



St. Joseph College of Teacher Education for Women Ernakulam



Criterion III- Research and Outreach Activities

3.3.1: Report of Each Outreach Activity Organized by the Institution In The Year 2020-2021

Submitted to

**National Assessment and Accreditation Council (NAAC)
3rd Cycle of Assessment**



ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Webinar on 'Addiction to Life, Not to Drugs', 2020

Name of the Event	'Addiction to Life, Not to Drugs', 2020
Objectives	<ol style="list-style-type: none">1. To spread social awareness regarding the harmful use of drugs2. To prevent students from using a variety of drugs including legal and illegal ones3. To help students get equipped with knowledge which will help them prevent drug abuse in their community
Details of event coordinators	Anti-narcotic club St. Joseph College of Teacher Education for Women Ernakulam
Details of Resource Person	Shri. K. Ganeshan Resource person, 'Vimukthi', Excise Department, Ponnani
Date	26/06/2020
Time	7.00 PM to 8.30 PM
Duration	1 hour
Beneficiaries	Student teachers (St. Joseph College of Teacher Education for Women, Ernakulam)- 60, Faculty (St. Joseph College of Teacher Education for Women, Ernakulam)- 3, student teachers (from other educational Institutions)- 37
Platform	Google Meet
Meet Link	https://meet.google.com/hut-soyw-wum

Alice Joseph
Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
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Webinar on 'Addiction to Life, Not to Drugs', 2020

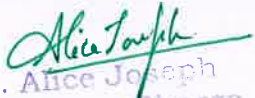
Programme Report

The Anti-Narcotic club of St Joseph College of Teacher Education for Women, Ernakulam under their initiative 'Jagaran', conducted a webinar on 'Addiction to Life, Not to Drugs' on 26th June 2020 from 7.00 PM to 8.30 PM, as part of observing the International Day against Drug Abuse and Illicit Trafficking. The resource person for the webinar was Shri. K Ganeshan, resource person associated with 'Vimukthi' mission, Excise department, Ponnani. The welcome address for the programme was given by Dr. Alice Joseph, the Principal of St Joseph College of Teacher Education for Women. The programme was coordinated by Mrs. Smitha Jose, assistant professor and Ms. Anju P Tomy, Anti-Narcotic club member at St Joseph College of Teacher Education for Women. The Anti-Narcotic club members, Ms. Naina N. T, Ms. M. Renuka and Ms. Salma Shereef were also the coordinators of the one day webinar programme. The webinar was attended by a total of 100 participants who included representatives from different colleges, including, School of Pedagogical Sciences, Kannur University; College of Teacher Education, Muvattupuzha; St. Thomas College of Teacher Education, Pala along with student teachers from St Joseph College of Teacher Education for Women, Ernakulam. The session was conducted via Google meet, an online platform. The whole session turned out to be informative.

Content of the webinar:

- ✚ Evil effects of drugs and motivational session for students in preventing drug abuse
- ✚ Impact of drug abuse on individuals and society at large
- ✚ Real life experiences

Shri. K Ganeshan, being a resource person associated with 'Vimukthi' (Anti-Narcotics campaign launched by the Government of Kerala to create awareness among the people especially youth and aims at eradicating all sorts of narcotic drugs from Kerala), shared


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real life experiences regarding drug abuse which he had encountered in his work life which were real eye openers for the students. The resource person also provided the students with knowledge eliciting information regarding the evil effects of drugs and the impact of drug and its abuse on individuals, families and society at large. The negative consequences of drug abuse not only affects the individuals who abuse drugs, but also their families and friends and the society in which they live in. The detrimental consequences of drug abuse can be mild to severe and can be both physical and mental. Drugs can affect a person's mind and body and can cause impairments in an individuals' personal, occupational, marital and other important areas of functioning. When an individual's functioning is impaired, it leads to reduced productivity and thereby negatively affecting the nation's economy and health status. The resource person actively encouraged the students to pursue their ambitions and embrace life rather than drugs while encouraging them to abstain from drugs to have a brighter future and lead a successful and fuller life.

The online webinar on 'Addiction to Life, Not to Drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking helped the student teachers to have following key take aways:

- Knowledge regarding drugs and its ill effects
- Increased prevention-related drug knowledge and resistance skills
- Sensitization on drug abuse and equipping students to prevent substance in their own community
- Importance of leading a drug free life and to have a brighter and successful future

The webinar winded up at 8.30 pm with the vote of thanks proposed by Ms. Granes P Joshy, one of the Anti-Narcotics club Members at St Joseph College of Teacher Education for Women, Ernakulam.




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Webinar on 'Addiction to Life, Not to Drugs', 2020

Photo Gallery

JAGARAN (ANTI-NARCOTIC CLUB)

ANTI-NARCOTIC CLUB OF ST. JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN, ERNAKULAM is organizing a Webinar on **"ADDICTION TO LIFE, NOT TO DRUGS"**

Resource Person

Date - 26/06/2020
7.00 PM - 8.30 PM

Shri. K. Ganeshan
'VIMUKTHI' Resource Person
Excise Department, Ponnani

Welcome Address	Program Co-ordinator & Co-Host	Program Host	Vote of Thanks
Dr. Sr. Alice Joseph Principal	Mrs. Smitha Jose Assistant Professor Teacher-in-charge	Ms. Anju P. Tomy Club Member	Ms. Granes P. Joshy Club Member

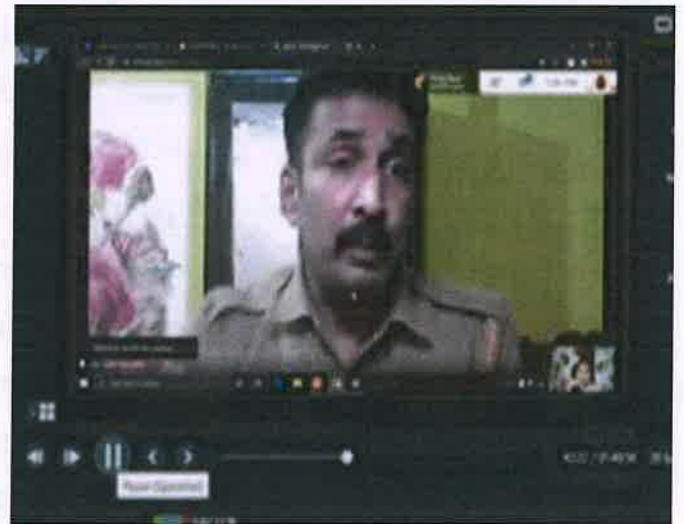
PROGRAM CO-ORDINATORS

Ms. Naina N. T. Club Leader	Ms. M Renuka Club Member	Ms. Selma Shereef Club Member

For more details contact:
94959 21362, 77368 29671
80690 62571
stopdrugsvivale@gmail.com

Join us on

Google Meet



Shri. K Ganeshan resource person associated with 'Vimukthi' mission, Excise department, Ponnani carrying out the webinar session on 'Addiction to life, not to drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking, 2020 by St. Joseph College of Teacher Education for Women, Ernakulam

Brochure for the webinar on 'Addiction to life, not to drugs' conducted as part of International Day against Drug Abuse and Illicit Trafficking, 2020 by St. Joseph College of Teacher Education for Women, Ernakulam



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Webinar on 'Addiction to Life, Not to Drugs', 2020

Programme Details

Name of the Event	Webinar on 'Addiction to Life, Not to Drugs', 2020
Date	26/06/2020
Time	7.00 PM to 8.30 PM
Duration	1 hour
Beneficiaries	Student teachers (St. Joseph College of Teacher Education for Women, Ernakulam)- 60, Faculty (St. Joseph College of Teacher Education for Women, Ernakulam)- 3, student teachers (from other educational Institutions)- 37
Platform	Google Meet
Meet Link	https://meet.google.com/hut-soyw-wum

List of Participants

Faculty members' list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)

Students' list:

Sl. No	Name	Batch
1	Amrutha S V	2019-2021 batch (B Ed. Social Science)
2	Anjaly M B	2019-2021 batch (B Ed. Social Science)
3	Anjana K M	2019-2021 batch (B Ed. Social Science)
4	Anju P Tomy	2019-2021 batch (B Ed. Social Science)



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5	Annaet O J	2019-2021 batch (B Ed. Social Science)
6	Aswathy Peter	2019-2021 batch (B Ed. Social Science)
7	Bilby Babu	2019-2021 batch (B Ed. Social Science)
8	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
9	Dona Garvasis	2019-2021 batch (B Ed. Social Science)
10	Faseela U S	2019-2021 batch (B Ed. Social Science)
11	Fousiya K N	2019-2021 batch (B Ed. Social Science)
12	Gopika Rajagopal	2019-2021 batch (B Ed. Social Science)
13	Granes P Joshy	2019-2021 batch (B Ed. Social Science)
14	Lincy B J	2019-2021 batch (B Ed. Social Science)
15	M Renuka	2019-2021 batch (B Ed. Social Science)
16	Naina N T	2019-2021 batch (B Ed. Social Science)
17	Salma Shereef	2019-2021 batch (B Ed. Social Science)
18	Sujitha Jose	2019-2021 batch (B Ed. Social Science)
19	Amala Anna Thomas	2019-2021 batch (B Ed. English)
20	Amreetha S James	2019-2021 batch (B Ed. English)
21	Annu Jose	2019-2021 batch (B Ed. English)
22	Anu Thomas	2019-2021 batch (B Ed. English)
23	Anusree Venu	2019-2021 batch (B Ed. English)
24	Devika S	2019-2021 batch (B Ed. English)
25	Hridya Joly	2019-2021 batch (B Ed. English)
26	Jefin Job	2019-2021 batch (B Ed. English)
27	Jyothis K Devasia	2019-2021 batch (B Ed. English)
28	Keerthana Krishnan	2019-2021 batch (B Ed. English)
29	Nandita B Shenoy	2019-2021 batch (B Ed. English)
30	Neethu Peter	2019-2021 batch (B Ed. English)
31	Preetha T P (Blind)	2019-2021 batch (B Ed. English)
32	Reshma C Ratheesh	2019-2021 batch (B Ed. English)



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33	Sandra P K	2019-2021 batch (B Ed. English)
34	Sara Stephen	2019-2021 batch (B Ed. English)
35	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
36	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
37	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
38	Anu Maria K J	2019-2021 batch (B Ed. Natural Science)
39	Christy P P	2019-2021 batch (B Ed. Natural Science)
40	Deepthi George	2019-2021 batch (B Ed. Natural Science)
41	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
42	Gretta James	2019-2021 batch (B Ed. Natural Science)
43	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
44	Mary Rilul Arooja	2019-2021 batch (B Ed. Natural Science)
45	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
46	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
47	Reshma P P	2019-2021 batch (B Ed. Natural Science)
48	Dhanalekshmi T D	2019-2021 batch (B Ed. Social Science)
49	Greshma Rose	2019-2021 batch (B Ed. Social Science)
50	Jaimol O B	2019-2021 batch (B Ed. Social Science)
51	Kavya .K.M	2018-2020 batch (B Ed. Social Science)
52	Maria Carmel M.F	2018-2020 batch (B Ed. Social Science)
53	Najuma K.S	2018-2020 batch (B Ed. Social Science)
54	Nimisha P U	2018-2020 batch (B Ed. Social Science)
55	Nimmi M D	2018-2020 batch (B Ed. Social Science)
56	Praveena.K.P	2018-2020 batch (B Ed. Social Science)
57	Saniya Rose K M	2018-2020 batch (B Ed. Social Science)
58	Sayana Ramachandran E	2018-2020 batch (B Ed. Social Science)
59	Shahana P S	2018-2020 batch (B Ed. Social Science)
60	Sibil Prasad	2018-2020 batch (B Ed. Social Science)



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List of other education institutions participated:

SL.NO.	NAME OF THE INSTITUTION	TOTAL NUMBER OF STUDENTS PARTICIPATED
1	School of Pedagogical Sciences, Kannur University	37
2	College of Teacher Education, Muvattupuzha	
3	St. Thomas College of Teacher Education, Pala	

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'Saisei 2020' - Hiroshima-Nagasaki Day

Name of the Event	'Saisei 2020'- Hiroshima-Nagasaki Day
Objectives	<ol style="list-style-type: none">1. To commemorate the atomic bombing incident took place in Hiroshima and Nagasaki in Japan in 19452. To remind the world about the suffering and agony of the victims of the atomic bombing incidents took place in Japan in 19453. To honour the victims who lost their lives as a result of the atomic bombing in Hiroshima and Nagasaki4. To generate awareness regarding the deadly and devastating impacts of nuclear bombs5. To promote student teachers' talents and enhance their knowledge and skills through various competitions based on the theme of Hiroshima-Nagasaki incident
Details of Event Coordinators	Student teachers and Faculty members Physical Science optional St. Joseph College of Teacher Education for Women, Ernakulam
Date	10/08/2020
Time	3.00 PM - 3.30 PM
Duration	30 minutes
Beneficiaries	Student teachers- 129, Faculty- 11
Platforms	Google Meet, YouTube
Meet Link	https://meet.google.com/jyh-opdg-txn https://youtu.be/bSDIY1uZqSY


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'Saisei 2020' - Hiroshima-Nagasaki Day

Programme Report

Every year, it is commemorated as Hiroshima day and Nagasaki day on 6th and 9th of August respectively across the world. These days reminds people of the atomic bombing tragedy took place in Hiroshima and Nagasaki in Japan in 1945 during Second World War. The atomic bombs dropped both at Hiroshima and Nagasaki killed many people and lead many others to suffer from cancers and other sicknesses due to the high nuclear radiation and some population were left with fatal injuries. The Hiroshima and Nagasaki day are observed with an aim to raise awareness regarding the devastating impact of nuclear weapons and to prevent further tragedy and deaths caused by nuclear weapons. The Hiroshima and Nagasaki days is also observed as an opportunity to pay tribute to and honour the victims and the survivors of the atomic bombing tragedy. The year 2020 marked the 75th anniversary of the tragic incident that shook Japan in 1945.

