന സർക്കാർ ആരംഭിച്ച ലഹരി വിരുദ്ധ ക്യാമ്പയിന്റെ ഭാഗമായി പരമേശ്വരൻ വർഗ്ഗീശ്വരൻ ധർമ്മശർമ്മ എറണാകുളം സെന്റ് ജോസഫ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിൽ വിദ്യാർത്ഥിനികൾ ബാൻഡി രോഡിൽ ലഹരി വിരുദ്ധ ഘോഷം തീർത്തപ്പോൾ.

☎ മനു കെ.ജി

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**Newspaper article regarding human chain formation by St Joseph college students**

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## JAAGARAN

### Programme Details

<b>NAME OF EVENT</b>	JAAGARAN
<b>COORDINATORS</b>	IQAC, Anti- Narcotic club and Excise Department, Ernakulam
<b>TIME PERIOD</b>	October and November
<b>BENEFICIARIES</b>	Students and Society
<b>PLATFORM</b>	Online and offline

### LIST OF PARTICIPANTS

SL. NO	NAME OF B.EdSTUDENT	OPTIONAL	COURSE
1.	Akhila M Nair	English	B. Ed 2022-24
2.	Amalu k	English	B. Ed 2022-24
3.	Anargha Mary	English	B. Ed 2022-24
4.	Ashna Thomas	English	B. Ed 2022-24
5.	Dona	English	B. Ed 2022-24
6.	Jesna Joseph	English	B. Ed 2022-24
7.	Leenu MerinThomas	English	B. Ed 2022-24
8.	Minu Mary	English	B. Ed 2022-24
9.	Neha Babu	English	B. Ed 2022-24
10.	Nimmy Elizabeth George	English	B. Ed 2022-24
11.	Rachel Berkumon	English	B. Ed 2022-24
12.	Anagha.R	English	B. Ed 2022-24
13.	Jeena	English	B. Ed 2022-24
14.	Akshaya T G	English	B. Ed 2022-24

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15.	Remya P.T	English	B. Ed 2022-24
16.	Benitta	English	B. Ed 2022-24
17.	Swathi	English	B. Ed 2022-24
18.	Akhila M George	Malayalam	B. Ed 2022-24
19.	Aparna Jais	Malayalam	B. Ed 2022-24
20.	Swathi Meppat	Malayalam	B. Ed 2022-24
21.	Lakshmi TS	Malayalam	B. Ed 2022-24
22.	Shiji T T	Malayalam	B. Ed 2022-24
23.	Archana V N	Malayalam	B. Ed 2022-24
24.	Pavithra V	Malayalam	B. Ed 2022-24
25.	Anju Prathap. P	Malayalam	B. Ed 2022-24
26.	Abina k	Malayalam	B. Ed 2022-24
27.	Kavyamol AB	Malayalam	B. Ed 2022-24
28.	Treesa Jojan	Malayalam	B. Ed 2022-24
29.	Nidhiya Joseph	Malayalam	B. Ed 2022-24
30.	Vrinda Suresh	Malayalam	B. Ed 2022-24
31.	Aleena Steephen	Malayalam	B. Ed 2022-24
32.	Jisa Martin	Malayalam	B. Ed 2022-24
33.	Sneha Kavya	Malayalam	B. Ed 2022-24
34.	Emiliya Merin	Maths	B. Ed 2022-24
35.	Aparna Shaji	Maths	B. Ed 2022-24
36.	Stella CatherineFaber	Maths	B. Ed 2022-24
37.	Anju Paul P	Maths	B. Ed 2022-24
38.	Sandra Antony	Maths	B. Ed 2022-24
39.	Sneha Prince	Maths	B. Ed 2022-24
40.	Kabani S	Maths	B. Ed 2022-24

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41.	Dhanya Joy	Maths	B. Ed 2022-24
42.	Rosemol V T	Maths	B. Ed 2022-24
43.	Emilin K Thomas	Maths	B. Ed 2022-24
44.	Amrutha A Omanakuttan	Maths	B. Ed 2022-24
45.	Indhu K	Maths	B. Ed 2022-24
46.	Ashitha Benny	Maths	B. Ed 2022-24
47.	Nanditha J	Maths	B. Ed 2022-24
48.	Vandana K P	Maths	B. Ed 2022-24
49.	Sharon	Maths	B. Ed 2022-24
50.	Adeline Joseph	Natural Science	B. Ed 2022-24
51.	Anna Anannya KP	Natural Science	B. Ed 2022-24
52.	Anuradha A Pai	Natural Science	B. Ed 2022-24
53.	Ashna Joseph	Natural Science	B. Ed 2022-24
54.	Aysha Beevi C I	Natural Science	B. Ed 2022-24
55.	Femy Mariya Jose	Natural Science	B. Ed 2022-24
56.	Gopika A G	Natural Science	B. Ed 2022-24
57.	Jismi	Natural Science	B. Ed 2022-24
58.	Maneesha S M	Natural Science	B. Ed 2022-24
59.	Meera Sankar A	Natural Science	B. Ed 2022-24
60.	Merin KS	Natural Science	B. Ed 2022-24
61.	Sandra Soosan Aby	Natural Science	B. Ed 2022-24
62.	Sneha P P	Natural Science	B. Ed 2022-24
63.	Sreelakshmi N	Natural Science	B. Ed 2022-24
64.	Rajalakshmi R	Natural Science	B. Ed 2022-24
65.	Sreeshna M	Natural Science	B. Ed 2022-24
66.	Mridula Girish	Natural Science	B. Ed 2022-24





67.	Aiswarya A.K	Physical Science	B. Ed 2022-24
68.	Aiswarya Lakshmi S	Physical Science	B. Ed 2022-24
69.	Alkha Thomas	Physical Science	B. Ed 2022-24
70.	Anju mol	Physical Science	B. Ed 2022-24
71.	Ann Sara V Alias	Physical Science	B. Ed 2022-24
72.	Arunima CH	Physical Science	B. Ed 2022-24
73.	Ashna KJ	Physical Science	B. Ed 2022-24
74.	Aswathy Aji P	Physical Science	B. Ed 2022-24
75.	Dinsha M Saji	Physical Science	B. Ed 2022-24
76.	Diya N.C	Physical Science	B. Ed 2022-24
77.	Dilna Biju	Physical Science	B. Ed 2022-24
78.	Karthika Raveendran	Physical Science	B. Ed 2022-24
79.	Muhzina Muhammed Basheer	Physical Science	B. Ed 2022-24
80.	Rose Mary Jose	Physical Science	B. Ed 2022-24
81.	Sahala Nayeem A A	Physical Science	B. Ed 2022-24
82.	Treesa Taniya P A	Physical Science	B. Ed 2022-24
83.	Anagha Mary	Social Science	B. Ed 2022-24
84.	Anitta Johnson	Social Science	B. Ed 2022-24
85.	Arya T K	Social Science	B. Ed 2022-24
86.	Aswathy KS	Social Science	B. Ed 2022-24
87.	Chinju	Social Science	B. Ed 2022-24
88.	Devika PS	Social Science	B. Ed 2022-24
89.	Geethu Sivan	Social Science	B. Ed 2022-24
90.	Liyanta Izabel	Social Science	B. Ed 2022-24
91.	Sumalakshmi KM Nair	Social Science	B. Ed 2022-24
92.	Raseena Naseer	Social Science	B. Ed 2022-24


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93.	Reshma George	Social Science	B. Ed 2022-24
94.	Riya James	Social Science	B. Ed 2022-24
95.	Sarah Maria	Social Science	B. Ed 2022-24
96.	Sneha M	Social Science	B. Ed 2022-24
97.	Sreelakshmi Sudhakaran	Social Science	B. Ed 2022-24
98.	Sukritha S Shenoy	Social Science	B. Ed 2022-24
99.	Nandhitha	Social Science	B. Ed 2022-24
100.	Megha Madhu	English	B. Ed 2022-24

  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## AWARENESS RALLY ON ANTI-DRUG CAMPAIGN “JAGARAN”

<b>Name of the Event</b>	Awareness Rally on Anti-Drug Campaign “Jagaran”
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To eliminating drug addiction among students and youngsters.</li> <li>2) To develop social skills.</li> <li>3) To enable students to understand and aware about the harmful effects of drugs.</li> <li>4) To educate the public about the detrimental and hazardous effects of drugs and their consumption</li> </ol>
<b>Details of Event Coordinators</b>	Anti Narcotic Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	01/10/2022
<b>Time</b>	9.30 AM – 10.30 AM
<b>Beneficiaries</b>	75 persons including student teachers and staff members
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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## AWARENESS RALLY ON ANTI-DRUG CAMPAIGN "JAGARAN"



St. Joseph College of Teacher Education for Women, Ernakulam, in collaboration with the Anti Narcotic Club, organised an anti-drug rally on October 1, 2022, with the objective of eliminating drug addiction among students and youngsters. The rally was organised by the college's Anti-Narcotic Club, Jagaran, as part of the college's Gandhi Jayanti celebrations. Jagaran is a Hindi word that means "awakening." This initiative's goal is to educate the public about the detrimental and hazardous effects of drugs and their consumption.



Students assembled on ground floor in Black Salwar Kameez holding the placards

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### Josephite family forming word "NO"

The institution's management, staff, and students formed a large "NO," sending a powerful statement against drug use. Students made signs with antidrug messages such as "Say No to Drugs." They wore black salwar-kameez, which signified the fatal effects of narcotics on mankind. The rally featured more than 75 persons, including students, administrative staff, teaching and non-teaching employees from the institution. The rally was flagged off on the college premises at 9.30 a.m. by the principal, Dr. Sr. Alice Joseph, and Mr. P.M Harris, CSI of Central Police Station.



### Principal Sister Alice flagging off the rally

Students marched from T.D Road to Albert's College Road in Ernakulam, holding placards and chanting anti-drug slogans. Students marched from T.D Road to Albert's College Road displaying placards and chanting slogans against drugs and entered Market Road covering Basin Road and Payyapilly Road in Ernakulam. In the rally the slogans sent messages to both the students and people who were gathered across the roads and motivated the public to stay away from drugs. The whole programme and the rally were organised in the

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presence of police officers from Central police station Ernakulam who also accompanied the students with a police escort throughout the rally. The rally ended with a message from the CSI of central police station Mr. Harris spreading awareness and enlightening the students and staffs against the adverse effects of drug usages and addiction. Mr. Salessh Kalarikkal, CSO of Central police station also introduced YODHAVU app and helpline numbers for preventing drug usages among public. The rally and the associated programmes came to close at 10.30 Am in the college premise. Later on, students were served with refreshment drinks.



Students Marching from The College



TD Road



In Front of Albert's College



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Market Road



Chanting Slogans at Kovilvattom Road



At Payyipilly Road



Dignitaries addressing



Students assembled at ground floor of the college after the rally with placards.



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## WORKSHOP ON THEATRE AND DRAMA

Name of the Event	Workshop on Theatre and Drama
Objectives	<ol style="list-style-type: none"> <li>1) To understand the techniques of theatre arts and dramatic performances.</li> <li>2) To instill intellectual and aesthetic development among student teachers.</li> <li>3) To develop social skills.</li> <li>4) To enable students to practice various skills like discussion, script writing, and action.</li> </ol>
Details of resource person	<p>Arun Kumar S Post-graduation in Theatre Arts M.Phil. in Theatre Arts</p>
Details of Event Coordinators	<p>Faculty St. Joseph College of Teacher Education for Women, Ernakulam</p>
Dates	13-09-2022, 14-09-2022, 17/10/2023 to 18/10/2023
Time	9.00 AM- 4 PM
Duration	4 days
Beneficiaries	Student Teachers (Total No.98)
Event Venue	<p>Multipurpose hall St. Joseph College of Teacher Education for Women, Ernakulam</p>

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## PROGRAMME REPORT

As part of the B.Ed. the programme, St. Joseph College of Teacher Education for Women, Ernakulam conducted a Workshop on Theatre and Drama for the first year B.Ed. students. The workshop was guided by Arun Kumar S, a proficient theatre artist.

The six optional student teachers were divided into batches A and B for the easy conduct of the workshop. Each group comprised three options. The workshop was dated from 13/10/2023 to 14/10/2023 for batch B and 17/10/2023 to 18/10/2023 for batch A. Further, each batch was subdivided into smaller groups of 10 or 11 participants. It was a fruitful experience for all the student teachers as it could help them understand the intellectual and aesthetic aspects of teaching and learning.

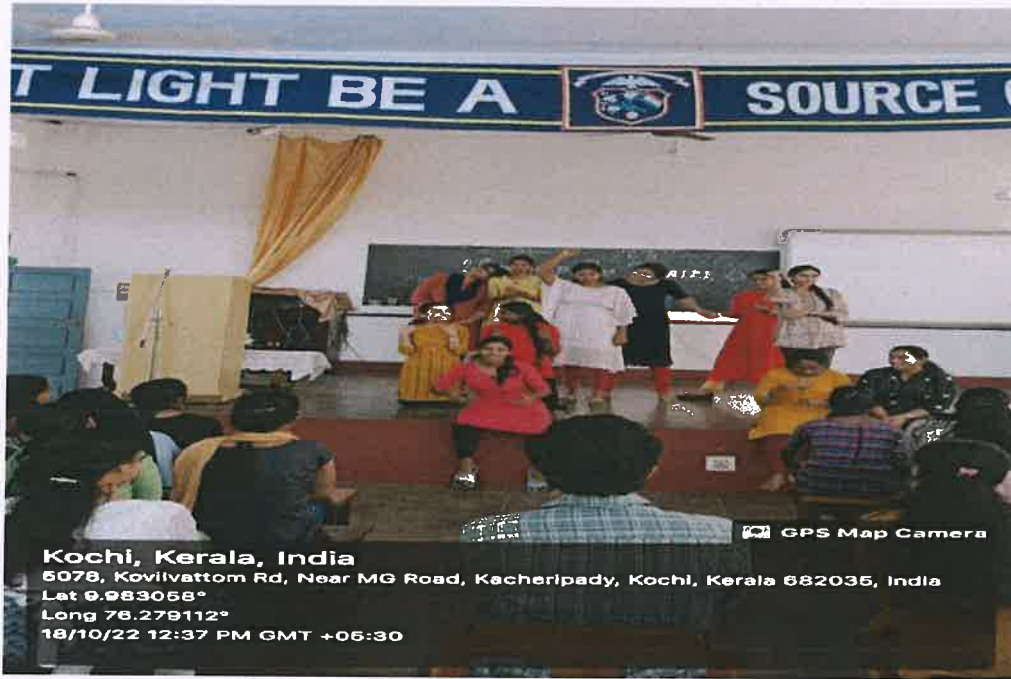
The two-day workshop went well with practical and theoretical aspects of the theatre arts. The first day of the theatre workshop was about various dimensions of script writing and stage setting. All the students prepared and submitted a drama script for the next day as an assignment. The active participation of all the participants was appreciated by the resource person.

Mr Arun Kumar. S, the resource person has enabled an appealing classroom climate from the very first day of the workshop. It helped the students to be relaxed and enthusiastic throughout the workshop. The opportunities to perform on stage in groups and individually witnessed the unveiling of many talents. Especially the student teachers who were reluctant to perform on stage were given motivation and the active participation of everyone made the workshop more enthusiastic.

The practical sessions were conducted in such a way that every student gets a chance to perform and enact various situations. Corrections and improvements were given by the resource person along with the performance of each group. The session was indeed useful for the student teachers as it enabled them to discuss, lead and work in a team. The Workshop on Theatre and Drama conducted by the college was highly beneficial for the student teachers in all aspects.

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





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 Dr. Alice Joseph  
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 Ernakulam





Kochi, Kerala, India

5078, Kovilvattom Rd, Near MG Road, Kacheripady, Kochi, Kerala 682035, India

Lat 9.983058°

Long 76.279112°

18/10/22 12:33 PM GMT +05:30

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**2021-2022**

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORKSHOP FOR ICT AND SKILL DEVELOPMENT

<b>Name of the Event</b>	Workshop for ICT and Skill Development
<b>Objectives</b>	<ul style="list-style-type: none"> <li>• To develop proficiency in ICT</li> <li>• To develop proficiency in communication skills and expository writing.</li> <li>• To develop proficiency in academic writing and research skills.</li> </ul>
<b>Details of Course</b>	<ul style="list-style-type: none"> <li>• ED010105 ICT and Skill Development</li> <li>• Common Core Course (Tool Course), Taught Course &amp; Practicum</li> <li>• (Internal Assessment Only)</li> <li>• Teaching hours per week: 5</li> <li>• Credit:4</li> </ul>
<b>Details of Resource Person</b>	<p>Dr. Marin Jose Assistant Professor</p> <p>St. Joseph College of Teacher Education for Women Ernakulam</p>
<b>Date</b>	01-June 2021 to 3 <sup>rd</sup> December 2021
<b>Time</b>	9.30 AM
<b>Duration</b>	Full day
<b>Beneficiaries</b>	Teacher Educands, Faculties of college
<b>Venue</b>	Seminar hall, St. Joseph College of Teacher Education for women, Ernakulam

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## WORKSHOP FOR FINALISING RESEARCH TITLE

### Programme Report

As part of the M.Ed. programme a workshop was conducted for ICT and Skill Development. The workshop was conducted at St. Joseph College of Teacher Education for Women, Ernakulam on 1 June 2021 from 9.30 am to 3:30 pm. The official session started with a prayer song. M.Ed. first year student Stephy Mendez welcomed the resource person and the gathering. The presidential address was delivered by Dr. Sr. Alice Joseph, Principal of St. Joseph college of teacher education for women. The workshop was inaugurated by Dr. Marin Jose. After the inaugural address the students from M.Ed. 2021-23 batch had 20 modules. After each presentation, an open discussion session was there and Marin Teacher gave opinions and suggestion on each title. Students asked their doubts and clarified it. The workshop came to an end on December 30<sup>th</sup> 2021 by 3:30pm with the vote of thanks by Mrs. Bivya Sukumar, first year M.Ed. student. The students also participated in Yoga Day celebration organized by Health and Junior Red Cross Society of the college on 21<sup>st</sup> June 2021.

Skill portfolio was submitted at the end of the session.

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# WORKSHOP FOR ICT AND SKILL DEVELOPMENT

## Photo gallery



*Alice Joseph*

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORLD ENVIRONMENT DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>World Environment Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise the awareness regarding environmental issues and conservation of environment</li> <li>2. To promote environment friendly behavior among people and thereby promote environment protection</li> <li>3. To promote sustainable development practices</li> </ol>
<b>Details of Event Coordinators</b>	Nature club (Rithu 2021) St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Chief Guest</b>	Adv. Rajesh Jose Punchathalackal SJ Ecologist and Director at Sahajeevanam Eco-Theme Park, Pattuvam, Kannur
<b>Date</b>	05/06/2021
<b>Time</b>	2.00 PM- 3.20 PM
<b>Duration</b>	1 hour and 20 minutes
<b>Beneficiaries</b>	Student teacher teachers-88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/oyz-nmfq-aze">https://meet.google.com/oyz-nmfq-aze</a>

### World Environment Day Celebration, 2021

#### Programme Report

Millions of people across the globe, commemorate World Environment Day, which is the greatest International venue for environmental public outreach. The Nature club of St. Joseph College of Teacher Education for Women, Ernakulam organized world Environment day celebration, 2021 with the theme of the year being 'Ecological Restoration' on 5<sup>th</sup> June 2021 from 3.00 PM to 4.00 PM via Google Meet. All the teachers and first year B Ed. student teachers participated in the online celebration.

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The world Environment day celebration, 2021 started at 2.00 PM. Ms. Anitta Sheen Teresa, student teacher from Natural Science optional performed emcee for the event. The event started with the remembrance of Sundarlal Bahuguna, renowned Indian environmentalist and Chipko movement leader who recently passed away. The whole Environment Day celebration has been organized as a tribute to Sundarlal Bahuguna. It was then followed by a prayer song by Ms. Catherine Varghese, student teacher from Malayalam optional. The prayer song was succeeded by the welcome address delivered by Ms. Parvathy V, student teacher from English optional. After that, Ms. Meenu Anna Mathai, student teacher from Social Science optional delivered the introductory speech on the theme 'Ecosystem Restoration'. The speech enunciated about the UN decade of ecosystem restoration. The goal of the United Nations Decade on Ecological Restoration is to prevent, halt, and reverse ecosystem deterioration across all continents and oceans. It can assist in preventing a mass extinction, battling climate change, and ending poverty. The only way it can succeed is if everyone jointly participates.

The presidential address for the programme was delivered by Dr. Alice Joseph, the Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph articulated the significance of protecting the environment in which we live. All life on planet Earth is supported by ecosystems. The healthier the ecosystems are, the healthier will be Earth and its inhabitants. Dr. Alice Joseph also took the opportunity to remind all of the student teachers the greatest roles taken by environmentalists like Sundarlal Bahuguna, Maneka Gandhi and Vandana Siva for the environment and its protection. She also explained about the significance of observing World Environment Day. Dr. Alice Joseph advised all of her student teachers to be conscious about their behavior and practices that affects the environment. She advised all of them to be responsible towards protecting their environment. The presidential address was succeeded by the keynote address delivered by the chief guest for the day, Adv. Rajesh Jose Punchathalackal SJ, Ecologist and Director at Sahajeevanam Eco-Theme Park at Pattuvam, Kannur. He began his speech with an enlightening message that instead of celebrating and world environment day on 5<sup>th</sup> June of every year, it should be considered as one's daily routine to protect the environment. Then, Adv. Rajesh Jose Punchathalackal S J recited a Malayalam poem named, 'Baakki Pathram' which illuminated the Covid-19 phase and environment issues. He also mentioned about one of the famous environmental activists and writer, Kallen Pokkudan who was known for his contributions for the protection of mangrove forests. The resource person, Adv. Rajesh Jose Punchathalackal S

Dr. Alice Joseph  
Principal in Charge  
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Ernakulam, 2021





J spoke in light of the life experiences he had during his nursing career in Gulberg village in Punjab in India. The essence of his life experiences was the significance of ecosystem restoration.

The keynote address was succeeded by various celebratory activities. Key activities conducted during the world environment day celebration, 2021 included:

- Video presentation on world environment day, its significance and the importance ecological restoration
- Online quiz competition
- Spot word puzzle game
- Poem recitation
- Collage presentation

During the environment day celebration, a video prepared by the nature club members regarding world environment day, its significance and the importance of ecological restoration was presented. The video was informative enough to provide the participants with awareness regarding the topic. The video emphasized the importance of celebrating world environment day in generating awareness and action for the preservation of the environment. The video enunciated that human beings are major contributors to many of the environmental issues like air pollution, water pollution, soil erosion, climate change etc. Due to many hazardous consequences of manmade-activities like excessive automobile exhaustions, chemical gas releases, release of solid wastes and industrial wastes to rivers, lakes etc., deforestation, and combustion of plastic wastes are all polluting the environment in different ways. In fact, humans are causing harm to their own lives by harming the environment. Remedial measures regarding protection the environment were also demonstrated via the video presentation.

The video presentation was followed by an online quiz competition and a word puzzle game in connection with world environment day. Since the competitions were online, student teachers posted their answers in the chatbox in Google Meet. After the competitions, Ms. Athira Raju, student teacher from Malayalam optional recited a poem, 'Oru Thai Nadaam' written by Sugathakumari who is one among the greatest writers and environmental activists. After the poem recitation, Ms. Athira Anil, student teacher from Physical Science optional presented a collage which was prepared only out of natural products.

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The World Environment Day celebration, 2021 turned out to be fruitful in accomplishing its objectives. The programme could raise awareness among the young minds on the importance of protecting and restoring the ecology. It could also contribute to the promotion of sustainable development practices and environment friendly behavior among student teachers. The student teachers could also enhance their knowledge base and upgrade their skills and talents via the competitions conducted. The vote of thanks for the programme was delivered by Ms. Reshma Sabu, student teacher from Physical Science optional. The programme wound up at 3.20 PM with the national anthem.

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## World Environment Day Celebration, 2021

### Photo Gallery



**St Joseph College of Teacher Education for Women, Ernakulam**

**Nature Club**

Rithu 2K21 - "Let seasons bloom green"

Cordially invite you to celebrate

**WORLD ENVIRONMENT DAY** 5 JUNE 2021

**REIMAGINE  
RECREATE  
RESTORE**

**#EcosystemRestoration**

United Nations Decade on Ecosystem Restoration (2021-2030)

On 5<sup>th</sup> June, 2021, Saturday ( 2.00-3.00PM)

Join us on Google meet:

<https://meet.google.com/oyz-nmfq-aze>

code : oyznmfqaze

**REIMAGINE  
RECREATE  
RESTORE**

**St Joseph College of Teacher Education for Women, Ernakulam**

**Nature Club**

Rithu 2K21 - "Let seasons bloom green"

Cordially invite you to celebrate

**WORLD ENVIRONMENT DAY**

Theme: Ecological Restoration

**PROGRAMME:**

- Prayer
- Welcome speech
- Introductory Speech on Ecosystem Restoration
- Presidential address
- Message by Fr. Adv. Rajesh Pundathalackal SJ, Ecologist (Sahajeevanam, Pattuaram)
- Online Quiz competition
- Spot word puzzle game
- Poem recitation
- Vote of Thanks
- Winners announcement

On 5<sup>th</sup> June, 2021, Saturday ( 2.00-3.00PM)

Join us on Google meet:

<https://meet.google.com/oyz-nmfq-aze>

code : oyznmfqaze

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## Brochures for the World Environment Day celebration, 2021



Josephite Family celebrating World Environment day, 2021 via Google meet



Ms. Anitta Sheen Teresa, student teacher from Natural Science optional performing emcee for the whole event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam

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**Prayer song by Ms. Catherine Varghese, student teacher from Malayalam optional during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**Josephite family remembering and paying tribute to Sundarlal Bahuguna, one among the greatest environmentalists of the nation who demised recently.**

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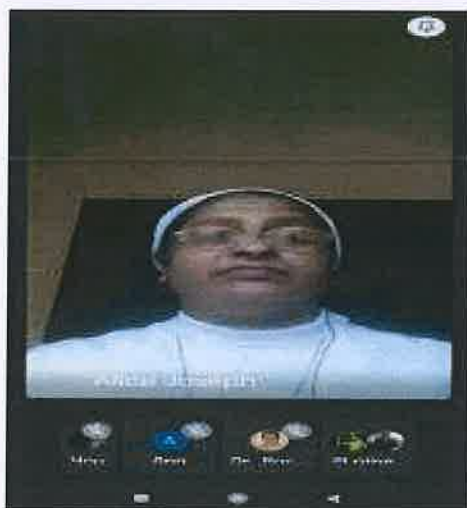




**Ms. Parvathy V, student teacher from English optional delivering the official welcome address during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**Ms. Meenu Anna Mathai, student teacher from Social Science optional delivering the introductory speech on the theme, 'Ecosystem Restoration', during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam delivering the presidential address during the event of World Environment day, 2021**



**Keynote address delivered by Adv. Rajesh Jose Panchathalackal S J, the chief guest for the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**

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**Video presentation on the theme of environment restoration during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**



**Snippets from the online quiz and word puzzle game competitions held during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**

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**Ms. Athira Raju, student teacher from Malayalam optional, reciting the poem, 'Oru Thai Nadaam' written by Sugathakumari during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**

**Ms. Reshma Sabu, student teacher from Physical Science optional delivering the vote of thanks during the event of World Environment day, 2021 held at St. Joseph College of Teacher Education for Women, Ernakulam**

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Ernakulam**





## World Environment Day Celebration, 2021

### Programme Details

<b>Name of the Event</b>	World Environment Day Celebration, 2021
<b>Date</b>	05/06/2021
<b>Time</b>	2.00 PM – 3.20 PM
<b>Duration</b>	1 hour and 20 minutes
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/oyz-nmfq-aze">https://meet.google.com/oyz-nmfq-aze</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Dr. Marin Jose	Assistant Professor (English Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
6	Dr. Rachel George	Assistant Professor (Natural Science Education)
7	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
8	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
9	Dinimol Jacob	Assistant Professor (Natural Science Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
12	Dr. Soya Mathew	Assistant Professor (Education)



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## Student teachers list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Alina Celine Lancy	2020-2022 batch (B Ed. English)
3	Anna Susan Jacob	2020-2022 batch (B Ed. English)
4	Arunima K Shaji	2020-2022 batch (B Ed. English)
5	Arya Balachandran	2020-2022 batch (B Ed. English)
6	Arya C S	2020-2022 batch (B Ed. English)
7	Athira C S	2020-2022 batch (B Ed. English)
8	Mariatta D Kappan	2020-2022 batch (B Ed. English)
9	Melvin Daniel	2020-2022 batch (B Ed. English)
10	Parvathy V	2020-2022 batch (B Ed. English)
11	Rinju Jolly	2020-2022 batch (B Ed. English)
12	Sania Varghese	2020-2022 batch (B Ed. English)
13	Sneha Joseph	2020-2022 batch (B Ed. English)
14	Sreelekha R	2020-2022 batch (B Ed. English)
15	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
16	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
17	Amitha James	2020-2022 batch (B Ed. Malayalam)
18	Anakha K S	2020-2022 batch (B Ed. Malayalam)
19	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
20	Athira Raju	2020-2022 batch (B Ed. Malayalam)
21	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
22	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
23	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
24	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)



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25	Salini K B	2020-2022 batch (B Ed. Malayalam)
26	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
27	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
28	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
29	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
30	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
31	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
32	Cris Francis	2020-2022 batch (B Ed. Mathematics)
33	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)
34	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
35	Meera R	2020-2022 batch (B Ed. Mathematics)
36	Megha T.M	2020-2022 batch (B Ed. Mathematics)
37	Merin Johny	2020-2022 batch (B Ed. Mathematics)
38	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
39	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
40	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
41	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
42	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
43	Aparna S	2020-2022 batch (B Ed. Physical Science)
44	Arya M A	2020-2022 batch (B Ed. Physical Science)
45	Athira Anil	2020-2022 batch (B Ed. Physical Science)
46	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
47	Christeena John	2020-2022 batch (B Ed. Physical Science)
48	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)
49	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
50	Lida Mathew	2020-2022 batch (B Ed. Physical Science)





51	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
52	Neethu P D	2020-2022 batch (B Ed. Physical Science)
53	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
54	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
55	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
56	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
57	Anju A	2020-2022 batch (B Ed. Natural Science)
58	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
59	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
60	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
61	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
62	Krishna M K	2020-2022 batch (B Ed. Natural Science)
63	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
64	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
65	Nausheen N	2020-2022 batch (B Ed. Natural Science)
66	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
67	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
68	Shereena G	2020-2022 batch (B Ed. Natural Science)
69	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
70	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
71	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
72	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
73	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
74	Ans Jose	2020-2022 batch (B Ed. Social Science)
75	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
76	Asha Joseph	2020-2022 batch (B Ed. Social Science)







77	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
78	Aswathi .P	2020-2022 batch (B Ed. Social Science)
79	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
80	Liya Thomas	2020-2022 batch (B Ed. Social Science)
81	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
82	Meera Mathew	2020-2022 batch (B Ed. Social Science)
83	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
84	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
85	Revathy N	2020-2022 batch (B Ed. Social Science)
86	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
87	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
88	Tency Davis	2020-2022 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## National Reading Day Celebration 2021

<b>Name of the Event</b>	Capacity Enhancement Programme for Student Teachers: Webinar on Changing Dimensions of Modern Education
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers and teacher educators analyze the changes happening in the education scenario</li> <li>2. To help students explore the modern trends in teaching methodology</li> <li>3. To critically analyze the thrust of NEP 2020 in the light of modern education trends</li> </ol>
<b>Details of Event Coordinators</b>	Women Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	14/06/2021 – 19/06/2021
<b>Beneficiaries</b>	,Student teachers-85 , Faculty- 6
<b>Platform</b>	Online Whatsapp

## NATIONAL READING DAY CELEBRATION 14/06/2021 TO 19/06/2021 REPORT

National reading day celebration was conducted online by Women Cell. It was a celebration lasted about a week. Various competitions were held on each day.

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## COMPETITIONS

Review writing

Video making

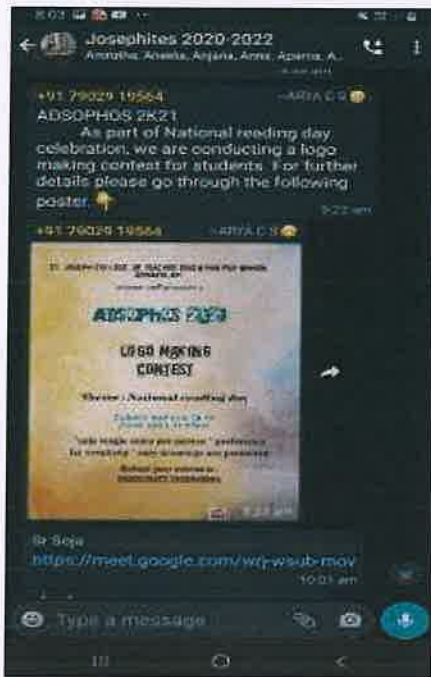
Puzzle (for teachers)

Logo making competition

Photo with a book

Caption writing (for teachers)

Quiz competition



### DAY 1 (14/06/2021, Monday)

#### Review writing

Number of participants:

Malayalam: 2

Winner: first prize goes to Parvathy V (Dept. of English)

Second prize goes to Anju A. (Dept. of Natural Science)



English: 3

Winner: first prize goes to Arya Balachandran (Dept. of English)

Second prize goes to Parvathy V (Dept. of English)

Third prize goes to Jinnu Anna Varghese (Dept. of Natural Science)

#### Video making

Number of participants: 1

Winner: Athira Anil (Dept. of Physical Science)



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**DAY 2 (15/06/2021, Tuesday)**

**Crossword Puzzle (for Teachers)**

Winner: Dr. Rachael George M. (Dept. of Natural Science)



**DAY 3 (16/06/2021, Wednesday)**

**Logo making competition**

Number of participants: 5

Winner: first prize goes to Meenu Anna Mathai

(Dept. of Social Science)

Second prize goes to Alina Celine Lancy (Dept. of

English)

Third prize goes to Krishna MK (Dept. of Natural

Science) and

Sreejitha AK (Dept. of Social Science)

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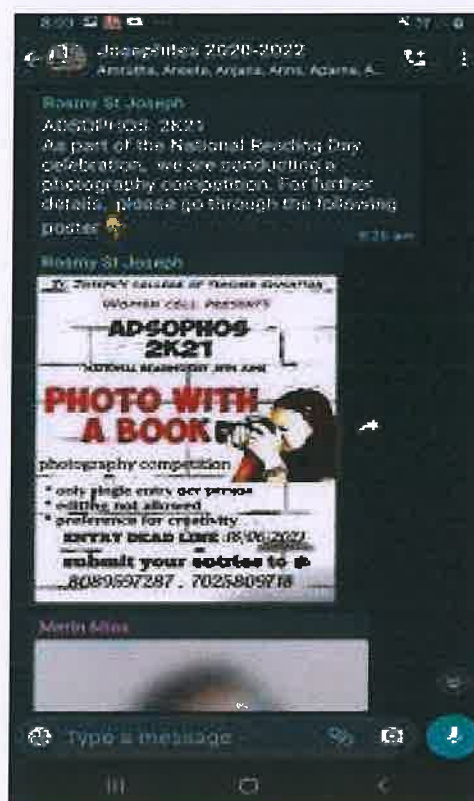
**Photo with a book**

Number of participants: 5

Winner: first prize goes to Anju A. (Dept. of Natural Science)

Second prize goes to Anns Jose (Dept. of Social Science)

Third prize goes to Parvathy V (Dept. of English)

**DAY 4 (17/06/2021, Thursday)****Caption writing competition (for Teachers)**

Number of participants: 5

Winner: first prize goes to Sr. Josephine Joseph

Second prize goes to Mrs Marin Jose



*Dr. Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam

**DAY 5 (18/06/2021, Friday)****Quiz competition**

Number of participants: 5

Winner: first prize goes to Sreelekha R (Dept. of English)

Second prize goes to Olivia Tresa A A (Dept. of Social

Science)

Third prize goes to Nandini Sagar

(Dept. of Natural

Science) and

Akshaya A S

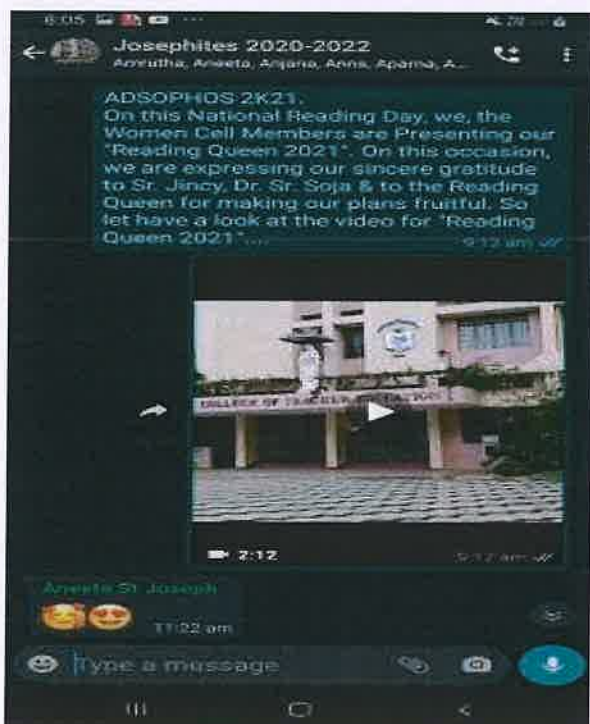
(Dept. of Physical

Science)

**DAY 6 (19/06/2021, Saturday)****Introduced the Reading Queen of the College**

Reading Queen 2021: Mary Rilu Aruja (Dept. of Natural Science) Second Year Bed. Her video was posted on college whatsapp group. A reading day message was also given.

Results of all competitions were announced



*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## HORIZON 2021

### INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

<b>Name of the Event</b>	<b>Horizon 2021- International Day against Drug Abuse and Illicit Trafficking</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To spread awareness regarding drug abuse and its consequences</li> <li>2. To indicate the challenges faced by adolescents and youth in the nation as a result of drug abuse</li> <li>3. To motivate student teachers to take action against drug abuse and illicit trafficking</li> <li>4. To intensify efforts and collaboration in order to fulfil the vision of a drug-free global society</li> </ol>
<b>Details of Event Coordinators</b>	Anti-Narcotic club St. Joseph College of Teacher Education for Women Ernakulam St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Mr. Ashok Kumar T.A Deputy Excise Commissioner Ernakulam
<b>Date</b>	26/06/2021
<b>Time</b>	12.00 PM – 1.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Students-85, Faculty-15,
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/bay-hzav-maz">https://meet.google.com/bay-hzav-maz</a>

*Alice Joseph*

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## Horizon 2021

### International Day against Drug Abuse and Illicit Trafficking

#### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam observed the International day against drug abuse and illicit trafficking via Google Meet on 26<sup>th</sup> June 2021 from 12.00 PM to 1.00 PM. The Anti-Narcotic club of the college organized and coordinated the virtual programme, 'Horizon 2021'. The resource person for the programme, 'Horizon 2021' was Mr. Ashok Kumar T.A, Deputy Excise Commissioner in Ernakulam. A total of 100 participants took part in the virtual programme. Apart from the faculty members and student teachers of St. Joseph College of Teacher Education for Women, Ernakulam, the programme had the esteemed presence of Ms. Noel Rose, headmistress and other faculty members of St. Ann's Public School in Cherthala, Mr. Naveen Joseph Pudussery and Ms. Annie, the faculty members of Vocational Higher Secondary School in North Edappally and Dr. Reshmi G, faculty member from GHSS in North Edappally.

The programme started exactly at 12.00 PM with a prayer song by Ms. Megha T.M, student teacher from Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Olivia Teresa A.A, leader of anti-narcotic club and student teacher from Social Science optional delivered the official welcome address for the programme. The welcome address was succeeded by the presidential address for the programme delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph emphasized on the importance and need of generating awareness on drug abuse in the present scenario which is witnessing the increased rate drug abuse and crimes related with it among children and the youth of the nation who are the building blocks of the nation. She enunciated that such social evils which affect the young minds of the country is adversely affecting the health and economic status of the nation. Awareness must be generated and developed further for the young ones to take action against drug abuse and to help those who are trapped in the web of drugs and addiction to recover, rebuild and relive their lives. She emphasized that awareness should be ensured among not only young ones but to everyone so that they all have a bright and successful future and can contribute effectively to the society in which they live in.

The presidential address was followed by the brief introductory speech by Mrs. Smitha Jose, Assistant Professor in Education and the Faculty Coordinator of anti-narcotic

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 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



club of St. Joseph College of Teacher Education for Women, Ernakulam. Mrs. Smitha Jose introduced the participants with the resource person for the day, Mr. Ashok Kumar T. A, Deputy Excise Commissioner, Ernakulam. After the introductory session, Mr. Ashok Kumar, being the Deputy Excise Commissioner of Ernakulam district and with his legitimate real life experiences gave an informative and knowledge generating session for the participants. The session revolved around the topic 'Adolescence- challenges and opportunities- vigilance and protection'. Mr. Ashok Kumar T.A indicated the major issues and exploitation the younger generation of the nation is suffering from as a result of drug use and abuse. Young ones are heading to gambling, crimes, assault and many more undesirable behaviors and actions which affects negatively themselves, their family, their community and the nation as a whole. Mr. Ashok Kumar highlighted the critical role and responsibility of the teachers have in guiding children toward the right path for a brighter and successful future. After the keynote address delivery by the resource person for the day, a video of anti-narcotic club members taking a pledge against drug abuse was presented with an aim of instilling motivation in the participants gathered for the virtual meeting. The video presentation was succeeded by the recitation of an inspiring poem, 'LAHARI' (Intoxication) by Ms. Athira Raju, student teacher from Malayalam optional at St. Joseph College of Teacher Education for Women, Ernakulam. As part of 'Horizon 2021', an online quiz competition was also conducted via Google form on 24<sup>th</sup> June 2021 from 4.00 PM to 5.00 PM based on the theme 'Share facts on drugs, save lives'.

The whole programme 'Horizon 2021' turned out to be successful in accomplishing its objectives. It generated awareness among the participant regarding the challenges as a result of drug abuse and its adverse effects on the nation as a whole. The session could provide a clear understanding on the role and responsibilities that teachers have on throwing light upon the life of their students and to ensure a better and fuller future life for them. The programme, 'Horizon 2021' came to an end at 1.00 PM with the vote of thanks delivered by Ms. Milu Hasan K.H, student teacher from the Social Science optional at St. Joseph College of Teacher Education for Women, Ernakulam.

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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Ernakulam








**Horizon 2021**

**International Day against Drug Abuse and Illicit Trafficking**


**Photo Gallery**

**Inaugration And Keynote Address**



**T.A. Ashok Kumar**  
( Deputy Excise Commissioner  
Ernakulam )


**'കൗമാരം-വെല്ലുവിളികളും സായുതകളും  
കരുതാം-കാവലാകാം'**



**Programme**

Prayer  
Welcome Speech  
Presidential Address  
Keynote Address  
Pledge  
Recitation  
Vote of Thanks

come and join us on 26 june at 12:00pm



Join us via Google Meet

**Brochure for 'Horizon 2021', International Day against Drug Abuse and Illicit Trafficking organized by the Anti-Narcotic club of St. Joseph College of Teacher Education for Women, Ernakulam**

St. Joseph College of Teacher Education For Women, Ernakulam



*Anti Narcotic Club*

**Horizon 2K21**

June 26 International Day Against Drug Abuse and Illicit Trafficking

"Share Facts On Drugs  
Save Lives"

Cordially Invite You to Celebrate International Anti Narcotic Day

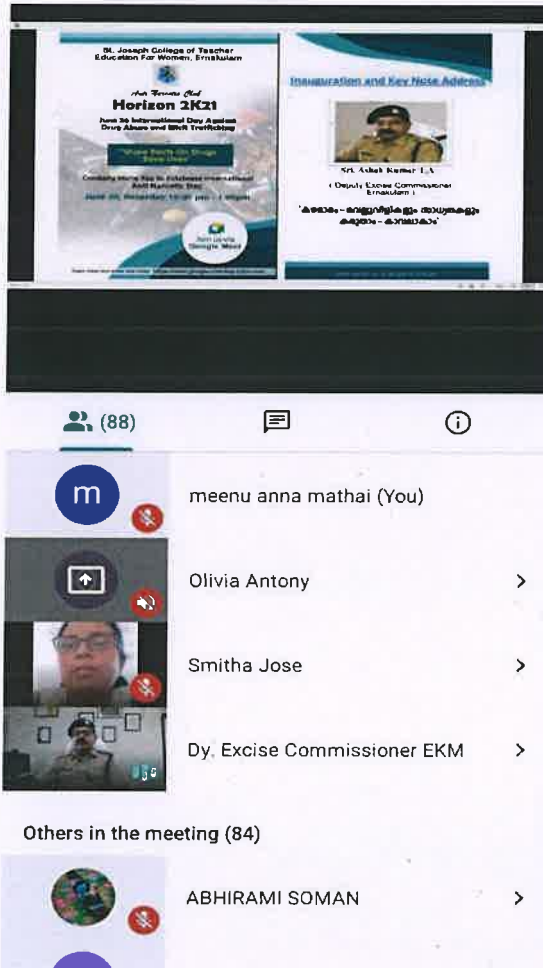
June 26, Saturday 12:00 pm - 1.00pm

Join us via Google Meet

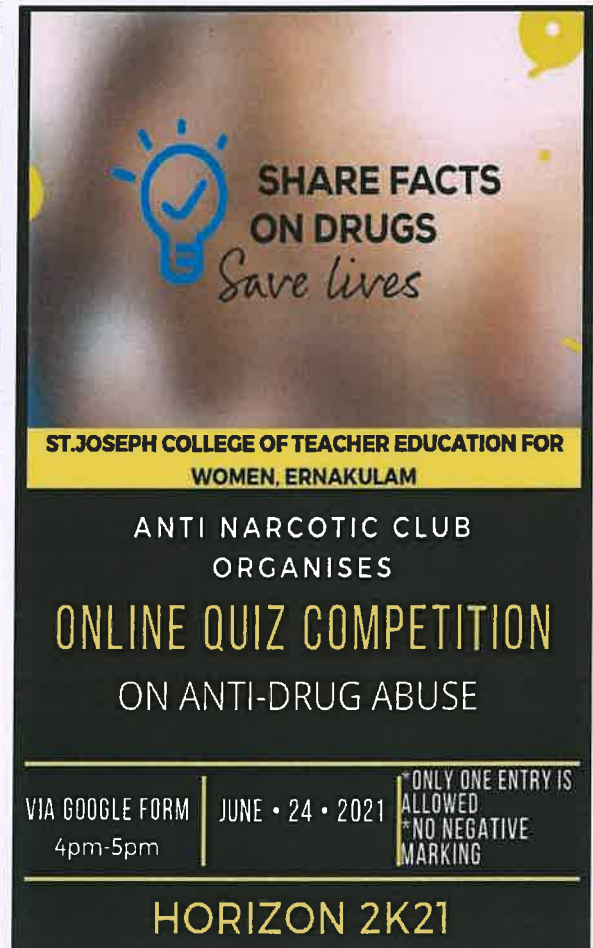
Open meet and enter this code: <https://meet.google.com/hay-tzav-maz>

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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher Education for Women,  
Ernakulam





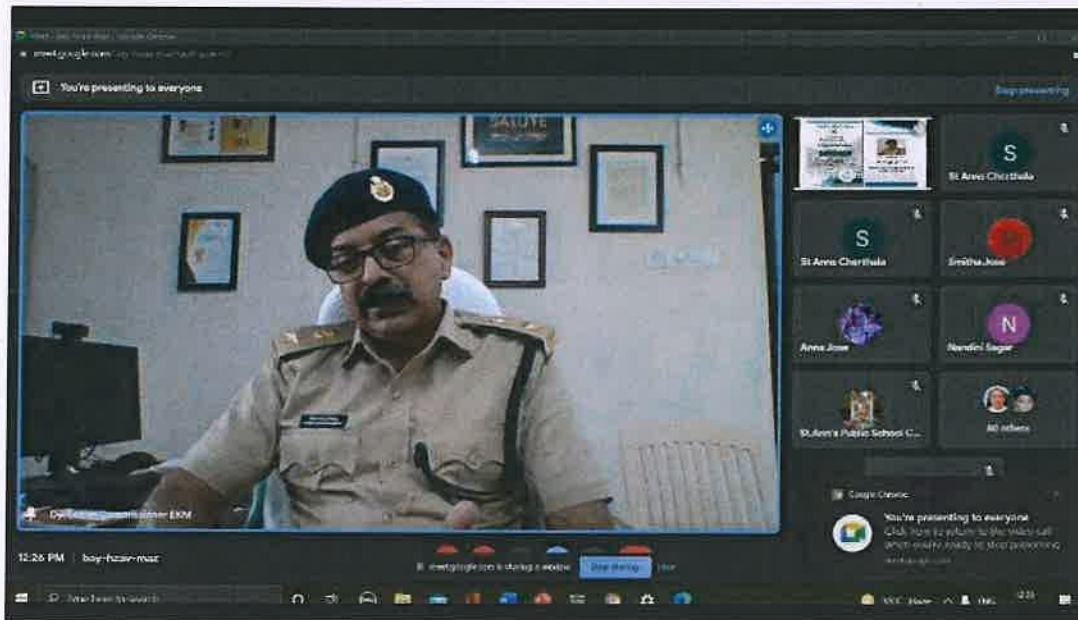
St. Joseph College of Teacher Education for Women, Ernakulam observing International Day against Drug Abuse and Illicit Trafficking via Google Meet



Event Poster for the online quiz competition conducted by St. Joseph College of Teacher Education for Women, Ernakulam as part of 'Horizon 2021', International Day against Drug Abuse and Illicit Trafficking

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 Principal in Charge  
 St. Joseph College of Teacher Education for Women,  
 Ernakulam





**Mr. Ashok Kumar T.A, Deputy Excise Commissioner, Ernakulam delivering the keynote address being the resource person for the programme, 'Horizon 2021', International Day against Drug Abuse and Illicit Trafficking organized by St. Joseph College of Teacher Education for Women, Ernakulam via Google Meet**

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





**Horizon 2021****International Day against Drug Abuse and Illicit Trafficking****Programme Details**

<b>Name of the Event</b>	<b>Horizon 2021- International Day against Drug Abuse and Illicit Trafficking</b>
<b>Date</b>	26/06/2021
<b>Time</b>	12.00 PM- 1.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Students- 85, Faculty-15,
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/bay-hzav-maz">https://meet.google.com/bay-hzav-maz</a>

**List of Participants**

Faculty members list (St. Joseph College of Teacher Education for Women, Ernakulam):

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science)
8	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
9	Dr. Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dinimol Jacob	Assistant Professor (Natural Science Education)

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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam 416



Faculty members list (from other institutions participated in the virtual programme):

SL.NO.	NAME OF THE FACULTY	NAME OF THE INSTITUTION
1	Ms. Noel Rose	St. Ann's Public School, Cherthala
2	Mr. Naveen Joseph Pudussery	Vocational Higher Secondary School, North Edappally
3	Ms. Annie	Vocational Higher Secondary School, North Edappally
4	Dr. Reshma G	GHSS, North Edappally

Students list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Alina Celine Lancy	2020-2022 batch (B Ed. English)
3	Anna Susan Jacob	2020-2022 batch (B Ed. English)
4	Arunima K Shaji	2020-2022 batch (B Ed. English)
5	Arya Balachandran	2020-2022 batch (B Ed. English)
6	Arya C S	2020-2022 batch (B Ed. English)
7	Athira C S	2020-2022 batch (B Ed. English)
8	Melvin Daniel	2020-2022 batch (B Ed. English)
9	Parvathy V	2020-2022 batch (B Ed. English)
10	Rinju Jolly	2020-2022 batch (B Ed. English)
11	Sania Varghese	2020-2022 batch (B Ed. English)
12	Sneha Joseph	2020-2022 batch (B Ed. English)
13	Sreelekha R	2020-2022 batch (B Ed. English)
14	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
15	Aleena Roy	2020-2022 batch (B Ed. Malayalam)



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16	Amitha James	2020-2022 batch (B Ed. Malayalam)
17	Anakha K S	2020-2022 batch (B Ed. Malayalam)
18	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
19	Athira Babu	2020-2022 batch (B Ed. Malayalam)
20	Athira Raju	2020-2022 batch (B Ed. Malayalam)
21	Athira Sabu	2020-2022 batch (B Ed. Malayalam)
22	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
23	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
24	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
25	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
26	Salini K B	2020-2022 batch (B Ed. Malayalam)
27	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
28	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
29	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
30	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
31	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
32	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
33	Lia Rose Tomson	2020-2022 batch (B Ed. Mathematics)
34	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
35	Meera R	2020-2022 batch (B Ed. Mathematics)
36	Megha T.M	2020-2022 batch (B Ed. Mathematics)
37	Merin Johny	2020-2022 batch (B Ed. Mathematics)
38	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
39	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
40	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
41	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)



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42	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
43	Aparna S	2020-2022 batch (B Ed. Physical Science)
44	Arya M A	2020-2022 batch (B Ed. Physical Science)
45	Athira Anil	2020-2022 batch (B Ed. Physical Science)
46	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
47	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
48	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
49	Neethu P D	2020-2022 batch (B Ed. Physical Science)
50	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
51	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
52	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
53	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
54	Anju A	2020-2022 batch (B Ed. Natural Science)
55	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
56	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
57	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
58	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
59	Krishna M K	2020-2022 batch (B Ed. Natural Science)
60	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
61	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
62	Nausheen N	2020-2022 batch (B Ed. Natural Science)
63	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
64	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
65	Shereena G	2020-2022 batch (B Ed. Natural Science)
66	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
67	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)





68	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
69	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
70	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
71	Ans Jose	2020-2022 batch (B Ed. Social Science)
72	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
73	Asha Joseph	2020-2022 batch (B Ed. Social Science)
74	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
75	Aswathi .P	2020-2022 batch (B Ed. Social Science)
76	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
77	Liya Thomas	2020-2022 batch (B Ed. Social Science)
78	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
79	Meera Mathew	2020-2022 batch (B Ed. Social Science)
80	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
81	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
82	Revathy N	2020-2022 batch (B Ed. Social Science)
83	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
84	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
85	Tency Davis	2020-2022 batch (B Ed. Social Science)



  
 Dr. Alice Joseph  
 Principal in Charge  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

St. Joseph College of Teacher Education for Women, Ernakulam

Our Lady of Mount Carmel Feast Day, 2021

<b>Name of the Event</b>	Our Lady of Mount Carmel Feast Day, 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To commemorate the Apostolic Carmel Congregation's foundation day</li> <li>2. To remember and express gratitude to Mother Mary's patronage, loving care, guidance and protection</li> </ol>
<b>Details of Event Coordinators</b>	<p>Women Cell (2020-2022)</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Chief-Guest</b>	<p>Sr. Vineetha, C.M.C</p> <p>Spiritual Counsellor</p> <p>Vimala Province</p> <p>Ernakulam</p>
<b>Date</b>	19/07/2021
<b>Time</b>	4.00 PM- 5.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 86 , Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/swu-hzob-rbk">https://meet.google.com/swu-hzob-rbk</a>

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 St. Joseph College of Teacher  
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## Programme Report

Every year, Carmelites across the world celebrates Our Lady of Mount Carmel Feast Day on 16<sup>th</sup> of July keeping up the spirit of the Carmelite tradition. The Mount Carmel Feast Day is celebrated aiming at commemorating the Apostolic Carmel Congregation's foundation day and to honour and express gratitude to Mother Mary for her patronage, loving care, guidance and protection. St. Joseph College of Teacher Education for Women, Ernakulam celebrated Our Lady of Mount Carmel Feast Day, 2021 on 19<sup>th</sup> July 2021 from 4.00 PM to 5.00 PM via Google Meet. The whole event has been coordinated and organized by the women cell (2020-2022) of the college. All faculty members and student teachers participated in the event.

The programme started exactly at 4.00 PM via Google Meet with a prayer song by Ms. Elizabeth Maria Babu, student teacher from Mathematics Optional. Ms. Nikhila Baby, student teacher from Mathematics optional. The prayer song was succeeded by the welcome speech for the event delivered by Ms. Blessy Babu, student teacher from Malayalam optional. Ms. Blessy Babu warmly welcomed all of the participants to the event. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph emphasized on the hardships and difficulties Mother Mary has tackled in bringing benefits to the Carmelite order. She expressed her gratitude and honored Mother Mary for her guidance, protection and patronage. The presidential address by the Principal was succeeded by an introductory video on 'Our Lady of Mount Carmel'. The video presentation was succeeded by the inaugural address and the Carmel day message by the chief guest for the event, Sr. Vineetha, Spiritual Counsellor at Vimala Province, Ernakulam. Sr. Vineetha enunciated that Our Lady of Mount Carmel Feast Day is of utmost importance to the Carmelites. It is a Carmelite tradition to celebrate the feast day as a way of thanksgiving to Mother Mary for her guidance, care and protection. The Carmelites regard Mother Mary as a role model of virtue and a perfect example of the internal life of contemplation and prayer to which Carmelites endeavor. Catholics across the globe are encouraged to venerate Mary, the patron saint of the Carmelite Order, to express their commitment to their faith.

After the inaugural address by the chief guest for the event, a video wishing the sisters Carmel feast greetings were presented. The video presentation was followed by felicitation delivered by Dr. Marin Jose, Assistant Professor in English Education at St. Joseph College



*Alice Joseph*  
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of Teacher Education for Women, Ernakulam. The felicitation was followed by a Carmel song performed by Ms. Aparna S, student teacher from Physical Science optional.

The Our Lady of Mount Carmel Feast Day, 2021 has been celebrated and it left the participants with inspired minds and reflective thoughts. The event probably did provided the student teachers with knowledge and understanding about the life of Mother Mary and her contributions. It helped the student teachers to understand and celebrate the Carmelite tradition which has been followed by all the Carmelites across the globe. The Our Lady of Mount Carmel Feast Day, 2021 winded up at 5.00 PM with the vote of thanks delivered by Ms. Aneesha Mohan, Women Cell coordinator and student teacher from Mathematics optional.

