

# St. Joseph College of Teacher Education for Women Ernakulam



### **Criterion III- Research and Outreach Activities**

3.3.1: Report of Each Outreach Activity Organized by the Institution In The Year 2018-2019

Submitted to

National Assessment and Accreditation Council (NAAC)

3rd Cycle of Assessment



Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala (Affiliated to Mahatma Gandhi University, Kottayam)

#### **Outreach Activity: Development and Donation of Educational Resources**

Our college's commitment to education and community service was manifested through an outreach activity where students developed a diverse range of educational resources and donate this to the respective teaching practise schools during their Internship period 01-08-2018 to 16-11-2018. These resources, including workbooks, handbooks, elearning materials, and more, were created and donated to internship schools where our students practiced teaching. This report outlines the objectives, processes, outcomes, and impact of this enriching outreach initiative.

Objective: To enhance the quality of education in internship schools by providing them with well-crafted, pedagogically sound educational resources.

#### **Resource Development**

Our college students actively engaged in developing a comprehensive set of educational materials, including:

Workbooks: Tailored to specific subjects and grade levels, these workbooks offered practice exercises and activities to reinforce classroom learning.

Handbooks: These guides covered various teaching content and acts as ready recunner for school children to learn various subjects.

Worksheets: A collection of worksheets designed to supplement classroom instruction.

**E-Learning Resources**: Interactive digital lessons and modules to make learning more engaging.

**Programmed Learning Materials**: Self-paced, interactive resources that allowed students to learn independently.

Question Bank: A repository of subject-specific questions for quizzes and assessments.

Self-Learning Resources: Materials to encourage self-study and curiosity-driven learning.

Interactive Books: Digital books with multimedia elements to enhance understanding.

Integration with Teaching Practice: During their teaching practice at internship schools, our students integrated these educational resources into their lessons. They shared the materials with both fellow teachers and students, aiming to enrich the learning experience.

Donation to Internship Schools: Upon completion of their teaching practice, students donated the educational resources to their respective internship schools, leaving behind a lasting impact on the educational environment.



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#### **Outcomes and Achievements**

#### Improved Learning Environment

The project significantly improved the learning environment in internship schools:

Teachers benefited from innovative teaching materials, improving their pedagogical skills.

Pupils had access to a wider range of learning resources, promoting a more holistic learning experience.

#### **Enhanced Teaching Practice**

Our students reported a more enriching teaching practice experience:

They gained hands-on experience in resource development and integration.

The use of these materials enhanced their effectiveness as educators.

#### Sustainability

By donating the resources to the internship schools, we ensured the sustainability of the project's impact:

The materials continued to benefit students and teachers beyond the duration of the internship.

The internship schools became self-sufficient in utilizing and adapting the resources.

#### **Community Engagement**

The project fostered community engagement:

Collaboration between our college, internship schools, and local communities strengthened educational ties.

Students, teachers, and communities were mutually enriched through knowledge-sharing and cooperation.

#### Conclusion

The outreach initiative exemplifies our college's dedication to education and community service. By creating and donating a wide range of educational materials, our students actively contributed to enhancing the quality of education in internship schools. This initiative not only enriched the teaching practice of our students but also left a lasting legacy in the schools they served.

Looking forward, we are committed to continuing this initiative, expanding our reach to more schools, and ensuring the sustained improvement of educational resources. The project's success is a testament to the potential for positive change when educational institutions and local communities collaborate in the pursuit of excellence in education.

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List of Student teachers who developed the Educational resources and the teaching practise schools where they donated the resources are given below.

- 1. Amrutha Joy, B.Ed Student, English Optional
- 2. Aneeta James, B.Ed Student, English Optional
- 3. Anju John, B.Ed Student, English Optional
- 4. Arya S P, B.Ed Student, English Optional
- 5. Bilby Thomas, B.Ed Student, English Optional
- 6. Della. C.S, B.Ed Student, English Optional
- 7. Ema Maria Mannaly, B.Ed Student, English Optional
- 8. Geethu Elias, B.Ed Student, English Optional
- 9. Harsha. R, B.Ed Student, English Optional
- 10. Jinu Rose E V, B.Ed Student, English Optional
- 11. M R Rekha Lakshmi, B.Ed Student, English Optional
- 12. Maria Jeena Sebastian, B.Ed Student, English Optional
- 13. Merin C T, B.Ed Student, English Optional
- 14. Minu Basil, B.Ed Student, English Optional
- 15. Neena Antony, B.Ed Student, English Optional
- 16. Princy K.P., B.Ed Student, English Optional
- 17. Rose Mary Mathew, B.Ed Student, English Optional
- 18. Swathi O A, B.Ed Student, English Optional
- 19. Akhila Baby M, B.Ed Student, Malayalam Optional
- 20. Anu George, B.Ed Student, Malayalam Optional
- 21. Athira P N, B.Ed Student, Malayalam Optional
- 22. Dilshana M Ismail, B.Ed Student, Malayalam Optional
- 23. Jeffeena Grace.T.J, B.Ed Student, Malayalam Optional



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- 24. Jomol Jose, B.Ed Student, Malayalam Optional
- 25. Mary Anjaly Vaz, B.Ed Student, Malayalam Optional
- 26. Meenu M S, B.Ed Student, Malayalam Optional
- 27. Najeena N., B.Ed Student, Malayalam Optional
- 28. Neethu Babu, B.Ed Student, Malayalam Optional
- 29. Sagara S, B.Ed Student, Malayalam Optional
- 30. Sreekutty M P, B.Ed Student, Malayalam Optional
- 31. Veena Thampy, B.Ed Student, Malayalam Optional
- 32. Vidhya.P.B, B.Ed Student, Malayalam Optional
- 33. Anjali Lis George, B.Ed Student, Mathematics Optional
- 34. Anjaly Rajan, B.Ed Student, Mathematics Optional
- 35. Ann Mary Jacob, B.Ed Student, Mathematics Optional
- 36. Anusha S., B.Ed Student, Mathematics Optional
- 37. Blessy K B, B.Ed Student, Mathematics Optional
- 38. Diya Sabu Malayil, B.Ed Student, Mathematics Optional
- 39. Donna Pinheiro, B.Ed Student, Mathematics Optional
- 40. Jincy George, B.Ed Student, Mathematics Optional
- 41. Lincy Joseph, B.Ed Student, Mathematics Optional
- 42. Reetha Jesma C G, B B.Ed Student, Mathematics Optional
- 43. Rinsana V Y, B.Ed Student, Mathematics Optional
- 44. Rugzana Hakkim, B.Ed Student, Mathematics Optional
- 45. Sanjuna Peter, B.Ed Student, Mathematics Optional
- 46. Sharon Sebastian, B.Ed Student, Mathematics Optional
- 47. Sruthi G Pillai, B.Ed Student, Mathematics Optional
- 48. Varsha.M.A, B.Ed Student, Mathematics Optional



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- 49. Adreenee Vimala M X, B.Ed Student, Natural Science Optional
- 50. Ancy V A, B.Ed Student, Natural Science Optional
- 51. Anju Sasidharan, B.Ed Student, Natural Science Optional
- 52. Annet Stephen, B.Ed Student, Natural Science Optional
- 53. Arandha. K.M., B.Ed Student, Natural Science Optional
- 54. Ciya Charly, B.Ed Student, Natural Science Optional
- 55. Deepthi Suresh, B.Ed Student, Natural Science Optional
- 56. Dincy.G.D, B.Ed Student, Natural Science Optional
- 57. Meenu Henry, B.Ed Student, Natural Science Optional
- 58. Nazli S, B.Ed Student, Natural Science Optional
- 59. Reshma Mary Zachariah, B.Ed Student, Natural Science Optional
- 60. Riby Baby, B.Ed Student, Natural Science Optional
- 61. Sneha Shajan, B.Ed Student, Natural Science Optional
- 62. Sreeshma J. Bose, B.Ed Student, Natural Science Optional
- 63. Thedies E J, B.Ed Student, Natural Science Optional
- 64. Vismaya George, B.Ed Student, Natural Science Optional
- 65. Sumitha Simon, B.Ed Student, Natural Science Optional
- 66. Amrutha Kuriappan, B.Ed Student, Physical Science Optional
- 67. Anila Mariya K Joy, B.Ed Student, Physical Science Optional
- 68. Anjaly Raphel, B.Ed Student, Physical Science Optional
- 69. Anju Sebastian, B.Ed Student, Physical Science Optional
- 70. Aparna K Babu, B.Ed Student, Physical Science Optional
- 71. Asha Maria Jose, B.Ed Student, Physical Science Optional
- 72. Bini Maria Baby, B.Ed Student, Physical Science Optional
- 73. Jeeshma K.J. B.Ed Student, Physical Science Optional



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- 74. Maria Wilson, B.Ed Student, Physical Science Optional
- 75. Mariya Rose Johny, B.Ed Student, Physical Science Optional
- 76. Mariyanjaly Joseph, B.Ed Student, Physical Science Optional
- 77. Mary Maya Alexander, B.Ed Student, Physical Science Optional
- 78. Meenu R S, B.Ed Student, Physical Science Optional
- 79. Stephy Vaz, B.Ed Student, Physical Science Optional
- 80. Zeneeta Ann D'rose, B.Ed Student, Physical Science Optional
- 81. Sivapriya T M, B.Ed Student, Physical Science Optional
- 82. Aleesha Antony, B.Ed Student, Social Science Optional
- 83. Amrutha U S, B.Ed Student, Social Science Optional
- 84. Anciamma Antony, B.Ed Student, Social Science Optional
- 85. Anjaly A. K., B.Ed Student, Social Science Optional
- 86. Arya Thyagarajan, B.Ed Student, Social Science Optional
- 87. Chris Monic Xavier, B.Ed Student, Social Science Optional
- 88. Greeshma K M, B.Ed Student, Social Science Optional
- 89. Jasmine.P.P, B.Ed Student, Social Science Optional
- 90. Lancy Lazar, B.Ed Student, Social Science Optional
- 91. Maria Theresa, B.Ed Student, Social Science Optional
- 92. Neethu Jose, B.Ed Student, Social Science Optional
- 93. Renjana Thampy, B.Ed Student, Social Science Optional
- 94. Rincy K A, B.Ed Student, Social Science Optional
- 95. Rubitha Basheer, B.Ed Student, Social Science Optional
- 96. Sherin Samuel, B.Ed Student, Social Science Optional
- 97. Sona Sain, B.Ed Student, Social Science Optional
- 98. Stella Mary, B.Ed Student, Social Science Optional



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#### Community Project on Socially / Educationally Relevant Issue

In pursuit of its commitment to fostering responsible citizenship and addressing pressing societal issues, our college embarked on a series of community projects that sought to make a meaningful impact on educationally and socially relevant concerns.

Through these initiatives, our students exhibited their dedication to creating a positive change in the community. This report serves as an overview of the various community projects undertaken by our college students during 02-08-2018 to 09-08-2018.

#### **Plastic Waste Management**

Objective: To raise awareness about plastic pollution and promote sustainable waste management practices. The project aimed to reduce plastic waste and encourage eco-friendly alternatives.

#### **Exam Phobia**

Objective: To alleviate stress and anxiety among students during examination periods.

#### Lack of Public Toilets

Objective: To advocate for improved public toilet facilities.

#### **Gender Stereotyping**

Objective: To challenge and break down stereotypes related to gender roles and expectations.

**Junk Food Consumption** 



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Objective: To promote healthier dietary choices among the youth.

#### **Problems Faced by Women in Public Transport**

Objective: To address safety and accessibility issues for women in public transport.