St. Joseph College of Teacher Education for Women, Ernakulam observed Hiroshima-Nagasaki Day, 'Saisei 2020' On 10th August 2020 from 3.00 PM to 3.30 PM via online platforms including Google meet and YouTube. The whole event was organized and coordinated by faculty members and student teachers of Physical Science optional. The event aimed at generating awareness regarding the deadly and devastating impacts of nuclear bombs and to commemorate the Hiroshima and Nagasaki atomic bomb incidents took place in 1945 and to honour the survivors and the victims of the bombing. Even though, St. Joseph College of Teacher Education for Women, Ernakulam observed the Hiroshima-Nagasaki Day on 10th of August 2020, the observatory activities and competitions were conducted on 8th and 9th of August 2020. All student teachers and faculty members participated in the event.

The event, 'Saisei 2020' started exactly at 3.00 PM via Google Meet and live on YouTube. The emcee for the event was performed by Ms. Rosemary Sebastian, student teacher from Physical Science optional. Ms. Rosemary Sebastian officially welcomed all of the participants to the event. The event started with a small video presentation on the journey of St. Joseph College of Teacher Education for Women, Ernakulam in observing Hiroshima-Nagasaki Remembrance day prepared by Ms. Livi George, student teacher from Physical Science optional. The video also covered the competitions conducted as a predecessor to the event 'Saisei 2020'. The competitions were conducted at intercollegiate level. The key competitions conducted as part of Hiroshima- Nagasaki day were:


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- ✦ Memoir writing competition
- ✦ Caption writing competition
- ✦ Poster making competition
- ✦ Cartoon making competition

Memoir writing and caption writing competitions were conducted on 8th August 2020 and poster making and cartoon making competitions were conducted at 9th August 2020. The 'Phoenix of Hiroshima' was the theme for memoir writing competition. The theme for poster making competition was 'Peace on Earth'. 'Upon the Wings of Peace' was the theme set for cartoon making competition. Student teachers from various colleges and universities actively participated in the competitions. All the information regarding the competitions were shared via whatsapp, an online platform.

The video presentation was succeeded by the presidential address. The presidential address for the event was delivered by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Alice Joseph elucidated that an individual's talent is unique and is set apart from knowledge. She added that every talent is a gift coming down from the almighty, the father of heavenly lights. She enunciated that the holy Bible spells out that all individuals are born with distinct talents that set each individual unique one from the other. And when one discovers his talents that god has gifted him with and use them to glorify him, he or she experiences a fuller life. She reminded all of the student teachers who participated in the event to stand up for the peace and goodness of the community. Dr. Alice Joseph congratulated all the student teachers who took part in various competitions as part of 'Sasei 2020'. After the main address, she announced the winners for the competitions conducted as part of Hiroshima-Nagasaki day, 2020.

The first prize for the caption writing competition was secured by Ms. Gopika K Nair, student teacher from Auxilium College of Education, Angamaly. The second prize for the competition was secured by Ms. Reshma Surendran, student teacher from Hill Valley College of Education, Thrikkakara and the third prize was secured by Ms. Soumya Simon, student teacher from Mangalam College of Education, Ettumanoor. For poster making competition, the first prize was secured by Ms. Suresh Kumar K, student teacher from St. Joseph's Training College, Mannanam. The second prize for the competition was secured by Ms. Kavyapriya B, student teacher from Mount Carmel College of Teacher Education for Women, Kottayam and the third prize was secured by Ms. Aneeja Antony, student teacher from SNM Training College, Moothakunnam. The first prize for memoir writing competition was secured by Ms. Anusree Venu, student teacher from St. Joseph College of Teacher Education for Women, Ernakulam. The second prize for the memoir writing competition was secured by Ms. Sheeba S Rosemary, student teacher from College of Teacher Education, Paipad and the third



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prize was secured by Ms. Krishnapriya K.P, student teacher from Hill Valley College of Education, Thrikkakara. For cartoon making competition, the first prize was secured by Ms. Kavyapriya B, student

teacher from Mount Carmel College of Teacher Education for Women, Kottayam. The second prize for the competition was secured by Ms. Meenu Paul, student teacher from Auxilium College of Education, Angamaly and the third prize was secured by Ms. Hiba Shamili, National College for Teacher Education, Perumbavoor in Ernakulam. Dr. Alice Joseph appreciated all the student teachers who participated and won the competitions and also appreciated Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam for organizing and coordinating the event successfully. All of the participants were provided with e-certificates.

The presidential address by the Principal was succeeded by a video presentation by Ms. Livi George, student teacher from Physical Science optional which took all the participants to have a glimpse into the historical moments of Hiroshima-Nagasaki incidents. The video briefly reminded all of the viewers about the black days of 1945 in Hiroshima and Nagasaki that shook the humanity of the world. It was on 6th August 1945, the world's first atomic bomb namely 'Little Boy' was dropped in Hiroshima. Three days apart the 'Little Boy' attack, America dropped more powerful and complex atomic bomb 'Fat Man' on 9th August 1945 in the Japanese city, Nagasaki. Both the atomic bombings instantly killed a large population of these Japanese cities and left many of them to suffer from fatal injuries and other chronic illnesses due to the high radiation energy. And with that, Japan officially surrendered the war and thus the Second World War came to an end. The United States Government programme, the 'Manhattan Project' built these atomic bombs during World War II.

After the video presentation, a quiz competition was conducted as part of the event, 'Saisei 2020' via the app 'Kahoot!'. The link for the quiz competition was shared among the participants via Google Meet and YouTube chat boxes. The total duration of the quiz competition was 5 minutes. The first prize for the quiz competition was secured by Ms. Krishnapriya K.P, student teacher from Hill Valley College of Education, Thrikkakara. The second prize for the competition was secured by Ms. Divya K.G, student teacher from Mount Carmel College of Teacher Education for Women, Kottayam and the third prize was secured by Ms. Soumya Simon, student teacher from Mangalam College of Education, Kottayam.

The vote of thanks for the event was delivered by Dr. Josephine Joseph, Assistant Professor in Physical Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. Dr. Josephine Joseph officially expressed gratitude to all of the participants including Principals, teachers and student teachers from various colleges.


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She also appreciated student teachers of Physical Science optional at St. Joseph College of Teacher Education for Women, Ernakulam for their hard work and outstanding teamwork in organizing and coordinating the programme successfully. With that, 'Saisei 2020' winded up at 3.30 PM.

'Saisei 2020' - Hiroshima-Nagasaki Day

Photo Gallery

Saisei 2020
(Rebirth)

In relation with Hiroshima- Nagasaki day

Organized by
Physical Science Department of St. Joseph
College of Teacher Education for Women,
Ernakulam

Competitions : 8, 9 August 2020
Prize announcement via Google meet
on 10 August 2020
(Exclusively for BEd Students)

Registration
link: <https://forms.gle/mALrx4C7km933QW6>

E-Certificate will be provided to all the participants

Principal
Dr. St Alice Joseph
Program in Charge
Dr. St Josephine Joseph
Organiser
Physical Science Department

*You know how creative
you are!!*

*Here comes the Golden chance to
showcase your creativity*

The Competitions include:

- ★ Memoir (An Imaginative writing)
 - ★ Caption contest
 - ★ Poster making
 - ★ Cartoon making

Do participate & have fun...

Friends,

The Physical Science Department
of St. Joseph College of Teacher
Education for Women Ernakulam is
organising an All Kerala B.Ed
Intercollegiate competition entitled
"Saisei 2020" in relation with
Hiroshima-Nagasaki day. Competitions
will be held on Aug 8 & 9 and Winner
will be announced via Google meet held
on 10th Aug 2020

*We wholeheartedly invite all our dear
friends to this event.*

**A fun game is awaiting you on live
meet... don't miss it... remember to**

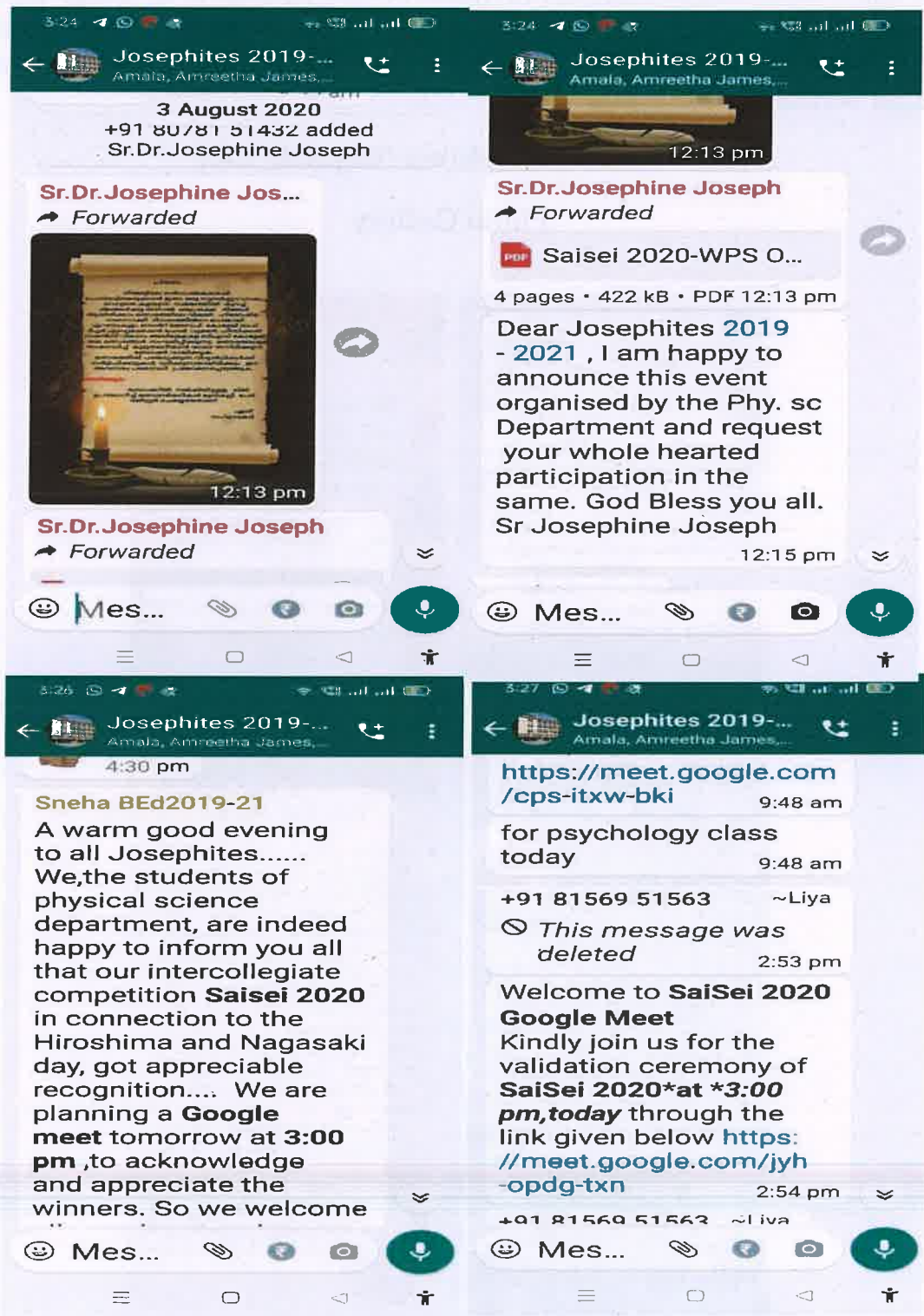
General Instructions

- ❖ Participants are required to register through the link provided and join whatsapp group through the 'invite link' given in registration form.
- ❖ Detailed instructions regarding each item will be provided in the whatsapp group.
- ❖ Format for mailing the entries
 - Subject: (Name of competition)
 - Body of e-mail:
 - a. Name of participant
 - b. Name of institution
 - Attachment: (in prescribed format)
- ❖ All participants will be provided with e-certificate.
 - ❖ Entries must be provided before deadline. Late submissions won't be considered.
- ❖ Give your entries (Poster, Cartoon, Memoir) on A4 size paper.
 - ❖ Plagiarism must be avoided.