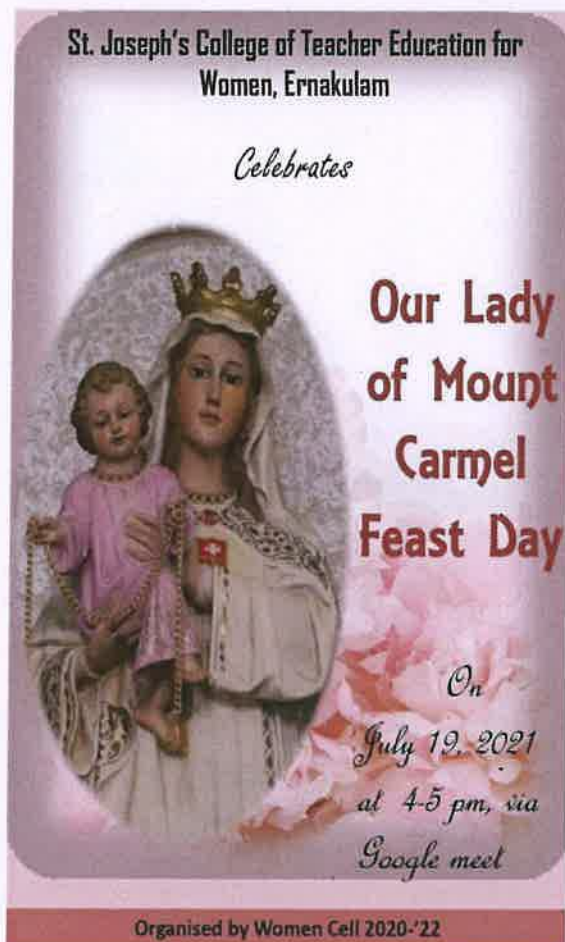
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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## Our Lady of Mount Carmel Feast Day, 2021

### Photo Gallery



### Programme Schedule

Prayer	Ms. Elizabeth Maria Babu
Welcome Speech	Ms. Blessy Babu
Presidential Address	Dr. Sr. Alice Joseph (Principal)
Introductory Video on "Our Lady of Mt. Carmel"	
Inaugural Address & Carmel day message	Sr. Vineetha, C.M.C. Spiritual Counsellor, Vimala Province, Ernakulam
Video	Carmel day wishes to our dear sisters
Felicitation	Mrs. Marin Jose (Assistant Professor, Dept. of English)
Carmel Song	Ms. Aparna S.
Vote of Thanks	Ms. Aneesha Mohan (Women Cell, Co-ordinator)

Brochure for Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

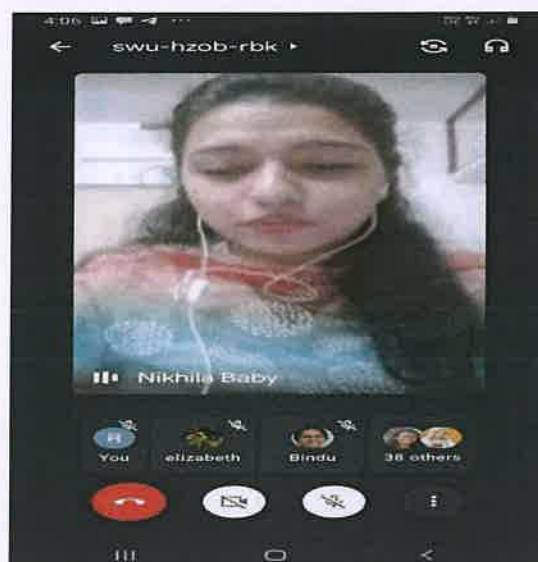
Dr. Alice Joseph  
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Education for Women,  
Ernakulam







**Prayer song by Ms. Elizabeth Maria Babu, student teacher from Mathematics optional during Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**



**Ms. Nikhila Baby, student teacher from Mathematics optional performing emcee for the event, 'Our Lady of Mount Carmel Feast Day, 2021' held by St. Joseph College of Teacher Education for Women, Ernakulam**



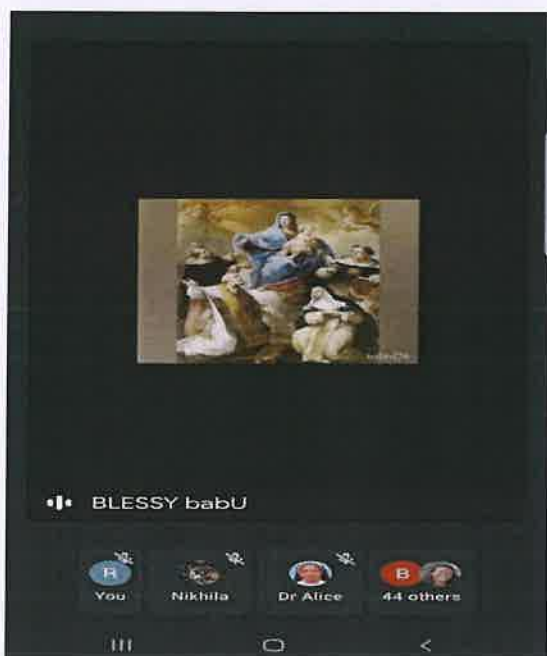
**Ms. Blessy Babu, student teacher from Malayalam optional during Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**



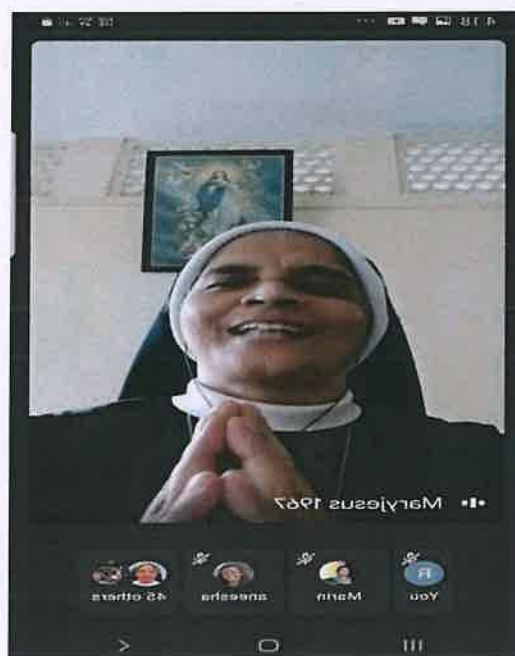
**Dr. Alice Joseph, principal at St. Joseph College of Teacher Education for Women, Ernakulam delivering presidential address during the event, 'Our Lady of Mount Carmel Feast Day, 2021'**



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**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
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**Video presentation on Our Lady of Mount Carmel during the event, 'Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**



**Sr. Vineetha, C.M.C, chief-guest for the event, delivering inaugural address during Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**



**Dr. Marin Jose, Assistant Professor at St. Joseph College of Teacher Education for Women, Ernakulam delivering felicitation during the event of Our Lady of Mount Carmel Feast Day, 2021**



**Ms. Aparna S, student teacher from Physical Science optional singing Carmel song during Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**



*Alice Joseph*  
**Dr. Alice Joseph**  
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**Ms. Aneesha Mohan, Women Cell coordinator and student teacher from Mathematics optional delivering vote of thanks during Our Lady of Mount Carmel Feast Day, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam**

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







## Our Lady of Mount Carmel Feast Day, 2021

### Programme Details

<b>Name of the Event</b>	Our Lady of Mount Carmel Feast Day, 2021
<b>Date</b>	19/07/2021
<b>Time</b>	4.00 PM – 5.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 86, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/swu-hzob-rbk">https://meet.google.com/swu-hzob-rbk</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science Education)
8	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
9	Dr. Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)
12	Mrs. Dinimol Jacob	Assistant Professor (Natural Science Education)

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





Students list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Alina Celine Lancy	2020-2022 batch (B Ed. English)
3	Anna Susan Jacob	2020-2022 batch (B Ed. English)
4	Arunima K Shaji	2020-2022 batch (B Ed. English)
5	Arya Balachandran	2020-2022 batch (B Ed. English)
6	Arya C S	2020-2022 batch (B Ed. English)
7	Athira C S	2020-2022 batch (B Ed. English)
8	Melvin Daniel	2020-2022 batch (B Ed. English)
9	Parvathy V	2020-2022 batch (B Ed. English)
10	Rinju Jolly	2020-2022 batch (B Ed. English)
11	Sania Varghese	2020-2022 batch (B Ed. English)
12	Sneha Joseph	2020-2022 batch (B Ed. English)
13	Sreelekha R	2020-2022 batch (B Ed. English)
14	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
15	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
16	Amitha James	2020-2022 batch (B Ed. Malayalam)
17	Anakha K S	2020-2022 batch (B Ed. Malayalam)
18	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
19	Athira Babu	2020-2022 batch (B Ed. Malayalam)
20	Athira Raju	2020-2022 batch (B Ed. Malayalam)
21	Athira Sabu	2020-2022 batch (B Ed. Malayalam)
22	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
23	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
24	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)

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25	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
26	Salini K B	2020-2022 batch (B Ed. Malayalam)
27	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
28	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
29	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
30	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
31	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
32	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
33	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)
34	Lia Rose Tomson	2020-2022 batch (B Ed. Mathematics)
35	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
36	Meera R	2020-2022 batch (B Ed. Mathematics)
37	Megha T.M	2020-2022 batch (B Ed. Mathematics)
38	Merin Johny	2020-2022 batch (B Ed. Mathematics)
39	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
40	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
41	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
42	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
43	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
44	Aparna S	2020-2022 batch (B Ed. Physical Science)
45	Arya M A	2020-2022 batch (B Ed. Physical Science)
46	Athira Anil	2020-2022 batch (B Ed. Physical Science)
47	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
48	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
49	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
50	Neethu P D	2020-2022 batch (B Ed. Physical Science)







51	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
52	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
53	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
54	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
55	Anju A	2020-2022 batch (B Ed. Natural Science)
56	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
57	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
58	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
59	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
60	Krishna M K	2020-2022 batch (B Ed. Natural Science)
61	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
62	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
63	Nausheen N	2020-2022 batch (B Ed. Natural Science)
64	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
65	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
66	Shereena G	2020-2022 batch (B Ed. Natural Science)
67	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
68	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
69	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
70	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
71	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
72	Ans Jose	2020-2022 batch (B Ed. Social Science)
73	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
74	Asha Joseph	2020-2022 batch (B Ed. Social Science)
75	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
76	Aswathi .P	2020-2022 batch (B Ed. Social Science)



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77	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
78	Liya Thomas	2020-2022 batch (B Ed. Social Science)
79	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
80	Meera Mathew	2020-2022 batch (B Ed. Social Science)
81	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
82	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
83	Revathy N	2020-2022 batch (B Ed. Social Science)
84	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
85	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
86	Tency Davis	2020-2022 batch (B Ed. Social Science)

*Alice Joseph*

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORLD NATURE CONSERVATION DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>World Nature Conservation Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise the awareness of the value of natural resources and its conservation</li> <li>2. To promote environment friendly behavior among student teachers</li> <li>3. To create awareness among student teachers to utilize the resources in the environment effectively to meet their needs without compromising the needs of future generation</li> <li>4. To create awareness among student teachers to protect the environment and to stop it from deteriorating due to human activities</li> </ol>
<b>Details of Event Coordinators</b>	Nature Club (Rithu 2021) St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	28/07/2021
<b>Time</b>	12.30 PM- 1.30 PM
<b>Duration</b>	1 Hour
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/ruz-nogq-nhh">https://meet.google.com/ruz-nogq-nhh</a>

### World Nature Conservation Day Celebration, 2021

#### Programme Report

The St. Joseph College of Teacher Education for Women, Ernakulam observed World Nature Conservation day, 2021 with the theme, 'Forest and Livelihoods: Sustaining People and Planet' on 28<sup>th</sup> July 2021 from 12.30 PM to 1.30 PM via Google Meet. The whole programme was organized by the Nature club (Rithu, 2021) of St. Joseph College of Teacher



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Education for Women, Ernakulam. All the teachers and first year B Ed. Students participated in the programme.

The World Nature Conservation Day celebration, 2021 started at 12.30 PM with a prayer song by Ms. Mayamol Thomas, student teacher from Malayalam optional at St. Joseph College of Teacher Education for Women. Ms. Anitta Sheen Teresa, student teacher from Natural Science optional performed emcee for the whole event. Ms. Sreelekha R, student teacher from English optional officially welcomed all the dignitaries and participants to the celebration. The welcome address was succeeded by introductory speech delivered by Ms. Rosaliya George, student teacher from Natural Science optional. The introductory speech covered concepts like nature conservation, its need and significance especially in the present times and the relevance of observing World Nature Conservation day every year across the globe. Dr. Betty P.J, the Vice Principal and Assistant Professor at St. Joseph College of Teacher Education for Women, Ernakulam was the chief-guest for the programme. Being a chief-guest, Dr. Betty P.J, delivered the presidential address for the event. Dr. Betty P.J gave an enlightening message to the student teachers based on the theme 'Forest and Livelihoods: Sustaining People and Planet'. She threw light upon the importance of maintaining harmony between men and land. Sustainable development can be achieved and promoted only via the harmony that the man have with the nature. Dr. Betty P.J enunciated that human beings cannot advance unless they reconnect to nature and live in peace, balance, and cooperation with the nature. She emphasized on the fact that conservation means the wise use of natural resources.

After the presidential address, a video presentation was done based on the theme of World Nature Conservation Day, 2021. The video demonstrated the importance of nature conservation. It emphasized on preserving nature and its resources and thereby ensuring a sustainable future. The video pointed out the goal of nature conservation day which is to raise public awareness about the need to protect natural resources like plant life and wildlife that could go extinct in the coming years or decades. As a result of many manmade activities, the nature is being adversely affected especially in the present era. Many species are becoming extinct due to the present conditions. A large number of people in the world continue to live their lives without understanding the harm they are causing to the environment and not even trying for a change. The main of observing nature conservation day is to remind and educate people of their responsibility to protect the nature as well as to raise awareness among those who are unaware of the costs the environment has already incurred for their unsustainable



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practices. The video also mentioned about various acts that one can adopt for bringing in positive changes in the environment. Among the actions one may take to protect the nature can include reducing the usage of plastics, growing more trees, water and energy conservation, monitoring for electronic wastes etc. The current generation must make sure that people and resources can coexist on the earth and that these resources are sustained and future generations can access them. The video presentation seemed to be successful in generating awareness on the concept of nature conservation to the participants.

The video presentation was succeeded the announcement of winners for the competitions conducted as part of world nature conservation day celebration. Various competitions were conducted by the Nature Club (Rithu 2021) of St. Joseph College of Teacher Education, Ernakulam as a predecessor to World Nature Conservation Day, 2021. The competitions conducted included,

- **Intercollegiate photography competition on the theme 'Art in Nature'**

The competition was conducted for student teachers from different B Ed. Training colleges. About forty-five entries were received from various colleges as well as universities through the official mail of Nature Club of St. Joseph College of Teacher Training, Ernakulam. Photography expert, Mr. Mathew Mosses was appointed as the judge for the photography competition. Ms. Linimol C.M, student teacher from National College of Teacher Education, IQBAL Square, Perumbavoor in Ernakulam secured the first prize for photography competition. Ms. Cibi Varghese, student teacher from Adi Sankara Training College, Kalady and Ms. Benzy Sebastian from St. John the Baptist's College of Education, Nedumkunnam in Kottayam secured the second and third positions respectively in the photography competition. The entries received from Ms. Alisha Shaji, student teacher form Mangalam College of Education, Ettumanoor and Ms. Maya S. Raj, student teacher from College of Teacher Education, Thottakad were appreciated for their effort and creativity. E-Certificates were awarded for all the winners.

- **Poster making competition on the theme 'Conservation of Nature Starts with You'**

The poster making competition was conducted at collegiate level. The judgment criteria set down for the competition were relevancy, neatness, artistic composition and creativity of the entries. Fulfilling all of the criteria set down, Ms. Meenu Anna Mathai, student teacher from Social Science optional of St. Joseph College of Teacher Education for Women, Ernakulam secured the first position.

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The second position for the competition was secured by Ms. Fathima Beevi A.I, student teacher from Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam. Third position for the competition was shared by Ms. Amrutha Satheesan and Ms. Meera Mathew, student teachers from Social Science optional of St. Joseph College of Teacher Education for Women, Ernakulam.

- **Talk competition on the theme ‘Covid-19 pandemic as a boon for the nature and biodiversity’**

The talk competition was conducted at collegiate level. The judgment criteria set down for evaluating the winners were technical competence and the effectiveness in communicating ideas. Ms. Meera Mathew, student teacher from Social Science optional of St. Joseph College of Teacher Education for Women, Ernakulam secured the first prize for Talk competition in Malayalam language. Ms. Josna Joy, student teacher from English optional of St. Joseph College of Teacher Education for Women, Ernakulam secured the first prize for Talk competition in English language.

- **Essay writing competition on the theme ‘Conservation is a state of harmony between men and land’**

The Essay writing competition was conducted at collegiate level. The criteria set down for judgment were clarity, composition and organization of the thoughts and originality of the entries. Ms. Anju A, student teacher from Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam secured the first position for the essay writing competition and Ms. Anjana Vijayan, student teacher from Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam secured the second position for the competition.

All the winners of various competitions conducted were provided with E-certificates during the event. The world nature conservation day celebration, 2021 winded up at 1.30 PM with the vote of thanks delivered by Ms. Reshma S. Babu, student teacher from Physical Science optional of St. Joseph College of Teacher Education for Women, Ernakulam.

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Ernakulam







## World Nature Conservation Day Celebration, 2021

St Joseph College of Teacher Education for Women, Ernakulam  
Nature Club (Rithu 2K21)

Cordially invite you to celebrate

**WORLD NATURE CONSERVATION DAY**

PROGRAMME:

- Prayer
- Welcome speech
- Introductory speech
- Presidential address – Dr. Sr. Betty PJ
- Video presentation
- Announcement of winners
- Vote of thanks

Join us on Google meet  
<https://meet.google.com/ruz-noga-nhh>  
Code : ruznoggqnhh

28<sup>TH</sup> JULY, 2021 (12.30-1.30pm)

### Brochure for World Nature Conservation Day celebration, 2021

**ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM**

**NATURE CLUB : RITHU 2K21 PRESENTS**

**WORLD NATURE CONSERVATION DAY**

**POSTER MAKING COMPETITION**

**THEME**  
**Conservation of Nature starts with you**

**SUBMIT YOUR ENTRIES VIA WHATSAPP: 8156813647 ON OR BEFORE 26-07-2021**

For winners, e-Certificate will be provided.

**RULES**

- Poster should be made on A4 size paper with margins.
- Name and department of the student should be mentioned on the right side of the bottom of the paper.
- You can make use of pencil, crayon, water colour, oil paint, etc. for drawing. It should be an original work and hand made.
- Each participant can submit only one poster.
- Theme should be the main focus of the Poster.

**CRITERIA FOR JUDGEMENT**

- Relevance of the theme, neatness, artistic composition, creativity

### Brochure for intercollegiate photography competition conducted as part of World Nature Conservation Day, 2021



*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher Education for Women, Ernakulam



**RITHU 2K21  
PRESENTS**  
TALK  
COMPETITION

YOU CAN SUBMIT YOUR VIDEO  
VIA WHATSAPP: 8156813647  
WITH YOUR NAME AND  
DEPARTMENT ON OR BEFORE  
26-07-2021

FOR WINNERS,  
E- CERTIFICATE WILL BE  
PROVIDED...



### THINGS TO REMEMBER

#### THEME:

Corona Virus pandemic as  
a boon for the Nature and  
Biodiversity

#### RULES:

- Creation of entries with the winning group (Maximum duration of 100 seconds)
- Video duration is 10 minutes, submitted to the internet.
- Video must appear from 18:00:00 till 19:00:00 on the day of the competition.
- No award of any type (prize money, medals, trophies, etc.)

#### CRITERIA FOR JUDGEMENT:

- Originality and creativity
- Quality of the content
- Presentation

## Brochure for poster making competition conducted as part of World Nature Conservation Day, 2021

**Guidelines**.....

- Participants should send their entries to the given mail ID with subject line in the format- PARTICIPANT NAME\_ COLLEGE
- Should be original click.
- Editing or any other type of manipulation are not allowed.
- Do not add any watermarks.
- Plagiarism will lead to disqualification of the participant.
- Entries should be send to natureclub2022@gmail.com
- Creatively capture the nature around you to convey the theme.
- Send your entries on or before 26<sup>th</sup> July, 2021.

Ernakulam  
Nature Club (Rithu 21/21)  
*presents*  
INTERCOLLEGIATE PHOTOGRAPHY COMPETITION

*as part of World Nature Conservation Day celebration.*

>> THEME: ART IN NATURE <<

- Send To : natureclub2022@gmail.com
- Type the Subject line in the format- PARTICIPANT NAME\_ COLLEGE
- Dead line for the entries: 26<sup>th</sup> July, 2021
- Winners will be awarded e-certificates.

## Brochure for essay writing competition conducted as part of World Nature Conservation Day, 2021

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam









**Guidelines**

- Participants should mention their name and optional on top right of the paper or pdf
- Medium of Essay writing can be English or Malayalam
- Entries should be within word limit of 500-700.
- Should be original creation
- Hand written or typed text is accepted.
- Entries should send as PDF to the given mail id

**Criteria for Judgement**

- Clarity and Creativity
- Composition and Organization of thoughts
- Language and Grammar
- Originality

e-Certificates will be issued to the winners.

Kindly send the entries to:  
natureclub2022@gmail.com  
(Mention Subject as "ESSAY WRITING COMPETITION")

Deadline for the entries-  
26th July 2021



For further queries, contact  
7558941040

### Brochure for talk competition conducted as part of World Nature Conservation Day, 2021



Josephite family celebrating World Nature Conservation Day, 2021 via Google Meet



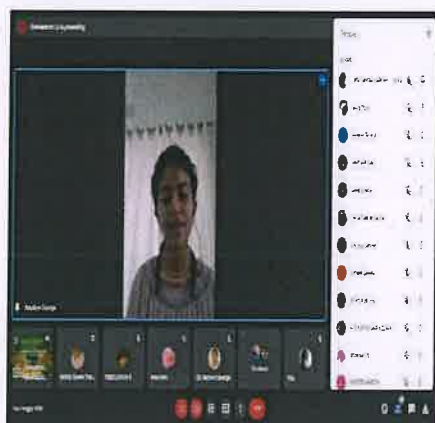
Video presentation based on the theme of World Nature Conservation Day, 2021

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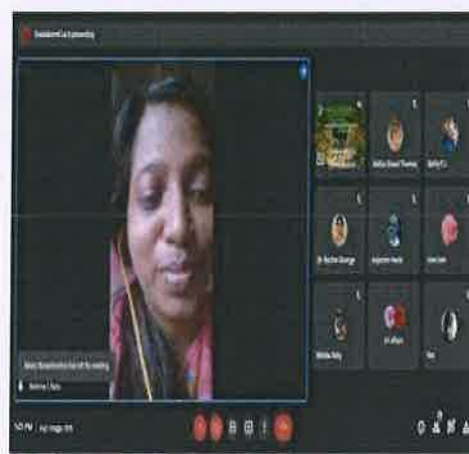
**Prayer song by Ms. Mayamol Thomas, student teacher from Malayalam optional of St. Joseph College of Teacher Education for Women, Ernakulam during the World Nature Conservation Day**



**Ms. Rosaliya George, student teacher from Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam delivering introductory speech based on the theme of World Nature Conservation Day, 2021**



**Dr. Betty P.J, Vice Principal of St. Joseph College of Teacher Education for Women, Ernakulam delivering the presidential address during World Nature Conservation Day celebration, 2021**



**Ms. Reshma s Babu, student teacher from Physical Science optional of St. Joseph College of Teacher Education for Women, Ernakulam delivering vote of thanks during World Nature Conservation Day celebration, 2021**

*Alice Joseph*

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ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM  
**WORLD NATURE CONSERVATION DAY 2021**  
 Organized by Nature Club RITHU 2021  
**Intercollegiate Photography Competition Winners**

<p>2<sup>nd</sup> Prize</p>  <p><b>CIBI VARGHESE</b>        ADI SANKARA TRAINING        COLLEGE, KALADY</p>	<p>1<sup>st</sup> Prize</p>  <p><b>LINIMOL C.M</b>        NATIONAL COLLEGE OF        TEACHER EDUCATION IQBAL        SQUARE, PERUMBAYOOR</p>	<p>3<sup>rd</sup> Prize</p>  <p><b>BENZY SEBASTIAN</b>        ST. JOHN BAPTIST COLLEGE OF        EDUCATION, NEDUMKUNNAM</p>
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**Winners of intercollegiate photography competition organized by the Nature club of St. Joseph College of Teacher Education for Women, Ernakulam as part of World Nature Conservation Day celebration, 2021**

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 Education for Women,  
 Ernakulam





## World Nature Conservation Day Celebration, 2021

### Programme Details

<b>Name of the Event</b>	<b>World Nature Conservation Day Celebration, 2021</b>
<b>Date</b>	28/07/2021
<b>Time</b>	12.30 PM – 1.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/ruz-nogq-nhh">https://meet.google.com/ruz-nogq-nhh</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Dr. Marin Jose	Assistant Professor (English Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
6	Dr. Rachel George	Assistant Professor (Natural Science Education)
7	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
8	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
9	Dinimol Jacob	Assistant Professor (Natural Science Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
12	Dr. Soya Mathew	Assistant Professor (Education)

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## Students list:

Sl. No	Name	Batch
1	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
2	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
3	Anju A	2020-2022 batch (B Ed. Natural Science)
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24	Mariatta D Kappan	2020-2022 batch (B Ed. English)

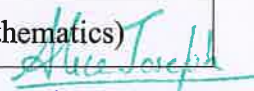


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25	Melvin Daniel	2020-2022 batch (B Ed. English)
26	Parvathy V	2020-2022 batch (B Ed. English)
27	Rinju Jolly	2020-2022 batch (B Ed. English)
28	Sania Varghese	2020-2022 batch (B Ed. English)
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34	Anakha K S	2020-2022 batch (B Ed. Malayalam)
35	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
36	Athira Babu	2020-2022 batch (B Ed. Malayalam)
37	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
38	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
39	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
40	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
41	Salini K B	2020-2022 batch (B Ed. Malayalam)
42	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
43	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
44	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
45	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
46	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
47	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
48	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
49	Cris Francis	2020-2022 batch (B Ed. Mathematics)
50	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)



  
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51	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
52	Meera R	2020-2022 batch (B Ed. Mathematics)
53	Megha T.M	2020-2022 batch (B Ed. Mathematics)
54	Merin Johny	2020-2022 batch (B Ed. Mathematics)
55	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
56	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
57	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
58	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
59	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
60	Aparna S	2020-2022 batch (B Ed. Physical Science)
61	Arya M A	2020-2022 batch (B Ed. Physical Science)
62	Athira Anil	2020-2022 batch (B Ed. Physical Science)
63	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
64	Christeena John	2020-2022 batch (B Ed. Physical Science)
65	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)
66	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
67	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
68	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
69	Neethu P D	2020-2022 batch (B Ed. Physical Science)
70	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
71	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
72	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
73	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
74	Ans Jose	2020-2022 batch (B Ed. Social Science)
75	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
76	Asha Joseph	2020-2022 batch (B Ed. Social Science)



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77	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
78	Aswathi .P	2020-2022 batch (B Ed. Social Science)
79	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
80	Liya Thomas	2020-2022 batch (B Ed. Social Science)
81	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
82	Meera Mathew	2020-2022 batch (B Ed. Social Science)
83	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
84	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
85	Revathy N	2020-2022 batch (B Ed. Social Science)
86	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
87	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
88	Tency Davis	2020-2022 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ‘AKSHARAM’- INTERNATIONAL LITERACY DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>‘AKSHARAM’- International Literacy Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To emphasize the significance of literacy as a subject of human rights and dignity</li> <li>2. To progress the literacy agenda in order to create a society that is equally literate and sustainable</li> <li>3. To emphasize the advantages of a higher literacy rate and to remind student teachers of the significance of literacy for the improvement of individuals, cultures and communities.</li> <li>4. To help raise awareness of the need for minimum literacy and the problems of illiteracy among student teachers</li> <li>5. To raise students’ awareness on digital literacy</li> </ol>
<b>Details of Event Coordinators</b>	Anti-Narcotics club, St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Laya A.B, Assistant Professor, SNM Training College, Moothakunnam, North Paravoor, Ernakulam
<b>Date</b>	08/09/2021
<b>Time</b>	1.30 PM- 2.30 PM
<b>Duration</b>	1 Hour
<b>Beneficiaries</b>	Student teachers-68, Faculty- 13
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/nnt-gonk-adr">https://meet.google.com/nnt-gonk-adr</a>

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## 'AKSHARAM'- International Literacy Day Celebration, 2021

### Programme Report

The Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam observed International literacy day, 2021 with the programme titled 'AKSHARAM' on 8<sup>th</sup> September 2021 from 1.30 PM to 2.30 PM via online platform. The whole programme was organized by the Anti-Narcotic club members of the college. The resource person for the programme was Dr. Laya A.B, Assistant Professor at SNM Training College, Moothakunnam in North Paravoor in Ernakulam. A total of 68 student teachers from St Joseph College of Teacher Education for Women, Ernakulam participated in the event.

The programme started exactly at 1.30 PM with a prayer song by Ms. Megha T M, student teacher from Mathematics optional. Ms. Anju Abraham, student teacher from Physical Science optional and the Assistant Leader of Anti-Narcotics club of St. Joseph College of Teacher Education for Women, delivered the official welcome speech for the programme. The presidential address was delivered by Dr. Alice Joseph, the Principal of St. Joseph College of Teacher Education for Women, Ernakulam. The Principal gave a brief speech on the importance of literacy day. Dr. Alice Joseph mentioned that education is crucial for both personal development and societal advancement. International Literacy Day is observed on September 8 to celebrate and honor the value of literacy. The primary goal of the day is to raise awareness of the value of literacy among people. There are still many individuals who are lacking basic literacy, along with the inability to comprehend, read and write, despite several efforts to make improvement. This day must be honored in every community in the world. The keynote address for the programme was handled by the resource person for the programme, Dr. Laya A.B, Assistant Professor at SNM Training College, Moothakunnam in North Paravoor in Ernakulam. The resource person, Dr. Laya A.B, elucidated the origin and significance of digital literacy in contemporary times. In the past, being literate was defined as being able to read and write on a basic level. Now that the internet and technology have advanced, literacy has transformed into digital literacy. New threats and risks must be adequately addressed, and this can only be accomplished with solid digital literacy skills. New teaching and learning methods in the classroom are made possible by digital literacy. Students learn new techniques for interacting with their interests through the internet and other digital media. When it pertains to discovering or reading more about potential interests, they will be no longer restricted to only physical text. In order to navigate social media sites securely and effectively, students must be digitally literate. Digital literacy





is now a necessary skill for everyone due to the advancement of technology and the rising significance of internet in contemporary society. The resource person also emphasized on the issues of drug addiction among teenagers and proper education and literacy as a method to overcome such social evils. The resource person recited a poem from her recent publication, 'Nanayaan Maranna Mazhathullikal- a Collection of Poems', at the end of her speech which was a delightful experience for the audience. The keynote address was succeeded by the programme activities for the day.

The key programme activities for International literacy day celebration included:

- Video presentation on the significance of literacy day
- Poem recitation
- Honoring of great women patrons and activists of education
- Quiz competition

A video presentation on literacy day was carried out by Ms. Bobina Antony, student teacher from Malayalam optional and one among the Anti-Narcotics club members. The video covered the origin of the literacy day and the significance of literacy. It also focused on the importance of education in an individuals' life and exhibited statistical representation of population who are lacking basic literacy both in Indian and global context. Ms. Aparna S, student teacher from Physical Science optional, recited a poem during the celebration. A tributary video was prepared and presented as part of honoring the great women patrons of education by Ms. Olivia Tresa A.A, Anti-Narcotics club leader and student teacher from Social Science optional. The video could depict the greatest activists of education and their influential action and struggle that has led to the drastic revolution in the field of education. A quiz competition was conducted as part of the celebration. The competition turned out to be productive and filled with energetic responses from the part of participants as they actively engaged in the programme. The online quiz competition was won by Ms. Aneeta Joy and Ms. Aneeta Anson, student teachers from physical Science optional and Social Science optional respectively.

The students had the following benefits from participating in the International literacy day celebration, 2021:

- Gain knowledge and raise awareness on the concept of digital literacy
- Learn essential skills required for digital literacy

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- Enhance their knowledge, skills and talents through competitions
- Understood the significance of literacy and the effect it has on overcoming issues relating to drug abuse among teenagers
- Raise awareness on the problems of illiteracy

The international literacy day celebration, 'AKSHARAM' wound up at 2.30 PM with the vote of thanks given by Ms. Lida Mathew, student teacher from Physical Science optional.

### 'AKSHARAM'- International Literacy Day Celebration, 2021

#### Photo Gallery



Ms. Aparna S, student teacher from Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam, reciting a poem during the literacy day celebration, 2021



Dr. Laya A.B, Assistant Professor at SNM Training College, Moothakunnam, delivering keynote address on the International literacy day celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam

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**Anti-Narcotic Club  
Organizes**

**AKSHARAM**

INTERNATIONAL LITERACY  
DAY CELEBRATIONS

*September 8th, Wednesday  
at 1.30 pm via Google Meet*

**PROGRAMME SCHEDULE**

Prayer : Megha T.M

Welcome Speech : Sr. Anju Abraham.P

Presidential Address : Dr. Sr. Alice Joseph  
(Principal, St. Joseph College of Teacher Education for Women)

Keynote Address : Dr. Laya A.B  
(Assistant Professor, SNM Training College, Moolhakunnam)

**Programmes**

- Video presentation on International Literacy Day
- Song : Aparna .S
- Honoring the Women heroes in Education
- Quiz Competition

Vote of Thanks : Lida Mathew

**Brochure for the International Literacy Day Celebration, 2021**

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## ‘AKSHARAM’- International Literacy Day Celebration, 2021

### Programme Details


<b>Name of the Event</b>	<b>‘AKSHARAM’- International Literacy Day Celebration, 2021</b>
<b>Date</b>	08/09/2021
<b>Time</b>	1.30 PM – 2.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers-68, Faculty- 13
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/nnt-gonk-adr">https://meet.google.com/nnt-gonk-adr</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Smitha Jose	Assistant Professor
3	Dr. Betty P.J	Assistant Professor (Mathematics Education)
4	Dr. Marin Jose	Assistant Professor (English Education)
5	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
6	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
7	Dr. Rachel George	Assistant Professor (Natural Science Education)
8	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
9	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
10	Dinimol Jacob	Assistant Professor (Natural Science Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)
12	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
13	Dr. Soya Mathew	Assistant Professor (Education)



  
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## Students list:

Sl. No	Name	Batch
1	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
2	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
3	Ans Jose	2020-2022 batch (B Ed. Social Science)
4	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
5	Asha Joseph	2020-2022 batch (B Ed. Social Science)
6	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
7	Aswathi .P	2020-2022 batch (B Ed. Social Science)
8	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
9	Liya Thomas	2020-2022 batch (B Ed. Social Science)
10	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
11	Meera Mathew	2020-2022 batch (B Ed. Social Science)
12	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
13	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
14	Revathy N	2020-2022 batch (B Ed. Social Science)
15	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
16	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
17	Tency Davis	2020-2022 batch (B Ed. Social Science)
18	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
19	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
20	Aparna S	2020-2022 batch (B Ed. Physical Science)
21	Arya M A	2020-2022 batch (B Ed. Physical Science)
22	Athira Anil	2020-2022 batch (B Ed. Physical Science)
23	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
24	Christeena John	2020-2022 batch (B Ed. Physical Science)





25	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)
26	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
27	Lida Mathew	2020-2022 batch (B Ed. Physical Science)
28	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
29	Neethu P D	2020-2022 batch (B Ed. Physical Science)
30	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
31	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
32	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
33	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
34	Anju A	2020-2022 batch (B Ed. Natural Science)
35	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
36	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
37	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
38	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
39	Krishna M K	2020-2022 batch (B Ed. Natural Science)
40	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
41	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
42	Nausheen N	2020-2022 batch (B Ed. Natural Science)
43	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
44	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
45	Shereena G	2020-2022 batch (B Ed. Natural Science)
46	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
47	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
48	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
49	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
50	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)



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51	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
52	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
53	Cris Francis	2020-2022 batch (B Ed. Mathematics)
54	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
55	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)
56	Salini K B	2020-2022 batch (B Ed. Malayalam)
57	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
58	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
59	Arya Balachandran	2020-2022 batch (B Ed. English)
60	Arya C S	2020-2022 batch (B Ed. English)
61	Athira C S	2020-2022 batch (B Ed. English)
62	Dona Mariya Thomas	2020-2022 batch (B Ed. English)
63	Josna Joy	2020-2022 batch (B Ed. English)
64	Melvin Daniel	2020-2022 batch (B Ed. English)
65	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
66	Athira Babu	2020-2022 batch (B Ed. Malayalam)
67	Athira Raju	2020-2022 batch (B Ed. Malayalam)
68	Merin Johny	2020-2022 batch (B Ed. Mathematics)

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## WORLD OZONE DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>World Ozone Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise the awareness regarding ozone depletion and its consequences on people</li> <li>2. To educate people on the importance of preserving ozone layer</li> <li>3. To promote environment friendly behavior among people</li> <li>4. To promote sustainable development practices</li> </ol>
<b>Details of Event Coordinators</b>	Nature club (Rithu 2021) St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	16/09/2021
<b>Time</b>	12.35 PM- 1.35 PM
<b>Duration</b>	1 Hour
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/kwz-ahnj-upk">https://meet.google.com/kwz-ahnj-upk</a>

### World Ozone Day Celebration, 2021

#### Programme Report

Every year, world ozone day is celebrated across the world in order commemorate the signing of the Montreal Protocol on substances that depletes the ozone layer, for the preservation of ozone layer. The Nature club (Rithu 2k21) of St. Joseph College of Teacher Education for Women, Ernakulam organized world ozone day celebration, 2021 with the theme of the year being 'Keeping us, our food and vaccines cool' on 16<sup>th</sup> September 2021 from 12.35 PM to 1.35 PM via Google Meet. All the teachers and first year B Ed. students attended the

the

programme.

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The ozone day celebration, 2021 started exactly at 12.35 PM with a prayer by Ms. Rose Tom, student teacher from Malayalam optional of St. Joseph College of Teacher Education for Women, Ernakulam. Ms. Sreelekha R, student teacher from English optional delivered the welcome speech for the programme. The welcome address was succeeded by the introductory speech by Ms. Parvathy V, student teacher from English optional on the theme of the World Ozone Day, 2021. The speech enunciated the Montreal protocol, its origin and significance in the current pandemic situation. The presidential address for the programme was delivered by Dr. Alice Joseph, the Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph articulated the significance of preserving ozone layer and thereby preserving life on earth. She indicated the present condition of ozone layer which is affected by rapid industrialization and pollution. Dr. Alice Joseph shared with her students, the history of the Vienna convention and Montreal protocol and the significance of celebrating World Ozone Day. She signalized how important is an individual's responsibility in promoting sustainable development and carrying out environment friendly practices and preserve the nature especially in this era.

The presidential address was succeeded by various celebratory activities. Key activities conducted during the world ozone day celebration, 2021 included:

- Video presentation on ozone day, its significance and the consequences of ozone layer depletion
- Online quiz competition
- Poster making competition and status making competition conducted on 15<sup>th</sup> September 2021 as part of world ozone day celebration held on 16<sup>th</sup> September 2021

On the day of ozone day celebration, a video prepared by the student teachers of Natural Science optional regarding ozone day, its significance and the consequences of ozone layer depletion was presented. The video was based on the theme of World Ozone Day 2021, 'Montreal Protocol-Keeping us, our food and vaccines cool' and it turned out to be informative enough to provide the participants with awareness regarding the topic. The video enunciated that human beings are shielded from the sun's harmful ultraviolet (UV) rays by the ozone layer, which acts as an invisible barrier. Specifically, the ozone layer shields us from UV-B radiation, or sunburn-causing UV rays. All life on Earth is protected by the ozone layer since prolonged exposure to high UV-B levels is dangerous to human health and harms the







majority of animals, plants, and microorganisms. The ozone layer shields the Earth's surface from harmful radiation levels. But the ozone layer is thinning gradually as years pass by due to the chemicals released in to the atmosphere as a result of manmade activities. These chemicals, also known as ozone depleting substances are depleting the ozone and reducing its capacity to prevent the harmful ultraviolet radiations from reaching the earth's surface, increasing the chances of diseases like skin cancer and cataracts in the living population. An international agreement known as the Montreal Protocol was signed in 1987 which aims to preserve the ozone layer by limiting out the manufacturing of a number of chemicals that contribute to ozone depletion. Without the protocol, a large scale depletion of ozone layer would have occurred with dangerous consequences.

The video presentation was succeeded by an online quiz competition in connection with the topic 'world ozone day and its history'. The online quiz programme was hosted by Ms. Sreelakshmi T A, student teacher from the Natural Science optional. As part of the celebration, a poster making competition and a status making competition was held on 15<sup>th</sup> September 2021. Specific criteria were set for each competition. For poster making competition, the following criteria were set down:

- Posters should be made based on the theme, 'Save Ozone, Save Earth'
- The poster should be prepared in A4 size
- Posters should be original and handmade
- Catchy slogans relevant to the topic can be included in the poster
- Only one submission per entry is accepted
- Name of the participant and department should be clearly mentioned in the bottom right corner of the poster
- Entries must be submitted on or before 15<sup>th</sup> September 2021 for evaluation since the celebration is conducted online

For video status making competition, the following criteria were set down:

- Video statuses must be prepared based on the theme, 'Ozone, the mother of the earth'
- The duration of the video status should be in between 30 to 60 seconds
- The video status must be one's own creation

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- Inclusion of images, animations and narration in the video is acceptable
- Background music for the video is not compulsory
- Entries must be submitted on or before 15<sup>th</sup> September 2021 for evaluation since the celebration is conducted online

Fulfilling and qualifying all of the criteria set down, Ms. Meera Mathew, student teacher from the Social Science optional won the first position for video status making competition. Ms. Arya M.A, student teacher from Physical Science optional won the first position for poster making competition. The second position for poster making competition was secured by Ms. Amrutha Satheesan, student teacher from Social Science optional. Ms. Lakshmy K.P and Ms. Meera Mathew, student teachers from Social Science optional shared the third position for poster making competition. Ms. Amrutha Satheesan, student teacher from the Social Science optional secured the first position for online quiz competition conducted as part of World Ozone Day celebration, 2021. Student teachers, Ms. Aswani K Shaji from Social Science optional and Ms. Athira Babu from Malayalam optional won the second and third positions respectively for the quiz competition.

The world ozone day celebration, 2021 turned out to be fruitful in accomplishing its objectives. The programme could raise awareness among the young minds on the importance of ozone layer and preventing its depletion. It could also contribute to the promotion of sustainable development practices and environment friendly behavior among students. The students could also enhance their knowledge base and upgrade their skills and talents via the competitions conducted. The programme winded up at 1.35 PM with the delivery of vote of thanks by Ms. Reshma S. Babu, student teacher from Physical Science optional.

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## World Ozone Day Celebration, 2021

### Photo Gallery

**St. Joseph College of Teacher Education for Women,  
Ernakulam**

Nature Club (Rithu 2K21)

*Cordially invite you to Celebrate*

**WORLD OZONE DAY**

16<sup>th</sup> September, 2021

Theme: Montreal Protocol – keeping us, our food and vaccines cool

**PROGRAMME:**

- Prayer
- Welcome speech
- Introductory speech
- Presidential address – Dr. Sr. Alice Joseph
- Video presentation
- Online Quiz Competition
- Vote of thanks

Join us on Google meet - at 12.35pm  
Code : kwz-ahnj-upk  
<https://meet.google.com/kwz-ahnj-upk>

### Brochure for the World Ozone Day celebration, 2021

**St. Joseph College of Teacher Education for Women, Ernakulam**

Nature Club (Rithu 2k21)

Presents World Ozone Day Celebration

**POSTER MAKING COMPETITION**

Theme: SAVE OZONE SAVE EARTH

**GUIDELINES:**

- Use A4 size paper to make the poster.
- It should be original work and hand made.
- Acceptable tools for drawing/ painting include pencil, crayon, water colour etc.
- Name of the participant and department should be clearly mentioned at the bottom right corner of the paper.
- Only one submission per entry is accepted.
- The theme 'Save Ozone, Save Earth' should be the main focus of the poster.
- You can add any catchy slogans which is relevant to the theme.

Submit your entries on or before 15<sup>th</sup> September, 2021  
via WhatsApp: 70251 33610

16<sup>th</sup> September -  
**WORLD OZONE DAY**

### Brochure for Poster making competition conducted as part of World Ozone Day, 2021

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St. Joseph College of Teacher Education  
for Women, Ernakulam  
Nature Club  
RITHU 2K21 Presents  
**WORLD OZONE DAY  
CELEBRATIONS**  
Status Making Competition

**THEME: OZONE THE MOTHER OF THE EARTH**

Things to remember:

1. The time duration of the video can be 30sec to 60sec.
2. The video must be your own creation.
3. Focus on the main theme.
4. You can include images, animations and your own voice for describing.
5. Background music is not compulsory.

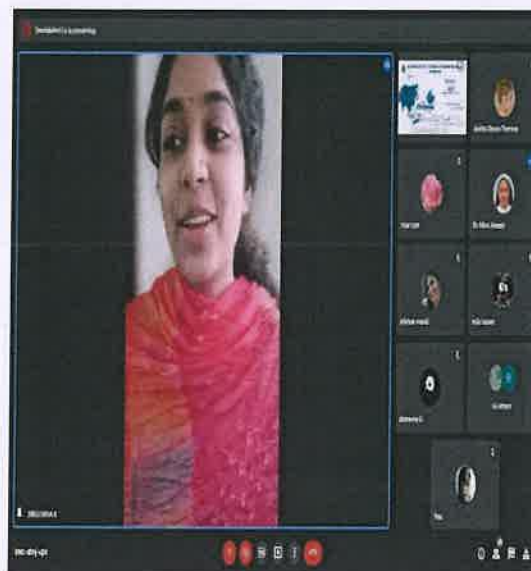
You can submit your entries on or before 15-09-2021, 10pm

The videos can be sent via WhatsApp  
WhatsApp number: 8156813647

Brochure for status making competition conducted as part of World Ozone Day celebration, 2021



Ms. Anitta Sheen Teresa, student teacher from Natural Science optional, performing as emcee for the World Ozone Day Celebration, 2021

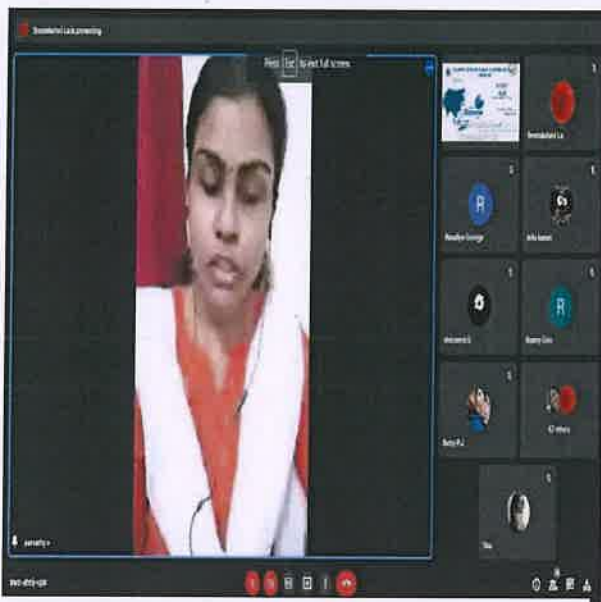


Ms. Sreelekha R, student teacher from English optional, delivering the welcome address for the World Ozone Day Celebration, 2021

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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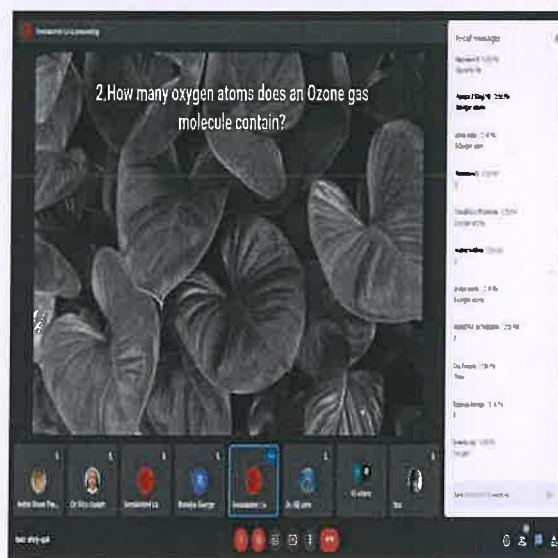
**Ms. Parvathy V, student teacher from English optional delivering the introductory speech during the World Ozone Day Celebration, 2021**



**Dr. Alice Joseph, Principal, St. Joseph College of Teacher Education for Women, Ernakulam delivering the presidential address during the World Ozone Day Celebration, 2021**



**A snippet from the video presented on the theme, 'Montreal Protocol-Keeping us, our food and vaccines cool', during the World Ozone Day celebration, 2021**



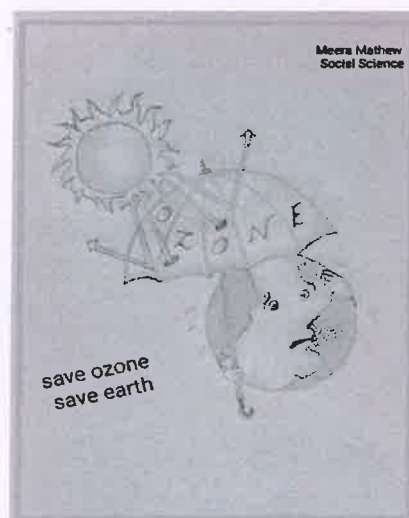
**A snippet of the online quiz competition conducted during the World Ozone Day celebration, 2021**

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**Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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Prize winning posters prepared by student teachers from various optional at St. Joseph College for Teacher Education for Women, for poster making competition conducted as part of World Ozone Day celebration, 2021

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Principal in Charge  
St. Joseph College of Teacher  
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## World Ozone Day Celebration, 2021

### Programme Details

<b>Name of the Event</b>	<b>World Ozone Day Celebration, 2021</b>
<b>Date</b>	18/09/2021
<b>Time</b>	12.35 PM – 1.35 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/kwz-ahnj-upk">https://meet.google.com/kwz-ahnj-upk</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Dr. Marin Jose	Assistant Professor (English Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Dr. Hemelatha P.K	Assistant Professor (Social Science Education)
6	Dr. Rachel George	Assistant Professor (Natural Science Education)
7	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
8	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
9	Dinimol Jacob	Assistant Professor (Natural Science Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
12	Dr. Soya Mathew	Assistant Professor (Education)

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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



Students list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Alina Celine Lancy	2020-2022 batch (B Ed. English)
3	Anna Susan Jacob	2020-2022 batch (B Ed. English)
4	Arunima K Shaji	2020-2022 batch (B Ed. English)
5	Arya Balachandran	2020-2022 batch (B Ed. English)
6	Arya C S	2020-2022 batch (B Ed. English)
7	Athira C S	2020-2022 batch (B Ed. English)
8	Mariatta D Kappan	2020-2022 batch (B Ed. English)
9	Melvin Daniel	2020-2022 batch (B Ed. English)
10	Parvathy V	2020-2022 batch (B Ed. English)
11	Rinju Jolly	2020-2022 batch (B Ed. English)
12	Sania Varghese	2020-2022 batch (B Ed. English)
13	Sneha Joseph	2020-2022 batch (B Ed. English)
14	Sreelekha R	2020-2022 batch (B Ed. English)
15	Abhirami Soman	2020-2022 batch (B Ed. Malayalam)
16	Aleena Roy	2020-2022 batch (B Ed. Malayalam)
17	Amitha James	2020-2022 batch (B Ed. Malayalam)
18	Anakha K S	2020-2022 batch (B Ed. Malayalam)
19	Anjana Narayanan	2020-2022 batch (B Ed. Malayalam)
20	Athira Babu	2020-2022 batch (B Ed. Malayalam)
21	Blessy Babu	2020-2022 batch (B Ed. Malayalam)
22	Bobina Antony	2020-2022 batch (B Ed. Malayalam)
23	Catherine Varghese	2020-2022 batch (B Ed. Malayalam)
24	Mayamol Thomas	2020-2022 batch (B Ed. Malayalam)





25	Salini K B	2020-2022 batch (B Ed. Malayalam)
26	Shilpa Stanly	2020-2022 batch (B Ed. Malayalam)
27	Vismaya Mohanan	2020-2022 batch (B Ed. Malayalam)
28	Alvina Carmel	2020-2022 batch (B Ed. Mathematics)
29	Amala Sajeev	2020-2022 batch (B Ed. Mathematics)
30	Aneesha Mohan	2020-2022 batch (B Ed. Mathematics)
31	Anitta Sunny	2020-2022 batch (B Ed. Mathematics)
32	Cris Francis	2020-2022 batch (B Ed. Mathematics)
33	Elizabeth Maria Babu	2020-2022 batch (B Ed. Mathematics)
34	Lilly Riya	2020-2022 batch (B Ed. Mathematics)
35	Meera R	2020-2022 batch (B Ed. Mathematics)
36	Megha T.M	2020-2022 batch (B Ed. Mathematics)
37	Merin Johny	2020-2022 batch (B Ed. Mathematics)
38	Nikhila Baby	2020-2022 batch (B Ed. Mathematics)
39	Soumya Murugan	2020-2022 batch (B Ed. Mathematics)
40	Sumayya H E	2020-2022 batch (B Ed. Mathematics)
41	Aneetta Joy	2020-2022 batch (B Ed. Physical Science)
42	Anju Abraham P	2020-2022 batch (B Ed. Physical Science)
43	Aparna S	2020-2022 batch (B Ed. Physical Science)
44	Arya M A	2020-2022 batch (B Ed. Physical Science)
45	Athira Anil	2020-2022 batch (B Ed. Physical Science)
46	Chandrika C R Sharma	2020-2022 batch (B Ed. Physical Science)
47	Christeena John	2020-2022 batch (B Ed. Physical Science)
48	Deniya Stanly	2020-2022 batch (B Ed. Physical Science)
49	Keerthana Tomy	2020-2022 batch (B Ed. Physical Science)
50	Lida Mathew	2020-2022 batch (B Ed. Physical Science)



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51	Mariya Deepthy	2020-2022 batch (B Ed. Physical Science)
52	Neethu P D	2020-2022 batch (B Ed. Physical Science)
53	Reshma S Babu	2020-2022 batch (B Ed. Physical Science)
54	Stella Avirappatt	2020-2022 batch (B Ed. Physical Science)
55	Anitta Sheen Theresa	2020-2022 batch (B Ed. Natural Science)
56	Anjana Vijayan	2020-2022 batch (B Ed. Natural Science)
57	Anju A	2020-2022 batch (B Ed. Natural Science)
58	Ann Mathew	2020-2022 batch (B Ed. Natural Science)
59	Evelyn Thankachan C K	2020-2022 batch (B Ed. Natural Science)
60	Fathima Beevi A I	2020-2022 batch (B Ed. Natural Science)
61	Jinu Anna Varghese	2020-2022 batch (B Ed. Natural Science)
62	Krishna M K	2020-2022 batch (B Ed. Natural Science)
63	Krishna Murali	2020-2022 batch (B Ed. Natural Science)
64	Nandini Sagar	2020-2022 batch (B Ed. Natural Science)
65	Nausheen N	2020-2022 batch (B Ed. Natural Science)
66	Nimisha N.K	2020-2022 batch (B Ed. Natural Science)
67	Rosaliya George	2020-2022 batch (B Ed. Natural Science)
68	Shereena G	2020-2022 batch (B Ed. Natural Science)
69	Shiyara K S	2020-2022 batch (B Ed. Natural Science)
70	Sreelakshmi T A	2020-2022 batch (B Ed. Natural Science)
71	Varsha Varghese	2020-2022 batch (B Ed. Natural Science)
72	Amrutha Satheesan	2020-2022 batch (B Ed. Social Science)
73	Aneeta Anson	2020-2022 batch (B Ed. Social Science)
74	Ans Jose	2020-2022 batch (B Ed. Social Science)
75	Aparna Raveendran	2020-2022 batch (B Ed. Social Science)
76	Asha Joseph	2020-2022 batch (B Ed. Social Science)





77	Aswani K Shaji	2020-2022 batch (B Ed. Social Science)
78	Aswathi .P	2020-2022 batch (B Ed. Social Science)
79	Lakshmy K P	2020-2022 batch (B Ed. Social Science)
80	Liya Thomas	2020-2022 batch (B Ed. Social Science)
81	Meenu Anna Mathai	2020-2022 batch (B Ed. Social Science)
82	Meera Mathew	2020-2022 batch (B Ed. Social Science)
83	Milu Hasan K.H	2020-2022 batch (B Ed. Social Science)
84	Olivia Tresa A A	2020-2022 batch (B Ed. Social Science)
85	Revathy N	2020-2022 batch (B Ed. Social Science)
86	Rosmy Geo	2020-2022 batch (B Ed. Social Science)
87	Sreejitha A K	2020-2022 batch (B Ed. Social Science)
88	Tency Davis	2020-2022 batch (B Ed. Social Science)

*Alice Joseph*

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Principal in Charge  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## 'LES FEMMES – BE INSPIRED'

### NATURAL SCIENCE OPTIONAL - TALENT DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>'Les Femmes- Be Inspired'- Natural Science optional Talent Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers identify their talents</li> <li>2. To provide opportunity for student teachers to showcase and hone their talents</li> <li>3. To encourage and improve team work skills among student teachers</li> <li>4. To develop and enhance confidence among student teachers</li> </ol>
<b>Details of Event Coordinators</b>	<p>Student Teachers and Faculty Members</p> <p>Natural Science Optional</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	16/11/2021
<b>Time</b>	11.40 AM – 12.40 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 13, Non-teaching staff- 4
<b>Event Venue</b>	<p>College Auditorium</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>

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## 'Les Femmes – Be Inspired'

### Natural Science Optional - Talent Day Celebration, 2021

#### Programme Report

The Natural Science optional (2021-2023 batch) of St. Joseph College of Teacher Education for Women, Ernakulam celebrated their Talent day, 'Les Femmes-Be Inspired' on 16<sup>th</sup> November 2021 from 11.40 AM to 12.40 PM at the college auditorium. All the student teachers from Natural Science optional actively organized the event with an aim of taking up the opportunity to showcase and hone their talent and skills, to enhance teamwork skills, improve skills of encouragement, appreciation, cooperation and taking up the learning experience of organizing a programme effectively. The theme the Natural Science optional focused was women empowerment. Student teachers from all other optional, faculty members and other non-teaching staff were the spectators for the event.

The talents day celebration, 'Les Femmes-Be Inspired' organized by the Natural Science department started exactly at 11. 40 AM. The whole programme was coordinated and organized by student teachers from Natural Science optional. Ms. Saniya Simon and Ms. Merin Shajan performed as the emcees for the programme. The event started with a prayer song. The Natural Science class representative, Ms. Akhita Sebastian delivered the welcome speech for the programme.

Key programmes in the talent's day celebration included:

- Solo song performance
- Solo dance performance
- Group dance performances
- Duet song performance
- Fusion song performance
- Preparation of healthy blue tea
- A skit based on gender equality and women empowerment

All the programmes of talents day was performed by student teachers from Natural Science optional. The performances for the day started with a solo song performance by Ms. Vyshnavi N Sharma, which was then succeeded by a lively group dance performance. Ms. Akhitha Sebastian, Ms. Saniya Simon, Ms. Anita Abraham, Ms. Shimna K, Ms. Keerthana



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M.S, Ms. Ranjima V, Ms. Meera Susan Kurian, Ms. Merin Shajan and Ms. Theresa Thankachan were the student teachers who performed the group dance performance. The group dance performance was followed by a duet song performance by Ms. Anita Abraham and Ms. Caren Grace. After that, Ms. Shimna K, Ms. Ranjima V, Ms. Pooja Maria Jacob and Ms. Shalini P S performed a fusion song which was energetic and created a vibrant atmosphere. Following the fusion song was a group dance performance by Ms. Akhitha Sebastian, Ms. Saniya Simon, Ms. Merin Shajan and Ms. Theresa Thankachan. Another highlighting performance from the talents day celebration was the demonstration of blue tea preparation by Ms. Theresa Thankachan. The main aim of the presentation was to make all of the participant aware of the health benefits of using butterfly pea flower. The blue tea was prepared using the butterfly pea flower because of its medicinal properties which is associated with potential health benefits. Researches shows that it reduces blood sugar level, ensure skin and hair health and reduces menstruation related issues. The blue tea preparation was really an informative and beneficial programme for the audience. After that, a skit on the theme women empowerment was performed by Ms. Jeshma Das V S, Ms. Angitha Ramachandran, Ms. Allan Francis, Ms. Shalini P S, Ms. Theresa Thankachan, Ms. Pooja, Ms. Anita Abraham, Ms. Saniya Simon, Ms. Meera Susan Kurian, Ms. Keerthana M S and Ms. Akhitha Sebastian. The skit conveyed the message that gender equality is to be ensured in the society and the society should help women from every stratum to stand on their own and steer their lives according to their goals and dreams. The solo dance performance by Ms. Akhitha Sebastian was the final performance for the day. The programme was concluded with an evaluation speech by Ms. Bindu Joseph, Assistant Professor in Malayalam Education at St. Joseph College of Teacher Education for Women, Ernakulam.

The whole event turned out to be successful in accomplishing its objectives. The active participation of the student teachers with their single and group performances and the constant support they received from the faculty members of Natural Science optional, Dr. Rachel George and Mrs. Dinimol Jacob, boosted their confidence and helped the student teachers to gear up their talents and come out of their comfort zone. The talents day celebration, 'Les Femmes-Be Inspired' organized by the Natural Science optional winded up at 12.40 PM with inspirations and joy filled in the minds of the audience.

