



St. Joseph College of Teacher Education for Women Ernakulam



Criterion III- Research and Outreach Activities

3.3.2: Declaration by the Principal Regarding the Details of Outreach Activities Organized by the Institution and the Number of Students Participated in Each Activity

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

KOVILVATTOM ROAD, ERNAKULAM, KOCHI, PIN - 682 035, KERALA, S. INDIA

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DECLARATION

The following were the number of students participated in the Outreach Activities organized by the College during the years 2018-19, 2019-20, 2020-21, 2021-22, 2022-23.

Year	Name of the activity	Nature of the activity	Date/s	No. of students involved
2022-2023				
2022-2023	Grocery Kit Preparation and Distribution Outreach	Volunteering Community Service- Food Distribution Drive for Needy Families	21-06-2022	96
2022-2023	Mangrove Cultivation and Planting : A Day of Environmental Awareness	Environmental Restoration Outreach Initiative.	22-06-2022	96
2022-2023	Paper Bag Making and Distribution: A College Outreach Initiative for Plastic Reduction	Community Engagement for Sustainable Packaging	23-06-2022	96
2022-2023	Outreach Programme at Ranimatha Public School- International Day Against Drug Abuse	Awareness Campaigns for Student Teachers and School Students against Drugs	24-06-2022	16
2022-2023	Outreach Activity "Kootu" at Deshbandhu School Chathamma	Donation of Books and Setting up of Class Library, Awareness Campaign among School Students related to Good Habits, Proper Usage of Mobile Phones	15-07-2022	96



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Year	Name of the activity	Nature of the activity	Date/s	No. of students involved
2022-2023	Outreach Activity at Snehasadan Special School	Inclusive and Beneficial Outreach Activity under the Category of "Disability Awareness and Accessibility Outreach."	12-08-2022	11
2022-2023	An Awareness Programme on Sustainable Energy Consumption at Malayalees- Self helping Group at Arayankavu and Palarivattom and Kanjoor Panchayat	Outreach Survey on Sustainable Energy Consumption, Sustainable Energy Outreach Initiative and Survey	04-09-2022	2
2022-2023	Outreach Programme at Anganwadi, Edathala Grama Panchayat- Aluva at Anganavadi, Kadamattom at Anganwadi, Pazhanganad	Education outreach programme and Basic Hygiene Education Outreach Class-Class on basic hygiene practices among children between the age of 3 to 6 years	05-09-2022 , 06-09-2022 06-09-2022 03-09-2022, 05-09-2022, 06-09-2022	3
2022-2023	Outreach- Free Tuition for the Needy Children	Outreach- Tutoring the Needy Children	05-09-2022 to 11-09-2022	1



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Year	Name of the activity	Nature of the activity	Date/s	No. of students involved
2022-2023	An Awareness programme on Sustainable Energy Consumption in Homes at Kumbalangi Village and Manickamangalam Village	Outreach Survey on Sustainable Energy Consumption, Sustainable Energy Outreach Initiative and Survey	07-09-2022, 08-09-2022, 11-09-2022 and 22-09-2022	2
2022-2023	Food Distribution near General Hospital, Ernakulam	Health and Wellness Outreach-Offering Nutritious Meals to Individuals Experiencing Hunger on the Streets.	07-09-2022	4
2022-2023	Cleaning and Setting Public Library Mookkannoor.	Community Library Restoration and Cleanup Outreach Initiative	07-09-2022	1
2022-2023	Food distribution near APJ Kalam Marg, Marine Drive, Kochi	Health and Wellness Outreach-Offering Nutritious Meals to Individuals Experiencing Hunger on the Streets.	09-09-2022	5
2022-2023	Awareness Campaign on Plastic Pollution in the 7th and 9th wards of Arakkunnam Panchayath, Ernakulam	Plastic Pollution Awareness Outreach Campaign	09-09-2022	1