Brochures for 'Saisei 2020'- Hiroshima- Nagasaki Day



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Snippets from invitations of 'Saisei 2020' shared via Whatsapp



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'Saisei 2020' - Hiroshima-Nagasaki Day

Programme Details

Name of the Event	'Saisei 2020' - Hiroshima-Nagasaki Day
Date	10/08/2020
Time	3.00 PM- 3.30 PM
Duration	30 minutes
Beneficiaries	Student teachers- 129, Faculty- 11
Platform	Google Meet, YouTube
Meet Link	https://meet.google.com/jyh-opdg-txn https://youtu.be/bSDIY1uZqSY

List of Participants

Faculty members list (St. Joseph College of Teacher Education for Women, Ernakulam):

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)
4	Dr. Bindu Joseph	Assistant Professor (Malayalam Education)
5	Dr. Betty P.J	Assistant Professor (Mathematics Education)
6	Dr. Joby Joy Kurian	Assistant Professor(Mathematics Education)
7	Dr. Rachel George M	Assistant Professor (Natural Science Education)
8	Sicily A.A	Assistant Professor (Malayalam Education)
9	Soya Mathew	Assistant Professor (Education)
10	Dr. Marin Jose	Assistant Professor (English Education)
11	Dr. Siji John	Assistant Professor (Social Science Education)



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Students list (St. Joseph College of Teacher Education for Women, Ernakulam):

Sl. No	Name	Batch
1	Annu Jose	2019-2021 batch (B Ed. English)
2	Amala Anna Thomas	2019-2021 batch (B Ed. English)
3	Anu Thomas	2019-2021 batch (B Ed. English)
4	Anusree Venu	2019-2021 batch (B Ed. English)
5	Hridya Joly	2019-2021 batch (B Ed. English)
6	Devika S	2019-2021 batch (B Ed. English)
7	Jefin Job	2019-2021 batch (B Ed. English)
8	Keerthana Krishnan	2019-2021 batch (B Ed. English)
9	Nandita B Shenoy	2019-2021 batch (B Ed. English)
10	Neethu Peter	2019-2021 batch (B Ed. English)
11	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
12	Christy P.P	2019-2021 batch (B Ed. Natural Science)
13	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
14	Greetta James	2019-2021 batch (B Ed. Natural Science)
15	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
16	Blessy Jacob	2019-2021 batch (B Ed. Social science)
17	Dona Garvasis	2019-2021 batch (B Ed. Social science)
18	Granes P Joshy	2019-2021 batch (B Ed. Social science)
19	M Renuka	2019-2021 batch (B Ed. Social science)
20	Salma Shereef	2019-2021 batch (B Ed. Social science)
21	Naina N.T	2019-2021 batch (B Ed. Social science)
22	Anjali K. Thankappan	2019-2021 batch (B Ed. Malayalam)
23	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
24	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
25	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)



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27	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
28	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
29	Reshma P.P	2019-2021 batch (B Ed. Natural Science)
30	Swanila N.S	2019-2021 batch (B Ed. Natural Science)
31	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
32	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
33	Metty P.J	2019-2021 batch (B Ed. Physical Science)
34	Jeen Mary A J	2019-2021 batch (B Ed. Physical Science)
35	Liya Rose	2019-2021 batch (B Ed. Physical Science)
36	Jyothis K Devasia	2019-2021 batch (B Ed. English)
37	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
38	Sara Stephen	2019-2021 batch (B Ed. English)
39	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
40	Athira M.M	2019-2021 batch (B Ed. Malayalam)
41	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
42	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
43	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
44	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
45	Shijila P N	2019-2021 batch (B Ed. Malayalam)
46	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
47	Sisira S	2019-2021 batch (B Ed. Malayalam)
48	Vincy P V	2019-2021 batch (B Ed. Malayalam)
49	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
50	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
51	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
52	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)
53	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
54	Aleena Mary	2019-2021 batch (B Ed. Mathematics)



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55	Raveena T V	2019-2021 batch (B Ed. Mathematics)
56	Maria Ancy M.J	2019-2021 batch (B Ed. Mathematics)
57	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
58	Sony George	2019-2021 batch (B Ed. Natural Science)
59	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
60	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
61	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
62	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
63	Christina Louis	2019-2021 batch (B Ed. Physical Science)
64	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
65	Ishida K B	2019-2021 batch (B Ed. Physical Science)
66	Thahira M A	2019-2021 batch (B Ed. Physical Science)
67	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
68	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
69	Livi George	2019-2021 batch (B Ed. Physical Science)
70	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
71	Liya Rose	2019-2021 batch (B Ed. Physical Science)
72	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
73	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
74	Amrutha S V	2019-2021 batch (B Ed. Social science)
75	Anjaly M B	2019-2021 batch (B Ed. Social science)
76	Anjana K M	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Bilby Babu	2019-2021 batch (B Ed. Social science)
80	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
81	Lincy Jude	2019-2021 batch (B Ed. Social science)
82	Sujitha Jose	2019-2021 batch (B Ed. Social science)



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List of participants of 'Saisei 2020' from various colleges:

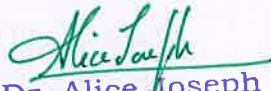
Sl. No	Name	Institution
1	Sheethal V Biju	College of Teacher Education, Erattupetta
2	Jiby K.P	SNDP Yogam B Ed. Training College, Adimaly
3	Athira Pradeep	Auxilium College of Education, Angamaly
4	Bincy M Wilson	SNDP Yogam B Ed. Training College, Adimaly
5	Meenu Paul	Auxilium College of Education, Angamaly
6	Blesslyn Chackson	St. Thomas College of Teacher Education, Pala
7	Saraswathy P.R	SNM Training College, Moothakunnam
8	Sivachhaya J	SNM Training College, Moothakunnam
9	Krishnapriya K.P	Hill Valley College of Education, Thrikkakara
10	Divya K.G	Mount Carmel College of Teacher Education for Women, Kottayam
11	Geethu Augustine	CPAS College of Teacher Education, Kumily
12	Haritha P Nair	Auxilium College of Education, Angamaly
13	Nayana P.B	SNM Training College, Moothakunnam
14	Athira C.S	St. Xavier's Training College For Women, Thottakkattukara, Aluva
15	Anaida Babu	Auxilium College of Education, Angamaly
16	Sureshkumar K	St. Joseph's Training College, Mannanam
17	Arjun Prakash	S.A.M College of Education, Poothotta
18	Sruthy P S	St. Joseph's Training College, Mannanam
19	Soumya Simon	Mangalam College of Education, Kottayam
20	Ashwani N.H	SNM Training College, Moothakunnam
21	Reshma V.Y	College of Teacher Education, Vaikom, Kottayam
22	Kavyapriya B	Mount Carmel College of Teacher Education for Women, Kottayam
23	Gopika K Nair	Auxilium College of Education, Angamaly



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24	Nicy Varghese	College of Teacher Education, Vaikom, Kottayam
25	Saranya K.V	S.A.M College of Education, Poothotta
26	Abin Antony	College of Teacher Education, Paippad
27	Vishnu M.R	College of Teacher Education, Vaikom, Kottayam
28	Anjana Thomas	College of Teacher Education, Paippad
29	Liya Francis	Auxilium College of Education, Angamaly
30	Fejy Francis	Auxilium College of Education, Angamaly
31	Sheeba Rose Mary	College of Teacher Education, Paippad
32	Jeni Jenson	Avila College of Education, Edakochi
33	Fathima Sherin T	National College for Teacher Education, Vengola
34	Latha P	National College for Teacher Education, Vengola
35	Hiba Shamli A	National College for Teacher Education, Vengola
36	Riya Elizabeth P.A	St. Xavier's Training College For Women, Thottakkattukara, Aluva
37	Reshma Surendran	Hill Valley College of Education, Thrikkakara
38	Snehamol V.I	Auxilium College of Education, Angamaly
39	Nancy George	Hill Valley College of Education, Thrikkakara
40	Neelanjana G	SNM Training College, Moothakunnam
41	Aneeja Antony	SNM Training College, Moothakunnam
42	Silsha P.P	College of Teacher Education, Paippad
43	Ann Mary Joseph	Auxilium College of Education, Angamaly
44	Nikitha Benny	Auxilium College of Education, Angamaly
45	Thomas Babu	College of Teacher Education, Kudamaloor
47	Anjana Retnakaran	CPAS College of Teacher Education, Kumily


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(Affiliated to Mahatma Gandhi University, Kottayam)

One Day Workshop on VENTEL (Vocational Education-Nai Talim- Experiential Learning) Action Plan

Name of the Event	Workshop on VENTEL (Vocational Education- Nai Talim- Experiential Learning) Action Plan
Objectives	<ol style="list-style-type: none">1. To understand the importance of vocational education as a source of economically valuable labor and its integration with the four disciplines of science, social studies, mathematics, and language2. Create an action plan for initiatives in the four categories of the VENTEL Action Plan that have been identified: self-reliance, Swachhta & health, community/field engagement, and vocational education.3. Learn about/discuss some of the finest practices in the four categories of VENTEL, which includes vocational education, Swachhta & health, self-reliance, and community/field engagement.4. Implement the listed exercises at/from home and present online to the faculty and peer group.5. Clearly understand the student reporting format for VENTEL activities for submission and presentation at competitions at the institutional, regional, and national levels.6. Understand the standards for submitting student VENTEL activities for competitions at the institutional, regional, and national levels.
Details of Resource Person	Ms. Anu Cleetus Coordinator & Nodal Officer MGNCRE, Hyderabad Ministry of Education Government of India
Date	23/10/2020
Time	10.00AM- 12.00 PM
Duration	2 hours



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Beneficiaries	Student teachers-88, Faculty-12
Platform	Google Meet
Meet Link	https://meet.google.com/ccb-fjcd-pyb

One Day Workshop on VENTEL (Vocational Education-Nai Talim- Experiential Learning) Action Plan

Programme Report

A one day virtual workshop on VENTEL (Vocational Education-Nai Talim- Experiential Learning) Action plan was organized for the student teachers at the St Joseph College of Teacher Education for Women, Ernakulam in collaboration with MGNCRE (Mahatma Gandhi National Council of Rural Education, Hyderabad) on 23rd October 2020 from 10.00AM to 12.00 PM. The workshop was conducted virtually via Google Meet with a total of 100 participants. The Workshop was dealt with the expertise of Ms. Anu Cleetus, Coordinator and Nodal Officer, MGNCRE (Mahatma Gandhi National Council of Rural Education), Hyderabad under the Ministry of Education, Government of India. Dr. Alice Joseph, the Principal of St Joseph College of Teacher Education for Women, Ernakulam welcomed all of the participants to the one day virtual action plan workshop. The whole workshop was coordinated by Mrs. Smitha Jose, Assistant Professor in Education at St Joseph College of Teacher Education for Women, Ernakulam.

Key contents of the workshop:

- VENTEL Action Plan – introduction, integrating vocational education into science, mathematics, social and language methodology
- Format of the timelines, competition and documentation
- VENTEL Action Plan form: Activities by student teacher online form content
- Presentation and discussion on VENTEL activities in the four areas of Vocational Education, Self-reliance, Swachhta & Health and Community/Field Engagement
- VENTEL best practices across India

The workshop focused on the lessons of Mahatma Gandhi which are extremely relevant in the modern world. At a conference in Wardha, Maharashtra, in 1937, Mahatma Gandhi sowed a crucial



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concept to reform the educational system through Nai Talim. The Nai Talim principle, or basic education, holds that work and knowledge are not mutually exclusive. The four areas of VENTEL action plan including vocational education, self-reliance, Swachhta & health, and community/field engagement were discussed along with some of the best practices across India in these four categories. The workshop also equipped the students with adequate knowledge in creating action plan to initiate activities in the four categories. The students were divided in to different groups and each group were made to propose action plans. There were a total of four groups and the actions proposed and taken by the groups of students under the guidance of respective faculty members included vegetable gardening, mask making, pickle making and basket making.

Vegetable Gardening was coordinated by Group 4 under the guidance of faculty in charge, Sicily A. A, Assistant Professor in Malayalam Education. The student coordinator of Group 4 was Ms. Livi George from Physical Science optional. The students did vegetable gardening at their own homes as well as the in the college premises. Variety of vegetables like bitter gourd, chilly, tomato, etc., were cultivated. Since the year was bearing with Covid-19 pandemic, the students started gardening at their own homes, it was started in college premises after the lockdown has been lifted. Food wastes were used as organic composts for the vegetable farming. Mask making was coordinated by Group 1 under the supervision of faculty in charge, Dr. Joby Joy Kurian, Assistant Professor in Mathematics Education. The student coordinator for Group 1 was Ms. Anju P Tomy from Social Science optional. A visual presentation on mask making was carried out by Ms. Sandra P.K, student teacher from English optional. The mask was prepared using fabrics available at home. The pickle making and the basket making activities were also coordinated by Group 1 students under the guidance of faculty in charge, Dr. Joby Joy Kurian, Assistant Professor in Mathematics Education and the student coordinator, Ms. Anju P Tomy from Social Science optional. A virtual visual presentation was carried out by Ms. Jyothi G, student teacher from Malayalam optional. Food items available at home such as mango, lemon, garlic etc. were used for making pickle. For basket making, the video presentation was done by Ms. Rita Rose John, student teacher from Mathematics optional. The basket making focused on using eco-friendly products and therefore the baskets were made of newspapers. The activity, talk and discussion forum was coordinated by Group 3 under the guidance of faculty in charge, Dr. Hemaletta P.K, Assistant professor in Social Science Education. The student coordinator for Group 3 was Ms. M Renuka from Social Science optional. The topic for the talk and discussion activity was 'Healthy



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Use of Mobile Phones- Role of Parents'. The session was conducted in two schools in Ernakulam district. The schools chosen for the activity were Infant Jesus Public School, Paravoor and St. Joseph's HSS, Koonammavu.