#### Waste Management

Objective: To promote responsible waste disposal and recycling.

#### **Mobile Phone Addiction**

Objective: To raise awareness about the negative impacts of excessive mobile phone use.

#### **Social Media Addiction**

Objective: To highlight the addictive nature of social media and its consequences.

#### **Impact of Flood**

Objective: To provide relief and support to those affected by floods.

#### **Attitude Towards Transgenders**

Objective: To promote inclusivity and change societal attitudes towards transgender individuals.

#### Outcomes and Achievements of engagement in this survey and projects

Increased awareness and participation: The projects successfully raised awareness and engaged the community in addressing these critical issues.

Behavioral change: Many individuals demonstrated a positive shift in behavior, adopting healthier practices and challenging stereotypes.





Policy impact: Several projects led to policy changes or improvements in local infrastructure, benefiting the community.

Empowerment: Students gained valuable skills in leadership, advocacy, and community engagement, enhancing their personal and professional growth.

Strengthened community bonds: These projects fostered a sense of unity and collaboration among students and the community.

Our college's community outreach initiatives have made a significant impact on educationally and socially relevant issues. Through these projects, students have exemplified their dedication to creating a more equitable, sustainable, and inclusive society. As we move forward, we remain committed to addressing pressing societal concerns and nurturing responsible citizens who actively contribute to positive change.

List of Students who took the above listed areas and did their projects successfully were:

1,	Aarya Xavier	B.Ed. Student English Education
2.	Aashya Antony	B.Ed. Student English Education
3.	Anjana Suresh(Blind)	B.Ed. Student English Education
4.	Chandni Babu	B.Ed. Student English Education
5.	Christeena A J	B.Ed. Student English Education
6.	Gayathri S Therroth	B.Ed. Student English Education
7.	Greeshma V	B.Ed. Student English Education
8.	Jinu Jose	B.Ed. Student English Education
9.	Minnu George	B.Ed. Student English Education
10.	Neethima K N	B.Ed. Student English Education
11.	Niveditha U M	B.Ed. Student English Education
12.	Ritu Jose	B.Ed. Student English Education
13.	Roshni Celin	B.Ed. Student English Education
14.	Sandra Johny	B.Ed. Student English Education
15.	Sandra Maria Kuriakose	B.Ed. Student English Education
16.	Saranya M S	B.Ed. Student English Education
17.	Sruthy Sabu	B.Ed. Student English Education
18.	Anjala Sherin	B.Ed. Student Malayalam Education



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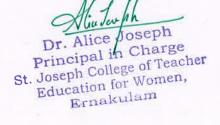
19.	Anu Joseph	B.Ed. Student Malayalam Education
20.	Arya Janardhanan	B.Ed. Student Malayalam Education
21.	Ashmi Thomes	B.Ed. Student Malayalam Education
22.	Ashna Finlay	B.Ed. Student Malayalam Education
23.	Athira Sivaprasad	B.Ed. Student Malayalam Education
24.	Bincy Eldose	B.Ed. Student Malayalam Education
25.	Biyamol Augustine	B.Ed. Student Malayalam Education
26.	Blessy Baby	B.Ed. Student Malayalam Education
27.	Greeshma Cherian	B.Ed. Student Malayalam Education
28.	Linta Rani George	B.Ed. Student Malayalam Education
29.	Neenu Sara	B.Ed. Student Malayalam Education
30.	Neeraja Ps	B.Ed. Student Malayalam Education
31.	Selna Joseph	B.Ed. Student Malayalam Education
-32.	Anjaly I M	B.Ed. Student Mathematics Education
33.	Anjitha Ramesan	B.Ed. Student Mathematics Education
34.	Ansina P A	B.Ed. Student Mathematics Education
35.	Anusha Babu	B.Ed. Student Mathematics Education
36.	Aparna Sanjay	B.Ed. Student Mathematics Education
37.	Deyana K E	B.Ed. Student Mathematics Education
38.	Elizabeth Xavier Fernandez	B.Ed. Student Mathematics Education
39.	Elsa Joy	B.Ed. Student Mathematics Education
40.	Hariyat N L	B.Ed. Student Mathematics Education
41.	Jean Rocha	B.Ed. Student Mathematics Education
42.	Kavya V Sathyan	B.Ed. Student Mathematics Education
43.	Merin J Kaniyarakam	B.Ed. Student Mathematics Education
44.	Rosmin Joseph	B.Ed. Student Mathematics Education
45.	Sajana Jaison	B.Ed. Student Mathematics Education
46.	Shanty Rose Sebastian	B.Ed. Student Mathematics Education
47.	Sona Varghese	B.Ed. Student Mathematics Education
48.	Vithya.A	B.Ed. Student Mathematics Education
49.	Anjaly Davis	B.Ed. Student Physical Science Education
50.	Anna Francis	B.Ed. Student Physical Science Education
51.	Anna Peter	B.Ed. Student Physical Science Education
52,	Beaula Johnson	B.Ed. Student Physical Science Education
53.	Hyna V Edwin	B.Ed. Student Physical Science Education
54.	Jithiya Babu Kg	B.Ed. Student Physical Science Education
55.	Jithu Traisy Jelin	B.Ed. Student Physical Science Education
56.	Josena Joseph	B.Ed. Student Physical Science Education
57.	Kripa Maria Tomy	B.Ed. Student Physical Science Education
58.	Niya Tony	B.Ed. Student Physical Science Education
59.	Reshma Prakash	B.Ed. Student Physical Science Education
60.	Seethal Xavier	B.Ed. Student Physical Science Education
61.	Shilpa C Baiju Mialar	B.Ed. Student Physical Science Education



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62.	Tomsy Thomas	B.Ed. Student Physical Science Education	ior
63.	Afeefa Ihsana A B	B.Ed. Student Natural Science Educati	on
64.	Agaja P A	B.Ed. Student Natural Science Educati	on
65.	Anjitha Peter	B.Ed. Student Natural Science Educati	on
66.	Anumol M G	B.Ed. Student Natural Science Educati	on
67.	Athira Unnikrishnan	B.Ed. Student Natural Science Education	on
68.	Blessy Treasa	B.Ed. Student Natural Science Education	on
69.	Jijy M Y	B.Ed. Student Natural Science Education	on
70.	Jincy Joseph	B.Ed. Student Natural Science Education	on
71.	Jisha C Jose	B.Ed. Student Natural Science Education	or
72.	Lisinta Sivan	B.Ed. Student Natural Science Education	on
73.	Namitha .E.N	B.Ed. Student Natural Science Education	or
74.	Nayana Johnson	B.Ed. Student Natural Science Education	on
75.	Sari M S	B.Ed. Student Natural Science Education	or
76.	Savitha Sajan	B.Ed. Student Natural Science Education	on
77,	Sruthymol A S	B.Ed. Student Natural Science Education	on
78.	Sweeka Elizabeth Varghese	B.Ed. Student Natural Science Education	or
79.	Alvina Teresa Paiva	B.Ed. Student Social Science Education	on
80.	Catherin Akhina	B.Ed. Student Social Science Education	on
81.	Devikrishna K B	B.Ed. Student Social Science Education	on
82.	Dhanalekshmi T D	B.Ed. Student Social Science Education	on
83.	Greshma Rose	B.Ed. Student Social Science Education	on
84.	Jaimol O B	B.Ed. Student Social Science Education	n
85.	Kavya .K.M	B.Ed. Student Social Science Education	on
86.	Maria Carmel M.F	B.Ed. Student Social Science Education	n
87.	Najuma K.S	B.Ed. Student Social Science Education	n
88.	Nimisha P U	B.Ed. Student Social Science Education	n
89.	Nimmi M D	B.Ed. Student Social Science Education	n
90.	Praveena.K.P	B.Ed. Student Social Science Education	n
91.	Saniya Rose K M	B.Ed. Student Social Science Education	n
92.	Sayana Ramchandran E	B.Ed. Student Social Science Education	n
93.	Shahana P S	B.Ed. Student Social Science Education	n
94.	Sibil Prasad	B.Ed. Student Social Science Education	n
95.	Treesa Babu	B.Ed. Student Social Science Education	n







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## Kaithangu

## An Outreach Activity for School Children to overcome the accumulated defects in using Malayalam Language

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values.

The extension wing of the college organizes various significant activities to stretch out a helping hand to the needy brethren irrespective of caste, creed, color or gender. 'KAITHANGU' is an Outreach activity undertaken by the staff members and student teachers of Department of Malayalam Education, St. Joseph College of Teacher Education for Women, Ernakulam. The activity is implemented with an aim of helping school children to overcome the accumulated defects in using Malayalam language.

The student teachers and staff members of Malayalam Education (2018-2020 batch) at St. Joseph College of Teacher Education for Women, Ernakulam organized 'KAITHANGU, 2018' from 6<sup>th</sup> August 2018 to 16<sup>th</sup> November 2018 as part of extension activity for poor learners to overcome defects in using Malayalam language. A total amount of 5000 rupees was spent for implementing 'KAITHANGU'activity. The activity did help the student teachers in identifying and understanding the learning needs of slow learners or under achievers. The activity facilitated empathetic skills among the student teachers. A total of 14 student teachers participated in the activity.



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List of Participants

Teacher Educators:

1. Dr. Bindu Joseph

2. Dr. Sicily A.A.

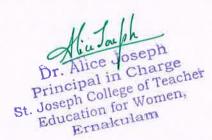
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#### **Student Teachers**

- 1. Akhila Baby M.
- 2. Anu George
- 3. Athira P.N
- 4. Dilshana M. Ismail
- 5. Jefeena Grace T.J.
- 6. Jomol Jose
- 7. Mary Anjaly Vaz
- 8. Meenu M.S.
- 9. Najeena N.
- 10. Neethu Babu
- 11. Sagara S.
- 12. Sreekutty M.P.
- 13. Veena Thampy
- 14. Vidhya P.B.







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#### Rebuild Kerala-2018

Outreach activity in Collaboration with Ernakulam District Administration,

Government of Kerala: Mass Survey and Volunteer in various Flood Relief activities in

Kadamakudy Panchayat, Ernakulam district.

The magnitude of Disaster caused in the recent floods of August 2018 was unprecedented in the History of Kerala. The disaster crippled the lives and livelihoods of people. Rebuild Kerala was an initiative of the Government of Kerala to rebuild the state after the disaster. The aim of the initiative was to bring about a perceptible change in the lives and livelihoods of its citizens by adopting higher standards of infrastructure for recovery and reconstruction, and to build ecological and technical safeguards.

The first challenge before the Government was to collect information from the local people about their loses during the flood. St. Joseph College was intended for smooth and efficient fulfilment of this task that our state Kerala much needed in the aftermath of flood that affected the lives of hundreds of thousands of people in our neighborhood. Josephites helped the Government to identify the people and their needs after the flood disaster, by conducting a mass survey at Kadamakudy Panchayat in Kanayannur Taluk.

In response to the flood disaster that hit our state, the students from our college volunteered for a Mass Online Survey named Rebuild Kerala, of the Government of Kerala. The volunteers visited the houses in Kadamakudy Panchayat on 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> September 2018, and collected information regarding the damage caused by flood. Each volunteer received a certificate of appreciation from the District collector, Ernakulam and from the Kadamakudy Panchayath.









St Joseph College of Teacher Education for Women, Ernakulam

18 September 2018 · 🔇

Josephites in the community!

We are intended for smooth and efficient fulfillment of a task that our state Kerala much needed in the aftermath of flood that affected the lives of hundreds of thousands of people in our neighborhood....