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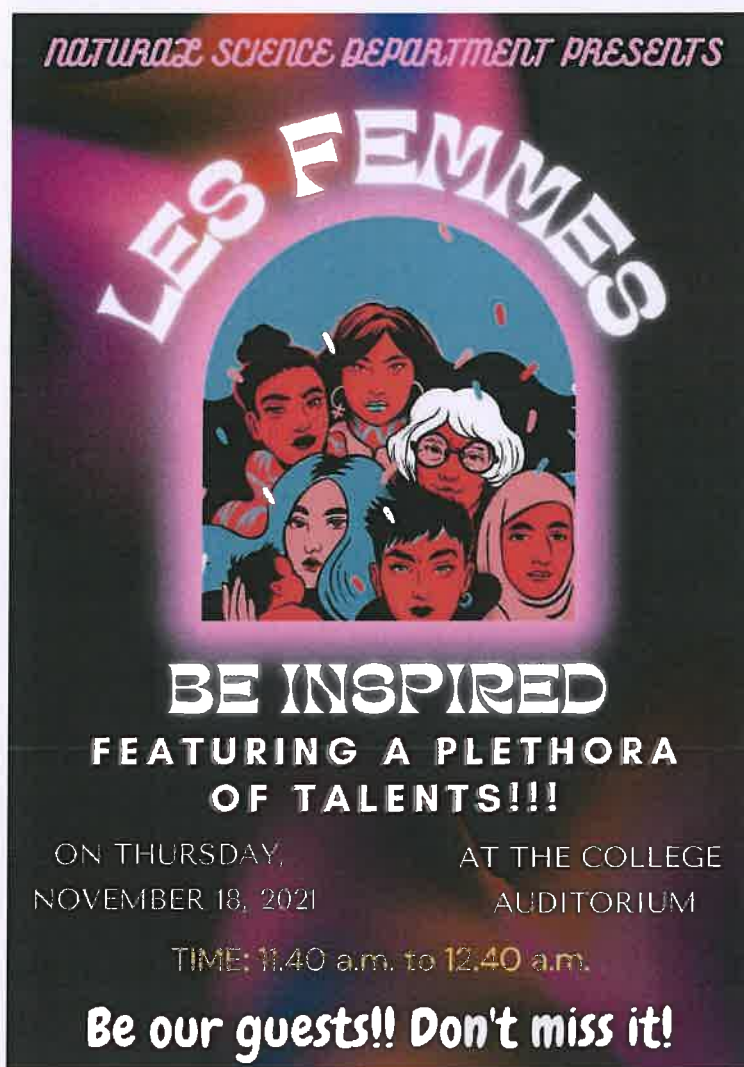




**'Les Femmes – Be Inspired'**

**Natural Science Optional - Talent Day Celebration, 2021**

**Photo Gallery**



**Event poster for 'Les-Femmes- Be Inspired', Natural Science optional Talent's day celebration, 2021**

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**Snippets from 'Les-Femmes- Be Inspired', Natural Science optional Talent's day celebration, 2021**

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## Les Femmes – Be Inspired'

### Natural Science Optional - Talent Day Celebration, 2021

#### Programme Details

<b>Name of the Event</b>	<b>'Les Femmes- Be Inspired'- Natural Science optional Talents Day Celebration, 2021</b>
<b>Date</b>	16/11/2021
<b>Time</b>	11.40 AM- 12.40 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 13, Non-teaching staff- 4
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

#### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science)
8	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
9	Dr. Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)



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11	Siji John	Assistant Professor (Social Science Education)
12	Dinimol Jacob	Assistant Professor (Natural Science Education)
13	Dr. Hemaletha P K	Assistant Professor (Social Science Education)

## Non- Teaching Staff list:

Sl. No	Name	Designation
1	Ranimol O.V	UD Store Keeper
2	Mary Christina T.J	LD Clerk
3	Daisy Mathew	Peon
4	Leny Mary C.J	Peon

## Student teachers list:

Sl. No	Name	Batch
1	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
2	Allan Francis	2021-2023 batch (B Ed. Natural Science)
3	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
4	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
5	Caren Grace	2021-2023 batch (B Ed. Natural Science)
6	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
7	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
8	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
9	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
10	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
11	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
12	Ranjima V	2021-2023 batch (B Ed. Natural Science)
13	Saniya Simon	2021-2023 batch (B Ed. Natural Science)



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Dr. Alice Joseph  
Principal in Charge





14	Shalini P S	2021-2023 batch (B Ed. Natural Science)
15	Shimna K	2021-2023 batch (B Ed. Natural Science)
16	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
17	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)
18	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
19	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
20	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
21	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
22	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
23	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
24	Aparna S	2021-2023 batch (B Ed. Physical Science)
25	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
26	Jesna George	2021-2023 batch (B Ed. Physical Science)
27	Jismin K Antony	2021-2023 batch (B Ed. Physical Science)
28	Mariya Das	2021-2023 batch (B Ed. Physical Science)
29	Neethu J A	2021-2023 batch (B Ed. Physical Science)
30	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
31	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
32	Vandana S	2021-2023 batch (B Ed. Physical Science)
33	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
34	Amala Antony	2021-2023 batch (B Ed. English)
35	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
36	Deepa P S	2021-2023 batch (B Ed. English)
37	Devika Venugopal	2021-2023 batch (B Ed. English)
38	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
39	F.Merline Rodrigues	2021-2023 batch (B Ed. English)



40	Gurumahima M V	2021-2023 batch (B Ed. English)
41	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
42	K A Rabia	2021-2023 batch (B Ed. English)
43	Leatitia Joshy	2021-2023 batch (B Ed. English)
44	Linet John	2021-2023 batch (B Ed. English)
45	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
46	Merize Ben Alias	2021-2023 batch (B Ed. English)
47	Pratibha S	2021-2023 batch (B Ed. English)
48	Sandra Joy	2021-2023 batch (B Ed. English)
49	Santhi M S	2021-2023 batch (B Ed. English)
50	Veena C V	2021-2023 batch (B Ed. English)
51	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
52	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
53	Ance Baby	2021-2023 batch (B Ed. Malayalam)
54	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
55	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
56	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
57	Liya Baby	2021-2023 batch (B Ed. Malayalam)
58	Mary Amala R	2021-2023 batch (B Ed. Malayalam)
59	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
60	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
61	Anisha T	2021-2023 batch (B Ed. Malayalam)
62	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
63	Shilpa K	2021-2023 batch (B Ed. Malayalam)
64	Sneha M M	2021-2023 batch (B Ed. Malayalam)
65	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)



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66	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
67	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
68	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
69	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
70	Freeda K F	2021-2023 batch (B Ed. Mathematics)
71	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
72	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
73	Lekshmi Priya T S	2021-2023 batch (B Ed. Mathematics)
74	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
75	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
76	Parvathy M	2021-2023 batch (B Ed. Mathematics)
77	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
78	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
79	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
80	Sona Paul	2021-2023 batch (B Ed. Mathematics)
81	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)



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92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## ‘CHRYSALIS’

### PHYSICAL SCIENCE OPTIONAL- TALENTS DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>‘CHRYSALIS’- Physical Science optional Talent Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To provide opportunity for student teachers to showcase and hone their talents</li> <li>2. To encourage and improve team work skills among student teachers</li> <li>3. To make student teachers become aware of one’s own and fellow beings strengths and weaknesses</li> <li>4. To help student teachers improve cooperation and adaptive behavior</li> <li>5. To help student teachers develop the skill of encouragement and appreciation for each other</li> <li>6. To help student teachers develop organizing skills</li> </ol>
<b>Details of Event Coordinators</b>	<p>Student Teachers and Faculty Members</p> <p>Physical Science optional</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	18/11/2021
<b>Time</b>	12.30 PM – 1.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 13, Non-teaching staff- 4
<b>Event Venue</b>	<p>College Auditorium</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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**'CHRYSALIS'****Physical Science Optional-Talents Day Celebration, 2021****Programme Report**

The Physical Science optional (2021-2023 batch) of St. Joseph College of Teacher Education for Women, Ernakulam celebrated the talent fiesta, 'CHRYSALIS' on 18<sup>th</sup> November 2021 from 12.30 PM to 1.30 PM at the college auditorium. All the 15 student teachers of Physical Science optional actively organized the event with an aim of taking up the opportunity to showcase and hone their talent and skills, to enhance teamwork skills, improve skills of encouragement, appreciation, cooperation and taking up the learning experience of organizing a programme effectively. Student teachers from all other optional, faculty members and other non-teaching staff were the spectators for the event.

The talent fiesta, 'CHRYSALIS' organized by the Physical Science optional started exactly at 12.30 PM. The whole programme was coordinated and organized by student teachers from Physical Science optional. Ms. Jismin K Antony performed as emcee for the programme. The programme commenced with a prayer song by Ms. Agatha Cyriac. Ms. Anu P Thomas delivered the inaugural address for the event.

Key programmes in the Talent Day Celebration of Physical Science optional included:

- Poem Recitation
- Artistic talent video on glass painting
- Folk song
- Achievement video on powerlifting and arm wrestling
- Dance performances
- Artistic talent video on fabric hand embroidery
- Solo song performance

All the programmes of the fiesta was performed by student teachers from Physical Science optional. The talent day performances started with the pleasant and eloquent recitation performed by Ms. Akshaya K.S. The recitation performance was followed by the presentation of an artistic talent video of glass painting prepared by Ms. Fathimathuzuhra. After that was an energetic folk song performance which was succeeded by the achievement

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video of performing powerlifting and arm wrestling by one of the student teachers, Ms. Anila Shaju. After that was the lively dance performances of student teachers. Then, an artistic talent video on fabric embroidery by Ms. Raveena K Ramesh was presented. The video presentation on hand embroidery was followed by a melodious solo song performance by Ms. Agatha Cyriac. The performances for the day winded up with a vibrant group dance performance.

The whole event, 'CHRYSALIS' 2021 was evaluated by Dr. Marin Jose, Assistant Professor in English education at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Merin Jose appreciated the student teachers from Physical Science optional for organizing the programme effectively.

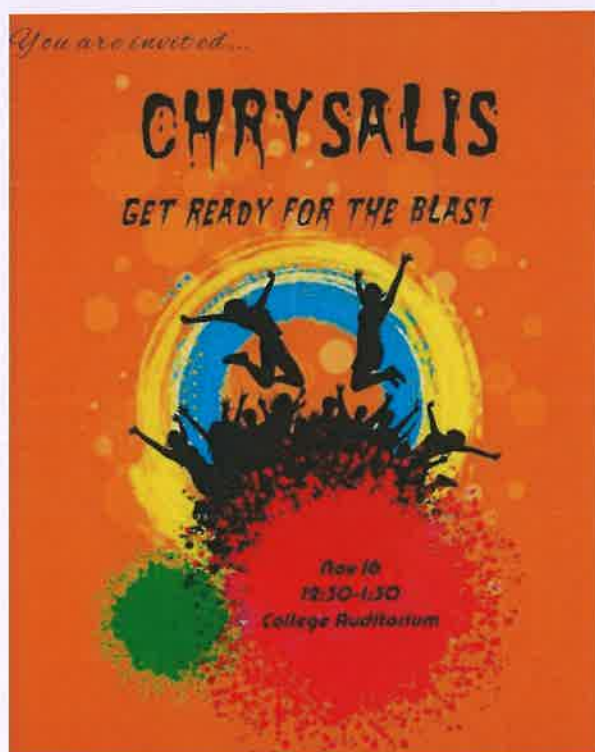
The student teachers had the following benefits from the event:

- Improved self-confidence and self-awareness
- Learnt to organize an event effectively
- Improved unity and cooperation among student teachers
- Identification of one's strengths and weaknesses
- Learnt to take up and overcome challenges

The 'CHRYSALIS', talent day celebration, organized by the Physical Science optional winded up at 1.30 PM With the vote of thanks delivered by Ms. Aparna S, student teacher from Physical Science optional.

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**'CHRYSALIS'****Physical Science Optional- Talent Day Celebration, 2021****Photo Gallery**

**Event poster for 'CHRYSALIS 2021', Physical Science optional Talent Day Celebration**

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**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
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**Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women with students from Physical Science optional during 'CHRYSALIS', Talent's Day Celebration, 2021**

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**'CHRYSALIS'****Physical Science Optional- Talents Day Celebration, 2021****Programme Details**

<b>Name of the Event</b>	<b>'CHRYSALIS'- Physical Science Optional Talent Day Celebration, 2021</b>
<b>Date</b>	18/11/2021
<b>Time</b>	12.30 PM- 1.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 13, Non-teaching staff- 4
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

<b>SL.NO.</b>	<b>NAME OF THE FACULTY</b>	<b>DESIGNATION</b>
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science)
8	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
9	Dr. Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Siji John	Assistant Professor (Social Science Education)
12	Dinimol Jacob	Assistant Professor (Natural Science Education)
13	Dr. Hemaletha P K	Assistant Professor (Social Science Education)



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## Non- Teaching Staff list:

Sl. No	Name	Designation
1	Jincy Joseph	UGC Librarian
2	Ranimol O.V	UD Store Keeper
3	Liji Thomas A	LD Clerk
4	Jiji K.A	Peon

## Student teachers list:

Sl. No	Name	Batch
1	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
2	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
3	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
4	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
5	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
6	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
7	Aparna S	2021-2023 batch (B Ed. Physical Science)
8	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
9	Jesna George	2021-2023 batch (B Ed. Physical Science)
10	Jismin K Antony	2021-2023 batch (B Ed. Physical Science)
11	Mariya Das	2021-2023 batch (B Ed. Physical Science)
12	Neethu J A	2021-2023 batch (B Ed. Physical Science)
13	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
14	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
15	Vandana S	2021-2023 batch (B Ed. Physical Science)
16	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
17	Amala Antony	2021-2023 batch (B Ed. English)
18	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
19	Deepa P S	2021-2023 batch (B Ed. English)

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20	Devika Venugopal	2021-2023 batch (B Ed. English)
21	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
22	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
23	Gurumahima M V	2021-2023 batch (B Ed. English)
24	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
25	K A Rabia	2021-2023 batch (B Ed. English)
26	Leatitia Joshy	2021-2023 batch (B Ed. English)
27	Linet John	2021-2023 batch (B Ed. English)
28	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
29	Merize Ben Alias	2021-2023 batch (B Ed. English)
30	Pratibha S	2021-2023 batch (B Ed. English)
31	Sandra Joy	2021-2023 batch (B Ed. English)
32	Santhi M S	2021-2023 batch (B Ed. English)
33	Veena C V	2021-2023 batch (B Ed. English)
34	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
35	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
36	Ance Baby	2021-2023 batch (B Ed. Malayalam)
37	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
38	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
39	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
40	Liya Baby	2021-2023 batch (B Ed. Malayalam)
41	Mary Amala R	2021-2023 batch (B Ed. Malayalam)
42	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
43	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
44	Anisha T	2021-2023 batch (B Ed. Malayalam)
45	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
46	Shilpa K	2021-2023 batch (B Ed. Malayalam)
47	Sneha M M	2021-2023 batch (B Ed. Malayalam)



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48	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)
49	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
50	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
51	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
52	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
53	Freeda K F	2021-2023 batch (B Ed. Mathematics)
54	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
55	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
56	Lekshmipriya T S	2021-2023 batch (B Ed. Mathematics)
57	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
58	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
59	Parvathy M	2021-2023 batch (B Ed. Mathematics)
60	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
61	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
62	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
63	Sona Paul	2021-2023 batch (B Ed. Mathematics)
64	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
65	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)





76	Ranjima V	2021-2023 batch (B Ed. Natural Science)
77	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 batch (B Ed. Natural Science)
79	Shimna K	2021-2023 batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
81	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ‘END INEQUALITIES, END AIDS’- WORLD AIDS DAY PROGRAMME, 2021

<b>Name of the Event</b>	<b>Observation of World AIDS Day, 2021</b>
<b>Objectives</b>	To commemorate world AIDS day To raise awareness on HIV/AIDS among people and elucidate the relevance of observing world AIDS day To fight against the social stigma that is prevailing in the society against people affected by HIV/AIDS
<b>Details of Event Coordinators</b>	Anti-Narcotics club, St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	01/12/2021
<b>Time</b>	8.45 am- 10.00 AM
<b>Duration</b>	1 hour and 15 minutes
<b>Beneficiaries</b>	Student teachers-88, Faculty- 12
<b>Programme Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam St. Mary’s Convent Girls’ Higher Secondary School, Ernakulam.

### ‘End Inequalities, End AIDS’- World AIDS Day Programme, 2021

#### Programme Report

The Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam observed World Aids Day, 2021 in the light of the theme of the year, ‘End Inequalities, End AIDS’ on 1<sup>st</sup> December 2021. The official programme started at 8.45 AM and winded up at 10.30 AM. The whole programme was organized by the Anti-Narcotic club members under the captainship of Dr. Betty P.J, Dr. Smitha Jose, and Dr. Sicily A.A who are the Faculty Coordinators of Anti-Narcotics club of the college. It was also the inaugural ceremony of the Anti-Narcotics club activities for the academic year 2021-2022. A total of 15 student members and 3 Faculty Coordinators of Anti-Narcotics club managed to pull-off the programme fruitfully. The club had prepared handmade red ribbons to distribute among the student teachers which are universal symbol of awareness and support for people living with







HIV/AIDS. The AIDS day programme 2021 and the inauguration of the Anti-Narcotics club activities for the academic year 2021-2022, was inaugurated by Dr. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam, by handing over a handmade red ribbon to the Anti-Narcotics club leader, Ms. Mariya Jesleena Martin. The programme was felicitated by Dr. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The world Aids day programme organized by the Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam had the following events performed in the day:

- PowerPoint presentation on the topic 'Drugs and AIDS'
- Poster making competition with the theme 'End Inequalities, End AIDS'
- a street play with the title 'JAGARAN' with the aim of conveying a message on the importance of observing world AIDS day

After the inauguration and felicitation of the programme, Ms. Vyshnavi N Sharma, student teacher from Natural Science optional carried out a detailed presentation on the topic 'Drugs and Aids'. The presentation attempted to disseminate information regarding HIV/AIDS, its primary prevention and control services. The topic was covered in the light of impact of drugs in causing AIDS. An introduction was given about HIV/AIDS and various causal factors for AIDS. AIDS or Acquired Immune Deficiency Syndrome is a chronic, perhaps fatal condition brought on by the Human Immunodeficiency Virus (HIV). The HIV weakens the capacity of our body to fight disease and infection by weakening the immune system. The HIV virus attacks and badly damages the immune system of the body of an individual and if not treated on time, could lead to the development AIDS which has no cure until now. It was mentioned in the presentation that the AIDS causing HIV is transmitted mainly via two means, firstly, through anal or vaginal sex, or when people share syringes, needles, or other drug injection tools. Secondly, via unprotected or risky sexual practices with someone who has been identified as HIV- positive. Only direct contact with specific bodily fluids, including blood, semen, pre-seminal fluid, rectal fluids, vaginal fluids and breast milk from an HIV-positive person with a detectable viral load can result in HIV infection.

A poster making competition was also held on the same day with the theme, 'End Inequalities, End AIDS'. An E-brochure regarding the competition was circulated among the student teachers in the college which was well coordinated by Ms. Dona K Jose, student teacher from Social Science optional, who is one among the Anti-Narcotic club members.

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Many student teachers from various optional actively participated in the poster making competition. All of the student teachers from Malayalam optional contributed in the competition who received special attention via their active participation and contribution. The competition results were announced on the same day based on the judgment of Dr. Soya Mathew, Assistant Professor at St. Joseph College of Teacher Education for Women, Ernakulam. The first and second prize for the competition was secured by Ms. Akhitha Sebastian from Natural Science optional and Ms. Jayalakshmi Jayakumar from Malayalam optional respectively. The third prize for the poster making competition was shared by Ms. Shalini from Natural Science optional and Ms. Rose Mary Paul from Social Science optional.

With an overt aim of raising awareness about HIV/AIDS, its causes and prevention. The Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam also organized and carried out a street play with the title 'JAGARAN'. The Anti-Narcotic club student members performed the street play in the college itself with the aim of conveying message using various posters and banner regarding the importance of observing world AIDS day to the students and teachers in the college. All of the 15 members of the Anti-Narcotics club took part in the street play and the play was coordinated by Ms. Liya Baby and Ms. Pranaya P.M, students teachers from Malayalam optional. After the performance at the college, the student did performed the street play at St. Mary's Convent Girls' Higher Secondary School, Ernakulam. The students and teachers at the school were indeed cooperative and appreciable of the street play enacted before them.

The World AIDS day programme conducted by St. Joseph College of Teacher Education for Women, Ernakulam possessed with the following advantages:

- raise awareness among the student groups and community on HIV/AIDS, its causes and preventive measures
- contribute to the efforts of the world in fighting against social stigma and aversion prevailing in the society against HIV-positive people
- bring out talents and skills of student teachers in preparing posters regarding AIDS along with promoting their critical thinking ability

The whole programme turned out to be fruitful and successful in accomplishing its objectives and in imparting information to the community. The programme wound up with National Anthem.

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## 'End Inequalities, End AIDS'- World AIDS Day Programme, 2021

### Photo Gallery



Event poster for poster competition with the theme 'End Inequalities, End AIDS'.



Felicitation,  
Dr. Soya Mathew  
Assistant Professor  
St. Joseph College of Teacher  
Education for Women, Ernakulam



Anti-Narcotics Club Members of St Joseph College of Teacher Education for Women, Ernakulam preparing handmade red ribbons that symbolizes AIDS day



Dr. Soya Mathew, Assistant Professor in Education inaugurating the World Aids Day programme by handing over the red ribbon to the Anti-Narcotics club leader, Ms. Mariya Jesleena Martin

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Posters prepared by student teachers from various optional for the poster making competition on world AIDS day programme



Ms. Vyshnavi N Sharma, student teacher from Natural Science optional carrying out a detailed presentation on the topic 'Drugs and Aids' during World AIDS Day programme, 2021

Event poster for the street play 'JAGARAN' performed by the Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam during World AIDS Day programme, 2021

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Snippets from the street play 'JAGARAN' performed by the Anti-Narcotics club of St. Joseph College of Teacher Education for Women, Ernakulam during World AIDS Day programme, 2021

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**End Inequalities, End AIDS'- World AIDS Day Programme, 2021****Programme Details**

<b>Name of the Event</b>	<b>Observation of World AIDS Day, 2021</b>
<b>Date</b>	01/12/2021
<b>Time</b>	8.45 AM – 10.00 AM
<b>Duration</b>	1 hour and 15 minutes
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Programme Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam St. Mary's Convent Girls' Higher Secondary School, Ernakulam.

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Dr. Marin Jose	Assistant Professor (English Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Dr. Hemelatha P.K	Assistant Professor (Social Science Education)
6	Dr. Rachel George	Assistant Professor (Natural Science Education)
7	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
8	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
9	Dinimol Jacob	Assistant Professor (Natural Science Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)
11	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
12	Dr. Soya Mathew	Assistant Professor (Education)

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## Students' list:

Sl. No	Name	Batch
1	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
2	Anagha T	2021-2023 batch (B Ed. Social Science)
3	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
4	Anjaly A C	2021-2023 batch (B Ed. Social Science)
5	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
6	Celene Paul	2021-2023 batch (B Ed. Social Science)
7	Divyamol P D	2021-2023 batch (B Ed. Social Science)
8	Dona K Jose	2021-2023 batch (B Ed. Social Science)
9	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
10	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
11	Mereena Joy	2021-2023 batch (B Ed. Social Science)
12	Minu Joy	2021-2023 batch (B Ed. Social Science)
13	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
14	Riya Davis	2021-2023 batch (B Ed. Social Science)
15	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
16	Thasni M B	2021-2023 batch (B Ed. Social Science)
17	Varsha K V	2021-2023 batch (B Ed. Social Science)
18	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
19	Allan Francis	2021-2023 batch (B Ed. Natural Science)
20	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
21	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
22	Caren Grace	2021-2023 batch (B Ed. Natural Science)
23	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
24	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)



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25	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
26	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
27	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
28	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
29	Ranjima V	2021-2023 batch (B Ed. Natural Science)
30	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
31	Shalini P S	2021-2023 batch (B Ed. Natural Science)
32	Shimna K	2021-2023 batch (B Ed. Natural Science)
33	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
34	Vyshnavi N Sharma	2021-2023 batch (B Ed. Natural Science)
35	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
36	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
37	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
38	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
39	Aparna S	2021-2023 batch (B Ed. Physical Science)
40	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
41	Jesna George	2021-2023 batch (B Ed. Physical Science)
42	Mariya Das	2021-2023 batch (B Ed. Physical Science)
43	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
44	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
45	Vandana S	2021-2023 batch (B Ed. Physical Science)
46	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
47	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
48	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
49	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
50	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)



Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



51	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
52	Liya Baby	2021-2023 batch (B Ed. Malayalam)
53	Mary Amala R.	2021-2023 batch (B Ed. Malayalam)
54	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
55	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
56	Anisha T	2021-2023 batch (B Ed. Malayalam)
57	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
58	Shilpa K	2021-2023 batch (B Ed. Malayalam)
59	Sneha M M	2021-2023 batch (B Ed. Malayalam)
60	Teena Vincent	2021-2023 batch (B Ed. Malayalam)
61	Amala Antony	2021-2023 batch (B Ed. English)
62	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
63	Deepa P S	2021-2023 batch (B Ed. English)
64	Devika Venugopal	2021-2023 batch (B Ed. English)
65	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
66	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
67	Gurumahima M V	2021-2023 batch (B Ed. English)
68	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
69	Linnet John	2021-2023 batch (B Ed. English)
70	Meera Joy	2021-2023 batch (B Ed. English)
71	Merize Ben Alias	2021-2023 batch (B Ed. English)
72	Pratibha S	2021-2023 batch (B Ed. English)
73	Sandra Joy	2021-2023 batch (B Ed. English)
74	Santhi M S	2021-2023 batch (B Ed. English)
75	Veena C V	2021-2023 batch (B Ed. English)
76	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)



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77	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
78	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
79	Freeda K F	2021-2023 batch (B Ed. Mathematics)
80	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
81	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
82	Lekshmi Priya T S	2021-2023 batch (B Ed. Mathematics)
83	Mariya Jesleena Martin	2021-2023 batch (B Ed. Mathematics)
84	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
85	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
86	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
87	Sona Paul	2021-2023 batch (B Ed. Mathematics)
88	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)

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Principal in Charge  
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Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORLD HUMAN RIGHTS DAY CELEBRATION, 2021

<b>Name of the Event</b>	<b>World Human Rights Day Celebration, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise awareness regarding Human Rights and its significance</li> <li>2. To commemorate the day the universal Declaration of Human Rights (UDHR) was adopted by the United Nations General Assembly</li> <li>3. To promote justice, equality, freedom, peace and safeguarding human dignity</li> </ol>
<b>Details of Event Coordinators</b>	Women Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	10/12/2021
<b>Time</b>	11.00 PM – 12.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers-98 , Faculty- 10
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### World Human Rights Day Celebration, 2021

#### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam observed World Human Rights Day on 10<sup>th</sup> December 2021 from 11.00 AM to 12.00 PM at the college multipurpose hall. The entire observatory programme has been organized by the Women Cell of the college and was coordinated under the guidance and supervision of the faculty coordinators of Women Cell, Dr. Bindu Joseph, Assistant professor in Malayalam Education and Ms. Dinimol Jacob, Assistant Professor in Natural Science Education. The programme aimed at raising awareness regarding Human Rights and to commemorate the day the universal Declaration of Human Rights (UDHR) was adopted by the United Nations General



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Dr. Alice Joseph

Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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Assembly. The World Human Rights Day is also seen as an opportunity to promote peace, justice, equality and freedom.

The World Human Rights Day, 2021 observatory programme started exactly at 11.00 AM with a prayer song by Ms. Akhitha Sebastian, student teacher from Natural Science optional. The prayer was succeeded by the official welcome speech delivered by Ms. Anu P Thomas, student teacher from Physical Science optional. Ms. Anu P Thomas welcomed all of the participants to the programme. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated that raising awareness regarding human rights has utmost significance. She reminded her student teachers that one should be aware of his rights and should strive hard to have access to those rights and thereby improve the quality of life. She also reminded students to not only fight for their rights but also for others who are marginalized and treated differently despite their rights in the society. One should be aware of his own rights and should make others around him aware of theirs so that they get to live their life with dignity and worth. After the presidential address by the Principal, the message of the day was conveyed by the Women Cell members through an informative and creative dance performance. The theme of the dance performance was 'child labor'. The dance depicted the life context of a child who is being forced to child labor. The performance also demonstrated various crisis situations the child faces and the struggles he live through. The dance performance was indeed successful in intriguing reflective and critical thinking among the audience. The performance could enhance the awareness of the audience regarding child rights which is a subdivision of human rights.

The entire Human Rights Day programme turned out to be informative and beneficial for the participants. The programme turned out to be successful in accomplishing its objectives. The programme could contribute in raising awareness among the participants regarding the human rights and its significance. The dance performance with the theme child labor was also informative and contributed in enhancing the knowledge base of the participants regarding child rights. The programme winded up at 12.00 PM with the vote of thanks delivered by Ms. Shimna K, the Women Cell Secretary and student teacher from Natural Science optional.

*Alice Joseph*

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Principal in Charge  
St. Joseph College of Teacher  
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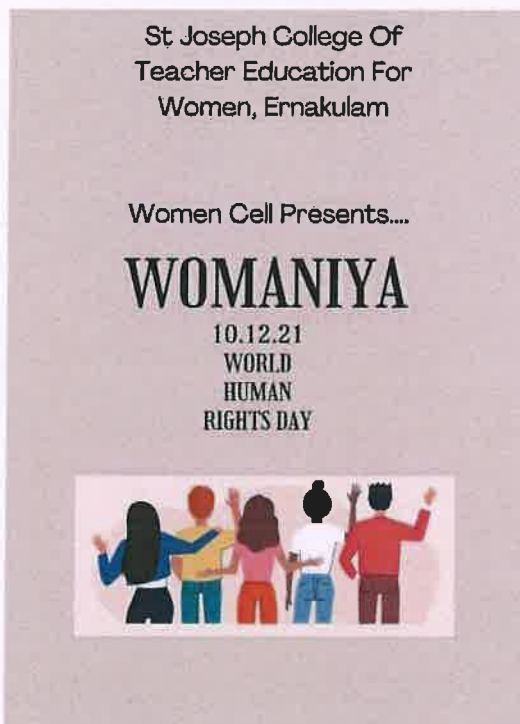






## World Human Rights Day Celebration, 2021

### Photo Gallery



**Event Poster for World Human Rights Day, 2021 programme organized by 'Womaniya', the Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam**



**Student teachers who performed dance performance on the theme of child labor during the World Human Rights Day, 2021 programme organized by 'Womaniya', the Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam**

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Principal in Charge  
St. Joseph College of Teacher  
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## World Human Rights Day Celebration, 2021

### Programme Details

<b>Name of the Event</b>	World Human Rights Day Celebration, 2021
<b>Date</b>	10/12/2021
<b>Time</b>	11.00 PM – 12.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98 , Faculty- 10
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor (Education)
3	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Rachel George M	Assistant Professor (Natural Science Education)
6	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
7	Dr. Soya Mathew	Assistant Professor (Education)
8	Dr. Marin Jose	Assistant Professor (English Education)
9	Dr. Siji John	Assistant Professor (Social Science Education)
10	Ms. Dinimol Jacob	Assistant Professor (Natural Science Education)



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Principal in Charge  
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## Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
3	Deepa P S	2021-2023 batch (B Ed. English)
4	Devika Venugopal	2021-2023 batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
6	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
7	Gurumahima M V	2021-2023 batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
9	K A Rabia	2021-2023 batch (B Ed. English)
10	Leatitia Joshy	2021-2023 batch (B Ed. English)
11	Linet John	2021-2023 batch (B Ed. English)
12	Meera Joy	2021-2023 batch (B Ed. English)
13	Merize Ben Alias	2021-2023 batch (B Ed. English)
14	Pratibha S	2021-2023 batch (B Ed. English)
15	Sandra Joy	2021-2023 batch (B Ed. English)
16	Santhi M S	2021-2023 batch (B Ed. English)
17	Veena C V	2021-2023 batch (B Ed. English)
18	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 batch (B Ed. Malayalam)



Dr. Alice Joseph  
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25	Mary Amala R.	2021-2023 batch (B Ed. Malayalam)
26	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
28	Anisha T	2021-2023 batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
30	Shilpa K	2021-2023 batch (B Ed. Malayalam)
31	Sneha M M	2021-2023 batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
41	Lekshmipriya T S	2021-2023 batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
50	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)



Dr. Alice Joseph  
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Ernakulam  
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51	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
55	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
56	Aparna S	2021-2023 batch (B Ed. Physical Science)
57	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
58	Jesna George	2021-2023 batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 batch (B Ed. Physical Science)
60	Neethu J A	2021-2023 batch (B Ed. Physical Science)
61	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
63	Vandana S	2021-2023 batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
76	Ranjima V	2021-2023 batch (B Ed. Natural Science)



77	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 batch (B Ed. Natural Science)
79	Shimna K	2021-2023 batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
81	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)

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 Principal in Charge  
 St. Joseph College of Teacher  
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(Affiliated to Mahatma Gandhi University, Kottayam)

## NATIONAL ENERGY CONSERVATION DAY, 2021

<b>Name of the Event</b>	<b>National Energy Conservation Day, 2021</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise awareness regarding the importance of energy conservation</li> <li>2. To promote energy conserving practices among student teachers and faculty</li> </ol>
<b>Details of Event Coordinators</b>	Nature Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	14/12/2021
<b>Time</b>	8.45 AM- 10.00 AM
<b>Duration</b>	1 hour and 15 minutes
<b>Beneficiaries</b>	Student teachers- 98 , Faculty- 10, Non-teaching staff- 4
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### National Energy Conservation Day, 2021

#### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam observed National Energy Conservation Day on 14<sup>th</sup> December 2021 from 8.45 AM to 10.00AM at the college multipurpose hall. The whole programme has been organized by the Nature Club of the college under the guidance of Nature Club faculty coordinators, Dr. Soya Mathew, Assistant professor in Education and Dr. Rachel George, Assistant Professor in Natural Science Education. The programme aimed at raising awareness regarding the importance of energy conservation and to promote energy conserving practices among the student teachers as well as faculty members. All the student teachers, faculty members and non-teaching staffs participated in the event.

The National Energy Conservation Day programme started exactly at 8.45 AM after the general assembly of the college. The programme started with a prayer song by Ms.



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Aleena Antony, student teacher from Malayalam optional. The prayer song was succeeded by the welcome speech delivered by Dr. Soya Mathew, Assistant professor in Education at St.

Joseph College of Teacher Education for Women, Ernakulam. Dr. Soya Mathew, being one of the coordinators of the event warmly welcomed all of the participants to the event. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated about the importance of conserving energy and the energy resources. She added that in order to reduce the negative impacts on the environment, people should limit their consumption of energy and start conserving them. She reminded all of her students to be responsible citizens and to save energy and thereby protect environment for them and the future generation. Some key programmes and competition were conducted as part of National Energy Conservation Day programme, 2021. The key programmes were:

- Informative Role Play
- Slogan Writing Competition
- Pledge Taking Ceremony

The Nature Club members conveyed the energy conservation day message via an informative role play. Each member performed admirably. Each member played their character by personifying different types of energies including solar energy, wind energy, nuclear energy, geothermal energy, hydro energy, tidal energy, biogas etc. Each member choose to be one type of energy and in the role playing part, each one enunciated the articular energy's properties, significance and their drawbacks. The role play was conducted in such a way that it is clear and precise so that it is easier for the audience to comprehend. A slogan writing competition was conducted on 13<sup>th</sup> December 2021 as part of National energy conservation day. Everyone participated cordially and actively in the competition and about 10 participants showcased truly creative works. The top three winners for the slogan writing competition were announced by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam on 14<sup>th</sup> December 2021 during the National Energy Conservation Programme. The first prize for the slogan writing competition was secured by Ms. Pranaya P.M, student teacher from Malayalam optional. The second prize was secured by Ms. Gurumahima M.V, student teacher from English optional and the third prize for the competition was secured by Ms. Akhitha Sebastian, student teacher from Natural Science optional. The competition result announcement was succeeded by plcdge taking coromony.



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The pledge implied the importance of conserving energy and energy resources and thereby promoting prevention of various environmental issues like global warming and drastic climatic changes. Ms. Divya Radhakrishnan, the leader of the Nature Club and student teacher from English optional administered the pledge. The pledge administered was as follows, "This National Energy Conservation Day, let's advocate energy efficiency at our homes, offices and in our surroundings and vow towards making energy conservation an integral part of our lives". All the student teachers, faculty members and non-teaching staff took the pledge and was motivated to consciously conserve energy in their everyday lives.

The National Energy Conservation Day programme turned out to be effective and successful in accomplishing its objectives. The programme could raise awareness among student teachers as well as faculty members and non-teaching staff regarding the importance of energy conservation and could motivate them to initiate energy conserving practices in their daily lives. The active participation of student teachers in the competitions conducted during the observatory programme made it more fruitful and productive. The entire programme winded up at 10.00 AM with the vote of thanks delivered by Dr. Rachel George, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam.

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St. Joseph College of Teacher  
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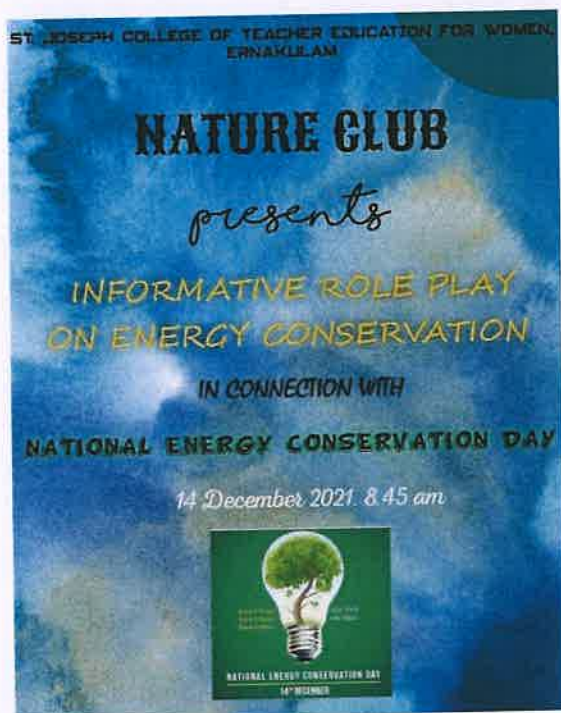






## National Energy Conservation Day, 2021

### Photo Gallery



Event poster for the Slogan Writing competition conducted during the National Energy Conservation Day, 2021 observatory programme held at St. Joseph College of Teacher Education for Women, Ernakulam.



Event poster for the informative role play performance conducted during the National Energy Conservation Day, 2021 observatory programme held at St. Joseph College of Teacher Education for Women, Ernakulam.



Pledge taking ceremony conducted during the National Energy Conservation Day, 2021 observatory programme held at St. Joseph College of Teacher Education for Women, Ernakulam.



Nature club members at St. Joseph College of Teacher Education for Women, Ernakulam performing informative role play during the event of National Energy Conservation Day, 2021



## National Energy Conservation Day, 2021

### Programme Details

<b>Name of the Event</b>	National Energy Conservation Day, 2021
<b>Date</b>	14/12/2021
<b>Time</b>	8.45 AM- 10.00 AM
<b>Duration</b>	1 hour and 15 minutes
<b>Beneficiaries</b>	Student teachers- 98 , Faculty- 10, Non-teaching staff- 4
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Rachel George M	Assistant Professor (Natural Science Education)
4	Dr. Soya Mathew	Assistant Professor (Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
7	Mrs. Smitha Jose	Assistant Professor (Education)
8	Dr. Marin Jose	Assistant Professor (English Education)
9	Dr. Siji John	Assistant Professor (Social Science Education)
10	Dr. Sicily A.A	Assistant professor (Malayalam Education)

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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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## Non- Teaching Staff list:

Sl. No	Name	Designation
1	Ranimol O.V	UD Store Keeper
2	Mary Christina T.J	LD Clerk
3	Daisy Mathew	Peon
4	Leny Mary C.J	Peon

## Students list:

Sl. No	Name	Batch
1	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
2	Allan Francis	2021-2023 batch (B Ed. Natural Science)
3	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
4	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
5	Caren Grace	2021-2023 batch (B Ed. Natural Science)
6	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
7	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
8	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
9	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
10	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
11	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
12	Ranjima V	2021-2023 batch (B Ed. Natural Science)
13	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
14	Shalini P S	2021-2023 batch (B Ed. Natural Science)
15	Shimna K	2021-2023 batch (B Ed. Natural Science)
16	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
17	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)



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18	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
19	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
20	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
21	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
22	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
23	Anu P.Thomas	2021-2023 batch (B Ed. Physical Science)
24	Aparna S	2021-2023 batch (B Ed. Physical Science)
25	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
26	Jesna George	2021-2023 batch (B Ed. Physical Science)
27	Jismin K Antony	2021-2023 batch (B Ed. Physical Science)
28	Mariya Das	2021-2023 batch (B Ed. Physical Science)
29	Neethu J A	2021-2023 batch (B Ed. Physical Science)
30	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
31	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
32	Vandana S	2021-2023 batch (B Ed. Physical Science)
33	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
34	Amala Antony	2021-2023 batch (B Ed. English)
35	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
36	Deepa P S	2021-2023 batch (B Ed. English)
37	Devika Venugopal	2021-2023 batch (B Ed. English)
38	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
39	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
40	Gurumahima M V	2021-2023 batch (B Ed. English)
41	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
42	K A Rabia	2021-2023 batch (B Ed. English)
43	Leatitia Joshy	2021-2023 batch (B Ed. English)



44	Linnet John	2021-2023 batch (B Ed. English)
45	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
46	Merize Ben Alias	2021-2023 batch (B Ed. English)
47	Pratibha S	2021-2023 batch (B Ed. English)
48	Sandra Joy	2021-2023 batch (B Ed. English)
49	Santhi M S	2021-2023 batch (B Ed. English)
50	Veena C V	2021-2023 batch (B Ed. English)
51	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
52	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
53	Ance Baby	2021-2023 batch (B Ed. Malayalam)
54	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
55	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
56	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
57	Liya Baby	2021-2023 batch (B Ed. Malayalam)
58	Mary Amala R	2021-2023 batch (B Ed. Malayalam)
59	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
60	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
61	Anisha T	2021-2023 batch (B Ed. Malayalam)
62	Riya Sabu	2021-2023 batch (B Ed. Malayalam)
63	Shilpa K	2021-2023 batch (B Ed. Malayalam)
64	Sneha M M	2021-2023 batch (B Ed. Malayalam)
65	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)
66	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
67	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
68	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
69	Aswathi B A	2021-2023 batch (B Ed. Mathematics)



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70	Freeda K F	2021-2023 batch (B Ed. Mathematics)
71	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
72	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
73	Lekshmi Priya T S	2021-2023 batch (B Ed. Mathematics)
74	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
75	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
76	Parvathy M	2021-2023 batch (B Ed. Mathematics)
77	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
78	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
79	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
80	Sona Paul	2021-2023 batch (B Ed. Mathematics)
81	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)



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96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## SEMINAR ON 'YOGA & MEDITATION FOR DEVELOPING MULTIPLE INTELLIGENCES-MUSIC THERAPY & ART THERAPY', 2022

<b>Name of the Event</b>	<b>Seminar on 'Yoga &amp; Meditation for Developing Multiple Intelligences- Music Therapy &amp; Art Therapy'</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness regarding the significance of practicing Meditation and Yoga in daily life</li> <li>2. To teach the student teachers the basics of Yoga and Meditation</li> <li>3. To develop student teachers' multiple intelligence through Yoga and Meditation</li> </ol>
<b>Details of Event Coordinators</b>	Youth Red Cross Wing and Health Club St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Sajeew Jos Head of the Department Department of Physical Education St. Albert's College (Autonomous), Kochi
<b>Date</b>	14/01/2022
<b>Time</b>	10.00 AM- 1.00 PM
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Student teachers-98, Faculty-4
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

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## Seminar on 'Yoga & Meditation for Developing Multiple Intelligences-Music Therapy & Art Therapy', 2022

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam conducted a seminar on 'Yoga & Meditation for Developing Multiple Intelligences- Music Therapy & Art Therapy' on 14<sup>th</sup> January 2022 from 10.00 AM to 1.00 PM at the College Auditorium. The entire seminar has been organized by the Youth Red Cross Wing and the Health Club of the College under the guidance and supervision of the faculty members, Dr. Josephine Joseph, Assistant Professor in Physical Science Education, Dr. Marin Jose, Assistant Professor in English Education and Dr. Mary Varghese Kundukulam, Guest Faculty in Physical Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the seminar was Dr. Sajeev Jos, Head of the Department of Physical Education at St. Albert's College (Autonomous) in Kochi. All the student teachers of first year B Ed programme participated in the seminar.

The seminar on 'Yoga & Meditation for Developing Multiple Intelligences- Music Therapy & Art Therapy' was conducted with an aim to raise awareness among student teachers regarding the significance of practicing meditation and yoga and to help them develop their multiple intelligence through yoga and meditation. The seminar also aimed at introducing the student teachers with art therapy and music therapy. The seminar started exactly at 10.00 AM with a prayer song by Ms. Anu P Thomas, student teacher from Physical Science optional. The prayer was succeeded by the welcome speech delivered by Ms. Aparna S, student teacher from Physical Science optional. Ms. Aparna officially welcomed all the participants to the seminar. After the welcome address, Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam delivered the presidential address for the seminar. Dr. Alice Joseph mentioned the importance of adopting Yoga and meditation into one's life as both is known to have benefits that promotes physical, mental and emotional well-being of the individual. She reminded all of the student teachers to be attentive to the seminar and learn and bring about positive changes in their lifestyle.

After the presidential address by the Principal, the seminar was then carried on by the resource person, Dr. Sajeev Jos, Head of the Department of Physical Education at St. Albert's College (Autonomous) in Kochi. Dr. Sajeev Jos started the seminar with a mild meditation session. The meditation session started with Dr. Sajeev implying all student teachers to sit







comfortably, close their eyes, and to focus on breathing naturally. The student teachers were asked not to make effort to control breathing rather simply breathe naturally and then to focus their attention on the breath and the moves with each inhalation and exhalation. After that, Dr. Sajeev enunciated about the significance of yoga and meditation and its effectiveness in developing multiple intelligences. Yoga and meditation has a wide array of benefits for an individual. It leads to a healthy and better lifestyle. Yoga provides both physical and mental health for an individual who practices and includes it in his lifestyle. Yoga helps in improved strength, flexibility and balance. Yoga can be especially helpful in reducing stress and increasing heart health. It promotes relaxation and better sleep, enhance energy and reduce mood swings. Helping in healing and building resiliency is also the benefits if Yoga. It also helps in developing discipline, focus, concentration and increases self-awareness. Meditation and Yoga play an important role in improving brain functions and in slowing the cognitive functioning decline as part of ageing. After specifying the importance and benefits of yoga and meditation to student teachers, the resource person for the seminar performed simple Yoga postures that the student teachers were able to practice during the seminar. The seminar also covered Music Therapy and Art therapy. Dr. Sajeev discussed the healing effects of music therapy. Music therapy has been evident with many benefits. It helps with depression, anxiety and helps in reducing and managing stress and even improving self-esteem. It can help individual in improving his physical, mental and emotional wellbeing and health. Music is used as a tool in various therapies for treating diseases. Dr. Sajeev, with his creative cartoon art talent, explained the importance of art therapy to the student teachers. He even trained the student teachers some tricks for creating cartoon.

The whole seminar turned out to be successful in accomplishing its objectives. The seminar could generate awareness among student teachers regarding the significance of practicing meditation and Yoga in daily life. The seminar was very much beneficial and rejuvenating for the student teachers. The seminar was informative and could contribute to the enhancement of knowledge base of student teachers regarding Yoga and Meditation, two components that could be adopted in life for a healthy and better lifestyle. The multitalent and enthusiasm of the resource person and the active participation of student teachers made the seminar more successful. The seminar came to an end at 1.00 PM with the vote of thanks delivered by Ms. Akshaya K.S, student teacher from Physical Science Optional.

*Alice Joseph*

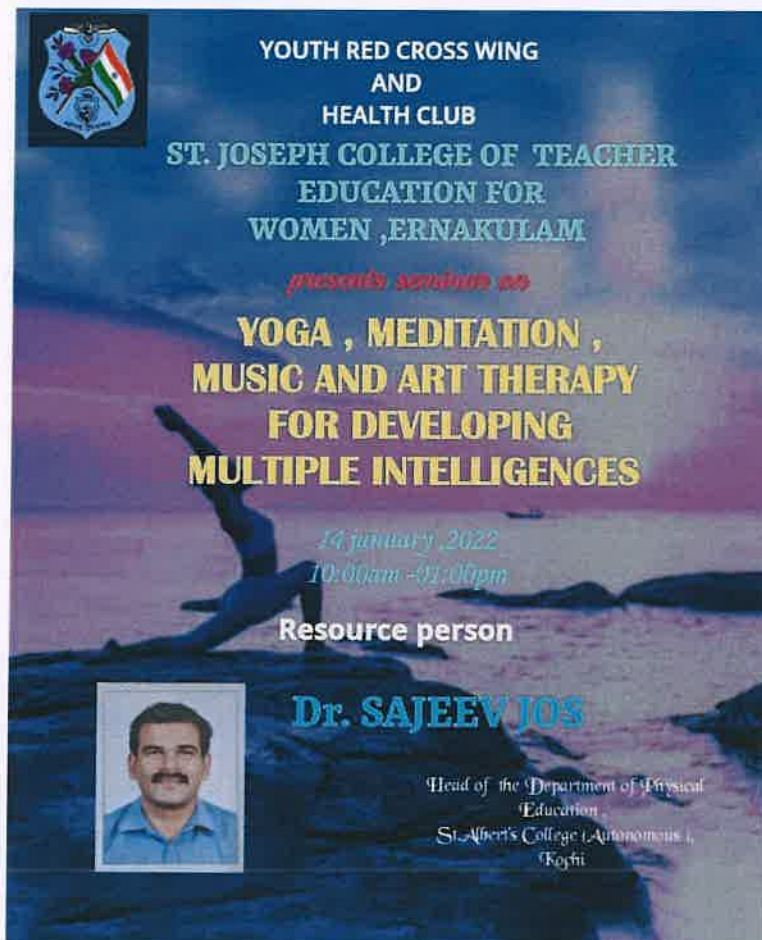
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**Seminar on 'Yoga & Meditation for Developing Multiple Intelligences-Music Therapy  
& Art Therapy', 2022**

**Photo Gallery**



**Event Poster for the seminar on 'Yoga & Meditation for Developing Multiple Intelligences-Music Therapy & Art Therapy', 2022 held at St. Joseph College of Teacher Education for Women, Ernakulam**

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**Seminar on 'Yoga & Meditation for Developing Multiple Intelligences-Music Therapy  
& Art Therapy', 2022**

**Programme Details**

<b>Name of the Event</b>	<b>Seminar on 'Yoga &amp; Meditation for Developing Multiple Intelligences- Music Therapy &amp; Art Therapy'</b>
<b>Date</b>	14/01/2022
<b>Time</b>	10.00 AM- 1.00 PM
<b>Duration</b>	3 hours
<b>Beneficiaries</b>	Student teachers-98, Faculty-4
<b>Event Venue</b>	College Auditorium St. Joseph College of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Marin Jose	Assistant Professor (English Education)
4	Dr. Mary Varghese Kundukulam	Guest Faculty (Physical Education)

Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 batch (B Ed. English)
3	Deepa P S	2021-2023 batch (B Ed. English)



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4	Devika Venugopal	2021-2023 batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 batch (B Ed. English)
6	F.Merline Rodrigues	2021-2023 batch (B Ed. English)
7	Gurumahima M V	2021-2023 batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 batch (B Ed. English)
9	K A Rabia	2021-2023 batch (B Ed. English)
10	Leatitia Joshy	2021-2023 batch (B Ed. English)
11	Linet John	2021-2023 batch (B Ed. English)
12	Meera Joy (Blind)	2021-2023 batch (B Ed. English)
13	Merize Ben Alias	2021-2023 batch (B Ed. English)
14	Pratibha S	2021-2023 batch (B Ed. English)
15	Sandra Joy	2021-2023 batch (B Ed. English)
16	Santhi M S	2021-2023 batch (B Ed. English)
17	Veena C V	2021-2023 batch (B Ed. English)
18	Aleena Antony	2021-2023 batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 batch (B Ed. Malayalam)
25	Mary Amala R.	2021-2023 batch (B Ed. Malayalam)
26	Nitha Alfred	2021-2023 batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 batch (B Ed. Malayalam)
28	Anisha T	2021-2023 batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 batch (B Ed. Malayalam)



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30	Shilpa K	2021-2023 batch (B Ed. Malayalam)
31	Sneha M M	2021-2023 batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 batch (B Ed. Mathematics)
41	Lekshmipriya T S	2021-2023 batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 batch (B Ed. Mathematics)
50	Agatha Cyriac	2021-2023 batch (B Ed. Physical Science)
51	Agiya Cosmos M C	2021-2023 batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 batch (B Ed. Physical Science)
55	Anu P. Thomas	2021-2023 batch (B Ed. Physical Science)



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56	Aparna S	2021-2023 batch (B Ed. Physical Science)
57	Fathimathuzuhra	2021-2023 batch (B Ed. Physical Science)
58	Jesna George	2021-2023 batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 batch (B Ed. Physical Science)
60	Neethu J A	2021-2023 batch (B Ed. Physical Science)
61	Raveena K Ramesh	2021-2023 batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 batch (B Ed. Physical Science)
63	Vandana S	2021-2023 batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 batch (B Ed. Natural Science)
75	Pooja Maria Jacob	2021-2023 batch (B Ed. Natural Science)
76	Ranjima V	2021-2023 batch (B Ed. Natural Science)
77	Saniya Simon	2021-2023 batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 batch (B Ed. Natural Science)
79	Shimna K	2021-2023 batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 batch (B Ed. Natural Science)
81	Vyshnavi N Sarma	2021-2023 batch (B Ed. Natural Science)



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82	Akshitha Bhaskaran	2021-2023 batch (B Ed. Social Science)
83	Anagha T	2021-2023 batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 batch (B Ed. Social Science)
87	Celene Paul	2021-2023 batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 batch (B Ed. Social Science)
93	Minu Joy	2021-2023 batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 batch (B Ed. Social Science)
95	Riya Davis	2021-2023 batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 batch (B Ed. Social Science)
97	Thasni M B	2021-2023 batch (B Ed. Social Science)
98	Varsha K V	2021-2023 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## OUTREACH PROGRAMME AT DEVIKULAM IN MUNNAR, 2022

Name of the Event	Outreach Programme at Devikulam in Munnar, 2022
Objectives	<ol style="list-style-type: none"> <li>1. To learn about the geographical features of Devikulam Gram Panchayath in Munnar</li> <li>2. To identify and learn about the causes of landslides in Devikulam</li> <li>3. To understand and learn about the consequences of natural disasters on the residents of Devikulam</li> <li>4. To study about the impact of human intervention on nature</li> </ol>
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Details of Resource Person	Mr. Biju S.L Divisional Forest Officer Devikulam, Munnar
Date	21/02/2022
Time	10.30 AM – 4.00 PM
Duration	5 hours and 30 minutes
Beneficiaries	Teacher Educands- 12, Faculty- 2
Event Venue	Devikulam, Munnar

### Outreach Programme at Devikulam in Munnar, 2022

#### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized an outreach programme at Devikulam in Munnar on 21<sup>st</sup> February 2022 from 10.30 AM to 4 PM for teacher educands as part of the M Ed programme curriculum. The teacher educands (student teachers from M Ed programme) of 2020-2022 batch from St. Joseph College of Teacher Education for Women, Ernakulam were the beneficiaries for the outreach programme. Ms. Sheeba A.S and Ms. Aswathy D.V, M Ed Faculty members also accompanied the teacher educands for the outreach programme. The programme aimed at

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helping the teacher educands understand and learn about the geographical features of Devikulam Gram Panchayath in Munnar and to identify and learn about the causes of landslides in Devikulam. The programme also aimed at helping teacher educands to understand and study about the impact of human intervention on nature and the consequences of natural disasters on the residents of Devikulam. The resource persons for the programme was Mr. Biju S.L, Divisional Forest Officer at Devikulam, Munnar. A total of 12 teacher educands and two M Ed faculty members participated in the outreach programme.

As part of the outreach programme, the teacher educands and educators from St. Joseph College of Teacher Education for Women, Ernakulam visited Devikulam in Munnar at 10.30 AM on 21<sup>st</sup> February 2022 as part of field experience. Field experience is a dynamic method in teaching methodology because it helps the individual to get vibrant and real time knowledge about the event. Field visit develops the problem solving ability and creative thinking of the educands. In order to study the natural disasters occurred in Devikulam, teacher educands and educators from St. Joseph College of Teacher Education for Women, Ernakulam visited Devikulam. Devikulam is a mountain range located near to Munnar. It is known for its pine tree-lined roads, the spectacular Sita Devi Mountains wrapped in dense forests, the Sita Devi temple, the Devikulam Lake, modest elegant residences in classic European architecture, trees in full bloom with vivid yellow flowers and picturesque villages. The name 'Devikulam' denotes 'the lake of the Goddess'. Despite its breathtaking views and natural splendor, Devikulam residents have some tragic tales to share with others. The major issue faced by the inhabitants in Devikulam were landslides. According to the inhabitants, the major cause for the natural disruption issues occurring in the place is due to the unscientific human intervention and exploitation. Along with the causal factors like heavy rainfall, flood, earthquakes etc., human activities like clear cutting, mining, building structures and roads without adequate planning and grading becomes a contributing factor in causing landslides. In order to learn more and gather realistic information regarding Devikulam and the natural disasters occurred there, the teacher educands and educators from St. Joseph College of Teacher Education for Women, Ernakulam visited the Divisional Forest Office and Met Mr. Biju S.L, Divisional Forest Officer at Devikulam. Mr. Biju S.L explained about the major features of Devikulam. He also pointed out that landslides are one among the major issues faced by the residents of Devikulam. He enunciated that unscientific human intervention like illegal mining and unscientific building and widening of roads etc. causes land sliding. Mr. Biju S.L, also provided the teacher educands with the information regarding the features of

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Devikulam including the climate, structure of soil, building construction, land encroachment etc. From the talk with Mr. Biju S.L, student teachers got an overall idea about Devikulam and its features.

The outreach programme at Devikulam in Munnar conducted for teacher educands from St. Joseph College of Teacher Education for Women, Ernakulam turned out to be successful in accomplishing its objectives. The programme helped the teacher educands in understanding the geographical features and effects of natural disasters on the residents of Devikulam. The programme also helped them in identifying the major causal factors for land sliding in Devikulam and also understood about the impact of human activities on nature. The programme was extremely productive and fruitful for the teacher educands. It promoted reflective thinking among the teacher educands. The entire outreach programme winded up at 4 PM.

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## Outreach Programme at Devikulam in Munnar, 2022

### Photo Gallery



**Teacher educands (2020-2022 batch) and teacher educators from St. Joseph College of Teacher Education for Women, Ernakulam at Devikulam in Munnar as part of outreach programme organized for the teacher educands by St. Joseph College of Teacher Education for Women, Ernakulam**

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**Teacher educands (2020-2022 batch) and teacher educators from St. Joseph College of Teacher Education for Women, Ernakulam at the office of Divisional Forest Officer at Devikulam in Munnar as part of outreach programme organized for the teacher educands by St. Joseph College of Teacher Education for Women, Ernakulam**

*Aliee Joseph*

**Dr. Aliee Joseph**  
Principal in Charge  
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**Outreach Programme at Devikulam in Munnar, 2022****Programme Details**

<b>Name of the Event</b>	<b>Outreach Programme at Devikulam in Munnar, 2022</b>
<b>Date</b>	21/02/2022
<b>Time</b>	10.30 AM – 4.00 PM
<b>Duration</b>	5 hours and 30 minutes
<b>Beneficiaries</b>	Teacher Educands- 12, Faculty- 2
<b>Event Venue</b>	Devikulam, Munnar

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Ms. Sheeba A.S	Assistant Professor (M Ed. Faculty)
2	Ms. Aswathy D.V	Assistant Professor (M Ed. Faculty)

Students list:

Sl. No	Name	Batch
1	Anju Babu	2020-2022 batch (M Ed. Science)
2	Anju P Asokan	2020-2022 batch (M Ed. Science)
3	Greeshma T	2020-2022 batch (M Ed. Mathematics)
4	Josephine Sharel Lopez	2020-2022 batch (M Ed. Social Science)
5	Lini John	2020-2022 batch (M Ed. Science)
6	Naseeha Nazeer	2020-2022 batch (M Ed. Mathematics)
7	Saleema M	2020-2022 batch (M Ed. Science)
8	Shinu Sabu	2020-2022 batch (M Ed. English)
9	Sini Varghese	2020-2022 batch (M Ed. Social Science)
10	Sruthimol A R	2020-2022 batch (M Ed. Mathematics)
11	Gimarose Mathew	2020-2022 batch (M Ed. Science)
12	Rosemol Jose	2020-2022 batch (M Ed. Science)



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## FIELD TRIP

<b>Name of the Event</b>	<b>FIELD TRIP</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers get a hands on experience on the related subject</li> <li>2. To help students explore the live environment and learn from the nature</li> </ol>
<b>Details of Event Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	25/02/2022
<b>Time</b>	8.00 AM – 05.00 PM
<b>Beneficiaries</b>	,Student teachers-17 , Faculty- 2
<b>Venue</b>	Matsyafed aqua tourism centre in Njarakkal, Matsyafed fish farm and mangrove information centre situated in Malipuram and Malipuram beach

## FIELD TRIP REPORT

As part of B Ed programme, St Joseph College of Teacher Education for Women, Ernakulam organized a one day field trip. The authority asked each optional department to arrange a field trip to a nearby place according to their own choice. All the students got delighted because everyone were eagerly waiting for such a trip that would give us an opportunity to relax and take a sneak out from our busy routine.