The VENTEL workshop helped the student teachers to shift to a healthy lifestyle through the organic vegetable farming, thus promoting intake of pesticide free vegetables and thereby preventing number of diseases. The workshop also paved way for student teachers to earn money by selling the vegetables, masks, baskets and pickles they have prepared at their own homes to the nearby shops, neighboring homes and hostels. The workshop also equipped students with the skills to conduct discussion sessions via the talk and discussion forum conducted on the topic 'Healthy Use of Mobile Phones- Role of Parents' at Infant Jesus Public School, Paravoor and St. Joseph's HSS, Koonammavu. The following were the key takeaways the students had through the workshop,

- ✦ Acquired knowledge and skills in vegetable gardening, mask making, pickle making and basket making.
- ✦ The student teachers understood the importance of having one's own vegetable garden and promoting pesticide free vegetables for healthy lifestyle.
- ✦ The students could realize and promote the importance of eco-friendly products thereby protecting the environment and sustaining it for the future generation.
- ✦ Equipped them with adequate skills to conduct talk and discussion forums and critically think and reflect on particular topic of relevance in the present era.

The workshop was very much engaging since it was practice-based. The whole workshop emphasized on the importance of vocational education as an economically valuable labor. The student teachers had benefitted from the workshop and indeed it helped them in upgrading their knowledge and skills which would contribute positively to their successful practice in their profession.



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One Day Workshop on VENTEL (Vocational Education-Nai Talim-Experiential Learning) Action Plan

Photo Gallery



RESOURCE PERSON
Ms. Anu Cleetus
Coordinator and Nodal Officer
MGNCRE, Hyderabad
Ministry of Education
Govt. of India

ABOUT US

St. Joseph College of Teacher Education for Women, Ernakulam, which is established in 1957, strives for the integral liberation of women through life-oriented education, transforming them to responsible citizens who respond proactively to the global challenges with courage and commitment, build a just social order. College takes various initiatives to provide EXPERIENTIAL LEARNING to our students. One of such initiative is JIC. Josephites in the Community': Parallel to the intellectual pursuits, the creation of a just society respecting the individual dignity, nurturing secular values and religious harmony and reaching out to the needy without any discrimination predicate our institutional ethos. The Extension Service Unit organizes various activities of JIC (JOSEPHITES IN THE COMMUNITY) like outreach programmes, visits to special schools, blood donation camps, free eye camps, distribution of dress and food packets to the needy. Students are engaged in a number of socially productive activities which will help inculcate in them dignity of labour.



VENTEL action plan Sub themes

1. Vocational Education
2. Self-Reliance
3. Swachatha and Health
4. Community Engagement



ST. JOSEPH COLLEGE OF
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FOR WOMEN,
ERNAKULAM

In Collaboration With



MAHATMA GANDHI
NATIONAL COUNCIL OF
RURAL EDUCATION,
HYDERABAD

Organises

VIRTUAL WORKSHOP ON
VENTEL ACTN PLAN

St. Joseph College of Teacher Education for
Women, Ernakulam
Affiliated to Mahatma Gandhi University,
Kottayam, (Recognized by NCTE)
Phone: 0484-2331695, 2371325
stjosephcollege@hotnail.com
website: stjosephcte.in



Virtual Workshop
23rd October 2020
Time: 10am to 12pm



Dr. Sr. Alice Joseph
Principal
St. Joseph College of Teacher
Education for Women,
Ernakulam



Mrs. Smitha Jose
Coordinator
St. Joseph College of Teacher
Education for Women,
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Brochure for workshop on VENTEL action plan

Dr. Sr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
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One Day Workshop on VENTEL (Vocational Education-Nai Talim- Experiential Learning) Action Plan

Programme details

Name of the Event	Workshop on VENTEL (Vocational Education- Nai Talim- Experiential Learning) Action Plan
Date	23/10/2020
Time	10.00 AM – 12.00 PM
Duration	2 hours
Beneficiaries	Student teachers-88, Faculty-12
Platform	Google Meet
Meet Link	https://meet.google.com/ccb-fjcd-pyb

List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Joby Joy Kurian	Assistant Professor (Mathematics Education)
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
5	Sicily A.A	Assistant Professor (Malayalam Education)
6	Dr. Rachel George M	Assistant Professor (Natural Science)
7	Mrs. Smitha Jose	Assistant Professor (Education)
8	Dinimol Jacob	Assistant Professor (Natural Science Education)
9	Marin Jose	Assistant Professor (English Education)
10	Soya Mathew	Assistant Professor (Education)
11	Bindu Joseph	Assistant Professor (Malayalam Education)
12	Dr. Betty PJ	Assistant Professor (Mathematics Education)



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Students list:

Sl. No	Name	Batch
1	Abilasha K P	2019-2021 batch (B Ed. Natural Science)
2	Amrutha K.H	2019-2021 batch (B Ed. Natural Science)
3	Thahira M.A	2019-2021 batch (B Ed. Physical Science)
4	Sisira S	2019-2021 batch (B Ed. Malayalam)
5	Christy PP	2019-2021 batch (B Ed. Natural Science)
6	Chithralekha	2019-2021 batch (B Ed. Mathematics)
7	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
8	Jeslina Maria	2019-2021 batch(B Ed. Physical Science)
9	Maria Ancy	2019-2021 batch (B Ed. Mathematics)
10	Christina Louis	2019-2021 batch(B Ed. Physical Science)
11	Sujitha Jose	2019-2021 batch(B Ed. Social Science)
12	Bilby Babu	2019-2021 batch(B Ed. Social Science)
13	Jyothis K Devasia	2019-2021 batch(B Ed. English)
14	Metty P.J	2019-2021 batch(B Ed. Physical Science)
15	Jyothe G	2019-2021 batch(B Ed. Malayalam)
16	Dona Garvasis	2019-2021 batch (B Ed. Social Science)
17	Anju George	2019-2021 batch (B Ed. Mathematics)
18	Liya Rose	2019-2021 batch (B Ed. Physical Science)
19	Gopika Rajagopal	2019-2021 batch (B Ed. Social Science)
20	Amreetha S James	2019-2021 batch(B Ed. English)
21	Jefin Job	2019-2021 batch(B Ed. English)
22	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
23	Greetta James	2019-2021 batch(B Ed. Natural Science)
24	Hridya Joly	2019-2021 batch(B Ed. English)
25	Annu Jose	2019-2021 batch(B Ed. English)
26	Blessy Jacob	2019-2021 batch (B Ed. Social Science)
27	M Renuka	2019-2021 batch (B Ed. Social Science)
28	Asha Joseph	2019-2021 batch(B Ed. Mathematics)
29	Granes P. Joshy	2019-2021 batch(B Ed. Social Science)
30	Lincy B.J	2019-2021 batch(B Ed. Social Science)
31	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
32	Ninitha Joy	2019-2021 batch(B Ed. Malayalam)
33	Lincy Jude	2019-2021 batch(B Ed. Social Science)
34	Anjali K	2019-2021 batch(B Ed. Malayalam)
35	Deepthi George	2019-2021 batch (B Ed. Natural Science)



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36	Devika S	2019-2021 batch(B Ed. English)
37	Priyanka K.T	2019-2021 batch (B Ed. Mathematics)
38	Anntreesa J Kappen	2019-2021 batch(B Ed. Malayalam)
39	Keerthana Krishnan	2019-2021 batch(B Ed. English)
40	Fousiya K N	2019-2021 batch(B Ed. Social Science)
41	Snehamol Johnson	2019-2021 batch (B Ed. Physical Science)
42	Anjana K M	2019-2021 batch(B Ed. Social Science)
43	Anjaly M B	2019-2021 batch(B Ed. Social Science)
44	Nayana Maria	2019-2021 batch(B Ed. Social Science)
45	Linet Maria K	2019-2021 batch(B Ed. Malayalam)
46	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
47	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
48	Sini Mol P.T	2019-2021 batch(B Ed. Malayalam)
49	Susan Neenu	2019-2021 batch(B Ed. Mathematics)
50	Annaet O.J	2019-2021 batch(B Ed. Social Science)
51	Neethu Peter	2019-2021 batch(B Ed. English)
52	Sandra P.K	2019-2021 batch(B Ed. English)
53	Shelga Jacob	2019-2021 batch(B Ed. Malayalam)
54	Parvathy Rajeev	2019-2021 batch(B Ed. Malayalam)
55	Therese Rani	2019-2021 batch (B Ed. Physical Science)
56	Reshma C Ratheesh	2019-2021 batch(B Ed. English)
57	Faseela U S	2019-2021 batch (B Ed. Social Science)
58	Sandra Saju	2019-2021 batch(B Ed. Malayalam)
59	Aswathy Peter	2019-2021 batch(B Ed. Social Science)
60	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
61	Sithara Joshy	2019-2021 batch(B Ed. Natural Science)
62	Sruthy K Shaju	2019-2021 batch(B Ed. Mathematics)
63	Nandita B Shenoy	2019-2021 batch(B Ed. English)
64	Salma Shereef	2019-2021 batch(B Ed. Social Science)
65	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)
66	Sara Stephen	2019-2021 batch (B Ed. English)
67	Amrutha SV	2019-2021 batch(B Ed. Social Science)
68	Naina N T	2019-2021 batch(B Ed. Social Science)
69	Preetha T.P	2019-2021 batch(B Ed. English)
70	Aiswarya Thomas	2019-2021 batch (B Ed. Mathematics)
71	Sandhya Poulose	2019-2021 batch (B Ed. Malayalam)
72	Anu Thomas	2019-2021 batch(B Ed. English)
73	Mary Riluu Arooja	2019-2021 batch(B Ed. Natural Science)
74	Maria Rose Varghese	2019-2021 batch(B Ed. Physical Science)



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75	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
76	Livi George	2019-2021 batch (B Ed. Physical Science)
77	Anju P Tomy	2019-2021 batch(B Ed. Social Science)
78	Raveena T.V	2019-2021 batch (B Ed. Mathematics)
79	Vincy P.V	2019-2021 batch(B Ed. Malayalam)
80	Anusree Venu	2019-2021 batch(B Ed. English)
81	Parvathy Rajeev	2019-2021 batch(B Ed. Malayalam)
82	Athira M.M	2019-2021 batch (B Ed. Malayalam)
83	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
84	Amala Anna Thomas	2019-2021 batch(B Ed. English)
85	Anjali K Thankappan	2019-2021 batch(B Ed. Malayalam)
86	Amreetha S James	2019-2021 batch(B Ed. English)
87	Maria Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
88	Shijila P N	2019-2021 batch(B Ed. Malayalam)

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Community Project on Socially / Educationally Relevant Issue

In pursuit of its commitment to fostering responsible citizenship and addressing pressing societal issues, our college embarked on a series of community projects that sought to make a meaningful impact on educationally and socially relevant concerns.

Through these initiatives, our students exhibited their dedication to creating a positive change in the community. This report serves as an overview of the various community projects undertaken by our college students during the year.

The time allotted was 04-11-2020 to 14-01-2021. The title of the works included:

Plastic Waste Management

Objective: To raise awareness about plastic pollution and promote sustainable waste management practices. The project aimed to reduce plastic waste and encourage eco-friendly alternatives.

Exam Phobia

Objective: To alleviate stress and anxiety among students during examination periods.

Lack of Public Toilets

Objective: To advocate for improved public toilet facilities.

Gender Stereotyping

Objective: To challenge and break down stereotypes related to gender roles and expectations.

Junk Food Consumption

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Objective: To promote healthier dietary choices among the youth.

Problems Faced by Women in Public Transport

Objective: To address safety and accessibility issues for women in public transport.

Waste Management

Objective: To promote responsible waste disposal and recycling.

Mobile Phone Addiction

Objective: To raise awareness about the negative impacts of excessive mobile phone use.

Social Media Addiction

Objective: To highlight the addictive nature of social media and its consequences.

Impact of Flood

Objective: To provide relief and support to those affected by floods.

Attitude Towards Transgenders

Objective: To promote inclusivity and change societal attitudes towards transgender individuals.

Outcomes and Achievements of engagement in this survey and projects

Increased awareness and participation: The projects successfully raised awareness and engaged the community in addressing these critical issues.

Behavioral change: Many individuals demonstrated a positive shift in behavior, adopting healthier practices and challenging stereotypes.



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Policy impact: Several projects led to policy changes or improvements in local infrastructure, benefiting the community.

Empowerment: Students gained valuable skills in leadership, advocacy, and community engagement, enhancing their personal and professional growth.

Strengthened community bonds: These projects fostered a sense of unity and collaboration among students and the community.

Our college's community outreach initiatives have made a significant impact on educationally and socially relevant issues. Through these projects, students have exemplified their dedication to creating a more equitable, sustainable, and inclusive society. As we move forward, we remain committed to addressing pressing societal concerns and nurturing responsible citizens who actively contribute to positive change.