Josephites during Survey at Kadamakudy Panchayat in Kanayannur Taluk!

Email or phone

Password





Dr. Alice Joseph
Dr. Alice Joseph
Principal in Charge
Principal in Charge
St. Joseph College of Teacher
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Education for Women,



## List of Students Participants

l. No.	Name Of Participants			
1.	Aarya Xavier	B.Ed. Student English Education		
2.	Aashya Antony	B.Ed. Student English Education		
3,	Anjana Suresh(Blind)	B.Ed. Student English Education		
4.	Chandni Babu	B.Ed. Student English Education		
5.	Christeena A J	B.Ed. Student English Education		
6.	Gayathri S Therroth	B.Ed. Student English Education		
7	Greeshma V	B.Ed. Student English Education		
8.	Jinu Jose	B.Ed. Student English Education		
9.	Minnu George	B.Ed. Student English Education		
10.	Neethima K N	B.Ed. Student English Education		
11.	Niveditha U M	B.Ed. Student English Education		
12.	Ritu Jose	B.Ed. Student English Education		
13.	Roshni Celin	B.Ed. Student English Education		
14.	Sandra Johny	B.Ed. Student English Education		
15.	Sandra Maria Kuriakose	B.Ed. Student English Education		
16.	Saranya M S	B.Ed. Student English Education		
17.	Sruthy Sabu	B.Ed. Student English Education		
18.	Anjala Sherin	B.Ed. Student Malayalam Education		
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25.	Biyamol Augustine	B.Ed. Student Malayalam Education		
26.	Blessy Baby	B.Ed. Student Malayalam Education		
27.	Greeshma Cherian	B.Ed. Student Malayalam Education		
28.	Linta Rani George	B.Ed. Student Malayalam Education		
29.	Neenu Sara	B.Ed. Student Malayalam Education		
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31.	Selna Joseph	B.Ed. Student Malayalam Education		
32.	Anjaly I M	B.Ed. Student Mathematics Education		
33.	Anjitha Ramesan	B.Ed. Student Mathematics Education		
34.	Ansina P A	B.Ed. Student Mathematics Education		
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36.	Aparna Sanjay	B.Ed. Student Mathematics Education		
37.	Deyana K E B.Ed. Student Mathematics Education			
38.	Elizabeth Xavier Fernandez	B.Ed. Student Mathematics Education		
39.	Elsa Joy Market	B.Ed. Student Mathematics Education		
	Hariyat N L			



41.	Jean Rocha	B.Ed. Student Mathematics Education
42.	Kavya V Sathyan	B.Ed. Student Mathematics Education
43.	Merin J Kaniyarakam	B.Ed. Student Mathematics Education
44.	Rosmin Joseph	B.Ed. Student Mathematics Education
45.	Sajana Jaison	B.Ed. Student Mathematics Education
46.	Shanty Rose Sebastian	B.Ed. Student Mathematics Education
47.	Sona Varghese	B.Ed. Student Mathematics Education
48.	Vithya.A	B.Ed. Student Mathematics Education
49.	Anjaly Davis	B.Ed. Student Physical Science Education
50.	Anna Francis	B.Ed. Student Physical Science Education
51.	Anna Peter	B.Ed. Student Physical Science Education
52.	Beaula Johnson	B.Ed. Student Physical Science Education
53.	Hyna V Edwin	B.Ed. Student Physical Science Education
54.	Jithiya Babu Kg	B.Ed. Student Physical Science Education
55.	Jithu Traisy Jelin	B.Ed. Student Physical Science Education
56.	Josena Joseph	B.Ed. Student Physical Science Education
57.	Kripa Maria Tomy	B.Ed. Student Physical Science Education
58.	Niya Tony	B.Ed. Student Physical Science Education
59.	Reshma Prakash	B.Ed. Student Physical Science Education
60.	Seethal Xavier	B.Ed. Student Physical Science Education
61.	Shilpa C Baiju	B.Ed. Student Physical Science Education
62.	Tomsy Thomas	B.Ed. Student Physical Science Education
63.	Afeefa Ihsana A B	B.Ed. Student Natural Science Education
64.	Agaja P A	B.Ed. Student Natural Science Education
65.	Anjitha Peter	B.Ed. Student Natural Science Education
66.	Anumol M G	B.Ed. Student Natural Science Education
67.	Athira Unnikrishnan	B.Ed. Student Natural Science Education
68.	Blessy Treasa	B.Ed. Student Natural Science Education
69.	Jijy M Y	B.Ed. Student Natural Science Education
70.	Jincy Joseph	B.Ed. Student Natural Science Education
71.	Jisha C Jose	B.Ed. Student Natural Science Education
72.	Lisinta Sivan	B.Ed. Student Natural Science Education
73.	Namitha .E.N	B.Ed. Student Natural Science Education
74.	Nayana Johnson	B.Ed. Student Natural Science Education
75.	Sari M S	B.Ed. Student Natural Science Education
76.	Savitha Sajan	B.Ed. Student Natural Science Education
77.	Sruthymol A S	B.Ed. Student Natural Science Education
78.	Sweeka Elizabeth Varghese	B.Ed. Student Natural Science Education
79.	Alvina Teresa Paiva	B.Ed. Student Social Science Education
80.	Catherin Akhina	B.Ed. Student Social Science Education
81.	Devikrishna K B	B.Ed. Student Social Science Education
82.	Dhanalekshmi T D	B.Ed. Student Social Science Education
83.	Greshma Rose	B.Ed. Student Social Science Education



84.	Jaimol O B	B.Ed. Student Social Science Education
85.	Kavya .K.M	B.Ed. Student Social Science Education
86.	Maria Carmel M.F	B.Ed. Student Social Science Education
87.	Najuma K.S	B.Ed. Student Social Science Education
88.	Nimisha P U	B.Ed. Student Social Science Education
89.	Nimmi M D	B.Ed. Student Social Science Education
90.	Praveena.K.P	B.Ed. Student Social Science Education
91.	Saniya Rose K M	B.Ed. Student Social Science Education
92.	Sayana Ramchandran E	B.Ed. Student Social Science Education
93.	Shahana P S	B.Ed. Student Social Science Education
94.	Sibil Prasad	B.Ed. Student Social Science Education
95.	Treesa Babu	B.Ed. Student Social Science Education







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Outreach Programme: Setting Up Herbal Garden

Involvement in setting up a herbal garden can help student teachers build relationships with the local community. They can collaborate with community members, educators, and experts to enhance the garden and its educational offerings.

First year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam engaged in planting ayurvedic plants to setup an herbal garden in the campus on 5<sup>th</sup> October 2018. The activity was organized to instill in the importance of protecting the environment and having a heathy lifestyle. To educate students on the need to protect the earth's abundant biodiversity and the role that medicinal plants play in both conventional and modern medical systems' holistic delivery of treatment and health care.

The student teachers planted various varieties of herbal plants with various benefits. A total of 30 first year B.Ed. students from Natural Science optional and Physical Science optional engaged in setting up the herbal garden.

Setting up a herbal garden was highly beneficial for student teachers of the science back ground and by doing so, the student teachers of English Optional, Malayalam Optional, Mathematics Optional and the Social Science optional were benefitted for several reasons:

Hands-on Learning: Herbal gardening provides an excellent opportunity for student teachers to engage in experiential, hands-on learning. They can apply classroom knowledge in a practical setting, which can enhance their understanding of botany, ecology, and horticulture.



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Interdisciplinary Learning: Herbal gardens encompass various subjects, including biology, chemistry, environmental science, and even cultural studies. Student teachers can explore interdisciplinary connections and gain a more holistic view of education.

Teaching Resource: Herbal gardens can serve as valuable teaching resources. Student teachers can use the garden to design and deliver lessons related to plant biology, ecology, sustainable agriculture, and traditional herbal knowledge.

Environmental Education: Herbal gardens promote environmental awareness and sustainable practices. Student teachers can integrate environmental education into their curriculum, teaching students about the importance of biodiversity, conservation, and eco-friendly gardening techniques.

Holistic Health Education: Depending on the herbs grown, the garden can be used to educate students about the health benefits of herbs and traditional remedies. This aligns with the holistic approach to health and well-being.

Experiential Education: Student teachers can engage their students in gardening activities, fostering skills like teamwork, responsibility, and problem-solving. These skills are valuable for both personal and academic development.

Community Engagement: Involvement in setting up a herbal garden can help student teachers build relationships with the local community. They can collaborate with community members, educators, and experts to enhance the garden and its educational offerings.

Cultural Awareness: If the herbal garden includes culturally significant plants, student teachers can use it as a platform to teach cultural diversity and the importance of preserving cultural

heritage.

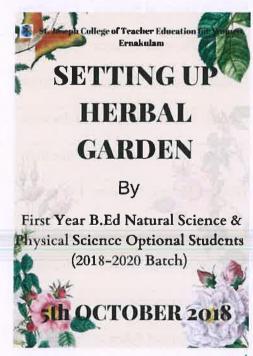
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Professional Development: Experience in planning, setting up, and maintaining a herbal garden can be a valuable addition to a student teacher's professional development portfolio. It showcases their ability to design and implement hands-on, engaging educational activities.

Personal Growth: Gardening can be personally rewarding and therapeutic. Student teachers may find that working in the herbal garden helps reduce stress, promotes well-being, and enhances their overall quality of life.

Incorporating a herbal garden into their teaching practice allows student teachers to cultivate a wide range of skills and knowledge that can enrich their future careers as educators. It also aligns with the broader goals of education, promoting experiential learning, sustainability, and holistic well-being.





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## List of participants

Sl.NO	Name	Optional Subject
1.	Anjaly Davis	B.Ed. Student Physical Science Education
2.	Anna Francis	B.Ed. Student Physical Science Education
3.	Anna Peter	B.Ed. Student Physical Science Education
4.	Beaula Johnson	B.Ed. Student Physical Science Education
5.	Hyna V Edwin	B.Ed. Student Physical Science Education
6.	Jithiya Babu Kg	B.Ed. Student Physical Science Education
7.	Jithu Traisy Jelin	B.Ed. Student Physical Science Education
8.	Josena Joseph	B.Ed. Student Physical Science Education
9.	Kripa Maria Tomy	B.Ed. Student Physical Science Education
10.	Niya Tony	B.Ed. Student Physical Science Education
11,	Reshma Prakash	B.Ed. Student Physical Science Education
12.	Seethal Xavier	B.Ed. Student Physical Science Education
13.	Shilpa C Baiju	B.Ed. Student Physical Science Education
14.	Tomsy Thomas	B.Ed. Student Physical Science Education
15.	Afeefa Ihsana A B	B.Ed. Student Natural Science Education
16.	Agaja P A	B.Ed. Student Natural Science Education
17.	Anjitha Peter	B.Ed. Student Natural Science Education
18.	Anumol M G	B.Ed. Student Natural Science Education
19.	Athira Unnikrishnan	B.Ed. Student Natural Science Education
20.	Blessy Treasa	B.Ed. Student Natural Science Education

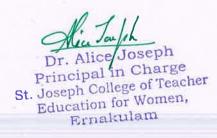


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21:	Jijy M Y	B.Ed. Student Natural Science	Education
22.	Jincy Joseph	B.Ed. Student Natural Science	Education
23.	Jisha C Jose	B.Ed. Student Natural Science	Education
24.	Lisinta Sivan	B.Ed. Student Natural Science	Education
25.	Namitha .E.N	B.Ed. Student Natural Science	Education
26.	Nayana Johnson	B.Ed. Student Natural Science	Education
27.	Sari M S	B.Ed. Student Natural Science	Education
28.	Savitha Sajan	B.Ed. Student Natural Science	Education
29.	Sruthymol A S	B.Ed. Student Natural Science	Education
30.	Sweeka Elizabeth Varghese	B.Ed. Student Natural Science	Education







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#### Outreach Activity for the Flood Affected People at Kuttanad-2018

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The extension wing of the college organizes various significant activities to stretch out a helping hand to the needy brethren irrespective of caste, creed, color or gender.