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2022-2023	An Awareness Programme on Sustainable Energy Consumption in Homes at Amala Bhavan Road- Kadavanthara, and at Kandanad-Udayamperoor	Outreach Survey on Sustainable Energy Consumption, Sustainable Energy Outreach Initiative and Survey	10-09-2022 and 11-09-2022	2
2022-2023	An Awareness Programme on Sustainable Energy Consumption in Homes at South Chittoor, Puthenvelikara and Kannur	Outreach Survey on Sustainable Energy Consumption, Sustainable Energy Outreach Initiative and Survey	10-09-2022 and 11-09-2022	3
2022-2023	Dengue Fever Awareness Campaign at Manjoor Panchayat- Kottayam, Adimaly, Eramam- Mupathadam, and some other localities in Ernakulam	Dengue Fever Public Awareness Outreach.	10-09-2022, 11-09-2022, 12-09-2022	6
2022-2023	Awareness Campaign for Teenage Girls and Females of Choornikara Panchayath of Ernakulam District, regarding the Use of Menstrual Cups	Health Education Outreach Programme Promoting Menstrual Cup Usage among Women and Teenagers.	10-09-2022	1



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Year	Name of the activity	Nature of the activity	Date/s	No. of students involved
2022-2023	Outreach Programme at Different Art Centre(DAC)-for Differently Abled Children at Trivandrum	Inclusive and Beneficial Outreach Activity under the Category of "Disability Awareness and Accessibility Outreach."	14-09-2022	9
2022-2023	Community Project on Socially / Educationally Relevant issue	Community and Academic Outreach Programme	31-09-2022 to 10-10-2022	99
2022-2023	Outreach Programme-Anti drug Awareness Rally as Anti-drug Campaign	Awareness Campaign for the Public, Student Teachers and School Students against Drugs	01-10-2022	43
2022-2023	Development and Donation of Learning Resource Materials for School Pupils-ICT Supported Materials, and the like	"Enhancing Education with ICT-Supported Learning Materials: School-Based Development and Donation.	19-10-2022 to 02-02-2023	96
2022-2023	Awareness Programme for Parents on Drug abuse among College Students	Awareness Campaign for the Parents against Drugs	22-10-2022	56 Parents 17 Student Teachers
2022-2023	Outreach Activity: Say No to Drugs: Flash mob at Seematti, Kacheripady, Ernakulam	Awareness Campaign for the Public Against Drugs	26-10-2022	31



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Year	Name of the activity	Nature of the activity	Date/s	No. of students involved
2022-2023	Outreach Activity: Addiction to Life not to Drugs: Flash Mob at Rainbow Bridge Marine Drive	Awareness Campaign for the Public Against Drugs	26-10-2022	31
2022-2023	Outreach Activity: Addiction to Life not to Drugs: Flash Mob at Lulu Mall, Edapally.	Awareness Campaign for the Public Against Drugs	30-10-2022	31
2022-2023	United and Stand Against Narcotics: A Human Chain Initiative	Community-Wide Demonstration of Unity against Narcotics	01-11-2022	99
2022-2023	Outreach Programme with the Project VENDRA- A Fourth Wave Foundation Initiative(NGO)- Seminar on Addiction among School Children	Awareness Campaigns for the Student Teachers on Tackling Problems related to Substance Abuse among School Children	05-11-2022	98
2022-2023	Outreach Programme at Chavara Special School for The Mentally Retarded	Outreach Programme for the Mentally Retarded	10-11-2022	17
2022-2023	St. Joseph College's Anti-Drug Outreach Shines at Indian Super League Football Match in Kochi	A Youth-Led Anti-Drug Advocacy and Awareness Initiative.	13-11-2022	3