List of Students who took the above listed areas and did their projects successfully were:

SL NO	Name of the student	Sub.
1	Aagi Tom	English Education
2	Alina Celine Lancy	English Education
3	Anna Susan Jacob	English Education
4	Arunima K Shaji	English Education
5	Arya Balachandran	English Education
6	Arya C S	English Education
7	Athira C S	English Education
8	Dona Mariya Thomas	English Education
9	Josna Joy	English Education
10	Kavya Joseph	English Education
11	Mariatta D Kappan	English Education
12	Melvin Daniel	English Education
13	Parvathy V	English Education



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Ernakulam




14	Rinju Jolly	English Education
15	Sanja Varghese	English Education
16	Sneha Joseph	English Education
17	Sreelekha R	English Education
18	Abhirami Soman	Malayalam Education
19	Aleena Roy	Malayalam Education
20	Amitha James	Malayalam Education
21	Anakha K S	Malayalam Education
22	Anjana Narayanan	Malayalam Education
23	Athira Babu	Malayalam Education
24	Athira Raju	Malayalam Education
25	Athira Sabu	Malayalam Education
26	Blessy Babu	Malayalam Education
27	Bobina Antony	Malayalam Education
28	Catherine Varghese	Malayalam Education
29	Mayamol Thomas	Malayalam Education
30	Salini K B	Malayalam Education
31	Shilpa Stanly	Malayalam Education
32	Vismaya Mohanan	Malayalam Education
33	Alvina Carmel	Mathematics Education
34	Amala Sajeev	Mathematics Education
35	Aneesha Mohan	Mathematics Education
36	Anitta Sunny	Mathematics Education
37	Cris Francis	Mathematics Education
38	Elizabeth Maria Babu	Mathematics Education
39	Fathemath Sahadiya	Mathematics Education
40	Jisna Mary P J	Mathematics Education
41	Lia Rose Tomson	Mathematics Education
42	Lilly Riya	Mathematics Education
43	Meera R	Mathematics Education
44	Megha T.M	Mathematics Education
45	Merin Johny	Mathematics Education
46	Nikhila Baby	Mathematics Education
47	Soumya Murugan	Mathematics Education
48	Sumayya H E	Mathematics Education
49	Aneetta Joy	Physical Science Education
50	Anju Abraham P	Physical Science Education
51	Aparna S	Physical Science Education
52	Arya M A	Physical Science Education
53	Athira Anil	Physical Science Education
54	Chandrika C R Sharma	Physical Science Education
55	Christeena John	Physical Science Education
56	Deniya Stanly	Physical Science Education



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57	Keerthana Tomy	Physical Science Education
58	Lida Mathew	Physical Science Education
59	Mariya Deepthy	Physical Science Education
60	Neethu P D	Physical Science Education
61	Reshma S Babu	Physical Science Education
62	Stella Avirappatt	Physical Science Education
63	Anitta Sheen Theresa	Natural Science Education
64	Anjana Vijayan	Natural Science Education
65	Anju A	Natural Science Education
66	Ann Mathew	Natural Science Education
67	Evelyn Thankachan C K	Natural Science Education
68	Fathima Beevi A I	Natural Science Education
69	Jinu Anna Varghese	Natural Science Education
70	Krishna M K	Natural Science Education
71	Krishna Murali	Natural Science Education
72	Nandini Sagar	Natural Science Education
73	Nausheen N	Natural Science Education
74	Nimisha N.K	Natural Science Education
75	Rosaliya George	Natural Science Education
76	Shereena G	Natural Science Education
77	Shiyara K S	Natural Science Education
78	Sreelakshmi T A	Natural Science Education
79	Varsha Varghese	Natural Science Education
80	Amrutha Satheesan	Social Science Education
81	Aneeta Anson	Social Science Education
82	Ans Jose	Social Science Education
83	Aparna Raveendran	Social Science Education
84	Asha Joseph	Social Science Education
85	Aswani K Shaji	Social Science Education
86	Aswathi .P	Social Science Education
87	Lakshmy K P	Social Science Education
88	Liya Thomas	Social Science Education
89	Meenu Anna Mathai	Social Science Education
90	Meera Mathew	Social Science Education
91	Milu Hasan K.H	Social Science Education
92	Olivia Tresa A A	Social Science Education
93	Revathy N	Social Science Education
94	Rosmy Geo	Social Science Education
95	Sreejitha A K	Social Science Education
96	Tency Davis	Social Science Education


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Jagaran Webinar Series-1

‘Healthy Use of Mobile Phones- Role of Parents’

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones- Role of Parents ‘
Objectives	<ol style="list-style-type: none">1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children2. To generate awareness among parents regarding healthy use of mobile phones3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children
Details of Programme Coordinators	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
Details of Resource Persons	Shri. Ashok Kumar T.A (Chief Guest) Deputy Excise Commissioner Ernakulam Shri. Jayaraj P.K Excise Circle Inspector Kollam
Date	14/11/2020
Time	7.30 PM to 9.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in GVHSE, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/iym-rmzs-qxo



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Dr. Alice Joseph
Principal in Charge
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Jagaran Webinar Series-1

‘Healthy Use of Mobile Phones: Role of Parents ‘

Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative ‘Jagaran’, organized a webinar series on ‘Healthy Use of Mobile Phones: Role of Parents’ in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The first session of the webinar series was conducted for parents of students in GVHSE, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu in Ernakulam. Dr. Alice Joseph, principal at St Joseph College of Teacher Education for Women, Ernakulam delivered the official welcome address for the event. The webinar series was inaugurated by Shri. Ashok Kumar T.A, Deputy Excise Commissioner, Ernakulam. The webinar session was conducted via Google Meet from 7.30 PM to 9.00 PM on 14th November 2020. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 84 parents participated in the webinar.

Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child’s mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children’s healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual’s life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children



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Principal in Charge
St. Joseph College of Teacher
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has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:


- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar winded up at 9.00 PM with the vote of thanks delivered by Mrs. Smitha Jose, Assistant Professor, St Joseph College of Teacher Education for Women, Ernakulam.






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 **St. Joseph College of Teacher Education for Women, Ernakulam**
 In Association with IQAC & Anti-Narcotic Club organizes
'Jagaran'
 Webinar series - 'Healthy Use of Mobile Phones: Role of Parents'

Chief Guest:
 Shri. Ashok Kumar T.A
 Deputy Excise Commissioner
 Ernakulam






 14th November 2020
 7.30 PM


 <https://meet.google.com/xcx-qazx-qkp>

 **St. Joseph College of Teacher Education for Women, Ernakulam**
 In Association with IQAC & Anti-Narcotic Club organizes
'Jagaran'
 Webinar series 1- 'Healthy Use of Mobile Phones: Role of Parents'

Resource Person:
 Shri. Jayaraj P.K
 Excise Circle Inspector
 Kollam



 14th November 2020
 7.30 PM


 <https://meet.google.com/xcx-qazx-qkp>

Event posters for Jagaran Webinar Series-1

Jagaran Webinar Series-1

'Healthy Use of Mobile Phones: Role of Parents'

Photo Gallery


 Dr. Alice Joseph
 Principal in Charge
 St. Joseph College of Teacher
 Education for Women,
 Ernakulam





Jaganan Webinar Series-1

'Healthy Use of Mobile Phones: Role of Parents'

Programme Details

Name of the Event	Jaganan Webinar Series on 'Healthy Use of Mobile Phones: Role of Parents'
Date	14/11/2020
Time	7.30 PM – 9.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in GVHSS, North Edappally, Ernakulam and St. Joseph HSS, Koonammavu, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/xcx-qazx-qkp

List of Participants

Participant category	School in which the participant's child is studying	Total Number of participants
Parents	GVHSE, North Edappally, Ernakulam	28
	St. Joseph HSS, Koonammavu, Ernakulam	56

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Josephine Joseph	Assistant Professor (Physical Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)



Alice Joseph
Dr. Alice Joseph
Principal in Charge
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List of participants from Anti-Narcotic club:

Sl. No	Name
1	Amrutha S V
2	Anjaly M B
3	Bilby Babu
4	Blessy Jacob
5	Fousiya K N
6	Granes P Joshy
7	Lincy B J
8	M Renuka
9	Salma Shereef
10	Sujitha Jose

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Jagaran Webinar Series-2

‘Healthy Use of Mobile Phones: Role of Parents ‘

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
Objectives	<ol style="list-style-type: none">1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children2. To generate awareness among parents regarding healthy use of mobile phones3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children
Details of Programme Coordinators	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
Details of Resource Person	Shri. Jayaraj P.K Excise Circle Inspector Kollam
Date	22/11/2020
Time	7.30 PM to 9.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in Rani Matha Public School, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/iym-rmzs-qxo



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Jagaran Webinar Series-2

'Role of Parents in the Healthy Use of Mobile Phones'

Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative 'Jagaran', organized a webinar series on 'Healthy Use of Mobile Phones: Role of Parents' in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The second session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 7.30 PM to 9.00 PM on 22nd November 2020. Dr. Hemaletha P.K, Assistant Professor in Social Science Education at St Joseph College of Teacher Education for Women, Ernakulam delivered the welcome speech for the programme. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 65 parents participated in the online webinar.

Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child's mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children's healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual's life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children



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Principal in Charge
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has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar wined up at 9.00 PM with the vote of thanks delivered by Sicily A.A, Assistant Professor in Malayalam Education St Joseph College of Teacher Education for Women, Ernakulam.



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Jagaran Webinar Series-2

'Healthy Use of Mobile Phones: Role of Parents '

Photo Gallery



 **St. Joseph College of Teacher Education for Women, Ernakulam**

In Association with IQAC & Anti-Narcotic Club organizes

'Jagaran'

Webinar series 2- 'Healthy Use of Mobile Phones: Role of Parents'

Resource Person:

Shri. Jayaraj P.K
Excise Circle Inspector
Kollam



 22nd November 2020

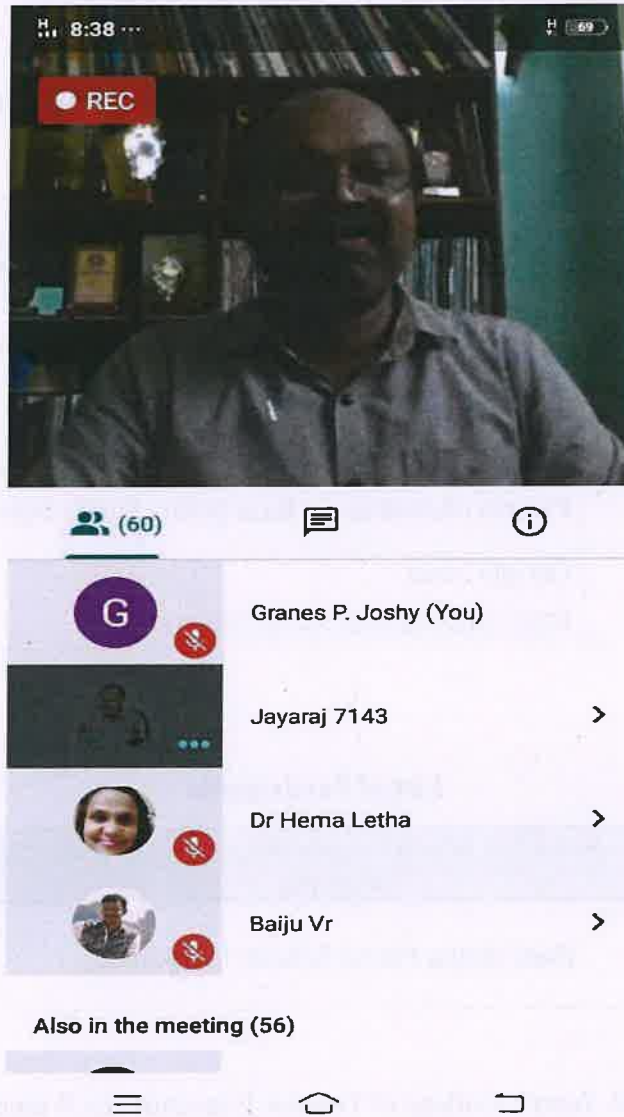
 7.30 PM

 <https://meet.google.com/iym-rmzs-qxo>

Event poster for Jagaran Webinar Series- 2


Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher Education for Women,
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The resource person for the Jagaran Webinar Series programme, Shri. Jayaraj P.K, Excise Circle Inspector at Kollam carrying out the second webinar series on role of parents in the healthy usage of mobile phones for parents of students studying in Rani Matha Public School, Ernakulam via Google Meet.