The year 2018 became the unforgettable year for Keralites because of the Kerala flood disaster that affected almost one sixth of the total population in Kerala. People were striving hard for their own and their close ones' survival.

St. Joseph College of Teacher Education for Women, Ernakulam strived hard to help flood victims to survive through their hard time. The staff and students (2018-2020) batch of St. Joseph College of Teacher Education for Women, Ernakulam extended helping hands to the flood victims. The staff and students of the college sincerely contributed in helping the victims.

One such activity in helping the flood victims organized by the college was collecting clothes and distributing it to the flood victims particularly in the Kuttanad area in Alappuzha district in Kerala on 28<sup>th</sup> November 2018. Kuttanad was one of the places where the flood affected the people very badly. Apart from cloth collection and from contributing to and cooperating with the governmental activities for flood relief, staff and student members of St. Joseph College of Teacher Education for Women, Ernakulam collected a total of 80000 rupees and provided materials required for the flood victims as per their needs.

The activity did help the student teachers in enhancing social commitment and develop in them a sense of sharing and responsibility. Teachers and a total of 98 student teachers took part in the activity and stretched out their helping hands for flood relief.



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St. Joseph College of Teacher Education for women.

Ernakulam

organising

## Flood Relief Initiative:

## Collecting clothes for flood Victims in Kuttanad

Staff and Student Teachers (2018-2020)
Batch of St. Joseph College of Teacher
Education for Women, Ernakulam is
extending their helping hands to the flood
affected people in Kuttanad where flood
has caused havoc

Date: 28th November 2018

### List of Student Participants

- 1. Amrutha Joy, B.Ed Student, English Optional
- 2. Aneeta James, B.Ed Student, English Optional
- 3. Anju John, B.Ed Student, English Optional
- 4. Arya S P, B.Ed Student, English Optional
- 5. Bilby Thomas, B.Ed Student, English Optional
- 6. Della. C.S, B.Ed Student, English Optional
- 7. Ema Maria Mannaly, B.Ed Student, English Optional
- 8. Geethu Elias, B.Ed Student, English Optional
- 9. Harsha. R, B.Ed Student, English Optional
- 10. Jinu Rose E V, B.Ed Student, English Optional
- 11. M R Rekha Lakshmi, B.Ed Student, English Optional
- 12. Maria Jeena Sebastian, B.Ed Student, English Optional
- 13. Merin C T, B.Ed Student, English Optional



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- 14. Minu Basil, B.Ed Student, English Optional
- 15. Neena Antony, B.Ed Student, English Optional
- 16. Princy K.P., B.Ed Student, English Optional
- 17. Rose Mary Mathew, B.Ed Student, English Optional
- 18. Swathi O A, B.Ed Student, English Optional
- 19. Akhila Baby M, B.Ed Student, Malayalam Optional
- 20. Anu George, B.Ed Student, Malayalam Optional
- 21. Athira P N, B.Ed Student, Malayalam Optional
- 22. Dilshana M Ismail, B.Ed Student, Malayalam Optional
- 23. Jeffeena Grace.T.J, B.Ed Student, Malayalam Optional
- 24. Jomol Jose, B.Ed Student, Malayalam Optional
- 25. Mary Anjaly Vaz, B.Ed Student, Malayalam Optional
- 26. Meenu M S, B.Ed Student, Malayalam Optional
- 27. Najeena N., B.Ed Student, Malayalam Optional
- 28. Neethu Babu, B.Ed Student, Malayalam Optional
- 29. Sagara S, B.Ed Student, Malayalam Optional
- 30. Sreekutty M P, B.Ed Student, Malayalam Optional
- 31. Veena Thampy, B.Ed Student, Malayalam Optional
- 32. Vidhya.P.B, B.Ed Student, Malayalam Optional
- 33. Anjali Lis George, B.Ed Student, Mathematics Optional
- 34. Anjaly Rajan, B.Ed Student, Mathematics Optional
- 35. Ann Mary Jacob, B.Ed Student, Mathematics Optional
- 36. Anusha S., B.Ed Student, Mathematics Optional
- 37. Blessy K B, B.Ed Student, Mathematics Optional
- 38. Diya Sabu Malayil, B.Ed Student, Mathematics Optional
- 39. Donna Pinheiro, B.Ed Student, Mathematics Optional
- 40. Jincy George, B.Ed Student, Mathematics Optional
- 41. Lincy Joseph, B.Ed Student, Mathematics Optional
- 42. Reetha Jesma C G, B B.Ed Student, Mathematics Optional
- 43. Rinsana V Y, B.Ed Student, Mathematics Optional
- 44. Ruqzana Hakkim, B.Ed Student, Mathematics Optional
- 45. Sanjuna Peter, B.Ed Student, Mathematics Optional
- 46. Sharon Sebastian, B.Ed Student, Mathematics Optional
- 47. Sruthi G Pillai, B.Ed Student, Mathematics Optional
- 48. Varsha.M.A, B.Ed Student, Mathematics Optional
- 49. Adreence Vimala M X, B.Ed Student, Natural Science Optional
- 50. Ancy V A, B.Ed Student, Natural Science Optional
- 51. Anju Sasidharan, B.Ed Student, Natural Science Optional
- 52. Annet Stephen, B.Ed Student, Natural Science Optional
- 53. Arandha. K.M., B.Ed Student, Natural Science Optional
- 54. Ciya Charly, B.Ed Student, Natural Science Optional
- 55. Deepthi Suresh, B.Ed Student, Natural Science Optional
- 56. Dincy.G.D, B.Ed Student, Natural Science Optional



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- 57. Meenu Henry, B.Ed Student, Natural Science Optional
- 58. Nazli S, B.Ed Student, Natural Science Optional
- 59. Reshma Mary Zachariah, B.Ed Student, Natural Science Optional
- 60. Riby Baby, B.Ed Student, Natural Science Optional
- 61. Sneha Shajan, B.Ed Student, Natural Science Optional
- 62. Sreeshma J. Bose, B.Ed Student, Natural Science Optional
- 63. Thedies E J, B.Ed Student, Natural Science Optional
- 64. Vismaya George, B.Ed Student, Natural Science Optional
- 65. Sumitha Simon, B.Ed Student, Natural Science Optional
- 66. Amrutha Kuriappan, B.Ed Student, Physical Science Optional
- 67. Anila Mariya K Joy, B.Ed Student, Physical Science Optional
- 68. Anjaly Raphel, B.Ed Student, Physical Science Optional
- 69. Anju Sebastian, B.Ed Student, Physical Science Optional
- 70. Aparna K Babu, B.Ed Student, Physical Science Optional
- 71. Asha Maria Jose, B.Ed Student, Physical Science Optional
- 72. Bini Maria Baby, B.Ed Student, Physical Science Optional
- 73. Jeeshma K.J. B.Ed Student, Physical Science Optional
- 74. Maria Wilson, B.Ed Student, Physical Science Optional
- 75. Mariya Rose Johny, B.Ed Student, Physical Science Optional
- 76. Mariyanjaly Joseph, B.Ed Student, Physical Science Optional
- 77. Mary Maya Alexander, B.Ed Student, Physical Science Optional
- 78. Meenu R S, B.Ed Student, Physical Science Optional
- 79. Stephy Vaz, B.Ed Student, Physical Science Optional
- 80. Zeneeta Ann D'rose, B.Ed Student, Physical Science Optional
- 81. Sivapriya T M, B.Ed Student, Physical Science Optional
- 82. Aleesha Antony, B.Ed Student, Social Science Optional
- 83. Amrutha U S, B.Ed Student, Social Science Optional
- 84. Anciamma Antony, B.Ed Student, Social Science Optional
- 85. Anjaly A. K., B.Ed Student, Social Science Optional
- 86. Arya Thyagarajan, B.Ed Student, Social Science Optional
- 87. Chris Monic Xavier, B.Ed Student, Social Science Optional
- 88. Greeshma K M, B.Ed Student, Social Science Optional
- 89. Jasmine.P.P, B.Ed Student, Social Science Optional
- 90. Lancy Lazar, B.Ed Student, Social Science Optional
- 91. Maria Theresa, B.Ed Student, Social Science Optional
- 92. Neethu Jose, B.Ed Student, Social Science Optional
- 93. Renjana Thampy, B.Ed Student, Social Science Optional
- 94. Rincy K A, B.Ed Student, Social Science Optional
- 95. Rubitha Basheer, B.Ed Student, Social Science Optional
- 96. Sherin Samuel, B.Ed Student, Social Science Optional
- 97. Sona Sain, B.Ed Student, Social Science Optional
- 98. Stella Mary, B.Ed Student, Social Science Optional

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## **Promoting Inclusivity and Empathy: Josephites Interaction with Transgenders**

Date: December 21, 2018

Introduction:

On December 21, 2018, St. Joseph College of Teacher Education for Women, Ernakulam, organized a unique outreach program that aimed to bridge gaps in understanding and foster empathy among its B.Ed. student teachers. The event involved an interaction with members of the transgender community, with the primary goal of helping students appreciate and respect individual differences while nurturing a more empathetic outlook towards marginalized individuals. This report provides insights into the significance of the activity and its impact on the participating student teachers.

The Outreach Program:

The interaction with transgenders was a deliberate effort by the college to create an inclusive environment and promote diversity and acceptance within the student body. The objectives of the program were:

Understanding Differences: To encourage students to understand and appreciate the diverse backgrounds, identities, and life experiences that individuals bring to society.

Fostering Empathy: To nurture empathy and compassion, particularly towards marginalized and stigmatized groups like the transgender community.



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Benefits for Student Teachers: The interaction with transgenders yielded several significant benefits for the participating student teachers:

Enhanced Empathy: Engaging in open and candid discussions with transgender individuals allowed the students to gain deeper insights into the challenges and discrimination they face daily. This experience enhanced the students' capacity for empathy and understanding, which is essential for their future roles as educators.

Promoting Inclusivity: The activity encouraged the student teachers to embrace diversity and promote inclusivity in their classrooms. It provided them with valuable tools to create a safe and accepting learning environment for all students.

#### Community Engagement:

A total of 138 student teachers, including both first-year and second-year B.Ed. students, actively participated in this interaction with the transgender community. This substantial turnout underscored the college's commitment to nurturing socially responsible educators.

#### Conclusion:

The interaction with transgenders organized by St. Joseph College of Teacher Education for Women, Ernakulam, on December 21, 2018, was a commendable outreach program that successfully achieved its objectives. It played a pivotal role in promoting inclusivity, empathy, and a deeper understanding of individual differences among the participating student teachers. This activity serves as a shining example of how educational institutions can contribute to a more inclusive and empathetic society by fostering awareness and acceptance of marginalized communities.