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2022-2023	Outreach Programme in collaboration with Excise Department at Ranimatha Public School: Kick Addiction, Embrace Life: Football Challenge against Drug Addiction	Outreach Programme against Drug Addiction	23-11-2022	98
2022-2023	Energy Conservation Day Campaign-Outreach Programme for the Public related to Energy Conservation Day at Ernakulam South Railway Station	Environmental Research and Education Outreach - Raise Environmental Conciousness and Promote Sustainable Practices	16-12-2022	16
2022-2023	Energy Conservation Day Campaign-Outreach Programme for the Public related to Energy Conservation Day at Households in Kacheripady, Ernakulam	Community Engagement and Energy Conservation Outreach	16-12-2022	34
2022-2023	URVI-Extent-Enhance-Enlighten Community Engagement Camp in Collaboration with Tribal Extension Office and Forest Department, Peerumedu-Outreach programme for the Tribal Group- Malapandaram at Vandiperiyar, Idukki	Community Development and Educational Outreach Programme for the Tribal Group	16-12-2022 to 19-12-2022	31
2022-2023	Outreach Programme at Govt. Children's Home, Kakkanad: Xmas celebration and Distribution of X mas Gifts for the Inmates	Festive Care and Gift Giving Outreach at Govt. Children's Home, Kakkanad.	18-12-2022	24



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2022-2023	Miksha -Outreach Programme at Government Old Age Home, Thevara.	Elderly Care and Support Initiative, Senior Citizen Outreach and Well-being Programme	19-12-2022	17
2022-2023	Outreach Programme at Catholic Congregation of Blinds, Nalam Mile, Perumbavoor	Outreach Programme for the Blind	19-12-2022	24
2022-2023	Free tuition for inmates of Government Childrens Home, Kakkanad	Outreach- Tutoring the Needy Children	20-04-2023 to 18-05-2023	20
2022-2023	Donation of Bicycle for The inmates of Govt. Children's Home , Kakkanad	Empowering Youth at Govt. Children's Home, Kakkanad, through Bicycle Donation	30-05-2023	9
2021-2022				
2021-2022	Developed Audio Tutorials for Visually Challenged Students	Inclusive and Beneficial Outreach Activity under the Category of "Disability Awareness and Accessibility Outreach."	26-05-2021 to 20-10-2021	24
2021-2022	Horizon 2021- International Day against Drug Abuse and Illicit Trafficking	Awareness Campaigns for Student Teachers against Drugs	26-06-2021	85
2021-2022	Navajeevanam: Empowering Tomorrow's Leaders Through Cyber Awareness	A supportive Initiative for School Students	14-09-2021	101
2021-2022	Navajeevanam: Where Are Our Adolescents	An Awareness Campaign for Understanding the Adolescents	17-09-2021	97



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2021-2022	Outreach activity at Deshbandhu School Chathamma-Donation of Teaching -Learning aids	Outreach Programme at the Rural School	26-10-2021	97
2021-2022	Development and Donation of Learning Resource Materials for School Pupils-ICT Supported Materials, and the like	Academic Outreach Programme	23-11-2021 to 15-02-2022	95
2021-2022	End Inequalities, End AIDS- World AIDS Day Programme,2021	Outreach activity to Raise Awareness, Provide Education, and Promote Actions to combat HIV/AIDS.	01-12-2021	88
2021-2022	Community Project on Socially / Educationally Relevant issue	Community and Academic Outreach Programme	03-12-2021 to 13-12-2021	96
2021-2022	Seminar on Yoga and Meditation for developing Multiple Intelligences - Music Therapy and Art Therapy	Health and Wellness Outreach	14-01-2022	98
2021-2022	Outreach Programme at Studium Solutions, 2022	Outreach for the Differently Abled	14-02-2022	10
2021-2022	Outreach Programme at Devikulam Munnar	Environmental Research and Education Outreach - Raise Environmental Conciousness and Promote Sustainable Practices	21-02-2022	12
2021-2022	Free Tuition and Vacation classes, Government Childrens Home, Kakkanad	Outreach- Tutoring the Needy Children	18-04-2022 to 30-04-2022	36
2021-2022	Expanding Horizons: Empowering Women through Outreach-Mat Preparation	Community Outreach for Women's Empowerment through Sustainable Mat Preparation.	05-03-2022	23