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Jagan Webinar Series-2

'Healthy Use of Mobile Phones: Role of Parents '

Programme Details

Name of the Event	Jagan Webinar Series on 'Healthy Use of Mobile Phones: Role of Parents '
Date	22/11/2020
Time	7.30 PM to 9.00 PM
Duration	1 hour
Beneficiaries	Parents of students in Rani Matha Public School, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/iym-rmzs-qxo

List of Participants

Participant category	School in which the participant's child is studying	Total Number of participants
Parents	Rani Matha Public School, Ernakulam	65

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Hemaletta P.K	Assistant Professor (Social Science Education)
3	Sicily A.A	Assistant Professor (Malayalam Education)
4	Mrs. Smitha Jose	Assistant Professor




Alice Joseph
Dr. Alice Joseph
Principal in Charge
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List of participants from Anti-Narcotic club:

Sl. No	Name
1	Anjana K M
2	Anjaly M B
3	Aswathy Peter
4	Blessy Jacob
5	Fousiya K N
6	Granes P Joshy
7	Lincy B J
8	M Renuka
9	Salma Shereef
10	Dona Garvasis


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Jagaran Webinar Series-3

‘Healthy Use of Mobile Phones: Role of Parents ‘

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents’
Objectives	<ol style="list-style-type: none">1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children2. To generate awareness among parents regarding healthy use of mobile phones3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children
Details of Programme Coordinators	Anti-Narcotic Club in association with IQAC Cell St. Joseph College of Teacher Education for Women Ernakulam
Details of Resource Person	Shri. Jayaraj P.K Excise Circle Inspector Kollam
Date	29/11/2020
Time	2.30 PM to 4.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in Government High School, Thiruvankulam, Ernakulam and Government UP School, Vilangu, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/doc-gdqx-ajv


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Jagaran Webinar Series- 3

‘Healthy Use of Mobile Phones: Role of Parents ‘

Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative ‘Jagaran’, organized a webinar series on ‘Healthy Use of Mobile Phones: Role of Parents’ in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The third session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 2.30 PM to 4.00 PM on 29th November 2020. The welcome speech for the event was delivered by Sicily A.A, Assistant Professor in Malayalam Education at St Joseph College of Teacher Education for Women, Ernakulam. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 56 parents participated in the online webinar.

Content of the webinar:

- ✦ Effects of unhealthy usage of mobile phones among children
- ✦ Significance of healthy usage of mobile phones
- ✦ Guidance to parents on monitoring their child’s mobile phone usage
- ✦ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children’s healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual’s life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children has its own advantages and possible harms. A healthy usage of mobile phones among children are



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Principal in Charge
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to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc. Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar wended up at 4.00 PM with the vote of thanks delivered by Mrs. Smitha Jose, Assistant Professor in Education at St Joseph College of Teacher Education for Women, Ernakulam.


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St. Joseph College of Teacher
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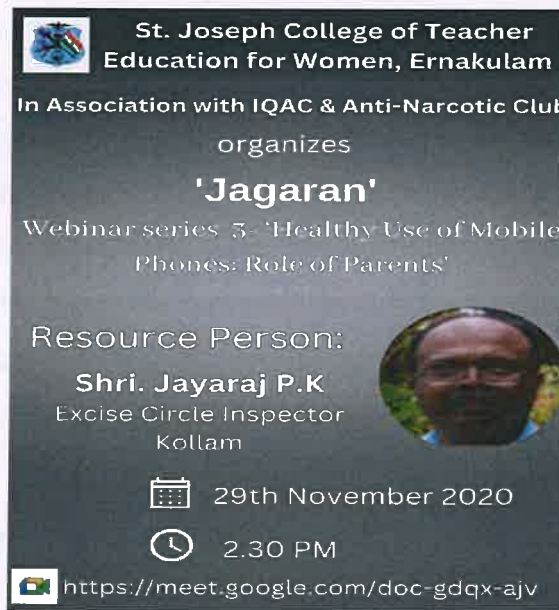




Jagaran Webinar Series-3

‘Healthy Use of Mobile Phones: Role of Parents ‘

Photo Gallery



Event poster for Jagaran Webinar Series-3

Jagaran Webinar Series

Session -3: ‘Healthy Use of Mobile Phones: Role of Parents ‘

Programme Details

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents‘
Date	29/11/2020
Time	2.30 PM to 4.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in Government High School, Thiruvankulam, Ernakulam and Government UP School, Vilangu, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/doc-gdqx-ajv



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List of Participants


Participant category	School in which the participant's child is studying	Total Number of participants
Parents	Government High School, Thiruvankulam, Ernakulam	26
	Government UP School, Vilangu, Ernakulam	30

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)

List of participants from Anti-Narcotic club:

Sl. No	Name
1	Anju P Tomy
2	Annaet O J
3	Anjaly M B
4	Blessy Jacob
5	Dona Garvasis
6	Faseela U S
7	Fousiya K N
8	Gopika Rajagopal
9	Granes P Joshy
10	Lincy B J
11	M Renuka
12	Naina N T
13	Salma Shereef
14	Sujitha Jose


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Jagaran Webinar Series-4

‘Healthy Use of Mobile Phones: Role of Parents ‘

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
Objectives	<ol style="list-style-type: none">1. To generate awareness among parents regarding the problems like drug abuse related to unhealthy use of mobile phones in their children2. To generate awareness among parents regarding healthy use of mobile phones3. To help parents understand their role in promoting their children’s responsible and vigilant use of mobile phones over unhealthy usage4. To help parents acquire adequate technical knowledge and skills so as to prevent negative impacts of mobile usage in their children
Details of Programme Coordinators	Anti-Narcotic Club in association with IQAC cell St. Joseph College of Teacher Education for Women Ernakulam
Details of Resource Person	Shri. Jayaraj P.K Excise Circle Inspector Kollam
Date	13/12/2020
Time	2.30 PM to 4.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in Infant Jesus Public School, North Paravoor, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/uyx-xyyu-fuf



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vJagaran Webinar Series-4

‘Healthy Use of Mobile Phones: Role of Parents ‘


Programme Report

The Anti-Narcotic club in association with the IQAC cell of St Joseph College of Teacher Education for Women, Ernakulam under their initiative ‘Jagaran’, organized a webinar series on ‘Healthy Use of Mobile Phones: Role of Parents’ in four different sessions for parents of students studying in various high schools in Ernakulam. The schools for which the webinar series are conducted are the practice teaching schools of St. Joseph College of Teacher Education for Women, Ernakulam. The fourth session of the webinar series was conducted for parents of students in Rani Matha Public School in Ernakulam. The webinar session was conducted via Google Meet from 2.30 PM to 4.00 PM on 13th December 2020. Mrs. Smitha Jose, Assistant Professor in Education at of St. Joseph College of Teacher Education for Women, Ernakulam. The resource person for the webinar was Shri. Jayaraj P.K, Excise Circle Inspector, Kollam. A total of 82 parents participated in the online webinar.

Content of the webinar:

- ✿ Effects of unhealthy usage of mobile phones among children
- ✿ Significance of healthy usage of mobile phones
- ✿ Guidance to parents on monitoring their child’s mobile phone usage
- ✿ Role of parents in protecting children from potential dangers posed by unhealthy usage of mobile phones

Shri. Jayaraj P.K, the resource person for the webinar emphasized the role that parents have on children’s healthy usage of mobile phones. In the present era, mobile phones and internet has become a part and parcel of an individual’s life. Everything turning into digitalized mode including communication, work even education, mobile phones has got its own importance. Due to the Covid-19 pandemic and shifting from physical learning from schools to online learning at home, children have high access to mobile phones. The usage of mobile phone among children are seemed to be increased more than ever in the recent years. The mobile phone usage among children has its own advantages and possible harms. A healthy usage of mobile phones among children are to be promoted. Otherwise, it could lead to many social evils like drug abuse, cybercrimes etc.


Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam



Shri. Jayaraj enunciated that unhealthy usage of mobile phones among children can have many negative impacts in them including declined academic performances, game addictions, drug abuse and lack of communication with others etc. Shri. Jayaraj emphasized, it is one of the critical roles of a parent to ensure healthy usage of mobile phones among their children. Healthy usage of mobile phones can ensure children positive physical, social, emotional and mental health. Proper monitoring, usage of parental control to prevent children from using inappropriate apps and contents on mobile phones, healthy and good communication between parent and child are some of the important factors that can prevent children from being trapped in the evil side of the mobile phones and can instill a healthy mobile phone usage among children. Shri. Jayaraj also reminded all of the parents that they should be very careful in terms of usage of mobile phones. For guiding their child, they need to become a healthy user of mobile phones first. Sometimes, the parents themselves are responsible for their child's problems.

The whole session turned out to be successful in accomplishing its objectives. The session could generate awareness among the parents regarding the healthy usage of mobile phones. The key takeaways of parents who participated in the webinar were as follows:

- ✦ Equipped with adequate technical knowledge and skills so as to prevent unhealthy mobile phone usage among their children
- ✦ Got informed about various negative impacts of unhealthy mobile phone usage
- ✦ Role clarity in helping their children by promoting healthy mobile phone usage behavior

The webinar was an informative and fruitful one which had its own relevance in the current digitalized world. The webinar winded up at 4.00 PM with the vote of thanks delivered by Sicily A.A, Assistant Professor in Malayalam Education St Joseph College of Teacher Education for Women, Ernakulam.


Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
Education for Women,
Ernakulam





Jagaran Webinar Series-4

‘Healthy Use of Mobile Phones: Role of Parents ‘

Photo Gallery



Event poster for Jagaran Webinar

Jagaran Webinar Series-4

‘Healthy Use of Mobile Phones: Role of Parents ‘

Programme Details

Name of the Event	Jagaran Webinar Series on ‘Healthy Use of Mobile Phones: Role of Parents ‘
Date	13/12/2020
Time	2.30 PM to 4.00 PM
Duration	1 hour and 30 minutes
Beneficiaries	Parents of students in Infant Jesus Public School, North Paravoor, Ernakulam
Platform	Google Meet
Meet Link	https://meet.google.com/uyx-xyyu-fuf



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 Principal in Charge
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List of Participants


Participant category	School in which the participant's child is studying	Total Number of participants
Parents	Infant Jesus Public School, North Paravoor, Ernakulam	82

Faculty members list: (St. Joseph College of Teacher Education for Women, Ernakulam)

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Mrs. Smitha Jose	Assistant Professor
3	Dr. Hemaletha P.K	Assistant Professor (Social Science Education)
4	Sicily A.A	Assistant Professor (Malayalam Education)

List of participants from Anti-Narcotic club:

SL No	Name
1	Amrutha S V
2	Anjaly M B
3	Anjana K M
4	Anju P Tomy
5	Annaet O J
6	Aswathy Peter
7	Dona Garvasis
8	Faseela U S
9	Fousiya K N
10	Gopika Rajagopal
11	Granes P Joshy
12	M Renuka


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ST JOSEPH COLLEGE OF TEACHER EDUCATION FOR WOMEN

Kovilvattom Road, Ernakulam, Kochi, Pin – 682035, Kerala
(Affiliated to Mahatma Gandhi University, Kottayam)

Alumni-Led Educational Initiative at Government Children's Home, Kakkanad

Introduction:

In an exemplary demonstration of our commitment to giving back to the community and nurturing the spirit of education, the alumni of St. Joseph College of Teacher Education for Women undertook a noteworthy initiative. From December 16, 2020, to March 30, 2021, our esteemed alumni conducted educational classes at the Government Children's Home in Kakkanad. This contract-based engagement not only provided invaluable teaching experience to our alumni but also proved to be a significant source of assistance and support for the young residents of the institution.

Alumni-Led Educational Initiative:

During the aforementioned period, a dedicated group of our alumni, who are experienced educators themselves, collaborated to offer educational classes at the Government Children's Home, Kakkanad. These classes were designed to cover a range of subjects and educational activities tailored to the needs and interests of the children.

Benefits of the Initiative:

Teaching Experience for Alumni: For our alumni, this initiative presented a unique opportunity to apply their teaching skills and pedagogical knowledge in a real-world setting. It allowed them to gain hands-on teaching experience and interact with students from diverse backgrounds.


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St. Joseph College of Teacher
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Ernakulam





Experience Certificates: As a token of appreciation for their valuable contribution, the alumni received experience certificates from the Government Children's Home. These certificates are a testament to their dedication and commitment to the cause of education.

Support for Inmates: The initiative was a real boon for the inmates of the Government Children's Home. It provided them with access to qualified educators who not only imparted knowledge but also served as mentors and role models. The children benefited academically and personally from this engagement.

Human Resource Contribution: Our alumni's involvement as educational resources reinforced the institution's efforts to provide holistic education and guidance to the children under their care. This partnership showcased the positive impact of collaborative efforts between educational institutions and social organizations.

Conclusion:

The alumni-led educational initiative at the Government Children's Home, Kakkanad, stands as a shining example of how the alumni of St. Joseph College of Teacher Education for Women are dedicated to making a meaningful difference in society. This endeavor not only enriched the lives of the young residents but also provided valuable teaching experience to our alumni, helping them grow as educators.