List of Students Participants from 1st years and 2nd years



1. Aashya Antony, 1st Year B.Ed. Student, English Education



- 2. Anjana Suresh, 1st Year B.Ed. Student, English Education
- 3. Chandni Babu, 1st Year B.Ed. Student, English Education
- 4. Gayathri S Therroth, 1st Year B.Ed. Student, English Education
- 5. Greeshma V, 1st Year B.Ed. Student, English Education
- 6. Jinu Jose, 1st Year B.Ed. Student, English Education
- 7. Minnu George, 1<sup>st</sup> Year B.Ed. Student, English Education
- 8. Neethima K N, 1<sup>st</sup> Year B.Ed. Student, English Education
- 9. Niveditha U M , 1<sup>st</sup> Year B.Ed. Student, English Education
- 10. Roshni Celin, 1<sup>st</sup> Year B.Ed. Student, English Education
- 11. Sandra Johny, 1st Year B.Ed. Student, English Education
- 12. Sandra Maria Kuriakose, 1<sup>st</sup> Year B.Ed. Student, English Education
- 13. Saranya M S, 1st Year B.Ed. Student, English Education
- 14. Sruthy Sabu, 1st Year B.Ed. Student, English Education
- 15. Anjala Sherin, 1st Year B.Ed. Student, Malayalam Education
- 16. Arya Janardhanan, 1st Year B.Ed. Student, Malayalam Education
- 17. Ashna Finlay, 1st Year B.Ed. Student, Malayalam Education
- 18. Athira Sivaprasad, 1st Year B.Ed. Student, Malayalam Education
- 19. Bincy Eldose, 1st Year B.Ed. Student, Malayalam Education
- 20. Biyamol Augustine, 1st Year B.Ed. Student, Malayalam Education
- 21. Blessy Baby, 1st Year B.Ed. Student, Malayalam Education
- 22. Greeshma Cherian, 1st Year B.Ed. Student, Malayalam Education
- 23. Linta Rani George, 1st Year B.Ed. Student, Malayalam Education
- 24. Neenu Sara, 1st Year B.Ed. Student, Malayalam Education
- 25. Neeraja P.S , 1st Year B.Ed. Student, Malayalam Education
- 26. Selna Joseph, 1st Year B.Ed. Student, Malayalam Education



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- 27. Anjaly I M, 1st Year B.Ed. Student, Mathematics Education
- 28. Ansina P A, 1st Year B.Ed. Student, Mathematics Education
- 29. Aparna Sanjay, 1<sup>st</sup> Year B.Ed. Student, Mathematics Education
- 30. Devana K E, 1st Year B.Ed. Student, Mathematics Education
- 31. Elsa Joy, 1st Year B.Ed. Student, Mathematics Education
- 32. Hariyat N L, 1st Year B.Ed. Student, Mathematics Education
- 33. Jean Rocha, 1st Year B.Ed. Student, Mathematics Education
- 34. Kavya V Sathyan, 1st Year B.Ed. Student, Mathematics Education
- 35. Merin J Kaniyarakam, 1st Year B.Ed. Student, Mathematics Education
- 36. Rosmin Joseph, 1<sup>st</sup> Year B.Ed. Student, Mathematics Education
- 37. Sajana Jaison, 1st Year B.Ed. Student, Mathematics Education
- 38. Shanty Rose Sebastian, 1st Year B.Ed. Student, Mathematics Education
- 39. Sona Varghese, 1st Year B.Ed. Student, Mathematics Education
- 40. Anjaly Davis, 1st Year B.Ed. Student, Physical Science Education
- 41. Anna Peter, 1st Year B.Ed. Student, Physical Science Education
- 42. Beaula Johnson, 1st Year B.Ed. Student, Physical Science Education
- 43. Hyna V Edwin, 1st Year B.Ed. Student, Physical Science Education
- 44. Jithiya Babu KG, 1st Year B.Ed. Student, Physical Science Education
- 45. Josena Joseph, 1<sup>st</sup> Year B.Ed. Student, Physical Science Education
- 46. Kripa Maria Tomy, 1st Year B.Ed. Student, Physical Science Education
- 47. Niya Tony, 1st Year B.Ed. Student, Physical Science Education
- 48. Reshma Prakash, 1st Year B.Ed. Student, Physical Science Education
- 49. Seethal Xavier, 1st Year B.Ed. Student, Physical Science Education
- 50. Tomsy Thomas, 1st Year B.Ed. Student, Physical Science Education
- 51. Agaja P A, 1st Year B.Ed. Student, Natural Science Education



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- 52. Anjitha Peter, 1st Year B.Ed. Student, Natural Science Education
- 53. Athira Unnikrishnan, 1st Year B.Ed. Student, Natural Science Education
- 54. Jijy M Y, 1st Year B.Ed. Student, Natural Science Education
- 55. Jincy Joseph, 1st Year B.Ed. Student, Natural Science Education
- 56. Jisha C Jose, 1st Year B.Ed. Student, Natural Science Education
- 57. Nayana Johnson, 1st Year B.Ed. Student, Natural Science Education
- 58. Sari M S, 1st Year B.Ed. Student, Natural Science Education
- 59. Savitha Sajan, 1st Year B.Ed. Student, Natural Science Education
- 60. Alvina Teresa Paiva, 1st Year B.Ed. Student, Social Science Education
- 61. Devikrishna K B, 1st Year B.Ed. Student, Social Science Education
- 62. Jaimol O B, 1st Year B.Ed. Student Social Science Education
- 63. Kavya .K.M, 1st Year B.Ed. Student Social Science Education
- 64. Maria Carmel M.F., 1st Year B.Ed Student Social Science Education
- 65. Najuma K.S, 1st Year B.Ed. Student Social Science Education
- 66. Nimisha P U, 1st Year B.Ed. Student Social Science Education
- 67. Nimmi M D, 1st Year B.Ed. Student Social Science Education
- 68. Praveena.K.P, 1st Year B.Ed. Student Social Science Education
- 69. Saniya Rose K M, 1st Year Student Social Science Education
- 70. Sibil Prasad, 1st Year B.Ed. Student Social Science Education
- 71. Treesa Babu, 1st Year B.Ed. Student Social Science Education
- 72. Aneeta James, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 73. Arya S P, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 74. Bilby Thomas, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 75. Ema Maria Mannaly, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 76. Geethu Elias, 2<sup>nd</sup> Year B.Ed Student, English Optional



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- 77. Harsha. R, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 78. M R Rekha Lakshmi, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 79. Merin C T, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 80. Minu Basil, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 81. Neena Antony, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 82. Princy K.P., 2<sup>nd</sup> Year B.Ed Student, English Optional
- 83. Swathi O A, 2<sup>nd</sup> Year B.Ed Student, English Optional
- 84. Akhila Baby M, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 85. Athira P N, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 86. Dilshana M Ismail, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 87. Jeffeena Grace.T.J, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 88. Jomol Jose, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 89. Meenu M S, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 90. Najeena N., 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 91. Neethu Babu, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 92. Sreekutty M P, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 93. Vidhya.P.B, 2<sup>nd</sup> Year B.Ed Student, Malayalam Optional
- 94. Anjali Lis George, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 95. Ann Mary Jacob, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 96. Blessy K B, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 97. Diya Sabu Malayil, 2nd Year B.Ed Student, Mathematics Optional
- 98. Jincy George, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 99. Lincy Joseph, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 100. Reetha Jesma C G, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional
- 101. Rinsana V Y, 2<sup>nd</sup> Year B.Ed Student, Mathematics Optional



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102.	Sruthi G Pillai, 2 <sup>nd</sup> Year B.Ed Student, Mathematics Optional
103.	Varsha.M.A, 2 <sup>nd</sup> Year B.Ed Student, Mathematics Optional
104.	Ancy V A, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
105.	Anju Sasidharan, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
106.	Arandha. K.M., 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
107.	Ciya Charly, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
108.	Meenu Henry, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
109.	Nazli S, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
110.	Riby Baby, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
111.	Sneha Shajan, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
112.	Sreeshma J. Bose, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
113.	Thedies E J, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
114.	Vismaya George, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
115.	Sumitha Simon, 2 <sup>nd</sup> Year B.Ed Student, Natural Science Optional
116.	Anila Mariya K Joy, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
117,	Anju Sebastian, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
118.	Aparna K Babu, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
119.	Bini Maria Baby, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
120.	Jeeshma K.J. 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
121.	Maria Wilson, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
122.	Mariya Rose Johny, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
123.	Mariyanjaly Joseph, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
124.	Meenu R S, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
125.	Stephy Vaz, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
126.	Stephy Vaz, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional  Sivapriya T M, 2 <sup>nd</sup> Year B.Ed Student, Physical Science Optional
	Principal in College of Teach,
	St. Education





127.	Aleesha Antony, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
128.	Amrutha U S, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
129.	Anciamma Antony, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
130.	Anjaly A. K., 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
131,	Arya Thyagarajan, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
132.	Greeshma K M, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
133.	Jasmine.P.P, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
134.	Lancy Lazar, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
135.	Maria Theresa, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
136.	Neethu Jose, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
137.	Renjana Thampy, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional
138.	Rubitha Basheer, 2 <sup>nd</sup> Year B.Ed Student, Social Science Optional







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# Outreach Activity at Deshbandhu School Chathamma: Donation of Teaching -Learning Aids in the Rural School

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The talents, skills and abilities of students are identified, nurtured, and encouraged and are provided with a platform to think, express, and exhibit their skills.

The college provides many activities including extension activities, student enrichment programmes and many more activities and programmes for the personality development and enhancing the social commitment of students.

As part of enhancing the social commitment of students, the college organized an activity for teaching aid distribution in rural schools on 31st January 2019. The activity was organized for second year B. Ed student teachers at St. Joseph College of Teacher Education for Women, Ernakulam. The activity was organized for developed among students an attitude of sharing learning resources among others and thereby supporting people in need in the community.

A total of 97 second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam took part in the activity.







St. Joseph College of Teacher Education for Women, Ernakulam

# Second Year B.Ed Students (2018-2020 Batch)

organising

# TEACHING AID DISTRIBUTION IN RURAL SCHOOL

31ST January 2019

## List Of Students Participants

- 1. Amrutha Joy, B.Ed Student, English Optional
- 2. Aneeta James, B.Ed Student, English Optional
- 3. Anju John, B.Ed Student, English Optional
- 4. Arya S P, B.Ed Student, English Optional
- 5. Bilby Thomas, B.Ed Student, English Optional
- 6. Della. C.S, B.Ed Student, English Optional
- 7. Ema Maria Mannaly, B.Ed Student, English Optional



Dr. Alice of Charge cher Principal in the Charge cher St. Joseph College Workers



- 8. Geethu Elias, B.Ed Student, English Optional
- 9. Harsha. R, B.Ed Student, English Optional
- 10. Jinu Rose E V, B.Ed Student, English Optional
- 11. M R Rekha Lakshmi, B.Ed Student, English Optional
- 12. Maria Jeena Sebastian, B.Ed Student, English Optional
- 13. Merin C T, B.Ed Student, English Optional
- 14. Minu Basil, B.Ed Student, English Optional
- 15. Neena Antony, B.Ed Student, English Optional
- 16. Princy K.P., B.Ed Student, English Optional
- 17. Rose Mary Mathew, B.Ed Student, English Optional
- 18. Swathi O A, B.Ed Student, English Optional
- 19. Akhila Baby M, B.Ed Student, Malayalam Optional
- 20. Anu George, B.Ed Student, Malayalam Optional
- 21. Athira P N, B.Ed Student, Malayalam Optional
- 22. Dilshana M Ismail, B.Ed Student, Malayalam Optional
- 23. Jeffeena Grace. T.J, B.Ed Student, Malayalam Optional
- 24. Jomol Jose, B.Ed Student, Malayalam Optional
- 25. Mary Anjaly Vaz, B.Ed Student, Malayalam Optional
- 26. Meenu M S, B.Ed Student, Malayalam Optional
- 27. Najeena N., B.Ed Student, Malayalam Optional
- 28. Neethu Babu, B.Ed Student, Malayalam Optional
- 29. Sagara S, B.Ed Student, Malayalam Optional
- 30. Sreekutty M P, B.Ed Student, Malayalam Optional