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2021-2022	Community Cleaning Programme at District Ayurveda Hospital, Ernakulam	Community Engagement and Environmental Stewardship Outreach Activity.	12-03-2022	22
2021-2022	Community Cleaning Programme at Government Childrens Home, Kakkanad	Community Engagement and Environmental Stewardship Outreach Activity.	12-03-2022	24
2021-2022	Empowering Women of the Organisation KAIROS by providing Training in MAT Making at St. Marys Higher Secondary School, Ernakulam	Community Outreach for Women's Empowerment through Sustainable Mat Preparation.	12-03-2022	26
2021-2022	All Kerala Inter- Collegiate Poster Making Competition For Student Teachers on the theme : Yes to life, No to Drugs	Awareness Campaigns for Student Teachers against Drugs	05-05-2022	30
2020-2021				
2020-2021	Addiction to Life, Not to Drugs	Awareness Campaigns for Students Teachers of other Teacher Education Colleges against Drugs	26-06-2020	60 student teachers from our college and other student teachers from outside
2020-2021	Saisei 2020- Hiroshima Nagasakhi day	Awareness Campaign to Remind the People about the Suffering and Agony of Victims of Atomic Bombing in Hiroshima and Nagasakhi	10-08-2020	129



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2020-2021	Vocational Education- Nai Talim- Experiential Learning	Outreach- in Collaboration with MGNCRE, Hyderabad, subthemes being- Vocational Education, Self-Reliance, Swachtha and Health, Community Engagement	23-10-2020	88
2020-2021	Community Project on Socially / Educationally Relevant issue	Community and Academic Outreach Programme	04-11-2020 to 14-01-2021	96
2020-2021	Jagran Webinar series 1-Healthy Use of Mobile phones - Role of Parents	Outreach for Parents of Children studying in GVHSE, North Edapally and St. Joseph HSS, Konnamavu	14-11-2020	10 student teachers and 84 parents
2020-2021	Jagran Webinar series 2-Healthy Use of Mobile phones - Role of Parents	Outreach for Parents of Children studying in Ranimatha Public School	22-11-2020	10 student teachers and 65 parents
2020-2021	Jagran Webinar series 3-Healthy Use of Mobile phones - Role of Parents	Outreach for Parents of Children studying in Government High School, Thiruvankulam and Govt. U.P. School, Vilangu	29-11-2020	14 student teachers and 56 parents
2020-2021	Jagran Webinar series 4-Healthy Use of Mobile phones - Role of Parents	Outreach for Parents of Children studying in Infant Jesus Public School, North Paravur	13-12-2020	12 student teachers and 82 parents
2020-2021	Alumni-Led Educational Outreach Initiative at Government Children's Home, Kakkanad	Outreach for Students of Government Childrens Home, Kakkanad	16-12-2020 to 30-03-2021	4



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2020-2021	Student-Led Outreach Initiative: Paper Bag Making and Distribution	Community Engagement for Sustainable Packaging	08-02-2021	97
2020-2021	Care for Nature' - Practice session on Organic Farming, 2021	Outreach Promoting Experiential Learning, Sustainability, and Holistic Well-Being.	08-02-2021	97
2020-2021	Care and Share 2021- Grocery Kit Preparation and Distribution	Volunteering Community Service- Food Distribution Drive for Needy Families	09-02-2021	97
2020-2021	Organic Farming Outreach Activity by Student Teachers	Outreach Promoting Experiential Learning, Sustainability, and Holistic Well-Being.	11-02-2021	97
2019-2020				
2019-2020	Development and Donation of Learning Resource Materials for School Pupils	Academic Outreach Programme	22-07-2019 to 08-11-2019	95
2019-2020	Community Project on Socially / Educationally Relevant issue	Community and Academic Outreach Programme	02-08-2019 to 09-08-2019	97
2019-2020	Extending a Helping Hand in the Time of Crisis: Outreach for those affected in Natural Calamities in Wayanad	Outreach for those affected in Natural Calamities	13-08-2019 and 14-08-2019	16
2019-2020	Outreach programme for the Transgenders: Interaction and Christmas Celebration with Transgender Community	Outreach Promoting Inclusivity and Empathy	20-12-2019	155