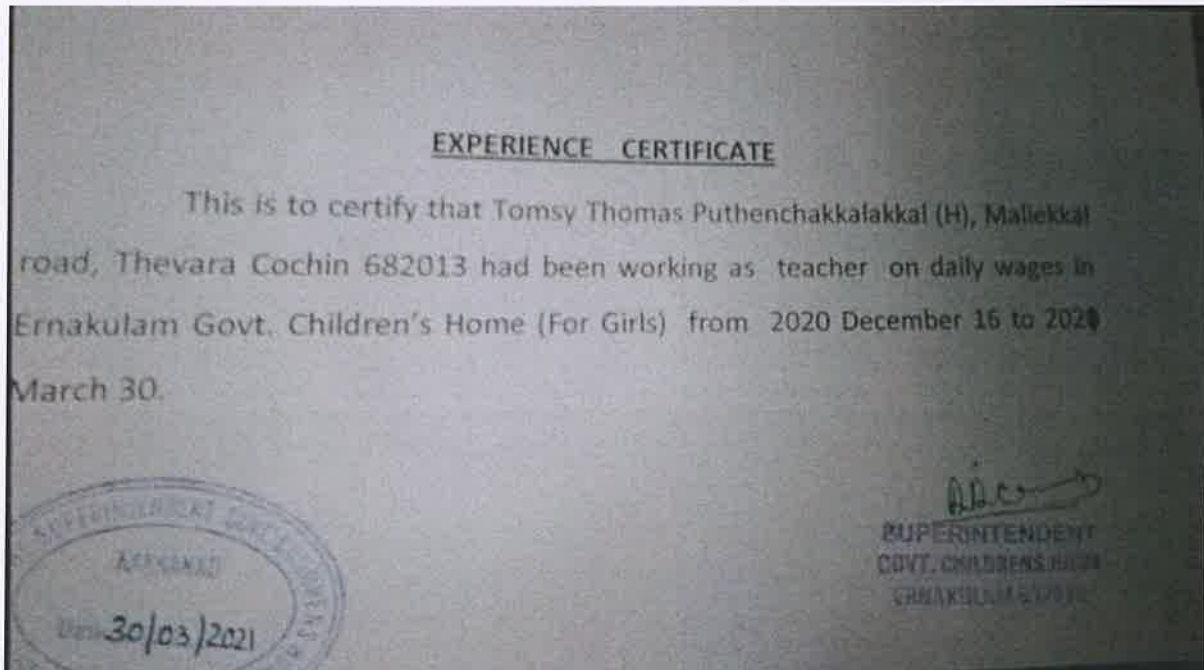
We take pride in the continued commitment of our alumni to education and community service. This initiative exemplifies the strong bond between our college and its graduates, emphasizing the importance of sharing knowledge and expertise for the betterment of society. We look forward to more such collaborations in the future, which will undoubtedly contribute to the holistic development of our students and the welfare of the community at large.


Dr. Alice Joseph
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Photo of Sample Certificate issued to them by Govt. Childrens Home.



List of Alumini

1. Anusree - English
2. Jaimol O.B. - Social Science
3. Tomsy Thomas - Chemistry
4. Reshma P.P. - Biology


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Student-Led Outreach Initiative: Paper Bag Making and Distribution A Remarkable Display of Care for Nature

In an impactful outreach program on February 8, 2021, our dedicated student teachers from St. Joseph College of Teacher Education for Women, Ernakulam showcased their unwavering commitment to environmental conservation by crafting and distributing over 2000 paper bags to the local vendors of Ernakulam market. This commendable effort not only reflects the deep-rooted care our children hold for the environment but also exemplifies their determination to raise awareness about the detrimental effects of plastic. Each student participated actively, contributing a minimum of 20 paper bags, collectively emphasizing the importance of eco-friendly alternatives in our daily lives. This initiative is a testament to the proactive role our students are playing in fostering a greener, more sustainable future.

The event not only served as a hands-on lesson in environmental responsibility but also left a lasting impact on the community. Through this outreach program, our students effectively conscientized local vendors and patrons about the imperative need to reduce plastic usage. Their commitment and dedication in promoting the use of paper bags as a more sustainable option contribute significantly to the ongoing global efforts to protect our environment. This outreach program underscores the power of collective action and reaffirms the pivotal role of our students in driving positive change towards a more eco-conscious and nature-friendly world.



Manoj Jose
Principal in Charge
St. Joseph College of Teacher
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B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam preparing paper bags during the 'Care for Nature' session, 2021



Distributing the paper bags prepared by the B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam to the local vendors in marketplace in Ernakulam

List of Student Teachers Involved in the outreach programme

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)
10	Metty P J	2019-2021 batch (B Ed. Physical Science)
11	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
12	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
13	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
14	Mary Rilu Ardoja	2019-2021 batch (B Ed. Natural Science)



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15	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
16	Shelja Philomina C A	2019-2021 batch (B Ed. Natural Science)
17	Granes P Joshy	2019-2021 batch (B Ed. Social science)
18	Lincy B.J	2019-2021 batch (B Ed. Social science)
19	Blessy Jacob	2019-2021 batch (B Ed. Social science)
20	Sujitha Jose	2019-2021 batch (B Ed. Social science)
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22	Anusree Venu	2019-2021 batch (B Ed. English)
23	Devika S	2019-2021 batch (B Ed. English)
24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
25	Linet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
37	Faseela U.S	2019-2021 batch (B Ed. Social science)
38	Fousiya K N	2019-2021 batch (B Ed. Social science)
39	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
40	Hridya Joly	2019-2021 batch (B Ed. English)
41	Jefin Job	2019-2021 batch (B Ed. English)
42	Jyothis K Devasia	2019-2021 batch (B Ed. English)
43	Preetha T P	2019-2021 batch (B Ed. English)
44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)



Shilpa Joseph
Dr. Shilpa Joseph
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45	Sandhya Poullose	2019-2021 batch (B Ed. Malayalam)
46	Sandra Saju	2019-2021 batch (B Ed. Malayalam)
47	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
48	Sruthy K. Shaju	2019-2021 batch (B Ed. Mathematics)
49	Susan Neenu	2019-2021 batch (B Ed. Mathematics)
50	Ishida K B	2019-2021 batch (B Ed. Physical Science)
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53	Christy P P	2019-2021 batch (B Ed. Natural Science)
54	Deepthi George	2019-2021 batch (B Ed. Natural Science)
55	Sony George	2019-2021 batch (B Ed. Natural Science)
56	Bilby Babu	2019-2021 batch (B Ed. Social science)
57	M Renuka	2019-2021 batch (B Ed. Social science)
58	Naina N T	2019-2021 batch (B Ed. Social science)
59	Dona Garvasis	2019-2021 batch (B Ed. Social science)
60	Keerthana Krishnan	2019-2021 batch (B Ed. English)
61	Nandita B Shenoy	2019-2021 batch (B Ed. English)
62	Neethu Peter	2019-2021 batch (B Ed. English)
63	Shelga Jacob	2019-2021 batch (B Ed. Malayalam)
64	Shijila P N	2019-2021 batch (B Ed. Malayalam)
65	Sinimol P T	2019-2021 batch (B Ed. Malayalam)
66	Anju George	2019-2021 batch (B Ed. Mathematics)
67	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
68	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
69	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
70	Christina Louis	2019-2021 batch (B Ed. Physical Science)
71	Deena Mathew	2019-2021 batch (B Ed. Physical Science)
72	Dhanyamol L	2019-2021 batch (B Ed. Natural Science)
73	Gretta James	2019-2021 batch (B Ed. Natural Science)
74	Maria Sonet K G	2019-2021 batch (B Ed. Natural Science)



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75	Swanila N S	2019-2021 batch (B Ed. Natural Science)
76	Anju P Tomy	2019-2021 batch (B Ed. Social science)
77	Annaet O J	2019-2021 batch (B Ed. Social science)
78	Aswathy Peter	2019-2021 batch (B Ed. Social science)
79	Reshma C Ratheesh	2019-2021 batch (B Ed. English)
80	Sandra P K	2019-2021 batch (B Ed. English)
81	Sara Stephen	2019-2021 batch (B Ed. English)
82	Sisira S	2019-2021 batch (B Ed. Malayalam)
83	Vincy P V	2019-2021 batch (B Ed. Malayalam)
84	Aiswarya P T	2019-2021 batch (B Ed. Mathematics)
85	Aleena Mary	2019-2021 batch (B Ed. Mathematics)
86	Priyanka K T	2019-2021 batch (B Ed. Mathematics)
87	Raveena T V	2019-2021 batch (B Ed. Mathematics)
88	Livi George	2019-2021 batch (B Ed. Physical Science)
89	Liya Joseph	2019-2021 batch (B Ed. Physical Science)
90	Liya Rose	2019-2021 batch (B Ed. Physical Science)
91	Neethu Ursala P G	2019-2021 batch (B Ed. Natural Science)
92	Reshma P P	2019-2021 batch (B Ed. Natural Science)
93	Thahira M A	2019-2021 batch (B Ed. Physical Science)
94	Amrutha S V	2019-2021 batch (B Ed. Social science)
95	Anjaly M B	2019-2021 batch (B Ed. Social science)
96	Anjana K M	2019-2021 batch (B Ed. Social science)
97	Salma Shereef	2019-2021 batch (B Ed. Social science)

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'Care for Nature'- Practice session on Organic Farming, 2021

Name of the Event	'Care for Nature'- Practice session on Organic Farming, 2021
Objectives	<ol style="list-style-type: none">1. To develop awareness on the need and importance of organic farming in student teachers2. To help student teachers identify and utilize the economic, health and environmental benefits of organic farming3. To develop social responsibility in student teachers4. To promote eco-friendly and sustainable development
Details of Resource Person	Mr. Prince Mathew Farmer Mulanthuruthy Panchayath, Ernakulam, Kerala
Date	08/02/2021
Time	10.00AM- 1.30 PM
Duration	3 hours and 30 minutes
Beneficiaries	Student teachers-97, Faculty- 3
Event Venue	St. Joseph college of Teacher Education for Women, Ernakulam

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'Care for Nature'- Practice session on Organic Farming, 2021

Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized a practice session on 'Organic Farming' for B Ed. Student teachers of 2019-2021 batch on 8th February 2021 from 10.00 AM to 1.30 PM. The main aim of the programme was to generate awareness among student teachers regarding the need and importance of organic farming and to promote eco-friendly and sustainable development practices. Mrs. Smitha Jose, Assistant Professor in Education and Dr. Betty P.J, Assistant Professor in Mathematics Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. The resource person for the programme was Mr. Prince Mathew, a farmer from Mulanthuruthy Panchayath in Ernakulam district in Kerala.

The practice session on 'Organic Farming' started exactly at 10.00 AM with a prayer song by Ms. Anntreesa J Kappen, student teacher from Malayalam Optional. The prayer song was succeeded by the official welcome speech delivered by Mrs. Smitha Jose, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam. The programme was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. After the inaugural ceremony, Dr. Alice Joseph proceeded with presidential address for the event. Dr. Alice Joseph enunciated that it is the need of the hour to move on to organic farming especially in the present era where all the food crops and vegetables are grown with chemical pesticides and fertilizers leading to various diseases among the population. Dr. Alice Joseph emphasized that every household should have their own vegetable garden and also should switch to organic farming focusing producing food by their own and thereby lead a healthy lifestyle and prevent diseases. After the inaugural address by the Principal, Mr. Prince Mathew, the resource person for the day started the session on organic farming. The session was all about organic farming, its importance and the types of organic farming. Organic farming is an agricultural practice that makes use of biological



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pesticides and fertilizers derived from plant or animal waste. Organic farming involves excluding usage of chemical pesticides which are not environment friendly. By lowering the pollution, organic farming contributes to environmental health. By minimizing the amount of contaminants in the product, it lowers the risks to human and animal health. It aids in maintaining agricultural yields at a level that is sustainable. Both the soil health and the expense of agriculture are improved. Integrated organic farming and pure organic farming were the two types of organic farming which were discussed in the session. The resource person, a farmer by profession, encouraged all the student teachers to do organic farming and thereby promote healthy lifestyle. He provided the student teachers with seeds and grow bags and encouraged them to turn to organic farming and to go back to nature.

The programme, 'Care for Nature' turned out to be successful in accomplishing its objectives. The student teachers had the following key takeaways from the programme:

- ✦ Enhanced knowledge regarding organic farming
- ✦ Improved awareness regarding the need and importance of organic farming
- ✦ Equipped with the practical skills for organic farming
- ✦ Identified the economic, health and environmental benefits of organic farming
- ✦ Learned the importance of promoting eco-friendly and sustainable development practices

The vote of thanks for the programme was delivered by Dr. Betty P.J, Assistant Professor in Mathematics Education at St. Joseph College of Teacher Education for Women, Ernakulam. With all the informative and productive takeaways which contributed to the knowledge base of the student teachers and also contributed positively to the community as well, the programme winded up at 1.30 PM.