After one week of discussion among the students and professors of Natural Science department, Dr.Rachel George and Dinimol Jacob, we finally arrived at a decision to visit Matsyafed aqua tourism centre in Njarakkal, Matsyafed fish farm and mangrove information centre situated in Malipuram and Malipuram beach. Our mentors helped us to pre-book the field trip spots. The most awaited field trip was organised on 25th of February, 2022. In total there were 19 members for the trip that included 17 students and 2 faculties. We all gathered in the college premise at 8:00 am. Everyone was stirred up with excitement for the journey.

We started our trip by seeking the blessings of almighty God.

*Alice Joseph*  
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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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It took around half an hour from the college to reach our first destination Matsyafed aqua tourism centre. We reached there at 9:00 am. It is a huge 125 hectare brackish water fish farm and is located at 15 kilometres from Kochi in a village called Njarakkal. It was a serene and beautiful place surrounded by greenery and water. We took the entry pass tickets which was around 650 rupees per head. They provided us morning breakfast at 9:15 am.

A coordinator explained in detail about the various eco-friendly aqua tourism facilities provided in the ambience of backwaters such as boating, angling and rowing facilities. It was really a golden opportunity for us to enjoy the picturesque beauty of nature and the tranquility of backwaters in addition to various water based activities including peddle boats, row boats, kayaking, water cycle, coracle ride and angling. We were grouped up for experiencing the adventurous activities. Some students chose coracle ride, two of them took kayak, few selected row boats and remaining opted peddle boats. Through water we reached Vanchithuram which was located in the middle of water. It's a boat shaped island with a tree top house built in it and everyone got inside it. We were able to relax on hammocks, swings and benches on the bunds under the shady coconut trees and do some fishing in Vanchithuram. Hooks and line with bait were provided for angling.

Then we were taken by the coordinating team for yet another wonderful experience known as fish jumping. The team took us on a boat around the lake and triggered the milkfish in the water to jump out of the water which was really a great sight to see. Unfortunately, not too many fishes there to jump.

Our second destination was Matsyafed fish farm and mangrove information centre in Malipuram. We reached the farm at 12:30 pm and it is one of the best aqua tourism destinations for those who wish to spend a vacation at a pleasant countryside enjoying the rich taste of local cuisine. The best part was we were entitled to a sumptuous meal which was really delicious.

Next we all went for water based sports such as peddle boat and row boat. A canal safari in boat was also arranged for enjoying the rich greenery ambience.

At around 2:00 pm we reached our third destination point, the mangrove information centre which is spread over 2 km, situated adjacent to Matsyafed fish farm. It was established by social forestry wing under the state forest department to impart the relevance of protecting mangroves. Different species of mangroves are well protected in the centre. There were several boards which show the botanical name of each species, the area where it is normally







found and its character. The seating facilities, walkway, miniature statues of birds and animals were other features. Another highlight was beautiful arch bridges to cross the stream that flows through the centre. Amid of the lush greenery of thick mangrove forest we had our evening snacks and tea.

By 4 o' clock we headed toward malipuram beach. The beach had a gorgeous stretch of powdery golden sand fringed by Casuarina groves and pines. We spent around half an hour enjoying the mesmerizing beauty of the sea we returned to our campus at 5:00 pm. The trip was a delightful experience for all and it gave us a lot of good memories to cherish forever.



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## FIELD TRIP

<b>Name of the Event</b>	<b>Capacity Enhancement Programme for Student Teachers: Webinar on Changing Dimensions of Modern Education</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To experience the science behind the historical events of our Nation</li> <li>2. To familiarize with the Naval equipments used to fight wars.</li> <li>3. To experience and promote learning by experiencing the matter in real.</li> </ol>
<b>Details of Event Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	25/02/2022
<b>Time</b>	9.30 AM – 01.30 PM
<b>Beneficiaries</b>	Student teachers-15, Faculty- 2
<b>Venue</b>	Indian Naval Maritime Museum and Cochin Port Trust Maritime Heritage Museum

### St. Joseph College of Teacher Education for Women, Ernakulam

#### Field Trip Report

The field trip was organized by Dr. Sr. Josephine Joseph and Mrs Reshmi Sreejith. The field trip was on 25<sup>th</sup> of February 2022. Our first destination was Cochin Port Trust Maritime Heritage Museum. We reached there via water route from Ernakulam Boat Jetty. We reached our first destination at 9:30 a.m. The guide of the museum explained to us each and every equipment and historical events in detail. As we were the only group present during that time, we could understand everything he told us in depth. Some of the equipments we came across here was , Mariner's clock, Anemometer, Punching Machine, VHF Base station etc.

Our next destination was Indian Naval Maritime Museum. We reached our destination by boat by 11:30 a.m. Here we saw various equipments and machineries used by the Indian Navy. It included different types of guns and Submarines. We also saw the tableau of

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some historical events including the landing of the Portuguese explorer, Vasco Da Gama in India. We then saw a documentary related to the lives of Naval personnels and their hardships. We left from our final destination by 1:30pm. Then we had our lunch and finally left to our homes.

The field trip gave us a deep insight into the historical events that happened in India. We would see and familiarize with many equipments used in India in the historical times. We could also understand the scientific principles behind the working of these equipments.

### Evidence



**Indian Naval Maritime Museum**

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**Cochin Port Trust Maritime Heritage Museum**

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## PHOTOGRAPHY CONTEST

<b>Name of the Activity</b>	Photography contest as part of National Science Day Celebrations 2022
<b>Date</b>	28 <sup>th</sup> February 2022
<b>Venue</b>	Online Mode
<b>Organizers</b>	Physical Science Department
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To celebrate National Science Day in a unique and creative way</li> <li>2) To promote observation of science events and phenomena happening around us.</li> </ol>

### Description

As part of National Science Day, a photography contest was conducted for the student teachers of St. Joseph's College of Teacher Education for Women, Ernakulam by physical. The competition was conducted in online mode and participants were asked to send their photographs on or before 28th February 2022. The theme of the photography contest was "Science Around". Received the contest. Ankitha Ramachandran of Natural Science department secured the first prize. Sona Paul of Mathematics department and Minu Joy of Social Science department were chosen as the first and second runner up respectively. It help edour classto discussamongour selves and find new ways of celebrating Science Day. Since our class worked together, it enhanced the cooperation and oneness among us. Also itpromotedobserving the Scientific phenomenon and event shappinging around us apart from the one's we observe artificially in the laboratory.

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## Evidence

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### PHYSICAL SCIENCE

**MOBILE PHOTOGRAPHY**

Theme : "science around me"

Deadline : February 28 @ 10 pm

Send photo @  
nerdsscience2@gmail.com

**INSTRUCTIONS:**

- . SUBMITTED PHOTO MUST BE ORIGINAL AND CLEAR
- . PARTICIPANTS MUST SPECIFY NAME AND OPTIONAL ON MAIL



ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN ERNAKULAM

### NATIONAL SCIENCE DAY COMPETITION

**MOBILE PHOTOGRAPHY**

First 🏆 Angitha Ramachandran (Natural Science)

Second 🏆 Sona Paul (Mathematics)

Third 🏆 Minu Joy ( Social Science)

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## WORKSHOP FOR COMMUNICATIVE ENGLISH

Name of the Event	Workshop for Communicative English
<b>Objectives</b>	<ul style="list-style-type: none"> <li>To develop proficiency in Communication Skills and Expository writing.</li> <li>To develop proficiency in academic writing and research skills.</li> <li>To develop proficiency in ICT</li> </ul>
<b>Details of Course</b>	<ul style="list-style-type: none"> <li>EDU 404.5 Communicative English</li> <li>Common Core Course (Tool Course), Taught Course &amp; Practicum</li> <li>(Internal Assessment Only)</li> <li>Teaching hours per week: 5</li> <li>Credit:2</li> </ul>
<b>Details of Resource Person</b>	<p>Dr. Marin Jose Assistant Professor</p> <p>St. Joseph College of Teacher Education for Women Ernakulam</p>
<b>Date</b>	01-June 2022 to 28th August 2022
<b>Time</b>	3.00 PM to 4.00 PM
<b>Duration</b>	40 Hours
<b>Beneficiaries</b>	Teacher Trainees
<b>Venue</b>	Multi-purpose Hall, St. Joseph College of Teacher Education for Women, Ernakulam

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## WORKSHOP FOR FINALISING RESEARCH TITLE

### Programme Report

As part of the M.Ed. programme, a workshop was conducted for ICT and Skill Development. The workshop was conducted at St. Joseph College of Teacher Education for Women, Ernakulam on 1 June 2021 from 9.30 am to 3:30 pm. The official session started with a prayer song. B.Ed. Second-year student Mariatta D Kappen welcomed the resource person and the gathering. The presidential address was delivered by Dr. Sr. Alice Joseph, Principal of St. Joseph college of teacher education for women. The workshop was inaugurated by Dr. Marin Jose. After the inaugural address the students from B.Ed. 2020-22 batch had 5 modules. After each presentation, an open discussion session was there and Marin Teacher gave opinions and suggestion on each title. Students asked their doubts and clarified it. The workshop came to an end on December 30<sup>th</sup> 2022 by 3:30pm with the vote of thanks by Mrs. Arya Rajendran, Second year B.Ed. student.

The B.Ed students participated in the following modules: Module 1 –Orientation to English language (8 hrs)

- 1.1. Understanding the spirit of English Language 4hrs(1hour Theory +3hrsPractical)
- 1.2. Remedial Grammar and Applied Phonetics 4hrs (4hrs Practical)

### Module 2- Oral Communication (8hrs)

2.1. Listening Skill: Listening Comprehension of discourses like Conversation 4hrs(4hrs Practical)

2.2. Speaking Skill: Oral Training for classroom communication 4hrs(4hrs Practical)

Module 3- Written Communication (8hrs)

3.1. Reading Skill: Reading Comprehension of discourses Paragraph, Letter, Essay , Memo, Circular, Notice, Cover Letter, Resume, Summary, Précis, Speech , graph, notice. 4hrs (4hrsPractical)

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- 3.2. Writing skill: Mechanics of writing, Copy writing , Creative Writing: Paragraph, Letter Writing, Essay writing, Memo, Circular, Notice, Cover Letter, Resume, Summary, Précis, Speech , graph writing, notice writing. 4hrs (4hrsPractical) Module 4 - Functional Writing (8 hrs)
- 4.1. English For Teachers: Reflective journal writing, reporting, writing reviews, logs, 2hrs (2hrsPractical)
- 4.2. For Placement : Preparation of resumes, job applications, Self- introduction, Facing an interview, Telephonic conversations, e-mail transactions. 2hrs(2hrsPractical)
- 4.3. At Work : Preparation of projects reports, thesis and research papers and presentations: text organisation, point of view, register and style, editing skills, paraphrasing, summarising, descriptive composition and argumentative composition 4hrs (4hrs Practical)

#### Module 5 - Soft Skills and Social Skills (8hrs)

- 5.1. Interpersonal skills : Exposure to Public Speaking, Event Management and Language related Computer Skills, Print Media, Advertisements, Translations, Mass Communication and Broadcasts (Radio, T.V. & Cinema,) web materials, telecasts, blogs podcasts and vodcasts. 4hrs (4hrsPractical) 11.
- 5.2. Travel English Language Skills: Communication in a variety of social situations like restaurant, at the airport, In the market etc. 2hrs (2hrsPractical) 12.
- 5.3. Public Relations: Business Communication, Office Communication for business, dealing with Clients and Customers, Public Interaction and Business reports. 2hrs (2hrs Practical)

Skill portfolio was submitted by each participant at the end of the session and Internal Assessment was conducted based on the following Criteria for Evaluation: i) Attendance 10% ii) Practicum 20% iii) Portfolio (Include a minimum of four materials from dossier: Writing Assignments, Multimedia, Contributions to forums and blogs, and any other additional material.) 20% iv) Practical Examination (Listening , Speaking , Reading and Writing) 50% out of the Total 100% scores.

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## WORKSHOP FOR COMMUNICATIVE ENGLISH

### Photo gallery

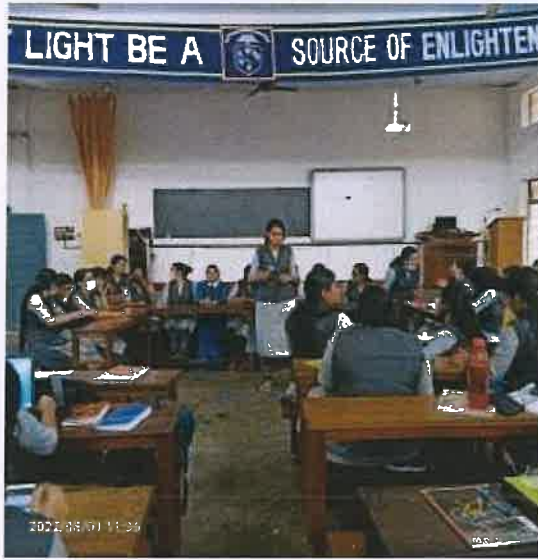


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## WOMANIYA- INTERNATIONAL DAY OF PERSONS WITH DISABILITIES, 2021

<b>Name of the Event</b>	Womaniya- International Day of Persons with Disabilities, 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote the welfare and rights of people with disabilities at all levels of society</li> <li>2. To generate awareness regarding the scenario of persons with disabilities at all aspects of life</li> <li>3. To motivate student teachers to come out of their shells and achieve goals</li> </ol>
<b>Details of Event</b> <b>Coordinators</b>	Women Cell St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Chief Guest</b>	Ms. Jilumol Mariet Thomas MFPA (Mouth and Foot Painting Artist) Foot Artist & Graphic Designer India
<b>Date</b>	10/12/2021
<b>Time</b>	10.00 AM- 11.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 12
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam

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## Womaniya- International Day of Persons with Disabilities, 2021

### Programme Report

The Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam observed International Day of Persons with Disabilities in the title 'Womaniya, 2021' on 10<sup>th</sup> December 2021 from 10.00 AM to 11.00 AM at the college multipurpose hall. The programme was coordinated by the Women Cell members under the guidance of Faculty Coordinators, Dr. Smitha Jose, Assistant Professor in Education and Ms. Dinimol Jacob, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The Chief-Guest for the day was Ms. Jilumol Mariet Thomas, MFPA (Mouth and Foot Painting Artist) Foot Artist & Graphic Designer. The first year B Ed student teachers (2021-2023 batch) and faculty members were the beneficiaries of the programme.

The observatory programme, 'Womaniya- International Day of Persons with Disabilities, 2021' started exactly at 10.00 AM at the college multipurpose hall. The programme started with a prayer. Ms. Anu P Thomas, student teacher from Physical Science optional performed emcee for the entire programme. Ms. Anu P Thomas did also delivered the welcome speech for the programme through which she warmly welcomed all of the participants to the programme. The welcome speech was followed by an introductory presentation on the need and importance of observing the International Day of Persons with Disabilities. The introductory presentation was carried out by Ms. Krishnapriya K and Ms. Mereena Joy, student teachers from Social Science optional. The presentation was really informative and it covered the importance and relevance of the day. The major purpose of observing International Day of Persons with Disabilities is to raise awareness regarding disability issues as well as organize support for the rights, dignity and general welfare of persons with disabilities. The day intends to advance the rights and welfare of people with disabilities in all facets of the society. Observing the day helps people raise awareness and become more empathetic, sensitive and cognizant of the difficulties posed by having impairments or disabilities. It is also an attempt to inspire persons with disabilities to come forward on to the mainstream and an attempt to equip the society to accept persons with disabilities and to encourage their inclusion in all spheres of society. The presentation by the student teachers also covered the major welfare measures and challenges for persons with disabilities in the society. Even though, many changes have come in order to ease the lives of people having disabilities, still there is a long way to go. In terms of infrastructural facilities,

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transportation, educational institutions, healthcare institutions and other public institutions have undergone several structural modifications focusing on disability friendly environment. In all of the transportation modes including airways, roadways and waterways, disability friendly rails are there to step in the vehicle but many of the local buses and other vehicles have no such facilities which would be a hindrance for persons with disabilities. Many educational institutions are currently disability friendly with ramps, lifts and disabled friendly toilets etc. Even though, many a colleges have all of the proper facilities for persons with disabilities, there are still a lot more educational institutions which lack proper facilities. However, the state and central government are providing several welfare schemes and measures for the wellbeing of persons with disabilities. The presentation was succeeded by the motivation talk on life experiences by the chief guest for the day, Ms. Jilumol Mariet Thomas. Despite her disabilities from birth, Ms. Jilumol Mariet Thomas remains an achiever of her dreams in life. Nothing has stopped her from being an achiever, influencer and motivator for every other individuals in the society. Ms. Jilumol Mariet Thomas motivated all of the participant of the event through her speech. She explained how she trained herself in doing her chores for her daily life functioning and how she chased her dreams. Riding a car was one of her childhood dreams, despite the fact that she has been born without hands. Through her practice and sincere efforts, today she has become a well-known influencer and an inspiring being for others as she is an artist, a YouTuber and a graphic designer. As per reports, she has become the first Women in Asia to receive a driving license despite being born without hands. Ms. Jilumol Mariet Thomas enunciated how she had come out of her comfort zone and expressed she really wish people like her to come forward and follow their dreams. After the motivational talk by the resource person, the vote of thanks for the programme was delivered by Ms. Amala Antony, student teacher from English optional. The entire programme winded up at 11.00 AM.

The entire programme, 'Womaniya- International Day of Persons with Disabilities, 2021' was really informative and motivational for all of the participants. The programme turned out to be successful in achieving its major objectives. The programme could motivate and encourage student teachers to come out of their shells and achieve their goals and dreams. The motivational talk by Ms. Jilumol Mariet Thomas was very much encouraging and enlightening for the student teachers. She could motivate and convey the message that everyone should explore beyond their limitations. Overall, the programme was beneficial and fruitful.

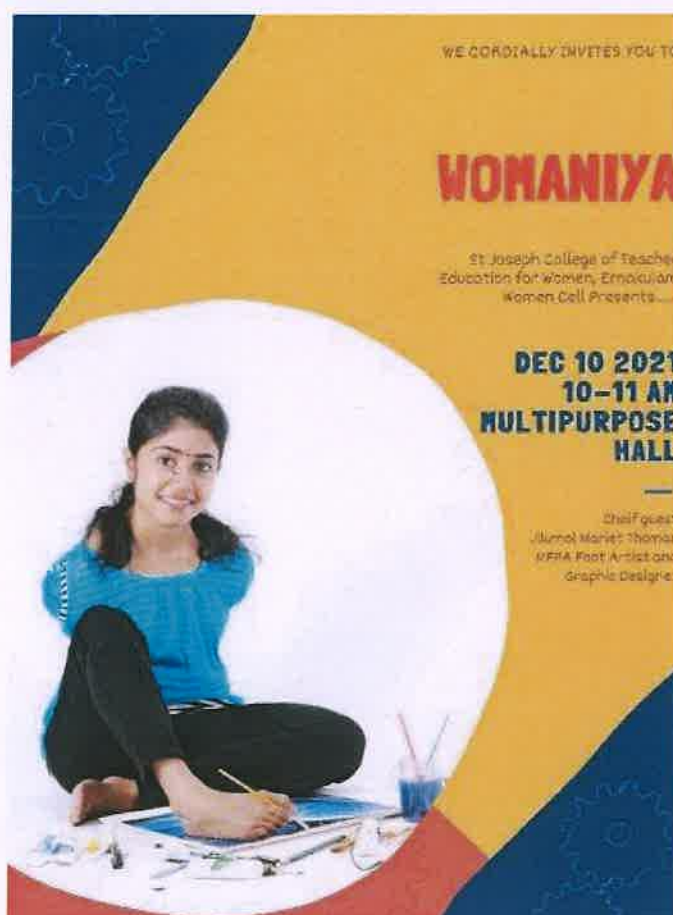
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## Womaniya- International Day of Persons with Disabilities, 2021

### Photo Gallery



**Event Poster for the programme, 'Womaniya - International Day of Persons with Disabilities, 2021' conducted by the Women Cell of St. Joseph College of Teacher Education for Women, Ernakulam**

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**Womaniya- International Day of Persons with Disabilities, 2021****Programme Details**

<b>Name of the Event</b>	Womaniya- International Day of Persons with Disabilities, 2021
<b>Date</b>	10/12/2021
<b>Time</b>	10.00 AM- 11.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 98, Faculty- 12
<b>Event Venue</b>	Multipurpose Hall St. Joseph College of Teacher Education for Women, Ernakulam.

**List of Participants**

Faculty members list:

Sl.No.	Name of The Faculty	Designation
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor (Education)
3	Ms. Dinimol Jacob	Assistant Professor (Natural Science Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
6	Dr. Betty P.J	Assistant Professor (Mathematics Education)
7	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
8	Dr. Rachel George M	Assistant Professor (Natural Science Education)
9	Dr. Sicily A.A	Assistant Professor (Malayalam Education)
10	Dr. Soya Mathew	Assistant Professor (Education)
11	Dr. Marin Jose	Assistant Professor (English Education)
12	Dr. Siji John	Assistant Professor (Social Science Education)

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Students list:

Sl. No	Name	Batch
1	Amala Antony	2021-2023 Batch (B Ed. English)
2	Anna Roshni Varghese	2021-2023 Batch (B Ed. English)
3	Deepa P S	2021-2023 Batch (B Ed. English)
4	Devika Venugopal	2021-2023 Batch (B Ed. English)
5	Divya Radhakrishnan	2021-2023 Batch (B Ed. English)
6	F. Merline Rodrigues	2021-2023 Batch (B Ed. English)
7	Gurumahima M V	2021-2023 Batch (B Ed. English)
8	Harsha Theresa Thomas	2021-2023 Batch (B Ed. English)
9	K A Rabia	2021-2023 Batch (B Ed. English)
10	Leatitia Joshy	2021-2023 Batch (B Ed. English)
11	Linet John	2021-2023 Batch (B Ed. English)
12	Meera Joy (Blind)	2021-2023 Batch (B Ed. English)
13	Merize Ben Alias	2021-2023 Batch (B Ed. English)
14	Pratibha S	2021-2023 Batch (B Ed. English)
15	Sandra Joy	2021-2023 Batch (B Ed. English)
16	Santhi M S	2021-2023 Batch (B Ed. English)
17	Veena C V	2021-2023 Batch (B Ed. English)
18	Aleena Antony	2021-2023 Batch (B Ed. Malayalam)
19	Anaswara. P S	2021-2023 Batch (B Ed. Malayalam)
20	Ance Baby	2021-2023 Batch (B Ed. Malayalam)
21	Divya Rajan	2021-2023 Batch (B Ed. Malayalam)
22	Jayalakshmi Jayakumar	2021-2023 Batch (B Ed. Malayalam)
23	Jobitha Joy	2021-2023 Batch (B Ed. Malayalam)
24	Liya Baby	2021-2023 Batch (B Ed. Malayalam)

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Sl. No	Name	Batch
25	Mary Amala R.	2021-2023 Batch (B Ed. Malayalam)
26	Nitha Alfred	2021-2023 Batch (B Ed. Malayalam)
27	Pranaya P M	2021-2023 Batch (B Ed. Malayalam)
28	Anisha T	2021-2023 Batch (B Ed. Malayalam)
29	Riya Sabu	2021-2023 Batch (B Ed. Malayalam)
30	Shilpa K	2021-2023 Batch (B Ed. Malayalam)
31	Sneha M M	2021-2023 Batch (B Ed. Malayalam)
32	Sreelakshmi K A	2021-2023 Batch (B Ed. Malayalam)
33	Teena Vincent	2021-2023 Batch (B Ed. Malayalam)
34	Akshaya Shaju	2021-2023 Batch (B Ed. Mathematics)
35	Anuja J Nair	2021-2023 Batch (B Ed. Mathematics)
36	Arya K Surendran	2021-2023 Batch (B Ed. Mathematics)
37	Aswathi B A	2021-2023 Batch (B Ed. Mathematics)
38	Freeda K F	2021-2023 Batch (B Ed. Mathematics)
39	Jinu Joseph	2021-2023 Batch (B Ed. Mathematics)
40	Jomol Babu	2021-2023 Batch (B Ed. Mathematics)
41	Lekshmipriya T S	2021-2023 Batch (B Ed. Mathematics)
42	Mariya Jessneela	2021-2023 Batch (B Ed. Mathematics)
43	Melissa Xavier	2021-2023 Batch (B Ed. Mathematics)
44	Parvathy M	2021-2023 Batch (B Ed. Mathematics)
45	Reshma Francis	2021-2023 Batch (B Ed. Mathematics)
46	Rose Maria John	2021-2023 Batch (B Ed. Mathematics)
47	Rosy Roy	2021-2023 Batch (B Ed. Mathematics)
48	Sona Paul	2021-2023 Batch (B Ed. Mathematics)
49	Sreeja Sreenivasan	2021-2023 Batch (B Ed. Mathematics)

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Ernakulam



Sl. No	Name	Batch
50	Agatha Cyriac	2021-2023 Batch (B Ed. Physical Science)
51	Agiya Cosmos M C	2021-2023 Batch (B Ed. Physical Science)
52	Akshaya K S	2021-2023 Batch (B Ed. Physical Science)
53	Alida Saiju	2021-2023 Batch (B Ed. Physical Science)
54	Anila Shaju	2021-2023 Batch (B Ed. Physical Science)
55	Anu P.Thomas	2021-2023 Batch (B Ed. Physical Science)
56	Aparna S	2021-2023 Batch (B Ed. Physical Science)
57	Fathimathuzuhra	2021-2023 Batch (B Ed. Physical Science)
58	Jesna George	2021-2023 Batch (B Ed. Physical Science)
59	Mariya Das	2021-2023 Batch (B Ed. Physical Science)
60	Neethu J A	2021-2023 Batch (B Ed. Physical Science)
61	Raveena K Ramesh	2021-2023 Batch (B Ed. Physical Science)
62	Roshna Rahim	2021-2023 Batch (B Ed. Physical Science)
63	Vandana S	2021-2023 Batch (B Ed. Physical Science)
64	Vinny Pappachan	2021-2023 Batch (B Ed. Physical Science)
65	Akhitha Sebastian	2021-2023 Batch (B Ed. Natural Science)
66	Allan Francis	2021-2023 Batch (B Ed. Natural Science)
67	Angitha Ramachandran	2021-2023 Batch (B Ed. Natural Science)
68	Anita Abraham	2021-2023 Batch (B Ed. Natural Science)
69	Caren Grace	2021-2023 Batch (B Ed. Natural Science)
70	Dilhana Hussain	2021-2023 Batch (B Ed. Natural Science)
71	Jeshma Das V S	2021-2023 Batch (B Ed. Natural Science)
72	Keerthana M S	2021-2023 Batch (B Ed. Natural Science)
73	Meera Susan Kurian	2021-2023 Batch (B Ed. Natural Science)
74	Merin Shajan	2021-2023 Batch (B Ed. Natural Science)

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Sl. No	Name	Batch
75	Pooja Maria Jacob	2021-2023 Batch (B Ed. Natural Science)
76	Ranjima V	2021-2023 Batch (B Ed. Natural Science)
77	Saniya Simon	2021-2023 Batch (B Ed. Natural Science)
78	Shalini P S	2021-2023 Batch (B Ed. Natural Science)
79	Shimna K	2021-2023 Batch (B Ed. Natural Science)
80	Theresa Thankachan	2021-2023 Batch (B Ed. Natural Science)
81	Vyshnavi N Sharma	2021-2023 Batch (B Ed. Natural Science)
82	Akshitha Bhaskaran	2021-2023 Batch (B Ed. Social Science)
83	Anagha T	2021-2023 Batch (B Ed. Social Science)
84	Ancy Abraham	2021-2023 Batch (B Ed. Social Science)
85	Anjaly A C	2021-2023 Batch (B Ed. Social Science)
86	Anupama Sreedhar	2021-2023 Batch (B Ed. Social Science)
87	Celene Paul	2021-2023 Batch (B Ed. Social Science)
88	Divyamol P D	2021-2023 Batch (B Ed. Social Science)
89	Dona K Jose	2021-2023 Batch (B Ed. Social Science)
90	Krishnapriya K	2021-2023 Batch (B Ed. Social Science)
91	Mary Rinu K F	2021-2023 Batch (B Ed. Social Science)
92	Mereena Joy	2021-2023 Batch (B Ed. Social Science)
93	Minu Joy	2021-2023 Batch (B Ed. Social Science)
94	Regina Teena Dcosta	2021-2023 Batch (B Ed. Social Science)
95	Riya Davis	2021-2023 Batch (B Ed. Social Science)
96	Rose Mary Paul	2021-2023 Batch (B Ed. Social Science)
97	Thasni M B	2021-2023 Batch (B Ed. Social Science)
98	Varsha K V	2021-2023 Batch (B Ed. Social Science)

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2020 - 2021





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Webinar on 'Addiction to Life, Not to Drugs', 2020

<b>Name of the Event</b>	'Addiction to Life, Not to Drugs', 2020
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To spread social awareness regarding the harmful use of drugs</li> <li>2. To prevent students from using a variety of drugs including legal and illegal ones</li> <li>3. To help students get equipped with knowledge which will help them prevent drug abuse in their community</li> </ol>
<b>Details of event coordinators</b>	Anti-narcotic club St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Shri. K. Ganeshan Resource person, 'Vimukthi', Excise Department, Ponnani
<b>Date</b>	26/06/2020
<b>Time</b>	7.00 PM to 8.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers (St. Joseph College of Teacher Education for Women, Ernakulam)- 60, Faculty(St. Joseph College of Teacher Education for Women, Ernakulam)- 3, student teachers (from other educational Institutions)- 37
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hut-soyw-wum">https://meet.google.com/hut-soyw-wum</a>

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 Principal in Charge  
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## Webinar on 'Addiction to Life, Not to Drugs', 2020

### Programme Report

The Anti-Narcotic club of St Joseph College of Teacher Education for Women, Ernakulam under their initiative 'Jagaran', conducted a webinar on 'Addiction to Life, Not to Drugs' on 26<sup>th</sup> June 2020 from 7.00 PM to 8.30 PM, as part of observing the International Day against Drug Abuse and Illicit Trafficking. The resource person for the webinar was Shri. K Ganeshan, resource person associated with 'Vimukthi' mission, Excise department, Ponnani. The welcome address for the programme was given by Dr. Alice Joseph, the Principal of St Joseph College of Teacher Education for Women. The programme was coordinated by Mrs. Smitha Jose, assistant professor and Ms. Anju P Tomy, Anti-Narcotic club member at St Joseph College of Teacher Education for Women. The Anti-Narcotic club members, Ms. Naina N. T, Ms. M. Renuka and Ms. Salma Shereef were also the coordinators of the one day webinar programme. The webinar was attended by a total of 100 participants who included representatives from different colleges, including, School of Pedagogical Sciences, Kannur University; College of Teacher Education, Muvattupuzha; St. Thomas College of Teacher Education, Pala along with student teachers from St Joseph College of Teacher Education for Women, Ernakulam. The session was conducted via Google meet, an online platform. The whole session turned out to be informative.

#### Content of the webinar:

- ✚ Evil effects of drugs and motivational session for students in preventing drug abuse
- ✚ Impact of drug abuse on individuals and society at large
- ✚ Real life experiences

Shri. K Ganeshan, being a resource person associated with 'Vimukthi' (Anti-Narcotics campaign launched by the Government of Kerala to create awareness among the people especially youth and aims at eradicating all sorts of narcotic drugs from Kerala), shared real life experiences regarding drug abuse which he had encountered in his work life which were real eye openers for the students. The resource person also provided the students with knowledge eliciting information regarding the evil effects of drugs and the impact of drug and its abuse on individuals, families and society at large. The negative consequences of drug abuse not only affects the individuals who abuse drugs, but also their families and friends and the society in which they live in. The detrimental consequences of drug abuse can

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be mild to severe and can be both physical and mental. Drugs can affect a person's mind and body and can cause impairments in an individuals' personal, occupational, marital and other important areas of functioning. When an individual's functioning is impaired, it leads to reduced productivity and thereby negatively affecting the nation's economy and health status. The resource person actively encouraged the students to pursue their ambitions and embrace life rather than drugs while encouraging them to abstain from drugs to have a brighter future and lead a successful and fuller life.

The online webinar on 'Addiction to Life, Not to Drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking helped the student teachers to have following key take aways:

- ✚ Knowledge regarding drugs and its ill effects
- ✚ Increased prevention-related drug knowledge and resistance skills
- ✚ Sensitization on drug abuse and equipping students to prevent substance in their own community
- ✚ Importance of leading a drug free life and to have a brighter and successful future

The webinar winded up at 8.30 pm with the vote of thanks proposed by Ms. Granes P Joshy, one of the Anti-Narcotics club Members at St Joseph College of Teacher Education for Women, Ernakulam.

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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## Webinar on 'Addiction to Life, Not to Drugs', 2020

### Photo Gallery

**JAGARAN (ANTI-NARCOTIC CLUB)**

ANTI-NARCOTIC CLUB OF ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM is organizing a Webinar on **"ADDICTION TO LIFE, NOT TO DRUGS"**

**Resource Person**

Date - 26/06/2020  
7.00 PM - 8.30 PM

**Shri. K. Ganeshan**  
"VIMUKTHI" Resource Person  
Excise Department, Ponnani

Welcome Address: **Dr. Sr. Alice Joseph**, Principal  
Program Co-ordinator & Co-Host: **Mrs. Smitha Jose**, Assistant Professor, Teacher-in-charge  
Program Host: **Ms. Anju P. Tomy**, Club Member  
Vote of Thanks: **Ms. Gracies P. Joshy**, Club Member

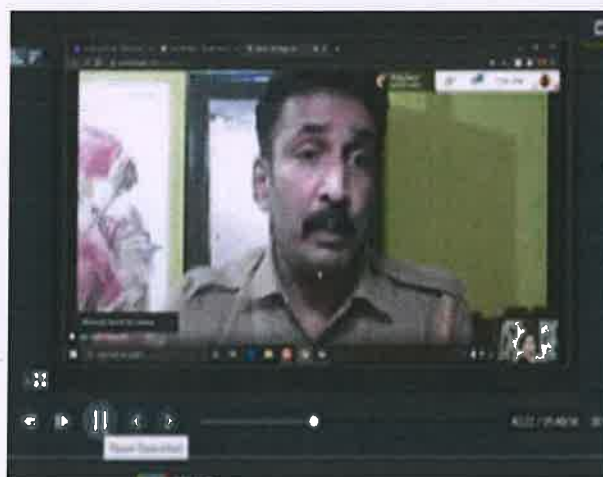
**PROGRAM CO-ORDINATORS**

**Ms. Naina N. T.**, Club Leader  
**Ms. M. Renuka**, Club Member  
**Ms. Salma Sherief**, Club Member

For more details contact:  
94494 21362, 77368 25671  
90880 82571  
stjosephclublife@gmail.com

Join us on Google Meet

For Registration:  
<https://docs.google.com/forms/d/1SBakROnFmKokT068forbT17eZnF49CHT17aR46E/edit?pli=1>



Brochure for the webinar on 'Addiction to life, not to drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking, 2020 by St. Joseph College of Teacher Education for Women, Ernakulam

Shri. K Ganeshan resource person associated with 'Vimukthi' mission, Excise department, Ponnani carrying out the webinar session on 'Addiction to life, not to drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking, 2020 by St. Joseph College of Teacher Education for Women, Ernakulam

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Education for Women,  
Ernakulam



## Webinar on 'Addiction to Life, Not to Drugs', 2020

### Programme Details

<b>Name of the Event</b>	Webinar on 'Addiction to Life, Not to Drugs', 2020
<b>Date</b>	26/06/2020
<b>Time</b>	7.00 PM to 8.30 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers (St. Joseph College of Teacher Education for Women, Ernakulam)- 60, Faculty(St. Joseph College of Teacher Education for Women, Ernakulam)- 3, student teachers (from other educational Institutions)- 37
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hut-soyw-wum">https://meet.google.com/hut-soyw-wum</a>

### List of Participants

#### Faculty members' list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)

#### Students' list:

Sl. No	Name	Batch
1	Amrutha S V	2019-2021 batch (B Ed. Social Science)
2	Anjaly M B	2019-2021 batch (B Ed. Social Science)
3	Anjana K M	2019-2021 batch (B Ed. Social Science)
4	Anju P Tomy	2019-2021 batch (B Ed. Social Science)



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5	Annaet O J	2019-2021 batch (B Ed. Social Science)
6	Aswathy Peter	2019-2021 batch (B Ed. Social Science)
7	Bilby Babu	2019-2021 batch (B Ed. Social Science)
8	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
9	Dona Garvasis	2019-2021 batch (B Ed. Social Science)
10	Faseela U S	2019-2021 batch (B Ed. Social Science)
11	Fousiya K N	2019-2021 batch (B Ed. Social Science)
12	Gopika Rajagopal	2019-2021 batch (B Ed. Social Science)
13	Granes P Joshy	2019-2021 batch (B Ed. Social Science)
14	Lincy B J	2019-2021 batch (B Ed. Social Science)
15	M Renuka	2019-2021 batch (B Ed. Social Science)
16	Naina N T	2019-2021 batch (B Ed. Social Science)
17	Salma Shereef	2019-2021 batch (B Ed. Social Science)
18	Sujitha Jose	2019-2021 batch (B Ed. Social Science)
19	Amala Anna Thomas	2019-2021 batch (B Ed. English)
20	Amreetha S James	2019-2021 batch (B Ed. English)
21	Annu Jose	2019-2021 batch (B Ed. English)
22	Anu Thomas	2019-2021 batch (B Ed. English)
23	Anusree Venu	2019-2021 batch (B Ed. English)
24	Devika S	2019-2021 batch (B Ed. English)
25	Hridya Joly	2019-2021 batch (B Ed. English)
26	Jefin Job	2019-2021 batch (B Ed. English)
27	Jyothis K Devasia	2019-2021 batch (B Ed. English)
28	Keerthana Krishnan	2019-2021 batch (B Ed. English)
29	Nandita B Shenoy	2019-2021 batch (B Ed. English)
30	Neethu Peter	2019-2021 batch (B Ed. English)



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31	Preetha T P (Blind)	2019-2021 batch (B Ed. English)
32	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
33	Sandra P K	2019-2021 batch (B Ed. English)
34	Sara Stephen	2019-2021 batch (B Ed. English)
35	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
36	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
37	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
38	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
39	Christy P P	2019-2021 batch (B Ed. Natural Science)
40	Deepthi George	2019-2021 batch (B Ed. Natural Science)
41	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
42	Gretta James	2019-2021 batch (B Ed. Natural Science)
43	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
44	Mary Rilul Arooja	2019-2021 batch (B Ed. Natural Science)
45	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
46	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
47	Reshma P P	2019-2021 batch (B Ed. Natural Science)
48	Dhanalekshmi T D	2019-2021 batch (B Ed. Social Science)
49	Greshma Rose	2019-2021 batch (B Ed. Social Science)
50	Jaimol O B	2019-2021 batch (B Ed. Social Science)
51	Kavya .K.M	2018-2020 batch (B Ed. Social Science)
52	Maria Carmel M.F	2018-2020 batch (B Ed. Social Science)
53	Najuma K.S	2018-2020 batch (B Ed. Social Science)
54	Nimisha P U	2018-2020 batch (B Ed. Social Science)
55	Nimmi M D	2018-2020 batch (B Ed. Social Science)
56	Praveena.K.P	2018-2020 batch (B Ed. Social Science)



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57	Saniya Rose K M	2018-2020 batch (B Ed. Social Science)
58	Sayana Ramachandran E	2018-2020 batch (B Ed. Social Science)
59	Shahana P S	2018-2020 batch (B Ed. Social Science)
60	Sibil Prasad	2018-2020 batch (B Ed. Social Science)

List of other education institutions participated:

SL.NO.	NAME OF THE INSTITUTION	TOTAL NUMBER OF STUDENTS PARTICIPATED
1	School of Pedagogical Sciences, Kannur University	37
2	College of Teacher Education, Muvattupuzha	
3	St. Thomas College of Teacher Education, Pala	

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ONLINE WORKSHOP - 'PREPARATION OF TEACHING AIDS', 2020

<b>Name of the Event</b>	Online Workshop - 'Preparation Of Teaching Aids', 2020
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To equip student teachers with knowledge and skills to execute teaching activities and strategies</li> <li>2. To build aptitude, motivation and interest among the student teachers</li> <li>3. To help student teachers gain knowledge in technological advancements and in using online platforms for teaching during the pandemic phase</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Hemaletha P.K Assistant Professor (Social Science Education) St. Joseph College of Teacher Education for Women, Ernakulam</p> <p>Ms. Siji John Assistant Professor (Social Science education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	30/06/2020
<b>Time</b>	11.30 PM- 1.30 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 18
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/woy-mpar-czx">https://meet.google.com/woy-mpar-czx</a>

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## Programme Report

An online workshop on 'Preparation of Teaching Aids' was conducted for B Ed. student teachers (2019-2021 batch) of Social Science Optional at St. Joseph College of Teacher Education for Women, Ernakulam on 30<sup>th</sup> June 2020 from 12.30 PM to 1.30 PM via Google Meet. The workshop was conducted online due to the Covid-19 pandemic. The workshop was organized and coordinated by Dr. Hemaletha P.K and Ms. Siji John, faculty members of Social Science optional at St. Joseph College of Teacher Education for Women, Ernakulam. Assistant Professors, Dr. Hemaletha P.K and Ms. Siji John were also the resource persons for the workshop. The workshop was conducted with an aim to equip student teachers with adequate knowledge and skills to execute teaching activities and strategies and to enhance their aptitude and motivation. All the student teachers of Social Science optional took part in the workshop.

Before the workshop on 'Preparation of Teaching Aids' was commenced on 30th June 2020, the B Ed. Student teachers (2019-2021 batch) of Social Science Optional were informed with the details of the workshop earlier via online platforms like Gmail and Google Classroom. The workshop was based on the preparation of improvised teaching aids required for the practical work during the third semester of the B Ed. programme. The improvised teaching aids include the preparation of two improvised or innovative charts and two teaching models, a still model and a working model. Student teachers were instructed to prepare the aids individually so that they can use it for teaching school students during their third semester internship or practical work. Students were instructed to have a precise plan and were strictly reminded to avoid repetitions of topics being selected by them. Student teachers carefully planned the selection of their topics for the preparation of teaching aids. The details regarding the practical work of the third semester was provided to the students via Google classroom and was given a deadline to submit their work on 15<sup>th</sup> July 2020.

On 30<sup>th</sup> June 2020, the workshop started exactly at 11.30 AM with an introduction regarding the workshop by Ms. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam via Google Meet. The entire workshop was conducted online due to the denial of physical access to educational institutions during the phase of Covid-19 pandemic. A comprehensive detailing on the preparation of teaching aids and report writing has been discussed with student teachers prior to the beginning of the workshop. After the introductory session, Dr. Hemaletha P.K,

Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam



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for Women, Ernakulam gave instructions for the workshop, enunciated the importance of teaching aids in classroom as well as online teaching, the peculiarities and significance of improvised teaching aids to the student teachers. After the session by Dr. Hemalettha P.K, the presentations of student teachers started at 12.30 PM. The first presentation was carried out by the student teacher, Ms. Renuka. The presentation discussed about innovative chart. Self-prepared PowerPoint slides were presented by the student teacher in a clear and comprehensive way. The topic chosen by Ms. M Renuka for improvised chart was 'Boston Tea Party', which was about the political protest occurred on 1977 in Boston in Massachusetts. Ms. Renuka managed to explain the innovative representation of the content matter in the chart clearly and was appreciated for the same by the faculty members in charge. The first presentation came to an end by 12.45 PM. The second presentation was carried out by Ms. Dona Garvasis. Ms. Dona Garvasis explained her idea of innovative chart on the topic 'Kerala flood, 2018' which would benefit in teaching the chapter in Social Science subject, 'Flood 2018' which has been included in the syllabus of Class 8 recently. The innovative idea presented by Ms. Dona Garvasis was appreciated by the teacher educator, Dr. Hemalettha P.K. The presentation winded up at 12.49 PM.

The third presentation was carried out by Ms. Salma Shereef. Ms. Salma Shereef worked with still model of improvised teaching aid. The PowerPoint slides presented by Ms. Salma Shereef was well structured and it covered information regarding still model, its features and uses. The topic selected by Ms. Salma Shereef was water cycle and the presentation winded up at 12.57 PM. In between the next presentation, one of the student teachers clarified doubts regarding their topic of preparing teaching aid. Ms. Anju Tomy discussed about her still model aid on the topic, 'Ancient Indian Pottery' with the teacher educator. After the doubt clarification, student teacher, Ms. Naina N.T carried out her presentation. The presentation was based on the working model of teaching aid. Ms. Naina N.T explained the features of the working model and about the topic which she has selected which was 'Earthquake Alarm'. The student teacher made use of waste materials to prepare earthquake alarm, the process which she explained clearly during the presentation. Ms. Naina N.T also briefly explained about the history of development of earthquake alarm, its functioning and significance. The presentation winded up at 1.05 PM. The final presentation was made by Ms. Lincy B.J on still model. The topic selected by her for the model was 'Layers of Earth'. Ms. Lincy B.J focused on preparing the entire model with the use of waste materials in an eco-friendly manner. The presentation winded up at 1.10 PM. All of the



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student teachers clarified their doubts regarding the teaching aids and all received great appreciation from the teacher educators for choosing innovative and creative topics. After the presentations and doubt clarifying session, the teacher educators asked the student teachers to present their work under progress through the web camera via Google Meet. All student teachers exhibited their work under progression.

The online workshop on 'Preparation of Teaching Aids' was fruitful and successful in accomplishing its objectives. The student teachers active involvement and the teacher educators' guidance made the workshop more successful and productive. The entire workshop provided the student teachers the value and importance of gaining knowledge in technological advancements and in using various online platforms for teaching especially during the pandemic phases like Covid-19 that shut downs the opportunities of physical teaching and learning. With the wholehearted support and guidance provided by the faculty members of Social Science Optional, Dr. Hemaletta P.K and Ms. Siji John, the entire workshop turned out to be effective and beneficial for the student teachers. With lots of innovative learning, the workshop winded up at 1.30 PM.



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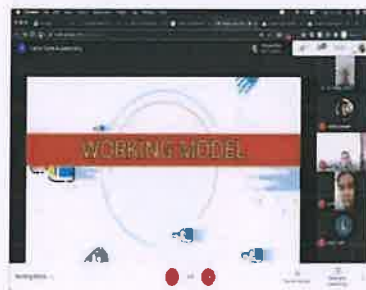
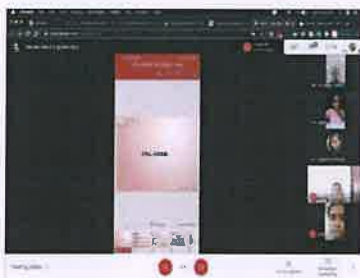
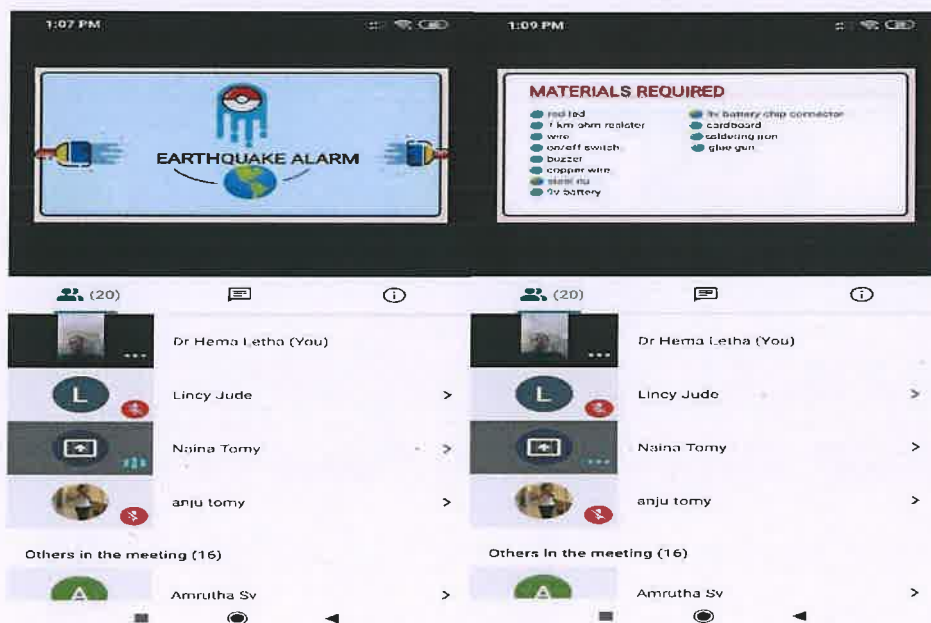
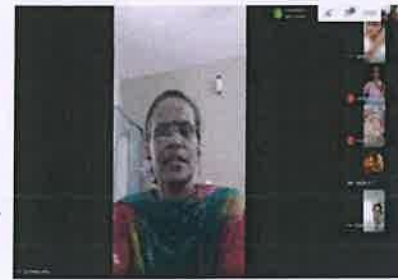






## Online Workshop - 'Preparation of Teaching Aids', 2020

### Photo Gallery



Snippets from the Online Workshop on 'Preparation of Teaching Aids', 2020 conducted for B Ed. Student teachers (2019-2021 batch) of Social Science optional by St. Joseph College of Teacher Education for Women, Ernakulam



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## Online Workshop - 'Preparation of Teaching Aids', 2020

### Programme Details

<b>Name of the Event</b>	Online Workshop - 'Preparation Of Teaching Aids', 2020
<b>Date</b>	30/06/2020
<b>Time</b>	11.30 PM- 1.30 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 18
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/woy-mpar-czx">https://meet.google.com/woy-mpar-czx</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
2	Ms. Siji John	Assistant Professor (Social Science Education)

Students list:

Sl. No	Name	Batch
1	Amrutha S V	2019-2021 batch (B Ed. Social Science)
2	Anjaly M B	2019-2021 batch (B Ed. Social Science)
3	Anjana K M	2019-2021 batch (B Ed. Social Science)
4	Anju P Tomy	2019-2021 batch (B Ed. Social Science)
5	Annaet O J	2019-2021 batch (B Ed. Social Science)
6	Aswathy Peter	2019-2021 batch (B Ed. Social Science)
7	Bilby Babu	2019-2021 batch (B Ed. Social Science)
8	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
9	Dona Garvavis	2019-2021 batch (B Ed. Social Science)



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 Principal in Charge  
 St. Joseph College of Teacher  
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 Ernakulam

10	Faseela U S	2019-2021 batch (B Ed. Social Science)
11	Fousiya K N	2019-2021 batch (B Ed. Social Science)
12	Gopika Rajagopal	2019-2021 batch (B Ed. Social Science)
13	Granes P Joshy	2019-2021 batch (B Ed. Social Science)
14	Lincy B J	2019-2021 batch (B Ed. Social Science)
15	M Renuka	2019-2021 batch (B Ed. Social Science)
16	Naina N T	2019-2021 batch (B Ed. Social Science)
17	Salma Shereef	2019-2021 batch (B Ed. Social Science)
18	Sujitha Jose	2019-2021 batch (B Ed. Social Science)

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## REPORT ON WORLD POPULATION DAY 2020

The college observed World Population Day on July 9, 2020. The primary objective of the initiative was to bring attention to global population issues and underscore the importance of addressing them collectively. The college chose to mark the occasion by focusing on raising awareness and fostering a sense of responsibility, among the teacher trainees.

The events emphasized the significance of population-related issues and their impact on society. Various activities were organized to promote insightful discussions, interactive sessions, and an exchange of ideas among the participants.

The event was not merely a passive observation; rather, it actively involved the participants in discussions and activities aimed at deepening their understanding of population dynamics. The inclusion of both student teachers and faculty members reflected the college's commitment to inclusivity and collaborative learning.

Particular emphasis was placed on the role of education in creating awareness about population-related challenges and fostering a sense of responsibility among the youth. Feedback from the participants indicated a positive response to the event, with teacher trainees expressing appreciation for the informative sessions and the opportunity to actively participate in discussions. The success of the initiative was evident in the level of engagement, the quality of discourse, and the overall impact on the trainees.

The event succeeded in raising awareness but also created a platform for meaningful conversations and collaborative learning, contributing to the holistic development of teacher trainees.

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Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## 'Let's Go for a Sustainable World'- World Nature Conservation Day Programme, 2020

<b>Name of the Event</b>	'Let's Go for a Sustainable World'- World Nature Conservation Day Programme, 2020
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise the awareness of the value of natural resources and its conservation</li> <li>2. To promote environment friendly behavior among student teachers</li> <li>3. To create awareness among student teachers to utilize the resources in the environment effectively to meet their needs without compromising the needs of future generation</li> <li>4. To create awareness among student teachers to protect the environment and to stop it from deteriorating due to human activities</li> </ol>
<b>Details of Event Coordinators</b>	B Ed. Natural Science Optional St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Dr. Alice Joseph Principal, St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	28/07/2020
<b>Time</b>	3.00 PM- 4.00 PM
<b>Duration</b>	1 Hour
<b>Beneficiaries</b>	Student teachers-88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/qrv-xvsk-qby">https://meet.google.com/qrv-xvsk-qby</a>

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Principal in Charge  
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## Programme Report

The Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam observed World Nature Conservation day, 2020 with the theme 'Let's Go for a Sustainable World' on 28<sup>th</sup> July 2020 from 3.00 PM to 4.00 PM via online platform (Google Meet). The whole programme was organized by the students and faculty members of the Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam. A total of 100 participants including 88 student teachers and 12 faculty members participated in the world nature conservation day programme, 2020.

The online programme started at 3.00 PM via Google Meet. Ms. Mary Rilun Arooja, one among the students of Natural Science optional delivered the welcome speech for the programme. The resource person for the programme was Dr. Alice Joseph, Principal, St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph, being the key speaker for the programme, delivered the keynote address for the programme. She elucidated the importance of protecting and preserving Mother Nature especially in this era. Due to many manmade activities, the nature is subjected to high level of hazards and it is being destroyed ruthlessly for meeting the miscellaneous needs of man. It is important to conserve the nature to maintain an ecological balance which would eventually promote sustainable utilization of resources and ensures that the future generation have sufficient resources in the environment to meet their needs. Without nature, man cannot survive on his own. In order for human beings to survive on Earth, they require adequate and clean air to breathe, safe and clean water to drink, adequate food etc. It can only be ensured via the responsible utilization of resources and by conserving the nature. The keynote address was succeeded by a small presentation on nature conservation by Ms. Sithara Joshy and Ms. Reshma P. P, student teachers from Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam. The presentation covered the importance of observing world nature conservation day and the responsibility of every human being in conserving, protecting and sustainably managing the natural resources. An ecological balance is to be ensured by each individual to meet their needs without depleting the resources for the future generation. The presentation introduced various threats to nature such as climate, pollution, deforestation, explosive population growth and also remedial measures to protect the nature from harmful threats. With the presentation, the programme came to an end.



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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

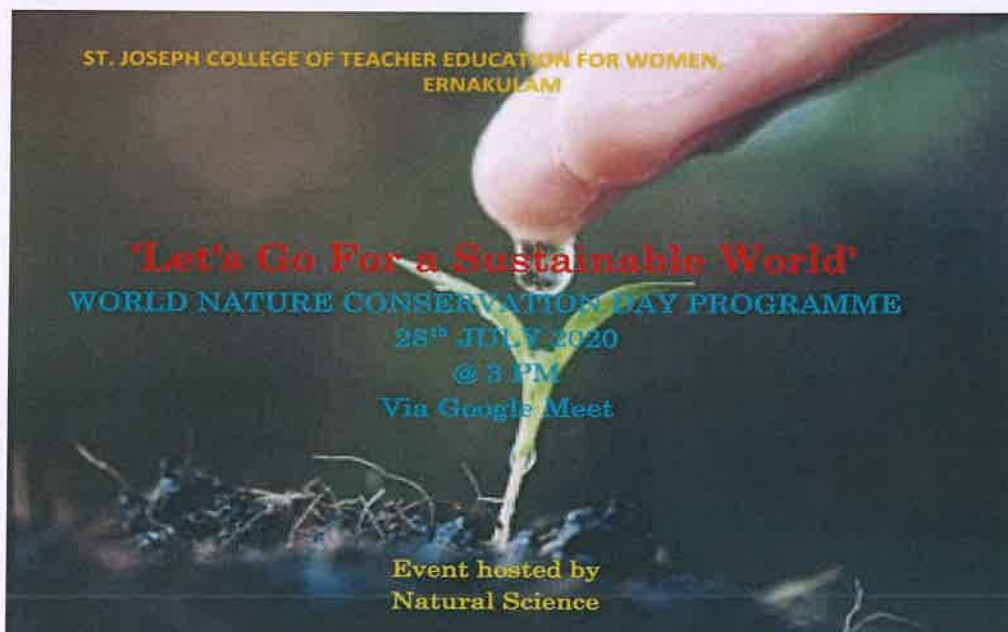




The whole programme was informative and beneficial for the student teachers. They could enhance their knowledge base and could improve responsible behavior in terms of protecting the environment in which they live in, in order to promote sustainability. The programme wound up at 4.00 P.M with the vote of thanks delivered by Ms. Swanila N.S, student teacher from the Natural Science optional of St. Joseph College of Teacher Education for Women, Ernakulam.

### 'Let's Go for a Sustainable World'- World Nature Conservation Day Programme, 2020

#### Photo Gallery



#### PROGRAMME SCHEDULE

Welcome speech  
Mary Rilu Arooja

Key Note Address & Activity Launch  
Sr. Alice Joseph ( Principal)

Presentation  
Sithara Joshy & Reshma P. P.

Vote of Thanks  
Swanila N. S.



Programme Link will be provided @ 2.40 P. M.