Dr. Alice Joseph
Dr. Alice Joseph
Principal in Charge
Principal in Charge
St. Joseph College of Teacher
Education for Women,
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- 31. Veena Thampy, B.Ed Student, Malayalam Optional
- 32. Vidhya.P.B, B.Ed Student, Malayalam Optional
- 33. Anjali Lis George, B.Ed Student, Mathematics Optional
- 34. Anjaly Rajan, B.Ed Student, Mathematics Optional
- 35. Ann Mary Jacob, B.Ed Student, Mathematics Optional
- 36. Anusha S., B.Ed Student, Mathematics Optional
- 37. Blessy K B, B.Ed Student, Mathematics Optional
- 38. Diya Sabu Malayil, B.Ed Student, Mathematics Optional
- 39. Donna Pinheiro, B.Ed Student, Mathematics Optional
- 40. Jincy George, B.Ed Student, Mathematics Optional
- 41. Lincy Joseph, B.Ed Student, Mathematics Optional
- 42. Reetha Jesma C G, B B.Ed Student, Mathematics Optional
- 43. Rinsana V Y, B.Ed Student, Mathematics Optional
- 44. Rugzana Hakkim, B.Ed Student, Mathematics Optional
- 45. Sanjuna Peter, B.Ed Student, Mathematics Optional
- 46. Sharon Sebastian, B.Ed Student, Mathematics Optional
- 47. Sruthi G Pillai, B.Ed Student, Mathematics Optional
- 48. Varsha.M.A, B.Ed Student, Mathematics Optional
- 49. Adreenee Vimala M X, B.Ed Student, Natural Science Optional
- 50. Ancy V A, B.Ed Student, Natural Science Optional
- 51. Anju Sasidharan, B.Ed Student, Natural Science Optional
- 52. Annet Stephen, B.Ed Student, Natural Science Optional
- 53. Arandha. K.M., B.Ed Student, Natural Science Optional



Dr. Alice Joseph

Principal in Charge

Principal in Charge

St. Joseph College of Teacher

Education for Women

Education for Women



- 54. Ciya Charly, B.Ed Student, Natural Science Optional
- 55. Deepthi Suresh, B.Ed Student, Natural Science Optional
- 56. Dincy.G.D, B.Ed Student, Natural Science Optional
- 57. Meenu Henry, B.Ed Student, Natural Science Optional
- 58. Nazli S, B.Ed Student, Natural Science Optional
- 59. Reshma Mary Zachariah, B.Ed Student, Natural Science Optional
- 60. Riby Baby, B.Ed Student, Natural Science Optional
- 61. Sneha Shajan, B.Ed Student, Natural Science Optional
- 62. Sreeshma J. Bose, B.Ed Student, Natural Science Optional
- 63. Thedies E J, B.Ed Student, Natural Science Optional
- 64. Vismaya George, B.Ed Student, Natural Science Optional
- 65. Sumitha Simon, B.Ed Student, Natural Science Optional
- 66. Amrutha Kuriappan, B.Ed Student, Physical Science Optional
- 67. Anila Mariya K Joy, B.Ed Student, Physical Science Optional
- 68. Anjaly Raphel, B.Ed Student, Physical Science Optional
- 69. Anju Sebastian, B.Ed Student, Physical Science Optional
- 70. Aparna K Babu, B.Ed Student, Physical Science Optional
- 71. Asha Maria Jose, B.Ed Student, Physical Science Optional
- 72. Bini Maria Baby, B.Ed Student, Physical Science Optional
- 73. Jeeshma K.J. B.Ed Student, Physical Science Optional
- 74. Maria Wilson, B.Ed Student, Physical Science Optional
- 75. Mariya Rose Johny, B.Ed Student, Physical Science Optional
- 76. Mariyanjaly Joseph, B.Ed Student, Physical Science Optional



Dr. Afice J seph

Principal in Charge

Principal in Charge

St. Joseph College of Teacher

Education for Women,

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- 77. Mary Maya Alexander, B.Ed Student, Physical Science Optional
- 78. Meenu R S, B.Ed Student, Physical Science Optional
- 79. Stephy Vaz, B.Ed Student, Physical Science Optional
- 80. Zeneeta Ann D'rose, B.Ed Student, Physical Science Optional
- 81. Sivapriya T M, B.Ed Student, Physical Science Optional
- 82. Aleesha Antony, B.Ed Student, Social Science Optional
- 83. Amrutha U S, B.Ed Student, Social Science Optional
- 84. Anciamma Antony, B.Ed Student, Social Science Optional
- 85. Anjaly A. K., B.Ed Student, Social Science Optional
- 86. Arya Thyagarajan, B.Ed Student, Social Science Optional
- 87. Chris Monic Xavier, B.Ed Student, Social Science Optional
- 88. Greeshma K M, B.Ed Student, Social Science Optional
- 89. Jasmine.P.P, B.Ed Student, Social Science Optional
- 90. Lancy Lazar, B.Ed Student, Social Science Optional
- 91. Maria Theresa, B.Ed Student, Social Science Optional
- 92. Neethu Jose, B.Ed Student, Social Science Optional
- 93. Renjana Thampy, B.Ed Student, Social Science Optional
- 94. Rincy K A, B.Ed Student, Social Science Optional
- 95. Rubitha Basheer, B.Ed Student, Social Science Optional
- 96. Sherin Samuel, B.Ed Student, Social Science Optional
- 97. Sona Sain, B.Ed Student, Social Science Optional





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# Outreach Programme at Chavara Special School for The Mentally Retarded

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. The talents, skills and abilities of students are identified, nurtured, and encouraged and are provided with a platform to think, express, and exhibit their skills.

The college provides many activities including extension activities, student enrichment programmes and many more activities and programmes for the personality development and enhancing the social commitment of students.

As part of enhancing the social commitment of students, the college organized an outreach activity at Chavara Special School for Mentally Retarded in Koonammavu in Ernakulam. The activity was organized on 12<sup>th</sup> February 2019 for second year B. Ed students at St. Joseph College of Teacher Education for Women, Ernakulam.

The programme helped the students in understanding and learning about the psychological services, special education services, physiotherapy services, awareness, and vocational training programmes and all the other services provided by the school for the betterment of the children with special needs. The learnings would help the student teachers in expanding their knowledge and thereby helps in their professional growth. The entire programme helped the student teachers in developing a sense of gratitude and inclusiveness.

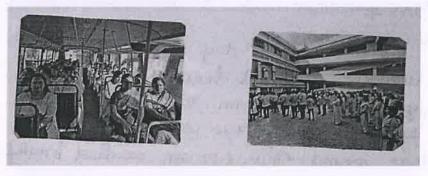


Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Education for Women,



A total of 97 second year B Ed. student teachers and faculty members from St. Joseph College of Teacher Education for Women, Ernakulam participated in the various programmes organized for the children of the special school.









Dr. Joseph Control Women,
Education for Women,



## List of Students Participants

- 1. Amrutha Joy, B.Ed Student, English Optional
- 2. Aneeta James, B.Ed Student, English Optional
- 3. Anju John, B.Ed Student, English Optional
- 4. Arya S P, B.Ed Student, English Optional
- 5. Bilby Thomas, B.Ed Student, English Optional
- 6. Della. C.S, B.Ed Student, English Optional
- 7. Ema Maria Mannaly, B.Ed Student, English Optional
- 8. Geethu Elias, B.Ed Student, English Optional
- 9. Harsha. R, B.Ed Student, English Optional
- 10. Jinu Rose E V, B.Ed Student, English Optional
- 11. M R Rekha Lakshmi, B.Ed Student, English Optional
- 12. Maria Jeena Sebastian, B.Ed Student, English Optional
- 13. Merin C T, B.Ed Student, English Optional
- 14. Minu Basil, B.Ed Student, English Optional
- 15. Neena Antony, B.Ed Student, English Optional
- 16. Princy K.P., B.Ed Student, English Optional
- 17. Rose Mary Mathew, B.Ed Student, English Optional
- 18. Swathi O A, B.Ed Student, English Optional
- 19. Akhila Baby M, B.Ed Student, Malayalam Optional
- 20. Anu George, B.Ed Student, Malayalam Optional
- 21. Athira P N, B.Ed Student, Malayalam Optional
- 22. Dilshana M Ismail, B.Ed Student, Malayalam Optional



Dr. Alice Jo Charge ner Principal College Mandon St. Education Luciano



- 23. Jeffeena Grace.T.J, B.Ed Student, Malayalam Optional
- 24. Jomol Jose, B.Ed Student, Malayalam Optional
- 25. Mary Anjaly Vaz, B.Ed Student, Malayalam Optional
- 26. Meenu M S, B.Ed Student, Malayalam Optional
- 27. Najeena N., B.Ed Student, Malayalam Optional
- 28. Neethu Babu, B.Ed Student, Malayalam Optional
- 29. Sagara S, B.Ed Student, Malayalam Optional
- 30. Sreekutty M P, B.Ed Student, Malayalam Optional
- 31. Veena Thampy, B.Ed Student, Malayalam Optional
- 32. Vidhya.P.B, B.Ed Student, Malayalam Optional
- 33. Anjali Lis George, B.Ed Student, Mathematics Optional
- 34. Anjaly Rajan, B.Ed Student, Mathematics Optional
- 35. Ann Mary Jacob, B.Ed Student, Mathematics Optional
- 36. Anusha S., B.Ed Student, Mathematics Optional
- 37. Blessy K B, B.Ed Student, Mathematics Optional
- 38. Diya Sabu Malayil, B.Ed Student, Mathematics Optional
- 39. Donna Pinheiro, B.Ed Student, Mathematics Optional
- 40. Jincy George, B.Ed Student, Mathematics Optional
- 41. Lincy Joseph, B.Ed Student, Mathematics Optional
- 42. Reetha Jesma C G, B B.Ed Student, Mathematics Optional
- 43. Rinsana V Y, B.Ed Student, Mathematics Optional
- 44. Rugzana Hakkim, B.Ed Student, Mathematics Optional
- 45. Sanjuna Peter, B.Ed Student, Mathematics Optional



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Principal in College of Toolege.

St. Joseph College Women.