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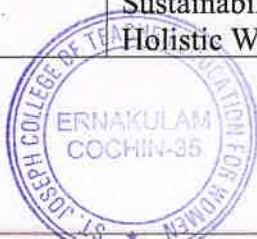
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2019-2020	Outreach Programme at Chavara Special School for The Mentally Retarded	Outreach Programme for the Mentally Retarded	04-02-2020	95
2019-2020	Cultivating Eco-Consciousness: The Distribution of Paper Bags in Ernakulam Market	Community Engagement for Sustainable Packaging	05-02-2020	95
2019-2020	Outreach Programme: Teacher Advocates for Mental Wellness: Josephites Enrolling as Volunteers of Mental Health	Outreach Programme: Teacher Advocates for Mental Wellness	05-02-2020	95
2019-2020	Ernakulam Market's Green Revolution: Dispensing Paper Bags for Sustainable Living	Community Engagement for Sustainable Packaging	26-02-2020	95
2018-2019				
2018-2019	Outreach Activity : Development and Donation of Educational Resources to the School pupil	Academic Outreach Programme	01-08-2018 to 16-11-2018	98
2018-2019	Community Project on Socially / Educationally Relevant issue	Community and Academic Outreach Programme	02-08-2018 to 09-08-2018	95
2018-2019	'Kaithangu' an Outreach Activity for School Children to Overcome the Accumulated Defects in using Malayalam Language	Outreach Activity for School Children to Overcome the Accumulated Defects in using Malayalam language	06-08-2018 to 16-11-2018	14
2018-2019	Outreach Activity on Rebuild Kerala- Mass Online Survey and Volunteer in various Flood Relief Activities in Kadamakudy Panchayat, Ernakulam district.	Outreach Activity in Collaboration with Ernakulam District Administration, Government of Kerala	11-09-2018 to 14-09-2018	95
2018-2019	Outreach Programme: Setting Up Herbal Garden	Outreach Promoting Experiential Learning, Sustainability, and Holistic Well-Being.	05-10-2018	30



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2018-2019	Outreach Activity for the Flood affected People at Kuttanad:Collecting and Distributing Clothes for Flood Victims	Outreach Activity for the Flood Affected	28-11-2018	98
2018-2019	Promoting Inclusivity and Empathy: Josephites Interaction with Transgenders	Outreach Promoting Inclusivity and Empathy	21-12-2018	138
2018-2019	Outreach Activity at Deshbandhu School Chathamma-Donation of Teaching -Learning Aids in the Rural School	Academic Outreach Programme	31-01-2019	97
2018-2019	Outreach Programme at Chavara Special School for The Mentally Retarded	Outreach Programme for the Mentally Retarded	12-02-2019	97
2018-2019	Outreach Programme for Protecting Mangalavanam and Collection of Plastic Bottles from there.	Environmental Research and Education Outreach - Raise environmental Conciousness and Promote Sustainable Practices	13-02-2019	33
2018-2019	Outreach Programme : Collection of Plastic Bottles from Road side along Police Headquarters, Menaka Junction.	Environmental Research and Education Outreach - Raise environmental Conciousness and Promote Sustainable Practices	13-02-2019	32
2018-2019	Outreach Programme : Collection of Plastic Bottles from Road side along Marine Drive Kochi	Environmental Research and Education Outreach - Raise environmental Conciousness and Promote Sustainable Practices	13-02-2019	33
2018-2019	Outreach Programme at Govt. Childrens Home, Kakanad -Free Tution for the Inmates	Academic Outreach Programme	02-04-2019 to 16-04-2019	67



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