Brochure for World Nature Conservation Day programme 2020

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



**Let's Go for a Sustainable World'- World Nature Conservation Day Programme, 2020****Programme Details**

<b>Name of the Event</b>	'Let's Go for a Sustainable World'- World Nature Conservation Day Programme, 2020
<b>Date</b>	28/07/2020
<b>Time</b>	3.00 PM – 4.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 88, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/qrv-xvsk-qby">https://meet.google.com/qrv-xvsk-qby</a>

**List of Participants**

Faculty members list:

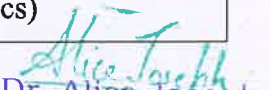
SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Rachel George	Associate Professor (Natural Science)
3	Dinimol Jacob	Assistant Professor (Natural Science)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Marin Jose	Assistant Professor (English Education)
6	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
7	Dr. Hemaletha P.K	Associate Professor (Social Science Education)
8	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
9	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
10	Siji John	Assistant Professor (Social Science Education)
11	Sicily A.A	Assistant Professor (Malayalam Education)
12	Soya Mathew	Assistant Professor (Education)

Students list:

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam 572

Sl. No	Name	Batch
1	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
2	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
3	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
4	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
5	Christy P P	2019-2021 batch (B Ed. Natural Science)
6	Deepthi George	2019-2021 batch (B Ed. Natural Science)
7	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
8	Greetta James	2019-2021 batch (B Ed. Natural Science)
9	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
10	Mary Rilun Arooja	2019-2021 batch (B Ed. Natural Science)
11	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
12	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
13	Reshma P P	2019-2021 batch (B Ed. Natural Science)
14	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
15	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
16	Sony George	2019-2021 batch (B Ed. Natural Science)
17	Swanila N S	2019-2021 batch (B Ed. Natural Science)
18	Amala Anna Thomas	2019-2021 batch (B Ed. English)
19	Amreetha S James	2019-2021 batch (B Ed. English)
20	Annu Jose	2019-2021 batch (B Ed. English)
21	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
22	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
23	Athira M.M	2019-2021 batch (B Ed. Malayalam)
24	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
25	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)



  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





26	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
27	Metty P J	2019-2021 batch (B Ed. Physical Science)
28	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
29	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
30	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
31	Granes P Joshy	2019-2021 batch (B Ed. Social science)
32	Lincy B.J	2019-2021 batch (B Ed. Social science)
33	Blessy Jacob	2019-2021 batch (B Ed. Social science)
34	Sujitha Jose	2019-2021 batch (B Ed. Social science)
35	Anu Thomas	2019-2021 batch (B Ed. English)
36	Anusree Venu	2019-2021 batch (B Ed. English)
37	Devika S	2019-2021 batch (B Ed. English)
38	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
39	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
40	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
41	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
42	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
43	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
44	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
45	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
46	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
47	Faseela U.S	2019-2021 batch (B Ed. Social science)
48	Fousiya K N	2019-2021 batch (B Ed. Social science)
49	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
50	Hridya Joly	2019-2021 batch (B Ed. English)
51	Jefin Job	2019-2021 batch (B Ed. English)



*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph's College of Teacher  
 Education for Women,  
 Ernakulam 57A



52	Jyothis K Devasia	2019-2021 batch (B Ed. English)
53	Preetha T P	2019-2021 batch (B Ed. English)
54	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
55	Sandhya Poulouse	2019-2021 batch (B Ed. Malayalam)
56	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
57	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
58	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
59	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
60	Ishida K B	2019-2021 batch (B Ed. Physical Science)
61	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
62	Bilby Babu	2019-2021 batch (B Ed. Social science)
63	M Renuka	2019-2021 batch (B Ed. Social science)
64	Naina N T	2019-2021 batch (B Ed. Social science)
65	Dona Garvasis	2019-2021 batch (B Ed. Social science)
66	Keerthana Krishnan	2019-2021 batch (B Ed. English)
67	Nandita B Shenoy	2019-2021 batch (B Ed. English)
68	Neethu Peter	2019-2021 batch (B Ed. English)
69	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
70	Shijila P N	2019-2021 batch (B Ed. Malayalam)
71	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
72	Anju George	2019-2021 batch (B Ed. Mathematics)
73	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
74	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
75	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
76	Christina Louis	2019-2021 batch (B Ed. Physical Science)
77	Deena Mathew	2019-2021 batch (B Ed. Physical Science)



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 Ernakulam



78	Anju P Tomy	2019-2021 batch (B Ed. Social science)
79	Annaet O J	2019-2021 batch (B Ed. Social science)
80	Aswathy Peter	2019-2021 batch (B Ed. Social science)
81	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
82	Sandra P K	2019-2021 batch (B Ed. English)
83	Sara Stephen	2019-2021 batch (B Ed. English)
84	Sisira S	2019-2021 batch (B Ed. Malayalam)
85	Vincy P V	2019-2021 batch (B Ed. Malayalam)
86	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
87	Amrutha S V	2019-2021 batch (B Ed. Social science)
88	Anjaly M B	2019-2021 batch (B Ed. Social science)

*Alice Joseph*

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Interactive session- 'Human Obsession with Social Networking and The Pain of being Violated', 2020

<b>Name of the Event</b>	Interactive session- 'Human Obsession with Social Networking and The Pain of being Violated', 2020
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers with directions to create and mould their future</li> <li>2. To instill ethical and moral principles and values among student teachers</li> <li>3. To help student teachers to understand the purpose of their lives and help them lead a meaningful and fuller life</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Josephine Joseph IQAC Coordinator &amp; Assistant Professor (Physical Science Education) St. Joseph College of Teacher Education for Women, Ernakulam</p> <p>Ms. Soya Mathew Assistant professor (Education) St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource person</b>	<p>Mr. Christopher Avelino Mendes Security Analyst Cyber Security and Threat Intelligence</p>
<b>Date</b>	30/07/2020
<b>Time</b>	9.30 AM – 11.45 AM
<b>Duration</b>	2 hours and 15 minutes
<b>Beneficiaries</b>	Student teachers- 95, Faculty- 3
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hut-soyw-wum">https://meet.google.com/hut-soyw-wum</a>

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## Interactive session- 'Human Obsession with Social Networking and The Pain of being Violated', 2020


### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized an interactive session on 'Human Obsession with Social Networking and The Pain of Being Violated' on 30<sup>th</sup> July 2020 from 9.30 AM to 11.45 AM via Google Meet. The session was organized as part of monthly online value education classes for the B Ed student teachers of St. Joseph College of Teacher Education for Women, Ernakulam. The interactive session was coordinated by Dr. Josephine Joseph, IQAC Coordinator and Assistant Professor in Physical Science Education and Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the session was Mr. Christopher Avelino Mendes, a Security Analyst in the field of Cyber Security and Threat Intelligence. A total of 98 participants took part in the webinar.

The interactive session started exactly at 9.30 AM via Google Meet with a silent prayer. The prayer was succeeded by the welcome address for the session. The welcome speech was delivered by Ms. Devika S, student teacher from English optional. Ms. Devika S warmly welcomed all of the participants to the event and gave a brief introduction about the resource person for the day. The welcome speech was followed by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated that the present topic 'Human Obsession with Social Networking and The Pain of Being Violated' for the interactive session was the need of the hour especially in this digital era. People are often becoming victims of various traps hidden in the digital world. Cybercrime rates are being elevated more than ever. Dr. Alice Joseph emphasized that students should be made aware of the threats relating to ineffective use of social media and they should be instilled with knowledge regarding media hygiene and equip them to use social media effectively. Thus, preventing the youth from becoming victims of cybercrimes.

After the presidential address, Mr. Christopher Avelino Mendes, the resource person for the interactive session, carried on with the session on 'Human Obsession with Social Networking and The Pain of Being Violated'. Mr. Christopher Avelino Mendes started the session by pointing out a few observations about human obsession with social networking and the pain of being violated. The webinar was an interactive one with visual presentation



  
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aid. The resource person carried out the session in such a way that the presentation and discussion took place simultaneously. During the session, Mr. Christopher Avelino Mendes reviewed few questions such as ‘what do you do on social networking sites and why?’, ‘What is the content of your posts, tweets, chats and messages?’, ‘Do you know who all are watching you?’ etc. These questions were reviewed so that the student teachers could reflect on their own usage of social media. Social media being an inevitable necessity especially in the present pandemic era of Covid-19, Mr. Christopher Avelino Mendes cautioned all of the student teachers to follow certain media hygiene measures like limiting the time spending on social media usage, keeping ones profile in private mode, avoiding sharing of highly personal information online etc. while communicating online. He enunciated that what an individual surfs on the internet mirrors their inner-selves. Therefore, one must exercise vigilance while surfing the internet. The session also covered the risks associated with the usage of social media which includes cyber bullying, identity theft, malware, hacking, scams, phishing attacks etc. The resource person also pointed out certain disadvantages of social media on an individual including addiction, media brain wash, frauds, psychological distress, privacy issues, profiling and so on. The resource person enunciated that media hygiene should be practiced by every individual for their own safety and he also explained about certain ways to practice media hygiene including self-control, consciously restricting time spent on the internet, seeking help when needed, reflecting upon how much information one shall share online and so on. Mr. Christopher Avelino Mendes suggested all of the participants of the webinar to think twice before posting online, clicking a link, opening an attachment, using pirated software, sharing date of birth and phone numbers etc. and also to be self-aware so as to be cautious about one’s online behavior for the better. After the session, student teachers raised their doubts regarding mobile number hacking of mail accounts; calls from unknown numbers; the issue of security with regard to personal information provided to authentic websites; the risks of one’s webcam being hacked; the safety associated with incognito browsers etc. The doubts were clarified by the resource person effectively.

The interactive session on ‘Human Obsession with Social Networking and The Pain of Being Violated’ conducted as part of the monthly online value education classes turned out to be successful in achieving its objectives. The session could enhance the knowledge and skills of the student teachers. It could equip them with adequate knowledge and skills to practice media hygiene and to effectively use social media. The session wined up at 11.45



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AM with the vote of thanks delivered by Ms. Anusree Venu, student teacher from English optional.

*Alice Joseph*

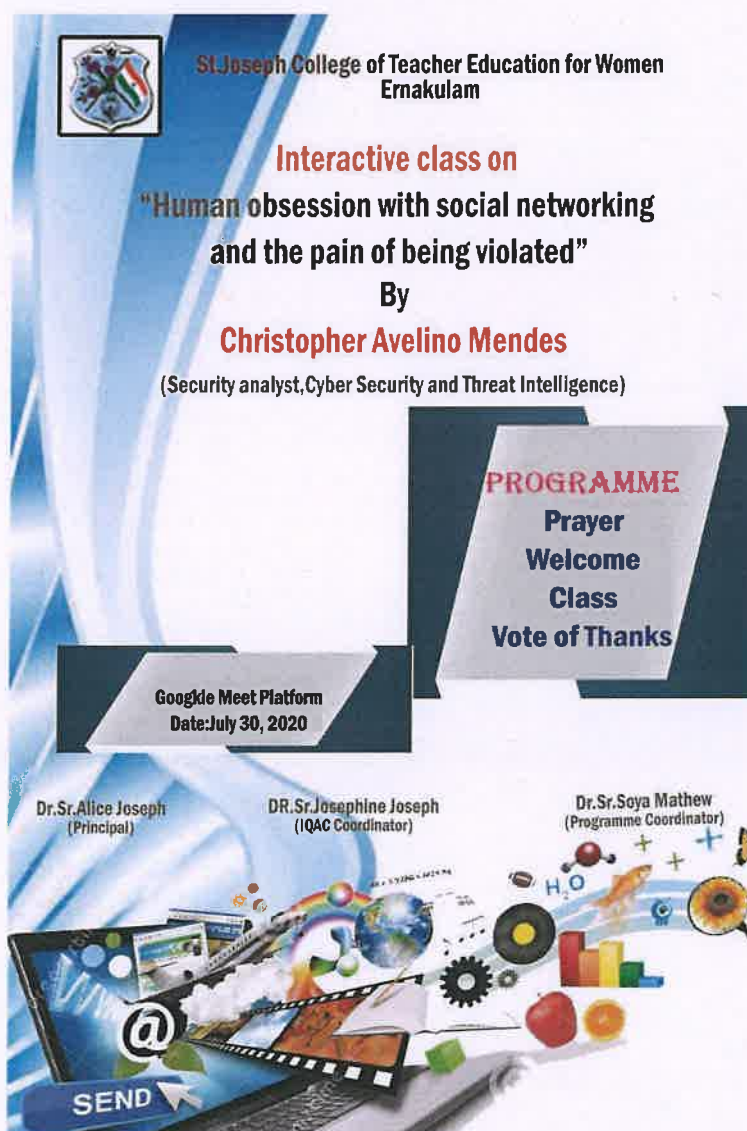
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**Interactive session- 'Human Obsession with Social Networking and  
The Pain of being Violated', 2020**

**Photo Gallery**



**Brochure for the interactive session on 'Human Obsession with Social Networking and The Pain of being Violated', 2020 conducted as part of monthly value education class for student teachers of B Ed programme by St. Joseph College of Teacher Education for Women**

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## Interactive session- 'Human Obsession with Social Networking and The Pain of being Violated', 2020

### Programme Details

<b>Name of the Event</b>	Interactive session- 'Human Obsession with Social Networking and The Pain of being Violated', 2020
<b>Date</b>	30/07/2020
<b>Time</b>	9.30 AM – 11.45 AM
<b>Duration</b>	2 hours and 15 minutes
<b>Beneficiaries</b>	Student teachers- 95, Faculty- 3
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hut-soyw-wum">https://meet.google.com/hut-soyw-wum</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Soya Mathew	Assistant Professor (Education)
3	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)

Students list:

Sl. No	Name	Batch
1	Annu Jose	2019-2021 batch (B Ed. English)
2	Amala Anna Thomas	2019-2021 batch (B Ed. English)
3	Amreetha S James	2019-2021 batch (B Ed. English)
4	Anu Thomas	2019-2021 batch (B Ed. English)
5	Anusree Venu	2019-2021 batch (B Ed. English)
6	Hridya Joly	2019-2021 batch (B Ed. English)







7	Devika S	2019-2021 batch (B Ed. English)
8	Jefin Job	2019-2021 batch (B Ed. English)
9	Keerthana Krishnan	2019-2021 batch (B Ed. English)
10	Nandita B Shenoy	2019-2021 batch (B Ed. English)
11	Neethu Peter	2019-2021 batch (B Ed. English)
12	Preetha T P	2019-2021 batch (B Ed. English)
13	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
14	Sandra P K	2019-2021 batch (B Ed. English)
15	Sara Stephen	2019-2021 batch (B Ed. English)
16	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
17	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
18	Christy P.P	2019-2021 batch (B Ed. Natural Science)
19	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
20	Gretta James	2019-2021 batch (B Ed. Natural Science)
21	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
22	Blessy Jacob	2019-2021 batch (B Ed. Social science)
23	Dona Garvasis	2019-2021 batch (B Ed. Social science)
24	Granes P Joshy	2019-2021 batch (B Ed. Social science)
25	M Renuka	2019-2021 batch (B Ed. Social science)
26	Salma Shereef	2019-2021 batch (B Ed. Social science)
27	Naina N.T	2019-2021 batch (B Ed. Social science)
28	Anjali K. Thankappan	2019-2021 batch (B Ed. Malayalam)
29	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
30	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
31	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
32	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)



Dr. Alice Joseph  
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33	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
34	Reshma P.P	2019-2021 batch (B Ed. Natural Science)
35	Swanila N.S	2019-2021 batch (B Ed. Natural Science)
36	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
37	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
38	Metty P.J	2019-2021 batch (B Ed. Physical Science)
39	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
40	Liya Rose	2019-2021 batch (B Ed. Physical Science)
41	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
42	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
43	Athira M.M	2019-2021 batch (B Ed. Malayalam)
44	Jyothi G	2019-2021 batch (B Ed. Malayalam)
45	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
46	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
47	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
48	Sandhya Poulose	2019-2021 batch (B Ed. Malayalam)
49	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
50	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
51	Shijila P N	2019-2021 batch (B Ed. Malayalam)
52	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
53	Sisira S	2019-2021 batch (B Ed. Malayalam)
54	Vincy P V	2019-2021 batch (B Ed. Malayalam)
55	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
56	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
57	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
58	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)



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59	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
60	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
61	Raveena T V	2019-2021 batch (B Ed. Mathematics)
62	Maria Ancy M.J	2019-2021 batch (B Ed. Mathematics)
63	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
64	Sony George	2019-2021 batch (B Ed. Natural Science)
65	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
66	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
67	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
68	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
69	Christina Louis	2019-2021 batch (B Ed. Physical Science)
70	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
71	Ishida K B	2019-2021 batch (B Ed. Physical Science)
72	Thahira M A	2019-2021 batch (B Ed. Physical Science)
73	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
74	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
75	Livi George	2019-2021 batch (B Ed. Physical Science)
76	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
77	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
78	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
79	Amrutha S V	2019-2021 batch (B Ed. Social science)
80	Anjaly M B	2019-2021 batch (B Ed. Social science)
81	Anjana K M	2019-2021 batch (B Ed. Social science)
82	Annaet O J	2019-2021 batch (B Ed. Social science)
83	Aswathy Peter	2019-2021 batch (B Ed. Social science)
84	Bilby Babu	2019-2021 batch (B Ed. Social science)



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85	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
86	Lincy Jude	2019-2021 batch (B Ed. Social science)
87	Sujitha Jose	2019-2021 batch (B Ed. Social science)
88	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
89	Anju George	2019-2021 batch (B Ed. Mathematics)
90	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
91	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
92	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
93	Shelja Philomina C.A	2019-2021 batch (B Ed. Natural Science)
94	Anju P Tomy	2019-2021 batch (B Ed. Social Science)
95	Faseela U S	2019-2021 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## ‘Saisei 2020’ – Hiroshima-Nagasaki Day

<b>Name of the Event</b>	‘Saisei 2020’- Hiroshima-Nagasaki Day
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To commemorate the atomic bombing incident took place in Hiroshima and Nagasaki in Japan in 1945</li> <li>2. To remind the world about the suffering and agony of the victims of the atomic bombing incidents took place in Japan in 1945</li> <li>3. To honour the victims who lost their lives as a result of the atomic bombing in Hiroshima and Nagasaki</li> <li>4. To generate awareness regarding the deadly and devastating impacts of nuclear bombs</li> <li>5. To promote student teachers’ talents and enhance their knowledge and skills through various competitions based on the theme of Hiroshima- Nagasaki incident</li> </ol>
<b>Details of Event Coordinators</b>	<p>Student teachers and Faculty members</p> <p>Physical Science optional</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	10/08/2020
<b>Time</b>	3.00 PM – 3.30 PM
<b>Duration</b>	30 minutes
<b>Beneficiaries</b>	Student teachers- 129, Faculty- 11
<b>Platforms</b>	Google Meet, YouTube
<b>Meet Link</b>	<p><a href="https://meet.google.com/jyh-opdg-txn">https://meet.google.com/jyh-opdg-txn</a></p> <p><a href="https://youtu.be/bSDIY1uZqSY">https://youtu.be/bSDIY1uZqSY</a></p>



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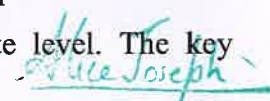


## ‘Saisei 2020’ – Hiroshima-Nagasaki Day Programme Report

Every year, it is commemorated as Hiroshima day and Nagasaki day on 6<sup>th</sup> and 9<sup>th</sup> of August respectively across the world. These days remind people of the atomic bombing tragedy that took place in Hiroshima and Nagasaki in Japan in 1945 during the Second World War. The atomic bombs dropped both at Hiroshima and Nagasaki killed many people and led many others to suffer from cancers and other sicknesses due to the high nuclear radiation and some population were left with fatal injuries. The Hiroshima and Nagasaki days are observed with an aim to raise awareness regarding the devastating impact of nuclear weapons and to prevent further tragedy and deaths caused by nuclear weapons. The Hiroshima and Nagasaki days are also observed as an opportunity to pay tribute to and honour the victims and the survivors of the atomic bombing tragedy. The year 2020 marked the 75<sup>th</sup> anniversary of the tragic incident that shook Japan in 1945.

St. Joseph College of Teacher Education for Women, Ernakulam observed Hiroshima-Nagasaki Day, ‘Saisei 2020’ on 10<sup>th</sup> August 2020 from 3.00 PM to 3.30 PM via online platforms including Google Meet and YouTube. The whole event was organized and coordinated by faculty members and student teachers of Physical Science optional. The event aimed at generating awareness regarding the deadly and devastating impacts of nuclear bombs and to commemorate the Hiroshima and Nagasaki atomic bomb incidents that took place in 1945 and to honour the survivors and the victims of the bombing. Even though, St. Joseph College of Teacher Education for Women, Ernakulam observed the Hiroshima-Nagasaki Day on 10<sup>th</sup> of August 2020, the observatory activities and competitions were conducted on 8<sup>th</sup> and 9<sup>th</sup> of August 2020. All student teachers and faculty members participated in the event.

The event, ‘Saisei 2020’ started exactly at 3.00 PM via Google Meet and live on YouTube. The emcee for the event was performed by Ms. Rosemary Sebastian, student teacher from Physical Science optional. Ms. Rosemary Sebastian officially welcomed all of the participants to the event. The event started with a small video presentation on the journey of St. Joseph College of Teacher Education for Women, Ernakulam in observing Hiroshima-Nagasaki Remembrance day prepared by Ms. Livi George, student teacher from Physical Science optional. The video also covered the competitions conducted as a predecessor to the event ‘Saisei 2020’. The competitions were conducted at intercollegiate level. The key competitions conducted as part of Hiroshima-Nagasaki day were:

  
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- ✚ Memoir writing competition
- ✚ Caption writing competition
- ✚ Poster making competition
- ✚ Cartoon making competition

Memoir writing and caption writing competitions were conducted on 8<sup>th</sup> August 2020 and poster making and cartoon making competitions were conducted at 9<sup>th</sup> August 2020. The 'Phoenix of Hiroshima' was the theme for memoir writing competition. The theme for poster making competition was 'Peace on Earth'. 'Upon the Wings of Peace' was the theme set for cartoon making competition. Student teachers from various colleges and universities actively participated in the competitions. All the information regarding the competitions were shared via whatsapp, an online platform.

The video presentation was succeeded by the presidential address. The presidential address for the event was delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph elucidated that an individual's talent is unique and is set apart from knowledge. She added that every talent is a gift coming down from the almighty, the father of heavenly lights. She enunciated that the holy Bible spells out that all individuals are born with distinct talents that set each individual unique one from the other. And when one discovers his talents that god has gifted him with and use them to glorify him, he or she experiences a fuller life. She reminded all of the student teachers who participated in the event to stand up for the peace and goodness of the community. Dr. Alice Joseph congratulated all the student teachers who took part in various competitions as part of 'Sasei 2020'. After the main address, she announced the winners for the competitions conducted as part of Hiroshima-Nagasaki day, 2020.

The first prize for the caption writing competition was secured by Ms. Gopika K Nair, student teacher from Auxilium College of Education, Angamaly. The second prize for the competition was secured by Ms. Reshma Surendran, student teacher from Hill Valley College of Education, Thrikkakara and the third prize was secured by Ms. Soumya Simon, student teacher from Mangalam College of Educaton, Ettumanoor. For poster making competition, the first prize was secured by Ms. Suresh Kumar K, student teacher from St. Joseph's Training College, Mannanam. The second prize for the competition was secured by Ms. Kavyapriya B, student teacher from Mount Carmel College of Teacher Education for Women, Kottayam and the third prize was secured by Ms. Aneeja Antony, student teacher

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from SNM Training College, Moothakunnam. The first prize for memoir writing competition was secured by Ms. Anusree Venu, student teacher from St. Joseph College of Teacher Education for Women, Ernakulam. The second prize for the memoir writing competition was secured by Ms. Sheeba S Rosemary, student teacher from College of Teacher Education, Paipad and the third prize was secured by Ms. Krishnapriya K.P, student teacher from Hill Valley College of Education, Thrikkakara. For cartoon making competition, the first prize was secured by Ms. Kavyapriya B, student teacher from Mount Carmel College of Teacher Education for Women, Kottayam. The second prize for the competition was secured by Ms. Meenu Paul, student teacher from Auxilium College of Education, Angamaly and the third prize was secured by Ms. Hiba Shamili, National College for Teacher Education, Perumbavoor in Ernakulam. Dr. Alice Joseph appreciated all the student teachers who participated and won the competitions and also appreciated Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam for organizing and coordinating the event successfully. All of the participants were provided with e-certificates.

The presidential address by the Principal was succeeded by a video presentation by Ms. Livi George, student teacher from Physical Science optional which took all the participants to have a glimpse into the historical moments of Hiroshima-Nagasaki incidents. The video briefly reminded all of the viewers about the black days of 1945 in Hiroshima and Nagasaki that shook the humanity of the world. It was on 6<sup>th</sup> August 1945, the world's first atomic bomb namely 'Little Boy' was dropped in Hiroshima. Three days apart the 'Little Boy' attack, America dropped more powerful and complex atomic bomb 'Fat Man' on 9<sup>th</sup> August 1945 in the Japanese city, Nagasaki. Both the atomic bombings instantly killed a large population of these Japanese cities and left many of them to suffer from fatal injuries and other chronic illnesses due to the high radiation energy. And with that, Japan officially surrendered the war and thus the Second World War came to an end. The United States Government programme, the 'Manhattan Project' built these atomic bombs during World War II.

After the video presentation, a quiz competition was conducted as part of the event, 'Saisei 2020' via the app 'Kahoot!'. The link for the quiz competition was shared among the participants via Google Meet and YouTube chat boxes. The total duration of the quiz competition was 5 minutes. The first prize for the quiz competition was secured by Ms. Krishnapriya K.P, student teacher from Hill Valley College of Education, Thrikkakara. The



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second prize for the competition was secured by Ms. Divya K.G, student teacher from Mount Carmel College of Teacher Education for Women, Kottayam and the third prize was secured by Ms. Soumya Simon, student teacher from Mangalam College of Education, Kottayam.

The vote of thanks for the event was delivered by Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Josephine Joseph officially expressed gratitude to all of the participants including Principals, teachers and student teachers from various colleges. She also appreciated student teachers of Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam for their hard work and outstanding teamwork in organizing and coordinating the programme successfully. With that, 'Saisei 2020' winded up at 3.30 PM.

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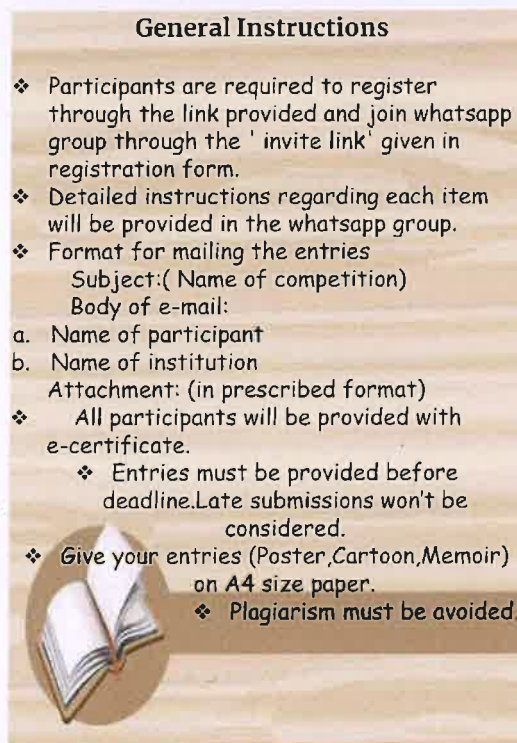
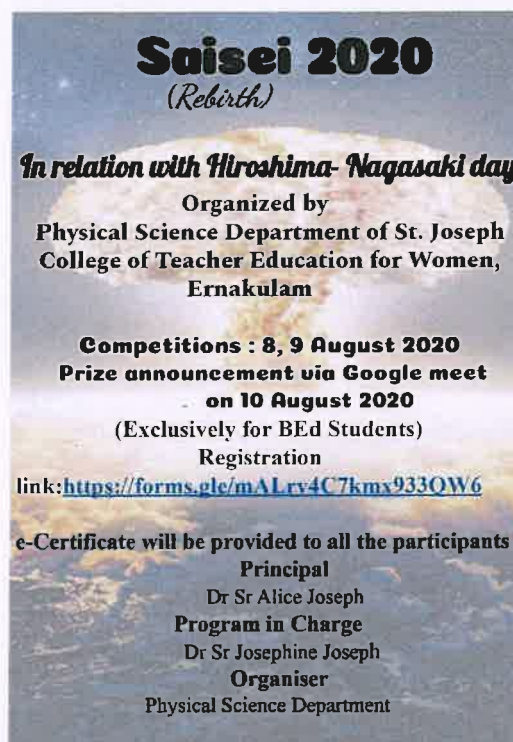






## 'Saisei 2020' – Hiroshima-Nagasaki Day

### Photo Gallery

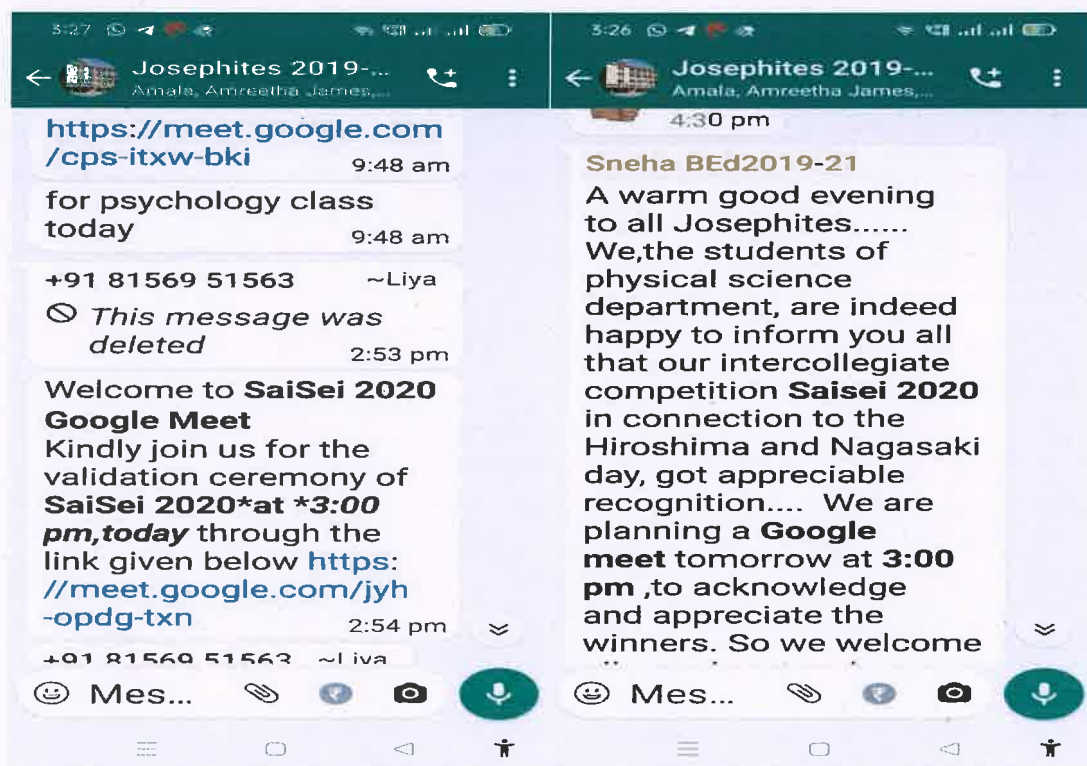
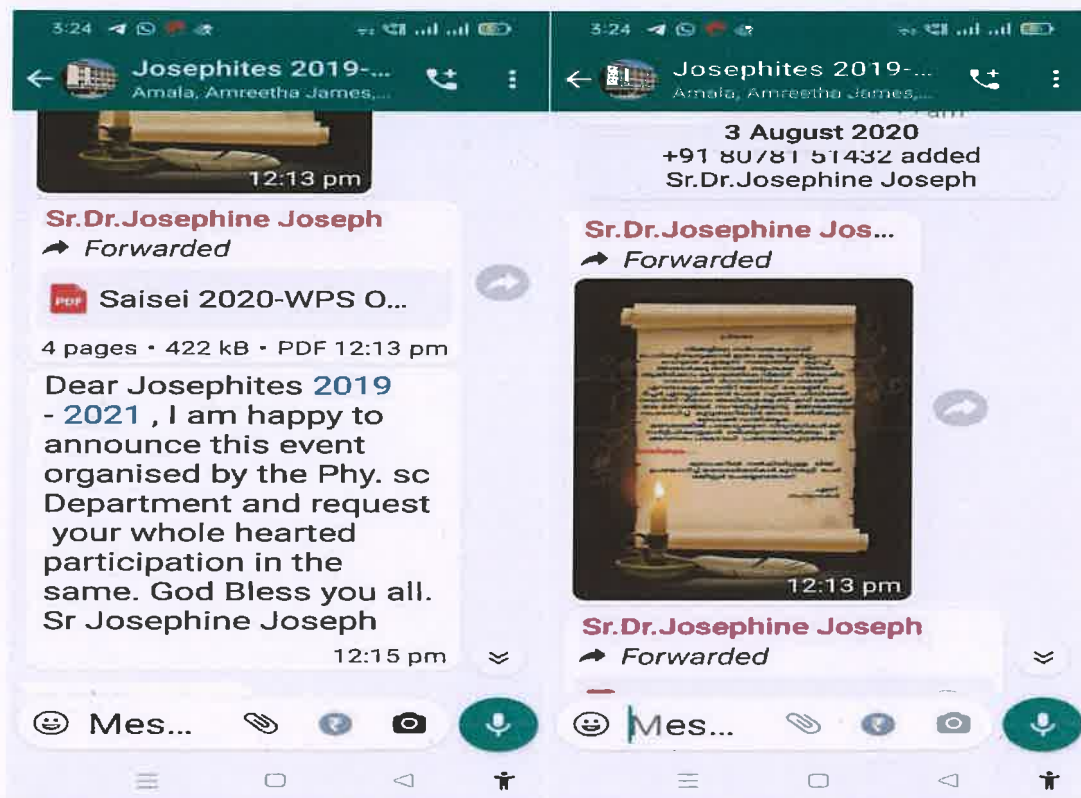


### Brochures for 'Saisei 2020' - Hiroshima- Nagasaki Day

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Snippets from invitations of 'Saisei 2020' shared via Whatsapp

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Principal in Charge  
St. Joseph College of Teacher  
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**'Saisei 2020' – Hiroshima-Nagasaki Day****Programme Details**

<b>Name of the Event</b>	'Saisei 2020'- Hiroshima-Nagasaki Day
<b>Date</b>	10/08/2020
<b>Time</b>	3.00 PM- 3.30 PM
<b>Duration</b>	30 minutes
<b>Beneficiaries</b>	Student teachers- 129, Faculty- 11
<b>Platform</b>	Google Meet, YouTube
<b>Meet Link</b>	<a href="https://meet.google.com/jyh-opdg-txn">https://meet.google.com/jyh-opdg-txn</a> <a href="https://youtu.be/bSDIY1uZqSY">https://youtu.be/bSDIY1uZqSY</a>

**List of Participants**

Faculty members list (St. Joseph College of Teacher Education for Women, Ernakulam):

<b>SL.NO.</b>	<b>NAME OF THE FACULTY</b>	<b>DESIGNATION</b>
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science Education)
8	Sicily A.A	Assistant Professor (Malayalam Education)
9	Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)



*Mica Joseph*  
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**Students list (St. Joseph College of Teacher Education for Women, Ernakulam):**

Sl. No	Name	Batch
1	Annu Jose	2019-2021 batch (B Ed. English)
2	Amala Anna Thomas	2019-2021 batch (B Ed. English)
3	Anu Thomas	2019-2021 batch (B Ed. English)
4	Anusree Venu	2019-2021 batch (B Ed. English)
5	Hridya Joly	2019-2021 batch (B Ed. English)
6	Devika S	2019-2021 batch (B Ed. English)
7	Jefin Job	2019-2021 batch (B Ed. English)
8	Keerthana Krishnan	2019-2021 batch (B Ed. English)
9	Nandita B Shenoy	2019-2021 batch (B Ed. English)
10	Neethu Peter	2019-2021 batch (B Ed. English)
11	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
12	Christy P.P	2019-2021 batch (B Ed. Natural Science)
13	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
14	Gretta James	2019-2021 batch (B Ed. Natural Science)
15	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
16	Blessy Jacob	2019-2021 batch (B Ed. Social science)
17	Dona Garvasis	2019-2021 batch (B Ed. Social science)
18	Granes P Joshy	2019-2021 batch (B Ed. Social science)
19	M Renuka	2019-2021 batch (B Ed. Social science)
20	Salma Shereef	2019-2021 batch (B Ed. Social science)
21	Naina N.T	2019-2021 batch (B Ed. Social science)
22	Anjali K. Thankappan	2019-2021 batch (B Ed. Malayalam)
23	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
24	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)



Sl. No	Name	Batch
25	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
28	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
29	Reshma P.P	2019-2021 batch (B Ed. Natural Science)
30	Swanila N.S	2019-2021 batch (B Ed. Natural Science)
31	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
32	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
33	Metty P.J	2019-2021 batch (B Ed. Physical Science)
34	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
35	Liya Rose	2019-2021 batch (B Ed. Physical Science)
36	Jyothis K Devasia	2019-2021 batch (B Ed. English)
37	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
38	Sara Stephen	2019-2021 batch (B Ed. English)
39	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
40	Athira M.M	2019-2021 batch (B Ed. Malayalam)
41	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
42	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
43	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
44	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
45	Shijila P N	2019-2021 batch (B Ed. Malayalam)
46	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
47	Sisira S	2019-2021 batch (B Ed. Malayalam)
48	Vincy P V	2019-2021 batch (B Ed. Malayalam)
49	Asha Joseph	2019-2021 batch (B Ed. Mathematics)



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Sl. No	Name	Batch
50	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
51	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
52	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)
53	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
54	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
55	Raveena T V	2019-2021 batch (B Ed. Mathematics)
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59	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
60	Mary Rilul Arooja	2019-2021 batch (B Ed. Natural Science)
61	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
62	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
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64	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
65	Ishida K B	2019-2021 batch (B Ed. Physical Science)
66	Thahira M A	2019-2021 batch (B Ed. Physical Science)
67	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
68	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
69	Livi George	2019-2021 batch (B Ed. Physical Science)
70	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
71	Liya Rose	2019-2021 batch (B Ed. Physical Science)
72	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
73	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
74	Amrutha S V	2019-2021 batch (B Ed. Social science)



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Sl. No	Name	Batch
75	Anjaly M B	2019-2021 batch (B Ed. Social science)
76	Anjana K M	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Bilby Babu	2019-2021 batch (B Ed. Social science)
80	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
81	Lincy Jude	2019-2021 batch (B Ed. Social science)
82	Sujitha Jose	2019-2021 batch (B Ed. Social science)

**List of participants of 'Saisei 2020' from various colleges:**

Sl. No	Name	Institution
1	Sheethal V Biju	College of Teacher Education, Erattupetta
2	Jiby K.P	SNDP Yogam B Ed. Training College, Adimaly
3	Athira Pradeep	Auxilium College of Education, Angamaly
4	Bincy M Wilson	SNDP Yogam B Ed. Training College, Adimaly
5	Meenu Paul	Auxilium College of Education, Angamaly
6	Blesslyn Chackson	St. Thomas College of Teacher Education, Pala
7	Saraswathy P.R	SNM Training College, Moothakunnam
8	Sivachhaya J	SNM Training College, Moothakunnam
9	Krishnapriya K.P	Hill Valley College of Education, Thrikkakara
10	Divya K.G	Mount Carmel College of Teacher Education for Women, Kottayam
11	Geethu Augustine	CPAS College of Teacher Education, Kumily
12	Haritha P Nair	Auxilium College of Education, Angamaly
13	Nayana P.B	SNM Training College, Moothakunnam



14	Athira C.S	St. Xavier's Training College For Women, Thottakkattukara, Aluva
15	Anaida Babu	Auxilium College of Education, Angamaly
16	Sureshkumar K	St. Joseph's Training College, Mannanam
17	Arjun Prakash	S.A.M College of Education, Poothotta
18	Sruthy P S	St. Joseph's Training College, Mannanam
19	Soumya Simon	Mangalam College of Education, Kottayam
20	Ashwani N.H	SNM Training College, Moothakunnam
21	Reshma V.Y	College of Teacher Education, Vaikom, Kottayam
22	Kavyapriya B	Mount Carmel College of Teacher Education for Women, Kottayam
23	Gopika K Nair	Auxilium College of Education, Angamaly
24	Nicy Varghese	College of Teacher Education, Vaikom, Kottayam
25	Saranya K.V	S.A.M College of Education, Poothotta
26	Abin Antony	College of Teacher Education, Paippad
27	Vishnu M.R	College of Teacher Education, Vaikom, Kottayam
28	Anjana Thomas	College of Teacher Education, Paippad
29	Liya Francis	Auxilium College of Education, Angamaly
30	Fejy Francis	Auxilium College of Education, Angamaly
31	Sheeba Rose Mary	College of Teacher Education, Paippad
32	Jeni Jenson	Avila College of Education, Edakochi
33	Fathima Sherin T	National College for Teacher Education, Vengola
34	Latha P	National College for Teacher Education, Vengola
35	Hiba Shamli A	National College for Teacher Education, Vengola
36	Riya Elizabeth P.A	St. Xavier's Training College For Women, Thottakkattukara, Aluva
37	Reshma Surendran	Hill Valley College of Education, Thrikkakara



38	Snehamol V.I	Auxilium College of Education, Angamaly
39	Nancy George	Hill Valley College of Education, Thrikkakara
40	Neelanjana G	SNM Training College, Moothakunnam
41	Aneeja Antony	SNM Training College, Moothakunnam
42	Silsha P.P	College of Teacher Education, Paippad
43	Ann Mary Joseph	Auxilium College of Education, Angamaly
44	Nikitha Benny	Auxilium College of Education, Angamaly
45	Thomas Babu	College of Teacher Education, Kudamaloor
47	Anjana Retnakaran	CPAS College of Teacher Education, Kumily

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Skill Enhancement Programme

### Webinar I- 'Compatible Communication and Effective Interaction'

<b>Name of the Event</b>	Webinar I- 'compatible Communication and Effective Interaction'
<b>Objectives</b>	To help student teachers: <ol style="list-style-type: none"> <li>1. Enhance knowledge base regarding communication</li> <li>2. to understand the principles of communication</li> <li>3. to analyze the role of elements of communication</li> </ol>
<b>Details of Resource Person</b>	E.K Jijan Assistant Professor (English education), Mount Thabor Training College, Pathanapuram
<b>Date</b>	21/08/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 90, Faculty- 9
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hpw-vkhy-thr">https://meet.google.com/hpw-vkhy-thr</a>

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**Skill Enhancement Programme**  
**Webinar I 'Compatible Communication and Effective Interaction'**  
**Programme Report**

A webinar on 'Compatible communication and effective interaction: skill development programme' was organized by the placement cell of St. Joseph College of Teacher Education for Women, Ernakulam for student teachers as part of multi skill development programme on 21<sup>st</sup> August 2020 from 2.00 PM to 4.00 PM. The resource person for the webinar was Mr. E K Jijan, Assistant Professor in English education, Mount Tabor Training College, Pathanapuram. Student teachers from the Malayalam, Mathematics and Social Science optional at St. Joseph College of Teacher Education for Women, Ernakulam participated in the virtual webinar.

Content of the webinar:

- ✚ Introduction to communication
- ✚ Principles of communication
- ✚ Elements of communication
- ✚ Types of communication

The webinar was considerably interactive and beneficial for the student teachers in upgrading their skills and knowledge which would help them in enhancing competency and expertise which their profession demands. The resource person explained about communication and its principles. Communication is the process of transmitting information from one person to other. It is exchanging of ideas, opinions, thoughts and feelings between persons or groups. Man is a social being and cannot survive without communication. A sender, a message, and recipient are the essential elements of communication. For a communication to be complete, feedback from the recipient is necessary. For the recipient to understand the message transmitted by the sender, it should be clear, comprehensive, precise, appropriate and courteous. The session enunciated seven principles of communication which are principle of clarity, principle of attention, principle of feedback, principle of informality, principle of consistency, principle of timeliness and principle of adequacy. The major types of communication discussed in the webinar were verbal, non-verbal, written and visual communication. Based on the purpose of communication, the types can be formal and informal.



A student teacher must possess good communication skill in conveying complex ideas in much simpler ways to their pupils both in written and verbal means that sustains the attention of pupils and clarify their questions and resolve conflicts. Better and compatible communication skills possessed by teachers can lead to the progress of their pupils' academic success. The student teachers had the following key takeaways from the webinar:

- ✚ knowledge about communication
- ✚ understanding the principles, elements and types of communication

After an interactive session, the webinar winded up at 4 PM.

### Skill Enhancement Programme

#### Webinar I- 'Compatible Communication and Effective Interaction'

#### Photo Gallery



Event poster for the webinar, "Compatible Communication and Effective Interaction" held on 21/08/2020. Resource Person- Mr. E.K Jijan

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Skill Enhancement Programme

### Webinar I- 'Compatible Communication and Effective Interaction'

#### Programme Details

<b>Name of the Event</b>	Webinar on 'compatible Communication and Effective Interaction'
<b>Date</b>	21/08/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 90, Faculty-9
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/hpw-vkhy-thr">https://meet.google.com/hpw-vkhy-thr</a>

#### List of Participants

Faculty members list:

Sl.no.	Name of the faculty	Designation
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science)
8	Soya Mathew	Assistant Professor (Education)
9	Dr. Marin Jose	Assistant Professor (English Education)



*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



## Students list:

Sl. No	Name	Batch
1	Annu Jose	2019-2021 batch (B Ed. English)
2	Amala Anna Thomas	2019-2021 batch (B Ed. English)
3	Amreetha S James	2019-2021 batch (B Ed. English)
4	Anu Thomas	2019-2021 batch (B Ed. English)
5	Anusree Venu	2019-2021 batch (B Ed. English)
6	Devika S	2019-2021 batch (B Ed. English)
7	Hridya Joly	2019-2021 batch (B Ed. English)
8	Jefin Job	2019-2021 batch (B Ed. English)
9	Jyothis K Devasia	2019-2021 batch (B Ed. English)
10	Keerthana Krishnan	2019-2021 batch (B Ed. English)
11	Nandita B Shenoy	2019-2021 batch (B Ed. English)
12	Neethu Peter	2019-2021 batch (B Ed. English)
13	Preetha T P	2019-2021 batch (B Ed. English)
14	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
15	Sandra P K	2019-2021 batch (B Ed. English)
16	Sara Stephen	2019-2021 batch (B Ed. English)
17	Aashy Yesudas	2019-2021 batch (B Ed. English)
18	Anjali K. Thankappan	2019-2021 batch (B Ed. Malayalam)
19	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
20	Athira M M	2019-2021 batch (B Ed. Malayalam)
21	Deepthi K H	2019-2021 batch (B Ed. Malayalam)
22	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
23	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
24	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)





Sl. No	Name	Batch
25	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
26	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
27	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
28	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
29	Shijila P N	2019-2021 batch (B Ed. Malayalam)
30	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
31	Sisira S	2019-2021 batch (B Ed. Malayalam)
32	Vincy P V	2019-2021 batch (B Ed. Malayalam)
33	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
34	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
35	Anju George	2019-2021 batch (B Ed. Mathematics)
36	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
37	Chithralakha R	2019-2021 batch (B Ed. Mathematics)
38	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
39	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
40	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
41	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
42	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
43	Raveena T V	2019-2021 batch (B Ed. Mathematics)
44	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
45	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
46	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
47	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
48	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
49	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)



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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





Sl. No	Name	Batch
50	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
51	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
52	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
53	Christy P P	2019-2021 batch (B Ed. Natural Science)
54	Deepthi George	2019-2021 batch (B Ed. Natural Science)
55	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
56	Greetta James	2019-2021 batch (B Ed. Natural Science)
57	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
58	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
59	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
60	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
61	Reshma P P	2019-2021 batch (B Ed. Natural Science)
62	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
63	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
64	Sony George	2019-2021 batch (B Ed. Natural Science)
65	Swanila N S	2019-2021 batch (B Ed. Natural Science)
66	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
67	Christina Louis	2019-2021 batch (B Ed. Physical Science)
68	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
69	Ishida K B	2019-2021 batch (B Ed. Physical Science)
70	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
71	Livi George	2019-2021 batch (B Ed. Physical Science)
72	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
73	Liya Rose	2019-2021 batch (B Ed. Physical Science)
74	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)





Sl. No	Name	Batch
75	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
76	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
77	Metty Pj	2019-2021 batch (B Ed. Physical Science)
78	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
79	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
80	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
81	Thahira M A	2019-2021 batch (B Ed. Physical Science)
82	Amrutha S V	2019-2021 batch (B Ed. Social Science)
83	Anjaly M B	2019-2021 batch (B Ed. Social Science)
84	Anjana K M	2019-2021 batch (B Ed. Social Science)
85	Anju P Tomy	2019-2021 batch (B Ed. Social Science)
86	Annaet O J	2019-2021 batch (B Ed. Social Science)
87	Aswathy Peter	2019-2021 batch (B Ed. Social Science)
88	Bilby Babu	2019-2021 batch (B Ed. Social Science)
89	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
90	Faseela U.S	2019-2021 batch (B Ed. Social Science)

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 Dr. Alice Joseph  
 Principal in Charge  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Skill Enhancement Programme

### Webinar II - 'Compatible Communication and Effective Interaction'

<b>Name of the Event</b>	Webinar II- 'compatible Communication and Effective Interaction'
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers with good communication skills which is one of the essential skills required in teaching profession in order to effectively transmit knowledge, manage classrooms and interact with pupils and parents.</li> <li>2. To help student teachers to quickly and accurately comprehend information.</li> <li>3. To help student teachers in boosting their confidence and self-esteem</li> </ol>
<b>Details of Resource Person</b>	Mrs. Bincy O G Assistant Professor (English education), Navajyothi College of Teacher Education, Olarikkara, Trissur
<b>Date</b>	29/09/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 40, Faculty-5
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/cqm-oayg-xue">https://meet.google.com/cqm-oayg-xue</a>

### Programme Report

The second webinar on 'Compatible communication and effective interaction' was organized by the Placement Cell (JoPS) of St Joseph College of Teacher Education for Women, Ernakulam for student teachers as part of multi skill enhancement programme on 29<sup>th</sup> September 2020 from 2.00 PM to 4.00 PM. The resource person for the webinar was Mrs. Bincy O G, Assistant Professor in English education, Navajyothi College of Teacher

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





Education, Olarikkara, Trissur. A total of 40 student teachers from English, Natural Science and Physical Science optionals at St Joseph College of Teacher Education for Women, Ernakulam participated in the virtual webinar.

Content of the webinar:

- ✦ Introduction to compatible and effective communication
- ✦ Skills for effective communication and interaction
- ✦ Importance of effective communication and its impact on student-teacher relationships
- ✦ Successful communication behavior

The webinar was considerably interactive and beneficial for the student teachers in upgrading their skills and knowledge which would help them in enhancing competency and expertise which their profession demands. The webinar emphasized on the importance of having good communication skills among student teachers since communication is a vital skill required in their profession in order to effectively convey knowledge. Effective communication is advantageous for teachers in three contexts: interactions with students, parents, and colleagues. A student teacher must possess good communication skill in conveying complex ideas in much simpler ways to their pupils both in written and verbal means that sustains the attention of pupils and clarify their questions and resolve conflicts. Better and compatible communication skills possessed by teachers can lead to the progress of their pupils' academic success. Successful teaching is considered to be contributed equally by knowledge level and good communication skills. Better communication promotes better interaction which would promote better learning process and enhance academic performance. The webinar provided the following advantages to the student teachers:

- ✦ Equipped with effective classroom management skills.
- ✦ Equipped with good communication skills for better understanding and interacting with students, parents and colleagues.
- ✦ Stimulation of thoughts and modifying attitudes

After an interactive session, the webinar wined up at 4 PM.

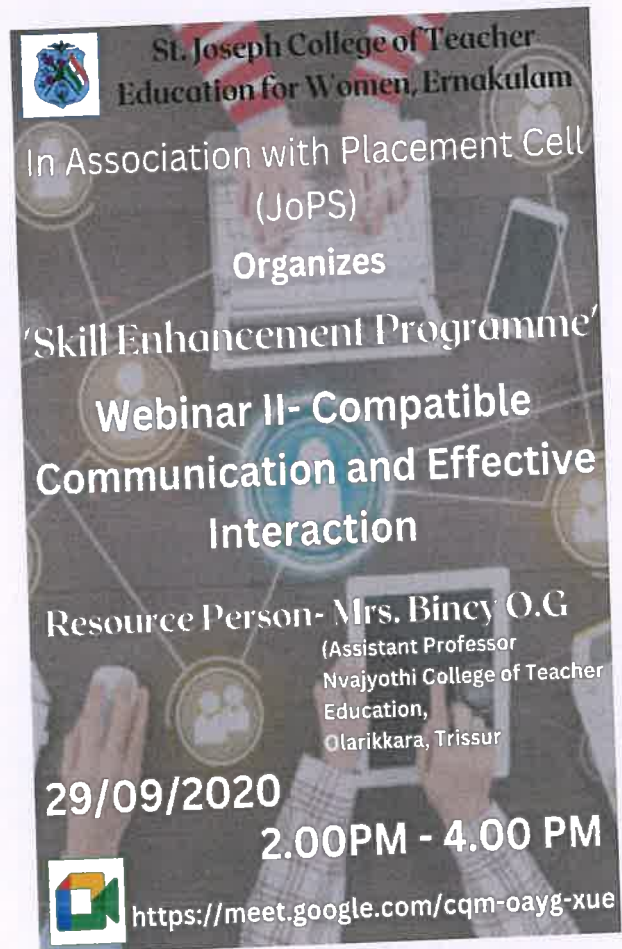
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 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



## Skill Enhancement Programme

## Webinar II- 'Compatible Communication and Effective Interaction'

## Photo Gallery



Event poster for the webinar, 'Compatible communication and effective interaction' held on 29/09/2020

Mrs. Bincy O G, the resource person handling the webinar session

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**Skill Enhancement Programme**  
**Webinar on 'Compatible Communication and Effective Interaction'**  
**Programme Details**

<b>Name of the Event</b>	Webinar on 'compatible Communication and Effective Interaction'
<b>Date</b>	29/09/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 40, Faculty- 5
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/cqm-oayg-xue">https://meet.google.com/cqm-oayg-xue</a>

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor (Education)
3	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
4	Dr. Marin Jose	Assistant Professor (English Education)
5	Dr. Rachel George M	Assistant Professor (Natural Science)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anu Thomas	2019-2021 batch (B Ed. English)







5	Anusree Venu	2019-2021 batch (B Ed. English)
6	Devika S	2019-2021 batch (B Ed. English)
7	Hridya Joly	2019-2021 batch (B Ed. English)
8	Jefin Job	2019-2021 batch (B Ed. English)
9	Jyothis K Devasia	2019-2021 batch (B Ed. English)
10	Keerthana Krishnan	2019-2021 batch (B Ed. English)
11	Nandita B Shenoy	2019-2021 batch (B Ed. English)
12	Neethu Peter	2019-2021 batch (B Ed. English)
13	Preetha T P (Blind)	2019-2021 batch (B Ed. English)
14	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
15	Sandra P K	2019-2021 batch (B Ed. English)
16	Sara Stephen	2019-2021 batch (B Ed. English)
17	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
18	Christina Louis	2019-2021 batch (B Ed. Physical Science)
19	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
20	Ishida K B	2019-2021 batch (B Ed. Physical Science)
21	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
22	Livi George	2019-2021 batch (B Ed. Physical Science)
23	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
24	Liya Rose	2019-2021 batch (B Ed. Physical Science)
25	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
26	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
27	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
28	Metty Pj	2019-2021 batch (B Ed. Physical Science)
29	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
30	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)



31	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
32	Thahira M A	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
37	Christy P P	2019-2021 batch (B Ed. Natural Science)
38	Deepthi George	2019-2021 batch (B Ed. Natural Science)
39	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
40	Greetta James	2019-2021 batch (B Ed. Natural Science)

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**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
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Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Skill Enhancement Programme

### Webinar III- 'Compatible Communication and Effective Interaction

<b>Name of the Event</b>	Webinar III- 'Compatible Communication and Effective Interaction'
<b>Objectives</b>	To help student teachers : <ol style="list-style-type: none"> <li>1. with good communication skills</li> <li>2. to better understand and build positive relationships with pupils.</li> <li>3. acquire skills for effective classroom management</li> <li>4. communicate effectively with parents</li> <li>5. to quickly and accurately comprehend information.</li> <li>6. in stimulating their thoughts and modifying attitudes.</li> </ol>
<b>Details of Resource Person</b>	Mrs. Bincy O G Assistant Professor (English Education), Navajyothi College of Teacher Education, Olarikkara, Thrissur
<b>Date</b>	20/10/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers-40, Faculty- 5
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/eyk-owjc-cqr">https://meet.google.com/eyk-owjc-cqr</a>

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







**Skill Enhancement Programme**  
**Webinar III- 'Compatible Communication and Effective Interaction'**  
**Programme Report**

The Third webinar on 'Compatible Communication and Effective Interaction' was organized by the Placement Cell (JoPS) of St Joseph College of Teacher Education for Women, Ernakulam for student teachers as part of skill enhancement programme on 20<sup>th</sup> October 2020 from 2.00 PM to 4.00 PM. The resource person for the webinar was Mrs. Bincy O G, Assistant Professor in English Education, Navajyothi College of Teacher Education, Olarikkara in Trissur. A total of 40 student teachers from Malayalam, Mathematics and Social Science optional at St Joseph College of Teacher Education for Women, Ernakulam participated in the webinar.

Content of the webinar:

- ✚ Introduction to compatible and effective communication
- ✚ Skills for effective communication and interaction
- ✚ Importance of effective communication and its impact on student-teacher relationships
- ✚ Successful communication behavior

The webinar was considerably interactive and beneficial for the student teachers in upgrading their skills and knowledge which would help them in enhancing competency and expertise which their profession demands. The webinar emphasized on the importance of having good communication skills among student teachers since communication is a vital skill required in their profession in order to effectively convey knowledge. Effective communication is advantageous for teachers in three contexts: interactions with students, parents, and colleagues. A student teacher must possess good communication skill in conveying complex ideas in much simpler ways to their pupils both in written and verbal means that sustains the attention of pupils and clarify their questions and resolve conflicts. Better and compatible communication skills possessed by teachers can lead to the progress of their pupils' academic success. Successful teaching is considered to be contributed equally by knowledge level and good communication skills. Better communication promotes better interaction which would promote better learning process and enhance academic performance. The webinar provided the following advantages to the student teachers:





- ✚ Equipped with effective classroom management skills.
- ✚ Equipped with good communication skills for better understanding and interacting with students, parents and colleagues.
- ✚ Stimulation of thoughts and modifying attitudes

After an interactive session with a duration of 2 hours, the webinar wined up at 4 PM.