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- 46. Sharon Sebastian, B.Ed Student, Mathematics Optional
- 47. Sruthi G Pillai, B.Ed Student, Mathematics Optional
- 48. Varsha.M.A, B.Ed Student, Mathematics Optional
- 49. Adreenee Vimala M X, B.Ed Student, Natural Science Optional
- 50. Ancy V A, B.Ed Student, Natural Science Optional
- 51. Anju Sasidharan, B.Ed Student, Natural Science Optional
- 52. Annet Stephen, B.Ed Student, Natural Science Optional
- 53. Arandha. K.M., B.Ed Student, Natural Science Optional
- 54. Ciya Charly, B.Ed Student, Natural Science Optional
- 55. Deepthi Suresh, B.Ed Student, Natural Science Optional
- 56. Dincy.G.D, B.Ed Student, Natural Science Optional
- 57. Meenu Henry, B.Ed Student, Natural Science Optional
- 58. Nazli S, B.Ed Student, Natural Science Optional
- 59. Reshma Mary Zachariah, B.Ed Student, Natural Science Optional
- 60. Riby Baby, B.Ed Student, Natural Science Optional
- 61. Sneha Shajan, B.Ed Student, Natural Science Optional
- 62. Sreeshma J. Bose, B.Ed Student, Natural Science Optional
- 63. Thedies E J, B.Ed Student, Natural Science Optional
- 64. Vismaya George, B.Ed Student, Natural Science Optional
- 65. Sumitha Simon, B.Ed Student, Natural Science Optional
- 66. Amrutha Kuriappan, B.Ed Student, Physical Science Optional
- 67. Anila Mariya K Joy, B.Ed Student, Physical Science Optional
- 68. Anjaly Raphel, B.Ed Student, Physical Science Optional



Dr. Alice Jos ph

Dr. Alice Jos ph

Principal in Charge

Principal in Charge

Of Teacher

St. Joseph College of Teacher

Education for Women,

Ernakulam



- 69. Anju Sebastian, B.Ed Student, Physical Science Optional
- 70. Aparna K Babu, B.Ed Student, Physical Science Optional
- 71. Asha Maria Jose, B.Ed Student, Physical Science Optional
- 72. Bini Maria Baby, B.Ed Student, Physical Science Optional
- 73. Jeeshma K.J. B.Ed Student, Physical Science Optional
- 74. Maria Wilson, B.Ed Student, Physical Science Optional
- 75. Mariya Rose Johny, B.Ed Student, Physical Science Optional
- 76. Mariyanjaly Joseph, B.Ed Student, Physical Science Optional
- 77. Mary Maya Alexander, B.Ed Student, Physical Science Optional
- 78. Meenu R S, B.Ed Student, Physical Science Optional
- 79. Stephy Vaz, B.Ed Student, Physical Science Optional
- 80. Zeneeta Ann D'rose, B.Ed Student, Physical Science Optional
- 81. Sivapriya T M, B.Ed Student, Physical Science Optional
- 82. Aleesha Antony, B.Ed Student, Social Science Optional
- 83. Amrutha U S, B.Ed Student, Social Science Optional
- 84. Anciamma Antony, B.Ed Student, Social Science Optional
- 85. Anjaly A. K., B.Ed Student, Social Science Optional
- 86. Arya Thyagarajan, B.Ed Student, Social Science Optional
- 87. Chris Monic Xavier, B.Ed Student, Social Science Optional
- 88. Greeshma K. M., B.Ed Student, Social Science Optional
- 89. Jasmine.P.P, B.Ed Student, Social Science Optional
- 90. Lancy Lazar, B.Ed Student, Social Science Optional
- 91. Maria Theresa, B.Ed Student, Social Science Optional





- 92. Neethu Jose, B.Ed Student, Social Science Optional
- 93. Renjana Thampy, B.Ed Student, Social Science Optional
- 94. Rincy K A, B.Ed Student, Social Science Optional
- 95. Rubitha Basheer, B.Ed Student, Social Science Optional
- 96. Sherin Samuel, B.Ed Student, Social Science Optional
- 97. Sona Sain, B.Ed Student, Social Science Optional





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# Outreach Programme for Protecting Mangalavanam and Collection of Plastic Bottles from there

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum.

The college conducts various programmes and activities that promote eco-friendly practices. As part of promoting eco-friendly practices among student teachers, St. Joseph College of Teacher Education for Women, Ernakulam organized a visit to Mangalavanam Bird Sanctuary which is an ecologically sensitive area that is located at the centre of the city of Kochi in Kerala. The visit was organized by the college for the second year B. Ed student teachers on 13<sup>th</sup> February 2019. The visit could enhance the knowledge of student teachers regarding ecology. The students also collected plastic bottles dumped on the roadsides as part of protecting the environment and keeping the environment clean. The activity helped the students in developing eco consciousness and a sense of responsibility to guard nature. A total of 33, second year B.Ed. student teachers (2017-2019 batch) of St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.



Dr. Alice Joseph

Dr. Alice Joseph

Principal in Charge

Principal in Charge

St. Joseph College of Teacher

Education for Women,

Education for Women,



St. Joseph College of Teacher Education for Women, Ernakulam

VISIT TO MANGALAVANAM, KOCHI AND COLLECTION OF PLASTIC BOTTLES FROM ROADSIDE



Second Year B. Ed Students (2017–2019 Batch)

Date: 13th February 2019







Dr. Alice Joseph

Principal in Charge

Principal in



### List of Students Participants

- 1. Adreenee Vimala M X, B.Ed Student, Natural Science Optional
- 2. Ancy V A, B.Ed Student, Natural Science Optional
- 3. Anju Sasidharan, B.Ed Student, Natural Science Optional
- 4. Annet Stephen, B.Ed Student, Natural Science Optional
- 5. Arandha. K.M., B.Ed Student, Natural Science Optional
- 6. Ciya Charly, B.Ed Student, Natural Science Optional
- 7. Deepthi Suresh, B.Ed Student, Natural Science Optional
- 8. Dincy.G.D, B.Ed Student, Natural Science Optional
- 9. Meenu Henry, B.Ed Student, Natural Science Optional
- 10. Nazli S, B.Ed Student, Natural Science Optional
- 11. Reshma Mary Zachariah, B.Ed Student, Natural Science Optional
- 12. Riby Baby, B.Ed Student, Natural Science Optional
- 13. Sneha Shajan, B.Ed Student, Natural Science Optional
- 14. Sreeshma J. Bose, B.Ed Student, Natural Science Optional
- 15. Thedies E J, B.Ed Student, Natural Science Optional
- 16. Vismaya George, B.Ed Student, Natural Science Optional
- 17. Sumitha Simon, B.Ed Student, Natural Science Optional
- 18. Amrutha Kuriappan, B.Ed Student, Physical Science Optional
- 19. Anila Mariya K Joy, B.Ed Student, Physical Science Optional
- 20. Anjaly Raphel, B.Ed Student, Physical Science Optional
- 21. Anju Sebastian, B.Ed Student, Physical Science Optional
- 22. Aparna K Babu, B.Ed Student, Physical Science Optional



Dr. Joseph Course Women,
St. Joseph Course Women,
Education for Women



- 23. Asha Maria Jose, B.Ed Student, Physical Science Optional
- 24. Bini Maria Baby, B.Ed Student, Physical Science Optional
- 25. Jeeshma K.J. B.Ed Student, Physical Science Optional
- 26. Maria Wilson, B.Ed Student, Physical Science Optional
- 27. Mariya Rose Johny, B.Ed Student, Physical Science Optional
- 28. Mariyanjaly Joseph, B.Ed Student, Physical Science Optional
- 29. Mary Maya Alexander, B.Ed Student, Physical Science Optional
- 30. Meenu R S, B.Ed Student, Physical Science Optional
- 31. Stephy Vaz, B.Ed Student, Physical Science Optional
- 32. Zeneeta Ann D'rose, B.Ed Student, Physical Science Optional
- 33. Sivapriya T M, B.Ed Student, Physical Science Optional





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# Outreach Programme: Collection of Plastic Bottles from Road side along Police Headquarters, Menaka Junction.

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum.

The college conducts various programmes and activities that promote eco-friendly practices. As part of promoting eco-friendly practices among student teachers, St. Joseph College of Teacher Education for Women, Ernakulam organized a visit to different areas at the centre of the city of Kochi in Kerala. The visit was organized by the college for the second year B. Ed student teachers on 13<sup>th</sup> February 2019. The visit could enhance the knowledge of student teachers regarding ecology. The students also collected plastic bottles dumped on the roadsides as part of protecting the environment and keeping the environment clean. They then brough these to the campus and gave them for recycling. The activity helped the students in developing eco consciousness and a sense of responsibility to guard nature. A total of 32, second year B.Ed. student teachers (2017-2019 batch) of St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.



Dr. Alice Joseph
Dr. Alice Joseph
Principal in Charge
Principal in Charge
St. Joseph College Women,
Education for Women,
Education for Backulam







Dr. Alice Joseph

Dr. Alice Joseph

Principal in Charge

Principal in Ch





## List of Students Participants

- 1. Amrutha Joy, B.Ed Student, English Optional
- 2. Aneeta James, B.Ed Student, English Optional
- 3. Anju John, B.Ed Student, English Optional
- 4. Arya S P, B.Ed Student, English Optional
- 5. Bilby Thomas, B.Ed Student, English Optional
- 6. Della. C.S, B.Ed Student, English Optional
- 7. Ema Maria Mannaly, B.Ed Student, English Optional
- 8. Geethu Elias, B.Ed Student, English Optional
- 9. Harsha. R, B.Ed Student, English Optional
- 10. Jinu Rose E V, B.Ed Student, English Optional
- 11. M R Rekha Lakshmi, B.Ed Student, English Optional
- 12. Maria Jeena Sebastian, B.Ed Student, English Optional
- 13. Merin C T, B.Ed Student, English Optional
- 14. Minu Basil, B.Ed Student, English Optional
- 15. Neena Antony, B.Ed Student, English Optional
- 16. Princy K.P., B.Ed Student, English Optional
- 17. Rose Mary Mathew, B.Ed Student, English Optional



Dr. Alice Jo eph

Dr. Alice Jo eph

Principal in Charge

Principal in Charge

Principal in Charge

St. Joseph College of Teacher

Education for Women,

Education for Women,



- 18. Swathi O A, B.Ed Student, English Optional
- 19. Akhila Baby M, B.Ed Student, Malayalam Optional
- 20. Anu George, B.Ed Student, Malayalam Optional
- 21. Athira P N, B.Ed Student, Malayalam Optional
- 22. Dilshana M Ismail, B.Ed Student, Malayalam Optional
- 23. Jeffeena Grace. T.J, B.Ed Student, Malayalam Optional
- 24. Jomol Jose, B.Ed Student, Malayalam Optional
- 25. Mary Anjaly Vaz, B.Ed Student, Malayalam Optional
- 26. Meenu M S, B.Ed Student, Malayalam Optional
- 27. Najeena N., B.Ed Student, Malayalam Optional
- 28. Neethu Babu, B.Ed Student, Malayalam Optional
- 29. Sagara S, B.Ed Student, Malayalam Optional
- 30. Sreekutty M P, B.Ed Student, Malayalam Optional
- 31. Veena Thampy, B.Ed Student, Malayalam Optional
- 32. Vidhya.P.B, B.Ed Student, Malayalam Optional





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# Outreach Programme: Collection of Plastic Bottles from Road side along Marine Drive Kochi

St. Joseph College of Teacher Education for Women, Ernakulam always strived to arrange activities with a focus on improving the quality of future teachers and for nurturing responsible teachers with competence, commitment, and values. Bridge courses, tutorial sessions and reflective practices were incorporated into the normal schedule of the curriculum.

The college conducts various programmes and activities that promote eco-friendly practices. As part of promoting eco-friendly practices among student teachers, St. Joseph College of Teacher Education for Women, Ernakulam organized a visit to different areas at the centre of the city of Kochi in Kerala. The visit was organized by the college for the second year B. Ed student teachers on 13<sup>th</sup> February 2019. The visit could enhance the knowledge of student teachers regarding ecology. The students also collected plastic bottles dumped on the roadsides of Marine Drive, Kochi, as part of protecting the environment and keeping the environment clean. They then brought these to the campus and gave them for recycling. The activity helped the students in developing eco consciousness and a sense of responsibility to guard nature. A total of 33, second year B.Ed. student teachers (2017-2019 batch) of St. Joseph College of Teacher Education for Women, Ernakulam participated in the activity.



Dr. Alce Joseph

Dr. Alce Joseph

Principal in of reacher

Principal in for women,

St. Joseph College Women,

Education for Women,







List of Student teachers who participated in the outreach programme at Marine Drive Kochi.