Alice Joseph
Dr. Alice Joseph
Principal in Charge
St. Joseph College of Teacher
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Care for Nature'- Practice session on Organic Farming, 2021

Photo Gallery



St. Joseph College of Teacher
Education for Women, Ernakulam

Organizes

'Care for Nature'

Practice session

on

Organic Farming

Speaker- Mr. Prince Mathew
(Farmer)

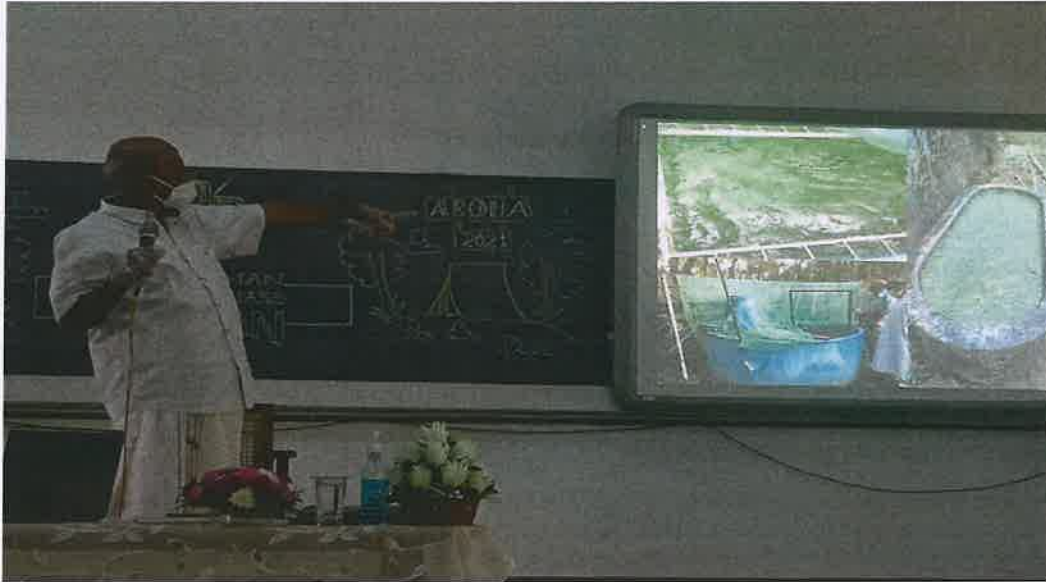
08/02/2021 | 10.00 AM -
1.30 PM



Poster for 'Care for Nature', practice session
on organic farming, 2021 conducted for B Ed.
Student teachers of St. Joseph College of
Teacher Education for Women, Ernakulam



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Mr. Prince Mathew, Farmer from Mulanthuruthy Panchayath in Ernakulam, Kerala carrying out the practice session on 'Organic Farming' for the B Ed. student teachers of St. Joseph College of Teacher Education for Women, Ernakulam as part of the programme, 'Care for Nature', 2021



B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam engaged in organic farming with grow bags during the 'Care for Nature' session, 2021

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'Care for Nature'- Practice session on Organic Farming, 2021

Programme Details

Name of the Event	'Care for Nature'- Practice session on Organic Farming, 2021
Date	08/02/2021
Time	10.00AM- 1.30 PM
Duration	3 hours and 30 minutes
Beneficiaries	Student teachers- 97, Faculty- 3
Event Venue	St. Joseph college of Teacher Education for Women, Ernakulam

List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Betty P.J	Assistant Professor (Mathematics Education)
3	Mrs. Smitha Jose	Assistant Professor (Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
4	Anjali K Thankappan	2019-2021 batch (B Ed. Malayalam)
5	Anntreesa J Kappen	2019-2021 batch (B Ed. Malayalam)
6	Athira M.M	2019-2021 batch (B Ed. Malayalam)
7	Chithralekha R	2019-2021 batch (B Ed. Mathematics)
8	Geethu Xavier A	2019-2021 batch (B Ed. Mathematics)
9	Somiya Mathew	2019-2021 batch (B Ed. Mathematics)



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St. Joseph College of Teacher
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10	Metty P J	2019-2021 batch (B Ed. Physical Science)
11	Minnu Maria Wilson	2019-2021 batch (B Ed. Physical Science)
12	Rose Mary Sebastian	2019-2021 batch (B Ed. Physical Science)
13	Sneha Mol K J	2019-2021 batch (B Ed. Physical Science)
14	Mary Rilu Arooja	2019-2021 batch (B Ed. Natural Science)
15	Minumol Johnson	2019-2021 batch (B Ed. Natural Science)
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23	Devika S	2019-2021 batch (B Ed. English)
24	Jyothi G.	2019-2021 batch (B Ed. Malayalam)
25	Linnet Maria K	2019-2021 batch (B Ed. Malayalam)
26	Ninitha Joy V	2019-2021 batch (B Ed. Malayalam)
27	Joseme Joseph	2019-2021 batch (B Ed. Mathematics)
28	Lismy Thomas	2019-2021 batch (B Ed. Mathematics)
29	Theressa Sebi	2019-2021 batch (B Ed. Mathematics)
30	Maria Rose Varghese	2019-2021 batch (B Ed. Physical Science)
31	Mariya Jesleena Martin	2019-2021 batch (B Ed. Physical Science)
32	Mary Nivitha Bivera	2019-2021 batch (B Ed. Physical Science)
33	Abhilasha K P	2019-2021 batch (B Ed. Natural Science)
34	Akheena Thomas	2019-2021 batch (B Ed. Natural Science)
35	Amrutha K H	2019-2021 batch (B Ed. Natural Science)
36	Sithara Joshy	2019-2021 batch (B Ed. Natural Science)
37	Faseela U S	2019-2021 batch (B Ed. Social science)



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St. Joseph College of Teacher
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38	Fousiya K N	2019-2021 batch (B Ed. Social science)
39	Gopika Rajagopal	2019-2021 batch (B Ed. Social science)
40	Hridya Joly	2019-2021 batch (B Ed. English)
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44	Parvathy Rajeev	2019-2021 batch (B Ed. Malayalam)
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47	Maria Ancy M J	2019-2021 batch (B Ed. Mathematics)
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55	Sony George	2019-2021 batch (B Ed. Natural Science)
56	Bilby Babu	2019-2021 batch (B Ed. Social science)
57	M Renuka	2019-2021 batch (B Ed. Social science)
58	Naina N T	2019-2021 batch (B Ed. Social science)
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66	Anju George	2019-2021 batch (B Ed. Mathematics)
67	Asha Joseph	2019-2021 batch (B Ed. Mathematics)
68	Rita Rose John	2019-2021 batch (B Ed. Mathematics)
69	Annmary Jose	2019-2021 batch (B Ed. Physical Science)
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94	Amrutha S V	2019-2021 batch (B Ed. Social science)
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'Care and Share', 2021- Grocery Kit Preparation and Distribution

Name of the Event	'Care and Share', 2021- Grocery Kit Preparation and Distribution
Objectives	<ol style="list-style-type: none">1. To help student teachers develop love and compassion towards fellow beings2. To develop social responsibility in student teachers3. To help the needy and poor people in the society and thereby strengthen the society as a whole
Details of Event	Student teachers
Coordinators	2019-2021 batch St. Joseph College of Teacher Education for Women, Ernakulam
Date	09/02/2021
Time	11.45 AM- 1.30 PM
Duration	1 hour and 45 minutes
Beneficiaries	Student teachers-97, Faculty- 3
Event Venue	St. Joseph college of Teacher Education for Women, Ernakulam



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'Care and Share', 2021- Grocery Kit Preparation and Distribution

Programme Report

St. Joseph College of Teacher Education for Women, Ernakulam organized 'Care and Share', Grocery Kit Preparation and Distribution programme with B Ed. Student teachers of 2019-2021 batch on 9th February 2021 from 11.45 AM to 1.30 PM. The main aim of the programme was to help student teachers develop love and compassion towards fellow beings and to develop social responsibility in them. Dr. Siji John, Assistant Professor in Social Science Education and Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam were the teachers-in-charge for the programme. All the student teachers of the 2019-2021 batch engaged in the activity.

The programme started exactly at 11.45 AM with a prayer song by Ms. Joseme Joseph, student teacher from Mathematics optional. The prayer song was succeeded by the official welcome speech delivered by Dr. Siji John, Assistant Professor in Social Science Education at St. Joseph College of Teacher Education for Women, Ernakulam. The programme was officially inaugurated by Dr. Alice Joseph, Principal at St. Joseph College of Teacher Education for Women, Ernakulam. After the inaugural ceremony, Dr. Alice Joseph proceeded with presidential address for the event. Dr. Alice Joseph enunciated that activities that aims at instilling humane and moral values among student teachers is necessary during their course so that they are equipped with theoretical knowledge as well as molded into great personalities. She added that it is always important to help others since it enhances empathy, improve self-confidence and self-esteem and the provider can experience high level of life satisfaction.

After the inaugural ceremony by the Principal, the student teachers of 2019-2021 batch engaged in grocery kit preparing. The grocery kit were prepared to distribute it among the needy families. Each grocery kit prepared included food items like rice, oil, salt, tea powder, sugar and pulses, which are necessary items for daily living. A total of 30 grocery kits were packed and were distributed among the needy families residing in Chittoor in Cheranallor Panchayath in Ernakulam District in Kerala. The main aim of the activity was to develop empathy, love and compassion to fellow beings. Such activities can help student teachers to boost their self-esteem, confidence and life satisfaction. It enable them to understand the feelings and problems of the poor and needy from their perspective and take appropriate actions for the resolution of identified



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problems. Engaging in such activities gives the student teachers a sense of identity. In addition, such activities not only help student teachers to help an individual family or a community but are also equipped with helping the society as a whole. Programmes like 'Care and Share' is important to be organized for student teachers as they are the future teachers who need to transmit such valuable and humane knowledge for the future generations. For a noble profession like teaching, activities that evoke compassion and love towards fellow beings is essential so that such knowledge can be transmitted to children since schools and education have an important role in molding the personality of the child and to enhance their socialization. The student teachers of St. Joseph College of Teacher Education has the following benefits from the programme, 'Care and Share':

- ✦ Identify the problems faced by people living around them
- ✦ Enhance empathy, compassion and love towards fellow beings
- ✦ Learned the importance of developing the attitude of caring and sharing towards the needy people living in the society
- ✦ To develop a sense of responsibility towards the society in which they live
- ✦ To be able to contribute positively to the society as a whole via providing service to the people in the community

The programme, 'Care and Share' turned out to be productive and fruitful in accomplishing its purpose. The programme winded up at 1.30 PM with the vote of thanks delivered by Ms. Soya Mathew, Assistant Professor in Education at St. Joseph College of Teacher Education for Women, Ernakulam.


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'Care and Share', 2021- Grocery Kit Preparation and Distribution

Photo Gallery



B Ed. Student teachers of St. Joseph College of Teacher Education for Women, Ernakulam preparing grocery kits to be distributed among the needy families residing in Chittoor in Cheranalloor Panchayath in Ernakulam District in Kerala, as part of 'Care and Share' programme.

'Care and Share', 2021- Grocery Kit Preparation and Distribution

Programme Details

Name of the Event	'Care and Share', 2021- Grocery Kit Preparation and Distribution
Date	09/02/2021
Time	11.45AM- 1.30 PM
Duration	1 hour and 45 minutes
Beneficiaries	Student teachers- 97, Faculty- 3
Event Venue	St. Joseph college of Teacher Education for Women, Ernakulam


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List of Participants

Faculty members list:

SL.NO.	NAME OF THE FACULTY	DESIGNATION
1	Dr. Alice Joseph	Principal
2	Dr. Siji John	Assistant Professor (Social Science Education)
3	Soya Mathew	Assistant Professor (Education)

Students list:

Sl. No	Name	Batch
1	Amala Anna Thomas	2019-2021 batch (B Ed. English)
2	Amreetha S James	2019-2021 batch (B Ed. English)
3	Annu Jose	2019-2021 batch (B Ed. English)
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20	Sujitha Jose	2019-2021 batch (B Ed. Social science)
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Organic Farming Outreach Activity by Student Teachers

On 11-02-2021, student teachers from our college embarked on a meaningful outreach activity centered around organic farming. This activity was organized with the aim of promoting sustainable and eco-friendly agricultural practices while actively involving our student community. The students, in collaboration with the District Agriculture Office in Kakkanad, enthusiastically participated in this initiative.

Objective:

The primary objective of this outreach activity was to create awareness among student teachers about the importance of organic farming and its positive impact on the environment, health, and the community. By actively engaging in the process, students were not only educated but also empowered to adopt organic farming practices in their daily lives.

Activity Details:

Preparation and Planning: Prior to the event, a planning committee was formed comprising students and faculty members. The committee liaised with the District Agriculture Office in Kakkanad to arrange for the necessary resources, including grow bags and seeds.

Resource Procurement: Grow bags and seeds were procured from the District Agriculture Office. These resources were carefully selected to ensure that they were suitable for organic farming practices.

Demonstration and Training: On the day of the activity, students gathered at the designated farming area within the college premises. A representative conducted a brief but



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comprehensive demonstration on organic farming techniques. Students were taught about the importance of using organic fertilizers, maintaining soil health, and the benefits of chemical-free farming.

Hands-on Experience: Following the demonstration, students actively engaged in the process of setting up their own organic farming plots using the provided grow bags and seeds. This hands-on experience allowed them to put their newly acquired knowledge into practice.

Collaborative Effort: The activity promoted teamwork and collaboration among student teachers. They worked together in groups, ensuring that each participant had a role to play in the farming process.

Knowledge Sharing: Throughout the activity, participants engaged in discussions and shared their insights about organic farming. This facilitated a rich exchange of ideas and experiences.

Impact:

The outreach activity on organic farming had several positive outcomes:

Increased Awareness: Participants gained a deeper understanding of the benefits of organic farming and its relevance in today's world.

Skill Development: Student teachers developed practical skills related to organic farming, which they can apply in their personal lives and future teaching careers.

Environmental Consciousness: The activity reinforced the importance of sustainable agriculture and its positive impact on the environment.

Community Engagement: The initiative strengthened the bond between the college and the local agricultural community, fostering a sense of partnership and collaboration.



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Conclusion:

The organic farming outreach activity conducted by student teachers. It not only educated participants about the merits of organic farming but also encouraged them to become advocates for sustainable agricultural practices. This activity serves as a testament to our commitment to holistic education and environmental responsibility.



List of Participants

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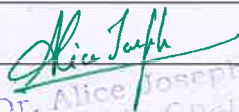
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