### Skill Enhancement Programme

#### Webinar III- 'Compatible Communication and Effective Interaction'

#### Photo Gallery

St. Joseph College of Teacher Education for Women, Ernakulam  
 In Association with Placement Cell (JoPS)  
 Organizes  
 'Skill Enhancement Programme'  
**Webinar III- Compatible Communication and Effective Interaction**  
 Resource Person- Mrs. Bincy O.G  
 (Assistant Professor  
 Nvajyothi College of Teacher Education,  
 Olarikkara, Trissur  
 20/10/2020  
 2.00PM - 4.00 PM  
<https://meet.google.com/eyk-owjc-cqr>

**Event poster for the Webinar III "Compatible communication and effective interaction" held on 20/10/2020. Resource person- Mrs. Bincy O.G**

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher Education for Women,  
 Ernakulam





## Skill Enhancement Programme

### Webinar III- 'Compatible Communication and Effective Interaction'

#### Programme Details

<b>Name of the Event</b>	Webinar III- 'compatible Communication and Effective Interaction'
<b>Date</b>	20/10/2020
<b>Time</b>	2.00 PM – 4.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 40, Faculty- 5
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/eyk-owjc-cqr">https://meet.google.com/eyk-owjc-cqr</a>

#### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor (Education)
3	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)

Students list:

Sl. No	Name	Batch
1	Anjali. K.Thankappan	2019-2021 batch (B Ed. Malayalam)
2	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
3	Athira M M	2019-2021 batch (B Ed. Malayalam)
4	Jyothi G.	2019-2021 batch (B Ed. Malayalam)



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Sl. No	Name	Batch
5	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
6	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
7	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
8	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
9	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
10	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
11	Shijila P N	2019-2021 batch (B Ed. Malayalam)
12	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
13	Sisira S	2019-2021 batch (B Ed. Malayalam)
14	Vincy P V	2019-2021 batch (B Ed. Malayalam)
15	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
16	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
17	Anju George	2019-2021 batch (B Ed. Mathematics)
18	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
19	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
20	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
21	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
22	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
23	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
24	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
25	Raveena T V	2019-2021 batch (B Ed. Mathematics)
26	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
27	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
28	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
29	Susan Neenu	2019-2021 batch (B Ed. Mathematics)



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Sl. No	Name	Batch
30	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
31	Amrutha S V	2019-2021 batch (B Ed. Social Science)
32	Anjaly M B	2019-2021 batch (B Ed. Social Science)
33	Anjana K M	2019-2021 batch (B Ed. Social Science)
34	Anju P Tomy	2019-2021 batch (B Ed. Social Science)
35	Annaet O J	2019-2021 batch (B Ed. Social Science)
36	Aswathy Peter	2019-2021 batch (B Ed. Social Science)
37	Bilby Babu	2019-2021 batch (B Ed. Social Science)
38	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
39	Dona Garvasis	2019-2021 batch (B Ed. Social Science)
40	Faseela U S	2019-2021 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## One Day Workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action Plan

<b>Name of the Event</b>	Workshop on VENTEL (Vocational Education- Nai Talim-Experiential Learning) Action Plan
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To understand the importance of vocational education as a source of economically valuable labor and its integration with the four disciplines of science, social studies, mathematics, and language</li> <li>2. Create an action plan for initiatives in the four categories of the VENTEL Action Plan that have been identified: self-reliance, Swachhta &amp; health, community/field engagement, and vocational education.</li> <li>3. Learn about/discuss some of the finest practices in the four categories of VENTEL, which includes vocational education, Swachhta &amp; health, self-reliance, and community/field engagement.</li> <li>4. Implement the listed exercises at/from home and present online to the faculty and peer group.</li> <li>5. Clearly understand the student reporting format for VENTEL activities for submission and presentation at competitions at the institutional, regional, and national levels.</li> <li>6. Understand the standards for submitting student VENTEL activities for competitions at the institutional, regional, and national levels.</li> </ol>
<b>Details of Resource Person</b>	<p>Ms. Anu Cleetus Coordinator &amp; Nodal Officer MGNCRE, Hyderabad Ministry of Education Government of India</p>
<b>Date</b>	23/10/2020
<b>Time</b>	10.00AM- 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers-88, Faculty-12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/ccb-fjcd-pyb">https://meet.google.com/ccb-fjcd-pyb</a>

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## One Day Workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action Plan

### Programme Report

A one day virtual workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action plan was organized for the student teachers at the St Joseph College of Teacher Education for Women, Ernakulam in collaboration with MGNCRE (Mahatma Gandhi National Council of Rural Education, Hyderabad) on 23<sup>rd</sup> October 2020 from 10.00AM to 12.00 PM. The workshop was conducted virtually via Google Meet with a total of 100 participants. The Workshop was dealt with the expertise of Ms. Anu Cleetus, Coordinator and Nodal Officer, MGNCRE (Mahatma Gandhi National Council of Rural Education), Hyderabad under the Ministry of Education, Government of India. Dr. Alice Joseph, the Principal of St Joseph College of Teacher Education for Women, Ernakulam welcomed all of the participants to the one day virtual action plan workshop. The whole workshop was coordinated by Mrs. Smitha Jose, Assistant Professor in Education at St Joseph College of Teacher Education for Women, Ernakulam.

Key contents of the workshop:

- ✚ VENTEL Action Plan – introduction, integrating vocational education into science, mathematics, social and language methodology
- ✚ Format of the timelines, competition and documentation
- ✚ VENTEL Action Plan form: Activities by student teacher online form content
- ✚ Presentation and discussion on VENTEL activities in the four areas of Vocational Education, Self-reliance, Swachhta & Health and Community/Field Engagement
- ✚ VENTEL best practices across India

The workshop focused on the lessons of Mahatma Gandhi which are extremely relevant in the modern world. At a conference in Wardha, Maharashtra, in 1937, Mahatma Gandhi sowed a crucial concept to reform the educational system through Nai Talim. The Nai Talim principle, or basic education, holds that work and knowledge are not mutually exclusive. The four areas of VENTEL action plan including vocational education, self-reliance, Swachhta & health, and community/field engagement were discussed along with some of the best practices across India in these four categories. The workshop also equipped the students with adequate knowledge in creating action plan to initiate activities in the four



categories. The students were divided into different groups and each group was made to propose action plans. There were a total of four groups and the actions proposed and taken by the groups of students under the guidance of respective faculty members included vegetable gardening, mask making, pickle making and basket making.

Vegetable Gardening was coordinated by Group 4 under the guidance of faculty in charge, Sicily A. A, Assistant Professor in Malayalam Education. The student coordinator of Group 4 was Ms. Livi George from Physical Science optional. The students did vegetable gardening at their own homes as well as in the college premises. Variety of vegetables like bitter melon, chili, tomato, etc., were cultivated. Since the year was bearing with Covid-19 pandemic, the students started gardening at their own homes, it was started in college premises after the lockdown has been lifted. Food wastes were used as organic composts for the vegetable farming. Mask making was coordinated by Group 1 under the supervision of faculty in charge, Dr. Joby Joy Kurian, Assistant Professor in Mathematics Education. The student coordinator for Group 1 was Ms. Anju P Tomy from Social Science optional. A visual presentation on mask making was carried out by Ms. Sandra P.K, student teacher from English optional. The mask was prepared using fabrics available at home. The pickle making and the basket making activities were also coordinated by Group 1 students under the guidance of faculty in charge, Dr. Joby Joy Kurian, Assistant Professor in Mathematics Education and the student coordinator, Ms. Anju P Tomy from Social Science optional. A virtual visual presentation was carried out by Ms. Jyothi G, student teacher from Malayalam optional. Food items available at home such as mango, lemon, garlic etc. were used for making pickle. For basket making, the video presentation was done by Ms. Rita Rose John, student teacher from Mathematics optional. The basket making focused on using eco-friendly products and therefore the baskets were made of newspapers. The activity, talk and discussion forum was coordinated by Group 3 under the guidance of faculty in charge, Dr. Hemaletha P.K, Assistant professor in Social Science Education. The student coordinator for Group 3 was Ms. M Renuka from Social Science optional. The topic for the talk and discussion activity was 'Healthy Use of Mobile Phones- Role of Parents'. The session was conducted in two schools in Ernakulam district. The schools chosen for the activity were Infant Jesus Public School, Paravoor and St. Joseph's HSS, Koonammavu.


The VENTEL workshop helped the student teachers to shift to a healthy lifestyle through the organic vegetable farming, thus promoting intake of pesticide free vegetables and thereby preventing number of diseases. The workshop also paved way for student teachers to



earn money by selling the vegetables, masks, baskets and pickles they have prepared at their own homes to the nearby shops, neighboring homes and hostels. The workshop also equipped students with the skills to conduct discussion sessions via the talk and discussion forum conducted on the topic 'Healthy Use of Mobile Phones- Role of Parents' at Infant Jesus Public School, Paravoor and St. Joseph's HSS, Koonammavu. The following were the key takeaways the students had through the workshop,

- ✦ Acquired knowledge and skills in vegetable gardening, mask making, pickle making and basket making.
- ✦ The student teachers understood the importance of having one's own vegetable garden and promoting pesticide free vegetables for healthy lifestyle.
- ✦ The students could realize and promote the importance of eco-friendly products thereby protecting the environment and sustaining it for the future generation.
- ✦ Equipped them with adequate skills to conduct talk and discussion forums and critically think and reflect on particular topic of relevance in the present era.

The workshop was very much engaging since it was practice-based. The whole workshop emphasized on the importance of vocational education as an economically valuable labor. The student teachers had benefitted from the workshop and indeed it helped them in upgrading their knowledge and skills which would contribute positively to their successful practice in their profession.

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## One Day Workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action Plan

### Photo Gallery



**RESOURCE PERSON**  
Ms. Anu Cleetus  
Coordinator and Nodal Officer  
MGNCRE, Hyderabad  
Ministry of Education  
Govt. of India

#### ABOUT US

St. Joseph College of Teacher Education for Women, Ernakulam, which is established in 1957, strives for the integral liberation of women through life-oriented education, transforming them to responsible citizens who respond proactively to the global challenges with courage and commitment, build a just social order. College takes various initiatives to provide EXPERIENTIAL LEARNING to our students. One of such initiative is JIC, Josephites in the Community. Parallel to the intellectual pursuits, the creation of a just society respecting the individual dignity, nurturing secular values and religious harmony and reaching out to the needy without any discrimination predicate our institutional ethos. The Extension Service Unit organizes various activities of JIC (JOSEPHITES IN THE COMMUNITY) like outreach programmes, visits to special schools, blood donation camps, free eye camps, distribution of dress and food packets to the needy. Students are engaged in a number of socially productive activities which will help inculcate in them dignity of labour.



#### VENTEL action plan Sub themes

1. Vocational Education
2. Self-Reliance
3. Swachatha and Health
4. Community Engagement



ST. JOSEPH COLLEGE OF  
TEACHER EDUCATION  
FOR WOMEN,  
ERNAKULAM

In Collaboration With



MAHATMA GANDHI  
NATIONAL COUNCIL OF  
RURAL EDUCATION,  
HYDERABAD

Organises

VIRTUAL WORKSHOP ON  
VENTEL ACTN PLAN

St. Joseph College of Teacher Education for  
Women, Ernakulam  
Affiliated to Mahatma Gandhi University,  
Kottayam, (Recognized by NCTE)  
Phone: 0484-2351695, 2371325  
[stjosephcollege@hotmail.com](mailto:stjosephcollege@hotmail.com)  
website: stjosephcte.in

VENTEL  
ACTION  
PLAN

Virtual Workshop  
23<sup>rd</sup> October 2020  
Time: 10am to 12pm



Dr. Sr. Alice Joseph  
Principal  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



Mrs. Smitha Jose  
Coordinator  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

### Brochure for workshop on VENTEL action plan

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



**One Day Workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action Plan**

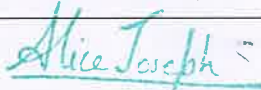
**Programme details**

<b>Name of the Event</b>	Workshop on VENTEL (Vocational Education- Nai Talim-Experiential Learning) Action Plan
<b>Date</b>	23/10/2020
<b>Time</b>	10.00 AM – 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers-88, Faculty-12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/ccb-fjcd-pyb">https://meet.google.com/ccb-fjcd-pyb</a>

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Sicily A.A	Assistant Professor (Malayalam Education)
6	Dr. Rachel George M	Assistant Professor (Natural Science)
7	Mrs. Smitha Jose	Assistant Professor (Education)
8	Dinimol Jacob	Assistant Professor (Natural Science Education)
9	Marin Jose	Assistant Professor (English Education)
10	Soya Mathew	Assistant Professor (Education)
11	Bindu Joseph	Assistant Professor (Malayalam Education)
12	Dr. Betty PJ	Assistant Professor (Mathematics Education)

  
**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam 676





## Students list:

Sl. No	Name	Batch
1	Abilasha K P	2019-2021 batch (B Ed. Natural Science)
2	Amrutha K.H	2019-2021 batch (B Ed. Natural Science)
3	Thahira M.A	2019-2021 batch (B Ed. Physical Science)
4	Sisira S	2019-2021 batch (B Ed. Malayalam)
5	Christy PP	2019-2021 batch (B Ed. Natural Science)
6	Chithralekha	2019-2021 batch (B Ed. Mathematics)
7	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
8	Jeslina Maria	2019-2021 batch(B Ed. Physical Science)
9	Maria Ancy	2019-2021 batch (B Ed. Mathematics)
10	Christina Louis	2019-2021 batch(B Ed. Physical Science)
11	Sujitha Jose	2019-2021 batch(B Ed. Social Science)
12	Bilby Babu	2019-2021 batch(B Ed. Social Science)
13	Jyothis K Devasia	2019-2021 batch(B Ed. English)
14	Metty P.J	2019-2021 batch(B Ed. Physical Science)
15	Jyothi G	2019-2021 batch(B Ed. Malayalam)
16	Dona Garvasis	2019-2021 batch (B Ed. Social Science)
17	Anju George	2019-2021 batch (B Ed. Mathematics)
18	Liya Rose	2019-2021 batch (B Ed. Physical Science)
19	Gopika Rajagopal	2019-2021 batch (B Ed. Social Science)
20	Amreetha S James	2019-2021 batch(B Ed. English)
21	Jefin Job	2019-2021 batch(B Ed. English)
22	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
23	Greetta James	2019-2021 batch(B Ed. Natural Science)
24	Hridya Joly	2019-2021 batch(B Ed. English)





25	Annu Jose	2019-2021 batch(B Ed. English)
26	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
27	M Renuka	2019-2021 batch (B Ed. Social Science)
28	Asha Joseph	2019-2021 batch(B Ed. Mathematics)
29	Granes P. Joshy	2019-2021 batch(B Ed. Social Science)
30	Lincy B.J	2019-2021 batch(B Ed. Social Science)
31	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
32	Ninitha Joy	2019-2021 batch(B Ed. Malayalam)
33	Lincy Jude	2019-2021 batch(B Ed. Social Science)
34	Anjali K	2019-2021 batch(B Ed. Malayalam)
35	Deepthi George	2019-2021 batch (B Ed. Natural Science)
36	Devika S	2019-2021 batch(B Ed. English)
37	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)
38	Anntreesa J Kappen	2019-2021 batch(B Ed. Malayalam)
39	Keerthana Krishnan	2019-2021 batch(B Ed. English)
40	Fousiya K N	2019-2021 batch(B Ed. Social Science)
41	Snehamol Johnson	2019-2021 batch (B Ed. Physical Science)
42	Anjana K M	2019-2021 batch(B Ed. Social Science)
43	Anjaly M B	2019-2021 batch(B Ed. Social Science)
44	Nayana Maria	2019-2021 batch(B Ed. Social Science)
45	Linnet Maria K	2019-2021 batch(B Ed. Malayalam)
46	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
47	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
48	Sini Mol P.T	2019-2021 batch(B Ed. Malayalam)
49	Susan Neenu	2019-2021 batch(B Ed. Mathematics)
50	Annaet O.J	2019-2021 batch(B Ed. Social Science)



51	Neethu Peter	2019-2021 batch(B Ed. English)
52	Sandra P.K	2019-2021 batch(B Ed. English)
53	Shelga Jacob	2019-2021 batch(B Ed. Malayalam)
54	Parvathy Rajeev	2019-2021 batch(B Ed. Malayalam)
55	Therese Rani	2019-2021 batch (B Ed. Physical Science)
56	Reshma C Ratheesh	2019-2021 batch(B Ed. English)
57	Faseela U S	2019-2021 batch (B Ed. Social Science)
58	Sandra Saju	2019-2021 batch(B Ed. Malayalam)
59	Aswathy Peter	2019-2021 batch(B Ed. Social Science)
60	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
61	Sithara Joshy	2019-2021 batch(B Ed. Natural Science)
62	Sruthy K Shaju	2019-2021 batch(B Ed. Mathematics)
63	Nandita B Shenoy	2019-2021 batch(B Ed. English)
64	Salma Shereef	2019-2021 batch(B Ed. Social Science)
65	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
66	Sara Stephen	2019-2021 batch (B Ed. English)
67	Amrutha SV	2019-2021 batch(B Ed. Social Science)
68	Naina N T	2019-2021 batch(B Ed. Social Science)
69	Preetha T.P	2019-2021 batch(B Ed. English)
70	Aiswarya Thomas	2019-2021 batch (B Ed. Mathematics)
71	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
72	Anu Thomas	2019-2021 batch(B Ed. English)
73	Mary Rilu Arooja	2019-2021 batch(B Ed. Natural Science)
74	Maria Rose Varghese	2019-2021 batch(B Ed. Physical Science)
75	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
76	Livi George	2019-2021 batch (B Ed. Physical Science)



77	Anju P Tomy	2019-2021 batch(B Ed. Social Science)
78	Raveena T.V	2019-2021 batch (B Ed. Mathematics)
79	Vincy P.V	2019-2021 batch(B Ed. Malayalam)
80	Anusree Venu	2019-2021 batch(B Ed. English)
81	Parvathy Rajeev	2019-2021 batch(B Ed. Malayalam)
82	Athira M.M	2019-2021 batch (B Ed. Malayalam)
83	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
84	Amala Anna Thomas	2019-2021 batch(B Ed. English)
85	Anjali K Thankappan	2019-2021 batch(B Ed. Malayalam)
86	Amreetha S James	2019-2021 batch(B Ed. English)
87	Maria Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
88	Shijila P N	2019-2021 batch(B Ed. Malayalam)

*Alice Joseph*

**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Jagaran Webinar Series-2

### ‘Healthy Use of Mobile Phones: Role of Parents ‘

<b>Name of the Event</b>	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children</li> <li>2. To generate awareness among parents regarding healthy use of mobile phones</li> <li>3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage</li> <li>4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children</li> </ol>
<b>Details of Programme Coordinators</b>	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Shri. Jayaraj P.K Excise Circle Inspector Kollam
<b>Date</b>	22/11/2020
<b>Time</b>	7.30 PM to 9.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in Rani Matha Public School, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/iym-rmzs-qxo">https://meet.google.com/iym-rmzs-qxo</a>

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**Jagaran Webinar Series-2**  
**'Role of Parents in the Healthy Use of Mobile Phones'**  
**Programme Report**

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative 'Jagaran', organized a webinar series on 'Healthy Use of Mobile Phones: Role of Parents' in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The second session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 7.30 PM to 9.00 PM on 22<sup>nd</sup> November 2020. Dr. Hemalettha P.K, Assistant Professor in Social Science Education at St Joseph College of Teacher Education for Women, Ernakulam delivered the welcome speech for the programme. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 65 parents participated in the online webinar.

Content of the webinar:

- ✿ Effects of unhealthy usage of mobile phones among children
- ✿ Significance of healthy usage of mobile phones
- ✿ Guidance to parents on monitoring their child's mobile phone usage
- ✿ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children's healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual's life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy





usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✚ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✚ Got informed about various negative impacts of unhealthy mobile phone usage
- ✚ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar winded up at 9.00 PM with the vote of thanks delivered by Sicily A.A, Assistant Professor in Malayalam Education St Joseph College of Teacher Education for Women, Ernakulam.

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam








## Jagaran Webinar Series-2

**'Healthy Use of Mobile Phones: Role of Parents'**

**Photo Gallery**



**St. Joseph College of Teacher Education for Women, Ernakulam**


In Association with IQAC & Anti-Narcotic Club organizes


**'Jagaran'**


Webinar series 2- 'Healthy Use of Mobile Phones: Role of Parents'


Resource Person:

**Shri. Jayaraj P.K**  
Excise Circle Inspector  
Kollam



 22nd November 2020

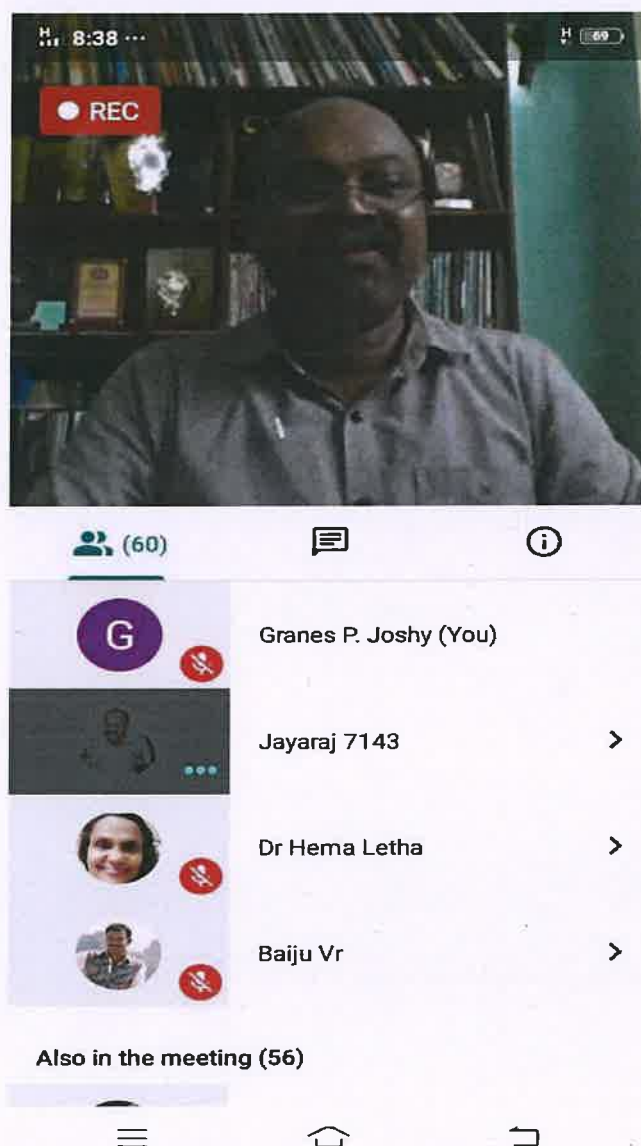
 7.30 PM

 <https://meet.google.com/iym-rmzs-qxo>

**Event poster for Jagaran Webinar Series- 2**

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





The resource person for the Jagaran Webinar Series programme, Shri. Jayaraj P.K, Excise Circle Inspector at Kollam carrying out the second webinar series on role of parents in the healthy usage of mobile phones for parents of students studying in Rani Matha Public School, Ernakulam via Google Meet.

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



**Jagan Webinar Series-2****‘Healthy Use of Mobile Phones: Role of Parents ‘****Programme Details**

<b>Name of the Event</b>	Jagan Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
<b>Date</b>	22/11/2020
<b>Time</b>	7.30 PM to 9.00 PM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Parents of students in Rani Matha Public School, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/iym-rmzs-qxo">https://meet.google.com/iym-rmzs-qxo</a>

**List of Participants**

<b>Participant category</b>	<b>School in which the participant’s child is studying</b>	<b>Total Number of participants</b>
Parents	Rani Matha Public School, Ernakulam	65

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

<b>SL.NO.</b>	<b>NAME OF THE FACULTY</b>	<b>DESIGNATION</b>
1	Dr. Alice Joseph	Principal
2	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
3	Sicily A.A	Assistant Professor (Malayalam Education)
4	Mrs. Smitha Jose	Assistant Professor

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam

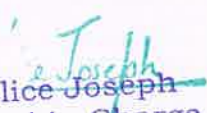






## List of participants from Anti-Narcotic club:

Sl. No	Name
1	Anjana K M
2	Anjaly M B
3	Aswathy Peter
4	Blessy Jacob
5	Fousiya K N
6	Granes P Joshy
7	Lincy B J
8	M Renuka
9	Salma Shereef
10	Dona Garvasis

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Jagaran Webinar Series-1

### ‘Healthy Use of Mobile Phones- Role of Parents’

<b>Name of the Event</b>	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones- Role of Parents ‘
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children</li> <li>2. To generate awareness among parents regarding healthy use of mobile phones</li> <li>3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage</li> <li>4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children</li> </ol>
<b>Details of Programme Coordinators</b>	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Persons</b>	Shri. Ashok Kumar T.A (Chief Guest) Deputy Excise Commissioner Ernakulam Shri. Jayaraj P.K Excise Circle Inspector Kollam
<b>Date</b>	14/11/2020
<b>Time</b>	7.30 PM to 9.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in GVHSE, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/iym-rmzs-qxo">https://meet.google.com/iym-rmzs-qxo</a>



*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

## Jagaran Webinar Series-1

### ‘Healthy Use of Mobile Phones: Role of Parents ‘

#### Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative ‘Jagaran’, organized a webinar series on ‘Healthy Use of Mobile Phones: Role of Parents’ in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The first session of the webinar series was conducted for parents of students in GVHSE, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu in Ernakulam. Dr. Alice Joseph, principal at St Joseph College of Teacher Education for Women, Ernakulam delivered the official welcome address for the event. The webinar series was inaugurated by Shri. Ashok Kumar T.A, Deputy Excise Commissioner, Ernakulam. The webinar session was conducted via Google Meet from 7.30 PM to 9.00 PM on 14<sup>th</sup> November 2020. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 84 parents participated in the webinar.

Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child’s mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children’s healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual’s life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years.

The mobile phone usage among children has its own advantages and possible harms. A







healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar winded up at 9.00 PM with the vote of thanks delivered by Mrs. Smitha Jose, Assistant Professor, St Joseph College of Teacher Education for Women, Ernakulam.

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## Jagaran Webinar Series-1

### 'Healthy Use of Mobile Phones: Role of Parents'

#### Photo Gallery

 <p><b>St. Joseph College of Teacher Education for Women, Ernakulam</b></p> <p>In Association with IQAC &amp; Anti-Narcotic Club organizes</p> <p><b>'Jagaran'</b></p> <p>Webinar series - 'Healthy Use of Mobile Phones: Role of Parents'</p> <p><b>Chief Guest:</b></p> <p>Shri. Ashok Kumar T.A Deputy Excise Commissioner Ernakulam</p>  <p>14th November 2020 7.30 PM</p> <p><a href="https://meet.google.com/xcx-qazx-qkp">https://meet.google.com/xcx-qazx-qkp</a></p>	 <p><b>St. Joseph College of Teacher Education for Women, Ernakulam</b></p> <p>In Association with IQAC &amp; Anti-Narcotic Club organizes</p> <p><b>'Jagaran'</b></p> <p>Webinar series - 'Healthy Use of Mobile Phones: Role of Parents'</p> <p><b>Resource Person:</b></p> <p>Shri. Jayaraj P.K Excise Circle Inspector Kollam</p>  <p>14th November 2020 7.30 PM</p> <p><a href="https://meet.google.com/xcx-qazx-qkp">https://meet.google.com/xcx-qazx-qkp</a></p>
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#### Event posters for Jagaran Webinar Series-1

## Jagaran Webinar Series-1

### 'Healthy Use of Mobile Phones: Role of Parents'

#### Programme Details

<b>Name of the Event</b>	Jagaran Webinar Series on 'Healthy Use of Mobile Phones: Role of Parents'
<b>Date</b>	14/11/2020
<b>Time</b>	7.30 PM – 9.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in GVHSS, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/xcx-qazx-qkp">https://meet.google.com/xcx-qazx-qkp</a>



### List of Participants

Participant category	School in which the participant's child is studying	Total Number of participants
Parents	GVHSE, North Edappally, Ernakulam	28
	St. Joseph HSS, Koonammavu, Ernakulam	56

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)

List of participants from Anti-Narcotic club:

Sl. No	Name
1	Amrutha S V
2	Anjaly M B
3	Bilby Babu
4	Blessy Jacob
5	Fousiya K N
6	Granes P Joshy
7	Lincy B J
8	M Renuka
9	Salma Shereef
10	Sujitha Jose

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Jagaran Webinar Series-3

### ‘Healthy Use of Mobile Phones: Role of Parents ‘

<b>Name of the Event</b>	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents’
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children</li> <li>2. To generate awareness among parents regarding healthy use of mobile phones</li> <li>3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage</li> <li>4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children</li> </ol>
<b>Details of Programme Coordinators</b>	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Shri. Jayaraj P.K Excise Circle Inspector Kollam
<b>Date</b>	29/11/2020
<b>Time</b>	2.30 PM to 4.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in Government High School, Thiruvankulam, Ernakulam and Government UP School, Vilangu, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/doc-gdqx-ajv">https://meet.google.com/doc-gdqx-ajv</a>



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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

### Jagaran Webinar Series- 3

#### ‘Healthy Use of Mobile Phones: Role of Parents ‘

##### Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative ‘Jagaran’, organized a webinar series on ‘Healthy Use of Mobile Phones: Role of Parents’ in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The third session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 2.30 PM to 4.00 PM on 29<sup>th</sup> November 2020. The welcome speech for the event was delivered by Sicily A.A, Assistant Professor in Malayalam Education at St Joseph College of Teacher Education for Women, Ernakulam. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 56 parents participated in the online webinar.

##### Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child’s mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children’s healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual’s life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy



usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar wined up at 4.00 PM with the vote of thanks delivered by Mrs. Smitha Jose, Assistant Professor in Education at St Joseph College of Teacher Education for Women, Ernakulam.

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







### Jagaran Webinar Series-3

**'Healthy Use of Mobile Phones: Role of Parents'**

**Photo Gallery**



**St. Joseph College of Teacher  
Education for Women, Ernakulam**

**In Association with IQAC & Anti-Narcotic Club  
organizes**

**'Jagaran'**

Webinar series 3- 'Healthy Use of Mobile  
Phones: Role of Parents'

**Resource Person:**

**Shri. Jayaraj P.K**

Excise Circle Inspector  
Kollam



29th November 2020



2.30 PM



<https://meet.google.com/doc-gdqx-ajv>

**Event poster for Jagaran Webinar Series-3**

*Alice Joseph*

**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



**Jagaran Webinar Series****Session -3: 'Healthy Use of Mobile Phones: Role of Parents'****Programme Details**

<b>Name of the Event</b>	Jagaran Webinar Series on 'Healthy Use of Mobile Phones: Role of Parents'
<b>Date</b>	29/11/2020
<b>Time</b>	2.30 PM to 4.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in Government High School, Thiruvankulam, Ernakulam and Government UP School, Vilangu, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/doc-gdqx-ajv">https://meet.google.com/doc-gdqx-ajv</a>

**List of Participants**

<b>Participant category</b>	<b>School in which the participant's child is studying</b>	<b>Total Number of participants</b>
Parents	Government High School, Thiruvankulam, Ernakulam	26
	Government UP School, Vilangu, Ernakulam	30

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

<b>SL.NO.</b>	<b>NAME OF THE FACULTY</b>	<b>DESIGNATION</b>
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## List of participants from Anti-Narcotic club:

Sl. No	Name
1	Anju P Tomy
2	Annaet O J
3	Anjaly M B
4	Blessy Jacob
5	Dona Garvasis
6	Faseela U S
7	Fousiya K N
8	Gopika Rajagopal
9	Granes P Joshy
10	Lincy B J
11	M Renuka
12	Naina N T
13	Salma Shereef
14	Sujitha Jose

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







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Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Jagaran Webinar Series-4

### ‘Healthy Use of Mobile Phones: Role of Parents ‘

<b>Name of the Event</b>	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children</li> <li>2. To generate awareness among parents regarding healthy use of mobile phones</li> <li>3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage</li> <li>4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children</li> </ol>
<b>Details of Programme Coordinators</b>	Anti-Narcotic Club in association with IQAC cell St. Joseph College of Teacher Education for Women Ernakulam
<b>Details of Resource Person</b>	Shri. Jayaraj P.K Excise Circle Inspector Kollam
<b>Date</b>	13/12/2020
<b>Time</b>	2.30 PM to 4.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in Infant Jesus Public School, North Paravoor, Ernakulam
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/uyx-xyyu-fuf">https://meet.google.com/uyx-xyyu-fuf</a>



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Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
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## Jagaran Webinar Series-4

### 'Healthy Use of Mobile Phones: Role of Parents'

#### Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative 'Jagaran', organized a webinar series on 'Healthy Use of Mobile Phones: Role of Parents' in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The fourth session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 2.30 PM to 4.00 PM on 13<sup>th</sup> December 2020. Mrs. Smitha Jose, Assistant Professor in Education at of St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 82 parents participated in the online webinar.

Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child's mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children's healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual's life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam




declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar wended up at 4.00 PM with the vote of thanks delivered by Sicily A.A, Assistant Professor in Malayalam Education St Joseph College of Teacher Education for Women, Ernakulam.

  
**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







## Jagaran Webinar Series-4

**'Healthy Use of Mobile Phones: Role of Parents'**

**Photo Gallery**



**St. Joseph College of Teacher  
Education for Women, Ernakulam**

In Association with IQAC & Anti-Narcotic Club  
organizes

## 'Jagaran'

Webinar series 4- 'Healthy Use of Mobile  
Phones: Role of Parents'

Resource Person:

**Shri. Jayaraj P.K**  
Excise Circle Inspector  
Kollam





13th December 2020



2.30 PM



<https://meet.google.com/uyx-xyyu-fuf>

**Event poster for Jagaran Webinar Series- 4**

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



**Jagaran Webinar Series-4****‘Healthy Use of Mobile Phones: Role of Parents ‘****Programme Details**

<b>Name of the Event</b>	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
<b>Date</b>	13/12/2020
<b>Time</b>	2.30 PM to 4.00 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Parents of students in Infant Jesus Public School, North Paravoor, Ernakulam
<b>Platform Meet Link</b>	Google Meet <a href="https://meet.google.com/uyx-xyyu-fuf">https://meet.google.com/uyx-xyyu-fuf</a>

**List of Participants**

<b>Participant category</b>	<b>School in which the participant’s child is studying</b>	<b>Total Number of participants</b>
Parents	Infant Jesus Public School, North Paravoor, Ernakulam	82

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

<b>Sl.no.</b>	<b>Name of the faculty</b>	<b>Designation</b>
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



## List of participants from Anti-Narcotic club:

Sl. No	Name
1	Amrutha S V
2	Anjaly M B
3	Anjana K M
4	Anju P Tomy
5	Annaet O J
6	Aswathy Peter
7	Dona Garvasis
8	Faseela U S
9	Fousiya K N
10	Gopika Rajagopal
11	Granes P Joshy
12	M Renuka

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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(Affiliated to Mahatma Gandhi University, Kottayam)

## St. Kuriakose Elias Chavara Feast, 2021

<b>Name of the Event</b>	St. Kuriakose Elias Chavara Feast, 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To honor the contributions and teachings of St. Kuriakose Elias Chavara</li> <li>2. To commemorate the memorable works and words of St. Kuriakose Elias Chavara</li> </ol>
<b>Details of Event</b> <b>Coordinators</b>	<p>Students and faculty members</p> <p>Mathematics Optional</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Chief Guest</b>	<p>Dr. Kochurani Joseph</p> <p>Economist, Orator, writer and Academician</p> <p>(Retired Associate Professor and Head, Department of Economics, Bharata Mata College, Thrikkakara)</p>
<b>Date</b>	04/01/2021
<b>Time</b>	9.30 AM- 11.00 AM
<b>Duration</b>	1 Hour and 30 minutes
<b>Beneficiaries</b>	Student teachers- 87, Faculty- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/swu-hzob-rbk">https://meet.google.com/swu-hzob-rbk</a>



*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

## St. Kuriakose Elias Chavara Feast, 2021

### Programme Report

St. Elias Kuriakose Chavara, the renowned Indian Syro-Malabar Catholic priest, social reformer and philosopher, was noted for his selfless life, and continues to serve as a source of inspiration for Christian virtue and comfort to many people throughout their hardships and tribulations. Every year, 3<sup>rd</sup> January which is the death anniversary day of St. Elias Kuriakose Chavara is commemorated as 'St. Chavara Feast day' to honor and respect his life, contributions and teachings.

St. Joseph College of Teacher Education for Women, Ernakulam organized St. Chavara feast day celebration of St. Kuriakose Elias Chavara as part of commemorating and honoring the contributions and teachings of St. Kuriakose Elias Chavara on 4<sup>th</sup> January 2021 from 9.30 AM to 11.00 AM via Google Meet. The students and faculty members from mathematics optional coordinated the whole programme. The chief guest for the day was Dr. Kochurani Joseph, an Economist, Orator, Writer and Academician. She is also the retired Associate Professor and Head of the Department of Economics at Bharata Mata College, Thrikkakara. A total of 100 participants including all of the first year B Ed. student teachers and all the faculty members participated in the feast day celebration.

Even though, the St. Chavara feast day was officially celebrated on 4<sup>th</sup> of January at St. Joseph College of Teacher Education for Women, Ernakulam, the celebrations began on the 3<sup>rd</sup> January itself. A virtual tour was prepared and shared via online platforms by the students from Mathematics optional to all of the faculty members, non-teaching staffs and students which marked beginning of the feast for the year 2021. Each student from Mathematics optional had prepared a festal wish which were also shared through online platforms throughout the day. On 4<sup>th</sup> January 2021, the official celebration started exactly at 9.30 AM with a prayer song by Ms. Sruthy K Shaju, student teacher from second year Mathematics optional. The prayer was succeeded by the welcome speech delivered by Ms. Alvina Carmel, student representative from first year Mathematics optional. Ms. Alvina Carmel officially welcomed all of the participants to the event. The presidential address for the programme was delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph talked about St. Kuriakose Elias Chavara and his life works. She emphasized the importance of celebrating St. Chavara feast in educational institutions. Dr. Alice Joseph enunciated that it is important to teach students



about his work and teachings which are really inspiring for anyone in the society. In order to honor and commemorate his memorable works, St. Chavara Feast is organized. Dr. Alice Joseph reminded all of the students to have strong faith in God and to contribute to the society in which they live in. The presidential address was succeeded by a video presentation on St. Kuriakose Elias Chavara prepared by Ms. Cris Francis, student teacher from first year Mathematics optional. The video presentation was followed by the feast message delivered by the chief guest for the day, Dr. Kochurani Joseph who is a well-known orator, writer, economist and academician. Dr. Kochurani Joseph is well-known for her thought provoking, reflective and intriguing sessions. Dr. Kochurani Joseph did gave an inspiring talk about St. Kuriakose Elias Chavara his life inspirations that one could adopt to live their lives to the fullest. Dr. Alice Joseph enunciated that St. Kuriakose Elias Chavara was a great social reformer who had initiated several reforms much earlier in Kerala and had played a major role in educating and thereby uplifting people specifically the underprivileged in the society. He started educational institutions and became the first Indian who not only provided admissions to those who were considered untouchables at earlier times but also provided Sanskrit education for them which was made forbidden for them. He was a strong believer who took initiatives and contributed to the church, the society and wherever initiatives are necessary. After the feast message, a festal song was performed as a tribute to St. Chavara by Ms. Megha T.M and Ms. Nikhila Baby, student teachers from first year Mathematics optional.

Overall, the programme turned out to be successful in accomplishing in its objectives. The event turned out to be informative for the student teachers. The resource person could make a spark on student teachers to think critically and reflect. The commemoration of St. Chavara left the young minds with inspiration and the motivation to contribute to their society. The programme winded up at 11.00 AM with the vote of thanks delivered by Ms. Lia Rose Tomson, student teacher from first year Mathematics optional.

*Alice Joseph*

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







## St. Kuriakose Elias Chavara Feast, 2021

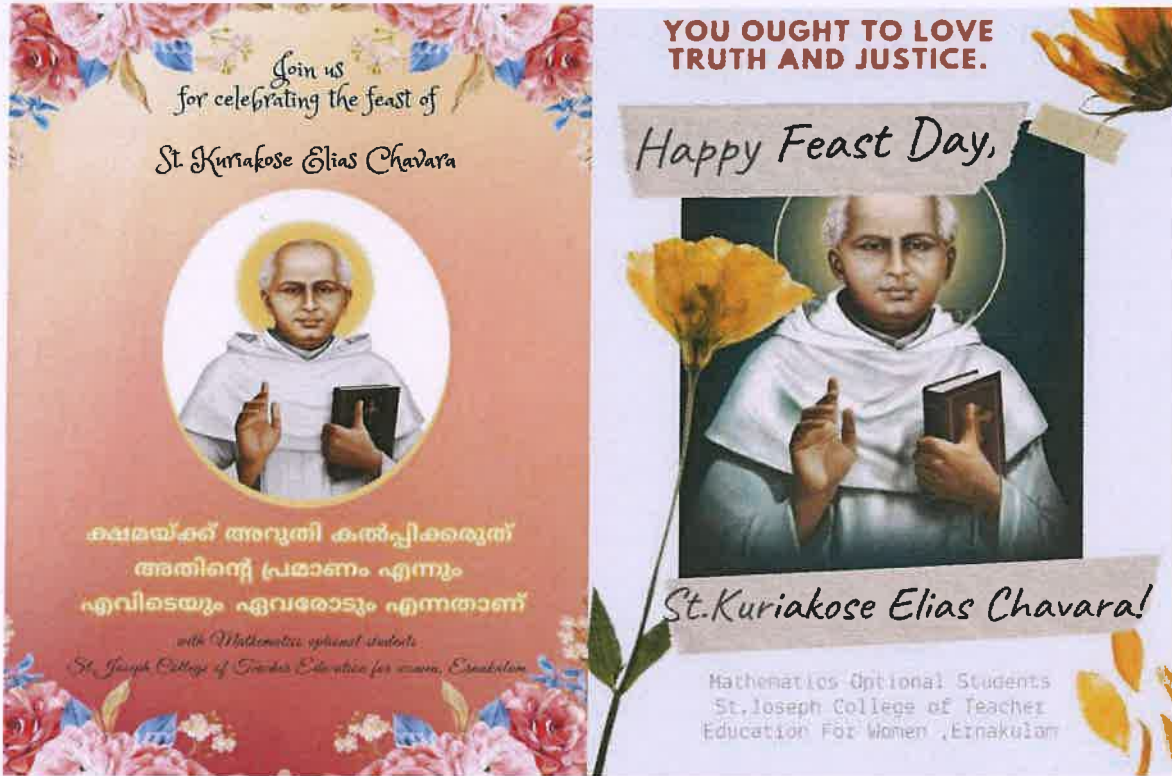
### Photo Gallery



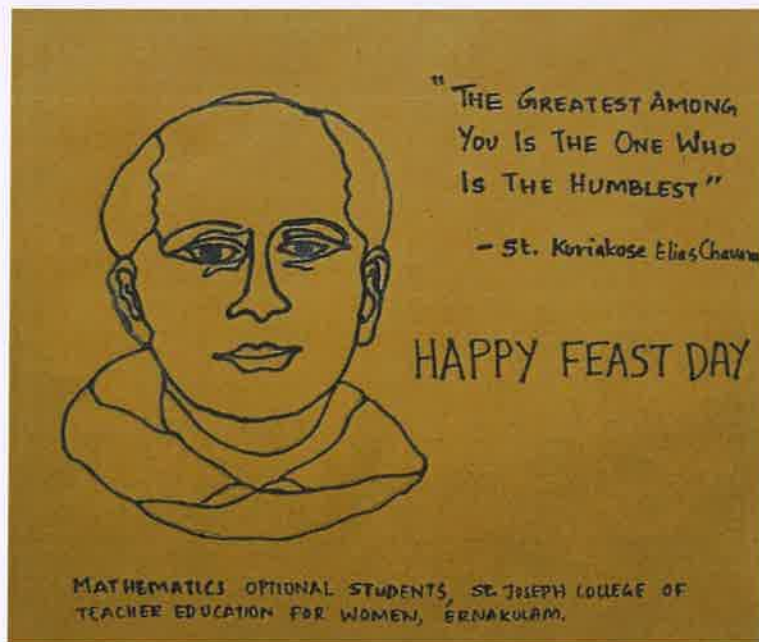
Brochure for St. Kuriakose Elias Chavara Feast, 2021 organized by Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam

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Event posters for St. Kuriakose Elias Chavara Feast, 2021 organized by Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam



Handmade poster prepared by the student teachers from Mathematics optional at St. Joseph College of Teacher Education for Women, Ernakulam during the St. Kuriakose Elias Chavara Feast, 2021

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**St. Kuriakose Elias Chavara Feast, 2021****Programme Details**

<b>Name of the Event</b>	St. Kuriakose Elias Chavara Feast, 2021
<b>Date</b>	04/01/2021
<b>Time</b>	9.30 AM – 11.00 AM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers- 87, Faculty members- 12
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/swu-hzob-rbk">https://meet.google.com/swu-hzob-rbk</a>

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science)
8	Sicily A.A	Assistant Professor (Malayalam Education)
9	Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)
12	Dr. Hemaletha P K	Assistant Professor (Social Science Education)



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Students list:

Sl. No	Name	Batch
1	Aagi Tom	2020-2022 batch (B Ed. English)
2	Sandra P.K	2019-2021 batch (B Ed. English)
3	Sara Stephen	2019-2021 batch (B Ed. English)
4	Hridya Joly	2019-2021 batch (B Ed. English)
5	Keerthana Krishnan	2019-2021 batch (B Ed. English)
6	Jefin Job	2019-2021 batch (B Ed. English)
7	Neethu Peter	2019-2021 batch (B Ed. English)
8	Dona Mariya Thomas	2020-2022 batch (B Ed. English)
9	Josna Joy	2020-2022 batch (B Ed. English)
10	Kavya Joseph	2020-2022 batch (B Ed. English)
11	Mariatta D Kappan	2020-2022 batch (B Ed. English)
12	Melvin Daniel	2020-2022 batch (B Ed. English)
13	Parvathy V	2020-2022 batch (B Ed. English)
14	Rinju Jolly	2020-2022 batch (B Ed. English)
15	Sania Varghese	2020-2022 batch (B Ed. English)
16	Sneha Joseph	2020-2022 batch (B Ed. English)
17	Sreelekha R	2020-2022batch (B Ed. Malayalam)
18	Abhirami Soman	2020-2022batch (B Ed. Malayalam)
19	Aleena Roy	2020-2022batch (B Ed. Malayalam)

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Sl. No	Name	Batch
20	Amitha James	2020-2022batch (B Ed. Malayalam)
21	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
22	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
23	Sandhya Poulose	2019-2021 batch (B Ed. Malayalam)
24	Athira Raju	2020-2022batch (B Ed. Malayalam)
25	Athira Sabu	2020-2022batch (B Ed. Malayalam)
26	Blessy Babu	2020-2022batch (B Ed. Malayalam)
27	Bobina Antony	2020-2022batch (B Ed. Malayalam)
28	Catherine Varghese	2020-2022batch (B Ed. Malayalam)
29	Mayamol Thomas	2020-2022batch (B Ed. Malayalam)
30	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
31	Shilpa Stanly	2020-2022batch (B Ed. Mathematics)
32	Vismaya Mohanan	2020-2022batch (B Ed. Mathematics)
33	Alvina Carmel	2020-2022batch (B Ed. Mathematics)
34	Amala Sajeev	2020-2022batch (B Ed. Mathematics)
35	Aneesha Mohan	2020-2022batch (B Ed. Mathematics)
36	Anitta Sunny	2020-2022batch (B Ed. Mathematics)
37	Cris Francis	2020-2022batch (B Ed. Mathematics)
38	Elizabeth Maria Babu	2020-2022batch (B Ed. Mathematics)
39	Fathemath Sahadiya	2020-2022batch (B Ed. Mathematics)



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Sl. No	Name	Batch
40	Meera R	2020-2022batch (B Ed. Mathematics)
41	Megha T.M	2020-2022batch (B Ed. Mathematics)
42	Merin Johny	2020-2022batch (B Ed. Mathematics)
43	Nikhila Baby	2020-2022batch (B Ed. Mathematics)
44	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
45	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
46	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
47	Anju Abraham P	2020-2022batch (B Ed. Physical Science)
48	Aparna S	2020-2022batch (B Ed. Physical Science)
49	Arya M A	2020-2022batch (B Ed. Physical Science)
50	Athira Anil	2020-2022batch (B Ed. Physical Science)
51	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
52	Livi George	2019-2021 batch (B Ed. Physical Science)
53	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
54	Keerthana Tomy	2020-2022batch (B Ed. Physical Science)
55	Lida Mathew	2020-2022batch (B Ed. Physical Science)
56	Mariya Deepthy	2020-2022batch (B Ed. Physical Science)
v57	Neethu P D	2020-2022batch (B Ed. Physical Science)
58	Reshma S Babu	2020-2022batch (B Ed. Physical Science)
59	Stella Avirappatt	2020-2022batch (B Ed. Physical Science)





Sl. No	Name	Batch
60	Anitta Sheen Theresa	2020-2022batch (B Ed. Natural Science)
61	Anjana Vijayan	2020-2022batch (B Ed. Natural Science)
62	Anju A	2020-2022batch (B Ed. Natural Science)
63	Ann Mathew	2020-2022batch (B Ed. Natural Science)
64	Evelyn Thankachan C K	2020-2022batch (B Ed. Natural Science)
65	Abhilasha K.P	2019-2021 batch (B Ed. Natural Science)
66	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
67	Nimisha N.K	2020-2022batch (B Ed. Natural Science)
68	Rosaliya George	2020-2022batch (B Ed. Natural Science)
69	Gretta James	2019-2021 batch (B Ed. Natural Science)
70	Shiyara K S	2020-2022batch (B Ed. Natural Science)
71	Sreelakshmi T A	2020-2022batch (B Ed. Natural Science)
72	Varsha Varghese	2020-2022batch (B Ed. Natural Science)
73	Amrutha Satheesan	2020-2022batch (B Ed. Social Science)
74	Aneeta Anson	2020-2022batch (B Ed. Social Science)
75	Ans Jose	2020-2022batch (B Ed. Social Science)
76	Aparna Raveendran	2020-2022batch (B Ed. Social Science)
77	Asha Joseph	2020-2022batch (B Ed. Social Science)
78	Liya Thomas	2020-2022batch (B Ed. Social Science)
79	Meenu Anna Mathai	2020-2022batch (B Ed. Social Science)



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Sl. No	Name	Batch
80	Meera Mathew	2020-2022batch (B Ed. Social Science)
81	Milu Hasan K.H	2020-2022batch (B Ed. Social Science)
82	Olivia Tresa A A	2020-2022batch (B Ed. Social Science)
83	Revathy N	2020-2022batch (B Ed. Social Science)
84	Anju P Tomy	2019-2021 batch (B Ed. Social Science)
85	Amrutha S.V	2019-2021 batch (B Ed. Social Science)
86	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
87	Granes P Joshy	2019-2021 batch (B Ed. Social Science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## “Education for Enlightenment”

Aroha 2021

(5-Day Non-Residential Camp)

<b>Name of the Event</b>	“Education for Enlightenment” (Aroha 2021)- 5 day camp
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop love and compassion for fellow beings</li> <li>2. To develop practical skills</li> <li>3. To develop social skills and life skills</li> <li>4. To develop cooperation and team spirit</li> <li>5. To develop social responsibility</li> <li>6. To develop organization skills</li> <li>7. To develop documentation skills</li> </ol>
<b>Details of Resource Persons</b>	<p>Day 1: Mr. Prince Mathew Farmer Mulanthuruthy Panchayath, Ernakulam, Kerala</p> <p>Day 2: Mrs. Regin George Lecturer DIET (District Institute of Education and Training) Kuruppampady, Ernakulam, Kerala</p> <p>Day 3: Adv. Suchithra M S Ward Member Mulanthuruthy Panchayath, Ernakulam, Kerala</p> <p>Day 4: Dr. Prabha Grace Principal Carmel School of Nursing Aluva, Kerala</p> <p>Day 5: Mrs. Sivakala Sivaraman Lecturer Chavara Memorial ITI Koonammavu, Ernakulam, Kerala</p>

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<b>Camp Convener</b>	Dr. Alice Joseph Principal St. Joseph College of Teacher Education for Women, Ernakulam
<b>Camp Coordinator</b>	Mrs. Smitha Jose Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam
<b>Camp Leader</b>	Ms. Sara Stephen Student teacher 2019-2021 batch (B Ed. English) St. Joseph College of Teacher Education for Women, Ernakulam
<b>Camp Student Coordinators</b>	Ms. Sneha Mol K.J Student teacher 2019-2021 batch (B Ed. Physical Science) St. Joseph College of Teacher Education for Women, Ernakulam  Ms. Neethu Peter Student teacher 2019-2021 batch (B Ed. English) St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	08/02/2021 – 12/02/2021
<b>Time</b>	9.00 AM- 1.30 PM (each day)
<b>Duration</b>	5 days (22 hours and 30 minutes)
<b>Beneficiaries</b>	Student teachers-97, Faculty-11
<b>Camp Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

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**“Education for Enlightenment”**  
**Aroha 2021**  
**(5-Days Community Living Camp)**

**Programme Report**

St. Joseph College of Teacher Education for Women, Ernakulam organized a 5 day camp programme (Aroha 2021) from 8<sup>th</sup> February 2021 to 12<sup>th</sup> February 2021 for B Ed. Student teachers of 2019-2021 batch as part of their academic curriculum. The camp was a non-residential one due to the Covid-19 pandemic prevalent during the year of 2021. “Education for Enlightenment” was the camp theme for the year 2021. Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam was the Camp Convener. Mrs. Smitha Jose, Assistant Professor at St. Joseph College of Teacher Education for Women, Ernakulam was the Camp Coordinator. The 5 day non-residential camp Aroha was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam on 8<sup>th</sup> February 2021 at 9.30 AM.

After the inauguration function of the camp, mock parliament was organized and group leaders were selected. The whole 2019-2021 batch B Ed. student teachers were divided in to 5 groups in the camp and the duty of organizing activities for each day of the camp was assigned to each group of students. The camp leader was Ms. Sara Stephen, student teacher from English optional. Group leaders for the 5 groups of students were also selected via the mock parliament. Student teachers, Ms. Minnu Maria Wilson from Physical Science optional and Ms. Chithralekha R from Mathematics optional were selected as the leaders for group 1. Student teachers who were selected as group leaders for group 2 were Ms. Anu Thomas from English Optional and Ms. Abhilasha K.P from Natural Science optional. Ms. Parvathy Rajeev, student teacher from Malayalam optional and Ms. Christy P.P, student teacher from Natural Science optional were the group leaders for Group 3. Ms. Christina Louis from Physical Science optional and Ms. Rita Rose John from Mathematics optional were the leaders for group 4. Ms. Salma Shereef from Social Science optional and Ms. Neethu Ursala P.G from Natural Science optional were selected as group leaders for group 5.

The student teachers were also divided into different committees and members were selected in such a way that members from each divided groups were included in each committee. The committees formed and its members are as follows:

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Committee	Members
Organisation Committee	<p>Geethu Xavier A (Mathematics)</p> <p>Minumol Johnson (Natural Science)</p> <p>Amala Anna Thomas (English)</p> <p>Linet Maria K (Malayalam)</p> <p>Joseme Joseph (Mathematics)</p> <p>Ninitha Joy V (Malayalam)</p> <p>Naina N.T (Social Science)</p> <p>Sandhya Poulouse (Malayalam)</p> <p>Annaet O.J (Social Science)</p> <p>Nandita B Shenoy (English)</p> <p>Liya Joseph (Physical Science)</p> <p>Sisira S (Malayalam)</p>
Finance Committee	<p>Somiya Mathew (Mathematics)</p> <p>Metty P.J (Physical Science)</p> <p>Theressa Sebi (Mathematics)</p> <p>Maria Rose Varghese (Physical Science)</p> <p>Anusree Venu (English)</p> <p>Susan Neenu (Mathematics)</p> <p>Anju George (Mathematics)</p> <p>Annmary Jose (Physical Science)</p> <p>Raveena T V (Mathematics)</p> <p>Livi George (Physical Science)</p> <p>Aiswarya P.T (Mathematics)</p> <p>Sruthy K Shaju (Mathematics)</p>

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Purchasing Committee	<p>Anjali K Thankappan (Malayalam)</p> <p>Mary Rilu Arooja (Natural Science)</p> <p>Blessy Jacob (Social Science)</p> <p>Jyothi G (Malayalam)</p> <p>Akheena Thomas (Natural Science)</p> <p>Gopika Rajagopal (Social Science)</p> <p>Maria Ancy M.J (Mathematics)</p> <p>Ishida K.B (Physical Science)</p> <p>Sony George (Natural Science)</p> <p>Sinimol P.T (Malayalam)</p> <p>Maria Sonet K.G (Natural Science)</p> <p>Anju P Tomy (Social Science)</p> <p>Vincy P.V (Malayalam)</p> <p>Priyanka K.T (Mathematics)</p> <p>Reshma P.P (Natural Science)</p>
Distribution Committee	<p>Athira M.M (Malayalam)</p> <p>Anntreesa J Kappen (Malayalam)</p> <p>Dona Garvasis (Social Science)</p> <p>Jeen Mary A.J (Physical Science)</p> <p>Deepthi George (Natural Science)</p> <p>Deena Mathew (Physical Science)</p> <p>Swanila N.S (Natural Science)</p> <p>Shelga Jacob (Malayalam)</p> <p>Sandra P.K (English)</p> <p>Anjaly M.B (Social Science)</p>

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	Aleena Mary (Mathematics)
Entertainment Committee	<p>Annu Jose (English)</p> <p>Amrutha K.H (Natural Science)</p> <p>Mary Nivitha Bivera (Physical Science)</p> <p>Jyothis K Devasia (English)</p> <p>Keerthana Krishnan (English)</p> <p>Thahira M.A (Physical Science)</p> <p>Liya Rose (Physical Science)</p>
Discipline Committee	<p>Sujitha Jose (Social Science)</p> <p>Shelja Philomina C.A (Natural Science)</p> <p>Fousiya K.N (Social Science)</p> <p>M Renuka (Social Science)</p> <p>Aswathy Peter (Social Science)</p> <p>Shijila P.N (Malayalam)</p> <p>Reshma C Ratheesh (English)</p>
First Aid Committee	<p>Mariya Jesleena Martin (Physical Science)</p> <p>Granes P Joshy (Social Science)</p> <p>Devika S (English)</p> <p>Preetha T.P (English)</p> <p>Lincy B J (Social Science)</p> <p>Hridya Joly (English)</p>

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Aroha (2021) community living camp had a duration of 5 days. There were particular themes set down for each day and the activities of each day were based on these themes which included,

- ✚ Day 1- 'Care for Nature'
- ✚ Day 2- 'Care and Share'
- ✚ Day 3- 'Jagratha'
- ✚ Day 4- 'Know Yourself'
- ✚ Day 5- 'Empowerment and Execution'

### **Day 1 (08/02/2021) - Care for Nature**

The students in group 1 were assigned with the organizing duty for the day. Mrs. Smitha Jose, Assistant Professor in Education and Dr. Betty P.J, Assistant Professor in Mathematics Education at St. Joseph College of Teacher Education for Women, Ernakulam were the Teachers-in-charge for day 1 of the community living camp.

The activities of the first day of the camp was based on its theme, i.e., Care for Nature. The first activity for day 1 was a session on organic farming for which the resource person was Mr. Prince Mathew who is a farmer at Mulanthuruthy Panchayath, Ernakulam. The session started at 10.00 AM. The session was all about organic farming, its importance and the types of organic farming. Organic farming is an agricultural practice that makes use of biological pesticides and fertilizers derived from plant or animal waste. Organic farming involves excluding usage of chemical pesticides which are not environment friendly. By lowering the pollution, organic farming contributes to environmental health. By minimizing the amount of contaminants in the product, it lowers the risks to human and animal health. It aids in maintaining agricultural yields at a level that is sustainable. Both the soil health and the expense of agriculture are improved. Integrated organic farming and pure organic farming were the two types of organic farming which were discussed in the session. The resource person, a farmer by profession, encouraged all the student teachers to do organic farming and thereby promote healthy lifestyle. He even provided the student teachers with seeds and grow bags and encouraged them to go back to nature. The session winded up at 11.45 AM.

Another activity of the day was a session on paper bag making which started at 12 PM after a break of 15 minutes. Student teachers were taught to make paper bags and were distributed among the local vendors in the marketplace in Ernakulam. The activity aimed at





developing a responsibility in each student teachers to care for the nature by avoiding plastic bags and promote eco-friendly practices. A total of 2000 paper bags were prepared and distributed by the students with each student preparing a total of 20 paper bags. The first day of camp winded up at 1.30 PM.

### Day 2 (09/02/2021) - Care and Share

The students in group 2 were assigned with the organizing duty for the second day of the community living camp. Dr. Siji John, Assistant Professor in Social Science Education and Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the day.

The second day of the camp started at 9.00 AM with regular assembly and camp news reading. The activities of the second day of the camp was based on its theme, i.e., Care and share. The first activity for day 2 was a session on 'Effective Communication with Parents' for which the resource person was Mrs. Regin George, Lecturer at DIET (District Institute of Education and Training) Kuruppampady in Ernakulam in Kerala. The resource person, being a teacher and counsellor, could effectively provide an insightful and informative session for students on effective communication with parents. Effective communication is essential for a healthy parent-child relationship. Lack of parental care, support and parent-child conflicts and many other factors could lead to individual, familial ad social problems. Open and effective communication with parents has its own importance in a person's physical, social and mental health. The session winded up at 11.30 AM.

The final activity of the day, grocery kit packing and distribution started at 11.45 AM. Students packed several grocery kits which included items like rice, oil, salt, tea powder, sugar and pulses. A total of 30 grocery kits were packed and were distributed among the needy families residing in Chittoor in Cheranalloor Panchayath in Ernakulam District in Kerala. The main aim of the activity was to develop empathy, love and compassion to fellow beings. The second day of the camp winded up at 1.30 PM.

### Day 3 (10/02/2021) - 'JAGRATHA'

The students in group 4 were assigned with the organizing duty for the day. Dr. Hemaletha P.K, Assistant Professor in Social Science Education and Dr. Joby Joy Kurian, Assistant Professor in Mathematics education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for day 3 of the community living camp.