- 1. Anjali Lis George, B.Ed Student, Mathematics Optional
- 2. Anjaly Rajan, B.Ed Student, Mathematics Optional
- 3. Ann Mary Jacob, B.Ed Student, Mathematics Optional
- 4. Anusha S., B.Ed Student, Mathematics Optional
- 5. Blessy K B, B.Ed Student, Mathematics Optional
- 6. Diya Sabu Malayil, B.Ed Student, Mathematics Optional
- 7. Donna Pinheiro, B.Ed Student, Mathematics Optional
- 8. Jincy George, B.Ed Student, Mathematics Optional
- 9. Lincy Joseph, B.Ed Student, Mathematics Optional
- 10. Reetha Jesma C G, B B.Ed Student, Mathematics Optional
- 11. Rinsana V Y, B.Ed Student, Mathematics Optional
- 12. Rugzana Hakkim, B.Ed Student, Mathematics Optional



Dr. Alice Joseph

Dr. Alice Joseph

Charge

Principal in Charge

Principal in Charge

Principal in Charge

Principal in Charge

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- 13. Sanjuna Peter, B.Ed Student, Mathematics Optional
- 14. Sharon Sebastian, B.Ed Student, Mathematics Optional
- 15. Sruthi G Pillai, B.Ed Student, Mathematics Optional
- 16. Varsha.M.A, B.Ed Student, Mathematics Optional
- 17. Aleesha Antony, B.Ed Student, Social Science Optional
- 18. Amrutha U S, B.Ed Student, Social Science Optional
- 19. Anciamma Antony, B.Ed Student, Social Science Optional
- 20. Anjaly A. K., B.Ed Student, Social Science Optional
- 21. Arya Thyagarajan, B.Ed Student, Social Science Optional
- 22. Chris Monic Xavier, B.Ed Student, Social Science Optional
- 23. Greeshma K M, B.Ed Student, Social Science Optional
- 24. Jasmine.P.P, B.Ed Student, Social Science Optional
- 25. Lancy Lazar, B.Ed Student, Social Science Optional
- 26. Maria Theresa, B.Ed Student, Social Science Optional
- 27. Neethu Jose, B.Ed Student, Social Science Optional
- 28. Renjana Thampy, B.Ed Student, Social Science Optional
- 29. Rincy K A, B.Ed Student, Social Science Optional
- 30. Rubitha Basheer, B.Ed Student, Social Science Optional
- 31. Sherin Samuel, B.Ed Student, Social Science Optional
- 32. Sona Sain, B.Ed Student, Social Science Optional
- 33. Stella Mary, B.Ed Student, Social Science Optional



Education for Women,



Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala (Affiliated to Mahatma Gandhi University, Kottayam)

# Outreach Programme at Govt. Childrens Home, Kakkanad Under CWC, Govt. of Kerala.

## Free tuition and Summer Course for the Inmates

#### Introduction:

In furtherance of our commitment to community engagement and social responsibility, St. Joseph College of Teacher Education for Women organized a summer course for the inmates of the Government Children's Home in Kakkanad. This initiative was aimed at extending educational and developmental opportunities to underprivileged children and fostering a sense of empathy among our student teachers.

#### **Dates and Participants:**

The summer course took place from 2nd April 2019 to 16th April 2019. A total of 67 student teachers and 11 faculty members from our college actively participated in this outreach activity.

#### Curriculum:

The curriculum of the summer course was thoughtfully designed to provide holistic development for the children. It included the following components:

Communicative English: A comprehensive course in English language skills to improve the children's communication abilities, ensuring they have a valuable skill for the future.

Value Education Classes: Lessons in ethics, morals, and values to instill a strong sense of character and responsibility in the young minds.

Yoga Practice: Yoga sessions were conducted to promote physical fitness, mental well-being, and stress management.

Personality Development Classes: These classes aimed to enhance the children's confidence, self-esteem, and interpersonal skills.



Dr. Alice Joseph

Dr. Alice Joseph

Charge

Principal in Charge

Principal in Charge

St. Joseph College of Teacher

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Cultural Activities: Creative and cultural activities, including arts and crafts, music, and dance, were organized to stimulate the children's creativity and provide a platform for self-expression.

Basic School Subjects: Fundamental lessons in various school subjects were provided to support their academic growth.

Value-Integrated Lessons: To ensure that values and ethics were ingrained in every aspect of their learning experience.

Games and Recreation: Organized games and recreational activities were incorporated to encourage physical fitness and teamwork.

#### Impact:

This outreach activity had a profound impact, not only on the children at the Government Children's Home but also on our student teachers. It facilitated the development of empathetic skills among our student teachers as they actively engaged with and supported the needs of these neglected children.

The children at the Government Children's Home, Kakkanad, had the opportunity to learn and grow in a nurturing environment, gaining valuable life skills and knowledge. Our student teachers, in turn, were motivated to reach out to the underprivileged and discovered the importance of empathy and compassion in the teaching profession.

#### Conclusion:

The summer course organized by St. Joseph College of Teacher Education for Women at the Government Children's Home, Kakkanad, was a resounding success. It not only enriched the lives of the underprivileged children but also served as a profound learning experience for our student teachers, reinforcing our commitment to community outreach and fostering empathy in the teaching profession. We look forward to more such initiatives in the future as we continue to make a positive impact on society through education.



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St. Joseph College of Teacher Education for Women, Ernakulan

EXTENSION ACTIVITY

HOPE 2019

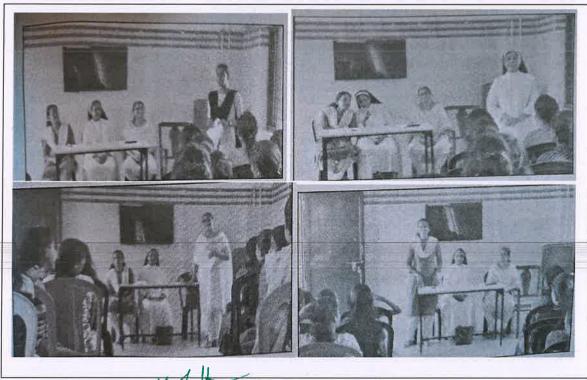
A Summer Course initiative for the inmates of Government Children's Home, Kakkanad

#### Course content:

- · Communicative English
- Value Education Classes
- Yoga Practice
- Personality Development Classes
- · Cultural Activities

Date: 2nd April 2019 -16th April 2019

## **Appendix- Photos**





Dr. Alca Joseph Dr. Alca Joseph Principal in Charge Principal in College Women, Principal College Women,

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### List of student teachers who participated in the outreach programme

- 1. Anjala Sherin, B.Ed. Student, Malayalam Optional
- 2. Anu Joseph, B.Ed. Student, Malayalam Optional
- 3. Ashna Finlay, B.Ed. Student, Malayalam Optional
- 4. Athira Sivaprasad, B.Ed. Student, Malayalam Optional
- 5. Bincy Eldose, B.Ed. Student, Malayalam Optional
- 6. Blessy Baby, B.Ed. Student, Malayalam Optional
- 7. Neenu Sara, B.Ed. Student, Malayalam Optional
- 8. Neeraja Ps, B.Ed. Student, Malayalam Optional
- 9. Selna Joseph, B.Ed. Student, Malayalam Optional
- 10. Lisinta Sivan, B.Ed. Student, Natural Science Optional
- 11. Blessy Treasa, B.Ed. Student, Natural Science Optional
- 12. Sruthymol A.S., B.Ed. Student, Natural Science Optional
- 13. Anumol M.G., B.Ed. Student, Natural Science Optional
- 14. Jiji M.Y., B.Ed. Student, Natural Science Optional
- 15. Jincy Joseph, B.Ed. Student, Natural Science Optional
- 16. Anjitha Peter, B.Ed. Student, Natural Science Optional
- 17. Savitha Sajan, B.Ed. Student, Natural Science Optional
- 18. Sari M.S., B.Ed. Student, Natural Science Optional
- 19. Nayana Johnson, B.Ed. Student, Natural Science Optional
- 20. Catherine Akhina, B.Ed. Student, Social Science Optional
- 21. Alvina, B.Ed. Student, Social Science Optional
- 22. Shahana, B.Ed. Student, Social Science Optional
- 23. Jaimol, B.Ed. Student, Social Science Optional
- 24. Greshma, B.Ed. Student, Social Science Optional
- 25. Dhanalakshmi, B.Ed. Student, Social Science Optional
- 26. Praveena, B.Ed. Student, Social Science Optional
- 27. Nimisha, B.Ed. Student, Social Science Optional
- 28. Najuma, B.Ed. Student, Social Science Optional
- 29. Anjaly Davis, B.Ed. Student, Physical Science Optional



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- 30. Anna Francis, B.Ed. Student, Physical Science Optional
- 31. Anna Peter, B.Ed. Student, Physical Science Optional
- 32. Beaula Johnson, B.Ed. Student, Physical Science Optional
- 33. Josena Joseph, B.Ed. Student, Physical Science Optional
- 34. Kripa Maria Tomy, B.Ed. Student, Physical Science Optional
- 35. Seethal Xavier, B.Ed. Student, Physical Science Optional
- 36. Shilpa C Baiju, B.Ed. Student, Physical Science Optional
- 37. Hyna V Edwin, B.Ed. Student, Physical Science Optional
- 38. Jithu Traisy Jelin, B.Ed. Student, Physical Science Optional
- 39. Jithiya Sabu K.G., B.Ed. Student, Physical Science Optional
- 40. Prabhitha K.B, B.Ed. Student, Physical Science Optional
- 41. Tomsy Thomas, B.Ed. Student, Physical Science Optional
- 42. Anjaly I M, B.Ed. Student, Mathematics Optional
- 43. Anjitha Ramesan, B.Ed. Student, Mathematics Optional
- 44. Ansina P A, B.Ed. Student, Mathematics Optional
- 45. Anusha Babu, B.Ed. Student, Mathematics Optional
- 46. Aparna Sanjay, B.Ed. Student, Mathematics Optional
- 47. Deyana K E, B.Ed. Student, Mathematics Optional
- 48. Elizabeth Xavier Fernandez, B.Ed. Student, Mathematics Optional
- 49. Elsa Joy, B.Ed. Student, Mathematics Optional
- 50. Hariyat N L, B.Ed. Student, Mathematics Optional
- 51. Jean Rocha, B.Ed. Student, Mathematics Optional
- 52. Kavya V Sathyan, B.Ed. Student, Mathematics Optional
- 53. Merin J Kaniyarakam, B.Ed. Student, Mathematics Optional
- 54. Rosmin Joseph, B.Ed. Student, Mathematics Optional
- 55. Sajana Jaison, B.Ed. Student, Mathematics Optional
- 56. Shanty Rose Sebastian, B.Ed. Student, Mathematics Optional
- 57. Sona Varghese, B.Ed. Student, Mathematics Optional
- 58. Vithya.A, B.Ed. Student, Mathematics Optional
- 59. Aarya Xavier, B.Ed. Student, English Optional
- 60. Chandni Babu, B.Ed. Student, English Optional





- 61. Christeena A J, B.Ed. Student, English Optional Jinu Jose
- 62. Minnu George , B.Ed. Student, English Optional
- 63. Neethima K N, B.Ed. Student, English Optional
- 64. Niveditha U M, B.Ed. Student, English Optional
- 65. Ritu Jose, B.Ed. Student, English Optional
- 66. Roshni Celin, B.Ed. Student, English Optional
- 67. Sandra Johny, B.Ed. Student, English Optional