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The third day of the camp started at 9.00 AM with regular assembly and camp news reading. The activities of the third day of the camp was based on its theme, i.e., 'Jagratha'. The term, 'Jagratha' means 'to be cautious'. The activities for the day were related to topics which informs people to be cautious about. The first activity for the third day of community living camp was a session on 'Domestic Violence'. Adv. Suchithra M.S who is also the ward member in Mulanthuruthy Grampanchayath in Ernakulam, Kerala was the resource person for the session. The session, in a simple way, provided the student teachers with basic knowledge and information regarding domestic violence and whom should a victim can approach for seeking help. Domestic violence occurs when a member of the victim's household commits a violent act. This includes current and former spouses, members of one's direct family, close family friends and extended relatives. When there is a closer link between the perpetrator and the victim, the term 'domestic violence' is employed. Violence in any forms including physical violence or abuse, mental abuse, sexual abuse, emotional abuse can be domestic violence. Demanding dowry, causing injury, hurt and put danger to one's life is also included in domestic violence. Domestic violence can occur in all age groups and at all levels. Not only women are always victims of domestic violence but also are men, children and elderly. The victims of domestic violence can make a complaint to a protection officer, police officer, magistrate or a service provider (Non-Governmental Organizations). The session turned out to be very informative for the student teachers. The session winded up at 11.45 AM.

The second activity for the day, film reviewing, started at 12.00 PM. A total of 5 short films related to domestic violence were presented and after watching each movie its review was done. It was indeed a thought provoking and reflective session for the students. With the film reviewing, the third day of the camp winded up at 1.30 PM.

#### **Day 4 (11/02/2021) – Know Yourself**

The students in group 3 were assigned with the organizing duty for the day. Dr. Bindu Joseph, Assistant Professor in Malayalam Education and Dr. Rachel George, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for day 4 of the community living camp.

The fourth day of the camp started at 9.00 AM with regular assembly and camp news reading. From 9.30 AM to 10.00 AM, it was camp reflection time. Each student teachers expressed their reflection on their camp experience. The activities for the day 4 of the

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 St. Joseph College of Teacher  
 Education for Women,  
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community living camp started at 10.00 AM. The theme for the day was 'Know Yourself'. The first activity for the day was a session on 'Women Hygiene and Post Pandemic Stress Management'. Dr. Prabha Grace, Principal at Carmel School of Nursing in Aluva, Kerala was the resource person for the session. The session was all about how to lead a good and healthy life by focusing on hygiene and preventing occurrence of diseases. The session did also taught the student teachers with various techniques like meditation, yoga for stress management since they have been bearing with the Covid-19 pandemic phases. The session wended up at 12.00 PM.

The second activity for the day was organic farming. Student teachers brought seeds and grow bags from the District Agriculture Office, Kakkanad and actively engaged in organic farming at St. Joseph College of Teacher Education for Women. The fourth day of the community living camp wended up at 1.30 PM.

#### **Day 5 (12/02/2021) - Day of Empowerment and Execution**

The students in group 5 were assigned with the organizing duty for the final day of the community living non-residential camp. Dr. Josephine Joseph, Assistant Professor in Physical Science Education and Dr. Marin Jose, Assistant Professor in English Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for day 5 of the community living camp.

The final day of the camp started at 9.00 AM with regular assembly and camp news reading. The activities for the day 5 of the community living camp started at 9.30 AM. The theme for the day was the 'Day of Empowerment and Execution'. The first activity for the day was a session on 'An Awareness Class on Maintenance of Electrical Appliances'. The resource person for the session was Mrs. Sivakala Sivaraman, Lecturer at Chavara Memorial ITI in Koonammavu in Ernakulam, Kerala. The resource person was successful in imparting informative and practical knowledge in repairing fans, light bulbs, mixer grinder and other electronic home appliances. The session aimed at equipping the student teachers with practical skills needed for their effective functioning in daily life. The session wended up at 11.30 AM.

The second activity for the day was face mask making which started at 11.45 AM. All of the students actively engaged in the activity and it wended up at 12.15 PM. From 12.15 PM to 12.30 PM, the camp file was prepared. The valedictory session of the camp was at 12.30 PM. A few students shared their feedback on camp experience. After that, all student teachers



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were provided with camp certificates and with that, the 5 day non-residential camp, Aroha 2021, winded up with lots of learning, unlearning and relearning.

**“Education for Enlightenment”**  
**Aroha 2021**  
**(5-Days Community Living Camp)**  
**Photo Gallery**  
**DAY 1 (08/02/2021):**



**Mr. Prince Mathew, Farmer from Mulanthuruthy Panchayath in Ernakulam, Kerala carrying out a session on ‘Organic Farming’ for the B Ed. student teachers of St. Joseph College of Teacher Education for Women, Ernakulam during the 5 day non-residential camp.**



**B.Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam preparing paper bags during the 5 day non-residential camp.**



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**Education for Women,**  
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**Distributing the paper bags prepared by the B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam to the local vendors in marketplace in Ernakulam during the 5 day non-residential camp.**

**DAY 2 (09/02/2021):**



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**B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam preparing grocery kits during the camp and the distribution of the prepared kits to the needy families residing in Chittoor in Cheranalloor Panchayath in Ernakulam District in Kerala.**

**DAY 3 (10/02/2021):**



**Mrs. Regin George, Lecturer at DIET (District Institute of Education and Training), Kuruppampady, Ernakulam, Kerala carrying out a session on 'Effective Communication with Parents' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam on the second day of the 5 day non-residential camp.**

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Principal in Charge  
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**DAY 4 (11/02/2021):**

**Dr. Prabha Grace, Principal at Carmel School of Nursing, Aluva, Kerala carrying out an informative session on 'women hygiene' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam during the fourth day of the camp.**



**Adv. Suchithra M.S carrying out an informative session on 'Domestic Violence' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam during the third day of the camp.**



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**B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam engaging in organic farming with the seeds and grow bags brought from the District Agriculture Office, Kakkanad.**

**DAY 5 (12/02/2021):**



**Mrs. Sivakala Sivaraman, Lecturer at Chavara Memorial ITI in Koonammavu in Ernakulam, Kerala carrying out a session on 'An Awareness Class on Maintenance of Electrical Appliances' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam during the final day of the 5 day non-residential camp programme.**

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**“Education for Enlightenment”**  
**Aroha 2021**  
**(5-Days Community Living Camp)**  
**Programme Details**

<b>Name of the Event</b>	“Education for Enlightenment” (Aroha 2021)- 5 day camp
<b>Date</b>	08/02/2021 – 12/02/2021
<b>Time</b>	9.00AM- 1.30 PM (each day)
<b>Duration</b>	5 days (22 hours and 30 minutes)
<b>Beneficiaries</b>	Student teachers-97, Faculty-11
<b>Camp Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

**List of Participants**

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Siji John	Assistant Professor (Social Science Education)
5	Soya Mathew	Assistant Professor (Education)
6	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
7	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
8	Dr. Rachel George	Assistant Professor (Natural Science Education)
9	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)



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 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
10	Metty P J	2019-2021 batch (B Ed. Physical Science)
11	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
12	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
13	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
14	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
15	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
16	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
17	Granes P Joshy	2019-2021 batch (B Ed. Social science)
18	Lincy B.J	2019-2021 batch (B Ed. Social science)
19	Blessy Jacob	2019-2021 batch (B Ed. Social science)
20	Sujitha Jose	2019-2021 batch (B Ed. Social science)
21	Anu Thomas	2019-2021 batch (B Ed. English)
22	Anusree Venu	2019-2021 batch (B Ed. English)
23	Devika S	2019-2021 batch (B Ed. English)
24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)





Sl. No	Name	Batch
25	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
37	Faseela U.S	2019-2021 batch (B Ed. Social science)
38	Fousiya K N	2019-2021 batch (B Ed. Social science)
39	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
40	Hridya Joly	2019-2021 batch (B Ed. English)
41	Jefin Job	2019-2021 batch (B Ed. English)
42	Jyothis K Devasia	2019-2021 batch (B Ed. English)
43	Preetha T P	2019-2021 batch (B Ed. English)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
45	Sandhya Poulose	2019-2021 batch (B Ed. Malayalam)
46	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
47	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
48	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
49	Susan Neenu	2019-2021 batch (B Ed. Mathematics)



Sl. No	Name	Batch
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70	Christina Louis	2019-2021 batch (B Ed. Physical Science)
71	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
72	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
73	Gretta James	2019-2021 batch (B Ed. Natural Science)
74	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)



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Principal in Charge  
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Education for Women,  
Ernakulam





Sl. No	Name	Batch
75	Swanila N S	2019-2021 batch (B Ed. Natural Science)
76	Anju P Tomy	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
80	Sandra P K	2019-2021 batch (B Ed. English)
81	Sara Stephen	2019-2021 batch (B Ed. English)
82	Sisira S	2019-2021 batch (B Ed. Malayalam)
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95	Anjaly M B	2019-2021 batch (B Ed. Social science)
96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## SEMINAR ON 'EFFECTIVE COMMUNICATION WITH PARENTS', 2021'

<b>Name of the Event</b>	Seminar on 'Effective Communication with Parents', 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers build understanding and trust in their relationship with parents</li> <li>2. To help student teachers generate positive relationship with parents</li> <li>3. To develop communication skill among student teachers</li> <li>4. To develop social skills and life skill</li> </ol>
<b>Details of Resource Person</b>	<p>Mrs. Regin George</p> <p>Lecturer</p> <p>DIET (District Institute of Education and Training)</p> <p>Kuruppampady, Ernakulam, Kerala</p>
<b>Date</b>	09/02/2021
<b>Time</b>	10.00 AM- 11.30 AM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers-97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

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## Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized a seminar on 'Effective Communication with Parents' for B Ed. Student teachers of 2019-2021 batch on 9<sup>th</sup> February 2021 from 10.00 AM to 11.30 AM. The main aim of the programme was to help student teachers to develop communication skills and to generate a positive relationship with their parents. Dr. Siji John, Assistant Professor in Social Science Education and Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. The resource person for the seminar was Mrs. Regin George, Lecturer at DIET (District Institute of Education and Training) in Kuruppampady in Ernakulam district in Kerala.

The seminar on 'Effective Communication with Parents' started exactly at 10.00 AM with a prayer song by Ms. Joseme Joseph, student teacher from Mathematics optional. The prayer song was succeeded by the official welcome speech delivered by Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph talked about the importance of having good communication skills especially in the field of teaching. Communication with parents is one area where all individuals should have skills in. She reminded her students that good communication is important to build and maintain a healthy and trustworthy parent-child relationship.

After the presidential address by the Principal, Mrs. Regin George, the resource person for the programme started the seminar. The resource person, being a teacher and counsellor, could effectively provide an insightful and informative session for students on effective communication with parents. The session started with the importance of communication has in a person's life. In any relationship, communication is critical. It has been often emphasized how important communication is. A multitude of issues are brought on by a lack of communication, and they only get worse over time. Communication makes the interpersonal ties stronger. It is through communication only, one can express their opinions, ideas and feeling to the significant other and thereby build trustful and stronger relationships. Effective communication with parents is as much important as it is with any other relationships. Effective communication is essential for a healthy parent-child relationship. Lack of parental care, support and parent-child conflicts and many other factors could lead to individual, familial and social problems. The session emphasized on the fact





that children should be able to openly communicate with their parents instead of reserving their issues and problems for better resolving of problems. Open and effective communication with parents has its own importance in a person's physical, social and mental health. The students had the following key takeaways via the seminar:

- ✦ Improved knowledge base in effective communication
- ✦ Equipped with effective communication skills
- ✦ Enhanced skills to generate positive relationship with parents

The session turned out to be fruitful in achieving its objectives. It was an informative and beneficial session for the student teachers. The session wound up at 11.30 AM with the vote of thanks for the event delivered by Dr. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam.

### Seminar on 'Effective Communication with Parents', 2021

#### Photo Gallery



Poster for the seminar, 'Effective Communication with Parents' conducted for B Ed. Student teachers (2019-2021 batch) of St. Joseph College of Teacher Education for Women, Ernakulam on 9<sup>th</sup> February 2021

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**Mrs. Regin George, Lecturer at DIET (District Institute of Education and Training), Kuruppampady, Ernakulam, Kerala carrying out the session on 'Effective Communication with Parents' for B Ed. Student teachers (2019-2021 batch) of St. Joseph College of Teacher Education for Women, Ernakulam on 9<sup>th</sup> February 2021**

### Seminar on 'Effective Communication with Parents', 2021

#### Programme Details

<b>Name of the Event</b>	Seminar on 'Effective Communication with Parents', 2021
<b>Date</b>	09/02/2021
<b>Time</b>	10.00AM- 11.30 PM
<b>Duration</b>	1 hour and 30 minutes
<b>Beneficiaries</b>	Student teachers- 97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

*Alice Joseph*

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St. Joseph College of Teacher  
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Ernakulam



### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Siji John	Assistant Professor (Social Science Education)
3	Soya Mathew	Assistant Professor (Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
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96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## 'Care and Share', 2021- Grocery Kit Preparation and Distribution

<b>Name of the Event</b>	'Care and Share', 2021- Grocery Kit Preparation and Distribution
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers develop love and compassion towards fellow beings</li> <li>2. To develop social responsibility in student teachers</li> <li>3. To help the needy and poor people in the society and thereby strengthen the society as a whole</li> </ol>
<b>Details of Event Coordinators</b>	<p>Student teachers 2019-2021 batch St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	09/02/2021
<b>Time</b>	11.45 AM- 1.30 PM
<b>Duration</b>	1 hour and 45 minutes
<b>Beneficiaries</b>	Student teachers-97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## 'Care and Share', 2021- Grocery Kit Preparation and Distribution

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized 'Care and Share', Grocery Kit Preparation and Distribution programme with B Ed. Student teachers of 2019-2021 batch on 9<sup>th</sup> February 2021 from 11.45 AM to 1.30 PM. The main aim of the programme was to help student teachers develop love and compassion towards fellow beings and to develop social responsibility in them. Dr. Siji John, Assistant Professor in Social Science Education and Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. All the student teachers of the 2019-2021 batch engaged in the activity.

The programme started exactly at 11.45 AM with a prayer song by Ms. Joseme Joseph, student teacher from Mathematics optional. The prayer song was succeeded by the official welcome speech delivered by Dr. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The programme was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. After the inaugural ceremony, Dr. Alice Joseph proceeded with presidential address for the event. Dr. Alice Joseph enunciated that activities that aims at instilling humane and moral values among student teachers is necessary during their course so that they are equipped with theoretical knowledge as well as molded into great personalities. She added that it is always important to help others since it enhances empathy, improve self-confidence and self-esteem and the provider can experience high level of life satisfaction.

After the inaugural ceremony by the Principal, the student teachers of 2019-2021 batch engaged in grocery kit preparing. The grocery kit were prepared to distribute it among the needy families. Each grocery kit prepared included food items like rice, oil, salt, tea powder, sugar and pulses, which are necessary items for daily living. A total of 30 grocery kits were packed and were distributed among the needy families residing in Chittoor in Cheranalloor Panchayath in Ernakulam District in Kerala. The main aim of the activity was to develop empathy, love and compassion to fellow beings. Such activities can help student teachers to boost their self-esteem, confidence and life satisfaction. It enable them to understand the feelings and problems of the poor and needy from their perspective and take appropriate actions for the resolution of identified problems. Engaging in such activities gives

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the student teachers a sense of identity. In addition, such activities not only help student teachers to help an individual family or a community but are also equipped with helping the society as a whole. Programmes like 'Care and Share' is important to be organized for student teachers as they are the future teachers who need to transmit such valuable and humane knowledge for the future generations. For a noble profession like teaching, activities that evoke compassion and love towards fellow beings is essential so that such knowledge can be transmitted to children since schools and education have an important role in molding the personality of the child and to enhance their socialization. The student teachers of St. Joseph College of Teacher Education has the following benefits from the programme, 'Care and Share':

- ✚ Identify the problems faced by people living around them
- ✚ Enhance empathy, compassion and love towards fellow beings
- ✚ Learned the importance of developing the attitude of caring and sharing towards the needy people living in the society
- ✚ To develop a sense of responsibility towards the society in which they live
- ✚ To be able to contribute positively to the society as a whole via providing service to the people in the community

The programme, 'Care and Share' turned out to be productive and fruitful in accomplishing its purpose. The programme winded up at 1.30 PM with the vote of thanks delivered by Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.

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## 'Care and Share', 2021- Grocery Kit Preparation and Distribution

### Photo Gallery



B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam preparing grocery kits to be distributed among the needy families residing in Chittoor in Cheranalloor Panchayath in Ernakulam District in Kerala, as part of 'Care and Share' programme.

## 'Care and Share', 2021- Grocery Kit Preparation and Distribution

### Programme Details

<b>Name of the Event</b>	'Care and Share', 2021- Grocery Kit Preparation and Distribution
<b>Date</b>	09/02/2021
<b>Time</b>	11.45AM- 1.30 PM
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<b>Beneficiaries</b>	Student teachers- 97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

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### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Siji John	Assistant Professor (Social Science Education)
3	Soya Mathew	Assistant Professor (Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
10	Metty P J	2019-2021 batch (B Ed. Physical Science)
11	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
12	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
13	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
14	Mary Rilü Arooja	2019-2021 batch (B Ed. Natural Science)
15	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
16	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
17	Granes P Joshy	2019-2021 batch (B Ed. Social science)
18	Lincy B.J	2019-2021 batch (B Ed. Social science)



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19	Blessy Jacob	2019-2021 batch (B Ed. Social science)
20	Sujitha Jose	2019-2021 batch (B Ed. Social science)
21	Anu Thomas	2019-2021 batch (B Ed. English)
22	Anusree Venu	2019-2021 batch (B Ed. English)
23	Devika S	2019-2021 batch (B Ed. English)
24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
25	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
37	Faseela U.S	2019-2021 batch (B Ed. Social science)
38	Fousiya K N	2019-2021 batch (B Ed. Social science)
39	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
40	Hridya Joly	2019-2021 batch (B Ed. English)
41	Jefin Job	2019-2021 batch (B Ed. English)
42	Jyothis K Devasia	2019-2021 batch (B Ed. English)
43	Preetha T P	2019-2021 batch (B Ed. English)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)



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45	Sandhya Poulouse	2019-2021 batch (B Ed. Malayalam)
46	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
47	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
48	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
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51	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
52	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
53	Christy P P	2019-2021 batch (B Ed. Natural Science)
54	Deepthi George	2019-2021 batch (B Ed. Natural Science)
55	Sony George	2019-2021 batch (B Ed. Natural Science)
56	Bilby Babu	2019-2021 batch (B Ed. Social science)
57	M Renuka	2019-2021 batch (B Ed. Social science)
58	Naina N T	2019-2021 batch (B Ed. Social science)
59	Dona Garvasis	2019-2021 batch (B Ed. Social science)
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68	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
69	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
70	Christina Louis	2019-2021 batch (B Ed. Physical Science)





71	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
72	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
73	Greetta James	2019-2021 batch (B Ed. Natural Science)
74	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
75	Swanila N S	2019-2021 batch (B Ed. Natural Science)
76	Anju P Tomy	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
80	Sandra P K	2019-2021 batch (B Ed. English)
81	Sara Stephen	2019-2021 batch (B Ed. English)
82	Sisira S	2019-2021 batch (B Ed. Malayalam)
83	Vincy P V	2019-2021 batch (B Ed. Malayalam)
84	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
85	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
86	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
87	Raveena T V	2019-2021 batch (B Ed. Mathematics)
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95	Anjaly M B	2019-2021 batch (B Ed. Social science)
96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)



  
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## 'Know Yourself'- A Seminar on Women Hygiene and Post Pandemic Stress Management, 2021

<b>Name of the Event</b>	'Know Yourself'- A Seminar on Women Hygiene and Post Pandemic Stress Management, 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To enhance self-awareness among student teachers</li> <li>2. To improve stress management skills among student teachers</li> <li>3. To instill in student teachers the importance of women hygiene and generate awareness</li> </ol>
<b>Details of Resource Person</b>	<p>Dr. Prabha Grace</p> <p>Principal</p> <p>Carmel School of Nursing</p> <p>Aluva, Kerala</p>
<b>Date</b>	11/02/2021
<b>Time</b>	10.00AM- 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers-97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam



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## **‘Know Yourself’- A Seminar on Women Hygiene and Post Pandemic Stress**

**Management, 2021**

### **Programme Report**

St. Joseph College of Teacher Education for Women, Ernakulam organized ‘Know Yourself’- A Seminar on Women Hygiene and Post Pandemic Stress Management for B Ed. Student teachers of 2019-2021 batch on 11<sup>th</sup> February 2021 from 10.00 AM to 12.00 PM. The main aim of the programme was to generate awareness regarding women hygiene and its importance and to enhance their self- awareness and stress management skills. Dr. Bindu Joseph, Assistant Professor in Malayalam Education and Dr. Rachel George, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. The resource person for the programme was Dr. Prabha Grace, Principal at Carmel School of Nursing in Aluva, Kerala.

The seminar on ‘Women Hygiene and Post Pandemic Stress Management’ started exactly at 10.00 AM with a prayer song by Ms. Hridya Joly, student teacher from English optional. The prayer song was succeeded by the official welcome speech delivered by Dr. Bindu Joseph, Assistant Professor in Malayalam Education at St. Joseph College of Teacher Education for Women, Ernakulam. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph enunciated that the session would be highly beneficial for the student teachers since the current topic of the seminar would help the student teachers to lead a healthy lifestyle and prevent occurring of diseases which would add up to their both personal and professional growth.

After the presidential address by the Principal, the resource person for the programme, Dr. Prabha Grace gave an informative session for the student teachers. The session was all about how to lead a good and healthy life by focusing on hygiene and preventing occurrence of diseases. Dr. Prabha Grace enunciated that prevention is important rather than curation. It is important for an individual to focus on a healthy lifestyle to prevent diseases. Diseases not only affects physical functioning of the affected person but also his mental and social functioning. The resource person emphasized that for women, personal hygiene is critical during menstruation. Lack of hygiene especially during menstrual periods can cause infections in women. Along with physical hygiene, mental hygiene is also important.



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Switching to healthy eating pattern, sleeping pattern and self-care can contribute positively to the physical and mental health of women. The session did also taught the student teachers with various techniques like meditation, yoga, mindfulness practices etc. for stress management since they have been bearing with the Covid-19 pandemic phases.

The seminar turned out to be fruitful and informative for the student teachers. The topic of the seminar had great relevance in the present pandemic era. The student teachers could reflect on their lifestyle pattern and was encouraged to switch to a healthy lifestyle thereby prevent diseases and improve their efficiency in functioning in different aspects of their lives. The vote of thanks for the programme was delivered by Dr. Rachel George, Assistant Professor in Natural Science Education at St. Joseph College of Teacher Education for Women, Ernakulam With lots of reflection and new learnings, the programme winded up at 12.00 PM.

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**'Know Yourself'- A Seminar on Women Hygiene and Post Pandemic Stress  
Management, 2021**

**Photo Gallery**

**St. Joseph College of Teacher  
Education for Women, Ernakulam**

Organising

**'Know Yourself'**

**SEMINAR- WOMEN HYGIENE AND  
POST PANDEMIC STRESS  
MANAGEMENT**

**Speaker- Dr. Prabha Grace  
(Principal,  
Carmel School of Nursing  
Aluva, Kerala)**

**11th February 2021  
10.00 AM - 12.00 PM**

Poster for 'know Yourself'- Seminar on 'women hygiene and Post Pandemic Stress Management', 2021 conducted for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam

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**Dr. Prabha Grace, Principal at Carmel School of Nursing, Aluva, Kerala carrying out an informative session on 'women hygiene and Post Pandemic Stress Management' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam during the seminar, 'Know Yourself', 2021**

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**Know Yourself'- A Seminar on Women Hygiene and Post Pandemic Stress Management, 2021**

**Programme Details**

<b>Name of the Event</b>	'Know Yourself'- A Seminar on Women Hygiene and Post Pandemic Stress Management, 2021
<b>Date</b>	11/02/2021
<b>Time</b>	10.00AM- 12.00 PM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

**List of Participants**

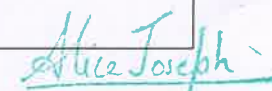
Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
3	Dr. Rachel George	Assistant Professor (Natural Science Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)



  
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Sl. No	Name	Batch
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
10	Metty P J	2019-2021 batch (B Ed. Physical Science)
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16	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
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24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
25	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)





Sl. No	Name	Batch
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
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43	Preetha T P	2019-2021 batch (B Ed. English)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
45	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
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53	Christy P P	2019-2021 batch (B Ed. Natural Science)
54	Deepthi George	2019-2021 batch (B Ed. Natural Science)
55	Sony George	2019-2021 batch (B Ed. Natural Science)
56	Bilby Babu	2019-2021 batch (B Ed. Social science)




Sl. No	Name	Batch
57	M Renuka	2019-2021 batch (B Ed. Social science)
58	Naina N T	2019-2021 batch (B Ed. Social science)
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76	Anju P Tomy	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
80	Sandra P K	2019-2021 batch (B Ed. English)
81	Sara Stephen	2019-2021 batch (B Ed. English)



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Sl. No	Name	Batch
82	Sisira S	2019-2021 batch (B Ed. Malayalam)
83	Vincy P V	2019-2021 batch (B Ed. Malayalam)
84	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
85	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
86	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
87	Raveena T V	2019-2021 batch (B Ed. Mathematics)
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94	Amrutha S V	2019-2021 batch (B Ed. Social science)
95	Anjaly M B	2019-2021 batch (B Ed. Social science)
96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)

  
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## WORKSHOP ON 'MAINTENANCE OF ELECTRICAL APPLIANCES', 2021

<b>Name of the Event</b>	Workshop on 'Maintenance of Electrical Appliances', 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop practical and life skills in student teachers</li> <li>2. To equip student teachers with skills required for effective functioning in daily life and thereby empower them</li> </ol>
<b>Details of Resource Person</b>	<p>Mrs. Sivakala Sivaraman</p> <p>Lecturer</p> <p>Chavara Memorial ITI</p> <p>Koonammavu, Ernakulam, Kerala</p>
<b>Date</b>	12/02/2021
<b>Time</b>	9.30AM- 11.30 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers-97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

*Alice Joseph*

**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Workshop on 'Maintenance of Electrical Appliances', 2021

### Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized a workshop on 'Maintenance of Electrical Appliances' for B Ed. Student teachers of 2019-2021 batch on 12<sup>th</sup> February 2021 from 9.30 AM to 11.30 PM. The main aim of the programme was to develop practical skills necessary for effective functioning in life among student teachers and thereby empower them. Dr. Josephine Joseph, Assistant Professor in Physical Science Education and Dr. Marin Jose, Assistant Professor in English Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. The resource person for the programme was Mrs. Sivakala Sivaraman, Lecturer at Chavara Memorial ITI in Koonammavu in Ernakulam, Kerala. The programme was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam.

The workshop on 'Maintenance of Electrical Appliances' started exactly at 9.30 AM with a prayer song by Ms. Aleena Mary, student teacher from Mathematics optional. The prayer song was succeeded by the official welcome speech delivered by Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The welcome speech was succeeded by the presidential address delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph stressed on the importance of student teachers learning practical skills required for effective functioning in daily life. Dr. Alice Joseph also added that gender stereotypes like only men are more likely to engage in domestic repairs should be rewritten and for that women should equip practical skills.

After the presidential address by the Principal, the resource person, Mrs. Sivakala Sivaraman was successful in imparting informative and practical knowledge in repairing fans, light bulbs, mixer grinder and other electronic home appliances. The resource person demonstrated how to repair all of these appliances very clearly to the student teachers. These workshops are conducted for student teachers in order to instill in them practical skills necessary for the effective functioning in daily life. The workshop, 'Maintenance of Electrical Appliances' also purposefully equip the student teachers with adequate knowledge and skills in repairing the household equipment and thereby making them more independent and empowered. There are certain gender stereotypes in society regarding some works and



*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge

St. Joseph College of Teacher  
Education for Women,  
Ernakulam



one such is maintenance of electrical appliances. Women are always assumed to be having least expertise in such activities and men are assumed to be experts. The current workshop aims at equipping women student teachers with adequate skills so as to empower them and encourage them to break the stereotypical ideologies imposed by the society.

The workshop on maintenance of electrical appliances turned out to be highly informative and beneficial for the student teachers. The student teachers had the following key takeaways from participating in the workshop:

- ✦ Enhance their practical skills
- ✦ Elevate self-confidence and empowerment
- ✦ Motivated to break the stereotypical barriers in the society

Being extremely fruitful and providing great learning experience to the student teachers, the workshop winded up at 11.30 AM with a vote of thanks delivered by Dr. Marin Jose, Assistant Professor in English Education at St. Joseph College of Teacher Education for Women, Ernakulam.

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





**Workshop on 'Maintenance of Electrical Appliances', 2021**  
**Photo Gallery**



**ST. JOSEPH COLLEGE OF TEACHER  
 EDUCATION FOR WOMEN, ERNAKULAM**

ORGANIZES

**Workshop- 'Maintenance of  
 Electrical Appliances'**

**SPEAKER- MRS. SIVAKALA SIVARAMAN**  
 (Lecturer,  
 Chavara Memorial ITI,  
 Ernakulam)

**12TH FEBRUARY 2021**

**9.30 AM - 11.30 AM**

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





Poster for the workshop on 'Maintenance of Electrical Appliances' conducted on 12<sup>th</sup> February 2021 for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam



Mrs. Sivakala Sivaraman, Lecturer at Chavara Memorial ITI in Koonammavu in Ernakulam, Kerala carrying out the workshop on 'Maintenance of Electrical Appliances' for B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Workshop on 'Maintenance of Electrical Appliances', 2021

### Programme Details

<b>Name of the Event</b>	Workshop on 'Maintenance of Electrical Appliances', 2021
<b>Date</b>	12/02/2021
<b>Time</b>	9.30AM- 11.30 AM
<b>Duration</b>	2 hours
<b>Beneficiaries</b>	Student teachers- 97, Faculty- 3
<b>Event Venue</b>	St. Joseph college of Teacher Education for Women, Ernakulam

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Dr. Marin Jose	Assistant Professor (English Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam



Sl. No	Name	Batch
10	Metty P J	2019-2021 batch (B Ed. Physical Science)
11	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
12	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
13	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
14	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
15	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
16	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
17	Granes P Joshy	2019-2021 batch (B Ed. Social science)
18	Lincy B.J	2019-2021 batch (B Ed. Social science)
19	Blessy Jacob	2019-2021 batch (B Ed. Social science)
20	Sujitha Jose	2019-2021 batch (B Ed. Social science)
21	Anu Thomas	2019-2021 batch (B Ed. English)
22	Anusree Venu	2019-2021 batch (B Ed. English)
23	Devika S	2019-2021 batch (B Ed. English)
24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
25	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)



Dr. Alice Joseph  
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St. Joseph College of Teacher  
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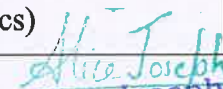
Sl. No	Name	Batch
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
37	Faseela U.S	2019-2021 batch (B Ed. Social science)
38	Fousiya K N	2019-2021 batch (B Ed. Social science)
39	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
40	Hridya Joly	2019-2021 batch (B Ed. English)
41	Jefin Job	2019-2021 batch (B Ed. English)
42	Jyothis K Devasia	2019-2021 batch (B Ed. English)
43	Preetha T P	2019-2021 batch (B Ed. English)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
45	Sandhya Poulose	2019-2021 batch (B Ed. Malayalam)
46	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
47	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
48	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
49	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
50	Ishida K B	2019-2021 batch (B Ed. Physical Science)
51	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
52	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
53	Christy P P	2019-2021 batch (B Ed. Natural Science)
54	Deepthi George	2019-2021 batch (B Ed. Natural Science)
55	Sony George	2019-2021 batch (B Ed. Natural Science)
56	Bilby Babu	2019-2021 batch (B Ed. Social science)
57	M Renuka	2019-2021 batch (B Ed. Social science)
58	Naina N T	2019-2021 batch (B Ed. Social science)
59	Dona Garvasis	2019-2021 batch (B Ed. Social science)





Sl. No	Name	Batch
60	Keerthana Krishnan	2019-2021 batch (B Ed. English)
61	Nandita B Shenoy	2019-2021 batch (B Ed. English)
62	Neethu Peter	2019-2021 batch (B Ed. English)
63	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
64	Shijila P N	2019-2021 batch (B Ed. Malayalam)
65	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
66	Anju George	2019-2021 batch (B Ed. Mathematics)
67	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
68	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
69	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
70	Christina Louis	2019-2021 batch (B Ed. Physical Science)
71	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
72	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
73	Greetta James	2019-2021 batch (B Ed. Natural Science)
74	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
75	Swanila N S	2019-2021 batch (B Ed. Natural Science)
76	Anju P Tomy	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
80	Sandra P K	2019-2021 batch (B Ed. English)
81	Sara Stephen	2019-2021 batch (B Ed. English)
82	Sisira S	2019-2021 batch (B Ed. Malayalam)
83	Vincy P V	2019-2021 batch (B Ed. Malayalam)
84	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)



  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam  
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Sl. No	Name	Batch
85	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
86	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
87	Raveena T V	2019-2021 batch (B Ed. Mathematics)
88	Livi George	2019-2021 batch (B Ed. Physical Science)
89	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
90	Liya Rose	2019-2021 batch (B Ed. Physical Science)
91	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
92	Reshma P P	2019-2021 batch (B Ed. Natural Science)
93	Thahira M A	2019-2021 batch (B Ed. Physical Science)
94	Amrutha S V	2019-2021 batch (B Ed. Social science)
95	Anjaly M B	2019-2021 batch (B Ed. Social science)
96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## INTERNATIONAL WOMEN'S DAY, 2021

<b>Name of the Event</b>	International Women's Day, 2021
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To commemorate the development of gender equality and empowerment of women</li> <li>2. To promote gender equality and honour women's achievements</li> <li>3. Strive for universal strengthening of gender equality</li> </ol>
<b>Details of event coordinators</b>	<p>Women Cell</p> <p>St. Joseph College of Teacher Education for Women</p> <p>Ernakulam</p>
<b>Details of Chief-Guest</b>	<p>Ms. Sera Paul Thengungal</p> <p>Activation and Culinary Consultant (Sampling Section)</p> <p>Nestlé India Limited</p>
<b>Date</b>	09/03/2021
<b>Time</b>	10.00 AM – 11.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 89, Faculty- 10
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/sgo-jboi-qjt">https://meet.google.com/sgo-jboi-qjt</a>

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women  
Ernakulam





## International Women's Day, 2021 Programme Report

Every year, International Women's Day is celebrated on 8<sup>th</sup> of March across the world with its major aim being to commemorate the development of women empowerment and gender equality. The day is observed to promote gender equality and honour women's achievements and to strive hard to strengthen gender equality globally.

St. Joseph College of Teacher Education for Women, Ernakulam celebrated International Women's Day on 9<sup>th</sup> March 2021 from 10.00 AM to 11.00 AM via Google Meet. The whole event was organized by the Women Cell of the college in association with Nestlé India Limited, one of the largest food and beverage company. Ms. Sera Paul, Thengungal who is the Activation and Culinary Consultant in the Sampling section at Nestlé India Limited was the chief-guest for the event. All the faculty members and student teachers participated in the event.

The International Women's Day celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam started exactly at 10.00 AM via Google Meet. The vent started with a prayer song. The welcome speech for the event was delivered by Ms. Anu Thomas, Women Cell Leader and student teacher from English optional. The welcome speech was succeeded by the inaugural ceremony of the event. The inaugural address was delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph emphasized the importance of observing International Women's Day. She enunciated that it is one among the significant days in a year and it focuses on generating awareness and educating people in order to promote gender equality. Dr. Alice Joseph reminded all of her students to break their comfort shells and come out to pursue their dreams and thereby empower themselves. After the inaugural address, the chief guest for the event, Ms. Sera Paul Thengungal delivered the keynote address and carried out a session. Ms. Sera Paul Thengungal empowered all of the student teachers by motivating them to have a dream, tackle the challenges they face and to pursue their dreams. She also mentioned them to be aware of their rights. Ms. Sera Paul Thengungal enunciated that self-esteem and self-confidence are to be boosted for a women to be empowered. After the keynote address, Ms. Sera Paul Thengungal carried out a session on cooking in which she demonstrated some food recipes like ginger soy honey noodles, coconut rice, cake, etc. using the Nestlé's exclusive products like Milkmaid, Maggi coconut milk powder, Maggi noodles





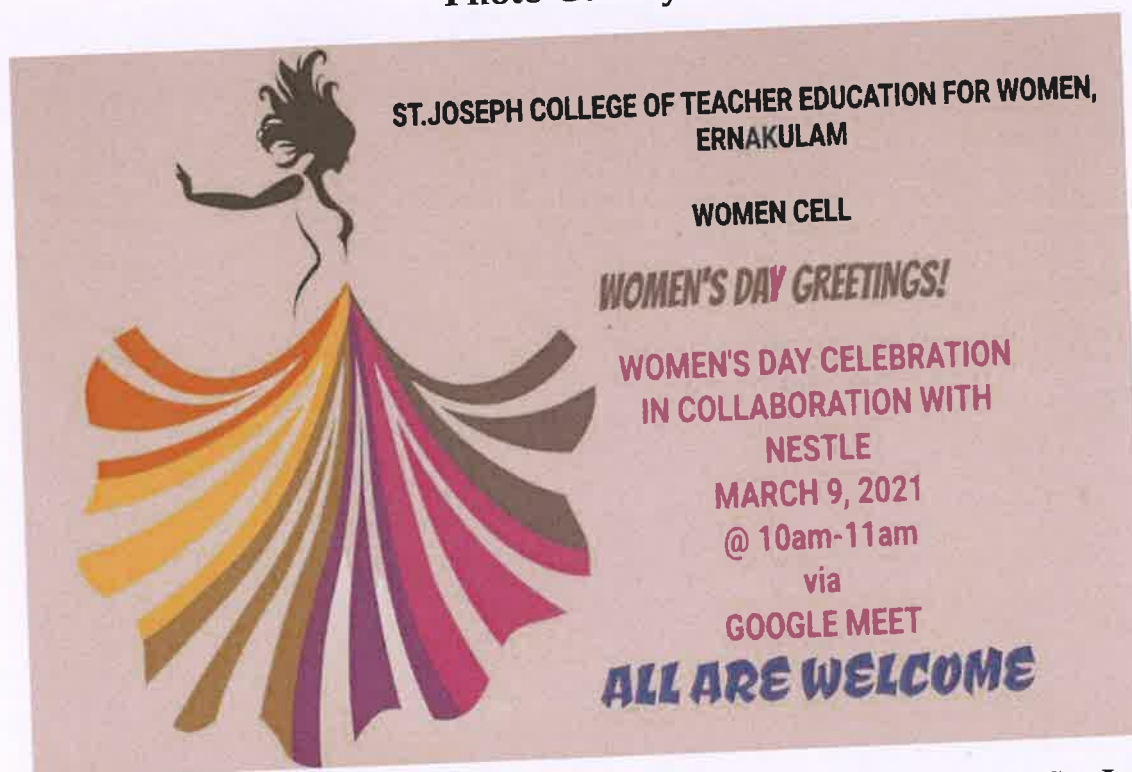


etc. The ingredients and the procedure for recipes were shared among student teachers in a clear and comprehensive way by Ms. Sera Paul Thengungal. The session aimed at teaching the student teachers various recipes and equip them with culinary skills so that they may prepare dishes which they could sell in the community and thereby setting the base for income generation opportunities in the future.

The event turned out to be successful and fruitful in accomplishing its objectives. The event could impart knowledge and generate awareness among student teachers regarding the importance of women empowerment. The student teachers could enhance their knowledge base and upgrade their skills. The students could learn culinary skills which they could apply in their lives to generate income for meeting their needs in the future and thereby empower themselves. The event winded up at 11.00 AM with the vote of thanks delivered by Ms. Geethu Xavier A, Assistant Leader of Women Cell and student teacher from Mathematics optional.

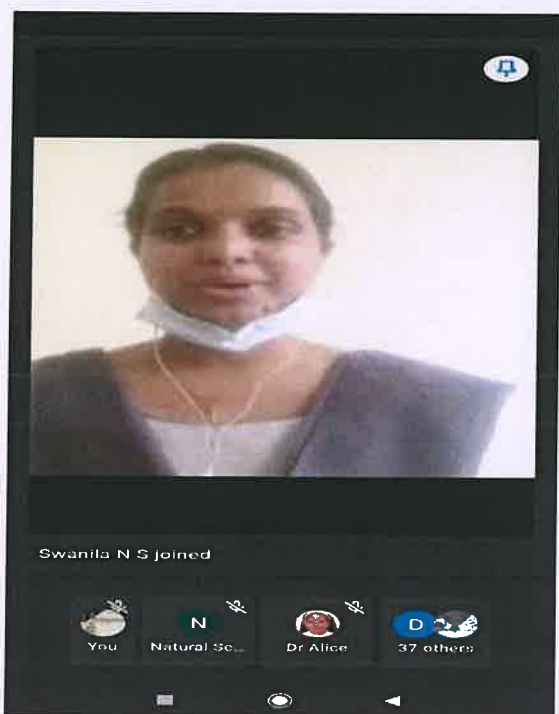
## International Women's Day, 2021

### Photo Gallery

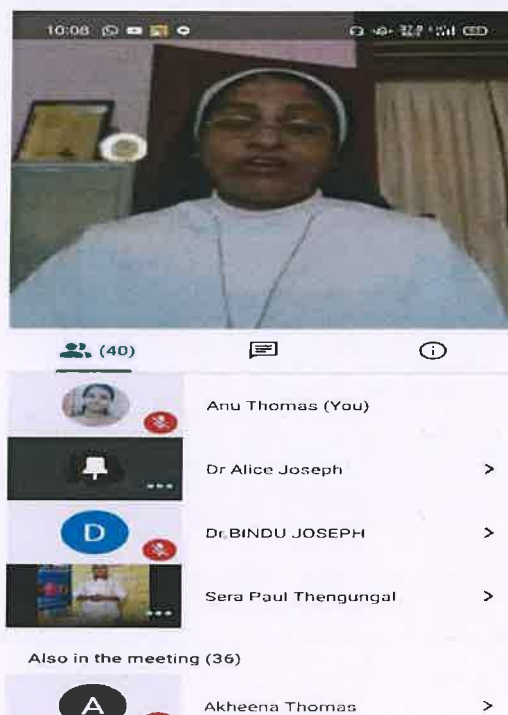


Event poster for International Women's Day Celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam via Google Meet





**Ms. Anu Thomas, Women Cell Leader, delivering welcome speech during International Women's Day Celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam via Google Meet**



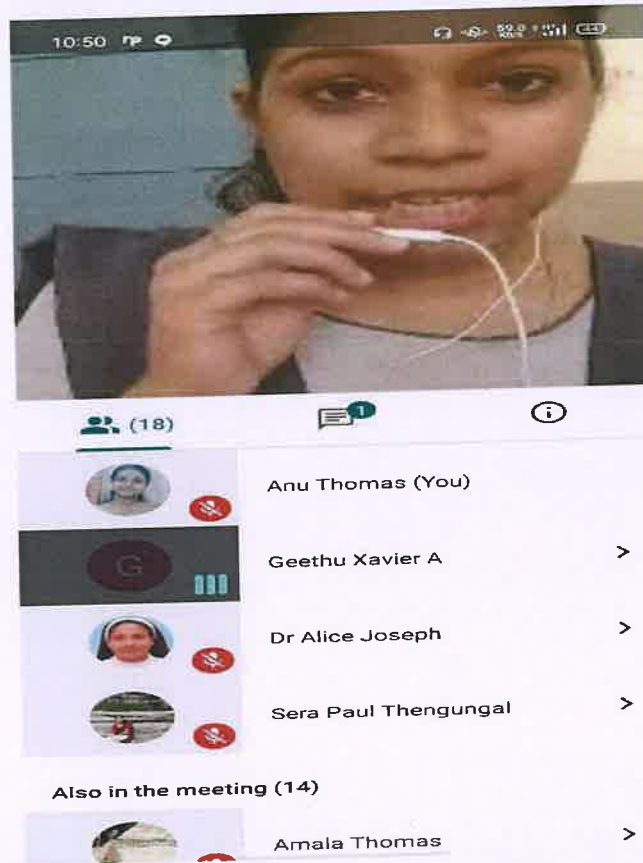
**Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam inaugurating the event of International Women's Day Celebration, 2021**



**Ms. Sera Paul Thengungal, chief guest for the event of International Women's Day Celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam carrying out session for student teachers**

*Alice Joseph*  
**Dr. Alice Joseph**  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





Ms. Geethu Xavier A, Women Cell Assistant Leader, delivering vote of thanks during International Women's Day Celebration, 2021 held by St. Joseph College of Teacher Education for Women, Ernakulam via Google Meet

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## International Women's Day, 2021

### Programme Details

<b>Name of the Event</b>	International Women's Day, 2021
<b>Date</b>	09/03/2021
<b>Time</b>	10.00 AM – 11.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	Student teachers- 89, Faculty- 10
<b>Platform</b>	Google Meet
<b>Meet Link</b>	<a href="https://meet.google.com/sgo-jboi-qjt">https://meet.google.com/sgo-jboi-qjt</a>

### List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor (Education)
3	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
4	Dr. Betty P.J	Assistant Professor (Mathematics Education)
5	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
6	Dr. Rachel George M	Assistant Professor (Natural Science Education)
7	Sicily A.A	Assistant Professor (Malayalam Education)
8	Soya Mathew	Assistant Professor (Education)
9	Dr. Marin Jose	Assistant Professor (English Education)
10	Dr. Siji John	Assistant Professor (Social Science Education)

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



## Students list:

Sl. No	Name	Batch
1	Annu Jose	2019-2021 batch (B Ed. English)
2	Amala Anna Thomas	2019-2021 batch (B Ed. English)
3	Anu Thomas	2019-2021 batch (B Ed. English)
4	Anusree Venu	2019-2021 batch (B Ed. English)
5	Hridya Joly	2019-2021 batch (B Ed. English)
6	Devika S	2019-2021 batch (B Ed. English)
7	Jefin Job	2019-2021 batch (B Ed. English)
8	Keerthana Krishnan	2019-2021 batch (B Ed. English)
9	Nandita B Shenoy	2019-2021 batch (B Ed. English)
10	Neethu Peter	2019-2021 batch (B Ed. English)
11	Preetha T P	2019-2021 batch (B Ed. English)
12	Sandra P K	2019-2021 batch (B Ed. English)
13	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
14	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
15	Christy P.P	2019-2021 batch (B Ed. Natural Science)
16	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
17	Greetta James	2019-2021 batch (B Ed. Natural Science)
18	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
19	Blessy Jacob	2019-2021 batch (B Ed. Social science)
20	Dona Garvasis	2019-2021 batch (B Ed. Social science)
21	Granes P Joshy	2019-2021 batch (B Ed. Social science)
22	M Renuka	2019-2021 batch (B Ed. Social science)
23	Salma Shereef	2019-2021 batch (B Ed. Social science)



Sl. No	Name	Batch
24	Naina N.T	2019-2021 batch (B Ed. Social science)
25	Anjali K. Thankappan	2019-2021 batch (B Ed. Malayalam)
26	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
27	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
28	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
29	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
30	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
31	Reshma P.P	2019-2021 batch (B Ed. Natural Science)
32	Swanila N.S	2019-2021 batch (B Ed. Natural Science)
33	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
34	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
35	Metty P.J	2019-2021 batch (B Ed. Physical Science)
36	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
37	Liya Rose	2019-2021 batch (B Ed. Physical Science)
38	Jyothis K Devasia	2019-2021 batch (B Ed. English)
39	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
40	Sara Stephen	2019-2021 batch (B Ed. English)
41	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
42	Athira M.M	2019-2021 batch (B Ed. Malayalam)
43	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
45	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
46	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
47	Shijila P N	2019-2021 batch (B Ed. Malayalam)



Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam

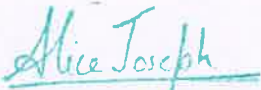


Sl. No	Name	Batch
48	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
49	Sisira S	2019-2021 batch (B Ed. Malayalam)
50	Vincy P V	2019-2021 batch (B Ed. Malayalam)
51	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
52	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
53	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
54	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)
55	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
56	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
57	Raveena T V	2019-2021 batch (B Ed. Mathematics)
58	Maria Ancy M.J	2019-2021 batch (B Ed. Mathematics)
59	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
60	Sony George	2019-2021 batch (B Ed. Natural Science)
61	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
62	Mary Rilul Arooja	2019-2021 batch (B Ed. Natural Science)
63	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
64	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
65	Christina Louis	2019-2021 batch (B Ed. Physical Science)
66	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
67	Ishida K B	2019-2021 batch (B Ed. Physical Science)
68	Thahira M A	2019-2021 batch (B Ed. Physical Science)
69	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
70	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
71	Livi George	2019-2021 batch (B Ed. Physical Science)





Sl. No	Name	Batch
72	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
73	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
74	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
75	Amrutha S V	2019-2021 batch (B Ed. Social science)
76	Anjaly M B	2019-2021 batch (B Ed. Social science)
77	Anjana K M	2019-2021 batch (B Ed. Social science)
78	Annaet O J	2019-2021 batch (B Ed. Social science)
79	Aswathy Peter	2019-2021 batch (B Ed. Social science)
80	Bilby Babu	2019-2021 batch (B Ed. Social science)
81	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
82	Lincy Jude	2019-2021 batch (B Ed. Social science)
83	Sujitha Jose	2019-2021 batch (B Ed. Social science)
84	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
85	Anju George	2019-2021 batch (B Ed. Mathematics)
86	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
87	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
88	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
89	Shelja Philomina C.A	2019-2021 batch (B Ed. Natural Science)

  
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**2019-2020**

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## WORKSHOP ON PEER EVALUATION TOOL PREPARATION

Name of the Event	Peer Evaluation
<b>Objectives</b>	1) Understand the various components of peer evaluation 2) Develop the ability to assess the advantages and disadvantages of classroom teaching. 3) Explore the strategies which can be used to make classroom teaching more effective. 4) Understand the use of different teaching learning materials. 5) Critically analyse a classroom teaching through direct observation.
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	24-06-2019 & 25-06-2019 28/06/2019 & 27/07/2019
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	4 days
<b>Beneficiaries</b>	Student Teachers (Total No.97 )
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The institution organized annual workshop, focusing on the development of a peer evaluation tool for 3<sup>rd</sup> semester B.Ed. students during their internship period. This significant event unfolded across various dates, specifically from June 24-25, 28, 2019, and July 27, 2019, taking place at their assigned schools.

Peer evaluation of teaching stands as a practice where colleagues, often within the same discipline, actively assess and contribute to the improvement of teaching quality. This process involves collaborative efforts and provides instructors with a dynamic means to

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enhance their teaching within classrooms and departments. The overarching aim is to foster a culture of continuous improvement in teaching methodologies.

The teacher educators underscored the importance of considering ten key components when developing a peer evaluation tool. These aspects included the introduction of the topic, subject competency, communication, instructional strategies, learning materials, classroom climate, learning activities, closure, and ICT skills. In addition to these, several sub-components were identified, ranging from resourcefulness and relevance to real-life situations to logical and sequential arrangement, fluency of language, lesson progress, skillful handling, innovation, student-centeredness, technology integration, presentation, language use, mode of interaction, individual assistance, technology utilization, comprehensiveness, time management, evaluation, extension activities, critical reflection, digital literacy, and presentation skills.

Guided by the insights and recommendations of the teacher educators, the teacher trainees actively engaged in developing a comprehensive tool that incorporated a 5-grade rating scale. This peer evaluation tool included specific sections for recording essential details such as the tutor's name, subject, class, school, and the observer's name (teacher trainee).

During the internship period, the teacher trainees immersed themselves in the practical application of the peer evaluation process. They observed and assessed classes taught by their fellow peers, and in some instances, had the opportunity to evaluate classes within their own subject area. The teacher trainees approached this responsibility with diligence and sincerity, contributing to a robust and constructive evaluation process.

The workshop served as a collaborative and educational platform, equipping the teacher trainees with practical tools and experiences to enhance their teaching skills and contribute to the continuous improvement of teaching practices. The guidance provided by the teacher educators, coupled with the hands-on application during the internship, empowered the teacher trainees to actively participate in the evaluation process and reflect on the multifaceted aspects of effective teaching.

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## WORKSHOP ON TEACHING AID PREPARATION

Name of the Event	Workshop on Teaching Aid Preparation
Objectives	<ol style="list-style-type: none"> <li>1) Understand the instructional objectives and curricular objectives</li> <li>2) Enable to analyze content /units for preparing the teaching aids</li> <li>3) Explore the ideas in groups of discussion</li> <li>4) Practice the skills and strategies of teaching aid preparation</li> <li>5) Able to prepare teaching aids systematically</li> </ol>
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	26/06/2019 & 27/06/2019
Time	9.00 AM- 4 PM
Duration	2 days
Beneficiaries	Student Teachers
Event Venue	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The college organized a workshop on teaching aids preparation on 26<sup>th</sup> and 27<sup>th</sup> June 2019, offering teacher trainees' extensive guidance on crafting aids tailored to the high school syllabus. Subject teacher educators played a leading role in facilitating the sessions, emphasizing the crucial alignment of teaching aids with the high school curriculum. The college underscored the need for innovation in creating teaching aids, providing teacher trainees with detailed instructions to foster creativity.

To enrich the learning experience, the college arranged a platform for teacher trainees to showcase and demonstrate teaching aids created in previous years. On 27<sup>th</sup> June 2019, teacher trainees actively immersed themselves in the practical aspect of crafting teaching

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aids, guided by their teacher educators. Collaboration emerged as a cornerstone, with teacher trainees seamlessly working together and extending support to peers, making substantial contributions to the overall success of the workshop.

The workshop on teaching aids preparation at the college proved to be an immersive and enlightening experience for teacher trainees, not only enhancing their practical skills in crafting teaching aids but also instilling a sense of collaboration and teamwork. The emphasis on innovation and alignment with the high school curriculum provided teacher trainees with a comprehensive understanding of the importance of effective teaching aids in the educational context. The workshop served as a valuable platform for teacher trainees to hone their skills, fostering a dynamic and collaborative learning environment.

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## CARMEL DAY CELEBRATION- 16<sup>TH</sup> JULY 2019

<b>Name of the Event</b>	Carmel Day Celebration- 16 <sup>th</sup> July 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To honor and express gratitude to Mother Mary for her patronage, loving care, guidance and protection</li> <li>2. To commemorate the Apostolic Carmel Congregation's foundation day</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	16/07/2019
<b>Time</b>	9.00 AM – 10.00 AM
<b>Duration</b>	1 hour
<b>Beneficiaries</b>	100 participants including students and faculty
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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## Carmel Day Celebration- 16<sup>th</sup> July 2019

Every year, Carmelites across the world celebrates Our Lady of Mount Carmel Feast Day on 16<sup>th</sup> of July keeping up the spirit of the Carmelite tradition. The Mount Carmel Feast Day is celebrated aiming at commemorating the Apostolic Carmel Congregation's foundation day and to honour and express gratitude to Mother Mary for her patronage, loving care, guidance and protection. St. Joseph College of Teacher Education for Women, Ernakulam celebrated Our Lady of Mount Carmel Feast Day, 2019 on 16<sup>th</sup> July 2019 from 9 AM to 10 AM at the college auditorium. The whole celebration has been coordinated and organized by the Mathematics optional (2019-2020 batch) of the college. Marking the symbol of the day, blue ribbons were distributed among student teachers and faculty members. As part of the Carmel day celebration, all the sisters in the college were distributed with flowers and greeting cards made by the student teachers. Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam delivered the festal message. After the festal message by the Principal, the student teachers from Mathematics optional sung a feast song making the celebration more memorable. A total of 100 participants including faculty members and student teachers participated in the event.

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## Appendix- Photos


 St. Joseph College of teacher education for women, Ernakulam  
**MATHEMATICS OPTIONAL (2019-2021)**  
 organising  
**CARMEL DAY CELEBRATION**  
**"I am thinking of you and helping you to secure eternal life"**  
 Our Lady Of Mount Carmel  
**Inviting all of you to the Our Lady of Mount Carmel Feast Day Celebrations**  
**Date: 16th July 2019**  
**Time: 9 AM - 10 AM**  
**Venue: College Auditorium**



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## TRAINING IN BLOG CREATION

<b>Name of the Event</b>	<b>Workshop on creation of blog</b>
<b>Objectives</b>	1) To acquaint student teachers with creation of blogs. 2) To understand the relevance of blogs and various online tools in teaching and learning.
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	22/07/2019
<b>Duration</b>	1 Days
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

On 22<sup>nd</sup> 2019, the college organized a workshop on blog creation, led by Dr. Joby Kurian, Assistant Professor at the same institution. The primary aim of the workshop was to acquaint student teachers with the process of creating blogs and uploading study materials. The teacher educator delved into the significance of blogs in education and highlighted various online tools relevant to teaching and learning.

The session provided a detailed explanation of creating programmed learning materials and the steps involved in uploading them to a blog, particularly beneficial for beginners. The teacher educator emphasized the diverse ways in which blogs can be utilized for teaching and learning purposes. The workshop became interactive as student teachers actively engaged with relevant queries and feedback.

The instructor conducted a step-by-step demonstration on blog creation. Students diligently noted down the steps in their notebooks and raised queries regarding blog creation and material uploading, all of which were thoroughly addressed by the resource person.

Each student teacher successfully created and uploaded a programmed learning material on their respective blogs. To document their work, they submitted a hard copy of the

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learning material, a picture showcasing the uploaded content on the blog, and the link to their individual blogs.

The workshop provided a comprehensive educational experience for student teachers. The combination of expert guidance from Dr. Joby Kurian and the active participation of student trainees ensured the success of the workshop. This hands-on experience empowered student trainees to apply their newly acquired skills by creating and sharing programmed learning materials through their blogs, marking a significant step in enhancing their educational capabilities.

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## TRAINING ON PORTFOLIO PREPARATION (B.Ed 2019-2021)

<b>Name of the event</b>	Orientation programme for portfolio preparation
<b>Objective</b>	To create portfolio of practicum and practical works of B.Ed syllabus
<b>Date</b>	22/07/2019
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam, Kerala

### Programme Report

The college organized a workshop on Portfolio preparation on the 22<sup>nd</sup> July 2019. The respective teacher educators led the session. The workshop aimed at introducing the concept of portfolio and provides practical insights into their construction. This undertaking held particular importance as it emphasized the pivotal role portfolios play in evaluating the practical work teacher trainees engage in each semester, aligning seamlessly with the requirements of the B.Ed syllabus.

During the program, teachers elucidated the essential components of a portfolio, stressing its significance in the academic landscape. Marks were allocated to underscore the critical nature of meticulously preparing a well-constructed portfolio, underscoring the tangible value attached to this task.

Teacher trainees were instructed to structure their portfolios into two main segments. The initial segment was "Description of the Event," required comprehensive details such as the event's title, date, venue, and all relevant aspects related to their practical work. The second segment, titled "Reflection," provided a designated space for teacher trainees to articulate their feelings, thoughts, and the valuable lessons gleaned from their practical endeavours.

To enhance the aesthetic appeal of their portfolios, teacher trainees were actively encouraged to infuse creativity, including the addition of relevant pictures to illustrate their work vividly. The orientation session not only served as a practical guide but also presented sample portfolios from previous years, offering teacher trainees tangible examples of what constitutes a commendable portfolio. This served a dual purpose — setting clear expectations





and inspiring teacher trainees to embark on the creation of their own portfolios with enthusiasm and insight.

Beyond the immediate task of portfolio creation, the programme had a far-reaching impact. It bestowed upon teacher trainees not only the ability to construct portfolios but also valuable skills in reflection, organization, and creativity. This holistic approach aligned academic work with real-world applications and assessments, ensuring that teacher trainees were comprehensively prepared for the educational journey that lay ahead. The programme stood as a pivotal step in shaping competent and well-prepared educators, equipped with the skills and perspectives necessary for success in their future endeavours.

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## TRAINING ON ICT RESOURCE MATERIAL PREPARATION

<b>Name of the Event</b>	<b>Workshop on ICT Resource material</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To understand the instructional objectives and curricular objectives</li> <li>2) To enable student teachers to analyze content /units for preparing resource material</li> <li>3) To explore the ideas in groups of discussion</li> <li>4) To practice the skills and strategies of resource material preparation</li> <li>5) To help student teachers in the preparation of resource material systematically</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	25/7/2019
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	1 day
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The college organized one day workshop for the B.Ed student teachers on the creation of ICT resource materials, recognizing the pivotal role of Information and Communication Technology (ICT) in motivating students, enhancing academic achievement, and broadening learning opportunities. Embedded within the B.Ed. curriculum, specifically Edu107.2, student teachers were tasked with developing and presenting ICT-supported learning resource materials related to school-based topics to expand their learning scope.

Teacher educators facilitated this practical assignment by offering comprehensive instructions on aligning ICT resource materials with the high school syllabus. The workshop covered diverse aspects such as creating Google Forms for quizzes, using the Canva app for



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engaging presentations, developing online flipbooks, and designing realistic book layouts using PowerPoint. The course also delved into the creation of animated videos using animation software to convey complex concepts effectively.

Armed with the knowledge gained from the faculty and the guidance, student teachers embarked on creating their ICT resource materials. They chose topics from 8th, 9th, or 10th standard SCERT textbooks, breaking them down into subtopics. Utilizing various ICT resources, they crafted comprehensive materials, focusing on PowerPoint presentations enriched with audio files, video clips, animations, and other multimedia elements tailored to meet the academic needs of students.

To ensure the authenticity of their work, student teachers submitted their ICT resource materials along with CD proofs, adhering to specified guidelines and requirements. This workshop not only provided valuable practical experience in ICT but also empowered student teachers to create effective educational resources for their future teaching endeavours.

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## WORKSHOP ON YOGA

Name of the Event	Workshop on Yoga
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To understand the basics of yoga.</li> <li>2) To enable the student teachers to know the benefits of yoga in schools.</li> <li>3) To help student teachers to keep themselves calm from stress and anxiety.</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	2019-20(06/8/2019-08/8/2019)
<b>Time</b>	9.00 AM- 12.00 PM
<b>Duration</b>	2 days (Batch A), 2 days (Batch B)
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme Report

The college organized 2 day Yoga workshop from 6<sup>th</sup> – 8<sup>th</sup> August 2019, focusing on promoting the practice of healthy living and fostering harmony between the mind and body through Yoga. Conducted as a half-day program from 9:00 am to 12:00 pm and facilitated by Fr. Peter Thiruthanathil, the workshop aimed to instill the principles of Yoga in the participating student teachers.

The student teachers were divided into two groups, labeled Batch A and Batch B. Beyond the physical aspects of Yoga poses and exercises, the workshop delved into the profound philosophy of Yoga, exploring its numerous benefits and theoretical foundations. The resource person provided insights into various "asanas" or postures, detailing their respective advantages, making the session highly informative for the student teachers.

During the workshop, student teachers had the opportunity to individually practice various Yoga postures under the guidance of the resource person. This hands-on experience

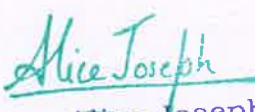
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included valuable corrections and guidance, emphasizing accuracy, precision, and proper techniques for performing different Yoga postures such as shalabhasana, sooryanamasakara, kukudasana, dhanurasana, padmasana, and trikonasana.

Participation in Yoga is known to offer numerous physical and mental health benefits, and the workshop provided an enjoyable and invigorating experience for all participants. The student teachers demonstrated enthusiasm and active engagement throughout the program, expressing their delight at being part of this valuable and energizing initiative.

  
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## TRAINING FOR DEVELOPING TEACHING SKILLS: MICRO TEACHING & LINK PRACTICES

<b>Name of the Event</b>	<b>Training for developing core teaching skills</b>
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Understand the core teaching skills</li> <li>2) Enable to understand sub skills and its applications</li> <li>3) Apply integrated skills in a 20-minute class, creating a setting similar to an authentic classroom.</li> <li>4) Encourage active peer evaluation during the link practice to foster collaborative learning.</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	12 -13 August 2019 , 14-17 August 2019
<b>Time</b>	9.00 AM- 4 PM
<b>Duration</b>	5 days
<b>Beneficiaries</b>	Student Teachers
<b>Event Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

### Programme report

The college organized a yearly training program on micro teaching and link practice for first-year students to develop essential teaching skills. The program puts a strong focus on microteaching practice sessions, supervised by experienced teachers in optional subjects. Each student chooses different topics to practice three core teaching skills and learns how to create microteaching lesson plans beforehand.

The micro teaching session was conducted on 12<sup>th</sup> and 13<sup>th</sup> August 2019. The respective optional faculties gave necessary instructions. Microteaching covers crucial skills for aspiring teachers, such as introduction, explanation, questioning, stimulus variation,



reinforcement, illustration, blackboard writing, and achieving closure. Each training session focuses on enhancing one specific teaching skill. Students conduct short teaching sessions lasting around five to six minutes with small groups of peers, recorded and closely supervised for constructive feedback on strengths and weaknesses. This feedback is valuable for self-evaluation, performance measurement, and skill improvement.

Microteaching follows a structured process called the microteaching cycle. It starts with planning the teaching session, followed by actual teaching to a group of students. After the session, the student-teacher receives feedback, allowing them to re-plan and make improvements. This process repeats to ensure continuous enhancement of teaching skills and building confidence for real classroom scenarios.

The link practice session was conducted on 14<sup>th</sup> and 15<sup>th</sup> August 2019. Teacher educators provided necessary instructions. In the link practice session, teacher trainees combine sub-skills, delivering a 20-minute class before their peers. This interactive session involves peer evaluation and constructive feedback, fostering a collaborative learning atmosphere. In essence, the overarching training program ensures that student-teachers excel in both technical and interpersonal dimensions, positioning them to positively impact the upcoming generation. Through this holistic approach, students not only refine their teaching techniques but also enhance their communication and collaboration skills. The link practice session, with its integration of sub-skills and peer evaluation, stands as a pivotal component in preparing student-teachers for the complexities of the teaching profession.

The programme equipped the teacher trainees with the proficiency needed to navigate the challenges of real-world classrooms, making a positive and lasting influence on the students they will guide in the future.

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## STUDENT ENRICHMENT PROGRAMME - SEMINAR ON FIRST AID, 2019

<b>Name of the Event</b>	Student Enrichment Programme - Seminar on First Aid, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To gain an understanding about basic first aid</li> <li>2. To understand the importance of first aid in accidents</li> <li>3. To develop a sense of security and wellbeing among students</li> <li>4. To equip students with skills to help themselves and others in medical emergency situations</li> </ol>
<b>Details of Event Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Resource person</b>	Dr. Shigy Francis, Senior Consultant at Department of Physical Medicine and Rehabilitation at Lisie hospital, Ernakulam
<b>Date</b>	29/08/2019
<b>Beneficiaries</b>	97 first year B Ed. student teachers
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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## Student Enrichment Programme - Seminar on First Aid, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college conducts student enrichment programmes to boost the students' confidence and motivation and also to polish their talents. A seminar on first aid was conducted on 29<sup>th</sup> August 2019 for first year B Ed. student teachers (2019-2021 batch) as part of student enrichment programme. The resource person for the seminar was Dr. Shigy Francis, Senior Consultant at Department of Physical Medicine and Rehabilitation at Lisie hospital, Ernakulam. The seminar on first aid provided the student teachers with the basics of first aid and thus equipped them with skills to help themselves and others in medical emergency situations. The seminar also aimed at developing a sense of security and wellbeing among students. A total of 97 first year B Ed. student teachers from St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.

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## Appendix- Photos

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**Student Enhancement Programme:**

**Seminar on First Aid**



**Resource Person:**

Dr. Shigy Francis  
Senior Consultant  
(Department of Physical Medicine &  
Rehabilitation)  
Lisie Hospital, Ernakulam

**Date: 29th August 2019**

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## 52<sup>ND</sup> RAJAGIRI ROUND TABLE CONFERENCE – ‘CHANGING ROLES OF TEACHER AS A CATALYST AND FACILITATOR’, 2019

<b>Name of the Event</b>	52 <sup>nd</sup> Rajagiri Round Table Conference – ‘Changing Roles of Teacher as a Catalyst and Facilitator’, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To understanding the changing roles of teachers in order to effectively transmit education to the students</li> <li>2. To understand the present changes in the field of education</li> <li>3. To analyze the role of teacher in the current scenario</li> </ol>
<b>Details of Event Coordinators</b>	<p>Anu Cleetus Asistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	<p>Pallikuttam, Rajagiri Media Rajagiri Valley Kakkanad, Kochi</p>
<b>Date</b>	18/09/2019
<b>Beneficiaries</b>	<p>7 student teachers and 3 faculty members Dr. Alice Joseph, Principal; Dr. Josephine Joseph, Assistant Professor in Physical Science Education; and Mrs. Marin Jose, Assistant Professor in English Education, from St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Platform</b>	<p>Rajagiri Media at Rajagiri Valley Kakkanad, Kochi</p>

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## 52<sup>nd</sup> Rajagiri Round Table Conference – ‘Changing Roles of Teacher as a Catalyst and Facilitator’, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to organize activities and programmes to enhance the competence and expertise of both the students and teacher educators with an aim to provide better education for a better world. St. Joseph College of Teacher Education for Women, Ernakulam organized the 52<sup>nd</sup> Rajagiri round table conference on the topic, ‘Changing roles of teacher as a catalyst and facilitator’ on 18<sup>th</sup> September 2019. The entire conference was hosted by the Pallikuttam, Rajagiri Media at Rajagiri Valley in Kakkanad, Kochi. The round table conference was organized to understand and reflect on the changing roles of teachers as a catalyst and facilitator. As time flies, the roles of teachers also change. The present changes in the field of education, the teachers play the role of a catalyst and facilitator by motivating and supporting the students. Understanding the changing roles of teachers in order to effectively transmit education to the students. A total of 7 student teachers and 3 faculty members including Dr. Alice Joseph, Principal; Dr. Josephine Joseph, Assistant Professor in Physical Science Education; and Mrs. Marin Jose, Assistant Professor in English Education, from St. Joseph College of Teacher Education for Women, Ernakulam participated in the round table conference.

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Appendix- Photos


**St. Joseph College of Teacher Education for Women,  
Ernakulam**


in association with

**Rajagiri Media**

**52nd Rajagiri Round Table  
Conference**

**Topic : Changing Roles of  
Teacher as a Catalyst and  
Facilitator**

**Date: 18th September 2019**

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Training on Initial Practical School Experiences through Induction Programme

B.Ed. 2019-'21 Batch

Name of the Event	Orientation class on unit plan preparation
Objectives	<ol style="list-style-type: none"> <li>1) Familiarizing student teachers with the physical layout, administrative setup, and cultural aspects of the assigned schools.</li> <li>2) Providing insights into the rules, regulations, and policies of the schools to align student teachers with the institutional framework.</li> <li>3) Observing various teaching methods employed by experienced educators to gain insights into effective classroom management.</li> <li>4) Facilitating an environment for mutual learning by encouraging teacher educators to observe and provide constructive feedback to their peers.</li> <li>5) Promoting cultural sensitivity and awareness to ensure an inclusive and respectful learning environment.</li> </ol>
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	13/1//2020- 7/2/2020
Beneficiaries	Student Teachers

### Programme Report

Before the commencement of the internship program, the college initiated a one-month induction program for B.Ed. student teachers. During this period, student teachers were assigned to respective schools for their induction. Prior to the induction a series of workshops were conducted to refine crucial skills such as lesson and unit plan preparation, alongside the creation of effective teaching aids and it also included micro-teaching classes and link practice sessions.

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Teacher educators played a pivotal role in providing essential guidance to the student teachers, who actively engaged in conducting classes. The active participation of student teachers in classroom activities led to constructive feedback from both teacher educators and their peers.

Participation in school events and practical activities significantly enriched the student teachers' overall experience. The induction not only exposed them to the practical facets of teaching but also fostered a supportive environment conducive to peer learning and mentorship. The hands-on experiences in planning lessons and units further honed their organizational skills. Additionally, the reciprocal observation system facilitated an exchange of diverse teaching methodologies.

The advantages derived from the induction were manifold. Student teachers gained valuable real-world experience, effectively translating theoretical knowledge into practical skills. Workshops and guidance provided by teacher educators significantly improved their pedagogical understanding and teaching abilities. The reciprocal observation and feedback mechanism created a culture of continuous improvement, fostering a sense of community and collaboration among the student teachers. It not only fulfilled academic requirements but also provided invaluable insights, equipping student teachers effectively for their future roles in the field of education.

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## REPORT ON M.ED. INTERNSHIP PROGRAMME

Name of the Event	Orientation class on unit plan preparation
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) Apply theoretical knowledge in real-world educational settings.</li> <li>2) Develop effective lesson and unit planning abilities.</li> <li>3) Encourage collaborative learning and peer observation.</li> <li>4) Foster reflective teaching practices.</li> <li>5) Integrate technology for effective instruction.</li> </ol>
<b>Details of Event</b> <b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	7/12/2019 to 22/01/2020
<b>Time</b>	9.00 AM- 3.30 PM
<b>Resource persons</b>	Lincy A.P, Mrs. Regha and Mrs Aswathy D.V
<b>Beneficiaries</b>	Teacher educands (Total No.4)

### Programme Report

The college facilitated an internship program for M.Ed. teacher educands, spanning from December 7, 2019, to January 22, 2020, conducted at St. Joseph Training College. The initiative included workshops focused on honing skills such as lesson plan and unit plan preparation. Teacher educators played a pivotal role by offering guidance and instructions to the teacher educands, who actively engaged in taking classes as part of their training. A distinctive feature of the program was the mutual observation process, where teacher educands observed their peers' classes, providing constructive feedback and reciprocally received feedback from both peers and teacher educators on their own classes.

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The comprehensive internship not only exposed teacher educands to practical aspects of teaching but also created a conducive environment for peer learning and mentorship. The hands-on experience in lesson and unit plan preparation honed their planning skills and the reciprocal observation system facilitated a rich exchange of teaching methodologies and strategies.

The benefits of this internship program are manifold. Teacher educands gained real-world experience, translating theoretical knowledge into practical skills. The workshops and guidance provided by teacher educators enhanced their pedagogical understanding and teaching capabilities. The reciprocal observation and feedback mechanism promoted a culture of continuous improvement, fostering a sense of community and collaboration among the teacher educands. The internship not only met academic requirements but also equipped teacher educands with valuable insights, preparing them effectively for their roles as educators in the future.

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## REPORT ON B.ED. INTERNSHIP PROGRAMME

Name of the Event	Orientation class on unit plan preparation
Objectives	<ol style="list-style-type: none"> <li>1) Apply theoretical knowledge in real-world educational settings.</li> <li>2) Develop effective lesson and unit planning abilities.</li> <li>3) Encourage collaborative learning and peer observation.</li> <li>4) Foster reflective teaching practices.</li> <li>5) Integrate technology for effective instruction.</li> </ol>
Details of Event Coordinators	St. Joseph College of Teacher Education for Women, Ernakulam
Dates	22/07/2019- 8/11/2019
Beneficiaries	Student Teachers

### Programme Report

The college administered B.Ed. student teachers internship program spanning from July 22, 2019, to November 8, 2019. Student teachers were assigned to respective schools for their internship. Workshops were conducted to refine skills like lesson and unit plan preparation, along with creating teaching aids. Teacher educators played a crucial role, providing guidance to the student teachers who actively participated in conducting classes. A notable aspect of the program was the reciprocal observation process, where student teachers observed their peers' classes, offering constructive feedback and receiving evaluations from both peers and teacher educators.

Participation in school events and practical activities enriched the student teachers experience. The internship not only exposed them to the practical aspects of teaching but also fostered a supportive environment for peer learning and mentorship. Hands-on experiences in planning lessons and units enhanced their organizational skills, while the reciprocal observation system facilitated an exchange of diverse teaching methodologies.

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The advantages of the internship were multifold. Student teachers gained real-world experience, translating theoretical knowledge into practical skills. Workshops and guidance from teacher educators improved their pedagogical understanding and teaching abilities. The reciprocal observation and feedback mechanism cultivated a culture of continuous improvement, fostering a sense of community and collaboration among the student teachers. This internship not only fulfilled academic requirements but also provided valuable insights, equipping student teachers effectively for their future roles in education.

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## WORKSHOP ON ECOFRIENDLY PRODUCTS

<b>Name of the Event</b>	workshop on Ecofriendly Products
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1) To raise awareness among student teachers about the importance of eco-friendly practices and the impact of everyday choices on the environment.</li> <li>2) To provide a hands-on learning experience, allowing student teachers to actively engage in the creation of eco-friendly products using sustainable materials.</li> <li>3) To integrate art and environmental education, demonstrating that creative endeavors can be aligned with responsible environmental practices.</li> </ol>
<b>Details of Event Coordinators</b>	St .Joseph College of Teacher Education for Women, Ernakulam
<b>Dates</b>	20/08/2019
<b>Beneficiaries</b>	Student Teachers

### Programme Report

As a part of the Art and Drama practical, the college orchestrated a workshop centered on crafting eco-friendly products on 20<sup>th</sup> August 2019. In accordance with their respective optional subjects, student teachers engaged in the creation of various environmentally sustainable items. This hands-on activity resulted in the production of diverse products, including but not limited to paper bags, pen holders crafted from recycled paper, and mats ingeniously repurposed from saris.

The creation process was not only an artistic endeavour but also a commitment to environmentally conscious practices. The student teachers ingenuity shone through as they transformed everyday materials into functional and aesthetically pleasing eco-friendly products. The choice of items, such as paper bags and pen holders, demonstrated a keen awareness of reducing plastic usage and promoting sustainable alternatives.



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The workshop provided a platform for student teachers to showcase their creativity and practical skills while addressing the importance of incorporating eco-friendly practices into everyday life. The emphasis on optional-wise projects allowed for a diverse range of products, showcasing the versatility and applicability of eco-friendly alternatives in various contexts.

Following the production phase, teacher educators assumed the role of evaluators, assessing the quality and creativity embedded in each eco-friendly product. This evaluation process not only recognized the individual efforts of student teachers but also provided constructive feedback to further enhance their crafting skills and environmental consciousness.

The workshop on creating eco-friendly products within the art and drama practical not only served as a creative outlet for student teachers but also underscored the significance of sustainable practices in the realm of education. By merging artistry with environmental responsibility, the workshop contributed to a holistic educational experience that encourages mindful choices and fosters a sense of responsibility towards the society.

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## REPORT ON TRAINING IN DISASTER MANAGEMENT

On the 2nd and 3rd of February 2020, the college organized a comprehensive Disaster Management session for B.Ed. students. The event, organized in collaboration with the esteemed Sri Sai Disaster Management Foundation, aimed to equip students with essential skills and knowledge related to disaster preparedness and response.

The training sessions, led by experts from the Sri Sai Disaster Management Foundation, covered a diverse range of topics encompassing natural and man-made disasters. The foundation's commitment to enhancing awareness and building capacities in disaster management was evident throughout the program. The sessions included theoretical discussions, practical demonstrations, and hands-on exercises, offering students a holistic understanding of disaster management protocols.

They provided valuable insights and real-world scenarios, contributing to the overall success of the program. The sessions emphasized proactive measures for disaster mitigation, search and rescue operations, first aid, and evacuation procedures.

The active participation of B.Ed. students in group discussions and interactive sessions demonstrated their keen interest and engagement in learning about disaster management. The initiative not only imparted crucial skills but also instilled a sense of responsibility and preparedness among future educators.

The program fostered a sense of social responsibility among the B.Ed. students, emphasizing the role of educators in promoting safety and resilience within their communities. By engaging in practical scenarios and simulations, participants gained a deeper appreciation for the importance of quick thinking and effective communication during times of crisis.

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## REPORT ON INTERNATIONAL WOMEN'S DAY

On March 8, 2020, the college organized a vibrant event to commemorate International Women's Day. The initiative was meticulously organized specifically for teacher trainees, reflecting the college's commitment to empowering future educators with a focus on gender equality and women's rights.

The event sought to celebrate the achievements and contributions of women while also addressing pertinent issues related to gender equality in the educational sphere. A diverse range of activities was carefully curated to create an inclusive and enlightening experience for the teacher trainees.

Faculty members shared insights into the significance of International Women's Day, emphasizing the pivotal role women play in education and society at large. Various sessions were conducted to explore key themes such as women's empowerment, gender equality in education, and the importance of women in leadership roles. These sessions were designed to instill a sense of awareness and advocacy among the teacher trainees, encouraging them to champion gender equality in their future roles as educators.

TED Talk videos of renowned women figures were shown, followed by a panel discussion led by Dr. Marin Jose, a faculty member at the college. This interactive session provided teacher trainees with the opportunity to connect with tangible instances of women overcoming challenges and contributing positively to diverse fields. It facilitated engagement with real-world examples of women breaking barriers, inspiring the participants with the impactful narratives of these accomplished personalities.

Additionally, skill development sessions were organized to equip the teacher trainees with tools and strategies for fostering inclusivity and gender sensitivity in their future classrooms. These activities aimed to nurture a generation of educators who are not only knowledgeable in their subjects but also conscious of the broader societal issues related to gender.

The success of the event was evident in the active engagement, thoughtful discussions, and positive feedback from the teacher trainees. The event was a commendable effort to inspire, educate and empower the future educators with a deepened understanding of gender issues and a commitment to fostering a more inclusive and equitable educational environment.



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**2018-2019**

*Alice Joseph*

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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## ECO-FRIENDLY PRODUCTS PREPARATION, 2018

<b>Name of the Event</b>	Eco-Friendly Products Preparation, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote protection and preservation of the planet and thereby focusing on a sustainable lifestyle</li> <li>2. To promote eco friendly practices</li> <li>3. To generate ideas on importance of protecting the environment and having a healthy lifestyle among the student teachers</li> </ol>
<b>Details of Event</b>	First year B.Ed. student teachers (2018-2020 batch)
<b>Coordinators</b>	Natural Science optional and Physical Science optional
<b>Details of Resource Person</b>	<p>Ms. Dinimol Jacob</p> <p>Assistant Professor</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	05/10/2018
<b>Beneficiaries</b>	A total of 20 first year B.Ed. student teachers (2018-2020 batch) from Natural Science optional and Physical Science optional
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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Ernakulam





## Eco-Friendly Products Preparation, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. The college conducts various programmes and activities that promote eco-friendly practices. First year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam engaged in preparing ecofriendly products on 5<sup>th</sup> October 2018. The activity was organized to instill in the importance of protecting the environment and having a healthy lifestyle among the student teachers. It also aimed at promoting protection and preservation of the planet and thereby focusing on a sustainable lifestyle. A total of 20 first year B.Ed. students (2018-2020 batch) from Natural Science optional and Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.


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## Appendix- Photos

 **St. Joseph College of Teacher Education for Women,  
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# Eco-friendly Products Preparation

**By**

**First Year B.Ed Natural Science  
& Physical Science Optional  
Students  
(2018-2020 Batch)**

**5th OCTOBER 2018**

*Alice Joseph*

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St. Joseph College of Teacher  
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Ernakulam**





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Seminar on Ecological Issues, 2018

<b>Name of the Event</b>	Seminar on Ecological Issues, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers motivate to engage in ecofriendly practices in their lives.</li> <li>2. To help students explore the ecological issues</li> <li>3. To generate awareness among the students regarding the ecological issues prevalent in the society focusing on manmade activities in ecological issues</li> </ol>
<b>Details of Event</b>	first year B.Ed. student teachers (2018-2020 batch)
<b>Coordinators</b>	Natural Science optional and Physical Science optional
<b>Details of Resource Person</b>	<p>Ms. Dinimol Jacob</p> <p>Assistant Professor</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	05/10/2018
<b>Beneficiaries</b>	A total of 34 first year B.Ed. student teachers (2018-2020 batch) from Natural Science optional and Physical Science optional
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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## Seminar on Ecological Issues, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum. Seminars, workshops, and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college conducts various programmes and activities that promote eco-friendly practices. As part of their elective course, Environment Education, first year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam organized and carried out a seminar on ecological issues on 5<sup>th</sup> October 2018. The activity was organized to generate awareness among the students regarding the ecological issues prevalent in the society focusing on manmade activities which are one of the major causal factors of ecological issues. The student teachers were motivated to engage in ecofriendly practices in their lives. A total of 34 first year B.Ed. student teachers (2018-2020 batch) from Natural Science optional and Physical Science optional participated in the seminar.


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Ernakulam








## Appendix- Photos


**St. Joseph College of Teacher Education for Women,  
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**First Year B.Ed Natural Science &  
Physical Science Optional Students  
(2018-2020 Batch)**


Organising

**SEMINAR  
ON  
ECOLOGICAL ISSUES**



save our environment and  
the world


**5TH OCTOBER 2018**


  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

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## Student Enrichment Programme: Setting Up Herbal Garden, 2018

<b>Name of the Event</b>	Setting Up Herbal Garden, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teachers promote eco-friendly practices</li> <li>2. To educate students on the need to protect the earth's abundant biodiversity</li> <li>3. to instill in the importance of protecting the environment and having a healthy lifestyle</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	05/10/2018
<b>Beneficiaries</b>	20 students of Physical Science and Natural Science
<b>Platform</b>	Offline St. Joseph College of Teacher Education for Women, Ernakulam

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## Setting Up Herbal Garden, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. The college conducts various programmes and activities that promote eco-friendly practices. First year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam engaged in planting ayurvedic plants to setup an herbal garden in the campus on 5<sup>th</sup> October 2018. The activity was organized to instill in the importance of protecting the environment and having a healthy lifestyle. To educate students on the need to protect the earth's abundant biodiversity and the role that medicinal plants play in both conventional and modern medical systems' holistic delivery of treatment and health care. The student teachers planted various varieties of herbal plants with various benefits. A total of 20 first year B.Ed. students from Natural Science optional and Physical Science optional engaged in setting up the herbal garden.

*Alice Joseph*

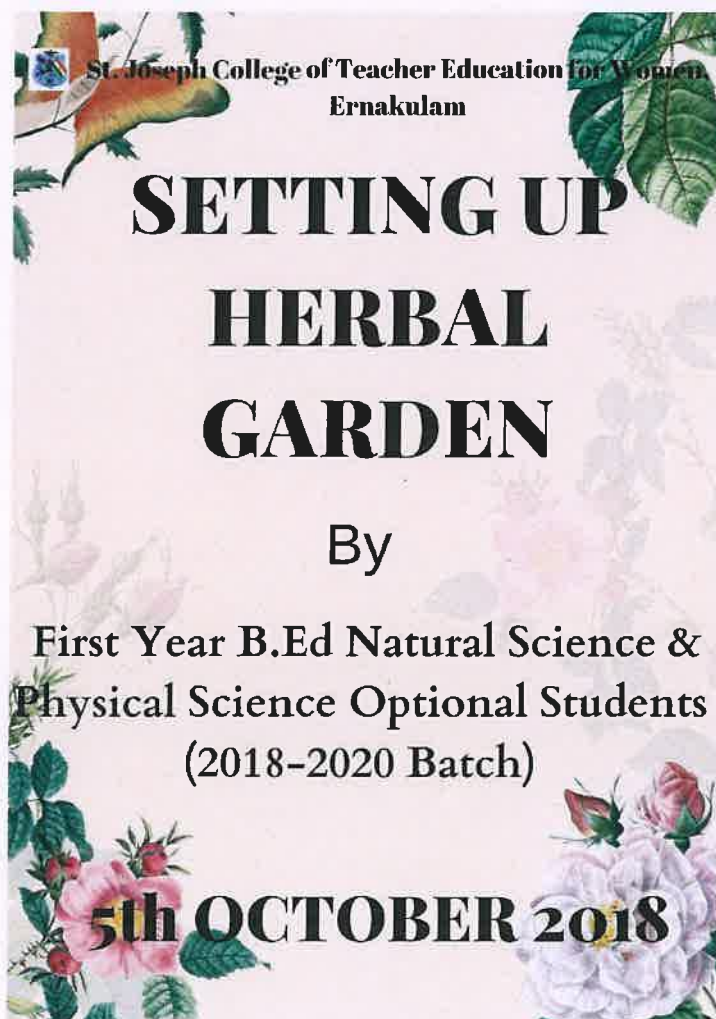
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## Appendix- Photos



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## 'KAITHANGU'- 2018

<b>Name of the Event</b>	'KAITHANGU'- 2018 - Helping poor learners to overcome the accumulated defects in using Malayalam language
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help the poor learners to overcome the accumulated defects in using Malayalam language</li> <li>2. To help the student teachers in identifying and understanding the learning needs of slow learners or under achievers</li> <li>3. To critically analyze the thrust of NEP 2020 in the light of modern education trends</li> </ol>
<b>Details of Event</b>	Malayalam Optional
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	<p>Sisily A A</p> <p>Malayalam Education</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	06/08/2018 -16/08/2018
<b>Beneficiaries</b>	Student teachers-14
<b>Platform</b>	St. Joseph College of Teacher Education for Women, Ernakulam.

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## 'KAITHANGU'- 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The extension wing of the college organizes various significant activities to stretch out a helping hand to the needy brethren irrespective of caste, creed, color or gender. 'KAITHANGU' is an extension activity undertaken by the staff members and student teachers of Malayalam Education at St. Joseph College of Teacher Education for Women, Ernakulam. The activity is implemented with an aim of helping poor learners to overcome the accumulated defects in using Malayalam language. The student teachers and staff members of Malayalam Education (2018-2020 batch) at St. Joseph College of Teacher Education for Women, Ernakulam organized 'KAITHANGU, 2018' from 6<sup>th</sup> August 2018 to 16<sup>th</sup> November 2018 as part of extension activity for poor learners to overcome defects in using Malayalam language. A total amount of 5000 rupees was spent for implementing 'KAITHANGU' activity. The activity did help the student teachers in identifying and understanding the learning needs of slow learners or under achievers. The activity facilitated empathetic skills among the student teachers. A total of 14 student teachers participated in the activity.

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## Appendix- Photos



St. Joseph College of teacher education for women, Ernakulam

EXTENSION ACTIVITY

'KAITHANGU' 2018

MALAYALAM OPTIONAL (2018-2020)

Date: 6 August 2018 -  
16 November 2018



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## WORKSHOP ON TEACHING AIDS, 2018

<b>Name of the Event</b>	Workshop on Teaching Aids, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop teaching skills among the students</li> <li>2. To help students understand and respect individual differences</li> <li>3. To enhance knowledge and skills relating to preparing teaching aids</li> <li>4. To enhance creative skills and imagination in producing effective teaching aids</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource</b>	Faculty
<b>Person</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	26/06/2018
<b>Beneficiaries</b>	95 - student teachers ( II- BEd )
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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Ernakulam



### Workshop on Teaching Aids, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops, and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The students will at least be members of any one club or associations functioning in the institution like Women's Cell, Health Club, Social Science Club and Eco Club. The clubs and associations conducted various programs like seminars, talks, quiz etc. based on relevant themes. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents and enhance their competency. A workshop on teaching aids was conducted on 26<sup>th</sup> June 2018 for second year B. Ed programme student teachers at St. Joseph College of Teacher Education for Women, Ernakulam. The workshop was conducted to develop teaching skills among the students. Using teaching aids are essential in teaching profession and to excel in the field and to deliver effective learning space for the learners, the student teachers who are prospective teachers should have to use innovative teaching aids and develop skills to use them. Among the many advantages of teaching aids are their ability to assist students develop their reading comprehension abilities, illustrate, or reinforce a skill or concept, differentiate training, as well as reduce boredom or anxiety by presenting information in an innovative and engaging way. The workshop turned out to be successful in fulfilling its aim and provided the student teachers with required knowledge and skills relating to preparing teaching aids. A total of 95 second year B.Ed. student teachers (2017-2019 Batch) from St. Joseph College of Teacher Education for Women, Ernakulam participated in the workshop and prepared innovative teaching aids.


*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







## Appendix- Photos


**St. Joseph College of Teacher Education for Women,  
Ernakulam**

**organising**

**Workshop**

**on**

**Teaching Aids**

**For Second Year B.Ed Students  
(2017-2019 Batch)**

**26th June 2018**

*Alice Joseph*

Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Training on Yoga, 2018

<b>Name of the Event</b>	Yoga, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To create an enriching environment where students thrive and develop a healthy lifestyle</li> <li>2. To enhance the knowledge of student teachers regarding yoga and its benefits</li> <li>3. To boost the students' confidence and motivation and also to polish their talents</li> </ol>
<b>Details of Event Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Mr. Baiju Varghese, Professional Yoga Trainer and Director, Athma Yoga Academy in Kochi, Kerala
<b>Date</b>	18/09/2018 -19/09/2018
<b>Beneficiaries</b>	95 first year B Ed. student teachers (2018-2020 batch) and 18 MEd. Teacher educand's
<b>Platform</b>	St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Training on Yoga, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The students will at least be members of any one club or associations functioning in the institution like Women's Cell, Health Club, Social Science Club and Eco Club. The clubs and associations conducted various programs like seminars, talks, quiz etc. based on relevant themes. The college conducts student enrichment programmes to boost the students' confidence and motivation and also to polish their talents. A training session on Yoga was conducted on 18<sup>th</sup> and 19<sup>th</sup> September 2018 for the first year B. Ed and M. Ed student teachers (2018-2020 batch) at the college. The resource person for the training was Mr. Baiju Varghese, Professional Yoga Trainer and Director, Athma Yoga Academy in Kochi, Kerala. The training session was conducted to create an enriching environment where students thrive and develop a healthy lifestyle. Yoga is a holistic practice and practicing yoga regularly offers many benefits for the body, mind and soul. The entire training session provided the student teachers a great experience and the motivation to lead a healthy life. A total of 95 first year B Ed. student teachers (2018-2020 batch) and 18 M Ed. Teacher educands from St. Joseph College of Teacher Education for Women, Ernakulam participated in the training.

*Aliee Joseph*


Dr. Aliee Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam








## Appendix- Photos


**St. Joseph College of Teacher Education for Women,  
Ernakulam**

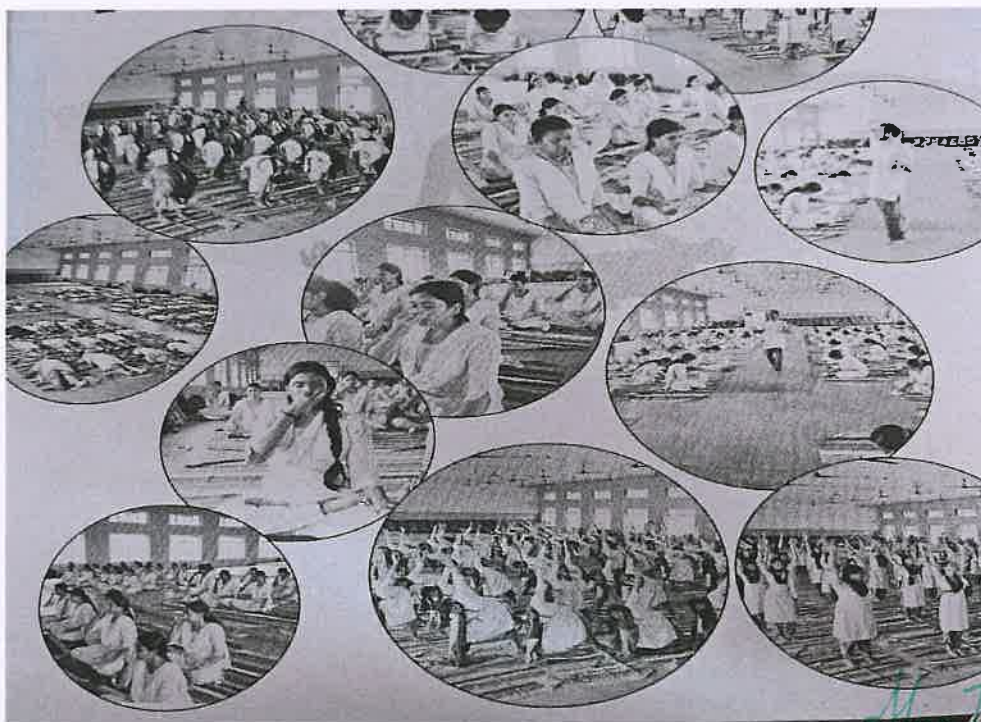
**ORGANISING  
TRAINING ON  
YOGA**



**For B. Ed & M. Ed Students (2018-2020)**

**Resource Person:  
Mr. Baiju Varghese,  
Professional Yoga Trainer and Director,  
Athma Yoga Academy, Kochi**

**18th & 19th September 2018**



*Alice Joseph*

Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## WORKSHOP ON THEATRE AND ARTS, 2018

<b>Name of the Event</b>	Workshop on Theatre and Arts, 2018
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To develop theatre art skills and integrated theatre skills among student teachers in planning lessons for students</li> <li>2. To enhance knowledge and skills relating to theatre and arts</li> <li>3. To enhance the students' confidence and motivation and also to polish their talents</li> </ol>
<b>Details of Event Coordinators</b>	<p>Faculty</p> <p>St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	Fr. Daey Kunnath
<b>Date</b>	24/09/2018 - 25/09/2018
<b>Beneficiaries</b>	138 - student teachers
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





### Workshop on Theatre and Arts, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The students will at least be members of any one club or associations functioning in the institution like Women's Cell, Health Club, Social Science Club and Eco Club. The clubs and associations conducted various programs like seminars, talks, quiz etc. based on relevant themes. The college conducts student enrichment programmes to boost the students' confidence and motivation and also to polish their talents. A workshop on theatre and arts was conducted on 24<sup>th</sup> and 25<sup>th</sup> September 2018 for the first year B. Ed and M. Ed student teachers (2018-2020 batch) at the college. The resource person for the workshop was Fr. Daey Kunnath. The workshop was conducted to develop theatre art skills and integrated theatre skills among student teachers in planning lessons for students in their respective practice teaching schools. The workshop turned out to be successful in fulfilling its aim and provided the students teachers with required knowledge and skills relating to theatre and arts. A total of 95 first year B Ed. student teachers (2018-2020 batch) and 18 M Ed. Teacher educands from St. Joseph College of Teacher Education for Women, Ernakulam participated in the workshop.


*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam







## Appendix- Photos

 St. Joseph College of Teacher Education for Women,  
Ernakulam

ORGANISING

**WORKSHOP ON  
THEATRE AND ARTS**

For B. Ed & M. Ed Students  
(2018-2020 batch)

Resource Person:  
Fr. Daey Kunnath

24th & 25th September 2018

*Alice Joseph*

Dr. Alice Joseph  
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St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Flood Relief Activities- Collecting Clothes for Flood Victims in Kuttanad, 2018

<b>Name of the Event</b>	Flood Relief Activities
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To enhance social commitment and develop in them a sense of sharing and responsibility</li> <li>2. To provide assistance for the people who are affected by the 2018 Kerala flood</li> <li>3. To help the affected people with monetary aid along with proper assistance ,food and clothing</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	28/11/2018
<b>Beneficiaries</b>	100 members including staffs and students
<b>Venue</b>	Kuttanad , Alappuzha District

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Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Flood Relief Activities- Collecting Clothes for Flood Victims in Kuttanad, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The extension wing of the college organizes various significant activities to stretch out a helping hand to the needy brethren irrespective of caste, creed, color or gender. The year 2018 became the unforgettable year for Keralites because of the Kerala flood disaster that affected almost one sixth of the total population in Kerala. People were striving hard for their own and their close ones' survival. St. Joseph College of Teacher Education for Women, Ernakulam strived hard to help flood victims to survive through their hard time. The staff and students (2018-2020) batch of St. Joseph College of Teacher Education for Women, Ernakulam extended helping hands to the flood victims. The staff and students of the college sincerely contributed in helping the victims. One such activity in helping the flood victims organized by the college was collecting clothes and distributing it to the flood victims particularly in the Kuttanad area in Alappuzha district in Kerala on 28<sup>th</sup> November 2018. Kuttanad was one of the places where the flood affected the people very badly. Apart from cloth collection and from contributing to and cooperating with the governmental activities for flood relief, staff and student members of St. Joseph College of Teacher Education for Women, Ernakulam collected a total of 80000 rupees and provided materials required for the flood victims as per their needs. The activity did help the student teachers in enhancing social commitment and develop in them a sense of sharing and responsibility. A total of 100 members including staffs and students took part in the activity and stretched out their helping hands for flood relief.

*Alice Joseph*

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam








# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Appendix- Photos


**St. Joseph College of Teacher Education for women,  
Ernakulam**  
**organising**

**Flood Relief Initiative:**  
**Collecting clothes for flood Victims in  
Kuttanad**

Staff and Student Teachers (2018-2020)  
 Batch of St. Joseph College of Teacher  
 Education for Women, Ernakulam is  
 extending their helping hands to the flood  
 affected people in Kuttanad where flood  
 has caused havoc

**Date: 28th November 2018**

*Alice Joseph*

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Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## INTERACTION WITH TRANSGENDERS, 2018

<b>Name of the Event</b>	Capacity Enhancement Programme for Student Teachers: Webinar on Changing Dimensions of Modern Education
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To inculcate basic yet important values like open-mindedness, aesthetic sense, artistic qualities, and creativity</li> <li>2. To help students understand and respect individual differences</li> <li>3. To enhance social commitment of students</li> <li>4. To enhance empathetic outlook towards people, especially transgenders who are marginalized in society</li> </ol>
<b>Details of Event Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	
<b>Date</b>	21/12/2018
<b>Beneficiaries</b>	138 - student teachers
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Interaction with Transgenders, 2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college organizes various activities for students for the proper development of personality and to inculcate basic yet important values like open-mindedness, aesthetic sense, artistic qualities, and creativity. As part of enhancing social commitment of students, St. Joseph College of Teacher Education for Women, Ernakulam organized an interaction with transgenders for the B.Ed. student teachers on 21<sup>st</sup> December 2018. The interaction with transgenders was organized with the objective of helping the students understand. The activity did also help the students to enhance empathetic outlook towards people, especially transgenders who are marginalized in society. A total of 138 student teachers from both B Ed. first year and second year from St. Joseph College of Teacher Education for Women, Ernakulam took part in the activity.

*Alice Joseph*


Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







## Appendix- Photos

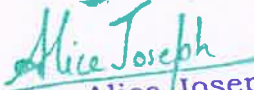

**St. Joseph College of Teacher Education for Women,  
Ernakulam**

ORGANISING

**Interaction  
with  
Transgenders**

**For First Year and Second Year  
B. Ed Students**

**Date: 21 December 2018**

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

Sanjo International Cultural Exchange Programme, 2018 –

‘Learning Across Cultures: Peerology Par Excellence’

<b>Name of the Event</b>	Sanjo International Cultural Exchange Programme, 2018 – ‘Learning Across Cultures: Peerology Par Excellence’
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote quality and excellence in effective communication, public speaking, team spirit and personality development</li> <li>2. To understand the culture and methodologies adopted at international level</li> <li>3. To gain an opportunity to interact with students of varying culture and ideologies</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	15/11/2018
<b>Beneficiaries</b>	Student teachers-90 , Students : University of Australia-15
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

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Education for Women,  
Ernakulam





**Sanjo International Cultural Exchange Programme, 2018 –  
‘Learning Across Cultures: Peerology Par Excellence’**

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college conducts student enrichment programmes to boost the students’ confidence and motivation and to polish their talents. To promote quality and excellence in effective communication, public speaking, team spirit and personality development, various programmes were organized during the academic year. St. Joseph College of Teacher Education for Women, Ernakulam organized Sanjo International Cultural Exchange Programme, 2018 on ‘Learning Across Cultures: Peerology Par Excellence’ on 15<sup>th</sup> November 2018 as part of Student Enrichment Programme. The programme was organized in collaboration with University of South Australia. A total of 90 B Ed. student teachers from St. Joseph College of Teacher Education for Women, Ernakulam interacted with the 15 students from the University of Australia during the cultural exchange programme. The entire programme helped the students to understand the culture and methodologies adopted at international level and could also help students to widen their horizons.

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







## Appendix- Photos



**St. Joseph College of Teacher Education for Women,  
Ernakulam**

**In Collaboration With**

**University of South Australia**

organising

**SANJO INTERNATIONAL  
CULTURAL EXCHANGE  
PROGRAMME, 2018**

**"PEEROLOGY PAR EXCELLENCE"**

ON

**15TH NOVEMBER 2018**

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## SEMINAR ON RIGHTS OF WOMEN WITH SPECIAL REFERENCE TO POCSO ACT, 2019

<b>Name of the Event</b>	Seminar on Rights of Women with Special Reference to POCSO Act, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To raise general awareness of POCSO Act and rights of children and women</li> <li>2. To understand the threats posed by the society towards women and children</li> <li>3. To gain an opportunity gain knowledge about the rights of women and children</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Resource person</b>	Mrs. Beena Sebastian, Chairperson of Cultural Academy of Peace
<b>Date</b>	11/02/2019
<b>Beneficiaries</b>	Student teachers-98
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





### **Seminar on Rights of Women with Special Reference to POCSO Act, 2019**

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum. Seminars, workshops, and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college organized a seminar on Rights of Women with Special Reference to POCSO Act on 11<sup>th</sup> February 2019 for second year B. Ed student teachers. The resource person for the seminar was Mrs. Beena Sebastian, Chairperson of Cultural Academy of Peace. The seminar was organized to raise general awareness of POCSO Act and rights of children and women. A total of 98 B.Ed. student teachers participated in the seminar. .



Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Appendix- Photos



St. Joseph College of Teacher Education for Women,  
Ernakulam

organising

# SEMINAR

on

Rights of WOMEN relating to  
POCSO ACT, 2019

For Second Year B. Ed Students

11th February 2019

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Daksha- Community Living Camp, 2019

<b>Name of the Event</b>	Daksha- Community Living Camp, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help student teacher's improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values</li> <li>2. To promote quality and excellence in effective communication, public speaking, team spirit and personality development</li> <li>3. To develop social values and a sense of responsibility among the students</li> </ol>
<b>Details of Event Coordinators</b>	<p>Smitha Jose Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person(s)</b>	<p>Mrs. Beena Sebastian, Chairperson of Cultural Academy for Peace, Ernakulam in Kerala Faculty St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	11/02/2019-15/02/2019
<b>Beneficiaries</b>	112 participants including second year B Ed. student teachers and faculty members
<b>Platform</b>	St. Joseph College of Teacher Education for Women, Ernakulam

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







## Daksha- Community Living Camp, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college conducts student enrichment programmes to boost the students' confidence and motivation and also to polish their talents. The college conducts Student Enrichment Programme to promote quality and excellence in effective communication, public speaking, team spirit and personality development during the academic year. As part of Student Enrichment Programme, St. Joseph College of Teacher Education for Women, Ernakulam organized 'Daksha', a five-day community living camp for second year B. Ed students (2018-2020 batch) from 11<sup>th</sup> February 2019 to 15<sup>th</sup> February 2019. The entire community living camp was conducted as per the two-year B. Ed curriculum. The theme of the camp was 'Education for Empowerment'. The solemn inauguration of the camp was done by Mrs, Beena Sebastian, Chairperson of Cultural Academy for Peace, Ernakulam in Kerala. The students were divided into groups and were assigned with different duties. Each day of the camp was based on different themes during which the students managed purchasing, cooking, cleaning, attending and giving classes, extension activities, prayer, meditation and entertainment. The community living camp aimed at developing student-teacher social-relational sensibilities and effective communication skills, participate in programmes for the development of personal and social skills, practice cooperative living, provide opportunities for the division of labor, community service, etc. The camp was extremely fruitful and helped in developing social values and a sense of responsibility among the students. A total of 112 participants including second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam participated in the community living camp.

*Alice Joseph*

**Dr. Alice Joseph**  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Appendix- Photos


**St. Joseph College of Teacher Education for Women,  
Ernakulam**

ORGANISING

**'DAKSHA' 2019**

**5 DAY  
COMMUNITY  
LIVING CAMP**

**For Second Year B. Ed students  
(2018-2020 Batch)**

**Date: 11th February 2019 -  
15th February 2019**



*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam



# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Visit to Chavara Special School, 2019

<b>Name of the Event</b>	Visit to Chavara Special School, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To help the students in understanding and learning about the psychological services, special education services, physiotherapy services, awareness, and vocational training programme's</li> <li>2. To help the student teachers in expanding their knowledge and thereby helps in their professional growth</li> <li>3. To develop a sense of gratitude and inclusiveness</li> </ol>
<b>Details of Event Coordinators</b>	<p>Smitha Jose Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	<p>Faculty Chavara Special School for Mentally Retarded in Koonammavu , Ernakulam</p>
<b>Date</b>	12/02/2019
<b>Beneficiaries</b>	A total of 97 second year B Ed. student teachers and faculty members
<b>Platform</b>	Chavara Special School for Mentally Retarded in Koonammavu , Ernakulam



*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam





## Visit to Chavara Special School, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The talents, skills and abilities of students are identified, nurtured, and encouraged and are provided with a platform to think, express, and exhibit their skills. The college provides many activities including extension activities, student enrichment programmes and many more activities and programmes for the personality development and enhancing the social commitment of students. As part of enhancing the social commitment of students, the college organized a visit to Chavara Special School for Mentally Retarded in Koonammavu in Ernakulam. The activity was organized on 12<sup>th</sup> February 2019 for second year B. Ed students at St. Joseph College of Teacher Education for Women, Ernakulam. The visit helped the students in understanding and learning about the psychological services, special education services, physiotherapy services, awareness, and vocational training programmes and all the other services provided by the school for the betterment of the children with special needs. The learnings would help the student teachers in expanding their knowledge and thereby helps in their professional growth. The entire visit helped the student teachers in developing a sense of gratitude and inclusiveness. A total of 97 second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam visited the special school.

*Alice Joseph*  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





## Appendix- Photos



*Alice Joseph*  
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Principal in Charge  
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Education for Women,  
Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Visit to Mangalavanam and Collection of Plastic Bottles from Roadside, 2019

<b>Name of the Event</b>	Visit to Mangalavanam and Collection of Plastic Bottles from Roadside, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote eco-friendly practices among student teachers</li> <li>2. To enhance the knowledge of student teachers regarding ecology</li> <li>3. To develop eco consciousness and a sense of responsibility to guard nature</li> </ol>
<b>Details of Event Coordinators</b>	<p>Smitha Jose Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Details of Resource Person</b>	<p>Faculty St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	13/02/2019
<b>Beneficiaries</b>	A total of 97 second year B Ed. student teachers and faculty members
<b>Platform</b>	<p>Mangalavanam Bird Sanctuary, Ernakulam St. Joseph College of Teacher Education for Women, Ernakulam</p>

*Alice Joseph*  
Dr. Alice Joseph  
Principal in Charge  
St. Joseph College of Teacher  
Education for Women,  
Ernakulam







### Visit to Mangalavanam and Collection of Plastic Bottles from Roadside, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum. The college conducts various programmes and activities that promote eco-friendly practices. As part of promoting eco-friendly practices among student teachers, St. Joseph College of Teacher Education for Women, Ernakulam organized a visit to Mangalavanam Bird Sanctuary which is an ecologically sensitive area that is located at the centre of the city of Kochi in Kerala. The visit was organized by the college for the second year B. Ed student teachers on 13<sup>th</sup> February 2019. The visit could enhance the knowledge of student teachers regarding ecology. The students also collected plastic bottles dumped on the roadsides as part of protecting the environment and keeping the environment clean. The activity helped the students in developing eco consciousness and a sense of responsibility to guard nature. A total of 97 second year B.Ed. student teachers (2017-2019 batch) from Natural Science optional and Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam participated in the seminar.

*Alice Joseph*  
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 Principal in Charge  
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 Education for Women,  
 Ernakulam





## Appendix- Photos



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Ernakulam





# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
(Affiliated to Mahatma Gandhi University, Kottayam)

## Extension Activity On Improving The Quality Of Future Teachers And For Nurturing Responsible Teacher's : HOPE

<b>Name of the Event</b>	Extension Activity On Improving The Quality Of Future Teachers And For Nurturing Responsible Teacher's : HOPE
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To improve the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values</li> <li>2. To help students develop empathy towards the society and the neglected</li> <li>3. To help the student teachers to get motivated to reach out to the neglected</li> </ol>
<b>Details of Event Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	02/04/2019 – 16/04/2019
<b>Beneficiaries</b>	Teacher educators- 25, Student teachers-14, Faculty- 11
<b>Platform</b>	Government Children's Home, Kakkanad

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## 'HOPE', 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The extension wing of the college organizes various significant activities to stretch out a helping hand to the needy brethren irrespective of caste, creed, color or gender. HOPE is an extension activity undertaken by St. Joseph College of Teacher Education for Women, Ernakulam. HOPE is a summer course organized for the inmates of Government Children's Home, Kakkanad. As part of the extension activity, HOPE 2019, student teachers and staff members from St. Joseph College of Teacher Education for Women, Ernakulam organized summer course for the inmates of Government Children's Home, Kakkanad from 2<sup>nd</sup> April 2019 to 16<sup>th</sup> April 2019. The curriculum of the summer course includes Communicative English, Value Education Classes, Yoga practice, personality development classes and cultural activities. Basics of the school subjects were taught; value integrated lessons were given and games were organized for the children. The activity did help the student teachers to get motivated to reach out to the neglected and to develop empathy for them. The activity facilitated empathetic skills among the student teachers. A total of 14 student teachers and 11 faculty members from St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.

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## Appendix- Photos

St. Joseph College of Teacher Education for Women, Ernakulam

EXTENSION ACTIVITY

**HOPE 2019**

*A Summer Course initiative for  
the inmates of Government  
Children's Home, Kakkanad*

*Course content:*

- *Communicative English*
- *Value Education Classes*
- *Yoga Practice*
- *Personality Development  
Classes*
- *Cultural Activities*

Date: 2nd April 2019 -  
16th April 2019



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## STUDENT ENRICHMENT PROGRAMME – SPIRITUAL RENEWAL, 2019

<b>Name of the Event</b>	Student Enrichment Programme – Spiritual Renewal, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To boost the students' confidence and motivation and to polish their talents</li> <li>2. To inculcate moral values among the student teachers</li> <li>3. To gain a spiritual understanding and moral upbringing</li> </ol>
<b>Details of Event</b> <b>Coordinators</b>	Faculty St. Joseph College of Teacher Education for Women, Ernakulam
<b>Resource person</b>	Rev. Fr. Sijo George and team
<b>Date</b>	21/02/2019 – 23/02/2019
<b>Beneficiaries</b>	Student teachers-95
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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### Student Enrichment Programme – Spiritual Renewal, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. St. Joseph College of Teacher Education for Women, Ernakulam conducted a spiritual renewal programme on 21<sup>st</sup> February 2019 to 23<sup>rd</sup> February 2019 for first year B Ed. student teachers (2018-2020 batch) as part of student enrichment programme. The programme was carried out by Rev. Fr. Sijo George and team. The programme included spiritual talks and sessions. The programme aimed at inculcating moral values among the student teachers. A total of 95 students of the First year B. Ed students from St. Joseph College of Teacher Education for Women, Ernakulam participated in the spiritual renewal retreat.

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## Appendix- Photos



**St. Joseph College of Teacher Education for Women,  
Ernakulam**

organising

**SPIRITUAL RENEWAL  
RETREAT**

Spokesperson:  
Rev. Fr. Sijo George &  
Team

**21st February 2019-  
23rd February 2019**

  
 Dr. Alice Joseph  
 Principal in Charge  
 St. Joseph College of Teacher  
 Education for Women,  
 Ernakulam





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## FOOD FEST, 2019

<b>Name of the Event</b>	Food Fest, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote quality and excellence in effective communication, public speaking, team spirit and personality development</li> <li>2. To help students understand and respect individual differences</li> <li>3. To enhancing the cooking skills, empathetic skills and thereby enhance social commitment of the students</li> <li>4. To enhance empathetic outlook towards people</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Details of Resource Person</b>	
<b>Date</b>	26/02/2019
<b>Beneficiaries</b>	230 - student teachers ( BEd , MEd)
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

  
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## Food Fest, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The college conducts student enrichment programmes to boost the students' confidence and motivation and to polish their talents. The college conducts Student Enrichment Programme to promote quality and excellence in effective communication, public speaking, team spirit and personality development during the academic year. As part of enhancing the social commitment of students, St. Joseph College of Teacher Education for Women, Ernakulam organized a food fest on 26<sup>th</sup> February 2019. Student teachers from all the optionals from second year B. Ed programme took part in the preparation of food items for the food fest. The money collected by student teachers from the fest will be donated for the poor and needy in the community. The food fest could contribute to enhancing the cooking skills, empathetic skills and thereby enhance social commitment of the students. A total of 230 participants including first year and second year B Ed. student teachers, M. Ed teacher educands and faculty members of St. Joseph College of Teacher Education for Women, Ernakulam participated in the food fest.

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## Appendix- Photos



St. Joseph College of Teacher Education for Women,  
Ernakulam

Second Year B.Ed Students  
(2018-2020 Batch)

organising

**FOOD FEST**

26th February 2019

All Are  
Welcome



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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## Teaching Aid Distribution in Rural School, 2019

<b>Name of the Event</b>	Teaching Aid Distribution in Rural School, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote an attitude of sharing learning resources among others and thereby supporting people in need in the community</li> <li>2. To enhancing the social commitment of students</li> <li>3. To generate creativity and inculcate social values among students</li> </ol>
<b>Details of Event</b>	Faculty
<b>Coordinators</b>	St. Joseph College of Teacher Education for Women, Ernakulam
<b>Date</b>	21/01/2019
<b>Beneficiaries</b>	Student teachers-97
<b>Venue</b>	St. Joseph College of Teacher Education for Women, Ernakulam

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 Education for Women,  
 Ernakulam





## Teaching Aid Distribution in Rural School, 2019

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The talents, skills and abilities of students are identified, nurtured, and encouraged and are provided with a platform to think, express, and exhibit their skills. The college provides many activities including extension activities, student enrichment programmes and many more activities and programmes for the personality development and enhancing the social commitment of students. As part of enhancing the social commitment of students, the college organized an activity for teaching aid distribution in rural schools on 31<sup>st</sup> January 2019. The activity was organized for second year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam. The activity was organized for developed among students an attitude of sharing learning resources among others and thereby supporting people in need in the community. A total of 97 second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam took part in the activity.

Dr. Alice Joseph  
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## Appendix- Photos



**St. Joseph College of Teacher Education for Women,  
Ernakulam**

**Second Year B.Ed Students  
(2018-2020 Batch)**

organising

**TEACHING AID  
DISTRIBUTION  
IN RURAL  
SCHOOL**

**31ST January 2019**

*Alice Joseph*

Dr. Alice Joseph  
Principal in Charge  
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Education for Women,  
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# ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala  
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## STUDY TOUR, 2019

<b>Name of the Event</b>	Study Tour, 2019
<b>Objectives</b>	<ol style="list-style-type: none"> <li>1. To promote an attitude of sharing learning resources among others and thereby supporting people in need in the community</li> <li>2. To gain a hands-on learning experience</li> <li>3. To gain an opportunity to practice their skills in a real-world environment</li> </ol>
<b>Details of Event Coordinators</b>	<p>Dr. Sr. Soya Mathew Assistant Professor St. Joseph College of Teacher Education for Women, Ernakulam</p>
<b>Date</b>	15/01/2019 – 19/01/2019
<b>Beneficiaries</b>	Student teachers-97
<b>Venue</b>	Ooty and Wayanad

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### Study Tour, 2019


St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Seminars, workshops and invited lectures are a routine feature of the St. Joseph College of Teacher Education for Women, Ernakulam. The college conducts student enrichment programmes to boost the students' confidence and motivation and also to polish their talents. The college conducts Student Enrichment Programme to promote quality and excellence in effective communication, public speaking, team spirit and personality development during the academic year. As part of Student Enrichment Programme, St. Joseph College of Teacher Education for Women, Ernakulam organized a study tour to Ooty and Wayanad for second year B. Ed students (2017-2019 batch) from 15<sup>th</sup> January 2019 to 19<sup>th</sup> January 2019. The study tour was organized with the aim of giving the students the opportunity to practice their skills in a real-world environment while also allowing teachers to advance their own talents. The students could learn about the features, culture and livelihood of people in Ooty and Wayanad. They got the chance to meet new people and to practice their social skills. The student teachers could gain a hands-on learning experience. The entire camp was a joyful experiential learning for students, they could develop skills of organizing, implementing plans, gained new perspectives, developed tolerance, cooperation etc. The students could also deepen their historical knowledge and develop respect for culture and diversity. A total of 97 second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam took part in the study tour.

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## Appendix- Photos



**St. Joseph College of Teacher Education for Women,  
Ernakulam**

Organising

*Study Tour  
to  
Ooty & Wayanad*

**For Second Year B.Ed Students  
(2017-2019 Batch)**

**15th January 2019 –  
19th January 2019**

  
**Dr. Alice Joseph**  
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